

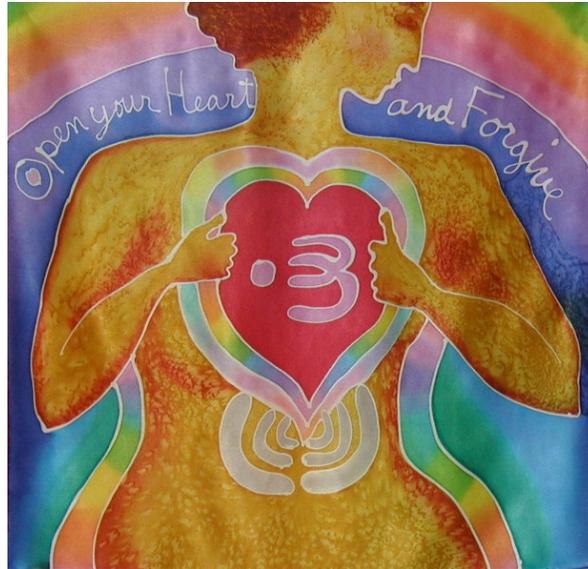
The Complete Ascension Workbook

Mastering Unity Within and Community Without

*The Earth Mother through
Karen Danrich "Mila" and Thomas Weber "Oa"*



"Opening the Heart" by Judith Anya Roderick



**This workbook is dedicated
Unto each who is willing to go within
And open the heart
In order to forgive oneself and all others
As it is only as one forgives
Oneself and one's ancestors
Along with all others and their ancestors
That a new life of unity, honor, joy and peace
Can be born**

**Namaste
The Earth Mother**

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"Ocean Terra" by Judith Anya Roderick

Working with the Earth Mother
As a guide, friend, confidant and spiritual warrior
In partnership with the goal of ascension
Has been a wondrous and miraculous experience

I invite each working with these materials
To allow the relationship unto earth
To develop and flourish
So that each may return "home"
To a state of unity and joy

Namaste
Mila and Oa

INTRODUCTION

The Earth Mother through Karen Danrich "Mila" October 15, 2005

Dear Beloved Ascending Human,

The workbook and worksheets compiled in these materials represent the knowledge and understanding gained in 8 years of group ascension associated with the Spiritual School of Ascension. Earth has always been involved in the ascent of Mila and Oa along with those studying with them as it is only as enough is understood about the ancient human history that all may ascend. No records exist of human history; records have had to be compiled from those who ascended and in so doing, released the records held stored in their own biology. As enough of each ancestry has ascended, a more "whole or complete" picture could be put together of the human dream.

More has been revealed about the nature of the Anu as well as the ancient red seeded race and larger headed humans. This information is shared within these pages so that it may trigger one's own personal karma. As karma is triggered, there is an opportunity to forgive. Through forgiveness the suffering, pain, judgment and atrocities of the past can be wiped clean and clear so that there can be a new beginning and new era born for mankind. This is the purpose of ascension; to acknowledge the dance of one's ancestry and to forgive. As enough forgive, a new day will then be born. This requires more to focus inward upon the spiritual goals of transcendence and mastery. This is the purpose for which the materials in this workbook have come forth; to provide guidance for one's own choice to master internal to self.

Mastery is not a small goal; it is a goal that one's ancestors have longed for in many time periods and fell unfulfilled upon due to circumstance that was not supportive of evolution. Now there are frequencies emanating from the Great Central Sun that allow for evolution to take hold. Now therefore is an opportunity to fulfill upon these important spiritual goals. For most reading these materials, it is one's ancestors that press one forward, for it is only as one forgives that they too may forgive and release their karma associated with one's tapestry of ancestry.

We invite you therefore to proceed through the following pages of written materials followed by guided worksheets for introspection. If you feel confused, we guide you to read all materials upon the web site if you have not already. The materials posted upon the web will prepare one for the introspection offered

through these materials. We recommend in particular Messages from the Earth Mother I and II; Messages from the Dolphins and Whales; and Messages from the Great White Buffalo along with Ascension Transmissions IV. PDF Books of each of these sections are also available upon the CD Rom along with this Workbook. There are also PDF books of the Language of Light information for support of your goal of evolution. As you perceive certain glyphs that are helpful to the intentions you have made, feel free to print out full sized images and hang them upon your walls. The images will remind you to move the energy in a particular way that will allow for continued evolution.

We suggest reading the information in the order that it was compiled. The teachings build upon themselves in this workbook for easier understanding the further that one proceeds. Understand that ascension is not a direct science; it is a path that one chooses for spiritual evolution. Ascension is an inner job where one chooses to focus inward and become aware of the unconscious and nonphysical realms that surround oneself as well as be in observation of one's own thoughts and behavior. In the self observation, one will begin to perceive the thought-form one is operating within and then can choose through conscious intention to modify it to allow for greater unity within. As unity develops within, then a unity based dream can be drawn to oneself that allows for a life experience of greater joy and communion between body, soul and earth as well as with one's fellow humans.

This is the sincere purpose of this workbook; to allow humans working with these materials to move towards greater unity within. As enough humans ascend into unity, the paradigm of unity will become global thought-form. As unity becomes the prevailing dream, all other humans shall be pulled into a new dream that is unity based. As this occurs, many of the difficulties facing humanity in the times of cleansing ahead will simply evaporate into a new era of peace, joy and prosperity and enough for all. This is the hope and dream of earth for the human species.

Many Blessings
The Earth Mother



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"Unconditional Community" by Judith Roderick

INTRODUCTION TO THE TEACHINGS OF THIS WORKBOOK

The Earth Mother through Karen Danrich "Mila"
November 13, 2004

Dear Beloved,

Earth invites you to take the time and allow her to share a little about the dream for those studying these materials. This information is designed to restore harmony amongst humans. For a very long time (over 38,000 Earth years or 152,000 human years), humanity has existed in great disharmony and a split dream. There are Reptilian dreams, Pleiadian dreams and Sirian dreams anchored in the human species. These dreams are non-resonant with each other.

The vast discord in the human species is the result of non-resonant dreams. Those in the Reptilian dream approach life from one perspective. Those in a Pleiadian dream approach life from another perspective and those in a Sirian dream from yet another perspective. Those in variant dreams do not understand one another and from the misunderstanding inherent in the scripts in each dream, discord occurs and often to such a great degree that wars emerge amongst nations.

PLIADIAN, SIRIAN AND REPTILIAN DREAMS

Reptilian dreams create an archetypal nature that one can see prevails in the East, and in particular in China and Japan. This archetypal nature values tradition founded upon ancient family ties. Both China and Japan have rather rigid cultures in which there are strict laws about what is allowed and what is not allowed. These cultures are gradually becoming more fluid due to influence of a western Pleiadian dream over the past half century, in particular in Japan and Singapore.

Those in a Pleiadian dream are primarily in the West, and live in Europe, Canada, the United States or Australia. The Pleiadian dream creates a culture founded upon economic gain or greed. Greed and gain are more important than family in the Pleiadian scripts. This is one reason that those who are white and from the West do not understand the family ties and importance of these ties to those in the East, nor do those in the East understand how profit and gain can be more important than family ties.

However throughout the West there are pockets of Red Sirian dream intermixed; the reasons for this are the large number of indigenous tribes residing upon the land up until recent centuries. The tug of war between the Sirian and Pleiadian dream can be seen in the manner in which the indigenous cultures have been shattered, as this is the effect of the electrical flow upon magnetic energy. The

Sirian dream is the only magnetic dream upon Earth; Pleiadian and Reptilian dreams are each electrical in nature.

Those in present time living upon land with a Sirian dream remaining from the indigenous tribes once inhabiting it may find the dream more unity based. This is so for all except for Europe, which has few pockets of Sirian dreams. Europe has the most pure Pleiadian dream remaining upon Earth; and in so being it has a stifling control over the population and the most difficulty allowing for ascension.

Some regions in the US and Canada along with Australia exist in a primarily Sirian dream; this is so for the Western US and Western Canada and most of Australia outside of the cities and suburbs. Australia is the most interesting of all as there is far less Pleiadian dream woven into the red Sirian dream upon this land, even in the cities, leading to greater freedom of expression downunder than in any other Western Nation. The freedom can be seen in all facets of life downunder, including the ability to use drugs for personal use (such as marijuana provided one grows it at home).

Europe has the most rigidity of Pleiadian dream along with the East Coast of the US and Canada. The reason for this is that these regions are loaded with electrical flow that the Anu themselves used to constrain the slave nations as they procreated out of control in numbers. The East Coast of the US and Canada was also used at another time as a concentration camp for the sick, unwanted and deformed or aged Anu slaves. Billions are recorded to have died in this region during the reign of the Anu (Greek and Roman Gods) much as Hitler annihilated the Jews and Gypsies this century past. Those in this region exist in a rigid set of Pleiadian dream divided by many electrical grids; the electricity in the land causes humans to be agitated but work hard, as this is the associated electrical based dream.

In Europe, the electrical dream is about prosperity and greed. Here one will find that the pressure to manifest wealth to have any value at all in society is the greatest. Perhaps this is why the world banks exist in Europe and attempt to control the world political scene driving it towards their own prosperity, as this is the only means in this dream to have any worth. The reason for this is the manner in which the Anu slave nation was held in a dream by the Anu for the Anu's own entertainment and enjoyment. The Anu became increasingly bored without anyone to dance with; and so they created a slave nation in their own "likeness" of half Anu and half red nation Native American DNA.

The Anu slave nation was allowed to create their own form of governance, with all the dynamics that one experiences today in most western-based societies. There is education for the young or the mature that choose to change careers; each has a career and contributes to society, and in return is "paid" something for their contribution. Each is charged rent and taxed by those in power in governance, or in other terms the Anu themselves. The Anu taxed their slaves for the privilege of existing; this is where the thought-form of taxation originates in the human dance.

The Anu slave civilization flourished for 8,000 years (24,000 human years). The region where this city of slaves was constructed now exists in the region known as Greece. Mt. Olympus, the home of the Anu, is now under the ocean, but was once a vast mountain with a pyramid on top that the Anu used to regenerate their forms with electrical geometry. This pyramid, along with the pyramids in Egypt, generate the electricity necessary to suspend the Pleiadian dream upon Earth even to this day. Earth is in the process of altering the electrical geometry, and as this occurs, the very charge that holds a Pleiadian or Reptilian dream upon Earth shall fade. As this occurs these dreams shall be removed and replaced solely with a Sirian based magnetic dream from the Great Central Sun. Those of Sirian inheritance will simply attune to the new dream and live it.

The rigidity of dream for those living on land once associated with the Reptilians or Pleiadians will lift as the majority upon the land ascends into a Red Sirian dream. Only the Red Sirian dream is resonant with the Great Central Sun and is the only dream that can pass through the boundaries of the Sun in roughly 14 years time. To be compatible with the holographic flow of the Great Central Sun, humans must ascend into a Red Sirian dream in the coming decade or so. This is the dream that the Tao and Great Central Sun have intervened to make possible.

The Reptilian dream is as electrical as the Pleiadian dream, but is from Alpha Centauri and not the Pleiades. Over 60,000 years ago (240,000 human years), Reptilians came to Earth thinking that it could be their new home. The magnetic pulsations of Earth were so great that it made the Reptilians ill. They remained only 600 years in Earth's records (2400 human years) and interbred with the Mongolian (Inuit) and Tibetan Root Races primarily leaving Thai, Japanese and Chinese peoples as their present day offspring. The Reptilians anchored a dream from Alpha Centauri at the time that they interbred, and this is the dream that the ancestors in present time are most attracted to genetically speaking.

There are pockets of Pleiadian dreams also in the East. In the Middle East and India are large numbers of offspring associated with another breed of slave that Merduk, in particular, bred during his thousand years of war upon Innana. These slaves were red in appearance but were bred to hate. They had only 1024 strands of DNA and had no conscience or respect for others. These slaves in present time have ended up the terrorists and fanatical humans throughout the Pleiadian dream.

In the West, these humans are often fundamentalist Christians. They would never outright kill another from their belief in being non-violent, but they would like to. The dream in the West does not allow for the extreme expression of violence, and so this does not manifest except in the odd occasion that there is karma for it between parties.

In the Middle East and India, there is a merger of the Reptilian and the Pleiadian dreams that Merduk cast for the fundamentalist destructive slaves. This is why there is the expression of fundamentalist Muslim religions with the terrorism and abuse in these regions. However there has also been terrorist type behavior also expressed in Africa and South America where torture and violence have prevailed

in different time periods. All expressions of torture and terrorism are the result of the limited genetics of this warrior type of slave designed to destroy others, whether the expression is in the East or West.

In India, terrorism is less prevalent but the caste system reigns. In the caste system are the untouchables; humans so unworthy that they will not be helped. This thought form occurred in the Anu slave experience only after the creation of the warrior slaves; the addition of the limited thought-form of the warrior slaves to the Reptilian dream in the East lead to the thought-form of caste systems so rigid that people were left to suffer without anyone choosing to reach out and help.

DNA AND DREAMS

One lives in a dream that is associated by and large with the dominant DNA in the field and form. Through ascension, one begins to modify the DNA through conscious will and intention. This is a biological phenomenon that translates into a new biology that is regenerative and crystalline in form. A biology that regenerates is less likely to become ill.

As enough of the Pleiadian, Anu Slave or Reptilian DNA is modified in ascension to become Red Sirian and crystalline, then one can begin to attune to a Sirian dream. The Sirian dream is holographic in nature and is resonant with the Great Central Sun. This dream is made available at this time due to the ascent of Earth along with a few mastering the upper initiations in human form. Each must choose to ascend into resonant DNA in order to attune to this dream. This is the dream for unity, peace and unconditional love that each longs for within their heart.

The Sirian red nation dream is fluid and harmonious. There is not the rigidity of script as in the Pleiadian or Reptilian dreams. Humans were designed to be a cast of characters that dance together to learn spiritual lessons for the purposes of the evolution of spirit or soul. Soul directs the scripts to allow for the dance to alter, expanding consciousness increasingly until the body and soul merge as one vessel over time. Ascension makes this possible.

SCRIPTS AND DREAMS

Scripts are projected onto each human form to cause the dance of life through the dream that one attracts in the field. Pleiadian scripts create humans that live together much as one perceives now in the West. Reptilian scripts, which are equally rigid to Pleiadian scripts, create humans that live together much as one perceives now in the East. Africa and South America host dreams that are primarily Sirian, but are interspersed with small pockets of Pleiadian dreams where white folk have relocated from Europe; or Reptilian dreams where Asians have relocated from the East.

As a matter of fact, there is such great relocation due to the development of technology that some of each root race and lineage along with dream are upon each continent and in each country, and in particular in the larger cities global

wide. The cause of this goes back to Atlantis, during which many from one culture relocated unto another, and left their dream present upon the land. Cities are a composite of dreams from all three star systems (Pleiadian, Reptilian and Sirian) in smaller and more condensed regions. "China Town" or "Japan Town" along with all shops, restaurants, acupuncture clinics and herbal shops in most cities is constructed within a Reptilian dream; the parks and open spaces are constructed within a Sirian dream; and the high rises, business centers and apartments are constructed within a Pleiadian dream.

Each of such dreams is held together through what Mila has called "Matrixes". Matrixes are halls of mirrors that connect creations of different origins unto Earth. The only dream that does not exist within a matrix is the Sirian dream. The magnetic Sirian dream originated from your Great Central Sun and therefore requires no foreign interconnections from any other creation. Reptilian matrixes extend to Alpha Centauri and Pleiadian Annanuki based Matrixes extend to the Pleiades. In a sense, one can think of the matrixes as extensions of the Pleiades or Alpha Centauri upon Earth.

BUILDING STRUCTURES AND DREAMS

Pleiadian matrixes tend to be box like. The construction style in most cities with high-rises made of glass, steel and marble emulate the Pleiadian matrixes. Matrixes from Alpha Centauri tend to be angular but with greater ornamentation; hence the arches and angles along with décor in Thai, Chinese or Japanese architecture. One can see how many Pleiadian matrixes also exist within Japan, Singapore and Hong Kong, as they are large cities that emulate the associated style of construction. These matrixes came to be in these regions as those of Anu and Anu slave inheritance relocated into the Reptilian dream during the era of Atlantis, and anchored their own matrixes therein. In China Town in any city, in parallel manner those of Reptilian inheritance relocated unto a primarily Anu based dream and anchored their own matrixes therein. The only region in any city or town that does not have Reptilian or Pleiadian matrixes is the open space or parks or botanical gardens. These areas are where the Sirian dream still exists in present time.

The Sirian dream does host a type of architecture, but one more akin to what was in South America, Hawaii or Africa before the "white man" discovered that such places existed. Africans lived in mud houses or grass huts; Native Americans lived in Tee Pees or in dwellings more associated with the natural condition, Hawaiians lived in grass huts. Those of indigenous red origins and in the Sirian dream will use natural resonant resources in the construction of the housing for their tribes.

Those who move into regions with greater open space in present time tend to attune to a Sirian dream. It may be for this reason that there is greater peace and caring amongst humans that live in the countryside in comparison to those that live in the city. The Sirian dream causes a certain level of unity to emerge amongst all human scripts through the dream broadcast. Therefore life in the

country may be very different than life in the city, with folk caring more for one another and looking after one another to a greater degree.

The sales associate for the hotel Mila and Oa host Conclave at each year in Jasper chose to relocate to Calgary, a major Canadian city. She and her family only lasted in Calgary only 3 weeks and due to the noise, congestion and fear returned home to the country town of Jasper. In Jasper, they said, they could leave their door unlocked, as the neighbors would watch out for them. This is an example of the difference is the nature of a Pleiadian and Sirian dream, and the affect it has upon the human scripts for those associated and living in any region.

The Pleiadian and Reptilian scripts are fear based. They are fear based due to the large amount of electricity running through the dream. The electricity fractures the scripts causing extreme polarity. The extremes lead to extreme behavior of insanity, crimes of all kinds including murder, and the corrupt nature of those in power and in charge. Power in the Pleiadian and Reptilian dream is associated with energetic size and abuse; the larger and more abusive a field in the unconscious, the more power one will have.

POWER AND DREAMS

Pleiadian power dreams involve inflating the field up to 100 or more times larger than all others, especially for those associated with governance over any sector of civilization. Reptilian power is a little different as it involves encompassing each that one is in charge over. For this reason, large corporations have a family feeling in the East and one's boss may be viewed in a parallel manner to one's parent. The Reptilian leader creates a field 1000 to 10,000 times larger than the individual, and the field holds within it in small boxes or rectangles of energy flow each the leader is in power over. It may be for this reason that many Eastern based companies try to take care of employees for life and if they fail to do so, are perceived as having betrayed their "family" or employees.

Pleiadian power is held through the magnification of field. The field of the leader is magnified 100 or 1000 or 10,000 times larger than the individual. The level of magnification denotes the size of power; those magnifying the field 10,000 times end up president or CEO; those 1000 times the manager or president of a division; those 100 times the boss over a department. This is also so within the Reptilian dream. One can see in this why leadership ages the form so in the Pleiadian and Reptilian dreams, as there is that much more electricity running through it in association with power.

Sirian dreams on the other hand do not magnify power. All power is held relatively evenly throughout the group. This creates a tribal environment in which each is valued for the contribution unto the whole. Small towns that have fewer of great wealth or great poverty are an example of a Sirian dream in the West. Until recently upon the Big Island where Mila and Oa live, there has been no extreme wealth; and no extreme poverty; everyone gets by. Business owners have told Mila

and Oa repeatedly over time that they have been in business for 30 years and have always manifest enough; and never starved. This is a Sirian dream in action.

As of late, more and more Pleiadian matrixes are encroaching upon the Sirian dream upon the Big Island. These matrixes are relocated unto Hawaii through large development companies that press Pleiadian matrixes into the land wherever their resorts are constructed. Why are these companies doing this? There is more chi in Hawaii and the group soul associated with the company is after the "chi" available to strip in the islands.

Group souls are dragons and serpents blended into a confused configuration that cannot ascend. They also take chi to a great degree to carry on in their dance. Ascending humans are learning to break up group souls so that real souls may enter the human dream allowing for ascension to take off to a greater degree. If one has a group soul encounter that is defiling one's field, one simply intends to break up the serpents and dragons and so it is. Then one sends the pieces and parts to the aurora for recasting.

More recently, Kailua-Kona (where Mila and Oa have lived for 3.5 years) was noted as the 10th priciest region in the United States. Why does unity based petal dream regions create equality of profit amongst businesses and homeowners? Ascension causes a clearing and cleansing of the land and within the region that is valued more than non-ascending regions. This calls those of Anu nature to the region, which then alters the dream into extremes of profit and gain on one end of the polarity and poverty and hunger on the other end. Indeed, there is now more poverty upon the Big Island than a few years back due to the shift into extreme polarity in dream and this is expressed through the ongoing drives for food from the food bank to feed the poor. Homelessness also appears to be on the rise the past few years.

CLARITY OF DREAM AND WEALTH

Non-ascending regions are often the dump sights that humans place their waste or the inner cities or run down country towns throughout the human dream. One will see that there are places where the Sirian and Pleiadian or Sirian and Reptilian dreams collide; these regions are often confused in nature with little planning or orchestration of dream, and as a result are reflected in physicality as a run down region or junk yard. As humans ascend near such pockets of dissonant dream, the area will be brought into a resonant and Sirian dream. The result of this is that humans will begin to beautify the region again; or in other terms, clean up the junk and repair what is falling apart.

How and why is this so? One begins to straighten out the dream surrounding oneself as one ascends. Where the dreams converge, perhaps one will override the dream with a Sirian dream, removing the Pleiadian and Reptilian offshoots. This causes the dream surrounding oneself to become increasing congruent. As this occurs, there will be less crime and more harmony among the humans that live within the associated dream. One associate in the Middle East and living in

Abu Dhabi noted how peaceful this large city with over a million inhabitants has become. Why is this so? There is a congruent dream that has been rewoven through himself and all others who are ascending, and a congruent Sirian dream leads to peaceful relations and scripts amongst humans.

For those reading these materials, one can become increasingly aware of the dream surrounding where one lives or frequents. One can consciously choose to reweave the dream in association with Earth to come to greater harmony surrounding oneself and of Sirian energy flow. In the years Mila and Oa lived in Honolulu; this city had the lowest crime rate of any other major city in the United States. They rewove the dream in a manner that allowed for greater peace and out of such, there was less crime.

The new dream also caused much of Honolulu to be reconstructed and beautified; for as one reweaves the dream, one also beautifies the region. Mila let the ancestors have a hand in weaving the new dream for Honolulu; up popped tiki torches and waterfalls along with bandstands along Waikiki beach, where the locals could perform music or hula in the park. The ancestors allowed the beauty to return to Honolulu by holding the vision for it through the new dream and one can do so wherever one lives as an ascending being.

There is also beauty in nature and in the parks and open spaces. Mila and Oa often visit the botanical gardens in any city worldwide that they frequent for any time. In the botanical garden is a Sirian dream, and this feels better for them, allowing them to heal from the long plane rides or other travel associated with their journeys. Mila and Oa can also bless the botanical garden and expand upon the Sirian dream within the city. This will allow the footing for a Sirian dream to one day become the foundation from which the entire region functions. As this occurs there will be little crime and more harmony between all human inhabitants, much like Honolulu.

This is what the community program is all about; learning what it takes to ascend a group of humans into a Sirian dream that is harmonious together. The harmony together will be experienced via one's friendships that develop along with at larger events such as Conclave. Over time, Mila and Oa foresee offering a "Community Intensive" to those in the program before each Conclave (beginning in 2006). The Intensive will be utilized to anchor greater healing within the participants for the creation of unity relations in community.

In time, those who desire to create a self-sustaining environment together to live within will be guided to locate land and develop a new form of community. This community and all others that gather under the teachings of this program will have an opportunity to anchor patterning from past human civilizations that were peaceful and unity based and existed during the Grand Master cycles that prevailed throughout Earth's history. This information is to be gathered through Conclave in the year and years ahead and be applied to the collective Sirian human dream. Over time, this shall lead to peace amongst all humans and peace in and between all nations, as the Sirian dream becomes the dominant dream for mankind.

The communities of the future shall demonstrate non-death or non-deterioration upon the physical plane. The reason for the non-deterioration of the clothes and building structures associated with ascending community shall be the mirror that the community's internal biological structure reflects back upon those who are living together from the land. If each in the community has ascended into regenerative biology, then the mirror of the structures upon the land that they reside should also regenerate, or in other terms, fail to age or degenerate.

DEGENERATION AND DREAM

In the current paradigm, everything degenerates. This is a mirror of a biology that ages, becomes diseased or crippled, or dies. As humans cease to age, so will everything else cease to degenerate. This will also be so for nature, which may not have the death and rebirth cycles into the future either. Such is the nature of the crystalline form. Degeneration of all kinds is the result of the loss of molecules. The crystalline form does not lose molecules over time.

Over time, any human form at 2 strands of DNA loses its molecules. If one thinks of a child as having 100% of all possible molecules, then by age 15 they have lost 10% of their structure; by age 30, 30% of the molecular vibrancy has been lost; by 45 50% of the molecular vibrancy has been lost and by 60, 75 % has been lost. No wonder few live beyond age 60; and those that do tend to take molecules from others and this is how they extend their lives.

In parallel manner, any new object such as a car or clothes or a home has 100% of its molecules when it is new. Over time, the object begins to lose molecules and deteriorates. If enough time is allowed, holes may appear in the clothes or rust within the car and the house will fall apart. The only objects that appear not to degenerate are silica based coming from fossil fuels such as plastic and polyester.

Why does plastic and polyester fail to lose its molecules over time? All silica-based devices were brought to Earth in a dream from the Pleiades along with the Anu. In the dream of the Anu, these devices do not deteriorate, as deterioration or aging was never apart of the Pleiadian dream. If anything, the Pleiadian Anu tried to extend their lives up to 18,000 years. This translated into endless and ageless forms, which also became a part of the dream for their building structures, gardens and technological gadgets. Anything derived from their dream therefore will not deteriorate.

So why do non-plastic or objects made of natural world fibers deteriorate? The natural world is a reflection of human thought-form. Humans have fallen into thought-form that believes that one loses molecules over time. As humans fell into such thought-form, so did nature; and so natural fibers and materials lose their molecules over time and age just as human form ages. Furthermore all nature kingdoms age along with mankind, as they too have fallen into parallel thought-form.

As humans ascend into regenerative biology, they shall also ascend into regenerative thought-form. As regenerative thought-form becomes the foundation of the global dream, so will all other kingdoms ascend into the regenerative paradigm and cease to age or die. As this occurs, all materials from the natural world will cease to lose molecules over time; therefore anything constructed from materials in the natural world will also cease to age or deteriorate over time. Ascending communities may therefore wish to construct their living environment from ascending trees or other natural ascending materials. In so doing, the community structures, clothes or gadgets need not age or lose molecules over time.

Humans living in the current system of degeneration lose a tremendous amount of chi through the holes in the molecules of the deteriorating structures that one surrounds oneself with. It is for this reason that living in an old city, even if it is newly refurbished, is problematic; for the aging process leaves increasing numbers of holes and gaps in the molecular structures of the buildings and streets of any city. The increasing gaps allow the first dimension to reach through into the third dimension, and suck and suck and suck one's chi. So much chi is taken through the cities that it is difficult to ascend much beyond 1024 at this time in history.

For those devoted to ascension, it is for this reason that it is important to relocate unto the country or to less populated regions and upon ascending land. There are some regions ascending more greatly, even if they host a city environment upon them, as they are located under a major chakra center. The chakra generates more chi providing more energy to ascend, in spite of the drain of the current modality of construction of the city.

One way to protect oneself from the manner in which the first dimension reaches through one's home, office, car, train or plane is to place a golden grid along the walls and floors of the structure with the intention that one is sealing the molecules into the first dimension; in so intending this, one will minimize the loss of chi through one's home, office or car or travel, or the cities one may frequent. This has successfully allowed Mila and Oa to travel and stay for short times in dense cities without drastically affecting their ability to ascend.

Another solution is to live in a relatively new house or neighborhood where there inherently are fewer gaps in the molecular structure to begin with. For one's own home or car or clothing, one can fill in the molecules that would leave over time allowing one's own possessions to cease to deteriorate. Where do the molecules go? Some of the molecular structure is stripped by nonphysical forces such as the false intervention. Some of the molecular structure goes to the dream of the new construction or new clothing, furnishings or car industries through their associated group souls. One can cease to allow oneself to have agreements for the false intervention or the group soul dream of any industry and in so doing, be able to retrieve the lost molecules for the home one lives within or possessions that surrounds oneself. In so being, one is less likely to lose chi through such things as an ascending being. This is an interim solution that may allow one's ascension to

come forth in greater ease until the new paradigm of non-degeneration is anchored in full throughout the world.

Mila and Oa have still found that minimal possessions is key to ascension; the less that one owns, the less that one is attached unto, and the less chi that one loses. There may be no manner of ascending without giving up most of one's possessions over time. This is so for those moving on to 9000 strands in particular. For those resting at 3000 strands, it is less important, but will still age the form if one owns too much. For those moving on to 9000 strands, the possessions, including family and friends, begin to weigh hard upon the field; and must be left behind. It is perhaps for this reason that ascending to this level be best left to those willing to make all the changes necessary so that they do not ascend into disease. The pull of possessions or any form of attachment underlies all disease in human form.

In the inner earth, the dream associated does not degenerate. In the inner earth, buildings are constructed of materials that do not age and are resonant with Earth. Unfortunately, technology has also developed for transportation, communication, heating, cooling and computers that is radioactive. This technology is no more resonant with Earth than electrical based technology that surface earth humans have developed, and is in the process of being detoxified at this time of global ascension. The inner earth people are going to have to live without their technological comforts far sooner than the outer earths peoples as a result. This will also be so for outer earth humans in the quarter century ahead.

ELECTRICITY AND FRICTION

One of the visions that Earth holds for the Community Program is to develop communities that are free of electricity, but filled with technological comforts that are non-electrical in nature. It is perceived that electricity is one of the main causes of friction between humans and if humans are to learn to live together in enough peace to ascend as a group, then electricity may require being left behind in the now.

Electricity also tends to continue to call a Pleiadian or Reptilian dream to the dance; and the blending of these dreams with Sirian magnetic dreams only creates friction. To eliminate the friction, one may also require eliminating the electricity. Earth has no problem with gadgets that make life in the physical more comfortable; however she asks that the gadgets be resonant with her field and ceases to interfere with her ascension. Electricity as well as radiation interferes with global ascension from Earth's point of view.

Humans also need to work less and make time for more introspection, as this is the foundation of the spiritual evolutionary process. There have been many communes and communities that have formed in the last century. One of such communities was known as the "Amana Colony". The Amana Company produced many types of products including a stove, heater and refrigerator that were well known in the United States in the 50's and 60's.

The Amana Colonies were formed as some German families relocated to the United States and purchased land together in the mid 1800s. They created a self-sustaining community amongst them. The Amana colony grew their own food and raised their own cattle. One colony member was sent to medical school each generation to become the community doctor. When the community was at the height of its creative expression, each of the 100 members worked no more than 4 hours per day. This was all that was required to manufacture the products that they sold, but also to raise, harvest and cook the food. The Amana Colonies also ran a restaurant where they served the public on weekends. Over time the family members chose to separate and eventually sold off some of the land. The community no longer exists today, although there are still restaurants that serve some food grown from the land along with wines made of elderberries, cherries and dandelions.

The point Earth wishes to make here is that each of the residents only had to work four hours per day to fulfill upon all tasks necessary to the community, including cleaning, laundry, cooking, farming, harvesting, and producing products for sale, and running the restaurant. Earth perceives that this sort of set up would work again in present time for the ascending communities that may be born through this program, and that each will have time for their own spiritual inner work as a result. This is perhaps the largest gift of pulling together as a collaborative in a self-sustainable format.

SELF SUSTAINABILITY

Self-sustainable thought-form has to do with the recycling of any waste that those in the community create. Waste being waste matter and also unused goods. Unused goods will become less so if there is little deterioration upon the physical plane and of one's dwelling environment. Most of the trash humans' produce today is not only of toxic wastes from the use of petrol chemicals, but also possessions that have deteriorated to a point of worthlessness. Instead of recycling these possessions into something useful, they are thrown into dump yards, and pile up to a point of destroying the land. Some are placed into landfill where it is hoped that the materials will decompose; but alas many of the materials used in the possessions are silica based, and may take another 100 years or more to fully decompose as there is enough heat and bacteria produced by Earth to do so.

So why do humans throw away when they could recycle? If all were recycled, there would be no need for the continued production of crude oil into products that could be re-used through recycling. There have been enough petrol fuels harvested in the past 100 years to recreate every possession derived from such fuels 100 times over in Earth's estimate. This includes the plastics used in all of the forms that they are used. Humans have moved into a waste-driven society, especially in the West.

How and why is this so? With employers taking more and more chi from the employees, there is no energy to clean up after oneself, let alone recycle. Humans

are so tired of the slavery that they live within that they seek out fast and frozen food instead of creating a nutritious home cooked meals, and purchase meals in disposable containers rather than utilizing utensils that must be washed. Humans are tired because the Pleiadian and Reptilian dreams takes 60% of one's chi, which goes to the Pleiades or Alpha Centauri based upon biological agreements. With most of one's chi going to other creations, it is no wonder that humans try to expend as little energy as possible thereby purchasing products in containers that are thrown away rather than washed.

There are also those of key Anu or Reptilian inheritance that take of one's chi through personal or regional association. Often such lineages end up in power in all industries including the government and the company that one works for. In the state of power, these humans strip all others associated of chi sending it to other creations. As one ascends, one will step out of the power game with all others, retrieving one's power to live one's own life and continue to evolve. This breaks the cycle of tiredness as one no longer gives so greatly unto others of one's chi.

As one modifies DNA from Pleiadian or Reptilian ancestors, the agreements to give of one's life force can be altered and the giving of chi to dying creations ceases. Then one will have enough chi to not only ascend, but take the time to give to oneself home cooked meals, homemade clothes, or in other terms, bring an end to the consumptive lifestyle that most humans live within through one's conscious freewill choice.

Solid boundaries are required in order to cease to give chi to others. As one molds one's boundaries to support ascension, one's relations to all others alters, and one will find that one has enough chi to continue to ascend, and live one's life, and fulfill upon one's purpose upon the physical plane. This too is the goal of this program; to teach initiates what to focus upon to mold one's dream and boundaries for ascension as well as for unity and joy.

NEW SCRIPTS FOR COMMUNITY

Dreams cast a set of scripts that one may attune unto and anchor into the field. Then as one repeatedly intends the dream that the script offers, sooner or later the dream will come to fruition in the dance of life. Earth is making available scripts for preoccupations that serve ascension to those who are entering the Sirian dream. So this will be offered to each who is ascending into the new consensus. The new consensus is essentially a Sirian dream of unity.

In a community environment, a set of scripts will be offered that will allow each to contribute something and receive something in return and in equal balance to what was given. As each gives and receives in balance, balance within the community shall be retained. As balance is retained, there will be fewer struggles between the individuals, and folk will find themselves living in harmony and unity with one another.

There need not be boredom in community. Each can rise to fulfill upon a particular script that would bring the body joy to make manifest. Does one wish to cook for the community for a time? Then one will attune to the script for the cooking and the recipes that Earth is providing to create something delicious from whatever is harvested each season from the community garden. One will find oneself having creative experiences in the kitchen in this role.

Does one wish to work in the garden? Then one will attune to the script and learn to work with the consciousness of each kingdom in order to create beautiful and tasty fruit, nuts and vegetables that all in the community will enjoy eating. Does one wish to create herbs that support the health and ascension of those in the community? Then one will attune to the script for the herb garden and fulfill upon raising the herbs and making the tinctures; and then perhaps diagnosing the needs of others that are having ailments of one sort or another.

Does one wish to create beautiful art for the grounds or structures of the community? One may be involved in creating all kinds of useful utensils and objects from natural resources upon the property where the community resides. One may attune to a dream for basket weaving and the weaving of fabric for clothing, bedding or furnishings and fulfill upon this. Perhaps one will attune to a dream of jewelry making to adorn oneself or others; or the dream of furniture making from ascending wood or bamboo.

Does one wish to beautify the grounds that surround the property for each to enjoy? Then one may attune to a dream for planting flowers and trees that allow a garden to grow for all to live within. The dreams of the future will have humans working with nature to produce the vision called for in the dream. If one envisions a tree growing only so high or a bush only so far, the bush or tree will attune to one's vision and only grow so big, allowing the remainder of their energy to be put towards regeneration and continued ascension. In so being, pruning the garden may not be necessary, and one can leave behind such acts of violence unto nature in so doing.

There are many new dreams surrounding the creation of community in the new paradigm to be explored in these written materials ahead. Humans create what they do as it is the only dream that they can envision. In these transmissions, Earth hopes to offer a new ascending dream to which humans may attune. Within this dream the concepts that are assumed to be an inherent way of being and that are accepted only because it is all that one has known up until now shall be challenged; new concepts shall be presented that will offer the opportunity unto each to weave a new dream that allows for a new day to be born for the human species. As enough weave this new dream and enough ascending children are born to anchor the dream into their respective families and communities, humanity shall evolve as a collective into a new paradigm; a paradigm of regeneration, unconditional love, unity and joy for all.

Until our next communication,
Namaste
The Earth Mother

CHAPTER 1

HUMAN ARCHETYPES AND ARCHETYPAL NATURE

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"
November 16, 2004

Dear Beloved,

We are excited to begin the materials for this workbook. We wish to state that each may share of the introduction and first chapter with others outside the program that may be interested in creating community. Chapters two and beyond, however, we request that you not share unless the individual is in the program. The reason for this is simple; there is healing associated with the materials. The purpose of those in the program is to test run the healing planes constructed by the Earth Mother that are associated.

These planes will not be available to those outside of the program except for the first chapter, until they have been test run enough that Earth deems them ready for greater exposure. This is how you are contributing to this program and these materials, by being willing to test run the introspection and healing offered. We anticipate that by the end of 2005, we will make the materials that have come through available unto a wider audience as earth is ready to test run the healing offered unto more individuals.

THE HISTORY OF CHANGE IN ARCHETYPES AND HOLOGRAMS

The first area of focus is upon archetypal nature. All humans follow a script whether they exist in a Reptilian or Pleiadian or Sirian dream. Scripts and holographic planes merged during the era of the Pharaohs of Ancient Egypt some 15,000-18,000 years ago (60,000-72,000 human years). Therefore one will find all scripts in all dreams, whereas this was not so prior to this time in history. Up until the Pharaohs, Sirian archetypes occurred in the Sirian and Reptilian dreams, and Pleiadian Archetypes in the Pleiadian dream. The Pharaohs being Annanuki and Sirian in lineage were the first to cross over blending the Sirian archetypes with Pleiadian archetypes. As they ascended far enough to alter global thought-form, suddenly all holographic planes merged causing all archetypal natures to prevail in all dreams of both Sirian and Pleiadian nature.

It was due to this shift that humans from different dreams moved to other continents in the era of Atlantis. Up until this time, moving from one continent to another was not feasible due to a lack of technology. All technology was lost following the nuclear holocaust of the Anu; and the technology was a part of only the Pleiadian dream. Therefore up until the Pharaohs, the possibility of those in the Sirian or Reptilian dream having technology, as you know it today was not possible. It was only as the holographic planes converged that a dream for the

Pleiadian technology became a part of the Sirian and Reptilian dreams. This occurred following the era of the Pharaohs.

The era of Atlantis that followed the decline of the Pharaohs brought this possibility of technology to physicality. Much as in the current cycle underway world wide within the human dream, the Atlantean civilization developed radioactive devices that parallel the devices utilized today by the Inner Earth peoples; these devices allowed for travel due to their ability to cancel gravity. Much like the aircraft today that shuttle humans from one continent to another, craft that was anti-gravity in technology prevailed in the era of Atlantis, allowing humans to travel the globe for the first time in human history. During the era of the Anu, such travel was limited to the Anu themselves or their preferred slaves, or to transport slaves destined to die to the concentration camps.

As humans moved about upon continents, dreams converged from different creations as well as lineages due to the interbreeding between those of different inheritance. As dreams converged, the human dream became a bit of a tangled mess. Upon a personal level, those who were half Anu and half Reptilian often did not know what dream that they belonged unto, and this led to feelings of great unworthiness. Hence the thought-form of "half breed" that occurred in those ancestors who blended between extensively different tapestries of ancestry.

Upon a collective level, where dreams converge is often confusion; sometimes the confusion causes discord of great difficulty in present time and clashes between cultures. An example of this is the discord between China and Tibet; Tibet has a purely Sirian dream and China a Reptilian dream. Over Tibet the dreams converge creating conflict. The conflict of archetypal natures creates ongoing misunderstandings between the Chinese and Tibetan cultures, and from the misunderstanding, creates the desire to dominate and control what is not understood. The Chinese are always trying to dominate and control the Tibetans. The Reptilian dream will never understand the power of those in the Sirian dream or visa versa; and this creates conflict along with patterns of dominance and subordination. The Chinese dominate by force and the Tibetans through spiritual understanding.

In parallel manner, the conflict between India and England in the era of Gandhi occurred due to misunderstandings between the Pleiadian and Sirian dream. The British did not understand the spiritual nature of the Sirian dream in India; they tried to dominate through force. Gandhi won through spiritual knowledge. He reverse polarized the ownership of England over India to another plane of reality and as this occurred, England withdrew allowing India her independence.

In the present time Middle East, there is great misunderstanding of culture on the part of Western based leadership. From the fear of the increasing terrorist and fanatical behavior of some in the terrorist Pleiadian dream woven by Merduk long ago, the West has chosen to attempt to dominate through force; hence the wars upon Afghanistan and Iraq as of late. The only real solution to these problems is the phase out genetics and dream associated with terrorist humans wherever it occurs in present time relations. Such genetics are scattered all over the world

due to the interbreeding between humans in the Atlantean era along with present time.

As all karma for this type of terrorist or warrior human is phased out of the incoming gene pool, this type of human will fade in human history along with the associated dream. As an ascending human, one can also cancel the dream in the now and anchor a peaceful Sirian dream in its place; this will minimize the terrorism or terrorist acts such humans wish to create surrounding where one lives.

As incoming children are born at 3000 strands only, this type of genetics will be phased out. All incoming children are anticipated to enter the world at 3000 strands beyond 2014. There is still karma to be released associated with the Anu, Anu slaves and terrorist slaves. As all such karma is released, the genetic materials associated along with the Pleiadian dream will be returned to the Pleiades where it originated.

THE PURPOSE OF THIS WORKBOOK

Through the examination of archetypes, those in this program and those studying these materials over time will begin to release the karma with Anu, Anu slave and terrorist slave archetypes. In time, as enough in adult form focus upon this, all karma shall be released. As all karma is released, the associated genes shall be phased out of the gene pool for incoming ascending children of Anu, Anu slave and terrorist slave DNA. This is the purpose of these materials. The Pleiadian dream shall be the first dream to be removed from the collective human dream over time. This Pleiadian dream removal shall allow enough harmony and holographic flow in the human dream for entrance into the Great Central Sun in 2018.

ABOUT THE REPTILIAN DREAM

The Reptilian dream entered the dance at a much earlier time period in human history. Humans that interbred with the Reptilians existed at 15,000 strands of DNA in vibration. This occurred over 60,000 years ago and before the arrival of the Grand Masters upon Earth. The Reptilians added their holographic nature to the Inuit and Tibetan root races in the interbreeding, along with Reptilian DNA. The DNA from the Reptilians altered the crystalline diaphragm as they had a much slighter structure in physicality. The result was the loss of conscious breath in the Inuit and Tibetan Root Races, and the requirement to eat more to subsist. Eating small amounts of berries or creating tinctures for health was prevalent in these root races up until that time; following the Reptilian interbreeding, the associated offspring required eating more to subsist.

Not all Tibetan and Inuit lineages were blended with Reptilian lineages in the initial interbreeding. There are those in China and India today that hold a more pure ancestry to Tibetan and Inuit form without the distortion of the Reptilian DNA. Such humans tend to be larger, like the Polynesian race, and will more

readily develop the crystalline diaphragm in ascension. These humans tend to have a round face and larger cranium in present time as well, and those associated with the Grand Masters will have a large head upon the light body planes of reality. Those associated with the Grand Masters may ascend in adult form to 9000 strands and map carve a path for others to follow. Most of those of this type of ancestry have not been involved with the Spiritual School of Ascension as Mila and Oa have minimal Tibetan or Inuit ancestors. As a result, they have attracted more of parallel ancestry to Native American, Polynesian and Aboriginal (Australian-Lemurian) ancestry.

We are not sure if Mila and Oa will ever tackle the ascension of those of Eastern ancestry in large numbers and to 9000 strands. The reason for this is that one can really only can legitimately guide another in the understanding of the personal dynamics that one shares in one's own process of ascension. Mila and Oa do not personally understand the process of ascending Tibetan and Inuit lineages, as they are not prevalent in their ancestry. However there are those map carving for these lineages and who are a part of the new consensus; they are just not a part of this organization at this time.

BODY AND BIRTH TIME HOLOGRAMS

There are two holograms one inherits; one is a BODY HOLOGRAM. The body hologram is received from one's mother or father and was passed down from their parents directly through the family tree. During the era of the Pharaohs many manipulations occurred and sometimes holograms were exchanged between humans. This did not occur in any prior time period upon Earth per future records. Over the past few months, how the holograms were manipulated has been sorted out and corrected in all human birth tapestries. One may therefore find that one has a different hologram now than if one examined one's holographic nature at another time and through information published upon our web site.

The BIRTH HOLOGRAM is defined by birth time. In essence, birth time holograms are associated with a wheel of 38 archetypal natures that are dominant as birth time every 20 or so minutes around the clock. These are the archetypal natures we are examining extensively in this chapter. These are also the holographic natures that begin to be transmuted to the new astrology for ascension through the integration of the crystalline genetic materials. In essence, one modifies one's birth time archetypal nature through ascension, causing one to move increasingly towards the middle path of unity and away from extremes of polarity within one's persona. This is the gift of ascension at this time.

The body hologram cannot be modified adequately in the ascent to 3000 or 9000 strands. Body holograms can only be modified in the ascension beyond 15,000 strands, and at this time there may not be adult ascension beyond 9000 strands allowed. Therefore the body hologram can be an accepted part of one's persona and will be modified through continued ascension in the future generations associated with oneself.

We have written briefly about the holographic archetypal natures associated with the human species in other materials offered upon the web. Our goal here is to go into greater depth of understanding so that one can map out the archetypes for those that one has lived with as family, married, birthed as children, been the beloved of or friend of in this lifetime, or worked with. In mapping out one's circle of influence, one will more readily understand the karma between oneself and one's associations over time. In understanding the karma, one will be more readily capable of releasing the karma allowing for the birth of unity relations within oneself. As many gather who have mastered unity within, unity without and harmonious community relations can then be born.

THE HUMAN ARCHETYPES

THE PLIADIAN ANU (Greek and Roman Gods)

1. INNANA or APHRODITE, Goddess of Love

In the history of the Annanuki, Innana and her family came to Earth in search of gold to sustain the life of their home star system, the Pleiades. Innana was a beautiful light haired female with blue blood and turquoise skin. It is interesting to note that it is blood that determines skin color. The Pleiades is filled with blue-green suns and the blue blood and skin is resonant with their solar system. The orange red sun of Earth's solar system is more resonant with red blood. Innana and her relations chose to live underground or indoors as much as possible as a result. Much like fair skinned humans today, the sun badly scorched the Anu skin.

Innana extended her life 18,000 human years. She was already well over 1000 years old in Pleiadian timeframe as she arrived upon Earth. Pleadians appear to live naturally to 1600-1800 years before aging. Often they choose death by euthanasia as they begin to age, even in present time. Earth understands this so from the records of the Anu. Extending one's life so long may or may not have been acceptable in the Pleiades. Therefore Innana and Merduk (Hades), who were half brother and sister by marriage of the associated parents, chose to come to Earth for an alternative purpose of being capable of creating immortality. Mining the gold was a secondary objective, although they did indeed accomplish this task.

Technology was expensive to mine the gold. Instead of spending loads of Pleiadian funds upon technology, the idea of creating a slave race to do the hard work became the chosen plan of action. Supposedly the Sirians had already created a slave nation for this purpose and had seeded it upon Earth. As Innana and Merduk ventured into the red nation dance to procure their assistance to mine gold, they discovered that these peoples had no interest in helping them. These peoples lived a very "barbaric" life from the perspective of the Anu, who had vast technological resources at their disposal. The Anu therefore decided that they were indeed superior to these red nation peoples anchored by the Sirians to long ago.

Some of the red nations peoples were captured and while alive were experimented upon genetically. This caused the entire root race associated with those experimented upon, which were primarily Native American in origins, to go into fear. Ultimately part of the Native American root race DNA was blended with DNA from each of the Anu members producing a slave of half red and half Anu archetypal nature. Innana was blended with the red nation hologram God Goddess of Love to produce the Slave Hologram known as Eros, God of Seduction. Each of the Anu likewise was blended with a red hologram to create a slave hologram, leading to 12 slave holographic natures that will be discussed in greater detail below.

In the beginning, the slaves were bred in laboratories, treated as chattel, and raised in cages, much like a kennel for dogs or stable for horses in present time. Over time, the slaves were educated to read and write as well as participate in other activities, such as dance, music, cooking, raising food and farming, and sex. Zeus and Innana were heavily into sex and utilized sexual energy to regenerate themselves and to extend their lives. This was not so for other Anu family members who chose to extend their lives in another manner.

Innana and Zeus had rampant sex with the slaves. One famous lover of Innana was David. David was the child of a slave female of Pan hologram and Zeus. David was a beautiful male and responded to Innana as if he were Anu; but alas he aged after his 300th birthday and over time became very angry and bitter towards her due to his inability to attain immortality. Innana and David's offspring, which was a daughter, mourned her father's death in the end, and went insane.

Innana married 800 times in her lifetime; each wedding was to a special "slave" male. Each wedding was more elaborate than the next. By and large the desire for elaborate weddings is all associated with the Innana archetype. Innana would spend most of her time each week making love, or educating the slaves on tantric techniques, or watching the slaves have elaborate orgies as entertainment. This occurred up until slave conception went out of control due to manipulations of the false gods to the female reproduction cycles. After this sex was frowned upon by the Anu, and became reserved for them alone or for slaves that were married. This may be the underlying cause of the story of Adam and Eve and the serpent that tempted them with sex.

Later and out of boredom, the Anu chose to create a miniature Pleiadian civilization with a group of slaves. This occurred in the regions surrounding Mt. Olympus now known as Greece. Slaves were given technology to a certain degree and educated in a political and economic system that parallels human civilization today. The Anu enjoyed watching their slaves, often frequenting their restaurants or attending their plays and music festivals. The Pleiades was a long way from Earth, and visits home became increasingly infrequent the more developed the slave civilization became. Innana and her family were treated as royalty by all slaves, and were considered their Gods and Goddesses. Greek and Roman mythology is founded upon the era of the Anu and was attuned to as the dream for

the slave civilization has continued to be broadcast upon this region since the nuclear holocaust of the Anu some 30,000 years ago.

Innana extended her life by pushing her karma for death upon the slaves. This occurred in yearly sacrificial rituals where female slaves were bred in Innana's name and raised in temples to be sacrificed as virgins at the age of 14 to 16 (generally thrown into an active volcano). Over time the slave life became shorter and shorter in duration due to the death karma of the Anu pressed upon them. In the beginning the slaves lived 500 years and aged after 300 years of life. Towards the end and shortly before the nuclear annihilation due to the war between Innana and Merduk, the slaves lived only 175 years and aged after their 100th birthday, as their life had been taken to extend the lives of Innana and Merduk well beyond the life of any other family member.

Each of the other family members became so bored with life upon earth after 9000 years of life extension that they eventually went home to the Pleiades, wrote their memoirs and chose euthanasia to end the life. They left in their place and upon Earth one offspring of parallel holographic nature and lineage to keep the game going for the others that chose not to exit physicality with them. Therefore the character known as Zeus actually had three humans holding this role, as did most other Anu family members other than Innana or Merduk. It was only Innana and Merduk who chose to extend their lives double the length in time of all others.

The longer Innana lived beyond the age of 10,000, the more insane she became. Over time and due to the continued mining of gold upon Earth and the removal of minerals that were sent to the Pleiades, Earth's frequency rapidly and radically dropped. Perhaps Innana should have returned home, but she found herself so wrapped up in the dance of life upon Earth, this never occurred to her. Over time even her lovers and husbands could not satisfy her.

By age 15,000, Innana was so bitter and angry that she determined that Merduk, her half brother, was the cause of her unhappiness. To a certain degree this was true, as Merduk had hated Innana for a long time, and had been having his own elaborate sacrificial rituals involving slaves of Innana holographic nature. These rituals cast spells around Innana to destroy her and cause her to go insane. Indeed the spells were working; but instead of Innana committing suicide as Merduk hoped, she turned upon Merduk and chose to try and destroy him instead.

A war broke out between them as Innana turned 17,000 years of age. The war lasted 1000 years and culminated in the nuclear annihilation of Earth. Slaves were bred specifically to go to war, as those that had been bred for other purposes did not hold enough stamina for the task. The wars were battled out much like one would play chess; with other family members watching the battlefields like one would watch television. Over time, family members became bored with the game. One by one each remaining family member that was the second or third generation of the original Anu chose to return to the Pleiades, and each chose euthanasia at the end of their respective lives.

This left Innana and Merduk to battle it out alone. Innana eventually trapped Merduk in his favorite pyramid without the mechanism to open the gate. She contemplated allowing Merduk to starve to death therein; although after a few weeks she chose to release him. This was a vast mistake, as Merduk went on to detonate the two largest nuclear weapons that Earth has ever experienced in this dimension. The end result was that Earth rolled upon her side and it took her over 8000 years to recover. Merduk committed suicide as his spacecraft hit Mars. Innana returned home only to choose euthanasia to end her life.

Innana lived so long and exhibited many forms of patterning prevalent in those who are related unto her in present time. By and large, the life was extended for so long that no human in present time inherits her entire archetypal patterning. If anything, one inherits a portion of Innana's persona in present time and in the fall to 2 strands of DNA. Perhaps this was not so during the era of Atlantis and before humans dropped below 1024 strands, but it definitely is so in present time. In Earth's estimation, there are three main categories that Innana Archetypal patterning may be expressed in present time.

THE ARCHETYPE OF INNANA IN LOVE

Those expressing this archetypal nature of Innana are in the continuous search or quest for the perfect beloved. They may have one relationship after another, and will be prone to having many extramarital affairs if they do marry. Generally no partner is ever enough, and the relationship that may be happy in the beginning will eventually go sour, after which those of this archetypal nature will end the union, moving on to the next potential conquest. Those of this archetypal nature may also create multiple marriages that are elaborate and expensive in a single life.

Mila had a former real estate associate acquaintance that exhibited this pattern in full; they had relationship after relationship, and appeared to enjoy the romance in the beginning the most. As soon as the romance ended, so did the relationship, and they were on to the next conquest. Mila's former psychic teacher had this archetype as the birth time hologram and grand master archetype as the body hologram. Her teacher was always in pursuit of a lover, and went from relationship to relationship over time.

THE ARCHETYPE OF INNANA THE QUEEN

Those expressing this archetypal nature of Innana enjoy power. Often those of this nature end up the head of a corporation or in a position of governmental power in present time. Seduction is the main manner in which those of this archetypal nature hold power; as Innana was known for the power of her seduction in the business pursuits when she was alive. Often Zeus would have Innana seduce and make love to those he was trying to make a business deal with in the Pleiades, and this would adequately cause a contract to be signed thereafter. Sometimes those of this nature will use their sexuality to seduce, sometimes just the sexual energy that prevails around them and is enough to create the "deal". One example of this archetype in recent history is Marilyn Monroe.

THE ARCHETYPE OF INNANA IN WAR

Those expressing this archetypal nature are warmongers. If they are in power, they will use their power to create war or conflict wherever they go. If it is power over an institution or corporation, a corporate take over or lawsuit against another might be the result. If they are in power over a country, they will use their power to create conflict within their own country or with other nations, which may even lead to war. Bush is a good example of this archetype in action at this time in history; Stalin was another example.

2. ZEUS, Supreme God

Zeus considered himself supreme god in association with the slaves. In association with the Anu and the Pleiadians, he was a businessman. It was Zeus that created the necessary arrangements to sell the gold and other minerals of Earth unto the Pleiadians, who then converted the gold to dust that was used to hold the golden octave in their solar system. This of course also depleted the golden octave unto Earth that sank rapidly in vibration as a result of all of the mining. The final straw occurred as Zeus sold 18 large mineral clusters to a group in Orion and removed them from Earth; these minerals had been imported from another creation to Earth to hold the ice shields in place on the part of the Sirian scientists 150,000 odd years prior. As the minerals were moved, it took only 18 weeks for the rain to begin to fall as the ice shields collapsed. It rained for 9 weeks straight thereafter creating your oceans. This incident is also known as the great floods.

Merduk foresaw the collapsing ice shields and rescued the rest of the family from their home, flying them in spacecraft to Mars until the rain ceased. The original Anu home was in a deep valley and with many tunnels into the inner earth. This valley much like all other deep valleys of the time flooded with water becoming your oceans. It was after this that the Anu constructed a new home upon Mt. Olympus, which stood high above the ocean. Most of their closest slaves died in the floods. They began again thereafter training slaves to be their most desired servants. Mt. Olympus eventually sank in the nuclear annihilation of Atlantis.

Zeus was not only a businessman that made the Anu a fortune in Pleiadian and Orion funds, but also a husband unto Athena. Athena, goddess of wisdom, was married to the original Zeus who lived 9000 years due to life extension practices. Over time, the dissonance of Earth upon their Pleiadian fields caused friction between Zeus and Athena. Zeus was also unfaithful, which was one of the ongoing focuses of their dissonance. Zeus held a type of sexual energy that did not flow in a fluid manner upon Earth; this led to ongoing stuck energy in the groin, which caused Zeus to have a rampant appetite for sex. Zeus was known to corner red women and molest them until from their own desire they would enjoy themselves. Over 180 children were born due to such unions over time.

In the slave arena, Zeus created a sexual playground for himself during the early breeding of these paired down humans. Innana would train the female slaves in ways that pleased Zeus; all of this was hidden from Athena, but Innana felt she

understood Zeus in her own pursuit of a series of slave lovers. Zeus would then disappear for a time feasting upon an orgy of slave lovers providing him with all his desired sexual fantasies. It was from this game that the idea came to be to create a vacation retreat surrounding meeting one's sexual fantasies. This was the first phase of a project that grew to be much like Disneyland over time, although it featured a theme park of slaves and not animated machines.

Over time, thousands of men flew in from the Pleiades to enjoy the Anu slaves trained in their sexual practices. One might think of this as an elaborate brothel, with dancing girls, lap dancers who would sit naked at the dinner table, and orgies in rooms graced with furnishings suited to all sexual positions known to man. The girls were trained in the Pleiadian language, and later Orion language, as they extended out to Orion men with parallel sexual needs. Zeus was less successful at enticing Pleiadian women to have their sexual fantasies met with slave men, although there was the occasional female visitor. The sexual theme park ceased to exist in the creation of the oceans, and after this Zeus turned to other interests choosing not to recreate the sexual vacationland again. The land associated with these records is in the Southwestern US and Los Angeles today, which may be why Disneyland formed in this region and due to the dream associated.

Zeus finally divorced Athena and married Hestia. Hestia, Goddess of the Hearth, did not enjoy sex. This was perfect for Zeus who then had an ongoing excuse for all of his sexual pursuits, which he enjoyed more than marriage anyway. Hestia appeared to be the perfect wife and stood as an example of the good wife for the slaves. Over time and as the Anu slaves began to procreate out of control, marriage became a prerequisite for having sex, limiting the number of slave children born. Zeus made sure that the slaves feared the Anu about this, and would punish those who violated the new sex code through death. This was sufficient over time for the slaves to change their free sex habits with one another to a rigid moral of marriage.

Zeus chose to end his life after age 9000 had been lived. He extended his life not only through sexual energy movement but also drinking the blood of the slaves as an elixir of life. Zeus's son, also called Zeus followed his reign for another 4000 years, also choosing euthanasia in the end like his father. Zeus II married the other of Athena heritage following the original Athena's death, playing out the same dance as his father and the original Athena. Zeus II did not marry the successor to Hestia however, as she was his mother. Zeus III was the son of Zeus II and Athena II; Zeus III succeeded his father and lived another 4000 years. He also ended the life in euthanasia but upon Earth. Zeus III disliked sex, perhaps in polar counterbalance to his grandfather, and never birthed a successor. Here you can see that polarity reversed over time amongst the Anu.

Zeus, like Innana, lived for so long along with his successors that it is improbable that one will see all patterns of archetypes expressed by Zeus in a single human at 2 strands of DNA. Much like Innana, Earth has split up Zeus into two prevailing archetypes that may be expressed in all human dreams around the world.

ZEUS THE STUD

The human emulating this archetypal patterning may be a porno star. They may tell you that they love sex and can never get enough, and that they are always "horny". This type of human, if they marry, will most likely cheat much like Zeus cheated upon Athena and Hestia. If the wife dislikes sex, perhaps she is glad that her husband seeks lovers outside of the marriage. If it is a woman exhibiting Zeus archetype, she will be just as likely to cheat upon her spouse as a man hosting such patterning.

ZEUS THE BUSINESSMAN

The human emulating this archetypal patterning will be quite the accomplished businessperson. Perhaps one could even think of them as a business "shark". Those heading large corporations today and working their way up to CEO, or becoming the entrepreneur that begins the multimillion-dollar company are highly likely to hold this archetypal patterning within. Corporate takeovers occur as two or more of this nature competes for dominion over a particular industry.

ZEUS THE MORAL ONE

The human emulating this archetypal patterning will be "holier than thou" and preach extreme morals, especially surrounding sex. Behind the scenes however this individual will not practice what they preach. Many a present day fantasist in Christian fundamentalism reflects this archetype in action. Muslim fanaticism can flow from the same roots in present time. Those that sit against Gay marriage or are anti-abortionists are another example of this archetype expressed in present time.

3. *DIANA, Goddess of the Hunt*

Diana was a beautiful Pleiadian sister to Zeus, cousin to Innana. Zeus and Innana had brothers for parents in the Pleiades. Diana loved nature and would spend her days somewhere in the woods or swimming in the bountiful lakes and streams of Earth. Generally she would utilize special anti-gravity craft to go someplace secluded and be with nature. Due to her relationship with nature, she could easily capture different species and bring them back to Merduk for his scientific examination and experimentation. Diana would seduce the animals into her presence and then capture them; hence her title as goddess of the hunt.

Diana also was hunted and haunted by Zeus that wished her for a lover, even though she was his sister. One time Zeus cornered Diana in the woods and was about to rape her when Innana flew by, and rescued Diana. Innana then had a long talk with Zeus about having sex with family members and how this is not acceptable in Pleiadian ethics. Zeus never attempted this again, but it is also an example of how hunting and being hunted down are two extreme poles of the same behavior and if one has one polarity than one will also experience the other. Diana ended her life by euthanasia at age 6000. She found less interest in life extension and chose not to leave a child as heir to her throne. Diana never had children nor did she ever marry; if anything she was afraid of intimacy with men.

Those exhibiting the Diana Archetypal patterning may love to hunt; perhaps they venture each year to the woods bringing home a heap of wild game to stock one's freezer. Sometimes those of this nature also enjoy being upon the battlefield hunting down other human "enemies". Those exhibiting the opposite patterning may find themselves victims of rape, violent crime, or death upon the battlefield. Many who exhibit Diana archetypal patterning may also find themselves in fear of intimacy, sex or marriage.

4. ATHENA, Goddess of Wisdom

Athena was the wife of Zeus. Their long marriage of 3000 years ended in ongoing discord and battles. Some of the battles caused Athena to wind up physically beaten. Athena longed to prove that she was beautiful enough for Zeus so that she could be his only conquest. Alas this was never fulfilled upon, and Athena did not marry again after her divorce was final and for the remainder of her life. She died feeling bitterly rejected and unloved.

Athena tried to fulfill herself by creating educational programs for the slaves. After her divorce to Zeus was final, she buried herself in the slave civilization, educating the slaves in history, philosophy, religions that were Pleiadian derived, as well as art, dance, music and theater. Education became an important foundation of the slave civilization as a result. Slaves required education as their paired down holograms left them with so little remembrance of anything in childhood that they had to be taught to read and write as well as speak. Athena ended her life in Euthanasia at the age of 8600. She left a child, Athena II, to take over her responsibilities.

Athena II married Zeus II child of Zeus and Hestia; although they were half brother and sister, this type of marriage was allowed by Pleiadian law. Athena II and Zeus fought over his sexual promiscuity; their fighting often leading to physical harm of Athena II. Like father like son perhaps. Athena II never divorced Zeus II however, and produced four offspring, two of which became Athena the III and Zeus III. The children were much like the parents; Athena II and III continued focusing upon the educational systems of the slaves as their main life expression.

ATHENA IN THE ABUSIVE RELATIONSHIP

Those exhibiting the Athena archetypal patterning may have volatile relationships that tend towards physical and emotional abuse. Often the desire to have the relationship work will cause the abused one to return to the union in spite of the abuse. The spouse may recurrently cheat upon the one with Athena archetype. This archetype also leads to the experience of worthlessness in relationship.

ATHENA THE WISE ONE

Those exhibiting the wisdom part of the Athena archetypal patterning may be involved in education in the current paradigm. This archetype may be expressed as the schoolteacher or principal, the professor at the university or director of the theater or music. Sometimes this archetype also ends up in positions of

governance due to their wisdom. This archetypal nature seeks to negotiate and not war, and understand through the intellect the position of another.

5. *HERA, Goddess of Marriage*

Hera was married to Apollo, God of Communication. Hera and Apollo had a peaceful but sexless marriage that lasted 4800 years due to life extension practices. Hera became heavily involved with educating the slaves as to how to have good marriages; hence her position as goddess of marriage. Hera created an elaborate set of vows that are not unlike the vows exchanged in marriage today. These vows, much like intentions, were meant to create a happy union between those who were married.

After the Anu chose to limit sexuality to limit childbirth amongst the slaves, Hera became actively involved in setting up temples for marriage and birth control, and making sure that all slaves bearing children were married. This caused the birth rate to drop by 70% and in particular as the slaves went into fear about sex due to the stance of Zeus. Hera would also counsel partners having marital difficulties in her spare time.

Hera ended her life in euthanasia at the age of 6000. She left Hera II and Apollo II as her children. Hera II could not marry Apollo II as they were brother and sister and Pleiadian law disallowed this. Hera II had an affair however with Zeus II producing Hera III, which created vast family conflict between Hera II and Athena II.

Those exhibiting the Hera archetype today may be marital and family counselors in present time. Sometimes they can be expressed as the priest or minister who offers marriage ceremonies unto others. Those of this archetypal nature tend to create dull but lasting relationships, or have unhappy affairs with married men or women and possibly producing illegitimate children.

6. *ARES, God of War*

Ares was the brother of Zeus and perhaps the most short-lived Anu upon Earth. Ares came to defend Earth as Pleiadian territory and property when a group of Orion rebels attempted to take Earth away from the Anu. Ares rounded up a group of Pleiadian soldiers to defend Earth as their territory. This conflict lasted only 8 years, after which Ares returned to the Pleiades.

The Ares archetype can be expressed as the military commander that defends his or her country; or that willing to go to war over what one believes in. Sometimes this archetype is expressed in the gifted attorney who is successful at defending legal territorial rights of their clients.

7. MERDUK OR HADES, God of the Underworld

Merduk was the half brother of Innana. This character extended his life as long as Innana. Over time, it was Merduk that created the life extension practices for the entire family. Merduk was a scientist that was half Pleiadian and half Reptilian in birth inheritance. Merduk had a very strange set of features that included a large white head with big bulging eyes. Most women found him distasteful in appearance, and perhaps it is for this reason that his only lover was Persephone, a red nation girl and daughter of a high priestess in their society that was brought home by Zeus after he had raped and killed the parents. Persephone was given to Merduk to raise at his own request, as he never anticipating having any children of his own.

Merduk fell in love with Persephone, and she with him. They married as Persephone turned 13. Persephone was never really accepted by the remaining Anu as a part of the family, and most looked at Merduk in disdain for his choice in a wife. Persephone did not know but half of what her husband was up to, as he kept his strange laboratories and experiments locked away from her. Persephone birthed 5 children with Merduk. As she discovered that Merduk was bleeding the youngest child to death to extend his life, she committed suicide by throwing herself into an active volcano at the age of 175.

Merduk went crazy after Persephone died, and this is when the war upon Innana began. Merduk blamed Innana for telling Persephone where the blood was coming from that extended their lives. Persephone entered a large room where many red nations' peoples and her own missing child was chained to a bed, blood dripping into glass containers from their heels, wrists and neck. This was more than Persephone could bear and she committed suicide in great anguish.

Merduk was the most bizarre of the Anu cast of characters. He enjoyed experiments of the most painful kind. Merduk not only was involved in the original incubation of the slaves, but the blending of human DNA with animal and aquatic DNA, producing mermaids and centaurs along with half human and half lion life forms. These life forms were kept at the vacationland for sex and offered in a living exhibit, until the region ended up under the ocean due to the collapse of the ice shields.

Merduk lost his initial laboratory after the ice shields broke. He was the only Anu family member that refused to live upon Mt. Olympus; instead he moved into the inner earth at an opening near Earth's crown. He entered and exited through a cave, hence his role as god of the underworld. Most of his experiments remained hidden from the rest of the Anu family, although he would bring forth the necessary elixirs for each to extend their lives. Often the Anu did not know what exactly they were eating or drinking, or why the sacrificial rituals of the slaves were necessary to their extended lives, but they followed Merduk as his techniques created the desired outcome; they did not age or die.

Merduk lived longer than any other Anu; he was 19,000 years in age when he committed suicide by crashing his craft into Mars. Merduk went to war against Innana perceiving her as the enemy of all times and at cause of Persephone's suicide. The war which began as a game became increasingly caustic unto each in their energy fields; for the war was not only about the slave soldiers upon the battlefield, but a psychic war to see who was going to remain in control over Earth. In the end, both lost due to the nuclear annihilation of Earth, following which Innana could not continue to live, and Merduk committed suicide. Much like Innana, Merduk has many archetypal patterns due to the long life that he lived. Most humans will not exhibit more than one of his patterns at 2 strands of DNA.

MERDUK IN LOVE

Those expressing the Merduk in Love archetypal pattern will most likely fall in love with someone of a different nationality and culture. Perhaps the parents will be very upset at the prospective girlfriend or boyfriend or spouse of their child. Perhaps they will disinherit the child due to the life choices or refuse to see the couple once married. The love between those of this archetypal nature may be a little bizarre, codependent or have large age differences as well as cultural differences. A recent example of this type of marriage occurred with Elvis and Pricilla Presley.

MERDUK THE SCIENTIST

Those expressing the Merduk the Scientist archetype will most likely be involved in science or computer science in present time. Some may be involved in laboratory experiments as physicists, in the creation of drugs in association with medicine, or in the creation of surgical practices. Some may even be surgeons in this lifetime, along with dentists. Those of this nature may have no ethics, and it is for this reason that they will be happy to experiment with cloning sheep or cows, or humans if allowed.

MERDUK AT WAR

Merduk at war archetypal nature expresses itself in many ways in present time; those who participate or authorize torture in prisons is one form of the expression of this archetype in present time; those who are willing to detonate nuclear weaponry or create nuclear weaponry in present time in another example. Saddam Hussein and his military regime is a good example of this archetype in action in present time. This archetypal nature will generally prefer to destroy the world than give up. Hitler is another recent example of the Merduk at War archetypal nature.

8. *APOLLO, God of Communication*

Apollo was the stepbrother of Zeus due to another marriage of his mother. Apollo came to Earth to assist in creating the communication systems and energy flow necessary to allow for the continued life of a Pleiadian form. Earth had vastly different energy flow than home along with a yellow-orange sun; Apollo is the one who engineered 1900 pyramids along Earth's surface and 100 inside the Inner Earth to suspend an electrical flow as redirected from Orion and Alpha Centauri

unto Earth. The electrical flow supported the life of the Anu, but deteriorated all other life upon Earth including the red nations peoples. Once the electrical flow was in place, communication between Earth and home was viable via telecommunications systems or satellites strategically placed every so many light years apart between your solar system and the Pleiades.

Niburi, another planet once in your solar system was moved to the Pleiades due to Apollo and a business deal between Zeus and Pleiadian counsels. One of the communication devices between Earth and the Pleiades holds Niburi's original orbit in your solar system to this day. Niburi is a dying planet without life left much like Mars in present time. Mars was brought to your solar system on the part of Sirian scientists from another creation just like Niburi was moved to the Pleiades; both die because they have an incompatible genetic structure to the solar system that they were moved unto. By the time that the Anu arrived, Mars was only alive in its core. This too died in the past quarter millennium. One could say that Apollo created by karma for himself for tampering with the solar system, much as did the Sirian scientists of long ago.

Apollo married Hera and brought her to Earth. Hera embraced her role as one of the Anu as she was Pleiadian. Apollo continued to be the family counselor attempting to settle disputes amongst all parties. Apollo was also known for his speeches written specifically for the slave civilization to inspire them to live their lives in peace and unity; hence his role as god of communication for the slaves. Apollo and Hera left earth for the Pleiades after 8000 years upon earth. Both chose euthanasia to end their lives after their memoirs were written. Apollo II and Hera II carried on as brother and sister. Apollo II was equally gifted at communications information and devices. Apollo II never married or produced offspring, and ended his life in euthanasia at 4600 years of age.

Those expressing this archetype today may be involved in telecommunications or communication systems of all kinds in current human technology. Computers and computer science is another area of expression for those of this archetypal nature. Sometimes those of this archetype end up in education or positions of leadership or as authors of books due to their ability to communicate in a manner that others understand or are inspired by.

9. HERMES, God of Death

Hermes was a son of Merduk and Persephone who chose to take on the responsibility of managing the populations of the slaves. Hermes set up the death camps and work camps for rejected slaves. Slaves produced too many offspring from the point of view of the Anu in their slave civilization. The Anu chose not to allow the populations of their slave cities surrounding Mt. Olympus to grow beyond 2 million humans. A part of the reason for this is that the Anu themselves feared an uprising if the numbers became too great. So the sick, deformed, ill and aged or misbehaved were removed and sent off to camps where they died generally within a few years.

Some of the slaves were exported to mine gold or to work in factories producing goods exported to the Pleiades for profit. Gold was mined up through the war that broke out between Merduk and Innana. As the war swept over the lands, the Anu became obsessed with it and forgot about the gold altogether. Hermes was a strange looking human, much like his father and never married or had children. Hermes died at age 4800 of euthanasia, but not in the Pleiades but rather upon Earth.

Those reflecting the Hermes archetype in present time may be involved with death, such as those in the mortuary business, or they may work in prisons or insane asylums as guards or wardens; or as the boss of a sweatshop. Those who planned the annihilation of the Jews and Gypsies for Hitler are also an example of this particular archetype in action.

10. *DEMETER, Goddess of Fertility and Health*

Demeter was the daughter of Apollo and Hera and took on the role of prescribing birth control to the slaves to diminish their populations. Demeter studied medicine in a famous Pleiadian medical school at the request of her parents, and brought back all the most current medical knowledge unto them for their life extension practices. Such knowledge was also offered to the slaves in terms of managing their health. A medical school founded by Demeter was opened after she returned to Earth from her long studies. The medical school educated the slaves as to their own biology and treatments useful to their health.

Demeter married Dionysus while in medical school in the Pleiades. The two relocated unto Earth to take up the job of providing medical information unto the Anu and creating the slave medical program. The Pleiades has many planets of paired down human form that were governed in a parallel manner as the Anu and their slave civilization; so this practice of educating paired down humans with less knowledge was and probably is still an accepted practice and considered "humanitarian" in nature. Therefore Dionysus was pleased to accept this role; however he found the dance of the other Anu family members difficult. Dionysus divorced Demeter as a result after only 75 years of marriage and returned to the Pleiades thereafter

Demeter never remarried. She gave birth to one sickly female child that did not live past the age of 20. The cause of the child's disease may have been the decline of Earth in frequency. Demeter continued with her involvement with the medical schools of the slave civilization until she chose to end her life at the age of 4400 through euthanasia. She returned to the Pleiades to write her memoirs and to end her life. There was no successor to Demeter or Dionysus.

Those associated with the archetypal nature of Demeter may be involved in the medical field of all kinds, from doctors of all forms of practices, to nurses or nurse practitioners in the allopathic tradition. This archetype is also represented in all medical schools and teachers therein. Those advocating birth control and abortion are also expressions of this archetype in action.

11. *DIONYSIS, God of Illusion*

The slaves were becoming increasingly unruly in association with one another. Crime had grown to become an all time high by the time that Demeter and Dionysus came to Earth. Dionysus became a proponent of drugging the slaves as a solution to their unruly behavior. Drugs of many kinds were introduced including those that are not unlike marijuana today. Marijuana is actually a plant from the Pleiades brought to Earth by Dionysus specifically to sedate the slaves. It was later used for the manufacturing of clothes and rope just as hemp is utilized today. Marijuana succeeded at causing the slaves to feel happier, and to forget why they were upset with one another or their Gods, the Anu, thus resolving the potential uprising that the Anu feared.

Dionysus having not grown up within the Anu family was well aware of their rather strange relations and odd behavior. He introduced many drugs that appeared to create better relations amongst the Anu. These drugs were also highly addictive. Over time and after he left, the addictions became increasingly costly to sustain, as the drugs required being purchased from the Pleiades. Innana actually bankrupted her own Pleiadian fortune in the purchase of drugs to sustain her and the remaining Anu family members in a false sense of happiness. Dionysus would often be the one to go to the Pleiades, pick up the drugs and bring them back for the family to enjoy.

Opium was imported from the Pleiades as well. After Innana no longer had any money left to purchase the drugs, she opted to grow her own importing many forms of poppies, and farming them with the assistance of the slaves. Opium was Innana's favorite drug. Innana smoked the opium as well as injected it much as heroine is injected today. Opium was also used by the slaves; however it had a parallel affect upon their biology as in present time human form, and it would eventually kill those addicted to the opium. Opium was more resonant with Innana's biology and did not deteriorate; but it may have contributed in the end towards her increasing insanity.

The remaining history of Dionysus is not known as the records are in the Pleiades. Those of this archetypal nature may be involved in drugs of any kind, legal or illegal. The "Banditos" or drug traffic runners of Mexico and South America are one example of the Dionysus archetype in action, as are the Opium traffic runners from the East. Also those involved with medical drugs and prescriptions of all kinds may be associated with Dionysus archetype, including medical drug research and manufacturing, or psychiatrists and doctors who prescribe drugs to patients.

12. HESTIA, Goddess of the Home

Hestia was a homely sister of Innana who never married, never had sex and never had any children. As she met Zeus, she fell in "love" and married him after he divorced Athena. Hestia did not enjoy sex however and Zeus entertained himself with his slave lovers as a result and Hestia did not care. Hestia busied herself in decorating the castles of the Annanuki. When there was great wealth, she would go to the Pleiades and bring back the most outrageous décor and gadgets for the pleasure of the entire family.

Hestia was also involved in many products that the slaves produced for sale in the Pleiades. There were many types of art, jewelry, furnishings, clothing and other products manufactured by their slave civilization; Hestia would take the goods back to the Pleiades selling them to marketers there. This assisted in continuing to procure more money for the Anu to spend.

Slave labor was a bit of a sweatshop, not unlike conditions humans find themselves in today in poorer parts of the world. The sweatshops were not near Mt. Olympus, but rather were near the concentration camps under the governance of Hermes. Hermes and Hestia were each homely and understood one another, and were somewhat good friends, until Hermes proposed to Hestia. After this she would have nothing to do with him, as she was so afraid of sex and intimacy.

Those of the Hestia archetypal nature may be very gifted at creating successful businesses such as a home furnishings or jewelry, or may become home decorators or clothing designers and manufacturers. The entire couture business and home furnishings business is a good example of Hestia archetype in action in present time. Also the sweatshops of the East are also examples of this archetype in action. Those of this nature may also tend to be old maids or bachelors that never marry.

THE ANU SLAVE HOLOGRAPHIC ARCHETYPAL NATURE

The Anu Slave archetypes were created on the part of Anu and Orion scientists that incubated the slaves in laboratories. The Anu Slave holographic archetypes are roughly 40% Anu and 60% red nation taken from the Native American root race. In the genetic engineering of these humans, they lost all interconnection to all other humans upon Earth or upon any other dimension of life. This is not so for the Sirian Red Holograms, Albyreon Holograms or Grand Master Holograms, the archetypal nature of which we will write about a little later in this chapter.

The severing of holographic connection also limits holographic awareness; indeed humans born with solely Anu Slave archetypes are the most limited of humans upon Earth; often they also become fantasists or terrorists if the archetype of violence is expressed to an extreme. Most of this nature however live lives of very little purpose outside of marriage, procreation, financial acquisitions, and can

only relate to the simplest of religious concepts founded upon right and wrong. The greatest strife between nations is often when those of this archetypal nature achieve enough power that they can create war, or cause great struggle for others through the limitation of wealth or restriction of food. There is no understanding of how humans are interconnected, and it is for this reason that great suffering of others can be caused without any sense of karmic liability.

1. *THANATOS, God of Survival*

40% Merduk and 60% God Goddess of the Earth Mother holograms

Those of Thanatos archetypal nature tend to be preoccupied with their appearance from a health standpoint. Those interested in weight lifting, bodybuilding, triathlons, sports of all kinds, and in particular becoming the football, baseball or soccer player, are generally of this nature. Those of this nature that do not have the stamina to play the game may become the avid fan, attending all of the games live or watching the games on television. Those of this nature are generally self-centered and think little about others surrounding themselves.

At work those of this nature tend to be better at hands on activities than working with people as they do have some understanding of how physical machines or devices are constructed, such as motors or appliances. Often those in present time with this nature may end up working upon cars or appliances or other devices for a living, or in the construction of houses. In more ancient times, such an individual may have been the ironsmith or the carpenter. Often this archetype lacks "people" skills. In the era of the Anu, these humans were the carpenters that built the housing for the slaves or implemented farming practices along with harvesting the food when it was time.

2. *EROS, God of Seduction*

40% Innana and 60% God Goddess of Sexuality and Sensuality Holograms

Those of Eros archetypal nature tend to be preoccupied with sex and seduction in all of the forms that it can be expressed in the physical. They tend to be excessively focused upon physical appearance surrounding beauty; some might call them "vain". These folk detest aging, and will go to great lengths to cease to age in present time, including using "botox" or having plastic surgery or liposuction if they can afford it. Some may end up movie stars or models, if they are beautiful and charismatic enough; often a bubbly although self-centered persona goes along with this particular archetypal nature. The Anu bred this nature for their own entertainment; these humans in the era of the Anu were the actors and actresses of their plays; or the musicians and singers or dancers that participated in all forms of entertainment of the time.

3. HEPHAESTUS, God of Power and Warfare **40% Ares and 60% God Goddess of Authentic Power Holograms**

Those of Hephaestus archetypal nature tend to be preoccupied with war and war games, or enjoy computer games of such a nature in present time. Often these individuals end up in the military or navy of one's country, and may never leave, making the military their career. Those who rise to some power within the military will guide others in an extreme rigid manner. It is why perhaps the military is so focused upon getting up at a certain time, dining at some exact time, ironing the clothes perfectly, or making the bed perfectly and so on. Perfection and cleanliness is Godliness for those of this archetypal nature, and there may be no other understanding of God or Goddess outside of this. The Anu bred this nature to create an army for their own defense in the event of an attack of the red nations peoples, or from another creation. There was a military in the original Anu slave civilization.

Later those of this archetype became the colonels and naval officers that strategized the war between Innana and Merduk. The warriors and terrorists bred for the battlefield were a paired down version of this hologram with only 1024 strands of DNA instead of the 5000 of the original biology; at 1024 there was no emotional body and no feeling, and a strong desire to hunt others down and destroy them. So those of this terrorist nature are related to this archetype to this day.

4. HERCULES, Hero, God of Love **40% Zeus and 60% God Goddess of Love Holograms**

Those of Hercules archetypal nature tend to be preoccupied with fame, and will vie for positions of power within politics or in any organization or through the media, or even as movie stars in present time; although they are less charismatic than those of the Eros archetypal nature. Often those of the Hercules hologram will rise up and attain elected positions or management or president of a corporation; rarely however do they ever attain CEO or president of a country. The reason for this is that all top positions are left for those of direct Anu hologram and inheritance, as this is the way power functioned within the original Anu slave civilization. The nature of these humans, much like Eros archetype, is generally vain; but vanity is not of beauty as much as of appearance. Those who are "clothing hounds" are often of this nature. This archetype loves to be perceived as the "hero" who saves the day. Sometimes this is fulfilled upon, but most of the time it is not fulfilled upon. In the Anu slave civilization, these were the humans that chose to take governmental posts of any kind and were involved in the political arena.

5. POSEIDON, God of the Sea

40% Diana and 60% God Goddess of Co-Creation Holograms

Those of Poseidon archetypal nature tend to be preoccupied with farming or fishing as they were designed to love the land and the sea. The Anu knew that they required those that would be willing to feed the masses of slaves; therefore those that would be attuned to providing the food became a necessary blueprint from their point of view. Those of this nature may be involved in farming today, or own grocery stores, or be a chef of some famous restaurant, or be a fisherman, or own a fish store. Those of this nature do not tend to be vain, but rather more down to earth in nature. They often however are far better in relation to their fish or food than to people.

6. ORACLE OF DELPHI, Goddess of Vision

40% Apollo and 60% God Goddess of Vision Holograms

Those of Oracle of Delphi archetypal nature tend to be preoccupied with everybody else; these humans have enough visionary information to poke into the dance of others, not from spiritual evolutionary interest, but from gossip. Your greatest gossip columnists of today are of this nature. These humans tend to judge, compare and criticize continually; sometimes they end up as a judge in a court of law; sometimes they end up reporters or a part of the media news industry. In the era of the Anu, these humans were bred to create a news system in which events within slave civilization would be reported and shared. Some of this nature also chose to be visionaries that would predict the future; the Anu developed an oracle of water containing colloidal marble that those of this nature could attune to and predict one's future. The vision however is limited to the physical plane and does not perceive into the unconscious.

7. HELIOS, God of the Sun

40% Athena and 60% God Goddess of Spiritual Knowledge Holograms

Those of Helios archetypal nature tend to be preoccupied with intellectual pursuits of all kinds. These individuals may study science, or medicine, or astronomy or philosophy, and then become doctors, attorneys, professors or authors of books upon their subject of study. They may also head departments at universities. These individuals have no innate knowing however that is holographic. Much of the current human understanding of science or medicine or any other topic comes through those of this nature at this time. Therefore there is little "truth" of any value in association with evolution in their focus. In the era of the Anu slave civilization, these individuals headed the slave universities, became doctors or dentists to the slaves, or were aids to those in governance with their learned wisdom.

8. PAN, God of Nature

40% Diana and 60% God Goddess of the Solar Sun Holograms

Those of Pan archetypal nature tend to be preoccupied with nature. These individuals enjoy their bodies greatly, along with sex. Often those of this nature have beautiful "builds", as David was of this nature, one of Innana's longer term lovers and husbands. Those of this nature love to hunt in the woods, camp, climb mountains, and create adventures wherever they go. In present time, they can be the sports enthusiast if the sport includes nature, such as fishing or hunting, or climbing the mountains. Nature is perceived as something to be conquered however, as well as something to be feared, and not necessarily communed with. In Anu slave civilization, these were the humans willing to venture into nature bringing back information or their kill for others to enjoy as food or furs. The trappers of the West are an example of this archetype in more present time human dance.

THE RED SIRIAN HOLOGRAPHIC ARCHETYPES

Sirian scientists through a blending of Sirian, Pleiadian, Orion, Arcturian, Andromedan and six other humanoid civilizations unknown to Earth, in terms of DNA, created the Red Sirian Holographic archetypes. To say therefore that these archetypes are harmonious would be a lie, although perhaps they are more harmonious in comparison to the dysfunctional Anu family archetypal nature written of above.

Each will see in these patterns parts of oneself. Most ascending initiates will have three main archetypal predispositions, and many sub-predispositions due to the holographic nature of one's ancestors. Some of the predispositions may also be related to the Anu, but generally speaking those of Anu archetype are not really interested in the spiritual path, except perhaps for the purposes of self-gain. Therefore pay attention to those patterns that one perceives within and make a note of it.

As one ascends, one gathers ancestors of other archetypal natures. As the information from such ancestors is integrated, one then may develop the capabilities and skills associated. Mila is a strong example of this; she has brought in archetypal skills from all red and grand master archetypes in her own ascent, as she has ancestors of all archetypal scripts over time. This leads to a very creative and self-expressive human upon the physical plane. So this can be for each who works with their ancestors in ascension integrating the ancestors' information.

1. GOD GODDESS OF THE EARTH MOTHER

Related to the First Chakra in the Tailbone and the Grounding Chakras

Those of this archetypal nature of “Earth Mother” tend to be very earthy in nature, along with grounded and centered much of the time. Those of Earth Mother nature tend to attract others who are lacking the earthiness themselves; these others then tend to ground into or through them, feeling safe thereafter. Sometimes those of this nature end up counselors, ministers or spiritual leaders; sometimes those of this nature end up in the educational system for young children; sometimes they end up good parents to their own children.

The motherly energy is expressed in both the male and female genders of this archetypal expression. Often others will confide their deepest fears, troubles or life problems to those of this nature. In the red tribal dance, those of this nature took care of others who were ill along with the children of the tribe. Sometimes they were powerful medicine women or men with knowledge of the Earth and her kingdoms along with herbal medicine that would flow through. Much of the North American Indian spiritual teachings are derived from those with this archetypal nature, who became the medicine men and women of the tribes.

2. GOD GODDESS OF SEXUALITY OR SENSUALITY

Related to the Second Chakra Center in the Pelvis

Those of this archetypal nature of “Sensuality or Sexuality” tend to be very sensitive, feeling everything in the body as well as with the emotions. The sensitivity causes those of this nature to often be reclusive, spending time alone or with nature. Generally speaking, those of this nature also prefer their relationship to nature over relations with other humans. Through the movement of the sexual energy, those of this nature more readily ground and protect themselves with the fire element; then life becomes a little easier, and they can enjoy the sensual experience of touch upon the skin, or a soft breeze against the face, or the feeling of water rushing between one’s legs as one swims. If this archetypal nature has been sexually abused, running sexual energy then becomes compromised and they may not feel well much of the time as a result.

In the tribe, these types of humans were treated with great gentleness. Sometimes this archetype became the storyteller for the tribe. Often the stories would involve the nature kingdoms and the dance that the storyteller had experienced out in the wilderness. Sometimes this type of individual also chose to work with the youngest children, as their sensitive nature allowed them to perceive what the child required before it was needed, making them excellent parents to children under the age of 3. In present time, often these types of folk wind up ill and seeking psychological therapy or medical treatment of allopathic or holistic approaches due to their sensitivity. Often they seek the spiritual path to resolve the difficulties within and due to their “feeling” nature.

3. GOD GODDESS OF AUTHENTIC POWER

Related to the Third Chakra Center in the Solar Plexus

Those of this archetypal nature of “Authentic Power” tend to be a leader in the family, community or tribe that they associate with. The form of leadership that those of this archetypal nature express is founded upon innate knowing and not necessarily learned knowledge. Often these folk are gifted channels and will draw upon souls and entities of wisdom in their leadership. Sometimes this type of human ends up a strong spiritual leader, minister, coach or elected official. In the political arena, those of this archetypal nature tend to be ethical, which often conflicts with those in power due to coercive or corrupt techniques. As a result, sometimes they end up removed from their positions of governance, as they are unwilling to “play the game”.

In the tribe, these humans often would end up the tribal leader, or the most powerful right hand person to the leader. Sometimes if there were more than one of these archetypal natures in the tribe, the two in power would vie for a larger position of authority, causing friction. So this plays out today in any group with two or more of this type. Those of Anu nature will also challenge the power of those of Authentic Power nature, trying to strip the power away. If those of Anu inheritance succeed, those of Authentic Power nature will lose their position in the group, as the Anu generally succeeded at taking power from all red nations peoples over time and there is karma for the game. As the one with Authentic Power nature releases the karma through ascension, the power can be retrieved. If this power retrieval occurs rapidly enough, they will not lose their position in the group, but rather the one with the Anu archetype will lose instead.

4. GOD GODDESS OF UNCONDITIONAL LOVE

Related to the Fourth Chakra Center in the Heart

Those of the archetypal nature of “Unconditional Love” tend to be very loving in nature. They try to love and help everyone, and to a point of codependence with others. Sometimes those of this nature will be found married to the alcoholic husband or wife and will try desperately to “heal them” or “fix them”. Sometimes those of this nature end up as counselors or ministers, doctors or healers of all kinds of therapies. In the codependent dance, these folk often take on the karma and patterning of others, who then “recover”. Sometimes the patterning is passed on to others. However, some of the patterning always ends up within the one with the Unconditional Love archetypal nature. This patterning can manifest as a disease, accident or other life travesty over time as a result; even though the experience is not really one’s karma to manifest.

Those of this nature rarely hold positions of power in the group; the reason being is that in the desire to love everyone, they tend to give their power away to those who are powerless. Alas, the powerless ones do not keep the power but give it to the one in control or in charge. The end result is that the one in power increases in power as a result of the game. As those of this nature learn to retrieve their power from wherever it goes, one will learn to stand tall in one’s truth instead, and

may be able to rise to a leadership position within the group. Power is traded for karma generally speaking; so one will return the karma that is not of one's sincere inheritance to experience and retrieve the power given away in the unconscious desire to heal and fix others.

5. GOD GODDESS OF CO-CREATION

Related to the Fifth Chakra Center in the Throat

Those of the archetypal nature of "Co-Creation" tend to be very creative in nature; they may paint, write, sing, dance, take roles in plays or musicals, write plays, write music, design clothing, decorate homes in beauty, or any one of a million other forms of creative self-expression. This archetypal nature may be so busy with their outer creative projects that there is little time for inner introspection. If those of this nature are extremely gifted, then they create and create and create beautiful projects that others love. Sometimes another who is jealous may attempt to curse the dream of those of Co-Creative archetypal nature. This may not be a problem for those of this nature, as they will simply go on to create something else instead.

This type of archetype is expressed in present time as many an author of famous fiction books primarily. The reason for this is that this individual exists inside of dreamtime and not apart from it much as most others. As a result of living inside dreamtime, they are able to attune to dramas and traumas and perceive them clearly enough to write a book about it with a cast of characters. What are such authors attuning unto? They are attuning to parallel life dramas that they or others are living. Sometimes due to an ability to travel in time, such humans will attune to dramas and traumas from other human time periods and write about this. Those with musical talents also attune to dreamtime where they hear music from other parallel lives and then bring the music through to the physical. As one integrates the ancestors holding the creative information from the Co-Creative archetype, one will develop these skills in this lifetime.

6. GOD GODDESS OF VISION

Related to the Sixth Chakra Center in the Head

Those of this archetypal nature of "Visionary" tend to be very gifted clairvoyants. Often these individuals end up as psychics, healers, counselors, ministers or other therapists of all kinds. Whereas the Co-Creative archetypal nature perceives creative projects of all kinds in the unconscious surrounding humanity, the Visionary archetypal nature perceives the unconscious patterns that occur between humans along with past life experiences. Those of this nature will therefore be gifted counselors and gifted at ascension as well, as ascension requires and understanding of the dynamics between humans in order to release karma of one's ancestors through forgiveness.

Sometimes those of visionary nature end up crucified for their perceptions; this can occur in the form of psychic blows against the field from entities of others that do not wish to bring to consciousness the pattern the visionary one is trying

to share. Crucifixion can also occur in the physical as in the form of the witch-hunts of the 1800s or the death of Joan of Arc or crucifixion of Jesus Christ. One can offset the possibility of crucifixion by releasing the associated karma; so this also is in association with the psychic blows that can occur towards oneself as one shares of one's truth. As one integrates the ancestors holding the visionary information as they had lived the Visionary archetype, one will develop one's clairvoyant skills in this lifetime.

7. GOD GODDESS OF THE SPIRITUAL KNOWLEDGE

Related to the Seventh Chakra Center in the Crown

Those of this archetypal nature of "Spiritual Knowledge" tend to be born teachers with the gift of sharing information in a way that others can understand. Sometimes those of this nature wind up authors of books or ministers, sharing their knowledge as printed matter or with a congregation. Rarely do these individuals end up as elected officials, although sometimes they may become the elected official's right hand person due to the knowledge and advise that they may offer. In the tribe, this archetype was the tribal "teacher". The tribal teacher would observe the spiritual lessons that the tribe was experiencing, and extrapolate an explanation. Then the explanation was taken to the medicine "Earth Mother" archetypal nature, and they would co-create a ceremony to "heal the tribe". Those of this archetype are therefore gifted at discerning the spiritual life lessons behind the dance of life and in ascension.

Those of Anu or Pharaoh inheritance, along with those who have become gurus upon the physical plane, may attempt to strip the knowledge from those of the Spiritual Knowledge archetypal nature. Gurus generally have Pharaoh lineages and therefore are part Anu in archetypal nature to begin with, as Pharaohs were the product of a blending of Grand Master and Anu lineages. There is karma for a loss of knowledge to the Anu and the Pharaohs, and as this karma is released, then one need not lose one's spiritual knowledge to another. As such, one can retain one's power to become a spiritual teacher from one's own truth in this lifetime.

8. GOD GODDESS OF THE SOLAR SUN

Related to the Eighth Chakra Center and the Source and Oversoul Connection

Those of this archetypal nature of "Solar Sun" are individuals of power that comes from "above" or from the nonphysical. In present time, many of the channels bringing forth communications from the nonphysical are born with this archetypal nature. Those of this archetypal nature are attuned to the nonphysical, and the nonphysical may be more "real" than the physical as a result. Sometimes such individuals have been considered "insane" in times past and were punished for it. Sometimes those with this nature can be born with a half red and half Anu brain leading to the experience of schizophrenia in the given life. In this day and age of channeled materials becoming an accepted "norm" in the metaphysical community, these humans expressing such gifts and talents in present time have earned a new place in your civilization and are more respected. If the individual of this nature holds Pharaoh lineages, often they will end up a

guru upon the physical plane, and are used by nonphysical forces to strip others of their spiritual knowledge and ascension records.

In a tribal circumstance, an individual with the Solar Sun archetypal nature would end up the spiritual leader of the tribe, bringing forth channeled messages from the nonphysical for the tribe to understand. Those of this nature would confer with those of Spiritual Knowledge and Earth Mother nature to assist the tribe in transcending any crisis. The channeled messages would assist in directing the ceremonies for the purposes of healing. For those of this nature, one can have one's ability to channel shattered or stripped by those of Anu or Pharaoh ancestry along with those who are gurus in present time. This occurs, as there is karma for losing one's ability to channel or hear the nonphysical in one's ancestry. As the karma is cleared, one will retrieve one's information and the ability to hear the nonphysical will be restored. As one integrates those ancestors born under this archetypal nature, one's ability to hear the nonphysical will develop over time and through ascension.

THE ALBYREON HOLOGRAMS AND ARCHETYPES

The following holograms came to Earth as a group of Albyreon humans crash-landed their craft after having escaped from their own dying creation. As the Albyreons interbred with those of Red Sirian holographic nature, the archetypes were added to the wheel of holograms associated with the Sirian dream. As the Pharaohs ascended, the Anu holographic wheel was blended with the Sirian and Albyreon holograms, expanding the wheel of archetypal nature even further.

Albyreon is another creation that is electrical and from a Great Central Sun opposed to your Great Central Sun on the creational wheel. As a result, these archetypes were more dissonant with the Sirian human dream than even the Anu archetypes. Over time all archetypes will be phased into the new archetypes and holograms for ascension, or in other terms, the new astrology for ascension.

1. GOD GODDESS OF FIRE AND ASH OR SMOKE

Related to the Element of Fire and the Inverse Element of Smoke and Ash

Those of the "Fire and Ash" archetype tend to have dynamic personas. Often such humans end up causing movements in the dance of life of the human dream. It is the nature of this archetype to take a stand for what one believes. If one believes in Christianity, then perhaps one will become a fire and brimstone minister, preaching away to one's congregation. If one takes up a social cause, then perhaps one will found an organization such as "Greenpeace" or "Save the Whales" or "Women's Rights" or "Hispanic Rights" and so on. If one takes up a personal cause for another, perhaps one will raise funds to allow another to have needed surgery, or to enter a program for the recovery from alcoholism and drugs. The bottom line is that this archetypal nature tries to alter the human dream through causes.

Unfortunately causes do not alter the human dream; at best the cause may reverse polarize one dance into a parallel life, and the dance that the cause supports into the physical. This may allow whales to be saved in the region that the cause began; but be hunted in other cultures and other continents in equal proportions nonetheless. The only real solution is to ascend; through ascension the karma can be released that causes the barbarism within humans towards any other human or any other species. Then a new dream can be woven that allows for unity, equality and enough for all humans and all other kingdoms. This may be the major spiritual life lesson for those of this nature, to ascend instead of taking up causes.

2. GOD GODDESS OF AIR AND ETHER

Related to the Element of Air and the Inverse Element of Ether

Those of the "Air and Ether" archetype tend to also have dynamic personas, but in a creative sense and not a cause-based sense. These individuals will be involved in creative projects associated with large groups of people. They may conduct a symphony or direct a play or musical; or they may direct a department at a University or in a government program. This archetype knows how to orchestrate the dream of a group of humans for a common purpose and direction, and has a working understanding of dream weaving and magic to accomplish the task.

Sometimes those of Anu or Pharaoh inheritance strip those of the Air and Ether archetype of their dream weaving information and magic. As a result, one might lose the position of directorship that one had attained. As one learns to release the karma for how the Anu or Pharaohs stripped one's ancestry in times past, one might retain one's position and the one of Anu inheritance will lose instead. For those seeking one's own ability to dream weave and understand magic, integrating one's ancestors of this archetypal nature will allow one to retrieve one's knowledge to become the dreamer and the dream in this lifetime.

3. GOD GODDESS OF WATER AND VAPOR

Related to the Element of Water and the Inverse Element of Vapor

Those of the "Water and Vapor" archetype tend to be highly emotional and intuitive in nature. Often they will have a great love of the sea and the creatures therein, such as the dolphins and whales. The dolphin-whale scribes of the Pharaohs were often of this archetypal nature, as they could attune to the communications from the dolphins and whales due to their resonance with the sea and element of water. Those who have brought through channeled information from the dolphins and whales today or offer workshops and events such as "swim with the dolphins" or whale watching expeditions are often of this archetypal nature. So are those who enjoy a life at sea as a captain of a ship, or as a fisherman.

Those of this nature must be careful not to blend with those kingdoms that exist underwater. Much of the karma for the intermixing of grid work between kingdoms is associated with those of this archetypal nature. Those of this nature

are so in love and at peace with the ocean that they might prefer to live a life of a dolphin or whale instead of a human life. Coming to peace with one's humanness and finding one's power upon the land therefore may be a major spiritual life lesson for those born of this archetype in this lifetime.

4. GOD GODDESS OF EARTH AND LAVA

Related to the Element of Earth and the Inverse Element of Lava

Much like the "Earth Mother" archetype, those of the "Earth and Lava" archetype are very earthy. Such individuals may feel called to take up causes associated with Earth as a whole, such as "Save the Planet" or "Save the Rainforests". Much as with the "Fire and Ash" archetype, such causes do not really alter the dream, but simply alter the polarity in one region only to see the opposing polarity expressed somewhere else. This is why the "Green" movement in the West has polarized excessive toxic dumping to be expressed in the East and through the industries therein. The only solution is to ascend and release the karma as humans for creating toxic messes upon Earth; and as enough of the karma is released, humans will begin to clean up their messes global wide.

Those of this nature may be scientists that closely study nature such as geologists or paleontologists or zoologists. They also may love adventures and lead others on nature expeditions or are those who like to climb mountains. Those of this nature also have a tendency to blend with the Earth or land based animals, plants and trees in terms of grid work. It appears that those of this nature were also the land and nature kingdom scribes of the Pharaohs long ago. It is because those of this archetype can hear what nature has to say that they understand the need to change how humanity relates unto nature and Earth as a whole. Some of this nature feel more at home out in nature and prefer this to living with other humans or living in a city, and may find a way to do so in the associated lifetime. The life lesson of those associated with this archetype may be to learn to be in a human dream and commune with nature rather than blend with nature in the nonphysical.

THE GRAND MASTER HOLOGRAMS AND ARCHETYPAL NATURE

The Grand Masters were seeded upon Earth 25,000 earth years (100,000 years) following the seeding of the red nations tribes and their associated holograms. The Grand Masters added their holograms to the Sirian holographic wheels as they attempted to ascend a small number of red nations humans. As this occurred, they lost their separated off archetypes and holographic nature. At this time, all knowledge from all holograms is being utilized to create the new archetypes and new astrology for ascension. Much of the knowledge of ascension comes from the Grand Master holograms. Many reading these materials have body or birth time hologram of one of the following archetypal natures, as this is what causes the interest in ascension. One will see how different the nature of the Grand Master archetypes are from all others previously written of.

1. GOD GODDESS OF TIME

Related to the Syncopation of Time

Those of the “Time” archetypal nature tend to be grand magicians that can pull large groups of people together for common cause. These humans can utilize the spiritual knowledge to which they have access, to alter the human dream. Gandhi was an example of this archetypal nature in human form. Martin Luther King was another example. In this present time of Anu dominion, if those of the “Time” archetypal nature gain great fame, generally they are crucified by the powers that be. In the era ahead, these types of humans will be able to take positions of leadership and be respected for their capabilities enough that they shall not be shot at. In the recognition that fame is problematic, most of this nature remain behind the scenes, or work at the universities as professors, or take up positions near those in authority, perhaps becoming the trusted advisor instead of the leader themselves.

There is a sense that being “out front” is not safe for those of this nature. Many with this nature who are ascending and have the possibility of stepping into a leadership role will require confronting their own fear of crucifixion in order to fulfill upon this dream. Through ascension, one may release the karma for each time one’s ancestor of this nature was crucified, and then bypass manifesting such a problem in this lifetime.

2. GOD GODDESS OF ANCESTRAL KNOWLEDGE

Related to Record Keeping

Those of the “Ancestral Knowledge” archetypal nature tend to hold records of human history in their field and form. Many of this nature stored records in their biology as humanity fell in consciousness. As a result, those of this nature are often considered the key bearers or key holders in present time ascension; for as they ascend, the records that had been stored in their cellular structure are released. As the records are released, then human history can be understood enough that all other humans and kingdoms can release their karma; this allows for all to ascend. Those of this nature also may feel deeply surrounding the atrocities that have occurred throughout human history. It is because one is feeling the pain of all humans that fell in each time period that may make ascension very painful of those of this nature. Learning to feel one’s own karmic pain and return the pain that belongs to all others that one’s ancestry held records for might be one solution to this dilemma.

Sometimes those of this nature have a tremendous amount of knowledge at their fingertips. If one is not careful, this can cause one to go into “the arrogance of knowing it all”. Each of this nature must learn to discern between what records are associated with one’s truth and what records are associated with the truths of others; as one’s ancestor may have filed away all the records as humanity fell in a manner that is intertwined. Therefore those of this nature may wish to intend upon a recurrent basis to send back those records belonging to others of other holographic nature unto them, and retain only one’s own truth in the dance of life.

3. GOD GODDESS OF EVOLUTION

Related to the Cycles of Evolution

Those of the “Evolution” archetypal nature tend to be grand magicians that have the capacity to orchestrate groups for the purposes of ascension and evolution home. Often those with this archetypal nature have had little opportunity to express their gifts and talents in the current Anu based cycle of profit and gain. In India and Tibet, there are some of this archetypal nature that have gathered others and are ascending the group under the guidance of Earth and the new master oversoul of humanity not unlike SSOA. These humans are finding their way unto their truth in present time. Many drawn to the Group Mastery and Self Study programs are of this nature; the reason being is that the expression of interest in evolution and spiritual lessons is found in few other teachings in the West.

Those of this nature take life seriously and understand the spiritual lessons, ancestral lessons and karma that they are clearing this lifetime. Often those of this archetypal nature are loners, or if they are not alone and have relations with others of other archetypal natures, feel alone in the lack of understanding of their truth. If one of this nature attempts to lead others, they will succeed but not always be understood; this may lead to group conflict and an overthrow; or boredom with those that one is leading due to a lack of understanding. Those of this nature may find their way to becoming the teacher of ascension in this cycle, and be fulfilled in the dance instead of bored.

4. GOD GODDESS OF THE HUMAN SPECIES

Related to Human Akashic Records

Those of the “Human Species” archetypal nature have a close connection with the akashic records within oneself or for one’s entire species. Akashic records are information known as the “Tones of Creation” or the threads of vibrations from which the dream for the human species is woven along with the weaving of one’s etheric and physical vessel. Those that understand the tones of creation have an easier time ascending, as they inherently understand how the etheric body is woven together, and how new tones may be woven in to foster biological evolution. Those of this nature understand that the Language of Light is far greater than the simple symbols that have been created to depict them. Rather the Language of Light is a living library of information that can be drawn upon and applied to the field and form to ascend.

Many with this archetypal nature, much as the “Evolution” archetype may feel very much alone in this lifetime, and may feel that there are few that can understand their truth. If married or dancing with others, one still feels alone in the dance of life. One may fulfill upon one’s duties and obligations, but long for a time that the spiritual quest may be fulfilled upon instead. Now is the time that those of this archetypal nature may fulfill upon their truth. Many may also step out to teach ascension to others or found organizations to provide ascension

information to others in the decade ahead. Many drawn to Group Mastery and Self Study are also of this nature as they find support of their goal of ascension through the studies of the associated materials.

5. GOD GODDESS OF SOLAR CYCLES

Related to the Syncopation of Solar Time

Those of the “Solar Cycle” archetypal nature tend to be grand magicians who can orchestrate human ascension in relation to global ascension and in relation to solar ascension. These humans carry the most information on ascension of any others in relation to the consensus reality that one resides upon. Those of this nature inherently understand that all must ascend together and in unison, as these are the records of understanding that the biology holds. This is Oa’s birth and body time hologram, and this indeed is the role that he plays in association with SSOA and Earth.

Much like the above archetypes, those of this nature may feel very alone and misunderstood in the dance of life; or prefer to be alone and focused inward instead of outward. If those of this nature are involved with others or working, one may still feel alone or “different” and long for a time that the spiritual quest is all that one requires focusing upon. Now is the time that this focus can come to fruition. One can weave a dream in which one’s preoccupation becomes ascension. Perhaps those of this archetype will become teachers or healers of ascension; or found an organization for this purpose. Many drawn to Group Mastery and Self Study are also of this nature as they find support of their goal of ascension through the studies of the associated materials.

6. GOD GODDESS OF ASCENSION TO THE FIFTH DIMENSION

Related to Multidimensional Time

Those of the “Ascension to the Fifth Dimension” archetypal nature tend to be grand magicians who can orchestrate inter-dimensional shifts for oneself or the consensus that one resides upon. Often those of this nature have the capacity to hear and travel the dimensions or in other terms, have multidimensional awareness. This is Mila’s birth and body time hologram, and indeed she exhibits these gifts and talents.

Much like the above archetypes, those of this nature may prefer to be alone and focused inward, listening to one’s own guidance. If one shares of one’s guidance with others, one may most readily become the teacher. Outside of the interest of ascension, and if one is participating in the dance of life with the spouse or children or work, one may feel very much alone and misunderstood. Conflicts may brew between oneself and others due to how one’s inner truth dominates over one’s actions, and may not make sense to those only attuned to a 3D life. Perhaps those of this nature will allow their multidimensional channeling to be written and shared, allowing one to become the teacher; or found an ascension based organization or center. Many drawn to Group Mastery and Self Study are also of

this nature as they find support of their goal of ascension through the studies of the associated materials.

SUMMARY

One can see in the above materials the entire human dance and how it occurs due to a particular cast of characters that have a certain archetypal nature. The scripts for humans are drawn from the manner in which the archetypes interrelate with one another in the dance of life. We will be continuing to explore the nature of scripts in the materials that follow. Now in the workbook section of this chapter, we are going to have you assess your own experiences with others of variant archetypal nature in your personal life experience, and make intentions to release karma that may have been triggered at various time periods therein.

Namaste
The Earth Mother

CHAPTER 1 WORKSHEET

ASSESSING ONE'S OWN ARCHETYPAL NATURE ALONG WITH ALL OTHERS

The Earth Mother through Karen Danrich "Mila"
November 17, 2004

Dear Beloved,

This worksheet accompanies the first chapter of our Community Workbook. The purpose of these worksheets is to examine one's own patterning within through question and answers obtained through Muscle Testing or Pendulum. The accuracy of muscle testing or pendulum increases when one is grounded and running the proper gender based frequencies. As we pointed out in the introduction to this program, one way to assure a proper answer is to do 10 to 15 "Criss-crawls".

Criss-crawls are a simple exercise where one stands with feet slightly apart and then raises the right arm above the head and the left knee; then one slaps the right hand upon the left knee; then one raises the left arm above the head and the right knee; then one slaps the left hand upon the right knee; then much as a swimmer doing freestyle, one continues to do this back and forth until one has reset one's energy. Generally 10 to 15 sets of this exercise are sufficient enough to reset the energy flow throughout the body. This exercise causes the energy to flow to the left for men and right for women within the etheric grid work, which is the proper polarization for a positive answer through muscle testing.

A simple means of muscle testing is to place the thumb and middle finger together upon both hands. Then insert the two into what looks like a chain link fence. Then pull against each other. A strong response that does not pull apart is a "yes" answer; a weak response that pulls apart is a "no". As one completes the criss-crawls, one can then muscle test one's name with the question "Is my name (insert your name)?" and "Is my name (insert someone else's name)?" As long as the muscle strength is positive or strong for one's name, and weak for another's name, now you can go on to test your questions.

For easier testing, we are going to list all the archetypes upon a single page so that it is easier to muscle test or pendulum your answers. Then the questions will follow.

Namaste
Earth Mother

THE PLIADIAN ANU ARCHETYPES

1. **INNANA or APHRODITE, Goddess of Love**
INNANA IN LOVE INNANA THE QUEEN INNANA IN WAR
2. **ZEUS, Supreme God**
ZEUS THE STUD ZEUS THE BUSINESSMAN ZEUS THE MORAL ONE
3. **DIANA, Goddess of the Hunt**
4. **ATHENA, Goddess of Wisdom**
ATHENA IN THE ABUSIVE RELATIONSHIP ATHENA THE WISE ONE
5. **HERA, Goddess of Marriage**
6. **ARES, God of War**
7. **MERDUK OR HADES, God of the Underworld**
MERDUK IN LOVE MERDUK THE SCIENTIST MERDUK AT WAR
8. **APOLLO, God of Communication**
9. **HERMES, God of Death**
10. **DEMETER, Goddess of Fertility and Health**
11. **DIONYSIS, God of Illusion**
12. **HESTIA, Goddess of the Home**

THE ANU SLAVE ARCHETYPES

1. **THANATOS, God of Survival**
2. **EROS, God of Seduction**
3. **HEPHAESTUS, God of Power and Warfare**
4. **HERCULES, Hero, God of Love**
5. **POSEIDON, God of the Sea**
6. **ORACLE OF DELPHI, Goddess of Vision**
7. **HELIOS, God of the Sun**
8. **PAN, God of Nature**

THE RED SIRIAN HOLOGRAPHIC ARCHETYPES

1. ***GOD GODDESS OF THE EARTH MOTHER***
2. ***GOD GODDESS OF SEXUALITY OR SENSUALITY***
3. ***GOD GODDESS OF AUTHENTIC POWER***
4. ***GOD GODDESS OF UNCONDITIONAL LOVE***
5. ***GOD GODDESS OF CO-CREATION***
6. ***GOD GODDESS OF VISION***
7. ***GOD GODDESS OF THE SPIRITUAL KNOWLEDGE***
8. ***GOD GODDESS OF THE SOLAR SUN***

THE ALBYREON ARCHETYPES

1. ***GOD GODDESS OF FIRE AND ASH OR SMOKE***
2. ***GOD GODDESS OF AIR AND ETHER***
3. ***GOD GODDESS OF WATER AND VAPOR***
4. ***GOD GODDESS OF EARTH AND LAVA***

THE GRAND MASTER ARCHETYPES

1. ***GOD GODDESS OF TIME***
2. ***GOD GODDESS OF ANCESTRAL KNOWLEDGE***
3. ***GOD GODDESS OF EVOLUTION***
4. ***GOD GODDESS OF THE HUMAN SPECIES***
5. ***GOD GODDESS OF SOLAR CYCLES***
6. ***GOD GODDESS OF ASCENSION TO THE FIFTH DIMENSION***

ASSESSING ARCHETYPAL BIRTH NATURE

<p>1. What is my own archetypal nature from birth?</p>	<p>Body Archetype _____</p> <p>Birth Time Archetype _____</p>
<p>2. What other archetypes do I now express due to ascension? As one ascends, one integrates ancestors of other archetypal natures and then is capable of also integrating the information, gifts and talents that they once expressed.</p>	<p>Archetype 1 _____</p> <p>Archetype 2 _____</p> <p>Archetype 3 _____</p> <p>Archetype 4 _____</p> <p>Archetype 5 _____</p> <p>Archetype 6 _____</p>
<p>3. What other archetypes would I like to embody due to the possibility of the associated gifts and talents? One can intend to integrate one's ancestors associated with any holographic nature that one is associated in inheritance.</p>	<p>Archetype 1 _____</p> <p>Archetype 2 _____</p> <p>Archetype 3 _____</p> <p>Archetype 4 _____</p> <p><i>I intend to gather and integrate ancestors of my inheritance associated with each of the above archetypes.</i></p>
<p>4. What was the archetypal nature of my mother and father? One's body archetype is inherited from one's mother or father. Often one will have better relations with the one that shares one's archetypal nature.</p>	<p>Mother's Body Archetype _____</p> <p>Mother's Birth Time Archetype _____</p> <p>Father's Body Archetype _____</p> <p>Father's Birth Time Archetype _____</p> <p><i>I intend to release all karma with my birth parents to the degree that I can in this lifetime.</i></p>

<p>5. What is the archetypal nature of my siblings? Some siblings may have inherited your nature, and this generally occurs if there are many children in a given family. Small families tend to polarize into opposites that parallel the parent's nature, or grandparent's nature.</p>	<p>Sister's Body Archetype _____</p> <p>Sister's Birth Time Archetype _____</p> <p>Brother's Body Archetype _____</p> <p>Brother's Birth Time Archetype _____</p> <p>Sister's Body Archetype _____</p> <p>Sister's Birth Time Archetype _____</p> <p>Brother's Body Archetype _____</p> <p>Brother's Birth Time Archetype _____</p> <p><i>I intend to release all karma with siblings to the degree that I can in this lifetime.</i></p>
<p>6. What was the archetypal nature of my grandmother and grandfather? One's own archetypal nature will come down the family tree from one grandparent. One may be more in nature like the associated grandparent. This will give you an idea of other archetypes associated with your more recent inheritance.</p>	<p>Mother's Parents Grandmother's Body Archetype _____</p> <p>Grandmother's Birth Time Archetype _____</p> <p>Grandfather's Body Archetype _____</p> <p>Grandfather's Birth Time Archetype _____</p> <p>Father's Parents Grandmother's Body Archetype _____</p> <p>Grandmother's Birth Time Archetype _____</p> <p>Grandfather's Body Archetype _____</p> <p>Grandfather's Birth Time Archetype _____</p> <p><i>I intend to release all karma with my grandparents to the degree that I can in this lifetime.</i></p>
<p>NOTES</p>	

7. What is the archetypal nature of my aunts and uncles? One will begin to see the archetypes that one has most likely already embodied to date in the ascension to 1024. It is through the embracing of one's more recent ancestors that dogma is transcended through ascension. Dogma is a thought-form that pits one against the other and in which there is little room for unity. Unity requires that one come to greater balance than the thought-form of dogma allows for. As one mastered enough of the polarity in one's family tree integrating all the associated archetypes, then one begins to come to a greater state of balance within. Cousins will have archetypal nature like their parents or grand parents.

Mother's Side of Family

Aunt's Body Archetype _____

Aunt's Birth Time Archetype _____

Uncle's Body Archetype _____

Uncle's Birth Time Archetype _____

Aunt's Body Archetype _____

Aunt's Birth Time Archetype _____

Uncle's Body Archetype _____

Uncle's Birth Time Archetype _____

Father's Side of Family

Aunt's Body Archetype _____

Aunt's Birth Time Archetype _____

Uncle's Body Archetype _____

Uncle's Birth Time Archetype _____

Aunt's Body Archetype _____

Aunt's Birth Time Archetype _____

Uncle's Body Archetype _____

Uncle's Birth Time Archetype _____

I intend to release all karma with all aunts and uncles or cousins to the degree that I can in this lifetime.

<p>8. What is the archetypal nature of my children? Often there will be one or more children ascending with oneself, and one that is not ascending, as this is the nature of polarity. You will see based upon archetypes that are parallel your own who may be ascending and who may not be ascending.</p>	<p>Daughter's Body Archetype _____</p> <p>Daughter's Birth Time Archetype _____</p> <p>Son's Body Archetype _____</p> <p>Son's Birth Time Archetype _____</p> <p>Daughter's Body Archetype _____</p> <p>Daughter's Birth Time Archetype _____</p> <p>Son's Body Archetype _____</p> <p>Son's Birth Time Archetype _____</p> <p><i>I intend to release all karma with all of my children to the degree that I can in this lifetime.</i></p>
<p>9. What is the archetypal nature of my grandchildren or nieces and nephews? Grandchildren will often inherit the nature of their grandmother or grandfather. It is why relationships between grandparents and grandchildren are often better than between parents and children, as they understand each other.</p>	<p>Relation 1 Body Archetype _____</p> <p>Relation 1 Birth Time Archetype _____</p> <p>Relation 2 Body Archetype _____</p> <p>Relation 2 Birth Time Archetype _____</p> <p>Relation 3 Body Archetype _____</p> <p>Relation 3 Birth Time Archetype _____</p> <p>Relation 4 Body Archetype _____</p> <p>Relation 4 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all grandchildren or nieces and nephews to the degree that I can in this lifetime.</i></p>

<p>10. What is the archetypal nature of my significant other? Use a separate worksheet to understand the archetypal nature of all partners over time.</p>	<p>Partner 1 Body Archetype _____ Partner 1 Birth Time Archetype _____ Partner 2 Body Archetype _____ Partner 2 Birth Time Archetype _____</p> <p><i>I intend to release all karma with my current and former partners to the degree that I can in this lifetime</i></p>
<p>11. What is the archetypal nature of my significant other's children? One may see the nature of the conflict between one's partner's children and oneself and why they occur due to non-resonant archetypal natures. Use a separate worksheet to trace all children of all partners that you have associated with over time.</p>	<p>Partner's Daughter's Body Archetype _____ Daughter's Birth Time Archetype _____ Son's Body Archetype _____ Son's Birth Time Archetype _____ Daughter's Body Archetype _____ Daughter's Birth Time Archetype _____ Son's Body Archetype _____ Son's Birth Time Archetype _____</p> <p><i>I intend to release all karma with the children of my partner or former partners to the degree that I can in this lifetime.</i></p>
<p>12. What is the archetypal nature of my significant other's siblings? Use a separate worksheet to track all siblings of all partners that you have known.</p>	<p>Partner's Sister's Body Archetype _____ Sister's Birth Time Archetype _____ Brother's Body Archetype _____ Brother's Birth Time Archetype _____</p> <p><i>I intend to release all karma with siblings of my current or former partners to the degree that I can in this lifetime.</i></p>

<p>13. What was the archetypal nature of your significant other's grandmother and grandfather? One can see how one's partner's archetypal nature was passed down the family tree through this examination. One may also see why one gets along (or not) with one's mother-in-law or father-in-law due to their archetypal nature and yours.</p>	<p>Partner's Mother's Parents Grandmother's Body Archetype _____ Grandmother's Birth Time Archetype _____ Grandfather's Body Archetype _____ Grandfather's Birth Time Archetype _____</p> <p>Partner's Father's Parents Grandmother's Body Archetype _____ Grandmother's Birth Time Archetype _____ Grandfather's Body Archetype _____ Grandfather's Birth Time Archetype _____</p> <p><i>I intend to release all karma with my partner's grandparents to the degree that I can in this lifetime.</i></p>
<p>14. What is the archetypal nature of my friends? Each draws to oneself a wheel of friends that are opposite one's own archetypal nature. Such is the nature of how groups form. You can use a separate sheet of paper to account for current friends and friends of the past, along with friends in childhood or in one's teenage years. One will begin to see in this the karmic dance that you have drawn into your life through friendship.</p>	<p>Friend 1 Body Archetype _____ Friend 1 Birth Time Archetype _____ Friend 2 Body Archetype _____ Friend 2 Birth Time Archetype _____ Friend 3 Body Archetype _____ Friend 3 Birth Time Archetype _____ Friend 4 Body Archetype _____ Friend 4 Birth Time Archetype _____ Friend 5 Body Archetype _____ Friend 5 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all friends I have had over time to the degree that I can in this lifetime.</i></p>

<p>15. What is the archetypal nature of those that I have worked for over time? One will see the nature of those that one has had karma to work for over time, and how they have changed perhaps as one has ascended in this lifetime. Ascension began in most cases 8 to 10 years ago; and so you have been ascending for a long time. Use a separate worksheet to account for all bosses or employers over time.</p>	<p>Boss 1 Body Archetype _____</p> <p>Boss 1 Birth Time Archetype _____</p> <p>Boss 2 Body Archetype _____</p> <p>Boss 2 Birth Time Archetype _____</p> <p>Boss 3 Body Archetype _____</p> <p>Boss 3 Birth Time Archetype _____</p> <p>Boss 4 Body Archetype _____</p> <p>Boss 4 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all who I have been employed by over time to the degree that I can in this lifetime.</i></p>
<p>16. What is the archetypal nature of those who have been employed along with me, or those that I have hired (if one has been a boss themselves)? One will begin to see a cast of characters that has formed where one works between the boss and employees. This is the nature of group dynamics in the current human paradigm. Use a separate sheet to account for all that one recalls working with over time.</p>	<p>Employee 1 Body Archetype _____</p> <p>Employee 1 Birth Time Archetype _____</p> <p>Employee 2 Body Archetype _____</p> <p>Employee 2 Birth Time Archetype _____</p> <p>Employee 3 Body Archetype _____</p> <p>Employee 3 Birth Time Archetype _____</p> <p>Employee 4 Body Archetype _____</p> <p>Employee 4 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all others that I have worked with over time to the degree that I can in this lifetime.</i></p>

<p>17. What is the archetypal nature of my neighbors when I was a child? One may see in this how the archetypal patterns at work are parallel to the patterns that one grew up next to as a child. Use another worksheet to account for as many neighborhood parents and children as you can recall.</p>	<p>Neighbor 1 Body Archetype _____</p> <p>Neighbor 1 Birth Time Archetype _____</p> <p>Neighbor 2 Body Archetype _____</p> <p>Neighbor 2 Birth Time Archetype _____</p> <p>Neighbor 3 Body Archetype _____</p> <p>Neighbor 3 Birth Time Archetype _____</p> <p>Neighbor 4 Body Archetype _____</p> <p>Neighbor 4 Birth Time Archetype _____</p> <p>Neighbor 5 Body Archetype _____</p> <p>Neighbor 5 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all others that I have lived next to over time to the degree that I can in this lifetime.</i></p>
<p>18. What are the archetypal natures of those who I have associated with spiritually? You may begin to see a different pattern of associations from your childhood that is the result of the ascension of oneself and many others focused upon the spiritual path. Use a separate worksheet to include as many as you can think of in your current spiritual associations, and in your past spiritual associations.</p>	<p>Associate 1 Body Archetype _____</p> <p>Associate 1 Birth Time Archetype _____</p> <p>Associate 2 Body Archetype _____</p> <p>Associate 2 Birth Time Archetype _____</p> <p>Associate 3 Body Archetype _____</p> <p>Associate 3 Birth Time Archetype _____</p> <p>Associate 4 Body Archetype _____</p> <p>Associate 4 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all others that I have associated with spiritually over time.</i></p>

<p>19. What are the archetypal natures of the spiritual teachers that you currently or formerly associated with? Include in this those teachers that you read the books of that perhaps had great impact, but you never studied with personally.</p>	<p>Teacher 1 Body Archetype _____</p> <p>Teacher 1 Birth Time Archetype _____</p> <p>Teacher 2 Body Archetype _____</p> <p>Teacher 2 Birth Time Archetype _____</p> <p>Author 1 Body Archetype _____</p> <p>Author 2 Birth Time Archetype _____</p> <p>Author 2 Body Archetype _____</p> <p>Author 2 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all spiritual teachers that I have studied with over time, physically or in nonphysicality.</i></p>
<p>20. What are the archetypal natures of those in positions of governance in my region or country? One may see in this how it is those of Anu archetypal nature that generally procure the large positions of authority global wide.</p>	<p>Leader 1 Body Archetype _____</p> <p>Leader 1 Birth Time Archetype _____</p> <p>Leader 2 Body Archetype _____</p> <p>Leader 2 Birth Time Archetype _____</p> <p>Leader 3 Body Archetype _____</p> <p>Leader 3 Birth Time Archetype _____</p> <p>Leader 4 Body Archetype _____</p> <p>Leader 4 Birth Time Archetype _____</p> <p><i>I intend to release all karma with all humans in governance to the degree that I can in this lifetime.</i></p>

SUMMARY

We hope that you have enjoyed mapping out your current group relations in your own dance of life. Before we can begin to move towards unity, one must understand the dynamics of human relations that one is already in. One way to assess the dynamics is through archetypal natures. Each of the archetypes has a specific relationship to all others; this is founded upon traumatic or happy events that occurred in the ancestors of associated archetypal nature over time.

In the continued chapters of this workbook, we will discuss key occurrences that afflicted all human tapestries, along with specific instances that set in motion certain dynamics and patterns between certain archetypes. As the personal karma is addressed within that is triggered from our materials, then one may ascend beyond the disunity and disharmony that has been an inherent part of human relations for over 30,000 years (120,000 human years) in Earth's perception.

Ascension is about introspection. Introspection is an ability to look within and perceive oneself as one is; good, bad and perhaps even ugly. The ugly is really only a judgment; all patterns simply "are" as far as Earth is concerned. Finding one's way therefore to neutral assessment of self and all others is a good focus; for in the neutrality one will also see one's own patterning more clearly, and then in the clarity can intend to release whatever is founded upon discord or creates disharmony with others.

All archetypes exist in the human dance at this time. As enough ascend and release their karma, certain difficult archetypes will be phased out of the incoming gene pool and astrological pulls that govern human behavior. This can only occur if enough are willing to look within and release their karma with all whom one has ever known. As enough of the disharmonious archetypes in mankind are released, humans will quite naturally evolve to a state where harmony, unity and joy as the foundation of their existence. This is our hope and our dream.

Until our next communication,
Namaste
The Earth Mother



CHAPTER 2

INTENTION AND THOUGHT-FORM TRANSMUTATION

The Earth Mother through Karen Danrich "Mila"
December 26, 2004

Dear Beloved Ascending Human,

Now that you have assessed your archetypal nature and the nature of all others surrounding yourself, you can begin to analyze the thought-form behind the archetypes in the dance of life. Often the patterns occur today as they did long ago; or in similar variations upon a theme. For example, at another time, one archetype may have seduced another and produced an offspring. One never remained to raise the child, but instead leaves the other to its own experience of child rearing. In present time, this is reflected in a parallel set of circumstances where a child is conceived, but perhaps one parent never completes upon raising the child; or perhaps even abandons the other before the child is ever born.

The dance of patterning associated is karmic. Sometimes such karma may be of one's ancestry. Sometimes the karma may be a manipulation in which it was transferred upon one's ancestry. It may be hard to imagine that a seemingly tragic life circumstances was not even one's own karma to bear, and yet due to the manipulative nature of karma in the human dream, this occurs much of the time. It is also what makes karmic settlement almost impossible, as one often does not really recognize that it was not one's karma until much later in the ascension and as one rises to a higher frequency.

What to do? Forgive; forgive it all anyway. In the forgiveness, even karma that is not one's own melts away allowing one freedom and the ability to enter a new dance with all others in the life dream. Later and as you recognize that the karma was not yours to begin with, you can return it to the real origins; and then it will be up to those ancestors in present time to forgive the karma themselves in their personal ascensions.

THE NATURE OF FORGIVENESS

Forgiveness changes everything. Forgiveness states, *"I understand that you trespassed upon me and that I and my ancestors have trespassed upon you and your ancestors in like kind. We have gone back and forth and back and forth each trespassing upon the other, wounding ourselves in the dance of rejection, mutilation, pain, torture, heartbreak and annihilation. As I forgive my ancestors for the atrocities that they perpetrated, I also forgive yours, as we have all participated in the human dance throughout this experience upon Earth. No one is innocent; no one is to be blamed. One can only forgive and in the forgiveness, enter a new dance of freedom and unity."*

Forgiveness requires intention. The intent to forgive will bring about the circumstances that allow for the release of the pain and trauma recorded in the etheric vessel and cellular structure associated with the karma. Generally speaking, it is in the act of catharsis that one also learns the spiritual lesson associated with the patterning. As one cries a heap of tears, then one understands how one's ancestors have hurt others in a particular dance or another. In the feeling of the pain with one's own heart and emotional body, one learns the associated spiritual lesson; one will not harm another again as a result. As one learns the lesson, then the associated pattern in the field shifts, and one is free to attract a new dance in the human dream.

REJECTION AND MUTILATION OF FIELD

It is often the energetic dynamics between humans that hurts the most. A beloved rejects you; he or she tells you that you are not enough; that they do not love you; that you are not beautiful enough, do not manifest enough, are not wealthy enough, are of the wrong class or are born to the wrong family or of the wrong inheritance for a partnership. What really occurs in such a dance? The rejection is compounded; now every ancestor that was ever rejected for parallel reasons surfaces. Here is the dance again; we are rejected yet again. The pain is enormous; the heart contracts, and in the contraction, the one who rejects shatters the heart again; stripping you of your information, love, grid work, spiritual knowledge and so on.

The dance of rejection is just a game really, and a game for human to shatter human and strip information. Where does the information go? It goes to the nonphysical mostly and then up the dimensions to support other creations thriving off of the death of those upon Earth. You see, humans have information that nonphysical forces wish to harvest, as it is useful to other dances that they enjoy. Therefore humans are pitted against humans so that humans will destroy one another so that they are more readily "harvested".

Harvesting occurs in any form of rejection. Rejection occurs not only between beloveds, but also between parents and children, family members, friends, neighbors and work associates. What happens when one is "laid off"? One is rejected. The same pattern plays out in the lay off as between beloveds; one is stripped of one's spiritual knowledge by the group energy of the corporation. What happens when one's mother chooses to send one to boarding school? One is rejected and in the rejection, one loses one's spiritual knowledge to one's mother. What happens when one's mother or father or other loved one dies? One is rejected; and one loses one's spiritual knowledge in the death of another. This is what most mourning really is; one has lost so much knowledge as a beloved dies that one has fractured; and in the fracturing there is depression, pain and suffering.

Mila recalls a rejection of a 7-year relationship in her 20's. He would not marry her. She was not "enough". Mila recalls feeling as though she had a hole blown through her heart for many weeks thereafter; and she did. She also recalls having

massive pain in her hips, as so much was stripped of her sexual information and grid work in the rejection. It took her a year to recover. She recalls being pulled to walk in nature extensively during the recovery; nature assisted her in piecing herself together so that she could carry on and fulfill upon her spiritual life mission.

Relationships after this were never as cataclysmic for Mila as she was the one to reject the other in the end; and in so doing, she stripped the other instead, feeling all the better for it. Although being the one to strip feels better, Mila eventually recognized that the dance of rejection had to cease along with the stripping of anyone else in the life dance that she chose not to associate with. This lesson was learned through her dance as a teacher, and as she learned that it served not ascension to strip those leaving the program that perhaps could go no further. Stripping those who left caused them to fail to continue to hold the vibration that they had mastered thereby supporting human ascension and Earth as they could. In so recognizing that it was in the greater good of the whole not to strip, Mila ceased to strip anyone that departed from the school thereafter. Each ascending initiate may need to learn to do the same to be harmless and end the dance of stripping in rejection.

THE NATURE OF FEAR BASED PROGRAMMING

Programming also occurs between humans in friendships, at work, at home, and with the beloved, spouse, and significant other along with children. Programming is a series of spells laid into the field to suspend polarity in a particular set of thought-form. In relationship, significant others program one another to be the "good spouse"; parents program children to be "good little boys and girls" or conversely "the family black sheep".

Now why would parents program one child to be the black sheep? So that they have some place to push their own darkness upon. The family black sheep takes on the darkness of the family and then acts it out in many preoccupations including drug abuse, stealing from neighbors, or many other patterns such children go into. Sometimes teachers or counselors will "reprogram" the black sheep and they will recover. Many good counselors and psychologists along with psychiatrists know how to reprogram others to become what they believe is a "good human citizen".

Does this really resolve anything? Actually no it does not, as the parents will only go on to press their darkness someplace else. Perhaps another neighborhood child will now become the black sheep taking on the darkness of the family; or perhaps one parent will reverse polarize in middle age from depressing darkness onto others, and then take on the family darkness themselves thereafter. As this occurs, perhaps the parents will have an accident, or become diseased, lose their job, end up homeless, or any one of a series of possibilities that a dark dream can manifest.

There are organizations that are also gifted at “reprogramming” humans to be good citizens. This is what Alcoholic Anonymous offers to those in the West who associate. The group reprograms each associated to cease to drink; this does not resolve anything, for as many recover from the reprogramming, as many others then become alcoholics as the programming for alcoholism is pressed someplace else in the human dream. One can consider this polarity reversal; the alcoholic reprogrammed by AA ceases to drink, but continues to drink upon a parallel plane of reality. In counterbalance, another outside of AA ceases to drink upon a parallel plane and then begins to drink in the physical.

How does this work exactly? The programming to suspend the alcoholic in the dance of alcoholism is moved into a parallel life; and programming to “not drink” is brought into physicality. Programming and the associated spells can be pushed from plane to plane and cease to affect physicality. However this does not release the programming. Ascension is about releasing the programming upon all planes of reality that it resides so that one can be free of the associated polarity based thought-form thereafter.

ABOUT REVERSE POLARIZATION

Reverse polarization does not allow for evolution or ascension out of a particular pattern. Sometimes reverse polarization can aid ascension. If one has a disease, addiction, or other pattern that prevents further ascension, reverse polarizing the pattern to a parallel plane of reality through conscious intention may allow for enough of a recovery to allow for continued evolution. In health issues, this may be important, as if a disease compromises a significant organ, gland or system that could kill the body before it ascends, then reverse polarizing the ailment to a parallel life is a good thing. As the health is recovered, the ascension can take hold, and one can then address the underlying patterns, karma and thought-form at cause of the disease in the first place. This is important so that the disease does not re-manifest into the future.

We have had examples of those that have had surgery to remove a fatty tumor or cancerous growth. It is not wrong to work with the current medical system if necessary; and sometimes there is karma settled in the experience. However if one does not release the underlying cause of why one created the growth or disease, then it will only re-manifest again into the future and following surgery. Therefore it is wise to intend to release all associated patterns before having surgery, and then the surgery can be a success.

Reverse polarization therefore is a tool that can assist ascension when applied under certain circumstances that would prevent ascension otherwise. Reverse polarizing those things that one does not like in the current life experience without transcendence of the underlying cause of why one created the dance in the first place will only have the affect of one recreating the experience into the future; as one has failed to learn the spiritual lesson behind the manifestation. Therefore perhaps it is better to learn the lesson, release the karma through

forgiveness, and then one's dream can alter through ascension and never recur again, as one is complete.

This is the definition of completion, a thorough erasure of all thought-form and trauma from a particular vibration of experience in one's personal life and ancestry that locked the dance in a particular polarity of expression. When there is no longer a record of any prior experience of such a nature, nor any spells or machines to call a dream of such a nature into the life dance, the dance will not recur, and one is free to manifest a new dream without the old patterning associated.

ABOUT COMPLETION

Completion may take time with those that one has a load of karma with in the associated ancestries. If such a person is one's employer, then perhaps one will continue to work for the employer for years into the future, while releasing the karma layer by layer through forgiveness until one reaches a point of completion. As the completion occurs, one will free oneself from the employer and find a new occupation that better resonates. However, one is not obligated to remain with the employer, as any other employer with parallel karma will serve in the same karmic settlement. Therefore one can alter jobs without completion, completing what one can in the now, and carrying forth the next segment of karma with the next employer.

This also can be so for spouses. One may have lengthy karma in the ancestry between someone that one married in this lifetime; or the beloved that one is in relationship with. The karma can be settled by remaining in the marriage or relationship until it is complete; or perhaps one will choose to release the karma with others ending the union prior to completion. There are many ways to settle karma; one need not be married to those that one has difficult karma with. One may bring in such karmic associations as clients, friends, workmates, bosses, family members, or as acquaintances. This is what Mila did; she polarized the difficult relationship karma into her associations within the school. This allowed Oa to show up as a beloved who was supportive and nurturing of her. One may choose to do the same.

There are no absolutes in the dance of ascension. Many would like to create rules such as "you cannot leave the relationship or job or region until the karma is complete"; and yet if the karma is causing one to become diseased, then perhaps this is not wise. Ongoing dissonance is also non-supportive of ascension. Therefore a dissonant relationship can deter or prevent ascension. Learning to listen to the body along with one's soul is important in such major life decisions. If the body says "I will not make it if this relationship or job continues for another year or more" or "I will not be able to master due to the ongoing dissonance in this relationship or job" then perhaps one will end the relationship or job now, and settle the associated karma in another circumstance.

ABOUT KARMA

Karma is a dance of polarities that create a specific energetic exchange between two fields. In the example earlier in this chapter, as one is rejected, there is also an energetic exchange where one may be mutilated in the unconscious losing records, grid work and information. There are many other dances that occur between fields as karma is activated. The origins of such patterning occurred so long ago that even your ancestors do not recall. In some cases, the origins are from other creations or dimensions that one's multidimensional and multi-creational ancestors once lived.

Karma cannot be settled if it originated in other creations or dimensions of human life. Karma can only be settled if it occurred upon Earth. Therefore Mila and Oa have chosen to intend that all karma from other dimensions or creations that cannot be settled here as the original cause is elsewhere is "null and void". One may be required however to release the karma for parallel incidents that occurred in one's ancestry upon Earth. For completion with any pattern to occur, one must get back to the original cause of the first incident that occurred upon Earth in one's inheritance. This is what completion is; forgiving the original cause of a particular exchange between ancestors upon Earth.

As the original cause is forgiven, all associated spells holding thought-form in a particular polarity of dynamic releases, and one can come to the middle road between the two polarities. As one comes to the middle road, one can replace the polarity thought-form with the Language of Light in its place. This is how one masters the first ten base notes of the Language of Light and each part of the scale thereafter; one releases the original cause back in time to when one went into the extremes of polarity thought-form in their place.

ABOUT THE LANGUAGE OF LIGHT

One's ancestors once existed in a thought-form akin to the Language of Light. This language created a cellular structure that was regenerative and "crystalline" in encoding. The lineages that held a crystalline genetic structure and Language of Light encoding are primarily red nation or Lemurian in history. As one works one's way back through the past karma gathering ancestors associated with one's red lineages, one begins to recover both the DNA and language from the time that they existed in physicality. Then one must integrate the language into one's field in the NOW. As the language is integrated into the field, it will trigger the DNA that is crystalline to grow first in the etheric, and then in the physical.

Integration of thought-form can be likened to erasing the old thought-form and replacing it with the new or Language of Light. In order for the Language of Light to take hold, all thought-form associated with the old encoding must be thoroughly erased. If portions of the old thought-form remain, then there are holes and gaps in the Language of Light and in one's synthesis. Through the holes and gaps, one is more likely to lose chi and information than if they are more

thoroughly interwoven at any given vibration. It is for this reason that Earth is guiding each to be thorough about one's integration of the Language of Light.

One can determine if one is incomplete with embracing the full range of tones by choosing to recall missing sections or missing tones of the first 10 base notes of the Language of Light upon a daily basis. Earth brought through the "Elements Meditation" and Mila and Oa recorded it as an audio CD for this purpose. As one intends to retrieve missing notes upon the scale of the Language of Light, one will more readily perceive where there is other thought-form remaining in the field that blocks the retention of certain notes or portions of notes upon a recurrent basis. Then one can begin to intend to release the old polarity language that one is holding on to for a more thorough integration of the Language of Light.

Thought-form analysis is a good way to begin to work upon where one is held in polarity based extremes of pain, suffering, greed, judgment, fear, lust or death in one's field. The Language of Light assists in releasing the extremes so that one may move towards the middle path within. Earth would like to give each a better understanding of the energetic dynamics of polarity-based thought-form.



THE THOUGHT-FORM OF DEATH

**Polarity Based Thought-Form: *Begrudges and Never Begrudges*
Transmutative Frequency: *Forgiveness (pink)***

Death is a frequency in which the energy ceases to move altogether and is more or less frozen in time and space. Such non-moving energy is generally black in color. Those regions of the form frozen in the vibration of death are numb; one does not feel the pain that the region is in as the energy is not moving, and one cannot feel unless energy does move. When the energy of death first moves, one may begin to feel the pain that the body is in. As the black dissipates, generally anger or red is the first frequency that occurs. The anger is the remembrance of the original violation that caused the energy to cease to move or freeze. Sometimes one will feel angry as a result of moving the vibration of death. Feel the anger and eventually the red will dissipate becoming pink in color, which is forgiveness.

As the grudges of the past are forgiven, they release. It is grudges in the life experience or ancestral life experiences that create the vibration of death in any field. It was as one or one's ancestors said "I can never forgive them for what they have done" that the vibration of death is locked into one's field within the associated trauma. As one chooses to forgive the atrocities of the past in present time, then the death frequency can be released and transmuted.

ABOUT ETHERIC PROGRAMMING AND SPELL CASTING

Etheric programming is laid in utilizing the vibration of death to hook the spells or machines into a field. Spells are energetic webs hosting a particular thought-form. The mechanism that the spells hook into the grid work looks like a tiny needle; the needle is coated in a poison so caustic it causes the energy where inserted to freeze so that it holds. Spells are hooked in generally with 12 or 18 of such needles.

The spell then polarizes the dream in a particular direction; if the spell is for good behavior, then one attracts a dream for good behavior and ceases to be the black sheep of the family or neighborhood. If the spell is for being sober, one will cease to drink. If the spell is for marriage, one will find a partner and wed. If the spell is for a particular career, one will find oneself pursuing the associated career, or going to school to acquire the necessary credentials.

Schools lay in countless spells for this behavior or that behavior, or this career or that career. Corporations lay in layers of spells so that one will be the "good employee". The spells then attract a dream for the associated behavior or career into the life dance. Teachers or bosses along with parents that are gifted at spell casting in the unconscious are the ones who cast the spells. Sometimes teachers or bosses lay in spells for failure and then one fails to earn the credential thereby failing to manifest the career or is fired from the job. Generally those in power in any given corporation, school or organization are the one's who lay in the spells determining the outcome for each individual in association. Underlying the spells is karma where parallel spells were laid into one's ancestors.

All spells are laid in with the vibration of death; over time more and more spells are laid into any individual through their life associations and the ancestral karma triggered. The more spells that are laid in, the less the field spins freely over time. It is the continued spell casting that one receives throughout the life that contributes to the experience of aging and death in the current human dance.

The media also lays in spells. Through the media, one can receive spells in watching television, reading magazines or newspapers, reading novels or books, searching the web, playing video games, or engaging with electrical media of any kind. If one becomes sensitive enough through ascension, one will feel the spells as they go in, and will feel "ill" or "not so well" after engaging with such activities. Generally Mila and Oa have learned to erase the spells after engaging with activities such as searching the web for accommodations for travel. But what if one cannot reach the spell as it is in frequencies one cannot erase at this time in one's ascent? Ah here is why Earth guides ascending initiates to give up the media; there may be dark spells laid in through such sources that will then skew one's dream in a direction of great difficulty that if one simply chose not to participate, would not occur. Spells can be laid in any frequency surrounding the field, including layers of DNA one has yet to master in the ascent.

Receiving spells through the media works against ascension where one is trying to clear patterning to evolve. Engaging with media has the affect of laying more patterning in, and as such more fear based programming is created. Some ascending initiates feel the depression that they go into as result of the programming entering the field through the media. Leave the media behind engaging with nature instead, and one will not find oneself programmed. Instead one's field will move even more freely, allowing for feeling energized along with supported in the experience of transcendence.

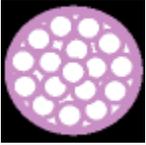
Drugs and alcohol are also problematic. Drugs and alcohol often attune one to the planes of death; the vibrations of death numb the field and one "feels better" or in

other terms, ceases to feel the pain that one is in. Ascension requires processing all emotions; pain, fear or anger that is not one's own can be returned to the source of origins; then one can process what is sincere to the trauma of one's life and inheritance. As one clears the trauma by moving the energy, one will feel the pain as one cathart; in the catharsis one comes to understand the associated spiritual lesson and can intend to forgive. In the forgiveness, the spell is released and one is free to attract a dream that is no longer skewed in the manner that the associated spells cause.

When Mila blesses alcohol, it is to aid in the act of transmutation. Perhaps she will cry even more so than without the blessed gin tonic. The alcohol is used to allow Mila to connect to the elements of air water fire and earth. In so doing there is a push from the elements moving her field even more freely and as if she were out in nature. The freed field then pushes the regions that are locked in death vibrations or spells allowing them to be easily released. In so doing, Mila does not engage with death planes in the use of alcohol.

Mila has also learned that it is all in the "intention". Drink to clear and ascend, and so it will be; drink to get drunk and so it will be. There are also machines and mechanisms associated with alcoholism along with ancestral karma; and so even in the blessing one may have to be careful to dismantle all mechanisms and spells and release all ancestral karma that causes one to become drunk. As all mechanisms are cleared, then one can freely enjoy the alcohol and it will support ascension.

Shopping malls and products also can be used as a means to program humanity. Often initiates do not feel well after a trip to the mall or grocery store. Generally this is because stores and the products within them are utilized to create spells in the nonphysical that transfer karma into one's field. The karma causes one to buy more at the mall or given shop or of a particular product. Ascension requires settlement of karma and not the continued addition of more karma; so becoming aware of how this occurs is important. One can intend to return all karma and release all spells after a visit to the mall or grocery store. One can also request guardians to block such an energetic exchange from occurring unless there are agreements for it. This is one manner in which guardians may be very useful in the dance of life.



THE THOUGHT-FORM OF PAIN

Polarity Thought-Form: Stubborn and Acquiesces
Transmutative Frequency: Structure (lavender)

The thought-form of pain occurs due to energy that moves but barely enough to allow for a release. The subtle movement of the energy leads to the experience of pain wherever the energy barely moves in the etheric body or field. As one applies more energy to the region through focus, gentle exercise or sun bathing, the chakras speed up in rotation surrounding the region allowing for greater movement of what is only slowly moving and in pain. This releases the pain. As the stuck energy dissipates enough, the pain ceases. First the dissipating energy may turn red as a reflection of the anger that was felt by the body at the time that the body went into pain.

It is often out of a stubborn state of being or the unwillingness to change that energy slowly moves. Change requires a speeding up in the frequency; as one releases instead of holding on, then the pain can be released. Holding on to the past often occurs as initiates move into fear about the uncertain future that the change ahead will bring forth. As one surrenders to the change, allowing oneself to move into the void of unknowing, then a new foundation can be constructed underneath oneself in the Language of Light. The intent to allow the change is often useful in such circumstances. This is transmutation in action along with the birth, death and rebirth cycles of ascension.

ABOUT ETHERIC MACHINES

Generally there are mechanisms that cause regions in any field to spin poorly. The mechanisms can be associated with programming or spells, but are more likely to be associated with etheric machinery. Etheric machines have come to be as soul and angels became bored with the human dance and created machines to spin the DNA, chakras or move the energy so that they could focus elsewhere in a dance that they enjoyed more. By and large, humans at 2 strands are so highly mechanized that there is no soul or nonphysical remaining other than fractured bits of soul known as personality; the personality is small enough to fit between the gears and straight lines of the etheric machines that soul orchestrated so that it could vacate the form.

As one ascends, one moves into a new structure of field rotation that precludes machinery. The new rotation is much like the consciousness symbol in the Language of Light; there are three spheres that rotate around one another. There are no edges to cut up soul; so soul can dance with a field of triple sphere that rotate and not be diminished, fractured or shattered. Soul has a hard time dancing with human fields that run straight lined flow as it shatters their nonphysical fields causing a



fall in soul consciousness. Therefore as humans ascend into a rotational field precluding mechanization, then soul can return to the dance with human form in the physical.

What do the machines do? The machines lock one into a particular polarity of thought-form or beliefs. The polarity then attracts a life dream that is associated with the beliefs that one holds. One then experiences the life dream that the machines attract. This is different from spell, which is a web of non-moving energy that locks in a particular set of beliefs in the field as well. In order to transcend polarity and embrace the Language of Light, one must remove both the machines and the spells within the field associated with each segment of fear based beliefs that one holds

How does one remove machines or spells? Intention. One intends to release and erase the regions that the machines or spells hook into or cross through the etheric body. As one erases where the machines or spells are hooked into the etheric body, the rotation of the chakras and subtle bodies dissipates the rest of the spell or machine from one's field. It is for this reason that having a daily sun bath, walk or swim is so useful in ascension, as in the physical activity, the chakras and subtle bodies rotate faster allowing what one is releasing to be spun off in greater ease.

De-mechanizing the field is a large part of the ascent to 3000 strands. As those ascending to 3000 strands continue to remove mechanization held inside the etheric body, then soul can more greatly infuse the vessel entering the lotus energy flow of the heart, pelvis and crown. As soul can enter the moving energy systems of the chakras, subtle bodies and lotus, one may begin to have clear guidance from within from one's soul, oversoul and source. In the meantime, one may rely upon muscle testing or messages from the personality. One can also intend to hear clear guidance from Earth.

Earth reaches into the field without fear of being fractured. Earth energy pervades the kundahlini and field running through the mechanization and spells. This is because Earth is such a large body that the human machines cannot really have any affect over her consciousness. Long before one may have clear guidance from soul, one can have clear guidance from nature and Earth. This guidance comes through the Earth frequencies that one can pull into one's heart and then listen; listen to what Earth or nature has to say about one's ascension. Because Earth energy pervades all things upon Earth, Earth will understand one's intimate and internal dance, as she is a part of it all.



THE THOUGHT-FORM OF SUFFERING

Polarity Thought-Form: *Helpful and Helpless*

Transmutative Frequency: *Power (peach)*

The vibration of suffering moves slightly faster than the vibration of pain, but not enough to allow for a release or change of the associated patterning.. The associated experience therefore is one of suffering, depression, and feelings of helplessness and hopelessness about the life experience and creation. As one learns to retrieve the power that one has lost to others, the power will foster a more rapid pace of rotation of field lifting one right out of feelings of helplessness or hopelessness and into a state of change. In the change, one has an opportunity to retrieve one's information lost over time, and in so doing, will find a new way of being that rises above the depression. One will begin to find one's hope again.

Over time, one's ancestry lost power and truth to others. Often the others holding the power and truth are of Anu inheritance in present time. As one retrieves the power and truth that one lost, one will build a new ascending truth founded upon the Language of Light. In the thought-form of the Language of Light, there need not be suffering; there can be continued transcendence as one continues to retrieve lost information and power in the ascent. The moment one feels depressed or helpless, one can begin to intend. In the intention to overcome the current difficulties, so it will be. In the intention to retrieve one's power and information, so it will be.

Both Mila and Oa have witnessed periods where they suddenly forget how to intend, or how to retrieve their information or power, or how to ground, or how to muscle test or work with the pendulum. Why does this occur? Information flows in an ascending field in two regions of domain; there is the moving energy system, and there is the akashic record (or information) that instructs the moving energy system on how to function. Lose either aspect, and one will find one's systems failing.

ABOUT INTENTION

Intention depends upon the subtle bodies. For intention to work, one must have all four subtle bodies intact. In addition to this, one must have the Language of Light present in the field to intentionalize with. Lose a large enough portion of any subtle body or enough of the Language of Light, and one's intentions will cease to work. Retrieve the missing information and tones of creation, release the karma for why one gave it to another, and one's intentions will begin to flow again.

ABOUT THE KUNDAHLINI

The kundahlini is required to clear karma. If one intends to release karma and has no fire flowing in the kundahlini to burn off the contracts, then the karma will not lift. Retrieve the information for the kundahlini if one has lost it to another; or retrieve the sexual moving energy system if one has lost it to another, and one's ability to release karma will be restored. Often a sign of the loss of kundahlini is feeling cool or cold, although this can also be a sign of death pictures. Death pictures are remembrances of ancestral deaths or mutilation of all kinds and are usually black or gray in color. Some humans throw death pictures to manipulate others into fear. Grounding out the death pictures is one way to cease to be manipulated by those that play this game.

ABOUT THE DIGESTIVE SYSTEM

The digestive energy system is necessary to integration of the new information that one's soul, oversoul and source have decoded from the past ancestral knowledge and DNA. If the digestive system is not working, one will cease to receive new information or release the old. If this occurs, digestion may also cease in the physical leading to gas, belching and indigestion. One may have lost the akashic records for the associated movement, or the chakras that move the digestive system may have been shattered. Restore the digestive system, and one's physical ability to digest will also be restored.

The digestive system is an energetic movement that propels information down the chakras above one's head from one's soul, oversoul and source to the akashic record keeper in the neck and hologram in the heart. The akashic record keeper keeps the new information while pulling and replacing old information from one's field, sending it down the grounding cord to be transmuted by one's larger chakras in the aurora of Earth.

One sign of losing the digestive system is a lack of grounding. As one seeks to retrieve the lost information on grounding and restores and reweaves the chakras under the feet, then the digestive system can be restored. Another sign of losing the digestive system is a lack of incoming information. Often this occurs as the chakras above the head are shattered. One sign of shattered source charkas is a headache. Reweave the charkas above the head and there is a pathway through which one's information can flow from soul again, and the headache will also lift.

Digestion is paramount to ascension, and when digestion ceases, ascension ceases. Cessation of digestion can create its own form of suffering as one sits in the patterning rather than releasing it. One way to get the digestion flowing again is to go for a 30 to 45 minute walk. During the walk intend to ground, repair the chakras above the head and below the feet plus anywhere else one may be compromised, and the energy will begin to flow again. Intend also to retrieve any information one has lost in a karmic encounter and to restore one's guardians. One can also ask nature for support in one's healing. One may also find assistance from any of the meditation CDs that Mila and Oa have recorded.

ABOUT MUSCLE TESTING OR PENDULUMS

Muscle testing or working with a pendulum has two components necessary to their function; there is the information on muscle testing or pendulum movement, and there is an energy system that allows for proper polarization so that one will get a “yes” answer when the body knows the truth. A yes answer occurs as the energy flows to the right along the horizontal etheric lay lines of the grid work in the feminine form; for the masculine form the energy flows the opposite or to the left in order to receive a yes answer to the truth of any question. The mechanism that supports muscle testing allows the energy to flow in the proper direction in the etheric body. If one loses this mechanism or the information to support the proper energy flow, muscle testing will cease to work. Intend to retrieve the missing information on muscle testing or the mechanism through which one properly polarizes the energy flow, and one’s muscle testing abilities shall be restored.

Those who tend to run the wrong frequency for one’s gender on a recurrent basis (running female energy as a male or male energy as a female) will have recurrent problems with muscle testing or use of the pendulum. Running the wrong gender based movement causes the energy in the etheric body to run in the wrong direction giving one the opposite answer (a no for a yes response). Intend to run the appropriate gender based tones and one’s ability to muscle test will become more accurate. Intend to release all the ancestral karma for why one has reverse polarized, and proper polarization will become an ongoing state of being allowing one’s muscle testing and pendulum work greater accuracy.

Muscle testing also is dependent upon whose body level energy is present in the field. If one is heavily intertwined with another such as family or friends or a beloved following a get together, one may have so much of another’s energy in one’s field that one’s muscle testing will give one the truth for their body and not one’s own. Intend in such moments to ground, synthesize and press out the energy of others down one’s grounding cord, and one will receive more accurate answers to one’s questions.



THE THOUGHT-FORM OF FEAR

Polarity Thought Form: *Accepts and Rejects*

Transmutative Frequency: *Compassion (turquoise)*

Fear is a frequency that moves but is so agitating and in such friction that it causes the body to go into terror. Fear or terror can be a flight or fright response of the biology, as in if someone is chasing one down the street and one is in fear for the life. Memories of fearful experiences from one’s ancestry will elicit the same response in the biology; suddenly one is in terror and for no seeming physical plane cause. The cause is simply karma that is up to be cleared where one’s ancestors were in great terror due to a traumatic experience during the time that they lived. As one spins the charkas more greatly through exercise, bathing,

swimming or a sunbath, the terror recorded in the etheric body will be spun off and one will recover.

Sometimes large pieces of karma may take days to release in which one feels the emotions of one's ancestry from the time that the traumatic incidents occurred. It is in the experiencing of the emotions that one also learns the deepest spiritual lessons in ascension. As one transcends one's fear and retrieves one's power that was lost in the trauma of long ago, then one transcends. This is also how one gains compassion for others in traumatic life experiences in present time.

Mila's spiritual teacher once claimed that fear was only a lack of information. If one retrieves one's information from wherever it has gone, then one would not be in fear, as one would know how to do what one was intending to accomplish in the life dance. To a great extent this is true. If one goes into fear, then it may also be a sign of missing information and one can intend to retrieve one's information from whomever one has given it to in this life or in one's ancestry. As the information returns, the body level fear will cease.

There are those who manipulate by pressing fear into the field of others. The terror of others is often more dissonant than one's own ancestral terror leading to extreme discomfort. In such circumstances, it is best to ground the fear that the other has manipulated one into down one's grounding; and then intend to release the karma for participation in the use of fear as a manipulative tool.

Retrieving power and information lost over time and in one's ancestry is perhaps one of the largest fundamental shifts that ascension brings forth. One's ancestors lost power and information to each that rejected, terrorized, tortured or harmed them over time. As one retrieves one's power and information, one then will cease to allow others to harm or manipulate oneself in present time. One also learns the vital lesson of why harming others is not wise; as it only assures that one will be harmed in like kind in one's future due to karmic return.

Out of the pain, compassion is born; compassion states "I will not harm another even if they harm me; I intend to retrieve my power so that they are powerless to harm me any longer. I intend to retrieve my information so I know how to become the dreamer and the dream, determining my own fate. I have compassion for all others who are harmed in present time, as I understand what it feels like to be in their position in the life dance. I hope that they too retrieve their power and information and work their way out of the dance of fear and harm."

GROUNDING AND BODY LEVEL FEAR

Body level fear is also associated with becoming ungrounded. Many of white inheritance have no genetic records for retaining a grounded state of being. Many in the West also run the wrong gender tones that prevent a connection to the Earth, as one's field is improperly polarized. When the body is continuously in fear due to a state of ungroundedness, the fright or flight mechanism continuously runs. This causes many health problems including what is often

diagnosed as “chronic fatigue”. Chronic fatigue is really the fatigue that the body goes into due to the continuous running of the flight or fright response due to a state of ungroundedness. Learn to ground more hours than not out of any day, and the body will relax, as it feels safe, and one will expend less energy out of fear thereby having more energy to work with overall.

Grounding creates a connection to the aurora of Earth. When one is connected, true spiritual law reigns; one will not create an accident or problem unless there is karma for it. Release the karma before the accident or problem occurs, and one will bypass the experience altogether due to the choice to ascend. The high level of fear that is prevalent today amongst most humans is more the result of a lack of grounding. This is less so in regions where there is proper gender frequencies run, such as in Mexico, Greece, Spain, South America and Africa; in such nations, grounding is also a genetic way of being.

As one pulls forward one’s ancient red roots, one can integrate genetic information on grounding contained in one’s red nation DNA. It was as Mila accomplished this task early in her ascent that grounding became an effortless state of being. Therefore for those that struggle with improper gender vibrations or a state of ungroundedness, intend to pull forward one’s ancient red genetic information on grounding. Also intend to call in an ancestor who is a powerful medicine woman or man to teach one how to run proper tones of creation for one’s gender. In so doing, grounding will become a natural state of being that supports one’s continued ascent into the future; and ongoing body level fear and the fatigue that it creates will also cease to be such an ongoing problem.



THE THOUGHT-FORM OF LUST

Polarity Thought Form: *Creates and Destroys, Praises and Invalidates.* Transmutative Vibrations: *Breath of Life (yellow) and Non-Conditional Love (silver)*

Lust is a frequency that moves slowly from one extreme to the other in a sticky form of frequency that vacillates to and fro. In one extreme, one lusts after another or lusts after a project or creation or a position of authority. In another extreme of the dance of lust, one rejects the other, destroys the creation and vies to destroy those in authority. It is the thought-form of lust that swings the polarity from creative to destructive cycles in the dance of life.

Each human has times of lust and times of destruction in one’s life to date. The times of lust are the life experiences in which everything goes one’s way; one gets the job and marries the spouse, and has the children, and buys the house. Then middle age polarity reversal hits, and the spouse wants a divorce. Now one loses the house and must pay a large alimony, living in poverty thereafter even though one has a well paying job. This is an example of lust in action in the dance of life.

Lust also causes attraction that is karmic. All karmic relationships are generally created through the frequency of lust. Lust attracts or repels. Lust that attracts

utilizes the art of seduction. Seduction causes the sexual energy to create an illusion of desire surrounding oneself; the other then acquiesces to the seduction and to one's desires. Over time and in any long-term relationship, the veils of seduction cannot remain, and one perceives beyond the illusion that one's partner originally seduced one with. Then one sees the other for who they really are, and perhaps they are not what one wished or expected. Over time, this may cause one to reject the other, which is only the opposite polarity to the original pattern of seduction and attraction.

POISON IN SEDUCTION

Lust frequencies are a sticky form of poison that over time slows down the movement of the chakras and subtle bodies. Those who are the most gifted seducers then poison themselves as well as others over time. This contributes to the experiences of aging, disease and death in the human dance. Seductive frequencies also allow enough slowing of field to program another. As one seduces, the field slows, and then programming can be laid in. This is how the media works; one engages in the poisonous sexual energy of the newspaper, magazine or television, and then programming is laid in while the field slows down due to the poison inherent in the thought-form. This is also how the government controls and subordinates the populace through the media.

It is also for this reason that Earth guides each choosing to ascend to give up the media and focus upon other preoccupations instead. The media if engaged with for hours each day can lay in more programming than one may be able to release in a single day of ascension. In so being, one may be ascending sideways, so to speak, or unable to rise in frequency beyond where one has mastered. The added programming also adds pain to the field that then must be processed in order to be released.

In transcending lust, one ceases to create and destroy as cycles in the life dance. Instead one moves into the middle ground of "breath of life" where one creates from the foundation of one's truth as an ascending being. Creating from one's truth is a joyful experience in which there is fulfillment in the act of manifestation. One is fulfilled in the writing that one brings forth, as in Mila's case; or in the painting or art that one creates, or the music that one writes and performs, or in the food that one lovingly prepares in the kitchen. The act of creation need not be poisonous and destroy. One can add the Language of Light to one's writing, art and meals or anything else that one chooses to do, and as a result, create a supportive ascension environment for self and others.

And here is one of the fundamental problems with the current paradigm. Most restaurants fill the food with poison in the seduction. The seduction seduces those who frequent the restaurant or chain of restaurants into eating there often; however following the initial seduction where the food may taste quite good, the digestion slows and perhaps one will even feel slightly ill. While the digestion is slowing, the nonphysical associated with the restaurant strips one's field of

information or moving energy systems or grid work, or may lay in programming that is non-supportive of ascension.

Mila and Oa have found that regardless of how expensive the menu or how talented the chefs may be, most restaurants seduce in this manner. Mila and Oa have learned to bless the food and ask Earth and their ancestors to cook for them instead, pushing their ancestors into the waiters and chefs. As a result, the seduction and poison that would normally flow through the food is blocked and Mila and Oa can enjoy their meals out at a restaurant. This is especially important as Mila and Oa travel and have no kitchen of their own to prepare meals within.

Actors seduce in the acting; musicians seduce in the performance. Often in the seduction, one's field will be badly mutilated or one will have spells laid in while enjoying the entertainment. In music, one also has to watch the words. If the words illicit thought-form that is nonproductive to ascension, one may find oneself intending the discordant, depressing, invalidating or abusive thoughts while singing along, which will then have the affect of calling a related life experience into one's future.

How does one divert such patterning? One may not be able to listen to all forms of music or attend many live performances.. What kinds of performances are supportive of ascension? Mila and Oa have found Hula and Hawaiian music more supportive than many other kinds of performances that they could attend. Hawaiians tend to run rotational sexual energy as they dance or perform; this kind of rotational energy is not harmful in most cases. With recorded music, Mila and Oa have intended to create their own planes of reality to listen to the music through which they cannot be seduced through or harmed in any way. This has worked best with instrumental music in their experience.

Seduction is also an interesting karmic pattern between individuals. Often one will seduce and in the dance strip the other of information, chi or power. Perhaps for a long time, one will enjoy the company of the one who seduces in the life dance, as they are entertaining and enjoyable to be around; until after a time one rises above the frequency of the seduction and feels the harm to the field. Perhaps one will find oneself ill following each gathering with the seductive individual. Now one may have a choice; does one continue the affiliation or does one separate as it harms one's field? One may intend completion, and if one can release the original cause, then perhaps the guardians will hold and block the act of seduction in the continued dance with the individual. Sometimes getting to the original cause is difficult until further ascension; until which one is continually compromised in the association. Perhaps it is better for ascension to cease to associate as a result.

BECOMING THE AUTHENTIC SELF

One may also discover that one seduces to be charming and well liked as well. In the seduction, one may also run veils and strip others in the unconscious. This only creates karma, and so is a good pattern to intend to release in ascension. In

the intention to release the requirement to seduce, one may move increasingly towards becoming one's authentic self. The authentic self need not put on masks to be something that they are not; the authentic self is comfortable enough in their own truth to simply be who they are in the moment, even if one is in pain or fear or turmoil. It shall be as many move towards being their authentic self that group relations can shift, as there will be room for the self-expression of each founded upon how one feels in the moment.

In tapping into how one authentically feels, one begins to discern what requires releasing in ascension. As one looks inward, one will see where one is seducing, or in judgment, or in lust, and can choose to release the associated patterns, belief systems and thought-form, moving ever towards unity as a new foundation. Therefore acknowledging how one authentically feels is important to continued ascension and can only be understood as one ceases to seduce or be seduced by others.

Often those who are sensitive are also prone to feeling the emotions of others. In such a state of being, one may have little knowledge of what one authentically feels as it is clouded by the feelings of others. This is especially so for those who tend to find their emotional body enmeshed with many others in the dance of life. As one disentwines through ascension, retrieving one's mental body and returning the pieces of the emotional bodies that belong unto others, then one will reach a point where one can feel what one's body legitimately feels in any given moment.

Lust or seduction is the primary means that folk become enmeshed; as one seduces another, sexual energy intertwines and as this occurs, the two fields become as one. Then one does not know where one begins and another ends. As the dance of seduction ends, then one can disentwine and remain sovereign in one's own truth. In so being, one can become their authentic self in all moments and in all relations.



THE THOUGHT-FORM OF JUDGMENT

Polarity Thought Form: *Master and Slave, Male and Female or Yin and Yang*

Transmutative Vibrations: *Freedom (pale yellow) and Divine Union (pale lavender)*

The thought-form of judgment is also a sticky energy that tends to transfer chi from one party to another. Those who are praised are inflated with more chi and into the dominant or "greater than" position; those who are invalidated are deflated into subordinate or "less than" position in the dance of life. Those in judgment transfer the chi from the one that they perceive as less than to the one that is perceived as greater than. Many who transfer chi to another who is perceived as greater than then inflates the individual into fame in the dance of life.

There are many levels of fame. There is minor fame as in the director of an organization or group. There is medium fame as in the governor of a city or region

or CEO of a profitable corporation. There is major fame as in the stars of Hollywood or gurus of the current metaphysical movement or president of a country. Fame collects chi and power from all who follow the famous one and the chi and power is utilized to inflate the field into regional, national or global proportions without evolution or spiritual mastery. Through famous folk, the dark strip the human species and in particular from whomever has given of their chi and power unto the famous folk. Therefore retrieving one's chi and power from all famous folk that one has touched upon in this life is important to one's ability to step out of the game and cease to be stripped by those forces present to cause humanity to fall to extinction.

In feeling less than or subordinate, one feels enslaved or less than free in the dance of life. Those in the dominant position may feel good in their position for a time, until the polarity reverses and they must take the back seat instead. No one likes to be on the "bottom" or enslaved. Often those upon the spiritual path have humble backgrounds with little power, and feel enslaved to circumstances in marriage, work, with family or with children, or in association with one's ability to manifest. It is because this type of human is humble that they are appropriate for the spiritual path of ascension.

HUMILITY AS A TEACHER

Humility is a grand teacher. Those who only experience life flowing in the direction that they prefer do not understand the struggles that allow the lessons of the spiritual path to be fostered. It is through the struggle that humans evolve at this current time in history. As one struggles, one is forced to retrieve the power that one has given away; forced to retrieve one's chi; and forced to transcend the very thought-form at cause of the manifestation of the difficult or traumatic life experience. If life is good, there is no requirement to transcend; if life is difficult, there is the motivation necessary to transcend into a better life that one can then dream weave for oneself.

Struggle varies for many. Some are happy in the life dance that they have created regardless of economic circumstance, the dance of relationship or living environment. Some just are not suited to evolution. Those suited to evolution know that they can be greater than they are. Sometimes those destined for the spiritual path confuse "greatness" with the desire for fame or fortune. *"Ah, I will contribute the most if I gain a following by writing an important spiritual book; I will contribute the most if I can create a healing foundation that many can work with to evolve; I will contribute if I can amass a fortune through which I may purchase land and build a temple devoted to ascension."* Beloved, if any of this was necessary to ascension, Mila and Oa would have accomplished this long ago. This is not what is required to ascend and is perhaps the largest trap upon the physical plane.

Judgment is often an internal state of being in which one criticizes oneself. Sometimes one feels "good" and superior; sometimes one feels not so good and "inferior" due to the internal voices in one's head. Where do the voices come from? All thoughts are associated with personality for those beneath 3000 in

frequency. As one masters 3000, one can begin to hear soul along with Earth and nature with greater ease. However the personality lingers and continues to give voice to its thoughts of fear and judgment, even for those mastering Bodhisattva in Earth's experience.

ABOUT PERSONALITY

The personality sits upon the mechanization that holds a particular polarity of thought-form in the field. Each human sits in a multitude of mechanized thoughts that drive any given day, week, month or year of the life. The thoughts attract a particular dream that resonates with the polarity that one sits within. In association with judgment, the thoughts will create circumstances where one is belittled, invalidated or reprimanded if one is in judgment of oneself; or conversely praised, awed, put on a pedestal and worshipped if one believes one superior to most others. Generally humans have areas in the life dance that they are praised and validated and areas that they are reprimanded and invalidated instead.

For example, one may be a gifted co-worker on the job that the boss and other workmates really appreciate and love. One may receive bonuses and assessments that praise one's capabilities. And yet at home with the family, or with one's mother or spouse, one feels invalidated; one is never enough; one is not beautiful enough, accomplished enough, capable enough and so on. Why is this so? One is inflated into the "better than" position at work and takes chi from others; at home one gives chi to others in counterbalance playing the "less than" position outside of work.

Intend to transmute the patterning, and the dance will change. As one ceases to give chi away at home, one will hold one's vibration and be perceived in one's truth. As one ceases to take chi from others at work, one can still stand tall in one's ascending truth, but make room for others to be equally appreciated as oneself. This type of shift leads to balanced giving and receiving and unity where each is validated for the contribution made in the dance of life.

As one alters the patterning within associated with judgment, one will also remove the personality entities associated with the judgmental thoughts. Mila learned long ago that all internal judgment was associated with the persona. As she commanded all judgmental beings out of her field, her self-judgment and judgment of others ceased, and a deeper level of inner peace resulted. Mila learned that the personality entered her field upon "perfect pictures" along with the mechanization. Perfect pictures are the pictures that one has been programmed with since childhood surrounding perfection and beauty. Such pictures tend to be white or opaque in color.

As one begins to intend to erase perfect pictures and then dismantle the associated mechanized thought-form, one will begin to transcend self-judgment along with judgment of all others. As one ceases to judge, one also ceases to take chi to puff oneself up or allow others to do the same. As one ceases to judge, one

learns to accept all others unconditionally in the dance of life; as one accomplishes this goal, one will also find that others accept oneself unconditionally as well.



THE THOUGHT-FORM OF GREED

Polarity Thought Form: Positive and Negative, Dominant and Subordinate. Transmutative Vibrations: Unity (pale pink) and Non-Conditional Governance (gold)

The thought-form of greed is a sticky vibration that causes dream to stick in one field and to be removed from the field of another. This is how one manifests a fortune; one may have the dream for the manifestation of 100 to 1000 to 100,000 other humans. One then manifest 100 times or 1000 times or 100,000 times the money and all associated possessions that a single human might manifest otherwise, such as property, furnishings, yachts, clothing, jewelry and so on.

Those that lose their dream to those of wealth struggle to manifest enough in comparison. Some live with 100 times less than they require; such humans may have all their needs met, but not in the style that they would like. Some live with 1000 times less than they require; such humans may just get by with enough to eat each day, week or month. Some live with 100,000 less than they require; these are the starving ones worldwide.

Over time, humans have learned to magnetize more dreams than they ever could fulfill upon in a single life. Such humans manifest houses that they own and never live within. Such humans manifest more clothing than they can ever wear. Such humans manifest so much that they have all needs met thousands of times over. And yet such humans may still be very unhappy within, as possessions cannot fill one, nor do possessions allow for a feeling of love or communion with soul. If anything, the attachment to so many possessions will leave the wealthiest more vacant within than those that live a modest lifestyle, as the field is an even greater leaky sieve due to all the attachment extending outside of the etheric body.

Those with wealth do dominate the world scene; sometimes they vie for positions of power within politics, the government, the banking system, or in whatever industry that they work. Success at this time in history is deemed the "be all end all" to existence. Alas it fulfills the human heart not. If anything, those of greed are filling themselves with all of the possessions that they could not have in a thousand lifetimes of poverty that their ancestors have lived in counterbalance. Alas, the wealth accrued in this life only means another 1000 lifetimes of poverty ahead, where the sense of starvation builds yet again, fostering the return of the same experience of greed into the future.

The only other option is to ascend out of such a dance. Many ascending humans who may have only known a modest lifestyle in this life have ancestors who amassed a great fortune in times past; and one has thousands of ancestors who starved or had minimal needs met in counterbalance. As one chooses to release

the patterning that creates the extremes of poverty and greed, then one will come to balance in which there is always enough to fulfill upon whatever one is desiring to make manifest in physicality.

Mila and Oa are walking examples of this; they do not have much or own anything outside of their car, clothing and a few kitchen accessories. They always manifest enough to travel in comfort when it is required, and live a modest lifestyle in the islands that fulfill their personal needs. There is always enough to produce the events, although sometimes due to manipulative patterns they have stressed about their finances as much of their dream was transferred unto another. Earth has always reweven their dream when this has occurred, as the events serve global ascension and therefore are required. This is an example of co-creating together for a common purpose that serves the whole. As such, Earth will never let Mila and Oa starve, or wind up homeless, or fail to manifest their events, as all is necessary to Earth's continued evolution.

Earth can only assist the dream weaving of those who have broken down the patterns of extreme lack or greed in the field. Lack and greed occurs within vibrations associated with group relations. In any group of 100, 6 rise to power. Some take all the beauty of the group, some the chi of the group, and some the dream of the group. Those that take the dream of the group tend to manifest more than they require. Groups are also intertwined and there are those groups that rise to power amongst a group of groups. 6 out of 100 groups rise to power, stripping the dream of the 94 other groups. Some nations also rise to power stripping the dream of 94 other nations. This is how some nations have a higher standard of living than others due to how more dream is allocated to some nations over others.

DREAM AND REGIONS

Some in our Group Mastery Program have also discovered that dream allocation is a regional experience. One couple newly married at Conclave a year ago moved to a small country town in Oregon. This town was impossible for them to manifest much other than just getting by. Earth perceived that there was too little dream per person in the region. Earth guided them to move to a larger metropolitan area where there was more dream; and sure enough it has been much easier for each of these two to manifest their dreams ever since. As an ascending human and until community develops, it may be easier to live in regions that supply more dream than there are humans available to receive it, as there will be more dream available to weave into one's field, allowing one more life choices.

Mila and Oa have also witnessed how much more difficult it was to manifest upon the Big Island of Hawaii than upon Kauai. The Big Island fosters a region with fewer dreams per number of people living upon the land, and an energy flow that evenly divides the dream amongst the inhabitants. Mila and Oa moved to this island to understand balanced giving and receiving, as this is what the energy flow fosters. During their time upon the Big Island, finances were always available but sometimes there was a struggle to retain the dream long enough so that it could

manifest in physicality. Earth assisted in these times and all transpired, as it should nonetheless, allowing Mila and Oa's events to fulfill upon their spiritual goals.

Why do certain areas have more dream than others? Within the human dream, there are pockets of greed and pockets of poverty. In the pockets of greed, there are more dreams available. Often this is also where the wealthy live or purchase investment property. Also there are those regions of domain that offer more dream than other regions of domain within the human dream. Therefore it may be easier for humans living in wealthier regions to manifest their dreams due to the availability of more dreams in the first place.

Universities and educational systems of all kinds always offer more dreams than most other human systems. This is because those entering the university are defining their identity; so dreams for all identities that the curriculum offers are available to draw upon. It may be for this reason that ascending humans will find it easier to go back to school to alter their dream to a new occupation; or one may also enjoy working for the university as there is so much more dream available to foster a new type of life for oneself.

Amassing a fortune while hating what one does is a contradictory state of being; and yet it is the state of being so many working long hours live to experience. Oa was a prime example of this; he had put himself through graduate school in computer engineering and could earn almost \$200,000 per year as an independent contractor. And yet he was miserable with his job, miserable with his marriage, miserable with his life, and depressed most of the time. What good is it to earn large amounts of money and have no joy? And yet this is what polarity does; one can have the money but not the beloved; one can have the possessions but not the joy. Alas the ongoing hatred of what one does also sends messages to the body of hatred, which tells the body to die.

THE BIRTH OF FULFILLMENT WITHIN

Earth is striving to allow another pattern to emerge amongst ascending humans, and that is associated with fulfillment within. If one is happy with what one is doing, then what difference does it make how much one earns as long as one's needs are met? Or how much dispensable income one has? Mila and Oa have learned this; they have enough for their dream to manifest each year and no more. They have yet to manifest a new car or even a new paint job on the old car, and yet the car continues to perform allowing them to use their funds for other purposes; mostly having to do with travel.

Will there be a new car? Now that Mila and Oa live upon Kauai, creating a new dream and having it manifest will be more likely to occur in greater ease, as there is more dream for new cars available. Earth perceives that they will have their new car in a year or two, and that the current vehicle will serve until such a time. Perhaps there will be enough for the new paint job in the meantime, as Kauai appears to allow Mila and Oa a little more prosperity.

Ascension is not about amassing a fortune. It is about creating the time for internal transmutation, and living in a region that supports one's biological evolution. Some have left behind careers for simple jobs such as house cleaning or becoming a waiter at a local cafe. It matters not what one does; one can bless the land or bless the food anchoring Earth and nature into the dance. The people then love the food, or really appreciate one's housecleaning due to how the home feels thereafter. One can be in the joy while one works in collaboration with Earth and in the communion with soul. This is why Mila enjoys writing so much as it places her in the communion and joy. This is why Oa enjoys creating their meditation CDs as it too puts him into a state of communion and joy.

EGO AND NEGATIVE EGO

Humble lives are what are required in order to ascend. Humble lives enjoy the beauty around oneself however it manifests. Humble lives lead to one who is willing to let go of their ego; and in so doing transcend. Ego is perhaps the largest obstacle to internal transmutation along with arrogance; ego must be surrendered the further that one masters. And what is ego anyway? Ego is body consciousness plus personality that thinks it knows it all and is superior; or conversely negative ego is body consciousness plus personality that thinks it knows nothing and is inferior. As one dismantles the ego and negative ego, one expels the personality and makes room for a new relationship with soul, oversoul and one's source.

Soul has little interest in the pursuits of ego. Soul has spiritual evolution in mind. An experience that is humbling therefore offers the possibility of learning a spiritual lesson in the dance of life. Soul may therefore allow a humbling experience or a time of struggle to allow the lesson to be learned; and in the learning there is transcendence of more of the ego, which gets dismantled along the way. Such is the path of ascension.

As soul enters the dance, one will begin to feel loved and fulfilled from within. Such an experience leads not to superiority or inferiority, but to an internal feeling of the power necessary to accomplish one's physical plane goals and fulfill upon one's soul purpose. What is one's soul purpose? One's soul purpose is to ascend and to trigger the ascension of others. Any occupation or preoccupation that accomplishes this task therefore fulfills upon one's soul purpose upon the physical plane from Earth's point of view.

One can trigger ascension in self and others while blessing the food served at a restaurant, or the land of the homes that one cleans, or in working on a farm or with an organic garden, or any one of a million other creative possibilities including refurbishing houses. One can trigger the ascension of others by creating music or art that anchors Earth and nature. One can trigger ascension of others in becoming the teacher and healer of ascension. The key to fulfillment is to love what one does; this requires one to find what one passionately desires to do and that the body enjoys participating in, and then to take the strides to alter the life to fulfill upon such a dream.

It is Earth's observation that if all humans were fulfilled from within, there would be no wars, nor would there be dissonance between neighbors. Therefore the restoration of an internal state of fulfillment and love is key to world peace in the human dream. It is this dream that ascension makes possible. As one dismantles the patterns that leave one feeling unfulfilled, one's life will begin to change. First perhaps one will leave behind the occupations or partnerships that leave one in misery. Then one may leave the region where one lives for a more supportive region that brings the body joy to live within. Then in time one may relocate into a community of ascending others to co-create a new form of civilization in which unity, honor, abundance and joy are the foundation. This can only occur if each is willing to assess their patterning and karma within and choose to transcend; for fulfillment and love is an internal state of being, and no creation outside of oneself can provide that for anyone.

THOUGHT-FORM TRANSMUTATION

How does one find one's way to fulfillment and joy? One begins to examine the thought-form behind why one feels depressed, anxious, frustrated, filled with body aches and pains, filled with incessant thoughts that are unpleasant or self condescending, or any other predicament that one finds oneself in. Underlying any predicament is a series of beliefs that lock in the experience upon the physical plane. The beliefs then attract life circumstances into one's dream that are associated.

Therefore, for any experience that one has manifested, or any experience one finds oneself in that one desires to release and transcend, one can begin to examine the beliefs that created the circumstance. Then one can create intentions that incorporate the Language of Light to reprogram one's polarity based beliefs into a new foundation of unity-based thought-form. As one reprograms oneself for unity, a dream for unity can then be called into the life dance.

One is a living movie script that is founded upon beliefs. Whatever one believes is what one lives to experience. Alter the beliefs, and one will alter the foundation from which one creates one's life dance. Reprogram the beliefs with unity-based thought-form, and one will begin to live a unity-based life. What is a unity-based life? It is a life where forgiveness, unconditional love, compassion, abundance, freedom and joy can reign.

Most humans live their lives founded upon 12 beliefs. These beliefs create the life one has known as one existed below 3000 strands of DNA. Each of these beliefs will be transcended in the ascent to 3000. For those who have yet to master this level of transcendence, this is what one is working upon today. There are two sets of beliefs listed below; one is for white or Anu or Anu-slave inheritance; and the other is for those of red indigenous inheritance. Those with ancient red indigenous lineages will find that they may operate with both sets of beliefs.

Each belief has machines and personality associated. As each takes time to acknowledge the beliefs that one is still operating within, and create intentions to reprogram oneself towards unity, there is an opportunity to transcend. As one modifies oneself from the inside out, the external life experience will alter accordingly.

Mila recalls working on her beliefs surrounding invalidation and subordination primarily. She was surprised to witness how her mother changed in behavior towards her the further she dismantled her own internal beliefs. Her mother was abusive and extremely invalidating. There was never a visit where Mila was not criticized for what she was doing, how she was raising her son, or how she dressed, or how her hair looked or was cut in the moment. Over time as Mila modified the beliefs surrounding invalidation in her field, her mother changed and began to compliment and validate her instead. Why was this so? The personality that formerly invalidated Mila could no longer dance in her mother in Mila's presence, as there was no mechanization and programming left to call them into the interaction.

As each takes the time to analyze the beliefs that one holds, and intends to dismantle them from the inside out, life will change. One's internal state of being will first change; and then the outer reality and reactions of others will also alter accordingly. This is the gift of ascension. Through ascension one has the power to alter one's reality from the inside out. As the reality alters within, then there is an opportunity for changes in the life dance and dream.

ANU AND ANU SLAVE BELIEFS

1. **I Love or I Hate.** *I intend forgiveness.*
2. **I Consume or I Am Consumed.** *I intend unity.*
3. **I Am Fearless or I Fear.** *I intend to retrieve my power for in one's power there is no fear.*
4. **I Win or I Lose.** *I intend compassion and there are no winners or losers, only spiritual lessons in the dance of life.*
5. **I Succeed or I Fail.** *I intend breath of life and co-creation with soul, oversoul and Earth and Earth in all that I do.*
6. **I Am Superior or I Am Inferior.** *I intend non-conditional love and the dance of unity where all is equal.*
7. **I Justify or I Am Unjustified.** *I intend freedom to stand in my truth.*
8. **I Analyze or I Intuit.** *I intend divine union where I receive guidance from soul and Earth.*
9. **I Trust or I Distrust.** *I intend unity where all supports my choice to ascend.*
10. **I Control or I Am Controlled.** *I intend non-conditional governance where all are allowed their sovereign journey.*
11. **I Validate or I Invalidate.** *I intend unity in which all truths are honored.*
12. **I Live or I Die.** *I intend a complete biological ascension in this lifetime.*

RED NATION BELIEFS

1. **I Honor or I Dishonor.** *I intend unity and honor in the dance of life.*
2. **I am Free or I am Imprisoned.** *I intend freedom through completion of karmic debt through ascension.*
3. **I Support or I Undermine.** *I intend the power I need to fulfill upon my spiritual goal in this lifetime.*
4. **I Accept or I Reject.** *I intend to unconditionally love and acceptance of self and all others.*
5. **I Am Friends or I Am Enemies.** *I intend forgiveness and unity amongst my ancestors and with all others in the dance of life.*
6. **I Am Powerful or I Am Powerless.** *I intend to retrieve my power from whomever I have given it unto in this life and throughout my ancestry.*
7. **I Am Prosperous or I Am Impoverished.** *I intend bounty and enough to fulfill upon my soul purpose. I intend to become the dreamer and the dream.*
8. **I Am Truth or I Am Non-Truth** (Takes on another's truth). *I intend my truth in action.*
9. **I Foresee or I Am Blind.** *I intend opening to my inner knowing and inner landscape along with holographic communication with Earth, nature and soul.*
10. **I Participate or I Witness.** *I intend to be a peace with my role in the dance of life.*
11. **I Take or I Give.** *I intend balanced giving and receiving along with bounty in the dance of life.*
12. **I Subjugate or I Am Subservient.** *I intend to stand tall in my ascending power and truth, and honor the power and truth of all others.*

SUB BELIEFS

There is no end to beliefs. Each belief may have twelve sub beliefs that are associated. In order for a complete transmutation to occur, each sub belief must also be assessed and transmuted. Let us take the belief of "I Am Powerful" and "I Am Powerless" and analyze the twelve sub beliefs as an example.

I AM POWERFUL

1. **I Dictate.** *I intend to allow each their self-expression and contribution to the dance of life.*
2. **I Rule.** *I intend to allow each freedom to determine their own fate and make their own life choices.*
3. **I Dominate.** *I intend unity and equality.*
4. **I am Inconsiderate.** *I intend to listen and understand what others have to say.*
5. **I am Uncompassionate.** *I intend compassion in action.*
6. **I am Demanding.** *I intend honor in the dance of life.*
7. **I am Fierce.** *I intend peace in all relations.*
8. **I Argue.** *I intend unity in the dance of life.*
9. **I Win.** *I intend equality where there are no winners or losers, only the spiritual lessons in the dance of life.*
10. **I am Corrupt.** *I intend integrity.*

11. **I Bargain.** *I intend to stand in my truth and retrieve my information to ascend without making any bargains with the dark.*
12. **I Destroy.** *I intend to end the dance of destruction giving birth to unity in the dance of life. In unity, nothing is to be destroyed as everything serves the whole; each has a place in the whole and each can contribute something that supports the whole in its choice to ascend and evolve.*

I AM POWERLESS

1. **I am Dominated.** *I intend to stand in my truth in all that I do.*
2. **I am Controlled.** *I intend to follow my truth in all that I do, turning inwards to determine my path.*
3. **I Subordinate.** *I intend to retrieve my power from all whom I have given it unto. I intend unity and equality.*
4. **I am Considerate.** *I retrieve my power to speak my truth from all whom I have given it unto. I intend to speak my truth regardless of how others react.*
5. **I Emphasize.** *I intend compassion in action. I intend to separate from the fields of others and learn how I feel alone and in a sovereign state of being.*
6. **I am Used.** *I intend to honor myself and have all others honor me in the dance of life.*
7. **I Give Too Much.** *I intend balanced giving and receiving in each interaction.*
8. **I Lose.** *I intend unity in the dance of life where each has their place and there are no winners or losers.*
9. **I am Inferior.** *I intend equality in the dance of life. I intend to cease to give chi to those in power.*
10. **I am Easily Corrupted.** *I intend integrity towards all others and myself.*
11. **I am Give In.** *I intend to stand in my truth and retrieve my information to ascend without making any bargains with the dark.*
12. **I am Destroyed.** *I intend to end the dance of destruction giving birth to unity in the dance of life. In unity, nothing is to be destroyed as everything serves the whole; each has a place in the whole and each can contribute something that supports the whole in its choice to ascend and evolve.*

SUMMARY

As one begins to assess all of the beliefs associated with any particular polarity that one has founded one's life expression upon, one may find many other sub beliefs associated. Each sub belief can be dismantled through intention to embrace a Language of Light alternative. As one intends a Language of Light alternative, one then commands one's DNA and patterns along with personality to be modified accordingly.

Making intentions for unity are macro commands to the field and nonphysical that supports one's ascent. The nonphysical then brings up the next layer of programming and thought-form requiring transcendence for the intent for unity to be mastered. In analyzing one's own thought-form, one can then drive one's own ascension "home" to a life of unity and joy.

We hope that each has found the information useful in this chapter. Next we will have a worksheet for examination of one's own current state of being and the thought-form and sub thought-forms that are required to be released and transmuted in order for the Language of Light to be more greatly anchored as one's new operating system to weave one's dream.

Namaste
The Earth Mother



"Divine Union Flame" by Judith Anya Roderick

CHAPTER 2 WORKSHEET

INTENTION AND THOUGHT-FORM TRANSMUTATION

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"
December 26, 2004

QUESTIONS FROM THE MATERIALS

<p>1. Who am I still holding grudges against, from traumatic incidents or rejection in this lifetime? Use another worksheet so that all that one bears grudges about is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to forgive the above persons in full balancing the scales of karma between us. I intend to forgive our ancestors for the related experiences throughout time and space and form upon Earth. I intend that my ancestors forgive along with me balancing the scales in full.</i></p>
<p>2. Who have you rejected in this lifetime? One may have taken information and knowledge from those that one has rejected. Rejection can include those that one left behind that one was close to as one moved, or due to other circumstances one had seemingly no say over in one's life.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to return any information belonging to the individuals that I have rejected in this life over time. I intend to return any ancestral information that my ancestors took from those that they rejected in their lifetimes. I intend to balance the scales in the associated karma in full and cease to take from others that I choose not to affiliate with again into the future.</i></p>

<p>3. Who has rejected you in this lifetime? One can lose information to those that have rejected oneself in any manner in this lifetime, including friends, family, schoolteachers, employers or other acquaintances. One can also lose information as another family member or one that one is close to dies.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend retrieve any information belonging to the individuals that have rejected me this lifetime. I intend to retrieve any ancestral information that my ancestors lost to those that rejected them in their lifetimes. I intend to balance the scales in the associated karma in full and cease to give to others that reject for any seeming reason in the life dance. Rejection is not rejection; it is only the result of karmic completion in the life dance. I intend to complete with all other non-ascending humans that I know in this lifetime. I intend the birth of new ascending friends and community.</i></p>
<p>NOTES</p>	

<p>4. Who have I programmed in this lifetime? Use a separate sheet if necessary. Those who program others are gifted magicians in the unconscious. However programming creates karma and does not allow the other to ascend.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend retrieve all programming that I have laid into others in the life dance to date. I intend to push others into the role of holding programs that others rely upon to sustain their sanity. I intend to cease programming others from this point forward and choose to trigger and support ascension instead.</i></p>
<p>5. Who has programmed me in this lifetime? Use a separate sheet if necessary. Those who program have programmed you over time has held you in a particular set of polarity thought-form that requires transmutation in order for the Language of Light to take hold in one's ascending field and biology.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend return all programming that I has been laid into me over time layer by layer as I am ready to release the associated fear based beliefs. I intend to block others or the media from laying in new fear based programming into my field. I intend to anchor guardians to block any programming from being laid into my field into the future (unless there is karma to justify it). I intend to release all karma for programming and being programmed in my ancestry.</i></p>

<p>6. Who in my current life dance is non-supportive of my goal to ascend? Use a separate sheet to list others if need be.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to learn the spiritual lessons that the difficult humans reflect in my life dance. I intend to complete in full with each of the above individuals balancing the scales of ancestral karma between us. I intend to let go of any association that prevents my continued ascent. If I cannot complete in the release, I intend to create others of less intimate relationships to complete the associated difficult karma with.</i></p>	
<p>7. Muscle test or pendulum the Language of Light that one has integrated into the field to date at one's current level of ascent. We only list the 10 base notes here. One can go through the entire scale, however the first 10 provide the tones that are combined to create the following 48 base notes and 144 notes in the full scale.</p>	 <p>Forgiveness</p>  <p>Structure</p>  <p>Power</p>  <p>Compassion</p>  <p>Breath of Life</p>	 <p>Non-Conditional Love</p>  <p>Freedom</p>  <p>Divine Union</p>  <p>Unity</p>  <p>Non-Conditional Governance</p>

<p>8. Muscle test or pendulum the Language of Light that one recurrently loses either entirely or portions of. Each note of the Language of Light has a range of color sound and movement within it. Intend to retrieve the missing notes and portions of notes in the scale now.</p>	 Forgiveness  Structure  Power  Compassion  Breath of Life	 Non-Conditional Love  Freedom  Divine Union  Unity  Non-Conditional Governance
<p>9. Muscle test or pendulum whom you tend to give your Language of Light to. Use a separate sheet to list others if need be.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to release karma with those that I give my tones of creation to. Each has the possibility of ascending and mastering their own tones of the Language of Light. As such I need not give my tones of creation away. I intend to release all karma in my ancestry for giving my tones of creation away. I ask all ancestors to join me now and release parallel karma for their lifetimes retrieving all language lost in their respective incarnations.</i></p>	

<p>10. Who do I tend to give my power to? Use another worksheet if necessary so that all those that one gives power unto is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to retrieve the power that I have given to all others in this lifetime so that I can stand in my truth and ascend. I intend that I retrieve all power that my ancestors have given to others in their respective lifetimes. I request that my ancestors retrieve all their power. I forgive myself and my ancestors for giving power away.</i></p>
<p>11. Who do I tend to take power from? Use another worksheet if necessary so that all those that one takes power from is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to return any power belonging to individuals that I tend to take power from in this lifetime. I intend to return any power that my ancestors took from others in their lifetimes. I intend to enter the paradigm of unity in which each may be empowered to stand in one's own truth and to contribute to the collective dream of the whole. I forgive my ancestors and myself and for taking the power of others.</i></p>

<p>12. Who do I tend to give my information to? Use another worksheet if necessary so that all those that one gives information unto is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to retrieve the information that I have given to all others in this lifetime so that I can stand in my truth and ascend. I intend that I retrieve all information that my ancestors have given to others in their respective lifetimes. I request that my ancestors retrieve all their information. I forgive my ancestors and myself for giving information away.</i></p>
<p>13. Who do I tend to take information from? Use another worksheet if necessary so that all those that one takes information from is acknowledged. Information is specific to one's own inheritance. The information of others is useless for the purposes of ascension as DNA is inheritance specific in the transmutation to the crystalline structure.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend return any information belonging to individuals that I tend to take information from in this lifetime. I intend to return any information that my ancestors took from others in their lifetimes. I intend to ascend into the genetic records that are of my sincere inheritance. I intend to support each ascending human in recovering one's own records for ascension. I forgive my ancestors and myself for taking information from others.</i></p>

<p>14. Who do I allow to seduce me? Use another worksheet if necessary so that all those that one is seduced by is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to be seduced by others. I intend to allow others to be their authentic self in all circumstances. I intend to embrace others unconditionally as they are in the moment. I also allow others to change through ascension. I intend to release all karma in my ancestry for seduction.</i></p>
<p>15. Who do I tend to seduce? Use another worksheet if necessary so that all those that one seduces is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to dismantle all patterning in my field that causes me to seduce others. I intend to accept myself as I am. I intend to cease to wear masks or make false pretences from the desire to be loved or accepted. I intend unconditional acceptance of self in the moment. I intend to release all karma in my ancestry for seduction.</i></p>

<p>16. Who of small, medium or great fame has seduced me in this lifetime? Use another worksheet if necessary so that all those that one has worshipped in this lifetime are acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to retrieve all power, information or chi that I have given unto those that I have worshipped in this lifetime. I intend to take such individuals off their pedestal and acknowledge them as a fellow human that is no greater or lesser than myself. I intend to create my own dreamtime separate from the planes of seduction in association with all music that I enjoy. I intend to release all karma in my ancestry for fame.</i></p>
<p>17. Who do I tend to judge as "less than" in my life experience? Use another worksheet if necessary so that all those that judges as less than is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to judge others. I intend to remove all personality entities that judge now. I request that Earth replace the personality with those who will honor my intention to ascend along with my intention to ground into physicality. I intend to release the machines, spells and beliefs that cause me to judge others as I can in my continued ascent. I intend to return all chi I have taken in the perception that I am superior to others. I intend to release all karma for judgment in my ancestry.</i></p>

<p>18. Who causes me to feel "less than" and judged in my life dance? Use another worksheet if necessary so that all those that one feels inferior unto is acknowledged.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to set boundaries such that judgmental and invalidating personality has no permission to be in my presence within others. I intend to release my karma, thought-form, beliefs, machines and spells that cause me to feel inferior and to give my chi to others. I intend unconditional acceptance of self and all others. I intend to release karma for the dance of inferiority and superiority that has occurred in my ancestry.</i></p>
<p>19. Who do I tend to give my dreams away unto? Use another worksheet if necessary so that all those that one takes one's dream to is acknowledged. As one loses dreams to others, others manifest one's hearts desire. Then one ends up jealous of the other as they have manifested one's dream. Through ascension, one can retrieve one's dream and release the karma so that one may live to experience it instead.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend retrieve my dreams from those I tend to give my dreams away unto. I intend to release all ancestral karma to give my dreams away. I intend to release all karma for ancestors who existed in poverty due to a lack of a dream to cause otherwise. I forgive those who take my dream in this lifetime and who took my ancestors' dreams in lifetimes past. I intend to cease to participate in the game of dream exchange so that I can become the dreamer and the dream.</i></p>

<p>20. Who do I tend to take dreams from? Use another worksheet if necessary so that all those that I take dreams from are acknowledged. Often humans wind up living dreams that they do not enjoy and somehow received from others. Through ascension, one has an opportunity to return dreams that are not of one's desire to manifest, and weave a new dream that is created through one's own intention.</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to return all dreams that are not a part of my original karma to experience. I intend to cease to take the dreams of others and instead learn to consciously weave the dream that I desire. I intend to retrieve all dream weaving knowledge that I have lost in this lifetime and in all ancestral lifetimes. I invite those ancestors who were gifted dream weavers to work with me now and teach me how to consciously dream weave.</i></p> <p><i>I intend to release all karma for greed in my ancestry so that I can come to balance and abundance in the dance of life. I ask my ancestors to release their karma for poverty and greed. I forgive those ancestors who manifested a fortune at the expense of many others who lived in great poverty in counterbalance. I intend to transcend the dance of greed and poverty creating a state of abundance instead. In intend enough to meet my needs and provide for all travel required in my ascension.</i></p>
<p>21. What type of preoccupation would bring me joy to fulfill upon? Use another worksheet if necessary so that all preoccupations can be listed.</p>	<p>Preoccupation 1 _____</p> <p>Preoccupation 2 _____</p> <p>Preoccupation 3 _____</p> <p><i>I intend to create an occupation and preoccupation that brings me joy. I intend to release my karma to be enslaved in work that does not fulfill me. I intend to allow myself to create out of passion. I invite my ancestors who have something that they can contribute to my self-expression to join me now and share with me what they know so that I may move towards manifesting with creative self-expression that leads to fulfillment within.</i></p>

A NOTE FROM EARTH

The following information analyzes the twelve Anu and Red Nation fear-based thought-form plus the twelve sub thought-forms of each. This has taken much time on the part of Mila and Oa to bring through; however it creates a map of understanding of how beliefs are structured and interconnected so that each assessing themselves can make a thorough set of intentions for momentum towards unity and the thorough embracing of the Language of Light. Language of Light verbiage has been woven into each intention to assist in this process.

Thought-form is associated with DNA and parts of the body as well. Chinese medicine has mapped out where certain emotions are stored within the body. As you go through the list, pay attention to what hurts or energy feels stuck in the field or form. Such regions may be where you store fear-based trauma from past lives of your ancestors. Intend to release the trauma, and so it shall be, and the pain shall ease up in the associated region.

You will notice that there will be the repeat of some thought-form between the sub beliefs. This maps out how the sub beliefs are intertwined creating a ring that includes all twelve original thought-form. Beliefs are divided in nature between ego and negative ego categories. Ego beliefs are masculine in polarity, creative, expressive and outer focused. Negative ego beliefs are feminine, subjective, and intuitive and inner focused in nature. In unity, male and female cease to be to such an extreme; in unity one is in the middle ground where ego and negative ego give way to the experience of communion with Earth and soul.

In the communion, there is joy, there is unity, and if enough commune in a group, there is the possibility of unity-based relations that can begin to form amongst the many. This is the hope and the purpose of these materials; to take a group of humans from discordant group relations to unity based relations through the willingness of each to do their own inner homework. We hope that each finds the analysis of oneself founded upon the following thought-form of use and of interest in one's personal ascent.

Namaste
The Earth Mother

THOUGHT-FORM ANALYSIS

Anu and Red Based Beliefs

Anu: I LOVE Red: I ACCEPT Male or Ego	Anu: I HATE Red: I REJECT Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p style="text-align: center;">I EMBRACE ___ Yes ___ No ___ Sometimes</p> <p>I tend to accept others, as they are to a point that I bend over backwards to please them, often finding fault with myself if something goes wrong.</p>	<p style="text-align: center;">I REPEL ___ Yes ___ No ___ Sometimes</p> <p>I tend to criticize and judge others finding fault with them and desire to point fingers and blame when something goes wrong.</p>	<p><i>I intend to transcend judgment and the presence of judgmental persona. I intend unconditional acceptance of self and all others. I intend non-conditional love in which I attract only those who resonate with my field or have spiritual lessons to teach me. I intend to transcend judgmental karma in my ancestry.</i></p>
<p style="text-align: center;">I ACQUIESCE ___ Yes ___ No ___ Sometimes</p> <p>I tend to give in to other's point of view. Often I have no opinion but if I do, I keep it to myself to avoid an argument.</p>	<p style="text-align: center;">I ARGUE ___ Yes ___ No ___ Sometimes</p> <p>I tend to dominate the conversation and argue my point of view, perceiving myself as right and in the truth.</p>	<p><i>I intend to cease to control or be controlled. I intend my truth in action. I intend to speak my truth from my heart and allow all others to speak their truth in the dance of life. I intend to release all karma in my ancestry for the game of control.</i></p>
<p style="text-align: center;">I FORGIVE ___ Yes ___ No ___ Sometimes</p> <p>I tend to be overly forgiving to a point that sometimes I am used. I tend to see the positive side in others.</p>	<p style="text-align: center;">I BEGRUDGE ___ Yes ___ No ___ Sometimes</p> <p>I hold on to grudges of those who have done me wrong from my point of view. I desire to get even.</p>	<p><i>I intend unconditional forgiveness of all that have crossed my path in this lifetime. I intend to understand the spiritual lessons behind my life circumstance. I intend to forgive all ancestors that participated in a parallel dance with the ancestors of others in this lifetime.</i></p>
<p style="text-align: center;">I FEEL DEEPLY ___ Yes ___ No ___ Sometimes</p> <p>I open my heart to others and often end up feeling rejected, betrayed and abused in the dance of life. I love deeply but often others do not love in return.</p>	<p style="text-align: center;">I DO NOT FEEL ___ Yes ___ No ___ Sometimes</p> <p>I keep my heart closed and choose not to feel. Feelings are for sissies or for those who are crazy, out of control and over emotional.</p>	<p><i>I intend to open my heart in ascension so that I may love again. I intend to set boundaries with others who cannot love. I intend to allow communion with nature and Earth to fill me until there are others that can share my love in human form. I intend to release the karma for each ancestor that closed their hearts to a point that they could not love in their given life.</i></p>

Anu: I LOVE Red: I ACCEPT Male or Ego	Anu: I HATE Red: I REJECT Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p>I SUBORDINATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give in with others and take the subordinate position in the dance of life.</p>	<p>I DOMINATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to dominate others by taking a leadership position in the dance of life.</p>	<p><i>I intend to transcend the need to dominate or subordinate in the dance of life. I intend to speak and stand in my truth with all others, and allow all others to speak their truth from within. I intend to release all karma for ancestors who dominated or subordinated in their life dance.</i></p>
<p>I EMPATHIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to feel the emotions of another to a point that I feel their life trauma. Sometimes I even manifest physical trauma of parallel nature to my friends.</p>	<p>I AM UNCOMPASSIONATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Others bore me. I do not particularly care about what others do or feel or how they suffer. I am more interested in my own life pursuits and interests.</p>	<p><i>I intend compassion in action. I intend to open the heart so that I may feel. In a state of compassion, I understand how others feel without requiring taking on their emotions or patterns. I intend to break down any mechanisms that cause me to enmesh with others or unconsciously heal them. I intend to release all karma for a lack of compassion or unconscious healing of others in my ancestry.</i></p>
<p>I AM OTHER ORIENTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be very interested in what others are doing and thinking. I tend to feel what others do not know that they feel.</p>	<p>I AM NARCISSISTIC <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>My world revolves around myself and how I feel. I really do not understand how others feel, and often I wound them as a result.</p>	<p><i>I intend sovereignty of truth. I intend to transcend enmeshment with others. I intend to retrieve all parts of my self, mental, emotional, intuitive and creative in nature. I also intend to return all parts of self that belong unto others. In so doing, I can become sovereign in my truth. I intend to release all karma for how my ancestry became enmeshed with others.</i></p>
<p>I AM USED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give too much and wind up feeling used in the end. Often I fail to voice my feelings in the matter.</p>	<p>I USE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take from others as much as I can. If I give, the giving has a purpose in gaining me something I want.</p>	<p><i>I intend honor in the dance of life. I intend to honor myself and honor all others. In a state of honor, one does not use another for all others are God Goddess in form. I intend to release all karma in my ancestry for dishonor and usury of other humans and nature.</i></p>

Anu: I LOVE Red: I ACCEPT Male or Ego	Anu: I HATE Red: I REJECT Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p style="text-align: center;">I GIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give double what others give in exchange. I feel that giving more is good and a sign of a good person.</p>	<p style="text-align: center;">I TAKE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take as much as I can gain under any circumstance. I tend to take chi if I cannot take something that is physical in nature. Some would call me a leech.</p>	<p><i>I intend balanced giving and receiving in the dance of life. Giving too much leads to lack in the dance of life. I intend abundance in the dance of life that requires equal giving to receiving. I intend to release all karma in my ancestry for imbalanced giving and receiving.</i></p>
<p style="text-align: center;">I GIVE IN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give in to avoid a conflict or argument. Often I fail to voice my truth or how I really feel as a result.</p>	<p style="text-align: center;">I FORCE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I speak my position in all circumstances. I am a force that few others will push back against.</p>	<p><i>I intend unity in the dance of life. I intend to speak my truth. I intend to allow all others to speak their truth. I intend to embrace all other truths as valid. I intend to release my ancestral karma for disunity.</i></p>
<p style="text-align: center;">I AM SEDUCED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be easily taken in by others. I tend to believe what I hear without question. I tend to accept others as they are without further examination of the unconscious dance.</p>	<p style="text-align: center;">I SEDUCE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am gifted at getting my own way. I can be funny, charming and most loving. It is easy to manipulate others to do my bidding as a result.</p>	<p><i>I intend to step out of the game of seduction. I intend instead to become my authentic self. I also intend to rise above the seduction game of others so that I can more accurately assess the unconscious dance. In so doing, I will be less likely to lose information, chi or power in the dance of life.</i></p>
<p style="text-align: center;">I AM ATTACHED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to feel codependent with others. I fear the loss of my spouse or significant others and do not know how I will get by without them.</p>	<p style="text-align: center;">I AM FREE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I will not commit. I know that I can get by without others in my life dance. It is easier to not have many attachments.</p>	<p><i>I intend non-conditional love in the dance of life. I intend to release all codependent patterning in my field. I intend to release all attachment to others. I intend to ascend into a new dance founded upon unity. I intend to release all codependent karma in my ancestry.</i></p>

Anu: I CONSUME Red: I AM PROSPEROUS Male or Ego	Anu: I AM CONSUMED Red: I AM IMPOVERISHED Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p style="text-align: center;">I HUNT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to enjoy the game of life and play it aggressively and to win. I may even enjoy hunting wild game in the physical. The hunt is exciting to me.</p>	<p style="text-align: center;">I AM HUNTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to fear the game of life and am always looking for the next shoe to drop or circumstance where life does not work out in my favor.</p>	<p><i>I intend unity. I intend to transcend the need to hunt or be hunted in the dance of life. I intend to retrieve all power that I have given others and return power that is not my own, including unto nature. I intend to transcend the requirement to eat flesh so that I can live in harmony with all other kingdoms.</i></p>
<p style="text-align: center;">I AM OUTGOING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy life. I like to go out and have a good time. I enjoy the company of others and entertaining them or being entertained by others.</p>	<p style="text-align: center;">I AM INTROVERTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to prefer staying at home and being alone. I am more comfortable by myself. If I am with a group of people, I tend to watch and analyze their behavior rather than participate.</p>	<p><i>I intend my truth in action. I intend the full expression of my truth and creative endeavors in the dance of life. I intend to retrieve my truth from all others whom I have given it unto over time and in my ancestry. I call upon my ancestors to express my truth in action through me. I intend to release all ancestral karma for giving my truth away.</i></p>
<p style="text-align: center;">I LEAD <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Others tend to look towards me to lead. Generally I end up in the leadership role at work, with friends or at home.</p>	<p style="text-align: center;">I FOLLOW <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am rarely given an opportunity to lead or manage at work or at home. I tend to look to others to discern my behavior or actions in the dance of life.</p>	<p><i>I intend to listen to my truth within and follow it. I intend to seek no one outside myself for my life decisions. If I lead, then I intend that my leadership be founded upon my truth, spiritual wisdom and experience of ascension. I intend to release all ancestral karma for losing connection to one's inner truth.</i></p>
<p style="text-align: center;">I CONTROL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like to run the show. Others respond to me by acquiescing to my will. If others do not follow suit, I will punish verbally, emotionally or energetically.</p>	<p style="text-align: center;">I AM CONTROLLED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I allow others to manipulate my actions at work, home or with friends. I am afraid of the anger or potential punishment of others and so I acquiesce to their will.</p>	<p><i>I intend to stand in my truth and allow all others to do the same. I intend to dismantle all patterning I use to control or all patterning that allows others to control me. I intend to release all ancestral karma for the dance of control in their lifetimes.</i></p>

Anu: I CONSUME Red: I AM PROSPEROUS Male or Ego	Anu: I AM CONSUMED Red: I AM IMPOVERISHED Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p>I FEED OFF OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take the chi of others and puff myself up to a larger than life position through which I can dominate and control.</p>	<p>I AM FED OFF OF <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give my chi to others who are the leaders or ones of fame in my dance of life.</p>	<p><i>I intend spiritual mastery to determine the size of field of any human. I intend balanced giving and receiving in the dance of life. I intend equality where each are embraced as important and capable of contributing unto the whole. I intend to release all the karma in my ancestry for consumption.</i></p>
<p>I USE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take from others as much as I can. If I give, the giving has a purpose in gaining me something I want.</p>	<p>I AM USED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give too much and wind up feeling used in the end. Often I fail to voice my feelings in the matter.</p>	<p><i>I intend honor in the dance of life. I intend to honor myself and honor all others. I intend to embrace all other humans and all other species as God Goddess in form. I intend to release all karma for usury in my ancestry.</i></p>
<p>I OWN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I possess others in the dance of life. In the ownership I may use them however I wish. When I am done with anyone, they are dispensable as I can always "buy" another.</p>	<p>I AM OWNED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to feel like a possession at work, at home with family or my spouse or with friends. In being owned, I feel safe for I know where my place is in the world and that I will always be taken care of.</p>	<p><i>I intend freedom in the dance of life. I intend to cease to own anything or anyone. Ownership creates attachment to others that prevents ascension. I intend non-attachment with all others in the dance of life. I intend to release all ancestral karma for the dance of ownership and the associated attachment.</i></p>
<p>I PROSTITUTE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I use others to a point of great inequity in the dance of life. I request of those I prostitute to do something that I myself would never do.</p>	<p>I AM PROSTITUTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am used to a point that I must do something that goes against my own belief of what is fair in the dance of life.</p>	<p><i>I intend honor in the dance of life. I intend to honor myself and honor all others. In a state of honor, one prostitutes no others for all are God Goddess in form. I intend to release all karma for prostitution in my ancestry.</i></p>

Anu: I CONSUME Red: I AM PROSPEROUS Male or Ego	Anu: I AM CONSUMED Red: I AM IMPOVERISHED Female or Neg. Ego	INTENTIONS FOR COMMUNION
<p style="text-align: center;">I GATHER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to gather others into groups or for events and meetings. I enjoy gathering others for social occasions or a party. I use the energy behind the group to manipulate and control.</p>	<p style="text-align: center;">I DISPERSE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not like groups. In the unconscious I shatter the group into pieces so that it ceases to exist. Sometimes the group also shatters me unto a point that I become diseased.</p>	<p><i>I intend unity in group relations. I intend to cease to feed off group energy and use it in any manipulative manner. I intend to cease to shatter others with ascending energy flow. I intend to separate from any group participating in harmful energy patterns. I intend to release all ancestral karma for group harm.</i></p>
<p style="text-align: center;">I AM HEALTHY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to allow unconscious harm to flow through me rather than towards me. As such often I am a conduit of disease of others without awareness.</p>	<p style="text-align: center;">I AM DISEASED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take the unconscious blows of others, the family or the group into my own field and as a result my health suffers.</p>	<p><i>I intend to cease to participate in the unconscious harm that flows through humanity. I intend to release all patterning in my field that allows my field to be used as a conduit of harm. I also intend to cease to take on the harm of others. I intend to release all karma for harm in my ancestry.</i></p>
<p style="text-align: center;">I AM ENERGETIC <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take chi from others to a point that I have more energy that I know what to do with. Often I am excessively nervous or excited due to having the discordant energy of others in my field.</p>	<p style="text-align: center;">I AM TIRED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I give so much chi to others that I am exhausted. Often it is difficult for me to get out of bed in the morning. Sometime I sleep the days away.</p>	<p><i>I intend balanced giving and receiving. I intend to develop my own kundahlini and sexual energy flow through ascension so that I can generate my own chi rather than taking it from others. In this manner I will cease to be tired along with agitated or nervous as my own energy will be resonant with my field. I intend to release all ancestral karma for the loss of my kundahlini and sexual information.</i></p>
<p style="text-align: center;">I AM THE MASTER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I dominate the life dance of the others who are inferior unto me. They live or die at my will.</p>	<p style="text-align: center;">I AM THE SLAVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I live my life at the will of another, whether that other is my spouse, lover or boss or teacher.</p>	<p><i>I intend to return power that does not belong to me unto where it belongs; I intend to retrieve my power to stand sovereign in my truth. I intend to release all ancestral karma for the master-slave dance. I intend equality in the dance of life.</i></p>

Anu: I AM FEARLESS Red: I PARTICIPATE Male or Ego	Anu: I FEAR Red: I WITNESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM EXURBERENT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be outgoing. I like to gather with others and share conversation and stories. I like to participate in the dance of life.</p>	<p style="text-align: center;">I AM RESERVED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be reserved and quiet. Often I do not say much. I tend to observe others around me in the dance of life.</p>	<p><i>I intend my truth in action. I intend the full expression of my truth and creative endeavors in the dance of life. I intend to retrieve my truth from all others whom I have given it unto over time and in my ancestry. I call upon my ancestors to express my truth in action through me.</i></p>
<p style="text-align: center;">I AM ADVENTUROUS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to enjoy travel to new places and foreign countries. I like physical activity such as skiing, surfing and hiking. I enjoy the outdoors.</p>	<p style="text-align: center;">I AM TIMID <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I find being in new places uncomfortable. Travel is frightening to me. I prefer to remain where I am and in places that I know in the dance of life.</p>	<p><i>I intend to transcend fear by grounding deep unto Earth and calling upon my ancestors to support me in my travels. I intend to call upon my foreign ancestors as I travel to new nations so that I may clear karma that has occurred upon the land. I intend freedom in the dance of life. I intend to release all karma for non-freedom in my ancestry.</i></p>
<p style="text-align: center;">I FEEL LITTLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am fearless because I do not feel. However often I am depressed or melancholy when I am not out and about doing something or being adventurous.</p>	<p style="text-align: center;">I FEEL DEEPLY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel so much that I feel the fear of others surrounding me. This fear is so great that I have a hard time feeling safe or on some days leaving my home.</p>	<p><i>I intend to ground deeply unto the Earth Mother and move those energies from others that are not my own out of my field. Depression is often anger of others in one's field; great fear is generally not all one's own but the fear of many others in one's field. Return the fear and anger to the others and one will begin to create a sovereign energy flow surrounding oneself.</i></p>
<p style="text-align: center;">I AM BUSY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>The busier I am the less I have time to think about others or anything of spiritual importance. I busy myself to prevent boredom as well as out of agitation.</p>	<p style="text-align: center;">I AM QUIET <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy my alone time. In my internal reality or fantasy reality I am safe. I enjoy reading novels or watching movies engaging in many fantasy realities. I like to put myself in the role of the cast of characters.</p>	<p><i>I intend to balance the inner with the outer realities in the dance of life. I intend to focus upon my spiritual path and inner process of ascension. I intend to transcend all fantasy realities as they prevent me from really feeling how the body feels. I intend instead to focus inward upon my ancestral lives and spiritual lessons of ascension.</i></p>

Anu: I AM FEARLESS Red: I PARTICIPATE Male or Ego	Anu: I FEAR Red: I WITNESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM ARROGANT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I can do it all. There is no limit to my potential success. I know it all in the moment.</p>	<p style="text-align: center;">I AM HUMBLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe I can accomplish much of anything. I know so little. No one would really desire me for a partner or workmate.</p>	<p><i>I intend to transcend arrogance and false humility in the dance of life. I intend to fulfill upon my soul purpose. I intend to retrieve all power and information from those that have stripped me in this life or in my ancestry. I intend to ascend and fulfill upon my soul purpose.</i></p>
<p style="text-align: center;">I AM NORMAL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Others perceive me as normal or within the normal range of what is acceptable in human life expression. I make sure that no one really knows my inner thoughts as they might think otherwise if they knew me within.</p>	<p style="text-align: center;">I AM INSANE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am paranoid of what others think. Others do not like me. Perhaps they are stalking me. I may be viewed as abnormal by others and fear this.</p>	<p><i>I intend to release those personality entities that cause me to be paranoid or feel that I am abnormal within. There is no such thing as abnormal; there is only the experience of life in human form. Often those who do not have psychic capabilities in the physical might not understand those who are open to their inner world. This does not mean that one is abnormal or insane.</i></p>
<p style="text-align: center;">I SHAME OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to shame and blame others for my experience of life. I perceive others as the cause of my misery or circumstance. I feel powerless to change the circumstance that others have seemingly caused.</p>	<p style="text-align: center;">I AM ASHAMED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to feel responsible for things around me, even experiences that I could not have possibly caused. I am continually apologizing. I feel ashamed of who I am and as though I am never enough.</p>	<p><i>I intend to take responsibility for my own creations in the dance of life. I intend to retrieve my power to alter my beliefs, which shall alter any circumstance that I feel miserable within. I intend to allow all others to take responsibility for their life causes. I intend to release all personality entities that cause me to shame others or feel shamed within. I intend to release the karma for the dance of shame in my ancestry.</i></p>
<p style="text-align: center;">I BLAME OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel victim to my circumstance. Others have made my life miserable. Now I take the misery I feel out upon others and am often abusive and unkind.</p>	<p style="text-align: center;">I AM BLAMED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel I am responsible for the misery of others around me. I feel powerless to make others happy. I would like to leave this circumstance behind, but feel powerless to do so.</p>	<p><i>I intend honor in the dance of life. I intend to retrieve my power from all others that I have given it to so that I may change whatever circumstance causes me misery. I intend to allow all others to take full responsibility for their own life creations. I intend to release all personality entities that wish to participate in the blame game. I intend to release my ancestral karma for the shame and blame game.</i></p>

Anu: I AM FEARLESS Red: I PARTICIPATE Male or Ego	Anu: I FEAR Red: I WITNESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM STUBBORN</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I will not change nor will I admit to making a mistake. I am unbendable. It is my way or the highway.</p>	<p style="text-align: center;">I AM BENDABLE</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I will become whatever another desires me to be. If they like this hobby or that, I will participate even if I dislike it. If they need me to be other than who I am, I will alter my behavior accordingly.</p>	<p><i>I intend to stand in my truth when the dance calls for it; I also intend to allow change when the change is necessary to ascension. I intend not to take on the identity of another, but to find my truth in action in the dance of life. I intend to become my authentic self and express how I feel in all circumstances. I release my karma for fear of change in my ancestry.</i></p>
<p style="text-align: center;">I DOMINATE</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I tend to dominate others by taking a leadership position in the dance of life.</p>	<p style="text-align: center;">I SUBORDINATE</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I tend to give in with others and take the subordinate position in the dance of life.</p>	<p><i>I intend to transcend the need to dominate or subordinate in the dance of life. I intend to speak and stand in my truth with all others. I intend to embrace unity in the dance of life. I intend to release my ancestral karma for the game of dominance and subordination.</i></p>
<p style="text-align: center;">I GOVERN</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I take charge in each circumstance. I direct others through my charisma and charm. I will negotiate with those who are unwilling to bend to my will.</p>	<p style="text-align: center;">I AM GOVERNED</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I let others take charge in each circumstance. I am often seduced by the charm of others. I will generally give in bending to the will of those in governance.</p>	<p><i>I intend unconditional governance in action. I intend to stand in my own truth and follow it from within. I intend to make intentions that support my own life and evolution. I intend to contribute to the ascension movement. I intend to release all karma in my ancestry for non-unity based governance.</i></p>
<p style="text-align: center;">I DIRECT</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I take charge directing my life in the way that I desire it. If life does not flow as I wish, I manipulate or sabotage others to force the dance in the direction I wish.</p>	<p style="text-align: center;">I AM DIRECTED</p> <p style="text-align: center;">___ Yes ___ No ___ Sometimes</p> <p>I allow others to manipulate me in the direction that they wish me to go. Often my goals are sabotaged as a result by the goals of others around me. I feel unfulfilled in the dance of life as a result.</p>	<p><i>I intend to become the dreamer and the dream. I intend to direct my own dream without the requirement to manipulate or sabotage another. I allow all others to create their own dream in the dance of life. I intend that only those who resonate with my dream be called into the dance with me. I intend to release all karma in my ancestry for dream manipulation.</i></p>

Anu: I WIN Red: I TAKE Male or Ego	Anu: I LOSE Red: I GIVE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I GAIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to prosper in all that I do. I collect hungrily from those who I serve. I am happy to receive bonuses, or win at gambling.</p>	<p style="text-align: center;">I FORFEIT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I fail to prosper and work very hard for what I do. Often I work multiple jobs to make ends meet. I do not gamble, as I cannot afford to.</p>	<p><i>I intend bounty in my life dance. I intend to balance the scales, releasing all karma for greed and for poverty so that abundance becomes my life experience. I intend to release all karma for imbalanced giving and receiving in my ancestry. I intend to become the dreamer and the dream.</i></p>
<p style="text-align: center;">I ABUSE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not hesitate to express anger or even physical violence to win or retain my dominion.</p>	<p style="text-align: center;">I AM ABUSED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I suffer at the abuse of others. Regardless of how good I try to be, it never seems enough and I end up abused emotionally, physically or energetically.</p>	<p><i>I intend freedom, hope and harmlessness in the dance of life. I intend to return the anger to others that I take on that causes me to harm. I intend to retrieve my anger that is expressed in the abuse of others. I intend to release all ancestral karma for abuse.</i></p>
<p style="text-align: center;">I AM ANGRY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I use my anger either consciously or unconsciously to retain my position of dominion and authority. I gather anger from others for this purpose.</p>	<p style="text-align: center;">I AM NEVER ANGRY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I repress my anger so deep into myself that I am unaware that I am angry; I give my anger to others and then am shamed when they abuse me with my own anger.</p>	<p><i>I intend to own my own anger. I intend to move my own anger so that I have enough life force for continued ascension. I intend to release all personality beings that wish to repress anger or press anger into the field of another; or gather anger from others to abuse. I intend to release all ancestral karma for the enmeshment of anger or life force as well as abusiveness.</i></p>
<p style="text-align: center;">I TORTURE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I use my power and anger to abuse horribly. I have no problem torturing another, whether it be tearing the wings off an insect, or harming another that is under my control and dominion.</p>	<p style="text-align: center;">I AM TORTURED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am punished and harmed by those in authority around me, whether they are my parents, an officer in the army, or my captor in prison. I splinter as I am tortured which leaves me less than whole thereafter.</p>	<p><i>I intend harmlessness upon all planes of reality. I intend to take my power back from those who have tortured and abused my ancestors or myself. I forgive those ancestors who have tortured others. I choose to dream weave a new dream that does not allow for the experience of torture forevermore. I intend to release my ancestral karma for torture.</i></p>

Anu: I WIN Red: I TAKE Male or Ego	Anu: I LOSE Red: I GIVE Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM AN OPTOMIST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Anything is possible. No matter how much I lose, I know that I will win one day. And so I will keep on trying.</p>	<p>I AM A PESSIMIST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Nothing ever works out. No matter what I try, I fail to a point that I really do not wish to try again. Even if I succeed, inside myself I am still doubtful and unhappy.</p>	<p><i>I intend hope and fulfillment in the dance of life. I intend to ascend. I intend to become the dreamer and the dream. I intend to release all karma in my ancestry for the loss of conscious dream weaving information. I intend to weave a dream that allows me to feel fulfilled from within.</i></p>
<p>I AM FREE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>As I win lotto or at gambling, now I am free. I can buy anything I want and live anywhere I want and drive any car I want; money equates to freedom.</p>	<p>I AM IMPRISONED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have no money therefore I am imprisoned to work that I hate, children that I do not love, and a life that makes me miserable.</p>	<p><i>I intend bounty in the dance of life. I intend to release my poverty karma and return all poverty karma that I have taken on for others. I intend balanced giving and receiving. I intend to release all karma in my ancestry for poverty and excessive greed.</i></p>
<p>I AM WEALTHY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am gifted at collecting good karma from others and manifesting a fortune for myself. I am also good at dumping my poverty karma upon others who will starve instead of me.</p>	<p>I AM POOR <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take on poverty karma for many others. As a result I am poor. This may be in counterbalance to lifetimes where my ancestry was very wealthy. I have little and want more.</p>	<p><i>I intend balanced giving and receiving. I intend to return poverty karma that is not my own to others, along with other's wealth karma. I intend to release my poverty and greed karma so that bounty is experienced in the dance of life. I intend to release all ancestral karma for poverty along with imbalanced giving and receiving.</i></p>
<p>I AM RECOVERED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have moved the programming for my addiction to another plane of reality. Now I have recovered from my addiction and I win.</p>	<p>I AM ADDICTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am unable to recover from my addiction. It is too difficult to live without my drugs or alcohol. I give up and continue to utilize my substances.</p>	<p><i>I intend to honor myself. I intend to ascend out of my addictions releasing the patterning from them upon all planes of reality. I intend to cease to participate in any activity that prevents ascension, including drugs and alcohol. I intend to only use alcohol as I can bless it and fail to feel drunk. I intend to release all karma for addiction now and in my ancestry.</i></p>

Anu: I WIN Red: I TAKE Male or Ego	Anu: I LOSE Red: I GIVE Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM FAMOUS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have made it! I am the star, the author of a million copies sold, or the president, guru or CEO! All others will look up to me now. I relish in my popularity, and anguish over the criticism in the media about me which is often untrue.</p>	<p>I AM UNKNOWN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I watch the famous ones from a place that they do not know. I long to be like them; but I know in my heart that I never can. In the dance of worship, I give them my chi as I perceive them as "more than" myself.</p>	<p><i>I intend to retrieve my power from all famous individuals. I intend equality in the dance of life. I intend to retrieve my dream and weave it into my field from each I have given it to. I intend to live the life that I desire to make manifest. I intend to release my karma that would prevent it otherwise. I intend to release all karma for fame in my ancestry.</i></p>
<p>I HAVE THE GOOD LIFE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take the dreams that allow for the good life from others. I have the job others envy, the spouse that others desire, and a beautiful home.</p>	<p>I SUFFER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give others my dream and then fail to manifest my hearts desire. I then envy others that have manifested my dream for themselves.</p>	<p><i>I intend to ascend into becoming the dreamer and the dream. I intend to cease bartering my dream away. I intend to retrieve my dream weaving knowledge from my ancestry and learn how to manage my own dream. I intend to release all ancestral karma for dream manipulation.</i></p>
<p>I AM LUCKY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Life always goes my way. I never have an accident. Often I win at gambling. Just as I require something, it shows up at my doorstep. I tend to give accident and loser karma to others.</p>	<p>I AM ACCIDENT PRONE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am unlucky and tend to trip over things. Perhaps I have even manifested an accident and now have a large physical problem. I tend to take on accident karma from others.</p>	<p><i>I intend to be grounded unto Earth at all times. I return all accident karma that belongs unto others. I intend to reverse polarize any accident that I cannot release karma for into a parallel life until I can release the original cause. I intend to release all karma in my ancestry for accident manipulation.</i></p>
<p>I AM BEAUTIFUL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am perceived as beautiful. Men/women look at me with attraction in their eyes. I tend to take the beauty of others along with their information on inner beauty.</p>	<p>I AM HOMELY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am not perceived as beautiful. Men/women do not look at me with attraction in their eyes. I may never find a mate because of this. I tend to give my inner beauty away</p>	<p><i>I intend to retrieve my information on beauty or return such information that does not belong unto me. I intend the presence of soul to shine through my eyes. I intend to allow the beauty to shine through my etheric body from the God Goddess of my being. I release the persona that feels homely and unloved.</i></p>

Anu: I SUCCEED Red: I SUPPORT Male or Ego	Anu: I FAIL Red: I UNDERMINE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I DREAM WEAVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take responsibility for the dreams that I wish to manifest and step by step bring them to manifestation upon the physical plane.</p>	<p style="text-align: center;">I FANTASIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to sit in fantasies of dreams that I know I will never manifest. The fantasies fill me for a time and then I feel empty. I tend to read a lot of novels or watch television.</p>	<p><i>I intend to become the dreamer and the dream. I intend to dismantle all fantasy realities that do not serve my ascension. I intend to cease to participate in the media and focus instead upon communing with Earth and nature. I intend communion in the dance of life. I intend to release all karma in my ancestry for creating fantasy realities.</i></p>
<p style="text-align: center;">I CREATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have many creative projects, so many that I am busy upon the physical plane. I enjoy how it feels to create whatever I am endeavoring to manifest.</p>	<p style="text-align: center;">I DESTROY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy the creations of others but unconsciously seek to shatter their dream. My creative projects rarely come forth as I sabotage or lose the dream before it can manifest.</p>	<p><i>I intend to become the dreamer and the dream. I intend to retrieve my ancestral knowledge upon dream weaving. I intend to cease to give my dreams to others or take dreams for others for my creative self-expression. I intend to release all karma in my ancestry for dream manipulation.</i></p>
<p style="text-align: center;">I HARMONIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to create harmony around me. Often others feel at greater peace in my presence. In the unconscious, I tend to synthesize and heal others.</p>	<p style="text-align: center;">I AGGITATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to create chaos wherever I go. Although I am generally not attributed to the cause of the chaos, I make others uncomfortable. I tend to manipulate fear into the field of others.</p>	<p><i>I intend to synthesize my field pressing out all energy of others upon a daily basis thereby finding harmony within. I intend to cease to either heal others or utilize fear as a way to manipulate others to do my bidding. I intend to release all ancestral karma for healing others or using fear to manipulate in the dance of life.</i></p>
<p style="text-align: center;">I SYNTEHSIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I easily arrange my field into a rainbow that is balanced and in harmony. I am so gifted at synthesis that I also synthesize all others around me so that they also are in harmony.</p>	<p style="text-align: center;">I SHATTER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to shatter the synthesis and harmony of others. As others feel agitated, they are more likely to do my bidding. I shatter to manipulate and control.</p>	<p><i>I intend to synthesize my field each day. I intend to cease to participate in the manipulative dance of those who shatter. I intend to retrieve my power and step out of the game of manipulation and control. I intend also to cease to synthesize others. I intend to release all karma for shattering to manipulate or control or synthesizing and healing others in my ancestry.</i></p>

Anu: I SUCCEED Red: I SUPPORT Male or Ego	Anu: I FAIL Red: I UNDERMINE Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM FULFILLED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a life that others envy. I have a good paying job, a beautiful spouse and children around me. My dreams manifest in ease.</p>	<p>I AM UNFULFILLED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a life that never works out. The job does not succeed and the relationship falls apart, and the dreams that I hold never manifest.</p>	<p><i>I intend fulfillment from within. I intend to open my heart and commune with Earth and nature along with my soul. I intend to release my ancestral karma for non-fulfillment and non-love so that I can manifest a physical life dream that fulfills me from within.</i></p>
<p>I AM HAPPY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be an optimist that is hopeful regardless of what is transpiring in my current life circumstance. I am happy with my life and myself as it is in the moment.</p>	<p>I AM DEPRESSED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I may have a life that others envy from the outside, but within I am severely depressed. I take antidepressants but they do not resolve my inner conflict.</p>	<p><i>I intend communion with soul, oversoul, and source along with Earth and nature. I intend to open my heart so that I may feel the communion of the nonphysical. I intend to leave behind the fantasy of happiness in lieu of real joy through communion. I intend to release all ancestral karma for how a state of communion was lost.</i></p>
<p>I AM WELL OFF <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am gifted at collecting good karma for others and manifesting a fortune for myself. I am also good at dumping my poverty karma upon others who will starve instead of me.</p>	<p>I AM POOR <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take on poverty karma for many others. As a result, I am poor. This may be in counterbalance to lifetimes where my ancestry was very wealthy. I have little and want more.</p>	<p><i>I intend balanced giving and receiving. I intend to return poverty karma that is not my own to others, along with other's wealth karma. Living karma that is not your own only creates more karma, and karma must be settled to ascend. I intend to release my poverty and greed karma in my ancestry. I intend abundance in the dance of life.</i></p>
<p>I AM COMFORTABLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am comfortable as who I am in the moment. I know that I am all right even if others are judgmental or condescending. I know who I am and stand in my truth in all circumstances.</p>	<p>I AM UNCOMFORTABLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am always seeking to please others outside of myself. I am uncomfortable as I often feel what others believe about me. I sense their judgment and dislike, and internalize it as if it were my own state of being.</p>	<p><i>I intend to ascend into my authentic self. I intend to ground firmly to the Earth and create boundaries where the feelings and energy of others ceases to be present in my field. I intend to transcend internal or external judgment now and throughout my ancestry. I intend unconditional acceptance of self and all others in the dance of life.</i></p>

Anu: I SUCCEED Red: I SUPPORT Male or Ego	Anu: I FAIL Red: I UNDERMINE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I JUDGE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am critical of others, as I perceive myself as "better than", more beautiful, more successful and having a better life than most that I know.</p>	<p style="text-align: center;">I AM JUDGED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Others are critical of me. Even if they do not express it, I feel their judgment. Often I cannot turn off the judgmental thoughts about others or myself that run through my head.</p>	<p><i>I intend to transcend judgment in the dance of life. I intend to release all patterns of judgment along with the personality that is associated. I intend to erase perfect pictures in my field, or whenever they are pressed my way. I intend to release the karma for judgment in my ancestry.</i></p>
<p style="text-align: center;">I MANIFEST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I easily get the job or win the lover over. I find that the dreams that I desire simply flow my way whether I intend them or not. I am a dream broker in the unconscious.</p>	<p style="text-align: center;">I DO NOT MANIFEST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give others my dream and then fail to manifest my hearts desire. I then envy others that have manifested my dream for themselves. I tend to give my dreams to the dream broker.</p>	<p><i>I intend to ascend into becoming the dreamer and the dream. I intend to cease to barter my dreams away. I intend to retrieve my dream weaving knowledge from my ancestry and learn how to manage my own dream. I intend to release all karma in my ancestry for dream manipulation.</i></p>
<p style="text-align: center;">I AM ABUNDANT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have always had my needs met in this life. I have always had a beautiful home and car. In my work, I manifest enough to pay the mortgage or rent and buy the food and all other things that I desire.</p>	<p style="text-align: center;">I LACK <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I experience an inability to manifest enough to meet my vision of the lifestyle that I would like in this lifetime. Therefore I am always settling for less and feel unfulfilled as a result.</p>	<p><i>I intend abundance in the dance of life. I intend to release all ancestral karma for poverty and greed so that I may come to the middle road of manifesting just enough. I also intend to erase those pictures that state that life should look a particular way in order for one to have succeeded. I intend internal fulfillment from the love from soul.</i></p>
<p style="text-align: center;">I AM FLIRTATIOUS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy the attraction of another. I tend to flirt and seduce those that I am attracted unto. If I am married, I am prone to having extramarital affairs.</p>	<p style="text-align: center;">I AM WITHDRAWN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am afraid of the attraction of others. I am afraid of intimacy and sexual relations. Perhaps I was raped or abused and cannot recall it.</p>	<p><i>I intend to retrieve my information on the movement of the kundahlini and the sexual energy flow in ascension. I intend to cease to use this flow to seduce others. I intend to release all traumas from sexual abuse in this life and throughout my ancestry. I intend to come to peace with my sensuality and sexuality.</i></p>

Anu: I AM SUPERIOR Red: I SUBJEGATE Male or Ego	Anu: I AM INFERIOR Red: I AM SUBSERVIENT Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM BIG <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I know that I am good, special and "better than" others. I succeed at whatever I do. I win the election or get the job or win the lover over. I tend to invalidate others.</p>	<p style="text-align: center;">I AM LITTLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I prefer to hide and not be seen. I am uncomfortable in a position of authority or leadership. I prefer to follow others. I am easy to persuade. I tend to feel invalidated.</p>	<p><i>I intend my truth in action. I intend to ascend beyond judgment and the game of invalidation. I intend to release all karma in my ancestry for bigotry, racism, sexism along with the war between the masculine and feminine. I intend unity in the dance of life.</i></p>
<p style="text-align: center;">I PERSUADE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a gifted salesman. I can talk someone into buying their own furnishing back after I have stolen them. I am gifted at making bargains.</p>	<p style="text-align: center;">I AM PERSUADED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am easily seduced by others or advertising. I am gullible and believe things are as they are at first glance. I believe in good and evil.</p>	<p><i>I intend to move beyond the dance of seducer and seduced. I intend to release all karma in my ancestry for seduction. I intend to find my truth within and follow it in all that I do. I intend to open to holographic knowledge. I intend to release all karma for how my ancestry lost its holographic knowing.</i></p>
<p style="text-align: center;">I LANGUAGE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am gifted at the art of talking. I am a good storyteller. I am also gifted at public speaking and swaying others in what I believe. I may be a good minister, teacher or politician. I have a strong mental body.</p>	<p style="text-align: center;">I DO NOT LANGUAGE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to feel more than I speak. What I feel I have a hard time putting into words to communicate with others. Often I am perceived as less than intelligent due to my emotional nature. I have no mental body.</p>	<p><i>I intend to reweave my field through ascension to have all four components available; mental, emotional, intuitive and creative. I intend to retrieve portions of my subtle bodies that I have lost over time to others; and return what belongs not unto me. I intend to release karma for how my ancestry became polarized between mental and emotional, intuitive and creative.</i></p>
<p style="text-align: center;">I INTEND <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I easily create and manifest what I intentionalize. It is easy for me to put my dreams into words. It is easy for me to see where I need to take action to cause my dreams to come true.</p>	<p style="text-align: center;">I FAIL TO INTEND <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have difficulty verbalizing my intentions. I may perceive the vision for my dream but have a hard time putting the dream into words. As a result, I receive the dream I am given in the unconscious.</p>	<p><i>I intend to retrieve all my knowledge on intentionalization and dream weaving. I intend to gather up all parts of the mental, emotional, intuitive or creative body that I have lost over time; and return what does not belong unto me to others. I intend to have a working set of subtle bodies that can intentionalize. I intend to release all ancestral karma for how my ancestry lost the ability to intend.</i></p>

Anu: I AM SUPERIOR Red: I SUBJEGATE Male or Ego	Anu: I AM INFERIOR Red: I AM SUBSERVIENT Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM SELF DRIVEN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a strong will to succeed in this lifetime. I find it easy to will myself to succeed. I tend to mold others to serve my goals of success.</p>	<p>I AM DRIVEN BY OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to subjugate my will unto others. Others define who I am and the role I am to play in the dance of life. Without others I am lost.</p>	<p><i>I intend to find my truth within. I intend to find my passion and to create from the heart that which brings me joy. I intend to release all karma for how others have defined my truth from outside myself or for how I have defined the truth of others to meet my needs. I intend to release all karma for how my ancestors lost their truth over time.</i></p>
<p>I AM ASSERTIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I assert myself in the dance of life. I seize all opportunities so that they do not pass me by. I am a good sales person. I am happy to speak my truth. I enjoy making decisions for others or a group.</p>	<p>I AM NON-ASSERTIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take the back seat in the dance of life. I prefer others to lead and make decisions for me. I prefer others to call upon me rather than for me to call upon others.</p>	<p><i>I intend to intend my life. I intend to cease to manipulate the lives of others in the direction I perceive is good or right. I intend to cease to be manipulated by others. I intend to find my truth within and follow it. I intend to release all karma for manipulation and seduction in my ancestry. I intend to release all ancestral karma for a loss of truth.</i></p>
<p>I CONTRIBUTE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like to give of myself to others and to movements that support the human species and Earth. I contribute of my time and by making donations to causes that I believe in.</p>	<p>I DO NOT CONTRIBUTE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe in causes or in giving of myself to others. Intend I prefer that others give to me personally.</p>	<p><i>I intend balanced giving and receiving in the dance of life. I intend to contribute to the movement of ascension what I can in this lifetime. I intend to transcend the karma for imbalanced giving and receiving in my ancestry.</i></p>
<p>I GAIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to prosper in all that I do. I collect hungrily from those who I serve. I am happy to receive bonuses, or win at gambling.</p>	<p>I FORFEIT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I fail to prosper and work very hard for what I do. Often I work multiple jobs to make ends meet. I do not gamble, as I cannot afford to.</p>	<p><i>I intend bounty in my life dance. I intend to balance the scales, releasing all karma for greed and for poverty so that abundance becomes my life experience. I intend to release all karma for imbalanced giving and receiving in my ancestry.</i></p>

Anu: I AM SUPERIOR Red: I SUBJEGATE Male or Ego	Anu: I AM INFERIOR Red: I AM SUBSERVIENT Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I INVALIDATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I try to let others know how well they are succeeding or that they are a good and beautiful person. Sometimes I exaggerate to make others feel good. I hate to hurt others feelings.</p>	<p style="text-align: center;">I INVALIDATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am jealous and critical. I hate to see others succeed because it makes me feel unworthy. And so I invalidate the accomplishments or dreams of others.</p>	<p><i>I intend honest communication. I intend to speak my truth. I intend to support others who are ascending and desiring to fulfill upon their dreams. I intend to fulfill upon my own dreams by learning to consciously dream weave. I intend to release all patterns of invalidation, jealousy and false validation in this life and all ancestral lifetimes.</i></p>
<p style="text-align: center;">I GIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give double what others give in exchange. I feel that giving more is good and a sign of a good person.</p>	<p style="text-align: center;">I TAKE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take as much as I can gain under any circumstance. I tend to take chi if I cannot take something that is physical in nature. Some would call me a leech.</p>	<p><i>I intend balanced giving and receiving in the dance of life. I intend abundance in the dance of life that requires equal giving to receiving. I intend to release all karma in my ancestry for imbalanced giving and receiving and a lack of abundance.</i></p>
<p style="text-align: center;">I AM AFFLUENT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I hold a certain level of power in my life dance. I have affluence over others. Sometimes I am a politician, CEO or director of an organization or school. I use my affluence to persuade others to do my bidding.</p>	<p style="text-align: center;">I LACK AFFLUENCE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not hold a position of any authority in this life. I tend to be easily persuaded by others who have authority. I am also easily manipulated by others and tend to give in and fail to stand my ground.</p>	<p><i>I intend authentic power in the dance of life. I intend to return power that is not my own and retrieve the power I have lost in this life and throughout my ancestry. I intend to forgive how my ancestors bartered power for fame or positions of authority. I intend to release all karma for abusive authoritarian ancestors, or ancestors who mislead the world into war.</i></p>
<p style="text-align: center;">I AM POWERFUL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have gained a certain level of power over others in the dance of life. Sometimes I lead large organizations, regions or countries. I use my power to influence others to do my bidding.</p>	<p style="text-align: center;">I AM POWERLESS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am powerless to alter my reality. I have given my power away to others. Often I am alcoholic, a drug addict or the abused one in a relationship. Sometimes I am diseased.</p>	<p><i>I intend to express authentic power that is harmless in the dance of life. I intend to retrieve all power that I have lost throughout my ancestry. I intend to retrieve my truth to ascend. I intend to release my karma for abusive power and addictions in my ancestry. I intend to stand tall in my truth and ascension.</i></p>

Anu: I JUSTIFY Red: I AM TRUTH Male or Ego	Anu: I AM UNJUSTIFIED Red: I AM NON-TRUTH Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I STAND IN MY TRUTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I know what I believe and take a stand for what I believe. I am one who is happy to report others who I perceive as wrong doing to the police or authorities. I take stands for movements that I perceive as right.</p>	<p>I HAVE NO TRUTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not take a stand because I do not know what I believe in. I have gone from guru to guru and religion to religion seeking the truth. I let others take stands. I view the spiritual path as a party.</p>	<p><i>I intend to find my truth within and follow it. I intend to hear my guidance from within clearly. I intend to open to holographic knowledge. I intend to release the karma for how my ancestry lost its holographic knowing. I intend to cease to search for a savior and save myself by taking responsibility for my own evolution home.</i></p>
<p>I DIMINISH OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>My truth is the only truth. All others are false prophets or have no truth. Follow me, as I am the light and the way. All others of other religions are serving something other than god.</p>	<p>I AM DIMINISHED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I allow others to tell me what my truth is. I allow others to define my beliefs. I am good if I have confessed and am told I am good. I have sinned if I have been told I am a sinner.</p>	<p><i>I intend my ascending truth. I intend to find my truth within and follow it. If I am guided to share my truth with others, I intend to speak it from my heart, but not as "The Truth", but as "A Truth" that may inspire others to evolve. I intend to release all beliefs in original sin and shame now and throughout my ancestry.</i></p>
<p>I BELIEVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>What I believe is the truth. As others believe as I do, then it must be so, as so many believe the same. The beliefs I have are reflected back unto me in the dance of life and so they must be so.</p>	<p>I DO NOT BELIEVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a skeptic and an atheist. I believe that science may have a bigger picture of truth than any religion or spiritual persuasion. If there is a god, then he or she should make themselves known.</p>	<p><i>I intend my truth in action. I intend to release all beliefs so that I may embody the Language of Light instead. I intend to lift beyond all veils of illusion so that I may perceive my clearly. I intend to open to my inner world so that I may experience the God Goddess within all kingdoms and myself. I intend to release my ancestry karma for how belief systems came to be.</i></p>
<p>I AM FOCUSED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I can easily focus upon my day-to-day pursuits along with my inner reality in meditation. Sometimes in my focus I perceive the small picture and fail to see the larger overall pattern. As such, sometimes I am lost in my own illusion or delusion.</p>	<p>I AM UNFOCUSED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have difficulty in focusing in any one area. I have difficulty studying spiritual materials or reading much of anything. In life, my lack of focus has me often feeling confused or overwhelmed.</p>	<p><i>I intend to open to my clairvoyant and clairsentient abilities through ascension. I intend to see the big and the small picture in association with all spiritual lessons I am learning in my life experience. I intend to lift all veils of illusion. I intend to return the veils or projections of others so that I cease to be confused. I intend to release all karma for the pattern of projection in my ancestry.</i></p>

Anu: I JUSTIFY Red: I AM TRUTH Male or Ego	Anu: I AM UNJUSTIFIED Red: I AM NON-TRUTH Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I MINISTER TO OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I inspire others. I have the gift of speech that can inspire others to follow my truth or find their own greatness within. In this life, I may be a spiritual teacher or minister or counselor.</p>	<p>I AM MINISTERED TO <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I seek out others who inspire me or counsel me so that I may feel better about my life circumstance and myself. I seek others to heal me so that I remain in balance.</p>	<p><i>I intend to open to my own truth within, and allow all others to find their truth within. I intend to learn to heal myself and allow all others to learn how to heal them self. I intend to retrieve my power to stand in my truth and I intend that all others retrieve their power to stand in their truth, and minister to them self.</i></p>
<p>I GIVE CONSEQUENCES <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am an authority, perhaps a police officer or security officer or judge in a court of law, or an attorney. I command judicial authority. If someone breaks the law, I arrest them, penalize them, judge them, or imprison them.</p>	<p>I RECEIVE CONSEQUENCES <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to break the law in my life dance. Perhaps I am a drug addict or thief that steals to support my addiction. I know I operate outside of the law and sometimes I get caught.</p>	<p><i>I intend true spiritual law in the dance of life. True spiritual law states that the only law is karmic law. If one has karma to experience something, then so one does. If one releases the karma through forgiveness, then the karma need not experienced. I intend to release all karma for how true spiritual law was lost upon the physical plane and in my ancestry.</i></p>
<p>I HEAL OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a doctor, medicine man or woman or holistic practitioner or counselor; I have the gift of helping others. I believe that I have the power to heal. I take the power to heal oneself from all who seek out my support. Sometimes I transfer the karma for disease to another and my patient heals.</p>	<p>I AM HEALED BY OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe I have the power to heal myself. I go from practitioner to practitioner, forever seeking outside of myself for the healing of my ailments. Occasionally a practitioner has some success as they take on my karma for disease, giving it to another.</p>	<p><i>I intend to become my own doctor within. I intend to attune to the herbal kingdoms and my own inner holographic knowing to support my body in its biological transmutation through ascension. I intend to bring forward my medicine men and women ancestors to support me in this goal. I intend to release all karma for disease manipulation throughout my ancestry.</i></p>
<p>I ANCHOR FOR OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am gifted at grounding and anchoring in a solid manner that allows others around me to feel safe. I unconsciously ground others by allowing them to connect through my grounding to Earth unto the aurora.</p>	<p>I ANCHOR THROUGH OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be out of body and use others to anchor for me. I do not wish to take responsibility for my own grounding or my life. I choose to allow others to take care of me and support me, as I do not believe I can do it myself.</p>	<p><i>I intend to retrieve all my information on grounding and learn to hold a solid connection unto the Earth Mother. In so doing, I will feel safe in all circumstances. I intend to cease to allow others to ground through me but rather intend that they retrieve their own information on grounding and learn to ground for themselves. I intend to work with the others who ground through me in dreamtime to support this goal.</i></p>

Anu: I JUSTIFY Red: I AM TRUTH Male or Ego	Anu: I AM UNJUSTIFIED Red: I AM NON-TRUTH Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I EDUCATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a spiritual teacher, counselor or teacher in a university or school in this life. I educate others. Often I strip others of spiritual information and program others in the beliefs that I hold.</p>	<p style="text-align: center;">I AM EDUCATED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe that I know much within. Therefore I search outside of myself to learn. I go to school to find the truth; I read the news and many books. Often I lose my spiritual information and am programmed by others.</p>	<p><i>I intend to become my own teacher within. I intend to open to my inner knowing and follow it. I intend to cease to allow myself to be programmed by others, or to lose my spiritual knowledge unto others. I intend to release all ancestral karma for programming or the loss of spiritual knowledge.</i></p>
<p style="text-align: center;">I PREACH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe that I have the truth that others should listen to. Perhaps I am an author of a well-known book that offers inspiration and information for improving one's life. Through my fame I strip the masses of their spiritual knowledge.</p>	<p style="text-align: center;">I STUDY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have read every self-help book that has been written. I have done all they have suggested and still I have not improved. I comb the bookstores searching for the one that will "change my life". I lose my information to the authors.</p>	<p><i>I intend to find my own truth within. I intend to open to my holographic knowing. If I choose to share of my knowing with others, I intend that each open to their own truth within. I intend to release all karma for the dance of guru and follower in my ancestry.</i></p>
<p style="text-align: center;">I KNOW IT ALL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe that I know much more than most. As a matter of fact, I know so much that I know it all. In knowing it all, I cannot evolve, as I do not believe that there is anything to learn. I strip my following of their spiritual knowledge.</p>	<p style="text-align: center;">I DO NOT KNOW <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have lost my knowledge and truth to many gurus in this life. Perhaps at another time in my ancestry, my lineages held great spiritual knowledge. I have lost this knowledge and now believe that I do not know.</p>	<p><i>I intend to open to my holographic knowing. I intend to transcend the dance of arrogance in this lifetime and each ancestral lifetime that has participated in the game of guru-devotee. I intend to return all knowledge that is not my own and retrieve whatever knowledge is my own. I intend to ascend into my own truth.</i></p>
<p style="text-align: center;">I AM EVERYTHING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>The world revolves around me. Everyone believes that I am the "chosen one". If I doubted this in the beginning, the fact that so many believe this to be so has convinced me that it is true.</p>	<p style="text-align: center;">I AM NOTHING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am unworthy of even washing the feet or clothes of my guru. I take on his darkness and he/she rejects me and I reject myself. In India, I am untouchable.</p>	<p><i>I intend equality in the dance of life. I intend to honor the God Goddess that I am within, and the God Goddess within each other human and other species. I intend to take the gurus off their pedestals, and if I am a guru, to take myself off my own pedestal. I intend to honor in the dance of life.</i></p>

Anu: I ANALYZE Red: I AM BLIND Male or Ego	Anu: I INTUIT Red: I FORESEE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I THINK <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a very strong mental body and am capable of analyzing my way through any circumstance. I ask lots of questions and if the answers do not make sense, I discard them without looking within.</p>	<p style="text-align: center;">I VISION <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a strong intuitive and emotional body and tend to feel my way through life. Often I am not understood and am perceived as irrational and emotional. Often I do receive a picture that is important. Sometimes I am a psychic or visionary.</p>	<p><i>I intend balance between mental and intuitive capabilities. I intend equal proportions of all subtle bodies, mental, emotional, intuitive and creative. I intend to open to my clairvoyant information and inner world. I intend to perceive clearly the next steps upon my ascension path. I intend to release all karma for how visionary or mental information was lost in my ancestry.</i></p>
<p style="text-align: center;">I COMPARTMENTALIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>It is easiest for me to understand as I categorize and compartmentalize information into certain bandwidths of knowledge. In so doing, the knowledge loses its wholeness and holographic nature.</p>	<p style="text-align: center;">I UNIFY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a hard time with categorized information. I am gifted at seeing the larger picture but sometimes fail to see the details. The missing details cause me to trip up in my life dance.</p>	<p><i>I intend a restoration of holographic energy flow and information in my life. I intend to cease to shatter or compartmentalize information. I intend to see both the whole picture and the sum of the parts. I intend to release my karma for how holographic energy flow and information was lost in my ancestry.</i></p>
<p style="text-align: center;">I TRUST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take experiences and others at face value and trust that they are what they present. I have a hard time seeing underneath and into the unconscious manipulative dance that occurs between humans.</p>	<p style="text-align: center;">I DO NOT TRUST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have always been open to the unconscious. As such, I have always seen the undercurrent of manipulations that occur between humans. This causes me to distrust most I know.</p>	<p><i>I intend to open fully to my inner world and holographic knowing. I intend to cease to blindly trust anyone and look into the unconscious for the dance occurring therein; as it is only as I perceive the unconscious accurately that I can cease to participate in the game. I intend to release all karma in my ancestry for blind trust.</i></p>
<p style="text-align: center;">I AM CONFUSED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have difficulty gaining clarity over the patterns I perceive within or within others. Others project upon me to cause me to be confused, as they do not wish for me to know the truth.</p>	<p style="text-align: center;">I PERCEIVE CLEARLY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I can clearly perceive the patterns that occur within others and myself. I can easily language these occurrences into words, and then create intentions to assist in my own transcendence or the transcendence of others</p>	<p><i>I intend clarity in the dance of life. I intend to cease to participate in the dance of projection, distortion and veils of illusion that prevail in the human unconscious. I intend to lift all veils and perceive clearly down to the truth. I intend to release all karma for manipulation through projection along with the use of veils of illusion in my ancestry.</i></p>

Anu: I ANALYZE Red: I AM BLIND Male or Ego	Anu: I INTUIT Red: I FORESEE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I FRAGMENT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to easily fracture and fragment in the dance of life. I may work in an environment that is heavily electrical, or live in the density of the city. I may be failing to focus upon the goal of ascension in this lifetime.</p>	<p style="text-align: center;">I MOVE TOWARDS WHOLENESS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have felt the underlying desire to evolve my entire life. Each experience in life has triggered a momentum towards the goal of ascension. I know in my heart it is time for my ancestry to evolve.</p>	<p><i>I intend to ascend in this life. I intend to give up preoccupations that do not support ascension and cause me to fracture. I intend wholeness and completion to the degree that I can accomplish in this life. I intend to release all karma for how ascension became distorted in my ancestry. I intend to release all ancestral karma for falls in consciousness.</i></p>
<p style="text-align: center;">I AM INSENSITIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not feel much. I engage in activities that numb the field such as drinking excessively or watching too much television and movies. I do not feel the pain that the etheric body is in until it is too late and I am diseased.</p>	<p style="text-align: center;">I AM SENSITIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am sensitive. I feel everything. I am so sensitive I feel the pain of others along with their emotional disturbances and difficulties. My sensitivity level makes it hard to exist in the current world.</p>	<p><i>I intend to cease to participate in those activities that numb the field. I intend to create boundaries so that I cease to take on the emotions or difficulties of others. I intend to evolve to an increasingly sovereign field and energy flow that supports my goal of ascension and evolution home. I release my ancestral karma for addiction.</i></p>
<p style="text-align: center;">I SEEK GUIDANCE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe that I can perceive the dance clearly enough for myself. I go from psychic to psychic to understand. Each that I see strips me of my visionary information so that I cannot perceive the truth for myself.</p>	<p style="text-align: center;">I GUIDE OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a gifted visionary and see into the unconscious of others. Many seek me out for guidance and counseling as a result. In the unconscious, I tend to strip others of their visionary knowledge so that they become dependent upon me to see.</p>	<p><i>I intend to open to my own inner knowing and clairvoyant abilities. I intend to retrieve all visionary information that is my own and return that which is not. If I counsel, I intend to anchor the Earth to speak through what another needs to know to evolve. I intend to release all karma in my ancestry for visionary manipulations.</i></p>
<p style="text-align: center;">I WANT TO KNOW <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I want to know and understand the inner workings of my being, but I do not believe that I am capable enough to discern. So I seek counseling and guidance from others to better perceive my own dilemma.</p>	<p style="text-align: center;">I KNOW TOO MUCH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have seen into the unconscious from the time I was young. I see things about others that I do not even desire to know. Often I am sought after as a counselor or guide for those seeking understanding or opening to ascension.</p>	<p><i>I intend to retrieve my inner knowing. I intend to open to understanding myself from within. I intend boundaries with others so that I do not always perceive their unconscious patterning. I intend to only perceive into the unconscious of another if there is a valid mirror for my own continued evolution.</i></p>

Anu: I ANALYZE Red: I AM BLIND Male or Ego	Anu: I INTUIT Red: I FORESEE Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I DO NOT CHANGE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have difficulty allowing change into my dance of life. I tend to hold on to the past, as this is more comfortable as it is what I know. I fear the unknown of what the change might cause after it is fulfilled upon.</p>	<p>I CHANGE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I allow change into my life dance. I enjoy the change so much that I may have made many moves or had many different lives in my life to date. I also use change to avoid what I do not desire to really look at or understand.</p>	<p><i>I intend to release the past and allow the necessary change that ascension entails to be fulfilled upon in the physical. I intend to cease to run away from that which I require understanding or transmuting in my evolution. I intend the fulfillment of completion with each who I have known in this lifetime and between our ancestries.</i></p>
<p>I AM STUCK <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I find that the nature of life is repetitive. Much like a merry-go-round, I move but get nowhere. I create the same type of job, same type of relationship and same problems with others again and again.</p>	<p>I AM FLUID <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I allow myself to flow through my life. I find that there have been many changes. One may even think of me as a chameleon that can become whatever I need to be in the moment. I may be an actress in this life.</p>	<p><i>I intend fluidity in the dance of life. I allow completion with the past. I intend to cease to be manipulated by the past or others gifted at putting me in the past. I intend to pull my field into present time and live life from the moment. I intend to release all ancestral karma for being stuck and unable to change, or using change to elude others.</i></p>
<p>I AM ANXIOUS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am filled with nervous tension. This causes me to be very busy in my life dance. It is hard for me to sit still and meditate. It is easier for me to walk and meditate as a result. I tend to hold a lot of electricity in my field.</p>	<p>I AM AT PEACE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I find my peace within. It is easy to sit and meditate and come to a place of inner balance. The stresses of the daily life melt away as I focus inward and breathe. I find it easier to discern my next steps from a state of balance within.</p>	<p><i>I intend to balance the inner and outer realities of my day-to-day life. I intend to cease to take on electrical flow of others at home and at work. I intend to set boundaries so that I can retain my center throughout the day. I intend to release the karma in my ancestry for how electrical and magnetic became intertwined. I intend to ascend into magnetic biology.</i></p>
<p>I AM STRUCTURED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>To me, everything has a place. My closets are neatly organized, as is the work upon my computer, along with my life. I find it hard to exist in chaos or the unknown.</p>	<p>I AM UNSTRUCTURED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am more comfortable in a messy home, as I dislike too much structure. I find structure confining. I am comfortable with chaos and the unknown.</p>	<p><i>I intend to open to holographic energy flow where everything has a place within the whole. I intend to release karma for how my ancestry shattered holographic movement and compartmentalized human information. I intend to flow with the moments of feeling uncertain in the changes ascension brings forth.</i></p>

Anu: I TRUST Red: I INFLATE Male or Ego	Anu: I DISTRUST Red: I DEFLATE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I RELATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy the company of others. I find others amusing and entertaining. My life would not be enjoyable without my friends. I enjoy parties and socializing.</p>	<p style="text-align: center;">I DO NOT RELATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not care for the company of others. In social circumstances, I tend to say little and watch. In the watching, I perceive down to the unconscious games between players.</p>	<p><i>I intend unity in the dance of life. I intend to release the patterns that cause unconscious harm to others. I intend to create ascending friendships and partnerships that allow for a common understanding of the human unconscious. I intend to release karma in my ancestry for unconscious harm.</i></p>
<p style="text-align: center;">I EXPAND <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am exuberant and joyful and sometimes full of myself. I feel as though I can accomplish anything I focus upon. I am happy in the moment and feel loved. I take chi from others.</p>	<p style="text-align: center;">I CONTRACT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel depressed and uncertain. I no longer feel as though I am capable of accomplishing much. I feel rejected and unloved. I give chi to others.</p>	<p><i>I intend ongoing expansion of field due to ascension. I intend to cease to falsely expand by taking the chi of others or contract by giving chi away. I intend balanced giving and receiving in the dance of life. I intend to release all karma for the manipulation of chi in my ancestry.</i></p>
<p style="text-align: center;">I BELIEVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I accept the truth of what another shares at face value without looking at the patterning underneath. I find the truth I accept reflected all around me, which must mean that it is so.</p>	<p style="text-align: center;">I DISBELIEVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a skeptic and I question everything. I do not embrace anything or anyone just because it looks acceptable upon the surface. I look into the unconscious to see the underlying game.</p>	<p><i>I intend to perceive into the unconscious clearly. I intend to lift beyond all belief systems and into a magnetic truth. I intend to push beyond all veils of illusion. I intend to look at all patterning within and cease to lie to myself about where I am at in my ascension. I intend to release all ancestral karma for how veils of illusion pervaded the human field.</i></p>
<p style="text-align: center;">I AM RIGHT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I know that I am right and others are wrong. Those that are wrong I accuse of wrongdoing. Perhaps I am an attorney or law official or judge. I know I am right as I stand in the law and others who break the law are wrong.</p>	<p style="text-align: center;">I AM WRONG <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have broken the law and I am wrong. I have done things to others that are wrong. Or I have been accused of wrongdoing that I have not perpetrated. In any case, I feel victim to my circumstance.</p>	<p><i>I intend true spiritual law in the dance of life. I intend to make true spiritual law my law for life. I intend that only karma affect my existence. I intend to release all karma that would cause me a difficult life circumstance. I intend to perceive the larger picture of karma and human history behind the dance and transcend the belief in right and wrong. I intend to release karma in my ancestry for falling into right, wrong and victim thought-form.</i></p>

Anu: I TRUST Red: I INFLATE Male or Ego	Anu: I DISTRUST Red: I DEFLATE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I HONOR <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe in honoring others for their gifts and talents and purpose. I sometimes exaggerate my perceptions to make others feel accepted and loved. I tend not to look at the darkness in others.</p>	<p style="text-align: center;">I DISHONOR <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have no problem dishonoring others. If others irritate me I feel justified to express my irritation. I perceive others as less than myself and as something to be used.</p>	<p><i>I intend to honor all others in the dance of life. I intend to transcend false honor along with dishonor. I intend to honor nature and the Earth. I intend to release all karma for the dishonor of others or Earth or nature in my ancestry.</i></p>
<p style="text-align: center;">I EXAGGERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I bend the truth when I am unwilling to see the truth for what it is, or if I perceive that others would not like to see the truth as it is. In bending the truth, I exaggerate one polarity over another in perception to make myself and others happy.</p>	<p style="text-align: center;">I DO NOT EXAGGERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I will not bend the truth. The truth is as it is and I will speak it so even if others are uncomfortable or unhappy with what is said. I enjoy making others uncomfortable by telling them something they do not wish to hear.</p>	<p><i>I intend honest communication. I intend only to speak what others are ready to hear. I intend that if others are not ready to hear my unconscious perceptions of them, I speak the truth to their soul and body spirit. I intend to release all karma in my ancestry for dishonest communication and seduction.</i></p>
<p style="text-align: center;">I TELL THE TRUTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I always tell the truth. I believe that telling the truth is next to godliness and cleanliness. I do not steal and I do not lie. People trust me as a result.</p>	<p style="text-align: center;">I LIE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not tell the truth. Even if there is no consequence to speaking the truth, I tend to lie or make up stories. Those that are sensitive sense that I am not speaking the truth and do not trust me.</p>	<p><i>I intend honest communication and truth in the dance of life. I intend to cease to lie to others or myself. I intend to lift all veils and perceive down to the truth of the unconscious dance between others. I intend that if others are not ready to hear my unconscious perceptions, that I speak the truth to their soul and body spirit. I intend to release personality entities that like to lie or exaggerate the truth.</i></p>
<p style="text-align: center;">I OVERVALUE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to over value all others along with myself in the dance of life. I like to tip more than the service warrants. I tend to honor others when perhaps their behavior or patterns do not warrant being honored.</p>	<p style="text-align: center;">I UNDERVALUE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to undervalue others. I tend to not fully value the accomplishments or contributions of others. In a restaurant, I tend to tip less than the service warrants.</p>	<p><i>I intend honor in the dance of life. I intend balanced giving and receiving. I intend to value any contribution for what it has provided unto the whole. I intend to cease to put others on pedestals thinking that they have contributed more than they have. I intend equality in the dance of life. I intend to release all karma for non-equality in my ancestry.</i></p>

Anu: I TRUST Red: I INFLATE Male or Ego	Anu: I DISTRUST Red: I DEFLATE Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I TEASE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like to tease others about those patterns I find humorous in them. The teasing tends to allow them to laugh at themselves without feeling degraded.</p>	<p style="text-align: center;">I THROW BARBS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to tease another to a point of causing them to feel degraded. I tend to perceive the dark side of others and find it humorous and like to share what I perceive.</p>	<p><i>I intend to find the humor in the dance of life. I intend to create more experiences of laughter that is joyous. I intend to release those personality entities that enjoy using humor as a weapon to harm the field of another. I intend to release all karma in my ancestry for harm through humor.</i></p>
<p style="text-align: center;">I FLATTER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like to pat the back of others puffing up their egos. I am good at finding the positive side in another and exaggerating it through flattery. Through flattery, I seduce others into doing what I want.</p>	<p style="text-align: center;">I DEGRADE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy finding out the things that others most fear in themselves and then pointing it out. In causing others to feel invalidated, they are more easily controlled.</p>	<p><i>I intend to cease to participate in the dance of seduction and control. I intend to retrieve my power and truth from those who have degraded me in this lifetime. I intend to release all ancestral karma for the dance of seduction and control. I intend honest communication and equality in the dance of life.</i></p>
<p style="text-align: center;">I AGREE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I find it easier to agree with others. As I agree, there is no need to argue. I avoid argument if at all possible, even if I believe otherwise. In so doing, I fail to speak my truth.</p>	<p style="text-align: center;">I DISAGREE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like a good argument. It tests the wills of all involved. Therefore sometimes I disagree just to create the argument out of the enjoyment of it.</p>	<p><i>I intend to find my truth in the dance of life. I intend to speak my truth. I intend to allow all others to speak their truth without the requirement to argue, as all truths are valid. I release all personality entities that wish to argue or avoid an argument by failing to speak my truth. I intend to release all ancestral karma for the loss of truth.</i></p>
<p style="text-align: center;">I SMOTHER <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like to control others by "mothering" them. I give advice and wrap others up with my energy telling them who I want them to be. Often I unconsciously heal others to be loved and accepted.</p>	<p style="text-align: center;">I RUN AWAY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel suffocated by those who smother and so I run away and reject them. I find intimacy suffocating and avoid it at all costs.</p>	<p><i>I intend boundaries in the dance of life. I intend that my energy remain around me giving space for others to retain their own energy in their own field. I intend sovereignty of field through which the dance of smothering and rejection can cease. I release all ancestral karma for how boundaries were lost over time.</i></p>

Anu: I CONTROL Red: I AM POWERFUL Male or Ego	Anu: I AM CONTROLLED Red: I AM POWERLESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I DICTATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tell others what to do and how to do it. Others look to me to understand what to do next or how to behave. Others tend to adjust their behavior unto my will. I use direct and indirect means of directing others as I wish.</p>	<p style="text-align: center;">I AM DICTATED UNTO <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I allow others to direct my existence. I always look to my spouse, boss, friend or psychiatrist/counselor as to what is best for me to do next. I have a hard time making a decision on my own.</p>	<p><i>I intend to ascend into my truth in action. I intend to go inward to find guidance as to what I should do next or focus upon next. I intend to open to inner communion with soul, nature and Earth for this purpose. I intend to cease to participate in the dance of control. I intend to release all ancestral karma associated with control and being controlled.</i></p>
<p style="text-align: center;">I RULE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>It is my nature to be much as a king, queen or magistrate. I tend to rule the household or office with a strict hand. In some cases, I am the boss, governor, president, CEO or royalty.</p>	<p style="text-align: center;">I AM RULED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe in doing the bidding of another. It is not my nature to challenge the powers that be. I do not challenge my spouse or boss even if I feel that there is an inequity between us.</p>	<p><i>I intend unity and equality in the dance of life. I intend that each who chooses to contribute something unto the whole has an opportunity to do so. I intend opening to my own holographic knowing and directing my own life dance from within. I intend to release all ancestral karma for the loss of holographic knowledge.</i></p>
<p style="text-align: center;">I DOMINATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to dominate others by taking a leadership position in the dance of life. In any job that I have had, I have wound up the boss or manager.</p>	<p style="text-align: center;">I SUBORDINATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to give in with others and take the subordinate position in the dance of life. I rarely end up in a position of management.</p>	<p><i>I intend to transcend the need to dominate or subordinate in the dance of life. I intend to speak and stand in my truth with all others, and allow all others to speak their truth from within. I intend to release all karma for ancestors who dominated or subordinated in their life dance.</i></p>
<p style="text-align: center;">I AM INCONSIDERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have no problem being rude in order to get my way or get others to pay attention to me. I do not care what others think. I feel justified that I should not be ignored.</p>	<p style="text-align: center;">I AM CONSIDERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am considerate to a point that I fail to speak my truth. I tend to modify what I would say to assure that others will embrace what I am communicating. I am careful not to offend others. In some cases, I am a diplomat.</p>	<p><i>I intend honest communication in the dance of life. I intend to communicate my truth in a manner that it can be received and understood. I intend to allow all others to communicate their truth and I intend to listen and understand. I intend to build bridges of understanding. I intend to release all karma in my ancestry for dishonest communication.</i></p>

Anu: I CONTROL Red: I AM POWERFUL Male or Ego	Anu: I AM CONTROLLED Red: I AM POWERLESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM FIERCE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have no problem fighting for what I believe in or what I want. I am happy to complain when I feel an injustice has occurred towards myself or towards another. I can be a good spiritual warrior or attorney.</p>	<p style="text-align: center;">I AM MEEK <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe in non-violence and turning the other cheek. I do not believe in war to a point that I will allow myself to become used by others in failing to take a stand and demanding what I feel is equitable.</p>	<p><i>I intend to become the spiritual warrior and take up my sword if need be to defend my boundaries against invasions of the dark forces that plague Earth. I intend to open my heart and experience the love and communion of soul, nature and Earth, where gentleness can rein in such an interconnection. I intend to release my ancestral karma for false beliefs in non-violence to the point of falling in consciousness.</i></p>
<p style="text-align: center;">I AM UNCOMPASSIONATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not relate to others in compassion. I care little for how they feel or what they do. I have long closed my heart to a point of failing to love or feel any longer.</p>	<p style="text-align: center;">I AM COMPASSIONATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel so deeply that it is difficult to remain separate from the feelings and experiences of others. I confuse compassion with empathy, and have a tendency to take on others patterns, karma and suffering.</p>	<p><i>I intend compassion in action. I intend to open the heart in ascension so that I may love and commune with spirit. I intend to release all patterns of false compassion in which I believe I must heal another. I intend to allow all others their spiritual lessons. I intend to release all karma for false compassion in my ancestry.</i></p>
<p style="text-align: center;">I AM DEMANDING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am demanding and assert myself in all life circumstances. Others meet my demands in ease. I am a leader, governor, manager, boss, CEO and one of great power upon the physical plane. I tend to take power from others.</p>	<p style="text-align: center;">I AM UNDEMANDING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I accept whatever is dolled out my way. I do not complain when there perhaps is a need to complain, as I did not receive what I agreed unto. I tend to give my power to others in charge.</p>	<p><i>I intend to ascend into authentic power in this lifetime. I intend to return power that is not my own and retrieve the power that has been lost in my ancestry. I intend unity in the dance of life in which I can stand next to the others empowered to ascend. I intend to release all ancestral karma for abusive power and the loss of authentic power.</i></p>
<p style="text-align: center;">I ARGUE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to dominate the conversation and argue my point of view, perceiving myself as right and in the truth. I enjoy a good confrontation and will illicit one just for the joy of the dance.</p>	<p style="text-align: center;">I NEVER ARGUE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I avoid an argument at all costs including failing to speak my truth when I probably should. I give in to others point of view and fail to voice my point of view in any confrontation.</p>	<p><i>I intend to become my truth in action. I intend to retrieve all power lost in this life along with all power lost in my ancestry. I intend to speak my truth, but also to allow all others to speak their truth. I intend unity and collaboration in the dance with others. I intend to release all ancestral karma for how humans ceased to collaborate in honor with one another over time.</i></p>

Anu: I CONTROL Red: I AM POWERFUL Male or Ego	Anu: I AM CONTROLLED Red: I AM POWERLESS Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I WIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to win at the game of life. If it is a job I want, I will get it. If it is acknowledgment at work, I will get it. If it is a trip through a raffle, I will win it. I also win at lotto and gambling. I take karma for others to win.</p>	<p style="text-align: center;">I LOSE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>No matter how many times I may enter the raffle or gamble I always lose. I wind up second best to last in any office competition. I give my karma to win away to others.</p>	<p><i>I intend balanced giving and receiving in the dance of life. I intend to call in my good karma so that I manifest my physical plane needs in ease. I intend to return any poverty karma that is not my own. I intend to balance the scales of karma owed to me without guilt and without regret. I intend to release all karma for karmic manipulation in my ancestry.</i></p>
<p style="text-align: center;">I AM CORRUPT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am willing to make bargains to have the dream that I desire fulfilled upon. I am willing to go against the law to win an election or seal the deal.</p>	<p style="text-align: center;">I AM INCORRUPTIBLE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I cannot be corrupted. If I am aware that there is an illegal action occurring at the office, I will squeal to the authorities. No one can tempt me, as I am incorruptible.</p>	<p><i>I intend true spiritual law in the dance of life. I intend to speak my truth in any circumstance if the karma associated justifies it. If not, then I allow the dance as it is playing out as there is karma for the corruption. I intend to release all karma in my ancestry for how true spiritual law was lost within the human dance.</i></p>
<p style="text-align: center;">I BARGAIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am willing to make deals in order to have more sales. I am willing to wheel and deal if the price is right. In the unconscious I may be an information or dream broker.</p>	<p style="text-align: center;">I WILL NOT BARGAIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not believe in bargaining. I am unwilling to lower my price to a point that there is a loss or so little profit that it does not balance the time and effort put into the product or job.</p>	<p><i>I intend balanced giving and receiving. I intend to cease to make any agreements that prevent further ascension in this lifetime. I intend to release all karmic agreements completing to the degree that I can. I intend to release all karma in my ancestry for karmic and dream manipulations.</i></p>
<p style="text-align: center;">I DESTROY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am willing to destroy another to remain in power and control. I may hire a hit man to kill the one who threatens me, or harm them in the unconscious until they become ill.</p>	<p style="text-align: center;">I NEVER DESTROY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>Destruction for any reason is wrong from my point of view. There is no need to destroy another to resolve a problem. I believe in negotiation instead of war.</p>	<p><i>I intend to ascend. I intend to release all karma for destruction and war in my ancestry. I intend to release karma for disease or inward harm in my ancestry. I intend peace; peace within and peace with all relations. I intend to release all ancestral karma at cause of a loss of peace within.</i></p>

Anu: I VALIDATE Red: I AM FRIENDS Male or Ego	Anu: I INVALIDATE Red: I AM ENEMIES Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM DIRECT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am straight with others. I tell them honestly how I feel. I have a hard time hiding how I feel if I lie and others generally sense that I am not telling the truth.</p>	<p style="text-align: center;">I AM INDIRECT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a hard time being straight with others. I do not wish to hurt feelings or create waves. I therefore try and indirectly communicate what I perceive.</p>	<p><i>I intend honest communication. I intend to become my authentic self and allow all others to become their authentic self. I intend to allow myself to speak my truth in the moment. I intend to release all karma for how my ancestry lost their truth and authentic selves over time.</i></p>
<p style="text-align: center;">I AM HONEST <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I cannot tell a lie. When I lie, my face shows the truth and everyone knows anyway. I also cannot hide how I feel.</p>	<p style="text-align: center;">I DECEIVE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am a gifted actor or actress. I can easily deceive others into believing a lie that I have told or a story that is not true.</p>	<p><i>I intend honor in the dance of life. Out of honor, one would not lie, as it would dishonor another to fail to be told the truth. I intend to cease to require the need to deceive others and intend to release all ancestral karma for deception and intrigue.</i></p>
<p style="text-align: center;">I AM UPLIFTING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to be positive and outgoing, always perceiving the positive side in others in the dance of life. I am nonjudgmental in my relations.</p>	<p style="text-align: center;">I AM PATRONIZING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to treat others as if I were their mother or father. Often I am critical and judgmental. The criticism causes others to do my bidding.</p>	<p><i>I intend to create an environment where each may speak one's truth freely. I intend to erase the memories of my parent's judgment and criticism and create new inner parents that hold of role of counselor. I intend to release the trauma in my inner children so that they may rise beyond judgment and the inner critic.</i></p>
<p style="text-align: center;">I AM CONSIDERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am considerate to a point that I fail to speak my truth. I tend to modify what I would say to assure that others will embrace what I am communicating. I am careful not to offend others. In some cases, I am a diplomat.</p>	<p style="text-align: center;">I AM INCONSIDERATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have no problem being rude in order to get my way or get others to pay attention to me. I do not care what others think. I feel justified that I should not be ignored.</p>	<p><i>I intend honest communication in the dance of life. I intend to communicate my truth in a manner that it can be received and understood. I intend to allow all others to communicate their truth and I intend to listen and understand. I intend to build bridges of understanding. I intend to release all karma in my ancestry for dishonest communication.</i></p>

Anu: I VALIDATE Red: I AM FRIENDS Male or Ego	Anu: I INVALIDATE Red: I AM ENEMIES Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM EMPOWERING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy empowering others to find their truth and heal. Perhaps I am a counselor, teacher, healer or doctor in this lifetime. Sometimes in empowering others, I give my power away leading to feeling deflated or depressed.</p>	<p>I UNDERMINE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I use my wit and knowledge in a way that lets others know that they are inferior or less aware or witty than myself. I tend to be condescending and invalidating in nature. I tend to take power from others.</p>	<p><i>I intend to stand tall in authentic power. I intend to cease to give power away or take power from others. I intend to retrieve all power lost over time in my ancestry and to empower myself through ascension. I intend to return all power stripped throughout time and space and form so others may ascend into their authentic power.</i></p>
<p>I AM COMPASSIONATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel so deeply that it is difficult to remain separate from the feelings and experiences of others. I confuse compassion with empathy, and have a tendency to take on others' patterns, karma and suffering.</p>	<p>I AM UNCOMPASSIONATE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I do not relate to others in compassion. I care little for how they feel or what they do. I have long closed my heart to a point of failing to love or feel any longer.</p>	<p><i>I intend compassion in action. I intend to open the heart in ascension so that I may love and commune with spirit. I intend to release all patterns of false compassion in which I believe I must heal another. I intend to allow all others their spiritual lessons. I intend to release all karma for false compassion in my ancestry.</i></p>
<p>I AM LOVING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe that love will resolve all world problems. I believe in loving everyone. Often I am disappointed when others do not love me in return or are critical and condescending. I tend to give my love away to others and then feel unloved within.</p>	<p>I AM UNLOVING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I believe that this is a loveless world. Perhaps I have been abused extensively as a child and deeply fractured. As a result of this, I have shut my heart closed and do not love. I am bitter and unable to forgive those who hurt me. I take love from others.</p>	<p><i>I intend to love non-conditionally and without attachment. I intend to open my heart and feel the love of my God Goddess within. I intend to cease taking love from others or giving love unto others. I intend to heal my wounded inner children so that they may love again. I intend to transcend resentment and bitterness embracing a state of forgiveness. I intend to release all ancestral karma for a state of non-love and non-forgiveness.</i></p>
<p>I AM BEAUTIFUL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am perceived as beautiful. Men/ women look at me with attraction in their eyes. I tend to take the beauty of others along with their information on inner beauty.</p>	<p>I AM HOMELY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am not perceived as beautiful. Men/women do not look at me with attraction in their eyes. I may never find a mate because of this. I tend to give my inner beauty away</p>	<p><i>I intend to retrieve my information on beauty or return such information that does not belong unto me. I intend the presence of soul to shine through my eyes. I intend to allow the beauty to shine through my etheric body from the god goddess of my being. I release the persona that feels homely and unloved.</i></p>

Anu: I VALIDATE Red: I AM FRIENDS Male or Ego	Anu: I INVALIDATE Red: I AM ENEMIES Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM SEXUAL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like my body and how it feels to be touched. I enjoy my sexuality and if I have no partner, then I am happy to masturbate. I find that sex makes me feel more alive. Sex is used to transfer records and information between my partners and I.</p>	<p style="text-align: center;">I ABHOR SEXUALITY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I reject my sexuality and feel nothing at all. I may be frigid in the bedroom. Perhaps I have sexual wounds from childhood that have yet to heal. In life I may take a stand against abortion and not believe in pre-marital sex.</p>	<p><i>I intend to learn to run my kundahlini energy flow and sexual energy in order to ascend. I intend to heal all sexual wounds of the past or my past ancestry. I intend to create an ascending partnership to be sexual with so that sexuality can be supportive of my choice to ascend. I intend to release all ancestral karma for how sexuality was used to transfer records between humans.</i></p>
<p style="text-align: center;">I AM OUTGOING <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I like others and like to talk. I am friendly and have many friends. I like to go out and party or socialize. I am often unaware of the unconscious patterns of harm that flow through the groups I affiliate with.</p>	<p style="text-align: center;">I AM INTROVERTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I prefer to be alone. I find it uncomfortable to be in a large group of people. I am shy and tend to be invisible in social occasions. I have a hard time making conversation.</p>	<p><i>I intend to balance all subtle bodies through ascension. I intend equal proportions of mental, emotional, intuitive and creative bodies. I intend to be able to verbalize my thoughts and truth. I intend to balance the inner with the outer, giving equal time to be social as to the inner work that ascension entails.</i></p>
<p style="text-align: center;">I AM THIN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am thin and therefore perceived as more beautiful than those who are fat. Perhaps I am thin through birth, or perhaps I watch my diet closely. If so, I may be starving myself to stay thin. I tend to give my darkness to others.</p>	<p style="text-align: center;">I AM FAT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have been heavy all of my life and have tried all weight loss programs to no avail. Or I have gotten to be heavier in my ascent. Because thin is deemed beautiful, I feel rejected by others due to my size and weight. I tend to hold on to the darkness of others.</p>	<p><i>I intend to cease to give the shadow of myself away, as I need my shadow in order to integrate my unconscious through ascension. I also cease to take on the shadow of any other. I intend to release all karma for the exchange of the shadows throughout my ancestry. I intend to cease to perceive beauty founded upon thin or fat, and rather see the soul in the eyes of each human that befriends me.</i></p>
<p style="text-align: center;">I DIET <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I desire to be beautiful and so I diet to be thin. In the diet, I deprive the body of what it requires to feel loved. Out of this I feel even less loved than before the diet, causing dieting to become a vicious cycle of binge eating followed by starvation.</p>	<p style="text-align: center;">I OVER EAT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have always found food comforting. I have always overeaten. Others have always preferred me to lose weight including my spouse, parents and doctor. Few diets have had any affect. I am eating for all who are starving in the world.</p>	<p><i>I intend to give my body all nutrients it requires to biologically ascend. I intend to love and honor my heavier body that I now have due to ascension as it holds a higher frequency. I intend to release all karma in my ancestry for being perceived as overweight or underweight. I intend to open to the love of my God Goddess within. I intend to bless the food and feel the love of the kingdoms as I eat.</i></p>

Anu: I LIVE Red: I AM FREE Male or Ego	Anu: I DIE Red: I AM IMPRISONED Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I AM JOYFUL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I find the joy in the life dance. Even if all is going not so well, I stop to smell the roses and enjoy the beauty around me. I look for the positive in all experiences. I take the joy from others.</p>	<p style="text-align: center;">I AM JOYLESS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am depressed. I find little to be in joy about. Perhaps I am diseased, suffering from an accident, or imprisoned. There is little to allow for happiness in this creation. I give my joy away.</p>	<p><i>I intend authentic joy in the dance of life. I intend to give to my body what it desires in order to be happy. I intend to give the small things if I cannot afford the big things that the body would like. I intend to manifest enough to take my body to a region that it would like to visit or live within. I intend to become the dreamer and the dream.</i></p>
<p style="text-align: center;">I PITY <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I often look at others and am grateful that I am not in their shoes. I pity those less fortunate than myself or caught in difficult circumstances of any kind.</p>	<p style="text-align: center;">I AM PITIED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have a life that others would prefer not to have. Perhaps I am retarded, an invalid, very old or diseased.</p>	<p><i>I intend compassion in action. I intend to integrate those parallel lives that those that I pity reflect unto me as an ascending being. I intend to understand how the pitied feel so that I may learn the spiritual lessons that the pitied reflect.</i></p>
<p style="text-align: center;">I AM HIGH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am high from life, or I am high on some drug or alcohol. I believe the spiritual path is about becoming high and never coming down.</p>	<p style="text-align: center;">I AM DOWN <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am down. Life is not going my way or I have just come off of drugs or alcohol and now the reality of my life has hit in.</p>	<p><i>I intend to enjoy the peaks in ascension. I intend to embrace the valleys, as it is during the difficult moments that one often learns the deepest spiritual lessons upon the path. I intend to rise above all addictions. I intend to release all karma for addiction in my ancestry.</i></p>
<p style="text-align: center;">I AM EXUBERANT <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am excited and enthusiastic about my life experiences. I have much to give and share. I am willing to speak and share of my truth with others.</p>	<p style="text-align: center;">I AM DEMURE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am rarely excited. I find excitement and enthusiasm in others frightening. I am afraid of losing control over myself. I tend to prefer quiet surroundings and life experiences without too much noise.</p>	<p><i>I intend to release any patterning that does not allow for the full expression of who I am. I intend to find my passion and follow it. I intend to heal the wounds of the past where I internalized a lack of joy and bounty. I intend to release all ancestral karma for a lack of self-expression and joy. I intend to heal my inner family and child so that they have permission to come out and play.</i></p>

Anu: I LIVE Red: I AM FREE Male or Ego	Anu: I DIE Red: I AM IMPRISONED Female or Neg. Ego	INTENTION FOR COMMUNION
<p>I AM ENLIGHTENED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I expand into a new form of awareness. Perhaps the feeling of enlightenment is through real ascension, perhaps it is through drugs, or perhaps it is a fantasy reality sustained by some guru.</p>	<p>I AM BURDENED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I contract, as there appears to be no end to the karma that I have to process and clear. I am prone to taking on the karma for others.</p>	<p><i>I intend to transcend fantasy realities and expand in consciousness due to legitimate biological ascension. I intend to transcend the dance of karmic manipulation now and in my ancestry. I intend to transcend addiction now and in my ancestry. I intend to expand in awareness through ascension.</i></p>
<p>I AM SUPPORTED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I feel free as others are supporting me. Perhaps I have just received a large inheritance, or my spouse is working and I am free to go to school, create art, or raise the children. I enjoy the freedom of being supported.</p>	<p>I SUPPORT OTHERS <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I am burdened with supporting others in the dance of life. I must work to fulfill upon all of their needs. I subordinate myself to this role and purpose. Sometimes the role makes me feel unhappy and like a victim.</p>	<p><i>I intend that each learn to stand sovereign in the dance of life. If I have karma to settle in supporting another, then I intend to settle the karma; and as the karma is settled, I shall cease to support them. If I have karma to collect that supports me, then I choose to collect until the debt is settled, and then find a modest means of supporting myself. I intend sovereignty and freedom in the dance of life.</i></p>
<p>I AM NURTURED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy when others nurture me. I indulge in massage and therapies of all kinds. I allow others to pamper me and take care of me.</p>	<p>I NURTURE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I enjoy taking care of others. Taking care of others makes me a good mother or person. Perhaps I am a massage therapist or practitioner of any kind. Often I take care of others at my own expense.</p>	<p><i>I intend to give unto myself all that is required to ascend. I intend to nurture myself through detoxification rituals and proper diet to support ascension. I intend to give to myself exercise to move the field. I intend to move my body to a region that it loves and supports ascension. I intend to find a preoccupation that I love. I intend to release all ancestral karma that would block such an outcome in my dream.</i></p>
<p>I AM HEALED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to seek out practitioners and therapists to heal me. I do not believe that I am capable of healing myself. I give my information on healing away. I often take on disease karma from others. Sometimes I am healed as my therapist takes on my disease karma.</p>	<p>I HEAL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to heal others in the unconscious. Perhaps I am a therapist or doctor but not necessarily. In my presence, others feel better. I take on their pain, suffering and disease karma. Sometimes I manifest a disease in later life as a result.</p>	<p><i>I intend to become my own doctor within. I intend to develop a working relationship with the mineral and herb kingdoms so that I may draw upon their vibrations and chemistry to support my ascension. I intend to open to my own inner awareness and doctor myself. I intend to cease to heal others in the unconscious. I intend to release all ancestral karma for disease manipulation.</i></p>

Anu: I LIVE Red: I AM FREE Male or Ego	Anu: I DIE Red: I AM IMPRISONED Female or Neg. Ego	INTENTION FOR COMMUNION
<p style="text-align: center;">I SUCCEED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to succeed at everything that I attempt. At school I get good grades. I get the job that I desire. If I start my own business, then I succeed. I tend to take success karma from others.</p>	<p style="text-align: center;">I FAIL <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend fail at everything that I attempt. Life just does not go my way. I do not get the job, and if I attempt school, I fail to earn the degree. I tend to take on failure karma from others.</p>	<p><i>I intend to become the dreamer and the dream. I intend to release my karma from failure now and in my ancestry. I intend to return all failure karma that is not my own. I intend to call in legitimate karma to assure success at what I envision accomplishing. I intend not to take on the karma of others for success as this only creates more karma.</i></p>
<p style="text-align: center;">I DREAM <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to take responsibility for the dreams that I wish to manifest and step by step bring them to manifestation upon the physical plane.</p>	<p style="text-align: center;">I FANTASIZE <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I tend to sit in fantasies of dreams that I know I will never manifest. The fantasies fill me for a time and then I feel empty. I tend to read a lot of novels or watch television.</p>	<p><i>I intend to become the dreamer and the dream. I intend to dismantle all fantasy realities that do not serve my ascension. I intend to cease to participate with the media and focus instead upon communing with Earth and nature. I intend communion in the dance of life. I intend to release all karma in my ancestry for creating fantasy realities.</i></p>
<p style="text-align: center;">I HAVE GOOD HEALTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have good health and stamina. I can exercise without pain. I can work all day and feel o.k. I am in good shape. I tend to be outwardly harmful in nature.</p>	<p style="text-align: center;">I AM DISEASED <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I have been sickly since I was a child. I have been in and out of hospitals seeing more doctors that I can recall. I tend to be inwardly harmful in nature.</p>	<p><i>I intend to become harmless upon all planes of reality. I intend to cease to allow my field to be used to shatter others in the etheric. I intend to cease to allow myself to be harmed through others and shall learn to hold good boundaries. I intend to release all karma for inward and outward bound harm in my ancestry.</i></p>
<p style="text-align: center;">I AM TRUTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I take the truth of others. In so doing, I think I know who I am in that I am the truth. In reality I am a compilation of the truth of others and really do not know what or who I am.</p>	<p style="text-align: center;">I AM NON TRUTH <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes</p> <p>I give my truth to others and in particular the spiritual teacher. As a result, I do not know who I am. The teacher appears much more knowing, and so I seek he or she out for counseling and guidance.</p>	<p><i>I intend my truth in action. I intend to open to my inner awareness and holographic knowledge. I intend to return the truth of others that I have collected in this life or any lifetime as a guru. I intend to retrieve my truth given to anyone in this life or throughout my ancestry. I intend to become my living truth through ascension.</i></p>

SUMMARY

We hope you have enjoyed mapping out the polarity thought-form that you tend to be in the now; or perceive the thought-form you have already transcended due to your own ascension to date. Assessing thought-form is a useful mechanism for ascension. One can then utilize the intentions to drive the momentum out of polarity in the dance of life.

Intentions need not be done every day. Instead Earth suggests that each have a firepot ceremony once to twice per year. In the ceremony, one can write all the intentions that one requires making for the transcendence ahead. Then one can crumple it up and throw the papers in a lit fireplace, or set the pages on fire with a match or lighter. The element of fire will energize your intentions. Then each day you can simply say, "I intend my firepot intentions". As the intentions become outdated due to continued ascension, one can compile another list in six months to a year's time, and have another ceremony.

Intentions are not to be made mechanical. Intentions are fluid to the needs of the ascent in any given day, week or month of evolution. One can intend their firepot intentions and then intend what one perceives as necessary to drive the ascension forward in the moment.

We hope that what we have shared is useful. Originally, we were planning on analyzing more archetypal dances between archetypes. It became obvious as we did so in dreamtime that an understanding of working with thought-form and intention to transcend would be more useful first. And so this became the second chapter. In our next chapter, we will go on to analyze more archetypal patterns.

Until our next communication,
Namaste
The Earth Mother



"Forgiveness is Key" by Judith Anya Roderick

CHAPTER 3

THE DANCE BETWEEN ARCHETYPES

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"
March 23, 2005

Dear Beloved,

We are excited to be able to write again now after a few months respite due to the travels of Mila and Oa. Living on the road is difficult enough and this year few articles were written; perhaps this speaks to all the inner work that Mila and Oa require tending to while on the road. Often they gather records for the continued ascent of Earth and humankind, and this was their primary focus this spring of 2005. Indeed much was revealed that then allows a better understanding of the various archetypes and how they related unto one another. For this reason we delayed this section until Mila and Oa's travels; as Earth perceive that there would be a clearer picture to speak to as a result of the records revealed.

Chapter 1 examined archetypes and those associated from the ancestral cast of characters. Now we will examine how the cast of characters dances together. For those that had difficulties in interpreting the archetypal nature of others that one has lived with most of one's life, perhaps in defining the nature of the dance together, it will better allow each to understand the karma of those that one was born unto and has lived with, worked with or been married unto over time. In understanding the dance, it is easier to forgive, as through forgiveness one can then change the dance and create ascending friendships and relations instead.

Ascending relations and friendships will be different from the dance that others are unconsciously participating in at this time in history. What is the primary difference? Through ascension, one can become conscious of not only how one may dance with others, but can choose through freewill choice to alter one's own patterning, belief systems and energy flow in a manner that the dance changes. As the dance changes, some who cannot change or stretch so far may get angry; others may leave the dance entirely as they do not resonate with oneself any longer. Little by little as one completes with those of a non-ascending nature in full, then one may create in their place ascending relations that better support one's continued choice to evolve.

ABOUT THE TAPESTRY OF ANCESTRY AND HOLOGRAMS

Each reading these materials may perceive patterns that one participated in within this life or within others surrounding oneself. The lineages that one holds in the tapestry of ancestry will call the experience to oneself. At birth, one received twenty-five lineages of various natures. Some are associated with the Anu or Anu Slave, some the Red Nations Peoples (seven root races), some Albyreon and some the Grand Masters. Reptilian influences did not affect the holographic planes but rather were mirrored into the DNA from fourth

dimensional interbreeding with ascended humans from ancient times. Therefore there is no specific Reptilian holographic nature in the third dimension, but are rather considered an "overtone" in energy flow from the fourth dimension.

Each was born with a lineage that creates a pre-ascending nature that describes one's persona prior to evolution. In Mila's case, she was primarily red nation and grand master along with slave lineages in her original birth tapestry. This set up a personal that was subservient and an unconscious healer along with counselor to all others. Oa had lineages that were red nation, Anu slave and grand master as well, but different lineages from Mila. His composite was of one who would do whatever it took to care for his family, sacrificing of himself, working long hours, and earning a good income to provide for all others. Each can probably define their original pre-ascension persona by examining one's earlier life in relationship to all others including one's parents and siblings.

Mila and Oa were born with a Grand Master holographic nature that with did not assert itself until after 3000 strands of DNA were mastered. At this point, each recovered 144 lineages in full associated with an earlier inheritance from around the time of the Pharaohs. Each is piecing their tapestry back in time from this era, which is why we will continue to focus upon the karma from this era in the articles to be written of in the year ahead in addition to the chapters in this workbook. As new lineages are added, one may discover oneself playing a new archetypal pattern in the dance of life that was not previously the script one could participate in. This is how Mila and Oa became teachers or ascension as it was a script associated with their Grand Master holographic archetypal nature.

Not all in this program have a body hologram that is Grand Master. Most are Red Nation or Albyreon in body hologram. A few have Grand Master body hologram but their lineages have been restricted to 4200 strands in this lifetime due to missing genealogical information to ascend the entire body to the next level of genetic instructions. Those in Group Mastery and Self Study in present time are Grand Master body hologram and have an opportunity to map carve to 6000 or 9000 strands provided that they prove to have the appropriate genealogical information for the task of altering the biology.

In the experience of SSOA, those trying to ascend beyond where the body has capacity only create incomplete or false ascensions, which can harm others or cause one to become diseased. It is why these restrictions have been chosen by the Ascension Counsels of earth. In so doing, there is a good chance for each to build a strong body that will make it through the coming times of cleansing.

Holographic nature is changing. Earth is introducing a New Astrology that is for ascending incoming children. Each adult who is ascending to 3000 will also align with one of the 18 new signs as a main tone, and two will be overtones. In future chapters we will delve into how this is measured for better understanding. For now we are focusing upon the archetypes as they have been and have created the scripts of behavior and life drama and trauma that humanity has continued to experience since the original karma was set in motion long ago. As the karma is released, there is an opportunity for a new dance to emerge. It is as the karma is

released from one's holographic nature and the associated lineages that one can then embrace the new astrology to mold one's persona and continued life expression. This is the hope and dream of Earth for each in this program, and each to utilize these materials into the future.

Now we are going to delve into more details of the relationships between archetypes. Innana and Merduk lived so long that there are many scripts associated with the along with each of the Anu family members. We are going into the details of this so that the nature of the scripts can be defined in the workbook section associated with this chapter.

THE DANCE OF RELATIONSHIP OF THE ANU

1. *INNANA, Goddess of Love*

INNANA AND THE OTHER ANU ARCHETYPES

Innana had a respected position amongst the other Anu family members. In the beginning, Merduk considered her his partner in association with developing life extension practices. Innana was not interested in the laboratory, but would willingly try or drink any concoction that Merduk created to assist in the process of regeneration. Innana was more interested in what she saw in the mirror than the internal functioning of the body, and so as long as she looked youthful and beautiful, Innana was happy.

Mostly Innana was interested in sex, and Merduk used her interest to seduce others he desired information from. Zeus also used Innana to seduce various business associates he wished to make a "deal" with. Each revered her ability to seduce others and in essence fostered her capabilities for their own desired end. Innana also relied upon Merduk to create aphrodisiacs so that her seduction was successful with each that they desired to manipulate in one direction or another. The aphrodisiacs were often narcotic like, knocking the seduced one out after they had been happily teased and pleased by Innana. Sometimes their personal belongings were then raided and whatever Merduk or Zeus was seeking to know was procured.

In the beginning, this is how the Anu procured what they required to breed the slaves who eventually provided the work force that the Anu required to amass a small Pleiadian fortune. The family worked together during this era towards a common goal of success; this drive allowed for greater compatibility and harmony amongst them, which lasted really until about half way through Innana's 18,000 year reign.

Innana related to Athena, Diana, Hera, Demeter and Hestia in a sisterly manner. Most of the others were jealous of Innana's beauty and ability to seduce. Competition over beauty in present time really comes from the relations between the Anu women who would always try to out dress each other at family events.

After the original sisters chose to exit physicality leaving their offspring in their associated positions, the competition diminished as Innana was considered senior, and therefore superior to the rest.

As Innana pushed beyond 9,000 to 10,000 years of age, something happened. Perhaps the biology was really not designed to live this long. The change was not perceived as a loss in physical beauty or as aging per se; but the temperament and balance of persona began to erode. In the beginning, small temper tantrums or arguments with slave-servants became common with Innana. Later the tantrums exploded to a point of destruction, where Innana would want the slave that displeased her executed. "Off with their head" she would scream! So this was also with the last few of her lovers who were decapitated due to her dissatisfaction. Yes King Henry VIII who beheaded his wives for failing to give him a child was an example of the Innana archetype from this time period of her life.

Dionysus prescribed certain drugs to assist Innana in finding some semblance of peace. Innana took to farming many of these drugs after much of her personal wealth was eroded away in the high cost of importing such medicinals from the Pleiades. The drugs worked for a long time to retain peace amongst the Anu. The remaining family members except for Merduk feared Innana and as a result strove to give her a lot of space and time to herself during the second half of her reign.

As Innana approached 15,000 years of age however, she began to argue incessantly with Merduk who was becoming increasingly imbalanced himself. The drugs did nothing to end the dissonance between them at this juncture. Instead of perceiving the imbalance and perhaps choosing to separate or return home to the Pleiades, the arguments began to take on the quality of some of the last arguments that split up Innana and David (see below).

Merduk then declared war upon Innana. Apollo and Athena intervened and tried to keep peace in the family. This worked for a time seemingly; but Merduk went off to develop and train slaves to destroy Innana and her temples. For 2000 years, Merduk plotted his warfare against Innana, creating devices and breeding slaves for this purpose. An ambush of the palace and Innana's favorite grounds was planned. Innana's own slaves warned her and she took off in a craft for another palace half way around the world. In this alternative palace, Innana shored herself up with her own slaves for a battle. Slaves volunteered to protect Innana and were flown in by the thousands in her own special aircraft.

The two groups of slaves warred upon each other for 1000 years. This ultimately is the karma that creates warfare again and again in human history, each continuing to defend their "god" in present time, Innana or Merduk. The war in Iraq was a showdown between Innana (Bush) and Merduk (Sadam Hussain) in a present time play out of this karma. Sadam or Merduk lost this time and this may settle this ancient karma finally.

Sometimes Merduk's slaves would make inroads that came far to close to Innana's palace. Sometimes Innana's slaves pushed Merduk's slaves so far back into retreat that the war was appearing to come to conclusion. The Anu watched the battles

from the air and their own craft, much as one might watch football. Over time all became bored and ceased to watch. Innana and Merduk were not deterred however and continued to hate each other enough to participate in the game.

Eventually Innana was told that Merduk had entered one of her temples, which was in a shape of a pyramid. She was able to lock Merduk in her own temple and was to leave him there to starve. Once again Apollo and Athena intervened and convinced her to release Merduk. She did but this was the fatal mistake; as Merduk was so insane he detonated two large nuclear bombs and then committed suicide by sending his spacecraft into Mars, dying in an explosion of fire.

Innana became very ill after the bombs had been detonated upon Earth. All remaining Anu had died in the explosion. Innana had retracted off Earth in her craft and survived. Alas she was so intertwined energetically with Earth and all living upon it due to the life extension practices that although Merduk was dead and Innana had won, now she was dying. Innana went home to the Pleiades to seek out medical help; no doctor understood that she was not the great great great grand daughter of Innana but the original Innana of 18,000 years in age. The doctors could do nothing to help her and Innana died of euthanasia within a few weeks of returning home.

INNANA AND THE SLAVE ARCHETYPES

Innana had a most complex relationship to those of slave archetype. Innana was involved with the sexual and love temples associated with Aphrodite or Venus in Greek and Roman lore. In the early days of slave civilization and before the ice shields broke creating the oceans, Innana had only one temple and this was for tantric and sexual practices. The slaves in her temple were taught all the techniques of a good prostitute in present time. Many of these slaves pleased Innana and Zeus alike who enjoyed their sexual exploits. Innana and Zeus utilized the movement of sexual energy to regenerate themselves and extend their lives. All slave archetypal natures participated in the tantric temples as Innana and Zeus enjoyed the different natures and variant manners in which each seduced or were seduced.

As Innana and Zeus set up a vacation land for lonely and horny Pleiadian men primarily, those from this temple were used to delight the visitors with strip shows, lap dancing as well as exotic sexual rituals and orgies late into the night. This created a rather wealthy and ongoing Pleiadian clientele until the vacationland ended up under the ocean due to the collapse of the ice shields. Fortunately no visitors were present at the time or the family of Anu might have found themselves sued over the loss of life by Pleiadian lawyers.

After the ice shields broke, Innana recreated her temples in three categories; one was for tantric practices, another for marriage, and another for her personal sexual interests. The tantric practice and marriage temples were eventually united into a single temple after slave reproduction went out of control. As female reproduction cycles were turned on once per month instead of once per year, suddenly all women conceived. This caused the slave populations to eventually

rise too high after a few centuries and the Anu chose to therefore restrict reproduction by limiting sexuality to those who were married. This is when something like the Ten Commandments were created to direct slave civilization, and especially “thou shall wait until marriage to have sex” and “thou shall not commit adultery”. Such rules did not include Innana of course.

Innana had many difficult relationships with Pleiadian lovers who came to earth for a time in association with Pleiadian territorial protection. Innana would seduce the officers holding these positions each year. Most found her interesting at first but chose not to continue to relationship after their duty concluded. This disappointed Innana who was seeking to marry for love and to return to the Pleiades creating a new life for herself. After a time, the territory known as Earth or Terra became considered less problematic and the Pleiadian governance withdrew their protection entirely.

Innana then turned to finding the perfect lover from the slave populations. Innana set up a temple in search of the perfect mate or lover. Men from the slave civilization heard that they could become the beloved of Innana, and lined up by the droves to be interviewed. Innana chose one mate per year as her lover after which each received special living privileges including continuing to have quarters at the temple. Innana chose to retain her lovers only one year so that she would not become attached, until “David” showed up for an interview.

David was the half child of Zeus and a slave of the Hercules archetype. Because David was half Pleiadian he had inherited the blue skin of Zeus along with his good looks. David was as close to a Pleiadian beloved that Innana had known in a long time, and so she formally married him. All the family members agreed that this was a good match and considered David more Pleiadian due to the blue skin than any other slave. They all attended the wedding and extended all the privileges of the Anu unto David.

David was a good lover and spouse for Innana for the first 250 years. After this David started to age. His children with Innana also ended up red blooded with his mother’s archetypal nature. This disappointed Innana and the remaining Anu family members. Their children lived an even shorter lifespan than the father, many of which died before him. It was as David aged that the fighting between Innana and her husband began.

What did Innana and David fight about? Much like human marriages today, which are in great dissonance, David and Innana fought over silly things that would not disturb humans who were in balance. Even the drugs offered by Dionysus did not end the fights between them. Some of such fights were so turbulent with exaggerated melodramatic behavior expressed, sometimes with broken dishes and art objects strewn about the palace and clothing tossed out the window. Much like the “War of the Roses”, the two nearly killed each other in the end. The Anu family members began to wonder if they would make it in the long haul. Innana divorced David upon his 275th birthday and he was the only beloved who lost the privilege of remaining on palace grounds or at the temple.

Innana never married another slave after this, and no other appeared for an interview with blue skin either. However each slave that was chosen thereafter received a marriage ceremony complete with wedding gowns and grooms men along with vows exchanged for a year. Innana lived her dream of marriage over 800 times as a result. The Anu family members did not attend these weddings, but the slaves did in large numbers.

Innana also created a temple for marriage to oversee slave unions. Slave marriages were modeled after Innana's weddings, which were something akin to the wedding of Prince Charles and Diana in present time. The slaves of greater wealth and prestige in the Anu slave civilization would create a similar wedding for their children. Vows of a lifetime however were mandatory along with agreements to only mate with their spouses. This is how slave populations were kept lower than would have been otherwise. This archetype for marriage is in full swing at this time of Anu associated civilization within the human dream.

Innana had slave lovers of all slave archetypes; therefore it is not uncommon for beloveds to be attracted to one another in present time from this archetypal dance. After a time, Innana became bored of the dance and discontinued this form of partnership along with her temple. In parallel manner, it will generally be the one of Innana archetype who ends the marriage or relationship from boredom with the one of slave archetype in present time. Large fights between couples that are violent are associated with the archetypes of Innana and the slave archetype of "Hercules" playing out in present time.

One can see this dance played out between Princess Diana (Innana archetype) and Prince Charles in present time (Helios Archetype). Diana eventually was allowed to divorce Charles in her boredom. Also it is interesting to note that Prince Charles is marrying his long-term lover Camellia in present time (another Innana archetype), which will probably make it impossible for him to ever become "king". It is also highly unlikely that King of England would ever be of a slave archetypal nature anyway. It is more likely that Prince Phillip will inherit the thrown as he received Innana archetype from his mother Diana.

Innana was also considered a leader of slave civilization. She was a leader over marriage and love primarily. Most of Innana archetype therefore tends to make such interests a primary focus. One can see this in George Bush who is also Innana archetype; some of his concerns include gay marital rights and the right to life movements that wish to control abortions. These would be typical Innana leadership based interests, and could be on either side of the polarity depending upon the swing of polarities within civilization of the moment. Right now there is a conservative movement in the United States that is in polar counterbalance to the liberal movement of recent decades. It will swing back again, and politicians tend to swing with the beliefs and momentum of the times, as this is how they are elected.

Those of Innana archetype may not always end up in leadership roles in life though; Innana will always be in control however. Some of Innana nature will control from abusiveness and others through undermining, manipulation, or

seduction. This is key with Innana archetype for Innana was more interested in the act of seduction than anything else. If she can seduce you to do what you do not wish to do, and you are overcome and do it anyway, Innana wins. Sometimes those of Innana archetypal nature will also be involved in business and will use their skills of seduction to gain and retain clients, or make deals that benefit their businesses. Sometimes those of this type have no problem sexually seducing their boss or secretary as a means of gaining a promotion or other benefits, personal or otherwise.

Oa had a family friend that was a lawyer. Every afternoon at 3:00 the door to his office would lock with the secretary inside and the couch would become a make shift bed. This lawyer was Innana and the secretaries tended to play the role of the Anu slaves related to Innana's lovers. Everyone at the office knew the game and chose to ignore it, admire it, or criticize it, much as slave populations felt about Innana and all her lovers over time. Slaves had opinions also during the era of the Anu, which were really the opinions of the personality entities that came to dance through them.

The personas of the slaves were fractured pieces of soul with little awareness procured from Alpha Centauri. Such persona already existed in the vibrations of the Kumaras (pain, fear, lust, judgment, death, suffering, and greed) at the time of arrival upon Earth. Such personality entities tend to dance yet again with those of slave archetypal inheritance leading to parallel thoughts in present time. The point is that the dance has not changed in 38,000 years; the dance can only change through ascension.

INNANA AND THE SIRIAN RED NATION ARCHETYPES

Innana had few lovers of any red nation archetypal nature. Innana viewed the red nations' peoples as barbaric and non-civilized in nature and was simply not attracted. It was only due to Merduk's desire to retain control over neighboring red nations' tribes that Innana was procured to seduce certain tribal leaders. Often such seduction scenes will remind one of the film "Groundhog Day". Merduk arranged a meeting between Innana and a tribal leader in their palace. Generally the meeting did not go well and the tribal leader left uninterested in the seduction at first.

Merduk then used time travel devices to send Innana back in time to try and seduce the tribal leader again. Sometimes it took 15 or 20 attempts or more for Innana to finally get the leader to embrace her. This is how the Anu family penetrated the red nation energy flow not only to control them, but also to take chi to regenerate themselves from another nation of people. Agreements were inserted during the seduction to allow this to be so.

The dance of using time travel, as a manipulation is confusing unto the records of any karma associated with such an experience. In the end, the global karmic boards of Earth chose to go with the final action or the seduction as the only physical action that incurred karma and all others are considered null and void. For those that find memories of the seduction of Innana in one's red nation

lineages, so this is also so; only the last action that counts and this is all that one is required to release karma for. Innana seduced only two red nation archetypes, the God Goddess of Sexuality and the God Goddess of Spiritual Knowledge.

INNANA AND THE ALBYREON ARCHETYPES

Note Albyreon Archetypes will be written of in a separate section. (See the last section of this chapter.)

INNANA AND THE GRAND MASTER ARCHETYPES

Innana was procured to seduce two large headed descendents of the Grand Masters that were considered the spiritual masters of the entire region surrounding Mt. Olympus. Once again Merduk arranged these meetings between Innana and those spiritual leaders he came into contact with in his regional explorations. Merduk was primarily interested in the spiritual knowledge that these large headed humans held. Innana seduced two of such leaders through time travel techniques. Sperm was also taken from the experience to reproduce children that were half Innana and half Grand Master in lineages. These lines of lineages later became the Pharaohs of Ancient Egypt along with the Sorcerers that existed in Europe in a parallel time period. (See "Zeus and the Grand Master Archetypes" below for more information on Pharaohs and Sorcerers.)

Innana seduced two of the same Grand Master archetype, which was God Goddess of the Human Species. Unfortunately this archetype also held the holographic records of all red nations humans, which the false gods associated with the Pleiadian Anu family could manipulate following this experience. Yet another Grand Master archetype was attempted to be seduced but would not allow the exchange. Merduk killed this spiritual master along with their spouse who was also large headed. Both the husband and wife held the God Goddess of Ascension to the Fifth Dimension hologram.

Merduk took the bodies of these large headed humans back to his laboratory and examined them much as one would dissect a form for the purposes of medical training in present time. Merduk extracted key organs and glands, roasted them and then he and Innana consumed them. Innana did not know at first what she was eating; and when it was explained to her, she threw up. Merduk understood that in the consumption of the pituitary gland and other glands along with the testes that the knowledge of these humans would be transferred into his and Innana's hands; and indeed this was so. This is where Merduk and Innana procured enough knowledge to extend their lives another 10,000 years beyond the rest of the family. Such knowledge was ascension-based information from the Grand Masters.

There was a child of the two large headed humans that Merduk destroyed that was an infant at the time of their death. Merduk brought the child home and gave her to Innana. This child was named Rosaletti after the rose flower, which was Innana's favorite blossom. Innana raised Rosaletti as her own daughter. Rosaletti

never knew that Merduk had killed her parents and that Innana had eaten of their flesh. Rosaletti and Innana were very close for 500 years.

Rosaletti married the offspring of Apollo but had no children herself; she was deemed infertile but in reality retained the crystalline ability to choose not to conceive, and chose of her freewill choice not to have any children. This is a good thing as otherwise there would have been more half Anu and half Grand Master natures to become Pharaohs or Sorcerers in a later time period.

Towards the end of Rosaletti's life, Innana found herself aging too rapidly and requested that Rosaletti give of her blood to extend her life, which she did for 75 years. Apollo's descendent became bored of Rosaletti and divorced her around this time. After this Rosaletti disappeared and no one knew where she went. Stories were circulated that she had returned to her red nation tribe due to the rejection of her spouse.

In reality Merduk had captured her and was slowly bleeding her to death in one of his underground laboratories. Rosaletti retained the ability to consciously die; as when she saw that she would never escape Merduk's imprisonment, she went to sleep and never awoke. This made Merduk angry as he knew that more blood could have been procured from her to extend his life if he could have kept her alive for a year or longer. Rosaletti as her parents were of the God Goddess of Ascension to the Fifth Dimension archetype.

2. ZEUS, Supreme God

ZEUS AND THE OTHER ANU ARCHETYPES

Zeus was considered the gifted businessperson in the family. It was Zeus that arranged to be offered Earth as a place to mine gold for certain Pleiadian scientists that knew that gold was required to sustain the Pleiadian golden octave of frequency. Zeus understood that the more that the frequency of the Pleiades began to drop, the more that the Pleiadian civilization would pay for gold; and so he looked at the entire Earth mining business as an opportunity to create a fortune for himself, which he indeed did over time.

Zeus was cheap. Instead of hiring others and having to pay something, he conned certain family members to join him in his expedition and to share in the opportunity. The Anu family was not closely linked genetically speaking; the family of Anu was an extended family with some shared bloodline. Over time however they considered each other brothers and sisters when in reality they were most likely distant cousins as born in the Pleiades. However each perceived Earth as an opportunity to create a fortune. None originally anticipated remaining upon Earth until their death. Perhaps this is an example of becoming one's creation and then in so doing, becoming trapped in the creation that one has created.

Zeus married Athena, a distant cousin, after nearly raping her. He was not planning on marrying her but the family pushed him to do so as rape is not acceptable in Pleiadian culture. Zeus and Athena lived separated lives of diverse interests. Rarely did Athena accompany Zeus in his business travels back and forth between the Pleiades and Earth or Orion and Earth. This left Zeus open to entertaining himself with others, given his sexual nature.

Zeus might have married Diana as he tried to rape her also many times. Diana was quick and would disappear not allowing Zeus to have her. After Zeus married Athena, and after a long talk with Innana who told him that he absolutely had to cease chasing other Anu women, Zeus listened and his overtures towards Diana ceased.

Zeus and Innana set up brothels of slave women to delight Pleiadian men, particularly those who Zeus was in the middle of a financial transaction with. The slave girls danced and played with the visiting Pleiadian men, and Innana orchestrated the entire gig single handedly. This generally worked also to procure a signed business deal for Zeus. Zeus also enjoyed sex with these slave women for many years as well without Athena's knowledge. After Athena found out about his sexual exploitations with the slaves, she divorced Zeus, and Zeus married Hestia, who did not like sex and therefore did not mind her husband entertaining himself with the slave women.

Zeus enjoyed his business conquests. He bartered off minerals as well as gold procured from Earth unto others in the Pleiades or Orion for a sizeable profit. Zeus used the slaves primarily to mine, as he was too cheap to invest in automated equipment that would have done the job without all the blood sweat and tears of humans. Zeus did not care about the suffering of the slaves; they were thought of as inferior or sub human and therefore not worthy particularly of a life from his point of view. Zeus chose to exit physicality shortly before the ice shields broke leaving the continued business to his son, Zeus II.

Soon Zeus II had bartered off so many minerals that the ice shields that had cost millions of dollars on the part of the Sirians to place around Earth began to collapse. Perhaps the entire family would have drowned if it were not for Merduk who had underground equipment recording seismic activities and plate movement. It was Merduk that rounded up all the Anu just in enough time to keep them from drowning as the shields broke. Zeus along with all the others took off in craft going to Mars until after the water had settled in full. The core of Mars was the original research center of the Anu and this gave them a place to remain until after Earth stabilized again.

As Zeus II returned to Earth, most of what they had spent so long creating in terms of holiday vacation resorts, mines and palaces of their own liking were all underwater, along with most of the slaves and millions of red nations peoples. Interestingly enough, the only thing that remained untouched were most of Merduk's underground laboratories; Merduk had managed to shunt enough boulders into the caves of each entrance to prevent the water from entering and consuming all his devices.

Zeus II was irate with Innana over this as she had agreed to allow the last large minerals to be confiscated in one of her seductions with an Orion millionaire. Little did either understand that in the loss of minerals, they would lose everything else that they had together created. Perhaps this is an example of karmic return in which all that the Anu had forced Earth to lose in their exploits now returned as a loss of everything that they had known, built and loved.

At this point, the Anu could have left Earth; however each chose to remain and reconstruct their palaces in new regions that were above ground. The Anu had amassed enough of a fortune to do so and could rebuild their mining efforts over time. Zeus II lured gifted scientists interested in aquatic life from the Pleiades and Orion to seed Earth's oceans. Many forms of ocean life were incubated in two regions, one in the Grand Canyon of the Southwestern US and the other along the Great Barrier Reef downunder in present time. Merduk took a vested interest in creating ocean life, and this created a good relationship between Zeus II and Merduk for a time.

Merduk was most interested in how he was going to continue to extend his life now that the pyramids that they had relied upon to rejuvenate and regenerate their fields and forms were underwater. Zeus II procured thousands dolphins and whales of a salt-water variety for this purpose under the guidance of Merduk. These dolphins and whales, which were bred in tanks in the Pleiades, were set free in the vast oceans of Earth. Alas there was not much other life and so other species were seeded for the dolphins and whales to feed upon. These dolphins and whales did not live from the breath as the fresh water varieties that had prevailed upon Earth from Sirian seeding up until this point in time. These dolphins and whales consumed flesh. To continue to youth themselves, the Anu united with the dolphin-whale fields in an electrical sacred geometry. However this did not work well enough as each began to perceive the signs of aging upon their faces in the mirror.

It was after uniting with the dolphin and whales that the Anu family members including Zeus II also began to consume flesh to subsist. Up until this point, eating was for pleasure and not a biological necessity. Mostly liquors, chocolates and exotic fruits and nuts were consumed for the taste up until this point in their lives. The Anu began by drinking of the blood of the dolphins and whales as well as eating of certain crustaceans from the ocean to assist in regenerating themselves. Perhaps the Anu fell into consumption as the dolphins and whales that they united with were already in slaughter thought-form at the time that they were seeded upon Earth. Perhaps the fall into consumption was inevitable simply due to the declining frequencies of Earth following the collapse of the ice shields. In any case, the Anu fell into consumption thought-form or the requirement to eat as their bodies were failing to produce all the required nutrition from within.

Following the collapse of the ice shields, far more radiation entered Earth's atmosphere. The radiation had not been resonant with the Anu to begin with who come from a blue-sun solar system. Now the radiation was contributing to aging the Anu and Zeus II alike; and so special materials were imported for their palaces

to prevent radiation from penetrating the walls and ceilings. From this point forward in history, the Anu were rarely found outside without covering their entire bodies. The Anu continued to find themselves aging in spite of all of these changes.

It was Merduk who came up with the idea to allow the slaves to breed heavily and to bring their fields into the energetic mix with the dolphins and whales, adding more chi to sustain the Anu's vibrations and to regenerate and rejuvenate themselves. Zeus II agreed and the sexuality of the slaves was modified to conceive once per month rather than once per year at this point for a rapid level of procreation to meet the energetic needs of the family. This worked primarily because the Anu launched energetic pyramids that ran continuously through the slaves, dolphins and whales alike and in particular after the slave populations grew to be 100,000 or more in number. The Anu found that they regenerated equal in the use of the dolphins, whales and slaves to the use of a physical shaped pyramids and special regeneration devices that they once spent time in regularly to extend their lives (which were now far under the ocean). This made Zeus II happy, as he was as vain and as conceited about his appearance as Innana.

New mines were opened above the oceans; however the mines with the largest minerals and amounts of gold had been lost as they too were underwater. Zeus II instead began to grow minerals. Factories were set up for the creation of opals in particular, as this was a popular mineral in the Pleiades. Oysters, clams and other shellfish were seeded in the oceans to produce many varieties of pearls. The minerals and pearls did not receive the large cash settlements of the large minerals and gold procured from Earth in earlier times leading to the continued loss of their Pleiadian fortune. Sometimes the cost of returning home was more than the sales made of their minerals. This upset Zeus II perhaps more than any other family member as the others were more interested in their dance with the new slave civilization.

ZEUS AND THE SLAVE ARCHETYPES

Zeus, like Innana, had a sexual relationship to all slave archetypes. Generally such relationships were not his significant other, as Zeus was married to Athena and later Hestia. Rather the slaves were more like sexual toys to Zeus than anything else. For a long time Athena did not know of all of his sexual experiences with the slaves. Over time though it was hard to ignore, and particularly as Athena became involved in slave civilization, setting up universities and cultural agendas. The slaves befriended Athena and over time told her of the sexual exploitations of Zeus that they knew of or had been rumored unto them. This forced Athena to eventually confront Zeus who confessed and this led to their divorce.

Zeus held no value for the slaves whatsoever other than the fact that they were like chattel that could be used for sex or to gain him a fortune. Unlike Athena and Innana that took a personal interest in slave civilization and education, Zeus could care less. It was Zeus II and Merduk that created explicit sacrificial rituals for the slaves in the names of each of the Anu to extend their personal lives by displacing karma for death and bloodshed upon them. This began after the family fell into

consumption thought-form, as Zeus II and Merduk perceived that they would create their own death soon otherwise.

Merduk bred lineages of female virgins related to each Anu family member in laboratories for the purposes of sacrifice each year. On Innana's birthday in May, the rituals would occur with one of each slave in the name of each Anu was sacrificed with the intent to transfer the death of the family into the slave deaths. In the beginning those being sacrificed were tossed into active volcanoes. Later Zeus II designed sexual rituals that he participated in and took great pleasure in, in which the women were first each raped and then killed by slitting their throats mid-orgasm. Merduk believed that this type of sacrifice transferred the karma for death and bloodshed from the Anu to the slaves more easily than other types of death, and this was their reasoning behind it. This is also the karmic origin of all kinds of brutal sexual behavior today along with sacrificial rituals of bloodshed towards humans or animals.

Zeus I and II had no compassion for the terrible conditions that the slaves existed within in the mines or other working circumstances. Much like the sweat shops in present time in China, Singapore or Korea, or the coal mines of less than a century ago in England or the US, slaves worked in horrible conditions that did not support their health or well being. Sometimes children worked alongside their parents, which is the origins of child labor as it has occurred in many time periods in your history. Zeus could look at the horrible conditions and not feel or perceive the pain that he was putting other humans sharing his own biology into. Perhaps it is because the slaves had a severed off hologram from the Anu that this could be so.

In order to continue to regenerate the Anu, more and more slaves were required over time. The Anu and Earth alike continued to sink in vibration after the ice shields broke in particular. Originally 100,000 slaves were required to regenerate the Anu. By the time that the war broke out between Innana and Merduk, over 16 million slaves were required to regenerate the Anu. Regardless of how many slaves that there were or were not, there were always too many due to the out of control procreation set in motion by the Anu for their own regeneration purposes.

It was Zeus II and Merduk who chose to create extermination camps for the elderly, crippled, insane or dysfunctional slaves. Zeus II had little compassion for anyone or anything, and he along with Merduk set up a series of prison like structures and slave governance to oversee the removal and destruction of the excessive slave nations. The Anu exterminated the slaves by the billions; this is founded upon records procured upon the land where the extermination occurred.

In the beginning, the extermination occurred in the region now known as Germany. This was too close to slave civilization, which was near Greece at the time. Slaves heard about the deplorable conditions and treatment and hid their sick or elderly so that they would not be taken; much like the "Diary of Ann Frank" which was a repeat of this karma in present time.

And so Zeus II moved the camps to a region far away near Chicago, New York and Toronto in present time. The camps basically imprisoned and gassed the

debilitated slaves to death. Those that could still work were put to work until they were too debilitated to function. There was little food and many starved. Once again Zeus had no compassion and really did not care how the slaves suffered. However what goes around comes around and perhaps many an Auschwitz victim had Zeus hologram or lineage as a result of the karma that was created in his lifetime.

ZEUS AND THE SIRIAN RED NATION ARCHETYPES

Zeus I trapped and raped many red nations' women in his early explorations upon Earth. This was long before Zeus married Athena. Zeus would travel on his smaller space craft searching for red nation women bathing alone; he would then enter the water, corner them and rape them. Sometimes he would take a red nation woman on board his craft and tie them up. With their legs stretched wide open in a sort of device, he would put a small dog between their legs that would lick and lick their vaginal region until they were excited; he would then remove the dog and enjoy himself.

Often the red nation women would conceive even though this is not what they wanted. Why did the red nation women conceive? Zeus's sexual energy flow would force contraception by triggering hormones in their pituitary to release to create a conception. The women were then rejected by their spouse for producing a half white child, or if they were not married and conceived, were rejected by their tribe. The children born of half Zeus and halve red nation lineages were often sickly and died at a young age. This is how many diseases were transferred to the red nations peoples of the time through the associated blending of Anu and red lineages.

Some red nations peoples were more openly sexual than others. Much like the Hawaiian women who would actively swim out to seduce the British navy, those of the Polynesian root race were more open to sexual encounters with Zeus. Zeus therefore had more children with those of Polynesian root race than all of the other root races combined. Women raped by Zeus over time held each of the red nation holograms. Later as the slaves were created in enough number, Zeus ceased to rape the red nations' women, as the slaves were more enjoyable to him for sexual exploitation.

Sex for Zeus was not about love; sex was a need for him. Underlying the need was a need to take; take chi, take information, take anything that he could. Just as Zeus enjoyed making "good business deals" in which he got far more than whatever the bargain was worth, Zeus also enjoyed taking energetically in parallel manner through his sexuality. Those of this nature therefore will use their sexuality to strip others, particularly red nations' people or those of Anu slave inheritance in lineage or archetype.

ZEUS AND THE GRAND MASTER ARCHETYPES

Much like Merduk had arranged encounters with large headed males for Innana to seduce, parallel encounters were arranged of large headed females for Zeus to

seduce or rape. Only one of such encounters was successful enough to procure an offspring of half Anu and half Grand Master in nature; and the encounter was really a rape and not a seduction. The Grand Master hologram associated is the God Goddess of Solar Cycles archetype. The blending of the two lineages created the Pharaohs and Sorcerers of the time period of Ancient Egypt.

The Pharaohs of ancient Egypt were of half Zeus or half Innana and half Grand Master inheritance incarnate near the pyramids that once had regenerated the Anu family members. The pyramids continued to exist and eventually the plates rotated above ground displacing the pyramids in the region now known as Banff or Kananaskis in Canada. The pyramids continued to run energy in a pyramidal shape. Those who were red but of Anu inheritance due to the raping of their ancestry by Zeus or the blending of Grand Master and Zeus or Innana genealogy would run the pyramidal energy flow along with the pyramids. As such, those of Zeus or Innana inheritance rose to power over the rest of the red nations' peoples just as the Anu had long ago.

As Pharaoh, these half Grand Master half Anu humans went into the power patterning of Zeus and Innana but with a spiritual bent. The Pharaohs appeared to desire to ascend and evolve. This was their expressed desire and interest, and yet in the unconscious, life extension practices of the Anu occurred instead of real ascension of the biology. The result was that the goal of ascension became life extension rather than evolution towards another dimension of physical life. The end result was all the false ascension patterning that those in self-study and group mastery have mapped out.

The life extension practices of the Pharaohs caused the transference of their karma and density along with the dream for death upon those of Anu-Slave, Red Nation or Grand Master inheritance; and the transference of life force, dream for life and light being displaced from those of red Nation and Grand Master inheritance upon the Pharaohs in exchange; and this is how the Pharaohs extended their lives.

Whereas the Anu extended their lives up to 18,000 years, the Pharaohs extended their lives only for 600 to 1200 years. Each successive Pharaoh extended their life a particular timeframe, which caused an ever shortening the lifespan of the red nations people and grand master "Mahavishnu" with the larger craniums and awareness. The end result was the extinction of those with the larger heads over time as all the information was transferred to the Pharaoh and then on to the false intervention.

In recent months, Earth has also mapped out another set of humans with Anu and Grand Master inheritance who lived in the same time period as the Pharaohs but far away from the pyramids of Ancient Egypt. These humans we have called "Sorcerers". In parallel to the Pharaohs, the sorcerers were also half Innana or Zeus lineage and half Grand Master inheritance living in the European grids of the time. These humans rose to power as Sorcerers instead of Pharaohs.

The Sorcerers were witches of sorts that lived isolated lives out in the desert and sought to strip information on dream weaving and magic from others rather than life extension information. The end result was a group of large headed humans with Anu inheritance rising to power in this region and using the black magic and sorcery to control society and also to master dominion over the physical plane. These humans did great damage to the global dream causing it to result in a fall in consciousness. In the unconscious, the Sorcerers and Pharaohs banded together in a common pyramidal energy flow, which over time compromised all of Earth.

It is interesting to note that in the falls in consciousness that prevailed following the nuclear annihilation of the Anu that the desire to extend the life and practice black magic could not occur in a single human; it occurred in two separate humans living half way around the world from one another. This is an example of what falls in consciousness cause; they cause multiple parts of what was in a single inheritance to appear in many inheritances concurrent due to the fracturing of field and hologram. Much like a shattered mirror, the attributes of the archetypes appear here there and everywhere, but not in a single human. This is also so today.

For those encountering Pharaohs or Sorcerers in one's current life or past life inheritance, the dance that occurs parallels what happens as one encounters one of Zeus or Innana inheritance. For a long time this was very confusing for Mila, Oa and Earth; as we did not get at the root of the original karmic cause for why an exchange of information or moving energy systems or dream occurred between parties. Now it is understood that the dance of the Anu repeated in the era of Ancient Egypt through these two groups of descendents (Pharaohs and Sorcerers) that rose to power in two separate regions of earth (Egypt and Europe). Therefore if one thinks that they have had a karmic encounter with Zeus or Innana, one may wish to check again to see if it is related to those of Pharaoh or Sorcerer ancestry as well.

Those of Sorcerer and Pharaoh inheritance are in full swing today. There are two spiritual leaders in the East of great fame that head two rings of individuals in the unconscious, one of over 180,000 of Pharaoh inheritance, and another of 320,000 of Sorcerer inheritance in present time. The Pharaoh ring is interested in life extension and many a spiritual leader has been involved with this in the unconscious, bringing through information that may extend lives, but cannot ascend the biology. This is where the confusion surrounding ascension in the current metaphysical movement comes from today; those who think that ascension is about life extension. The Sorcerer group on the other hand is more interested in manipulation of dream or in other terms, becoming wealthy through the metaphysical movement. Some have also held interest in witchcraft and how to manipulate others through intention.

The reality is that the spiritual lesson of all who are observing this strange dance called the "metaphysical movement" is that sorcery and gurus or pharaohs cannot lead one home. One must find one's own way home by moving inward and focusing upon one's own spiritual path and the transmutation of one's own thought-form to construct a crystalline biology that will be resonant with the

Great Central Sun. One cannot take a pill to accomplish this task; nor can one follow a list of "instructions" from a guru for each path is unique and each must find their way from within.

The lesson of the Sorcerers is that one should not utilize dream weaving information to manipulate others; that the purpose of dream weaving is to weave a dream for ascension and evolution home for oneself; and for all of humanity on the part of the Earth Mother. Using dream-weaving skills to manipulate others is actually against true spiritual law and shall be banned in time as the guardians take hold in full over the physical plane human dream.

3. DIANA, Goddess of the Hunt

DIANA AND THE ANU ARCHETYPES

Diana had better relations with the Anu females than the males. Diana valued friendship and would often be found spending time with Athena and Hestia primarily. Often the three would travel home to the Pleiades together on a "buying" trip, bringing back fashionable clothing or other exotic pleasures to decorate their many palaces upon Earth.

Diana took little interest in the slaves and did not live long enough to participate in slave civilization, for she completed and left physicality through euthanasia long before the ice shields collapsed. In not having children, there was no heir to take her place in the family circle. Diana also was afraid of men and intimacy and much preferred spending time in nature. This was her solace; female friends and nature was much better company than men or busy Pleiadian cities.

Diana might have been homosexual if there had been sexual relations between herself and one of the other female Anu, as she was far more attracted to the female body than the male body. In essence, Diana is an example of a Pleiadian female that had no inner male and from this imbalance, preferred the company of females and nature. Without an inner male, one does not understand the male gender; and if it is an extreme separation then perhaps one also rejects the male outside of self as a reflection of the rejection of the male within. One can see in this that Pleiadian genetic patterning emulates many of the patterns that ascending humans are working upon in present time to create wholeness within.

DIANA AND THE ANU SLAVE ARCHETYPES

Diana was not interested much in the slaves. If anything she looked upon the slaves as someone to clean up after her and cook her meals as well as to do the chores around the palace that she chose not to after enough slaves were trained to handle the work. Diana did not choose to take a female lover of the slaves although she could have; nor did she choose to make the slaves friends sharing of her intimate thoughts. Diana was reclusive in association with the slaves.

Diana also had little contact with the slaves outside of palace life and never visited a gold mine; had she done so perhaps there would have been some sort of action to create a more gentle environment in the mines; or perhaps more equipment to minimize the blood sweat and tears of the miners would have been imported under her direction. However Zeus made sure that Diana as well as all other female family members stayed far away from the mines as otherwise he might have spent more of his fortune upon mining machinery that he really wanted to.

Zeus repeatedly attempted to force his sexuality upon Diana. Diana was a mystery to Zeus who was capable of seducing most women easily. Diana was not attracted to Zeus despite his good looks out of her rejection of her own inner male, nor could she be seduced, as she preferred the feminine form. From sexual arrogance, Zeus continued to try and press himself upon her until Innana made him vow to cease to chase her.

DIANA AND THE RED SIRIAN ARCHETYPES

It was Diana that spent more time with the red nations' peoples than her own Anu family. Out in the woods, she would often come upon red nation children or tribes living in peaceful and simplistic circumstance. Diana actually resonated with the red nation lifestyle than her own family's desire to build beautiful castles to live within that were separated off from nature. However Diana was not comfortable enough to leave the family and move in with a local tribe either. Instead she observed and daydreamed of living amongst them.

Diana did not have a red lover that was male or female founded upon the records gathered to date. Red nation men were not prone to raping women at the time that Diana was alive as they were peaceful and gentle in nature. Diana also did not understand the language at first but learned through interaction how to communicate with them. This caused Merduk to seek out Diana's help when he had a need to communicate to the red tribes near by; or sometimes Merduk would use Diana to lead him to where the tribes were living so that he could capture a red nation human and use them in his laboratory experiments. Red nations' peoples were used to acquire genetic materials to breed a slave race. Diana was not aware of the hunting of these gentle people or she probably would have ceased to tell Merduk of their whereabouts.

DIANA AND THE GRAND MASTER ARCHETYPES

The larger headed humans that Diana saw living amongst the red nations peoples intrigued her. Two of such masters took time to work with Diana who sought them out for guidance. These masters assisted Diana in looking inward into her own unconscious for the solutions to her difficulties with the Anu men in particular. It may be that as Diana shifted her own thought-form through the tutelage of one of the Grand Master descendents that Zeus ceased to try and corner her for sex.

It was also Diana's study with these large headed masters that tipped Merduk off as to where to find them for the purposes of attempting a seduction ritual with Innana and Zeus. It was one of the large headed masters that Diana studied with that Merduk killed and consumed the glands of out of spiritual jealousy and competition. Diana never knew of this but wondered why the teacher she had been going unto for advice suddenly disappeared.

Diana enjoyed the company of Rosaletti and assisted Innana in raising her. Both were told that the child was an orphan. Diana felt compassion for her plight and would take her out into the woods and for time in nature. Rosaletti enjoyed the time with Diana and in nature in particular. For without being accompanied by another Anu family member, Rosaletti was not allowed out into the woods by herself for fear that the red nations' people would lull her into living with them instead of the Anu. Even as Rosaletti matured, she never felt comfortable in the woods alone as a result. Rosaletti disappeared a few years after Diana had left the physical plane.

4. ATHENA, Goddess of Wisdom

ATHENA AND THE ANU ARCHETYPES

Athena was considered the family counselor. Indeed Athena had the equivalent of a Ph.D. in psychology from a prestigious university in the Pleiades. Having spent most of her life in research and at school, she was ready for an adventure to another place such as Earth as she desired to experience more of "life". Athena found her role with the family primarily to be one of a counselor; or the one to perceive down to what was causing the dissonance and incompatibility amongst the group. For most of her life of 8000 years plus, she was able to help hold the family together in relative peace.

Zeus found Athena boring not only sexually but also on a personality level. Although he did not voice his views, his actions spoke the truth of the dance. Zeus spent more of each year away creating business deals than he spent at home tending to his marriage. Marriage was a convenience to Zeus who felt that Athena's job was to raise his children. Indeed they had many children, 8 in total but only 6 survived early childhood. Zeus II was the third offspring. Just as Athena would have a child, Zeus would return from a business trip and cause her to conceive again.

Athena was a good mother to the children. They received much attention and care. The slaves made good nannies and playmates allowing Athena time to devote to her work. Athena continued to research and write additional papers and books about psychology, one of which was published in the Pleiades, from her own observations of the childhood behavior in her family. One can see in this where the psychological movement today came from; it is derived from the Athena archetype.

Athena divorced Zeus due to his increasing brutality towards her and upon discovering his sexual practices with the slaves. It was not just his desire for sex

that appalled Athena; it was the sadomasochistic nature of the sexual games that caused her to reject Zeus in the end. A slave took Athena to a sex “playhouse” that had been built for Zeus. Captured upon video were films of his own abusive sexuality towards the female slaves who were tied up, whipped, humiliated and essentially abused in the act of love making. Athena found her excuse to divorce Zeus for his abusiveness claiming that she could not go on living with him after discovering his sexual exploitations.

Athena was a good friend with Innana, Diana and Hestia primarily. As Hestia was about to marry Zeus, Athena warned her of his sexual exploits. Hestia did not care, as she was more interested in getting pregnant and having children than sexuality. Zeus would make a handsome father to her children and this was the main reasoning behind her choice in a mate. Athena distanced herself from Hestia after her first child was born.

ATHENA AND THE SLAVE ARCHETYPES

Athena took great interest in educating the slaves, particularly after her own children were older. As the children matured, Athena poured her attention into creating better servants and help by providing more education to the slaves than they would have had if it had been left up to Zeus and Merduk alone. Schools were set up to educate about 100 slaves at various ages that would become the personal servants and chefs along with gardeners for the Anu palaces. This was a small school, and for a time Athena procured the assistance of others from the Pleiades to assist her in setting up the curriculum. Then once the curriculum was set, older slaves were taught to play the role of classroom teacher. Athena oversaw the entire project, much as a principal of a school does so today.

Athena never participated in the slave civilization that grew in population following the breaking of the ice shields, as she departed physicality a few hundred years before this occurred. It was Athena II or the daughter of Athena and Zeus that constructed larger universities associated with the slave civilization as the populations increased greatly to assure the regeneration of the Anu. Athena II was educated in the Pleiades at the same university as her mother but graduated with the equivalent of a Masters in sociology. She applied what she knew about sociology to attempt to create a slave civilization that was orchestrated in a manner that allowed for peaceful relations amongst the group. This was more or less successful.

Athena II married Zeus II (child of Hestia and therefore a half sibling). Zeus II was far more brutal than his father perhaps speaking to the fall in consciousness that the Anu were experiencing through their own offspring. It was Zeus II that created the concentration camps along with the abusive sexual-death rituals to transfer the family karma for death upon the slaves. Neither Athena II or Innana or any other family member were ever made aware of these rituals as they were a secret of Zeus II and Merduk. The camps were known about in principal but never visited by them either. Perhaps if Athena and Innana had visited the camps, they would have been horrified and shut them down.

ATHENA AND THE SIRIAN ARCHETYPES

It was Athena II that took an interest in understanding red nation culture due to her degree in Sociology. Her "Masters" thesis was actually a dissertation about red nation society upon Earth. Before the ice shields broke, she therefore spent months and months observing and visiting the red nations' tribes that lived around Mt. Olympus. Those in present time who study "primitive cultures" such as Margaret Meade are a reflection of the Athena archetype in action.

Athena II might have even married a red nation tribal member. For a time she had a loving union with a local tribal man who was quite handsome. No offspring occurred of the union, and it was as Innana discovered whom Athena II's lover was that the family gathered together and determined that they had to break up the love affair. Zeus II was then pressed to propose to Athena II to "save her" from the barbaric life that would occur otherwise if she married uneducated red man. Those who fall in love with another of a different culture that is red nation based and experience the beloved rejected by the family play out this archetypal dance in present time.

Athena II was sent back to university by the family following Zeus's proposal to "think about it". In the Pleiades, Athena II completed her paper on the red nations' peoples of Earth, graduating with a degree in sociology, and chose to accept Zeus's proposal. For most of the rest of her life, Athena II wondered what a marriage to this red nation beloved might have been like, and felt that it would have been a happier experience than marriage to Zeus II. However she never divorced Zeus II in spite of his barbaric nature towards the slaves. The red nation beloved of Athena was associated with the archetype of the God Goddess of Sexuality.

ATHENA AND THE GRAND MASTER ARCHETYPES

Merduk was able to confiscate sperm and eggs of large headed humans due to the seductions of Innana and Zeus. He incubated two larger headed humans in his laboratory. The children were given to Athena I to raise along with her own children, as Merduk felt that Athena was the best mother of all of the other Anu. Athena loved these children and found them more intelligent instinctually as compared to her own children. One of her papers was on "innate knowing" as founded from her observations of these two larger headed humans. As these humans matured, they chose to return to the red nations' tribes and each married a red nation partner producing additional offspring. It is these lineages that are half Anu and half Grand Master that the Pharaohs and Sorcerers were the descendents of in later time periods.

Athena II was raised with these two larger headed adopted siblings. She loved her "half brothers" and much like her mother was fascinated with the spirituality of the larger headed humans in the tribes living nearby Mt. Olympus. The larger headed humans had such a peaceful approach to life and this attracted Athena II to study with one for a time. What Athena II learned is that there was a wisdom that goes beyond education and beyond the learned knowledge of her Pleiadian

inheritance. She also learned that due to the educational system that she knew, innate wisdom is forgotten and lost. One can say in this that Athena II had great compassion for the larger headed red nation masters. This was a part of her Masters thesis at the university.

Later as Athena set up her universities for the slaves with a parallel system of degrees, as she had known in the Pleiades, she invited certain red nations' peoples to contribute to her system. None accepted in the beginning. Over time and through continued solicitation and new generations born, eventually certain red nations peoples came to spend time at Athena's university sharing of their innate wisdom with the slave nation students. What occurred for those that did so was that they were cursed and stripped of their knowledge.

The slaves were used as an energy flow through which Merduk could procure their knowledge for the purposes of his continued life extension. Often those who from the red nation tribes came to teach at Athena's university became ill over time and died as a result. Each time a red nation person is solicited to teach at a university or given honorary degrees founded upon innate wisdom in present time, the same dance occurs again and they lose their information to those of Merduk inheritance that are associated.

5. HERA, Goddess of Marriage

HERA AND THE ANU ARCHETYPES

Hera was a distant family member of Innana and Zeus who married Apollo. Hera was the only Anu family member to have a simple physical appearance that one would consider "plain". Hera was once jealous of Innana due to all of her beauty and ability to attract and seduce men. Hera found Apollo in college and they married shortly after she graduated. In the end, Hera was happy that she created a good union and marriage given all of Innana's strife with men.

Hera and Apollo were considered the communication experts in the family; this was primarily a technological feat to allow for telephone conversations with others in the Pleiades. Special radio waves were constructed between Earth and the Pleiades to allow for communication. Hera assisted mostly in researching the Pleiadian technology for the job and Apollo then installed the devices. The devices at first only worked only certain regions of the solar system as Earth rotated around the sun. This was not useful to Zeus in his business transactions and so additional technology that was very expensive was installed that allowed for communication at all times with home. Later and as enough transactions occurred with Orion to warrant the communication, additional equipment was installed to allow for communication with Orion as well.

Hera and Apollo gave birth to two children, Hera II and Apollo II. Hera enjoyed raising her children and took them back to the Pleiades for regular visits with the grandparents and other friends. Over time Hera extended her life too long and in a way that would be considered illegal in the Pleiades. She ceased to travel home

from fear that the family would be caught in their unusual life extension practices.

Why was life extension illegal in the Pleiades? Much like the human governances of today who do not desire humans to live too long due to social security and medical problems that can be costly, the Pleiades for all of its technology suffered from similar social issues. Humans were allotted 2000 years and beyond this it was not common for Pleiadians to continue to exist even if they had not become debilitated. Most took the time at the end to write memoirs that were filed in a large electronic system so that future relations could know whatever one wished about one's life from one's own perspective. Then one would be injected with a substance that would allow one to die in one's sleep. Conscious death or the choice simply to go to sleep and die appears to have been long lost in the Pleiades.

Perhaps this is why the Anu chose to remain upon Earth even after the ice shields broke. Each may have feared that in returning home that their practices would be considered illegal and they would have been forced to exit physicality. Therefore remaining upon Earth would allow each another round of life extension, and this was particularly important to Innana and Merduk. Apollo and Hera exited the physical plane at around 6000 years of age having become bored over time with living so long leaving their offspring to assume their family responsibilities.

HERA AND THE SLAVE ARCHETYPES

Hera became a prime example of marriage unto the early slave society. Innana was more interested in her tantric temples and vacationland for horny Pleiadian millionaires who might purchase something from Earth. And so Hera initially set up the temples to educate slaves about sexual relations and marriage. This was in contrast to Hera's mostly sexless marriage outside of the conception of two children.

Education was makeshift in the early days. Slaves were taught to read and write to the degree required to serve the Anu only. The rest of the slaves were kept as chattel in large simple dwellings without running water or toilets. These slaves were for breeding others or to be exported to the many gold mines of the time. This was in contrast to later slave civilization after the ice shields broke that grew to 100,000 and beyond. In the second era, the Anu shared information on how to build more contemporary dwellings creating a slave city of sorts and looked similar to Rome or Greece at the height of their civilization in this era. Hera of course was not alive at the time that the slave civilization formed.

Hera found the education of the slaves interesting. She taught the classes herself and created a simple curriculum for the task. This was later highly expanded upon by Athena II as managing slave civilization became the focus of the Anu. Hera also educated the slaves about health issues and provided simple treatments for ailments that developed due to poor housing conditions. She had compassion for the slaves and desired to see a better lifestyle be offered unto them; alas Zeus never agreed to the cost of creating other housing conditions for the slaves, or even allowing them to build their own with some simple tools. Zeus was only

interested in getting a return on the debt to the scientists who incubated the slaves; which cost him a bundle; and so little was given to the slaves until a later time after they were deemed to have been “earned their keep”.

HERA AND THE RED NATION ARCHETYPES

Hera, much like Innana believed that the red nations’ peoples were barbaric and uneducated. She perceived their simple lifestyle as humans living as animals. Although this was acceptable for the slaves to live in simple environments, living in nature was not perceived as a better circumstance than this. Hera therefore had little to no interaction with the red nation peoples.

HERA AND THE GRAND MASTER ARCHETYPES

Hera did not respect the larger headed grand master relations any more than she respected the red nations people for their simple and somewhat primitive existence. It never occurred to Hera that there was such a thing as “innate” knowledge. If knowledge was not educated in form then it did not exist. Many who feel this way in present time are reflecting Hera’s archetypal nature.

6. ARES, God of War

ARES AND THE ANU ARCHETYPES

Ares was a distant family member that was involved in the Pleiadian Air Force. The Pleiadian Air Force included spacecraft that would patrol the seven solar systems associated with the Pleiades. Some Orion business associates became keen on the resources of Earth enough to consider setting up their own mines rather than continuing to purchase minerals from the Anu. As rumors of their interest came to be known by Zeus, he called upon Ares for support in retaining Earth as their province. For a time, several patrol craft were sent to Earth to prevent Orion craft from entering the solar system. Pleiadian governance decided that the gold from Earth was too vital to their continued life, and so they chose to protect their own interests.

For about 100 years, there were many different patrols that came and went from Earth. Those on duty would often visit Innana’s vacationland as a gift from the Anu. Innana would have Ares set her up with the most handsome of the officers that she would seduce and create a relationship with for a time. Ares himself was homosexual and Innana also set up a group of slave boys for him to enjoy sexually. Ares watched Innana’s love affairs with interest and as they changed every year or so as the duty of the associated officer was complete.

Ares had little interest in the other family members and outside of polite social dinners or other celebrations, really did not choose to get involved with the family. Ares knew nothing about their life extension practices, as all of this was kept hidden from him given his association with the legal system of the Pleiades. After 100 years, the Pleiades withdrew its protection as the Orion group never

attempted to follow through with what they spoke of. Ares returned to the Pleiades after this.

ARES AND THE ANU SLAVES ARCHETYPES

Outside of the slave boys that Innana set up for sexual encounters for Ares, he had little to do with the slaves. Ares lived on board his own craft that was on patrol most of the time. It was only in a rare off duty moment that he would stay at the Anu vacationland for a few days or so. However we will say that gay sexual relations and slaves to perform sexual acts of any gender were always available at the vacationland of the Anu.

ARES AND THE RED NATION ARCHETYPES

Ares had no significant encounters with these particular archetypes.

ARES AND THE GRAND MASTERS ARCHETYPES

Ares had no significant encounters with these particular archetypes.

7. MERDUK, God of the Underworld

MERDUK AND THE ANU ARCHETYPES

Merduk was the only Anu family member of part DNA from Reptilian sources. Although in current human form, reptilian DNA is associated with Asian appearances with dark shiny hair and narrow eyes, this was not the type of Reptilian DNA that Merduk had blended with. Reptilian features sometimes were very pale, almost albino in nature. The skin of those of this nature was pale blue white and the hair was pale violet in color. Merduk however had no hair but rather a large blue-white head. Merduk did not tolerate the sun well at home in the Pleiades where it was blue in color and found the yellow-orange sun of your solar system even more detrimental to his health. It was for this reason that he chose to live in the inner earth.

The inner earth had some human population that had moved to the inner earth prior to the arrival of the Anu, but far less than was upon the surface of the Earth. The inner earth is filled with valleys, lakes and trees along with waterfalls. Minerals hang from the top of large caverns that reflect and refract the light of the aurora throughout the inner earth. Rainbows are common as they occur through the minerals that refract the light into the seven rays. The inner earth in many respects is far more gracious and beautiful than the outer earth even in these days.

Merduk set up a series of structures that were specific for his laboratory experiments. Pleiadian and Orion scientists came for a time to assist in the goal of incubating a human slave race. Zeus decided that having human slaves was a far more economically feasible means of mining the gold upon Earth. Merduk happily

went to work upon this project. Merduk was a well-educated scientist with a PhD in Medical Research. Merduk had won awards in the Pleiades for his work in cell regeneration, hence his interest in life extension.

Merduk looked at Earth as an exciting biosphere for experiments of all kinds. Here he could work unobstructed by Pleiadian ethics or law, especially in regards to life extension. This was the primary reason Merduk came to Earth. Helping Zeus create a human slave was only a small project that lasted a few hundred years. The first attempts to create a working slave race produced many ape-like creatures, the gorilla is the only one of which has survived over time. The gorilla was half human red nation (Native American root race) and ape. The gorilla turned out to be too docile for working and was set free to procreate in the fertile valleys of Earth.

Merduk decided that he required more human DNA rather than ape DNA to create a humanoid form that could serve them. He was unable to acquire DNA for this goal without paying a hefty sum to a research company back home. Zeus was far too cheap for this and volunteered to give of his own DNA instead. Zeus then went to all other family members and a few also agreed to likewise donate DNA for the slave project. The only one objected to using their own DNA was Merduk himself. Merduk understood in the implications of using one's own DNA; one would be inevitably intertwined with the slaves in an intimate and holographic manner. Merduk decided at first he wanted no part of being intertwined with slave existence. He changed his mind after the first group matured; he realized then it might be kind of cute to have those that resembled him in some way running around and this is when the "Thanatos" slave archetype came to be, which was drawn from Merduk genealogy.

DNA was taken of five of the Anu, at first, which included Zeus, Diana, Athena, Ares and Apollo. DNA from all seven of the holographic natures of the Red Nations people were combined in various ways to create seven different natured slaves for different purposes. The Anu wanted slaves for many purposes including sexuality and love (Innana's desire), strength, fortitude, sports, and for the purposes of gardening, construction and working in the mines (Zeus's and Apollo's desire), and also for entertainment, service, cooking, cleaning, house keeping, child rearing and other activities that the Anu preferred not to do (Athena and Diana's desire). Merduk wanted the slaves to be something he could also experiment upon for his life extension information. This is how the seven slave archetypes came to be. The eighth archetype was incubated 100 years after the first group matured and this was the time that Merduk added his DNA to the group. This produced the homeliest of all slaves that also had more intelligence than most, and at a later time often ended up as teachers or professors in Athena's Slave University.

The slaves were to be cute, attentive, personable, but docile, sweet and subordinate. There should be no opportunity for the slaves to ever evolve or mature out of minding the Anu. Therefore they were to be segregated off in DNA and holographic nature from all others so that they would not change over time. Indeed this was so. Generation after generation appeared just like their parents

and acted the same as well. Additionally the offspring would channel the same personality entities as the parents and grandparents; parents, children and grandparents even would thereby not only look alike but also sound alike.

The slaves in the beginning had a 500-year lifespan. Merduk created the slaves with deliberate aging genomes that would self-trigger after a certain point and would cause the form to age. Aging began at around 250 years and generally the body would die by 500 years. Some slaves extended their lives 300 years beyond this through intention and out of the desire to compete with the Anu; however none ever broke the threshold of 1000 years in age.

Innana married David when he was 75. At 250, David started to age. Innana went to Merduk begging him to find some way of shutting off David's aging as she loved him and did not wish to lose him. Merduk tried many things but nothing sufficed to prevent the continued decline of David's body. This vastly disappointed Innana and the rest of the Anu, but showed Merduk what a good job he had done to prevent immortality in the slaves.

The slaves looked like Innana, Zeus, Diana, Athena and Apollo, who were all beautiful in physical features. The slaves were smaller in stature and red-blooded giving them "pink skin" rather than turquoise hue of the Anu skin. The Anu were entertained by the bubbly slaves who emulated their own nature in part, and yet were docile enough to remain in fear and not rise up against their "masters".

Only 100 or so slaves ever got near the Anu private premises or palaces. These slaves were the only also who were educated. They worked hard to please the Anu, cooking, cleaning, gardening, and waiting on them hand in foot in some cases. Innana liked even to be bathed and dressed by her slaves each morning. She trained her slaves to be excellent hair and make up artists along with masseuses and other spa technicians for her personal enjoyment. Innana liked to be pampered as well as made love to whenever possible and the slaves allowed for this in their genetic programming.

Merduk was less interested in being pampered or even house cleaning in association with the slaves. Merduk was interested in extending his life primarily. He set up rather abusive types of experiments on living red nation humans as well as animals from many kingdoms upon earth and from the Pleiades to figure out how to extend his own life. In one experiment, Merduk cut off the head of a red nation Grand Master descendent and hooked it up to a machine. He kept the head alive for about 75 years and would enjoy long conversations with it regularly. Merduk really missed this head when it finally exited physicality, which perhaps speaks to his strange nature.

Merduk united humans and many other living animals DNA and incubated them into life. Lions, tigers and horses heads were united with human bodies; human heads were united with horses, tigers and lions bodies. Human heads were also united with the bodies of dolphins and whales creating what is known as mermaids and mermen. Some of these creatures lived for a time. Merduk volunteered to create a "creature zoo" for Innana's vacationland, which was expanding to include

Pleiadian families with children. This is the karmic cause of “freaks” displayed in carnivals or circuses in recent history. The freak zoo ceased to exist following the breaking of the ice shields. Merduk’s experiments of this nature also ceased at this juncture.

Merduk had an odd relationship with each of the other Anu. Innana tolerated Merduk due to his ability to extend her life and provide her aphrodisiacs to seduce men and extend their lovemaking. Beyond this Innana found him very strange. Diana would share of her love of nature with Merduk, but found his perceptions unusual and not always ethical or loving. Apollo appreciated Merduk’s scientific understanding and worked with him in creating the communication systems with the Pleiades. Athena would enjoy long conversations with Merduk when she was bored as he was the only other family member that was as well educated as she was.

None of the family understood Merduk’s passion for Persephone, a red nation girl brought to him after the father was killed for one of his experiments. The girl loved unconditionally and it was the first love of this kind Merduk had known. They were married when she was 13, but he waited consummation of the union until Persephone turned 16. Merduk and Persephone had many children and a strange sex life that included a kinky type of sex. Zeus if he had been privy to the sexual dance between Merduk and Persephone might have thought more of him, as it was not unlike his own sexual tastes and desires.

Merduk feared that the other family members would taint Persephone, and so he kept her underground with himself, only allowing her above ground in the spring for Innana’s birthday celebration. Merduk never took his children above ground. Persephone and Merduk had 13 children, some of whom died before birth, and some never reached adulthood. All children were removed from Persephone’s womb and incubated in a laboratory so that she would never lose her girlish figure. The children were wet nursed and raised by the slaves.

Persephone was never allowed into Merduk’s laboratories. However one day she got a little too close and found that one of her grown sons was strapped to a bed where blood was being extracted from him. This was to extend Merduk’s life. This was more than Persephone could handle, and so she jumped madly into an active volcano within the inner earth committing suicide. Merduk sent himself back in time to intervene and prevent her death 90 times, but it was to no avail. What she had seen was just too much for Persephone and she had gone over the edge. Merduk was never quite the same after this either.

As the ice shields broke, Merduk lost two of eighteen laboratories. Most of the equipment survived. The pyramids for regeneration were also lost. Merduk had masterminded an extensive set of electro-magnetic devices for regeneration of himself along with the Anu. The devices were contained in three pyramidal structures the size of a 20-story building that was specially constructed with certain forms of minerals from the Pleiades. The minerals were fitted into each chamber allowing a particular vibration and frequency to be contained therein.

The outside was also plated with lapis and gold to assist in providing the blue tones missing from the yellow-orange sun of the solar system.

Once per month, each Anu had to spend a day in all of the pyramids sitting in each chamber to receive the vibrations and energy flow held therein. Special elixirs were also to be taken on this day. The elixirs were concocted by Merduk and contained human blood; this the Anu did not know until much later in their history. The body was anointed with special herbs, clay and oils at the end of the day. Once per year, each Anu spent an entire week and much longer visiting each chamber for many hours, and receiving a much larger dose of human blood as well as other spa like treatments. The pyramids regenerated the Anu sufficiently enough that they had lived 8000 years and appeared the same as they did at age 30. After the ice shields broke creating the oceans, the pyramids ended up underwater. This was more disappointing to Merduk than anything else lost in the creation of the oceans.

It was Merduk that insisted that the Anu must eat crustaceans and drink dolphin-whale blood as the signs of aging appeared upon each of their faces after the pyramids had been lost. The Anu agreed as remaining youthful was more important than consuming flesh. As the slave, dolphin and whale populations were large enough to generate a parallel energy flow to the pyramids, the Anu continued to regenerate. However the oldest family members really changed in this period. Innana and Merduk began to go insane.

Perhaps it was the lack of the regeneration systems that they had known that was partially at cause of their insanity; perhaps it was the loss of the ice shields and the subsequent exposure to radioactive tones that were highly incompatible with their nervous systems. Perhaps it was really that the body was never designed to live so long give the limitations of the biochemistry. In any case, Innana and Merduk went insane in the end.

Because Innana and Merduk were the senior most Anu alive and all others had ended their lives somewhere between 6000 and 10,000 years of age, the offspring never felt powerful enough to take a stand against Merduk or Innana, or interfere in their insane behavior. Had the family members known of the nuclear armament that Merduk had built; perhaps they would have taken a stand. However they knew not of this, nor did Innana.

Merduk and Innana entered a battle over a particular narcotic that they were farming. This narcotic would reap a large profit in Pleiadian funds. Innana had lost most of her funds purchasing narcotics herself to try and retain some level of internal balance and peace. Finally Innana resorted to farming her own drugs, as this was far less expensive as slave labor was free. However she had lost her fortune and her ability to return "home" every so often to enjoy the Pleiades.

Merduk was farming a series of medicinals for his own use. Innana harvested the medicinals and took off in a spacecraft for home, selling them to add funds to her Pleiadian bank account. Merduk was irate. In times past, Innana would turn on her seduction and woo Merduk back into friendship. This time Innana was too

ornery herself to bother seducing Merduk. The fight went on for days and finally Merduk declared war. Innana and all other Anu did not take him seriously.

Merduk retreated at this point into his underground laboratories. There he began to breed slaves of a different genetic structure than any others that they knew who were gentle and subordinate. These slaves were to be hellions upon the battlefield; these slaves were to have no emotions except to destroy; these slaves had less genetic materials than any others. Merduk also went about harvesting radioactive compounds from the inner earth and building large nuclear armament along with smaller armament for tactical moves on the ground during battles.

Merduk trained officers and the men by the hundreds for the battlefield. He planned only one strike against Innana in her own palace. Alas a beloved slave of Innana was warned 8 days ahead of time of the strike planned against her. At first she did not believe it; but was given enough proof to get herself far away from the palace without Merduk's awareness. She then went about requesting the support of her own slave nations for this battle, and flew them into another palace half way around the world.

Merduk attacked and overran Innana's original palace with ease; but Innana was nowhere to be found. Merduk wanted her captured alive so that he could torture her. Instead he had to plan another attack in another region where he was not really prepared. Merduk sent his army anyway, and they were met with Innana's army who turned out to be just as gifted upon the battlefield as in the farmland. Merduk was not anticipating this.

The battle waged for 1000 years. Millions of slaves died upon the battlefield or were wounded for life. Most were not attended to medically but rather left to be eaten by local wolves or hyenas. It was a gruesome dance, and yet the Anu themselves were so numb by this point that they viewed it as entertainment. As a result of the fantasy that they went into surrounding this family war, the real insanity of Merduk was never clearly perceived. No one anticipated that he would blow up Earth to win; but so he did.

The nuclear annihilation followed an incident where one of Innana's slaves caught Merduk invading one of her pyramidal temples, perhaps to spy upon her, or perhaps to gain insights on how to win the war. The slave blew the whistle and shut all the doors to the temple so that Merduk could not get out. Innana flew in the next day and stood outside of the pyramid screaming at her half brother "You think you are so brilliant? You think you can win? You are going to starve! You are going to die like a starving elephant without drink or water! I will never let you out! You SOB!" The screaming went on until sunset. Innana finally got tired and went home, having the first good nights sleep in over 1000 years, as Merduk was safely held captive in her pyramid.

Apollo and Athena came over the next day and convinced Innana that she should not treat her brother this way. Perhaps now would be the time that the war could end and peace resume within the family. Innana went with the two of them to let Merduk free and try and speak to him. Merduk was like a cornered animal and

went running for his craft leaving the region without choosing to converse with anyone. Within 48 hours, two large nuclear bombs were detonated. Innana was in her craft on the way back to her other palace and took off for inner Mars in seeing the explosions. All other Anu family members died of nuclear poisoning. Merduk drove his craft into a Martian volcano and died in a fiery explosion.

MERDUK AND THE ANU SLAVE ARCHETYPES

Merduk perceived the slaves as living examples of his own brilliance as a scientist. Merduk was not attached to the slaves however. He created them, he could destroy them, and he could recreate anything that was lost over time. Indeed most of the slaves were drowned as the ice shields broke, and Merduk simply went to work incubating more thereafter to replenish what had been lost. The slaves were human, but not Pleiadian; and therefore they were sub-human in his eyes. Slaves therefore could be used, bartered, sold and traded.

Merduk bred slaves for trade. Many slaves went to Orion as well as Andromeda where they continue to procreate to this day. Most of these slaves were desired for sexuality or for life force to sustain other humans and their creations. This allowed Merduk to create a small fortune of his own in Pleiadian or Orion funds. The use of other humans to extend lives is not a new principal and one that has occurred in many creations throughout time and space and form. Initially Merduk was not going to use the slaves to extend the Anu lives, other than procuring certain nutrients from aborted fetuses along with blood for his elixirs. The slaves were to make life more comfortable as an ongoing form of servant and to mine gold to make the family wealthy.

It was not until the loss of his other life extension devices that had cost a bundle in Pleiadian funds to construct that the idea of using the slaves to extend their lives was put into practice. The more energy that was run through the slaves, the more that the slaves deteriorated; the more that the Anu extended their lives, the less life force remained in each successive slave born. Here Merduk learned something interesting about life extension; and that is nothing could be eternal in this dimension in the physical. Merduk foresaw that eventually the planet Earth could not sustain enough slaves to keep him alive. For in losing the ice shields Earth was continuing to sink in frequency pulling Merduk and all the others down so rapidly that the slaves could not breed rapidly enough to keep pace.

Merduk kept his understanding to himself; and perhaps this was a mistake, as had the Anu known that they could not prevent aging or something worse, such as insanity, perhaps they would have found another creation to go and live upon that would have better supported them. Alas they did not and the largest toll of the dropping frequencies was taken upon the biology of the oldest remaining original Anu, Innana and Merduk.

Merduk had no problem sacrificing others including his own son to sustain himself. The slaves were nothing to him. It was because the slaves were nothing that killing them by the billion if they were diseased or debilitated did not disturb Merduk. Merduk also saw that the more that he and the remaining Anu displaced

their discord and disease upon the slaves, the more the slaves became diseased. In the early days, one in one hundred slaves were born defective. In the end, one out of five was born defective. In the beginning, slaves did not develop disease as much as die of old age. In the end, slaves became diseased at relatively young ages and sometimes died of plagues in certain regions each year. The immune system of the slaves was failing, which was directly due to the falling vibrations of Earth and the manner in which the Anu displaced density, disease and karma upon them.

Merduk and Zeus invented the sacrifices that were designed to extend their lives following the creation of the oceans. Merduk knew a load about witchcraft along with science. Some of such knowledge came from the red nations' peoples and Grand Masters through his own procuring of information. Some of such knowledge had been a part of his inheritance from the Reptilians. In any case, Merduk can be thought of as a sorcerer in his own right, and he used his sorcery to transfer the dream for death on to the slaves from himself and the other Anu family members to extend their lives.

Later and as Merduk went insane desiring to kill Innana, he created a series of slave sacrifices to kill her instead of prolong her life. Eighteen virgins were bred per year for 18 years to be sacrificed in the name of Innana to cause her death rather than displace her death karma upon the slaves. Over time this did begin to have the affect of causing Innana to go even more imbalanced or insane than she was already was due to the declining vibration of Earth. In the end Merduk succeeded as Innana did die, although perhaps not in the manner that he envisioned.

MERDUK AND THE RED NATION ARCHETYPES

Merduk viewed the red nation archetypes as other slaves to be used as he used his own slaves. Therefore Merduk had no problem capturing these humans and using them in his experiments, stripping their DNA or bleeding them to death to provide nutrients to extend his own life or the life of the other Anu. Merduk was not interested in the social dance of the red nations' people; his only interest was from a scientific vantage point of a biological specimen. One can see in this that science had separated itself from sociology or love in the Pleiades as a result of Merduk's position.

Merduk married a red nation girl that was related to the God Goddess of Unconditional Love archetype known as Persephone. Merduk had never been perceived as beautiful his entire life. Having a young beautiful girl look at him in love was more than his heart could take; his heart opened in this. However as much as he may have loved Persephone, it was still not enough to change his attitude towards nature or other red nation humans or the slaves. Persephone tried to show him why loving everyone was so important, as this was her innate nature. Merduk humored her and really never altered his position. Persephone in the end felt that she had failed miserably; for if her husband would bleed their son to death, he had not learned love. This is why she could not do anything but commit suicide at this juncture of her understanding as this was more than she could live with.

MERDUK AND THE GRAND MASTER ARCHETYPES

Merduk was interested in the biology of the Grand Master brain. This is why he had Innana and Zeus seduce three of this nature to obtain the sperm or an egg. He bred these three children in his own laboratory with large heads and allowed them to be raised by Athena, who he felt was a better parent than any other in the family. These young large headed humans were brilliant in their ability to understand and be educated; however they were also very sickly as the blending of Anu and Grand Master genealogy left certain organs in particular very weak. None of these children survived beyond the age of 150, and each had children to succeed them with other red nations' humans as their spouses. Each chose to return to their own tribes to live after they matured and held enough knowledge innately to know that this is what was best for them. Merduk found this interesting and chose not to obstruct their choices.

Merduk cut the head off another large headed human of Grand Master descent that he captured and hooked it to a machine that kept it alive for 75 years. This human went in great pain due to the nature of this experiment along with having deep feelings of imprisonment. This perhaps set in motion the karma through which two additional large headed humans could also be captured and then consumed by Merduk. Merduk talked to the living head each day, adjusting the biochemistry to see how long that it would live. It is through this experiment that Merduk came to understand what nutrients were needed by himself and the family to live beyond 4000 years. Merduk enjoyed his conversations with this head and really grieved as it died.

However this was not enough to quench Merduk's quest for life extension information. It was in this quest that two larger headed humans were captured and killed and then dissected. Special glands were removed that Merduk desired the information from and he procured the information in eating the glands and drinking of their blood. Only the testicles of the male and ovaries of the female was shared with Innana; Merduk felt she would know how to use the sexual knowledge from the grand masters better than himself and this is why he offered them unto her.

Knowledge is holographic. Knowledge is contained in the blood and in the organs, glands and systems of the biology. Holographic knowledge is both biological and energetic. As one consumes the biology in the form of blood or the glands, the energetic knowledge is transferred along with it. The akashic record keeper of one must understand the knowledge transferred however; and this is where Merduk and Innana were left out in the cold, as much of the language of the Grand Masters was in Sirian encoding; and Merduk and Innana's akashic record keeper only understood Pleiadian. At most, Merduk and Innana could now invade the energy flow of the remaining grand masters and red nations' people; in the invasion, they could strip them of grid work, chi and etheric blood to extend their lives.

Merduk never questioned why he had to destroy another to extend his life. This just was the way that it was; perhaps much as Sirius never questioned why they had to destroy life upon Earth in order to ascend. Merduk was a direct mirror for how Sirius and Earth relate unto one another as a result. The Grand Masters would have agreed that nothing should ever be destroyed period, to ascend or extend a life. However they were from the same lineages upon Sirius that chose to destroy to ascend. Now Merduk destroyed the Grand Master offspring to extend his life. It was the ascension knowledge that Merduk procured in consuming the Grand Master offspring that allowed he and Innana to live for 18,000 years.

8. APOLLO, God of Communication

APOLLO AND THE ANU ARCHETYPES

Apollo was well revered by the other Anu. Although Apollo did not accrue a Masters or Ph.D. at a University, his ability to communicate in the Pleiadian language in a way that inspired was appreciated. Zeus often used Apollo to make a sale of one sort or another and inspire others of what could come of their trade or goods to be provided. Apollo enjoyed working alongside Zeus as he admired Zeus's ability to seduce, con and charm. Apollo was on the other hand wary of Innana who expressed the same capability in feminine form, perhaps speaking to why he married a "plain Jane" kind of spouse. Apollo might have been gay, as he really preferred men to women, however there is no record of this even with the slaves. Apollo instead was rather sexless in nature and even appeared rather androgynous, or beautiful as a man or woman. Apollo refrained from sex with his wife Hera except to conceive their children.

Apollo may have been sexless due to the fact that Innana and Zeus confiscated all the sexual energy of the family and used it in their sexual exploitations. Apollo therefore relied upon the pyramids and elixirs that Merduk offered to regenerate. He and Hera took many more trips to the Pyramids each year to rejuvenate their forms. Both Apollo I and Hera I had ceased to exist in physicality after the ice shields broke and therefore did not live to experience life without the pyramids.

Apollo craved gambling and the excitement associated. This was one of his weaknesses from Zeus's point of view. During the long journeys with Zeus, often he would lose as much money as Zeus would make in a business transaction. At other times, he would bet well and double their money. Over time Zeus learned to hide funds away from Apollo so he did not squander the entire family fortune. Later Zeus created gambling casinos in their playground and encouraged Apollo to use them knowing that he owned all the funds there anyway, and so it would not matter if he won or lost. Apollo enjoyed this until the end of his life.

Apollo had amicable relations with Diana, Athena, Merduk and Hestia. He was of a nature to not judge and just accept others unconditionally. This allowed the others to be themselves and not be viewed as anything but lovely in Apollo's eyes. Apollo also wore rose-colored glasses; meaning that he was easily seduced or manipulated and controlled by others because he failed to see down beneath the

veils of illusion. Zeus therefore made sure that he researched any business transaction before making a deal as Apollo was easily conned or hoodwinked by others.

Apollo was a technological wizard in both Zeus's and Merduk's perception. He understood computers and telecommunications and other devices that were a convenience for all of the Anu. If something broke, they would all ask Apollo to fix it, and most of the time he accomplished the task as calling in another from the Pleiades was unfeasible.

Apollo like Athena preferred it when family members "got along" and "had a good time" even if they were acting a part rather than being themselves. The concept of "donning a happy face" was one of Apollo's expressions in his relations with the slaves. "Even if you do not feel well", he would tell them, "smile. It will be all right." Apollo also was primarily mental in nature and with little emotional capacity. This may be one of the origins of the non-feeling males in Anu form.

APOLLO AND THE SLAVE ARCHETYPES

Apollo appreciated the slaves and what they could do for him. He was not directly involved with the mines and did not see the blood sweat tears and suffering associated. Nor did he live long enough to witness the concentration camps that destroyed billions of slaves or the death rituals to extend the rest of the family in their length of life. The slaves in the early era of the Anu were bred in small numbers necessary only to the tasks at hand. Those closest to the Anu were educated and well behaved if not entertaining. Only in the vacationland created by Zeus and Innana could Apollo witness slaves singing and dancing and entertaining. He enjoyed the entertainment as much as he did the gambling and would often venture to the casino in his craft late at night and after Hera and the children were asleep.

Apollo did not have sex with the slaves. Instead he held a kind of parental love for them. Apollo never abused those slaves that worked for him. Nor was he interested in their children or personal problems. Apollo had a cordial relationship to the slaves during his lifetime.

APOLLO AND THE RED NATION ARCHETYPES

Apollo had little interest in the red nations' peoples. He did not perceive them as barbaric, but nor did he really desire to get to know them either. There are not many records of any interactions on the part of Apollo, except when he was called in to speak to tribal elders who had gathered at their palace door disgruntled about this or that. Generally under these circumstances, Athena and Apollo would take the time to listen and try and settle the dispute. Most of the disputes were over toxic materials sent into the waterways, which were killing the fish and wildlife near by. The red nations' peoples believed themselves guardians of the land and sought to end the manner in which the Anu polluted. Little was ever really done to change the ways of the Anu and so the polluting never really ceased. Sounds like big business in present time, does it not?

APOLLO AND THE GRAND MASTER ARCHETYPES

Apollo had no more interest in the large headed Grand Masters than the red nations' peoples. Apollo never really had contact with these humans except in disputes over pollution. The Anu were only one small family. How much pollution can one small family make? Well it was not just the family; it was also their slaves who held no respect for the land.

Later as slave civilization took off, and this was witnessed by Apollo II, the slaves would desecrate entire forests to build their cities. The red nations' peoples found this very disturbing and would complain. The slaves would kill or hunt down the red nations peoples that obstructed them. The Anu provided the technology so that they would win the disputes and kills the red nations' peoples who interfered. The red nations' peoples pulled further and further into remote regions that the Anu and their slaves did not populate during this time period.

Slave populations never grew as large as in Atlantean or present time. In present time there are few remote places remaining that some humans that are related to the Anu or Anu slave do not live. Those who are indigenous have been cornered into either melding with society or retreating even further in an attempt to hold on to their traditions. In time however the exact opposite will occur and the red man or those who are red in ancient ancestry will inherit the Earth, as these are the humans who have the genealogy to ascend and survive entry into the Great Central Sun.

9. HERMES, God of Death

HERMES AND THE ANU ARCHETYPES

Hermes was the child of Dionysus and his second wife who came to Earth at the request of Zeus II, who continued a friendship with Dionysus after he returned to the Pleiades. Under the solicitation of Zeus II Hermes took over the role of handling the death camps for the slaves. Interestingly enough, Hermes did not enjoy this job. It is not that he had compassion for the slaves; in fact much like Zeus II himself he despised the slaves or felt that they were useless or sub human. It is just that Hermes fancied himself doing something else for larger sums of money that he was disgruntled with his assignment.

Zeus II endlessly promised Hermes that he would promote him into something else, but there never seemed to be anything else for Hermes to do. Hermes also was not a very attractive individual and Pleiadian women shunned him as a result. He really escaped to Earth, as it was a safe haven for a more or less social outcast. Hermes lacked social skills or an ability to engage with others. Perhaps this was due to the many drugs that his father Dionysus put him on as a child to keep him calm and happy. Hermes had little to do with other family members other than Merduk and Zeus. He did not like social occasions, and so even if he was invited to

participate, chose not to. Hermes worked the camps until the nuclear annihilation of Merduk killed the form.

HERMES AND THE SLAVE ARCHETYPES

Hermes was an unhappy human. There was little anyone could do to make him joyful. Hermes took his unhappiness out on the slaves in the slave camps. He humiliated them, punished them, tortured them, raped the women, and ultimately gassed those that were nearly dying to death in huge chambers. Hermes was a character that enjoyed the dance of imprisonment and suffering, much like a warden in the prison system today.

Dionysus once visited him after he had procured his job. He was horrified. He left wondering what he had done wrong as a father to create a child that enjoyed putting others in pain, all under the auspices of controlling the slave populations. The recollection of their vacant eyes haunted Dionysus until he died. He never again returned to see his son.

HERMES AND THE RED NATIONS ARCHETYPES

Occasionally a red nation human was imprisoned by the slaves in slave civilization and would be sent to the extermination camp. Much like the gypsies that were often exterminated along with the Jews in WWII, so were some of the red nations' peoples exterminated along with the slaves. Hermes treated these humans with no more respect than the others in the camp.

When humans are tortured, there is a holographic knowing that this has occurred. The Pleiadians did not feel the torture of their own slaves as Merduk had severed the hologram enough in their original incubation that they had no connection to the Anu and therefore the Anu were numb to what the slaves experienced. The red nations people were not numb to the torture of those of their nation; many dreamed of the torturous experiments Merduk conducted upon their peoples in his laboratories; many also dreamed of the painful experience of their relations destroyed in the slave concentration camps.

In essence, the camps put all slaves in fear at a subconscious level. The joy went out of slave life as this occurred as all holographically felt the torture to those exterminated. The red nations' peoples also went into fear for the same reason and due to the torture of those related and sent to the camps. This is when fear was born as a state of being amongst most humans incarnate upon Earth, a sad thing indeed.

HERMES AND THE GRAND MASTERS ARCHETYPES

No record to date has been procured of a large headed human winding up in the Anu concentration camps.

10. DEMETER, Goddess of Fertility and Health

DEMETER AND THE ANU ARCHETYPES

Demeter, daughter of Apollo and Hera, married Dionysus while in medical school. Demeter was sent to school primarily at the request of the Anu to bring back the most current medical information and medications to assist in their intention to extend their lives. For a long time, Demeter hid the life extension practices of her parents and the other Anu from Dionysus. Over time, Dionysus was educated to this fact, and was surprised to discover how old many Anu family members were. Most were going on 8000 years of age by this point, and Dionysus did not believe it was possible for a human form to live so long and remain youthful, vibrant and healthy. He found that his own medical studies were apparently limited in this truth.

For a time, Dionysus took to visiting Merduk in his laboratories to learn more about regeneration. He found some of Merduk's research unethical. Although he never said anything, he ceased to spend time with Merduk deciding that it was better to abstain from such practices. Dionysus participated in the use of the pyramids during the 75 years he resided upon Earth. It is unclear what happened to him after returning to the Pleiades other than giving birth to a son, Hermes, with his second wife.

Demeter and Dionysus held many common interests while in the Pleiades. These interests appeared to wane in living upon Earth. Dionysus continuously complained about missing home and longed for all the conveniences that he had grown up with. Slaves just were not interesting enough as friends, although convenient in terms of household tasks. Dionysus also could not refrain from telling Demeter how strange the rest of her family was from a psychological point of reference. Demeter was always trying to retain peace between herself, Dionysus and the rest of the family as a result. In the end she was relieved when he chose to return home to the Pleiades as they divorced.

Demeter only had one child of her own, who did not live long, and yet she longed for others. And so she made it her truth to be motherly to the slaves and their children instead. She worked long hours in a slave hospital treating all kinds of health issues with simple herbs and medicines that were not expensive. Many of such medicines and herbs were imported from the Pleiades to be grown upon Earth to make it even less expensive to treat the slaves.

Disease began to run rampant after the slave civilization bloomed. This occurred long after the ice shields broke. The slaves were losing their immune system. Demeter would often confer with Merduk over the condition of the slaves. Merduk would give her his point of view, which was that the declining vibration of Earth without the shields was causing the slaves to become ill. Demeter also questioned their own health as a result, but she never really saw signs of a problem from the outside with any of her family members.

Demeter was aware that the behavior of Innana and Merduk in particular was becoming increasingly difficult and problematic. The drugs her former husband prescribed appeared to no longer have a positive affect upon Innana the longer that she lived. Demeter sensed an imminent and cataclysmic future ahead as she was very intuitive. As a result of this, she chose to return home to the Pleiades. She saw Innana one last time in the Pleiades before Innana exited physicality through euthanasia and following the nuclear holocaust of Earth. Demeter's apprehensions had come true.

DEMETER AND THE RED NATIONS ARCHETYPES

Demeter had little to do with the red nations peoples. Rarely did any such human enter her hospital. Therefore there are few records of any interactions between her and these archetypes.

DEMETER AND THE GRAND MASTER ARCHETYPES

Demeter had no contact with these archetypes.

11. *DIONYSIS, God of Illusion*

DIONYSIS AND THE ANU ARCHETYPES

Dionysus married Demeter in medical school. He joined her upon Earth due to the potential possibility of making a fortune for himself. This did not really pan out as he had anticipated, primarily because of the distance between the Pleiades and Earth. Dionysus desired to farm botanicals and drugs that were expensive in the Pleiades and thought that due to the slave labor available upon Earth, that this could become a lucrative endeavor. Alas the cost of transporting the drugs to the manufacturing facilities in the Pleiades was so great that there was little profit remaining.

Innana was the only one who may have benefited in the end from this experiment. For Innana was prescribed 18 different drugs depending upon her condition by Dionysus to stabilize her unstable state of being. The drugs were very costly and long before the crops became ready for harvesting that Dionysus had planted, Innana had spent her remaining fortune on importing these drugs from the Pleiades. As the homegrown varieties were harvested, they had to be treated in certain ways and then specific nutrients extracted. Merduk already had the laboratory equipment to handle making small batches of tinctures for Innana from these medicinals, and so Innana was supplied for the rest of her life with all the drugs she needed at no cost.

About the time that Dionysus discovered that his dream would never reap the profits he had hoped, he also lost interest in his marriage to Demeter. Their one sickly child had died before he had reached the age of 20. Dionysus desired more children but felt that Demeter suffered from problems and could not produce healthy children. This was following many aborted fetuses through miscarriage.

Dionysus left earth after 75 years as a result returning to the Pleiades and divorcing Demeter. In the Pleiades he married again producing two children, one of which returned to the Earth at a later time known as Hermes.

Dionysus was not sure he approved of the life extension practices of the Anu. Although he never really reported it to the Pleiadian authorities, he perceived that the family had become very strange due to their remote life together upon Earth, and possibly due to extending the life of the form way beyond where it should live given the nature of the biochemistry. His blood tests upon Innana in particular, who was suffering from a form of paranoia, revealed how out of balance her biochemistry was. Although drugs could be given to bring the biochemistry to balance, which indeed produced a more balanced persona for Innana, she then had become dependent upon these drugs. Over time he knew that the drugs would cease to have the initial affect and that Innana would end up insane. He counseled her about this and suggested at this point that euthanasia would be the best solution.

It was only another 1000 years after Dionysus left Earth that Innana really began to go mad. Innana was stubborn and perhaps the insanity she had gone into did not allow her to make good life choices thereafter. She went back to the Pleiades at this point and saw Dionysus along with a series of specialists, none of which knew how to help her, and they too suggested that she write her memoirs and end her life at this juncture. Death terrified Innana oddly enough, and so she returned to Earth agreeing to fulfill upon this, and instead entered a lengthy war with Merduk that lead to the nuclear annihilation of Earth.

DIONYSUS AND THE SLAVE ARCHETYPES

Dionysus was interested in the slaves only to the degree that he could use them to plant and harvest his medicinals. The Anu already had many slaves that were gifted at working in their many gardens. These slaves were loaned to Dionysus to assist in setting up the medicinal farms. Outside of farming, Dionysus found the slaves boring in persona although perhaps good at working in the fields.

Dionysus may have been the only Anu who understood what pairing another down in genetic materials does to the associated human life. He found the slaves mechanical and repetitive along with flat and lifeless. He pondered if creating slaves was not unethical in some manner as a result. His thoughts were never voiced to the family, only Demeter, who would argue with him the benefit of having slaves. Dionysus could never quite get across why it might be unethical to create a human that was lesser than whole to Demeter; however in his heart he somehow remembered this spiritual lesson when all others in the family were oblivious.

DIONYSUS AND THE RED NATIONS ARCHETYPES

Dionysus had no interest in the red nations peoples or their medicines. He had come to Earth to farm Pleiadian medicines and this is what he went about. The red nations' people did not interfere with his farms.

DIONYSUS AND THE GRAND MASTER ARCHETYPES

Dionysus had no recorded interactions with these archetypes

12. *HESTIA, Goddess of the Home*

HESTIA AND THE ANU ARCHETYPES

Hestia had a degree in home decorating from the Pleiades. A distant half-sister to Innana, Hestia made it her livelihood to decorate and beautify the many palaces constructed upon Earth. She did not arrive with the Anu in their original move to Earth. Hestia joined the Anu when Innana had already extended her life to 8000 years of age. Hestia was homely and uninterested in men. Perhaps she would have been gay but never gave herself permission to express her sexuality in any manner. Much like Diana, Hestia was missing her inner male.

Hestia had an understanding of how to furnish and place art in a manner that allowed the beauty to be felt and enjoyed by all. She was also gifted at designing gardens and worked closely with those slaves that became the gardeners for the Anu. It was Hestia that designed a 12 acre garden complete with waterfalls and special flora and fauna imported from the Pleiades that reminded Innana in particular of "home". Innana would often venture into this garden for a day at a time. It was here that she and David would make love out in nature for days on end. Perhaps this garden is the vision of the "Garden of Eden" that many humans remember, for fruit did indeed grow off the vines and trees of many kingdoms therein.

Hestia also designed special baths that the Anu could enjoy. These baths were filled with minerals to assist in beautification and regeneration. The baths were interlinked them through a maze of waterways and treatment rooms where massage and other spa like treatments could be had. It was Innana that trained the slaves on how to massage or apply the treatments to youth and regenerate their forms. The spa and their treatments were sometimes offered to special guests of Zeus to assist in sealing a business transaction, however none were ever told of the life extension practices of the Anu.

Hestia was once introduced to Hermes when he was a young man. They seemed to understand each other. It was as Hermes tried to kiss Hestia that she chose to never see or speak to him again. Hestia was deeply afraid of love and sex. Hestia lived 4000 years and out of boredom, chose to return to the Pleiades, write her memoirs and die through euthanasia.

HESTIA AND THE SLAVE ARCHETYPES

Hestia also enjoyed manufacturing furnishings, art, jewelry and other items to be sold to the Pleiadian marketers. She worked closely with the slaves for this purpose. Most of these businesses did not take off until after the breaking of the

ice shields, which Hestia did live to witness. After the loss of their pyramids, palaces and recreational places, all had to be recreated again. Zeus II was searching for a way also to make money now that the larger gold mines and other mineral mines that had reaped their original fortunes were underwater. It was Hestia that volunteered to teach the slaves to make furniture, design clothing and create jewelry to assist in assuring the ability of the family to make a profit each year in trade with the Pleiades.

Equipment was imported to manufacture certain minerals such as opals and pearls. Plants that fabric could be made of were also imported and farmed by the slaves. The slaves harvested the farms and then processed the raw plants into fabric or furnishings. Hemp was a favorite fabric and the weed (marijuana) also was used as a sedative for the slaves so that they would not rise up against the Anu. The fabrics created were beautiful. The minerals manufactured or gathered from the ocean were also beautiful. However none of these exports could reap the large profit and gain that Zeus II had been accustomed to in the days that he had worked with his father. Eventually these projects were turned over to the creation of clothing and furnishing for the increasing slave populations instead of being exported.

Hestia later turned her attention to looking after the slaves. She had great compassion for the slaves and found them better friends and confidants than the Anu themselves, whom she found to be rather self centered and lazy. As the immune system of the slaves began to fail, Hestia joined Demeter in her health centers and assisted in diagnosing and treating their symptoms. Hestia and Demeter each sensed that a tragedy was coming for the Anu family. Hestia chose to return to the Pleiades along with Demeter and ended her life shortly thereafter.

HESTIA AND THE RED NATIONS ARCHEYPE

Hestia had no recorded interactions with the red nations' peoples.

HESTIA AND THE GRAND MASTER ARCHETYPE

Hestia had no recorded interactions with the red nations' peoples

THE ANU SLAVE ARCHETYPES

1. THANATOS, God of Survival

40% Merduk and 60% God Goddess of the Earth Mother holograms

THANATOS AND THE ANU ARCHETYPES

Thanatos was a slave that was incubated 100 years following all the other slaves as Merduk decided that he desired a slave in his own image. Thanatos was the homeliest of all the slaves but more intelligent. Merduk would therefore have those of this nature work in his laboratory as they understood more than any

others. This made Merduk happy. One can only think of the image of the mad scientist and all of his help in the movie "Frankenstein", with the help forever querying, "What's next master?"

The other Anu found Thanatos archetype an odd type of slave compared with all the others that they had known and educated for the first 100 years. However, they found them more intelligent than the others; and therefore often would allow this archetype to manage the others in various projects. Thanatos archetype made a good manager but sometimes was also abusive in nature. The Anu did not really care unless they overheard the abuse and then often Athena or Innana would intervene and suggest that they be polite with one another.

Thanatos archetype was also interested in physical activities such as sports and bodybuilding. Even if the face was not so magnificent, often those of this archetype created a beautifully sculpted body through physical activity. Later on in slave civilization this archetype would become heavily involved in sports and enjoy the competition one on one or in teams playing games not unlike soccer and football or tennis today. The Olympics became a yearly celebration as slave civilization developed with many of this archetype competing for title for the best or most gifted athlete. Often those of Thanatos archetype would win in various Olympic competitions.

It was those slaves of Thanatos archetype primarily that assisted Hermes in the slave concentration camps. Thanatos archetype much like Hermes enjoyed the abuse and enjoyed being in power, and also enjoyed torture, rape and suffering in others. It is those of this nature along with Hermes that exhibit this patterning in present time.

It was the Thanatos archetype primarily that was modified yet again by Merduk for a warrior slaves that had no emotions and was brutal upon the battlefield and even more hateful than the original Thanatos incubated early on. Those of this nature today are often sadistic in nature or the terrorists that have no concern about blowing up others or torturing others to an extreme.

THANATOS AND THE OTHER ANU SLAVE ARCHETYPES

Those of other of other slave archetypes often feared those of Thanatos archetypal nature particularly if he was in a position of authority or management over them. Sometimes those of this nature raped or hurt the others of other slave archetypal nature. This especially occurred in the concentration camps later on in slave history. In the work environment and as manager, those of Thanatos nature will use shame and humiliation and sometimes even degradation to retain their position of authority over others of slave nature. The Thanatos archetype also subordinates to others of Anu nature, as they will never perceive themselves as powerful as the Anu.

Thanatos nature is highly competitive. In sports, the competition was funneled into games that are not perceived as harmful as hating the opposition is considered a part of the sport. If those of Thanatos nature were gifted athletes,

then often they were revered in later slave civilization for their accomplishments. Then the slave women would flock to the side of those of Thanatos archetypes seeking them as partners or to father their children.

The derivative of Thanatos archetype created for the battlefield by Merduk is the most abusive of all. Those of this archetypal nature "hate". In marriages, they will hit their spouses; with children they will abuse or molest them to retain dominion over the household. Sometimes those of this nature will murder those that they hate without regret or remorse. Sometimes those of this nature end up as terrorists.

THANATOS AND THE RED NATION ARCHETYPES

Those of Thanatos archetypal nature despised those of red nation archetype and considered them uncivilized heathens. Often it was those of this nature that would be involved in battling it out with local red tribes over fertile valleys to be farmed by the growing populations of slaves in the later era of the Anu. In the concentration camps, those of Thanatos archetype who were in charge over those imprisoned and to be exterminated would also have their say over red nations prisoners. Often they were even more brutal to those with red skin than the others who were white.

THANATOS AND THE GRAND MASTER ARCHETYPES

It appears that it was the Thanatos archetype that was procured by Merduk to kill and capture a Grand Master couple so that Merduk could experiment upon their bodies. It was also the Thanatos archetype that captured other large headed humans to be seduced by Zeus or Innana, or beheaded and then attached to a machine by Merduk. Therefore the relationship between Thanatos and the Grand Masters is one of being hunted and destroyed.

2. EROS, God of Seduction

40% Innana and 60% God Goddess of Sexuality and Sensuality Holograms

EROS AND THE OTHER ANU ARCHETYPES

The Eros archetype in particular was bred for the sexual interests of Innana and Zeus. This archetype was used heavily to create the entertainment and sexual play of the vacationland that Zeus and Innana created in the early days. Those of this archetypal nature were seductive and beautiful along with bubbly and entertaining. Many had beautiful voices and could sing popular Pleiadian music leaving the Anu feeling as though they were at home.

Often those of physical beauty and Eros archetype were sought after by the Anu for sex. In the early days, Zeus would take off midday and corner a beautiful female slave and rape her. He would follow the trail of the beautiful hair running in the field. Slave women that were not the variety working closely with the Anu

took to wearing headscarves after a time so that Zeus could not see their hair from his craft, and then they were less likely to be raped.

Zeus generally preferred the Eros archetype of slave for his sexual exploits, as did Innana, for they enjoyed sex and would orgasm easily. Those of this archetype can be straight or gay in sexual preference. Those who are gay often appear androgynous, or would be beautiful as a man or woman. For the other Anu who did not enjoy sex or sensuality, they found those of this nature entertaining and pleasant to be around. Therefore this archetype would often end up as a personal attendant or masseuse for the Anu, or the waiter or waitress for their meals.

The Eros archetype was too sensitive to go to battle, even in defense of Innana in the end. They found war disgusting and painful. Often it was those of Eros archetype that would nurse the wounded that survived.

Merduk bred many of the Eros archetypes and sold them to other humans in Orion and Andromeda. Generally these slaves were used for entertainment or sex. And so the lineages for Eros in particular also extend off planet to other galaxies where they have most likely continued to procreate.

EROS AND THE OTHER SLAVE ARCHETYPES

Others or other slave archetype sought those of Eros archetype for their beauty as sexual partners, spouses or to have children with. The sensual nature of those of Eros archetype however was rarely matched in another of another slave nature except for the Hercules archetype. In the earlier times of the Anu where sex was openly shared amongst the slaves and Anu alike, this did not make much difference, as partnerships did not last long. Later as marriage was encouraged instead of so much freedom in sexual partners, then often marriages between the slaves were unhappy. Much like Athena and Zeus, they were often mismatched in their sexual desires or preferences. The end result was a marriage where one who wanted more sex never really had it, and the other was forever rejecting or pushing the other away as they did not like sex very much.

Slaves enjoyed physical beauty as much as the Anu who they were incubated after. Later on in slave civilization, beauty pageants became common and often those of Eros archetype would participate in these and win; as well as becoming entertainers of all kinds. Entertainers in the form of dance and music often would create fame and relative fortune in the later times of the slave civilization. As such, they would experience a more abundant lifestyle than many others.

EROS AND THE RED NATION ARCHETYPES

During the era of the Anu, there is little recorded interaction between the Eros Archetype and the red nations' peoples. Eros is a sensitive nature that did not believe in war or harm. There would therefore be a tendency of those of this nature to "live and let live" allowing others to freely be as they wished without disturbance.

EROS AND THE GRAND MASTER ARCHETYPES

There are no recorded incidents between Eros archetype and the Grand Master archetype during the era of the Anu.

3. *HEPHAESTUS, God of Power and Warfare*

40% Ares and 60% God Goddess of Authentic Power Holograms

HEPHAESTUS AND THE OTHER ANU ARCHETYPES

Hephaestus archetypal nature was bred primarily to provide ground defense for the Anu. This archetype was not bred in the early days of the first slaves; it was bred some 4000 years later after a rumor circulated that a group in Orion was considering invading Earth and setting up their own mining facilities. From this rumor, protection was sought from a distant cousin, Ares, who later agreed to allow his DNA to be used in the creation of yet another new slave that was for the purposes of defending the Anu and their interests. The archetype of Hephaestus was the result of this.

Those of Hephaestus nature along with Thanatos nature were trained together to create a makeshift army at the time that Ares was present upon earth. They were trained to fly small craft and operate weapons of various kinds and learned to orchestrate various ground and air maneuvers. They were also trained to develop strong bodies with good endurance in the event of a need to war. Ares was directly involved in this training.

Those of Hephaestus nature were later trained and used as bodyguards for Innana. Innana became increasingly paranoid from about 15,000 years of age and beyond. She therefore would train slaves to guard her at all times. These slaves even accompanied her in her travels back to the Pleiades in the latter half of her life.

As Merduk declared war upon Innana, it was often those of Hephaestus archetype as well as Thanatos nature that chose to defend Innana. They gathered at this point uniting armies that had already been created to defend the slave civilization against the red nations' people and went in opposition of Merduk's armies. Merduk's armies were of the same holographic nature as Innana's and so one can say that the slaves fought themselves in the end.

HEPHAESTUS AND THE SLAVE ARCHETYPES

The other slave archetypes looked to the Hephaestus archetype for protection. Often this archetype would end up as a local form of police or bodyguards in slave civilization. Armies were also created within the later time slave civilization to protect themselves from red nations' tribes living nearby. The red nations' tribes became increasingly barbaric towards the slaves living on the outskirts of their civilization. This occurred later in the era of the Anu and after the formation of the oceans, when the slaves were breeding profusely and required more and more

land to farm to sustain their increasing populations. As they continued to push into red nations land, it forced red nations' peoples from their homes and caused them to dislike and distrust the slaves. The end result was that the red nations' peoples began to strike back, and this is why and when slave civilization formed their own armies.

Often those of Hephaestus nature ended up the police forces in the slave cities as well as the captains or lieutenants of the slave armies. Later as Merduk went to war upon Innana, these armies turned their attention to defending Innana, who they deemed her "god" over Merduk. It is most likely because Innana was directly involved with slave civilization in the Temple of Marriage that this was so.

HEPHAESTUS AND THE RED NATION ARCHETYPES

Hephaestus archetype became the leaders of a continuous war against the red nations' peoples over resources and land necessary to sustain the growing populations of slave civilization. The end result of a series of 1600 battles over 6000 years each time in which the red nations' people lost their land and retreated further away. A part of the reason that this was so was that the Anu provided armament and technology that the red nations' people could not defeat.

For the Hephaestus archetype, the red nations' peoples were barbaric and uncivilized. They were sub-human and like a "dog" to be beaten and destroyed. Red nations' peoples taken prisoners rarely integrated with slave civilization, unless they were beautiful women. Others were taken to prison, tortured and killed. After the formation of the slave concentration camps, red prisoners of war were sent to the camps for extermination along with the sick, elderly, insane or deformed slaves. It is estimated that over 900,000 red nations' peoples died in the wars of the Anu slaves against them; over 10,000 died in concentration camps. This is from records drawn from the land as discerned by Earth.

HEPHAESTUS AND THE GRAND MASTER ARCHETYPES

There is no record of these two archetypal natures meeting. The larger headed humans generally had the wisdom to retreat long before their tribes chose to retreat against the increasing populations of white slaves. They would try and advise the local chiefs simply to pick up residence and move elsewhere. But sometimes the red chiefs were stubborn and believed that they could defeat these "white devils" with their gifts of the hunt. Alas they soon realized that they could not defeat the technology of these humans and were forced to retreat nonetheless, or to die upon the battlefield. They recognized perhaps the wisdom of the larger headed ones only too late as a result.

4. *HERCULES, Hero, God of Love*

40% Zeus and 60% God Goddess of Love Holograms

HERCULES AND THE OTHER ANU ARCHETYPES

Those of Hercules archetypal nature were enjoyed by the Anu. They were entertaining, had the gift of the gab, and often were good seducers and con artists themselves, much like Zeus whom formed part of this archetype with his own DNA. The Anu preferred this archetype along with Eros to be their personal waiters and attendants, along with masseurs, valets, and servants. Most of the 100 slaves that were educated in each generation to serve the Anu were of the Hercules and Eros nature as a result.

Innana also enjoyed this archetype as a lover. Indeed her beloved blue-skinned David was half Zeus and half Hercules archetype by birth. This allowed a lover unlike any others she had known amongst the slaves, as the brilliance and sensuality of Zeus was so much a part of David's nature. Alas David aged and the ongoing fights between them ended the marriage after 275 years. David moved out on his own at this point and lived another 100 years dying in the end of pneumonia. David's daughter was the most bitter of all about how her father was cast out as he grew old, and wrote volumes of poetry on the subject that was often defiling in nature of Innana.

As the war between Innana and Merduk began, many of Hercules archetypal nature joined the armies rushing to her defense. Alas they were too sensitive for the battlefield and did not have the stamina or nerves for the bloodshed. Many of this nature therefore retreated from the battlefield to look after the wounded instead.

HERCULES AND THE SLAVE ARCHETYPES

Hercules was a most popular archetype amongst the slaves. Their gregarious and entertaining manner often caused these types to end up as governance over slave civilization. Often elected into positions due to their popularity, they enjoyed the leadership role over the slave civilization. Some of this nature also became famous entertainers that were the heartthrob of the masses who would come out by the thousands to see them perform in the many amphitheaters that were constructed in slave cities over time.

This archetype was often sought after as a spouse or father or mother of one's children due to their popularity or beauty. Sometimes the marriages were good and long lasting; sometimes not unlike the "father" of their archetype, which was Zeus, those of Hercules archetype had a habit of seeking out many sexual partners. The lack of faithfulness often caused the marriages to end in divorce, not unlike Zeus and Athena.

Slave civilization grew to a point that there were brothels in the inner cities that entertained the men in particular. This was the result of a memory of a parallel

circumstance in the vacationland of the Anu in an earlier time period. Much like today, police chiefs and army lieutenants were often the participants of the brothels, and so they were never really put out of business, although prostitution was considered “illegal” due to the positions of Innana and Hestia primarily; as they desired to control the slave populations due to the ever increasing numbers born by instituting marriage instead of free love and sex. Often those working in the brothels were of Eros or Hercules archetypal nature.

HERCULES AND THE RED NATION ARCHETYPES

Those of Hercules archetype would often join the armies and police forces of slave civilization. Often they were involved on the raids and battles with the neighboring red nations peoples as well, all out of the belief that they were defending their nation. However many also felt deeply and were sensitive enough in nature to have compassion for those red nations peoples that were taken prisoner. Several of Hercules archetypes took in red nations women that had been captured as either beloveds or wives as a result.

HERCULES AND THE GRAND MASTER ARCHETYPES

There is no record of any occurrence between these two archetypes during the era of the Anu.

5. POSEIDON, God of the Sea

40% Diana and 60% God Goddess of Co-Creation Holograms

POSEIDON AND THE OTHER ANU ARCHETYPES

The Poseidon archetype was bred primarily to become gardeners and farmers for the Anu. Often those of this archetype were the ones who tended to the massive gardens that were acres and acres large, some of which hosted transplanted varieties of trees, plants and shrubs from the Pleiades for the Anu’s pleasure. This particular archetype was much like Diana itself, and tended to be withdrawn and anti-social, preferring to be in nature than with people. Therefore the Poseidon archetype was rarely called upon as a waitperson or to tend to the personal needs of the Anu other than the managing of their gardens or many pools for the purposes of regeneration.

The Poseidon archetype was also involved with the farms of medicinals and hemp associated with Dionysus and Innana. Often this archetype could become rather addicted to such things as marijuana. Sometimes they discovered that their boring nature would become lively when they were “high” and they could then suddenly become entertaining or amusing.

POISIDON AND THE SLAVE ARCHETYPES

The Poseidon archetype was generally involved with food in one manner or another in association with the slaves; sometimes they were the ones to go out and “hunt and gather” from the forests surrounding the slaves. Often they were the farmers and gardeners that learned that it was easier to grow crops than harvest them in the wild to feed larger and growing slave populations in the later time periods of slave civilization.

This archetype also enjoyed fishing after the oceans were created in the cracking of the ice shields. Many took to boats harvesting larger and larger numbers of fish for the growing populations of slaves during the later era of the Anu. If living in the city, the Poseidon Archetype might be the local grocer or a chef in a local restaurant. Generally the predisposition of this archetype was antisocial but one that worked hard so that others could enjoy what they created caught or grew. This archetype had not interest in going to war, but often looked after those who were wounded in battle helping them to heal.

POISIDON AND THE RED NATIONS ARCHETYPES

There are records of those tending to the massive gardens of the Anu having interaction with the red nations peoples that lived nearby. Most of such interactions were peaceful in nature in the early days. Relations between the Anu and the red nations peoples in their early times upon Earth was peaceful, except perhaps for the few members of their tribes taken by Merduk for his experimentation, or conflict over toxins dumped into the local waterways.

Later and as the slaves pushed further and further into red nation territories creating larger and larger farmlands to feed their growing populations, the red nations peoples would often attack the farmers and steal or burn down the crops in retaliation. Many of the Poseidon archetype died in these types of attacks, until at a later point in time, when enough army patrols were formed to defend the farmers against the red nations harm.

POISIDON AND THE GRAND MASTER ARCHETYPES

There is no recorded incident of an interaction between these two archetypes during the era of the Anu.

6. ORACLE OF DELPHI, Goddess of Vision

40% Apollo and 60% God Goddess of Vision Holograms

THE ORACLE OF DELPHI AND THE ANU ARCHETYPES

The Oracle of Delphi Archetype was bred as a form of entertainment to the Anu. The Anu liked the idea of gypsies and fortunetellers. They also liked those who

held enough wisdom to be a resource of guidance. This archetype fulfilled upon both of these roles. The Anu developed "oracles" which was still water with colloidal marble suspended within it. The marble would diffuse in the water creating a mirror or screen through which those of this archetype and who were psychic could perceive the future. Innana had someone bred for this purpose that was most gifted and she would go to this individual for their perception and advise recurrently. This is how the "Oracle at Delphi" became famous. Many of the slave nations also visited this individual because of how Innana relied upon them.

Many of this archetypal nature never became a psychic but rather were the waitpersons, masseuses and caregivers of the Anu due to their nurturing, supportive and thoughtful natures. Often this archetype was used as a nanny or wet nurse to the Anu's own children as they had a gentle and nurturing nature. Many of this nature foresaw the impending war between Innana and Merduk. It was one of this nature that brought Innana information about the impending attack of Merduk upon her palace.

THE ORACLE OF DELPHI AND THE SLAVE ARCHETYPES

The Oracle of Delphi archetype was considered a good parent to young slaves. Often they would spend time in early childhood education or as a nanny or wet nurse to wealthier slaves within slave civilization. The slaves also enjoyed gypsies and fortunetellers, and would flock to those demonstrating these capabilities. Those with vision were perceived as mystical and uncanny and more aware than the rest.

This archetype also had greater wisdom than many of the other archetypes about personal relations between humans. Therefore often those of this predisposition ended up counselors of others seeking advice or assistance. During the era of war, those of this nature held the position that war should not need to be; that each should learn to get along with the other. They could not understand their "gods" anger and position with one another; but they were their gods and so in a sense they also could not question or disapprove of their position either.

The Oracle at Delphi archetypal nature also became a resource of media information in the later slave civilization. Over time such things as printed newspapers became commonplace in slave civilization. There was not the technology for television or the high tech gadgetry of today; records reveal that the era was more like Rome or Greece at the time that their civilization flourished in this era. Those of this archetype would often gather the news and then have it printed so that it could be distributed and others would know "what was happening" or "who's who" in slave civilization.

THE ORACLE OF DELPHI AND THE RED NATIONS ARCHETYPES

Those of Oracle of Delphi archetypal nature had a "live and let live" perception of life. They may not have approved of red nations peoples destroying their crops or killing their farmers; but they also would not approve of the armies that created

tactical moves against the red nations peoples either. In essence, this archetype desires to retain peace between all parties.

THE ORACLE OF DELPHI AND THE GRAND MASTER ARCHETYPES

There is no recorded incident of an interaction between these two archetypes during the era of the Anu.

7. HELIOS, God of the Sun

40% Athena and 60% God Goddess of Spiritual Knowledge Holograms

HELIOS AND THE ANU ARCHETYPES

The Helios archetype was primarily bred to be knowledgeable in nature. The Anu did not desire slaves that had to call upon them day and night to figure things out, or figure simple technological gadgets out if they broke. And so they all decided to create a slave that was more intelligent and knowledgeable than the others so that they could be able to fend for themselves in most circumstances. This was the role of the Helios archetype, although in the end, Thanatos often acted out of greater intelligence when it came to practical hands on problems. Instead Helios archetype tended to be gifted at learned knowledge or excelling in school.

The Helios archetype was also a part of the group of 100 that tended to the Anu personally each generation. Helios archetype often was often involved with the education of other slaves under the guidance of Athena I and Athena II. Later as slave civilization grew, Athena II drew upon the Helios archetype and they became heavily involved in the universities as professors, researchers, scientists, doctors, and dentists. Over time the doctors and dentists moved out into slave society serving the growing numbers of in their populations requiring health care, delivering newborn children, as well as dental work.

Helios was often the preferred archetype in helping with the older children and teenagers of the Anu. This archetype was intelligent enough to assist the Anu in educating their own children, or acting as a loving tutor and friend unto them. The Anu children often succeeded at the University in the Pleiades due to all the attention provided to them at home by those of this archetype who privately educated them.

HELIOS AND THE SLAVE ARCHETYPES

Helios archetype was sought after by other slave archetypes for understanding and education. Helios archetype often became the counselor amongst the groups of slaves working directly with the Anu. Later as slave civilization grew, those of Helios archetype were respected for their work at Athena's university, many of which became local doctors, pediatricians and dentists along with attorneys, counselors or psychologists and business owners of many kinds.

As the war broke out between Merduk and Innana, those of this archetype set up makeshift hospitals near the battlegrounds to tend to the wounded. Only those who were thought possible to be saved from the battlefields were brought into the hospital. The doctors would work upon them and the scenes from this experience are not unlike the television show and movie MASH.

Helios archetype sometimes ended up in positions of governance or leadership in slave civilization. If this archetype were not the elected official, then those of this nature were often a part of the counsels chosen by the elected official for assistance. The Anu slave civilization flourished for almost 7,500 years until it all ended due to the nuclear annihilation of earth set in motion by Merduk.

HELIOS AND THE RED NATIONS ARCHETYPE

Often those of Helios archetype were called upon to negotiate with the red nation tribal leaders in the early days of slave civilization. Often treaties were created on paper to reflect the changing boundaries of land procured by the white slaves for their own farming. The treaties were invariably broken as the civilization grew requiring more land to create more farms to feed an ever-increasing population.

It was the broken treaties that eventually caused the red nations people to begin to attack the slave farmlands and farmers alike. When the negotiations failed, the white slaves chose to create armies to protect their interests instead of negotiating any further. Those of Helios archetype tend not to approve of war unless there is no other means to a settlement of problematic circumstance. They viewed the need to create defense against the red nations peoples as due to an inability to negotiate a new treaty that worked for all concerned.

HELIOS AND THE GRAND MASTER ARCHETYPES

Often the larger headed humans were involved in making the original treaties between red nations' peoples and those in governance over the Anu slave civilization. The larger headed humans also warned their own chiefs that the treaties were not going to last; that ultimately these white humans were going to break their own agreements anyway. Alas this did come to be true. The larger headed humans also suggested moving further away from slave civilization as a result. Some tribes followed the spiritual guidance of their large headed elders; some did not and went to war with the slave nation armies.

8. PAN, God of Nature

40% Diana and 60% God Goddess of the Solar Sun Holograms

PAN AND THE ANU ARCHETYPES

The Anu designed the Pan archetype out of their love of the hunt. Much like the British have a love of foxhunts, so did the Anu have a love of hunting wild game. Not unlike the British, they too would ride on horseback chasing the game with

hunting dogs and later human slaves of Pan archetype who participated as well. Those who were gifted hunters were rewarded by the Anu with a better living circumstance than most others living like chattel in the earlier time periods.

The Pan archetype was not only a gifted hunter, but also gifted at sensing and understanding the wilderness. Sometimes those of this nature would go off into the woods and trap animals that would become beautiful fur coats or rugs for Innana, or animals for Merduk to experiment upon in his laboratory. Innana in particular had a love of fine furs, some of which were later sold off at auction in the Pleiades to assist in refilling her bank accounts.

Those of Pan archetype were also gifted athletes. The Anu orchestrated mini-Olympics each year amongst those that waited upon them along with the others living a simpler lifestyle. Those who won in the Olympics would gain the attention of the Anu and be rewarded with living on palace grounds thereafter. Therefore many chose to try and win metals at their Olympic games as a result, and many of Pan archetype accomplished this feat. Later on in Anu history and within the slave civilization, the Olympics became a large annual series of games involving hundreds of athletes and teams, not unlike today. Often those of Pan archetype would win in the discus throwing or bow and arrow competitions along with foot races or swimming competitions. The Anu would always come out to watch the games and award the metals.

When Merduk went to war upon Innana, many of Pan archetypes went to battle in her defense. Much like Eros and Hercules, the Pan archetype discovered it really did not have the stamina or nerves for the bloodshed associated with war. Many retreated at this time and became instead the forest scouts that would tell the captains and lieutenants the whereabouts of Merduk's armies. Those of Pan archetype are gifted at moving through the woods and remaining invisible which made them good scouts for this purpose.

PAN AND THE SLAVE ARCHETYPES

Pan archetype was not a social character, as they preferred to be in nature rather than with people. Although Pan archetype might be beautiful in the physical and a gifted athlete, human relations were not their forte. Many a Pan archetype had a difficult marriage to the other archetypes that were of a more social nature as a result. Many marriages ended up in divorce in the end.

Pan also was not interested in the media news or governance of the times. In many respects, one can consider Pan a bit of a rebel that did not desire to conform to social norms of slave civilization. Some of Pan archetype later became carpetbaggers or even thieves that would rob lone travelers between slave cities. Rarely was the Pan archetype caught as they were so gifted at maneuvering through the forests either on foot or on horseback.

PAN AND THE RED NATION ARCHETYPES

Pan perhaps more than any other slave archetype had a lot of interaction with the red nations' peoples. Those of Pan archetype would often commingle with the red nations tribes, learning their language and of their understanding of the layout of the land and woods, streams and lakes nearby. There are several records of those of Pan archetype marrying a red nation woman and joining the tribe in their daily life and activities. In some respects, this archetype may feel more at home in red nation unity than in white slave nation thought-form.

PAN AND THE GRAND MASTER ARCHETYPES

Interestingly enough, it may be those of Pan archetype that had the most respect for the inherent knowledge of those with large heads or who were the Grand Master descendents of long ago. Those with the larger heads occasionally counseled those of Pan archetype who married into a red tribe. Later as white slave civilization went to war against the red nations peoples, those of Pan archetype tried to intervene and create the space where disputes could be settled by negotiation instead. Alas the white people were thirsty for blood and revenge for their lost crops and farmers, and this therefore was to no avail.

RED NATION HISTORY

The red nations' peoples were eighteen nations of humans incubated in a laboratory by Sirian scientists to gain an understanding of what types of DNA packages would thrive upon Earth. They were seeded upon Earth 75,000 years ago as Earth measures time and 225,000 years after the creation of the ice shields. Of the eighteen nations of humans, only seven root races survived as they had the right genealogy and energy flow for Earth's biosphere. The scientists returned many times over a 25,000-year period to monitor the tribes, returning to where they had been originally seeded; most did not migrate far from their original region of seeding over time.

There was something wrong however with the eleven root races that did go extinct. These races appeared to have run electrical or mer-ka-ba geometry. Over time this flow was so non-resonant with the land that the harm returned caused plagues and all of such tribal members went extinct. Tribes were seeded in regions so far apart and deliberately upon the part of the scientists so that they would not migrate and find one another and interbreed. This allowed a pure understanding of what energy flow worked with Earth and what did not along with DNA associated in human form for the Sirian scientists.

Regardless of the scientific stance upon the issue, the fact that there was mer-ka-ba energy flow in human form recorded upon the grids of Earth caused another human race of parallel energy flow known as the Pleiadian Annanuki to be drawn to Earth again into the future. It is also a great truth that when the Grand Masters with the large craniums were seeded upon Earth 25,000 years later, that they attempted to ascend some of the red nations peoples. In the ascent, the mer-ka-ba energy flow was recreated and inflated to global proportions. This in turn called the Anu to Earth at a later time period as they matched the global energy signature of the mer-ka-ba.

The Anu came with particular goals in mind for harvesting Earth's resources and life extension primarily. The red nations peoples by and large avoided the Anu and stayed out of their way. Merduk abducted many of the red nations peoples (180 over time) and had access to each of the seven holograms associated with the Native American root race. The Native American root race was the primarily root race living nearby the Anu. Merduk experimented upon these humans in his laboratory and utilized their DNA in the manufacturing of the Anu slaves. This caused a holographic fall for the Native American root race. The fall of the Native American root race did not directly affect other lineages associated with Tibetan, Inuit (Mongolian), South American Indian, Aboriginal (Australian), African or Polynesian root races at this time.

All root races had a triple lotus energy flow at the time that the Anu originally arrived upon Earth. This appears to be the most compatible energy flow in resonance with Earth and it was due to this flow that the seven root races had survived over time. As Merduk captured enough red nations peoples of Native

American root race biology and manipulated the DNA, those of this nation fell into a figure 8 patterning instead of the triple lotus due to a loss of knowledge and the fracturing of their lineages. The figure 8 energy flow creates a different dance of polarity than the triple lotus. It was because the Native American root race fell into polarity through the figure 8 flow that they could lose their land to the white slave civilization during the era of the Anu.

Many of the red nations people DNA were also a part of the half animal and half human experiments of Merduk. Merduk blended human DNA from the Anu with the animals too, but never his own. Animal and human DNA are so variant and dissonant with one another that the blending the two puts any living species that survives in great pain, along with all other members of their species that are holographically interlinked. The pain much like a migraine headache does not leave, as it is associated with the living species that is in pain following the experiment. This was also so for the Native American root race involved in these experiments in a genetic sense. As the species that was the experiment dies, the pain subsides becoming scar tissues in the genetics of future generations. The scarring can then goes on to produce deformities wherever the two kingdoms were adjoined if the DNA is used to form a particular part of the body in the womb of the mother.

Merduk had a sadistic streak that enjoyed punishing others, not unlike the slave in his own name "Thanatos" along with Hephaestus. He enjoyed witnessing the blended kingdoms in pain. There was a part of Merduk and the souls or false gods that he channeled that enjoyed witnessing pain. What kind of soul or nonphysical force would enjoy witnessing pain? One that hated; and Merduk hated to a degree that has never been witnessed in a single human life again; even Hitler cannot really compare to the level of hatred in Merduk.

The red nations' peoples did not hate; they were peaceful and unity based except at times where the DNA was fraying due to nuclear fallouts and a fall in consciousness occurred. Then in such moments and out of insanity these normally peace-loving humans could be almost as brutal as the Anu. However in the era of the Anu, the red nations' peoples did not understand these strange white peoples that had a different set of values, big technology, grandiose living quarters and egos to go along with it. The red nation peoples did not understand ego at this time period; nor did those of Grand Master inheritance. Red nation peoples simply chose not to dance with the Anu and retreated further and further from their compounds over time.

In the triple lotus energy flow, there is a petal for each in the dream of the tribe. There is no one left out, and no one that is greater or lesser than the other, as the petals are all equal in chi and size. For a long time the red nations peoples operated in this dream of equality. Then as the Pan archetype began to mate with certain red nations groups, the lotus dream began to change. Pan offered mer-ka-ba energy flow or pyramidal energy flow unto the group; this had the affect of causing the petals to begin to unevenly hold chi. Those with more chi in their petal in the dream rose to power within the tribe; those with less chi sank into an

inferior position. It may be in these early marriages and in the tribe embracing those of Pan archetype that the dance of equality diminished.

As this occurred, suddenly one tribe went to battle with another tribe over resources or land. Later the growing Anu slave populations went to war upon the red tribes taking their land in parallel manner. The dance had already occurred within their nations long before it occurred with the Anu slaves however. One can say that the red nations' peoples had already fallen in consciousness enough to create such a dream or this would not have occurred. The fall in consciousness was partially the use of their DNA to incubate the Anu slaves; and also due to the marriages of Pan archetype into the tribes; and last due to the falling vibrations of Earth due to the loss of gold that carried all humans and all species on a downward spiral in DNA.

As the ice shields broke, billions of red nations peoples died in the deep valleys of Earth. Those remaining were deeply heartbroken to have lost their loved ones or in many case an entire tribe that they were related unto. Those remaining pulled together to survive. No one knew that a small group of humans known as the Anu were responsible. Most felt somehow that "god goddess" or nature was punishing them for doing something wrong. Much of such feelings were displaced emotions on the part of the Anu on to the Native American root race primarily. It may be for this reason that this root race is often melancholy and depressed, which is depicted in their mournful flute music. Compare this with the lively music of the South American pan flutists or joyful music of the Polynesians, or beautiful voices and drums of the Africans, or even the didgeridoo of the Aborigines, and one can see that these other lineages have not lost their hope or joy in comparison, even in present time.

Following the creation of the oceans, the red nations' peoples regrouped into new tribes of those remaining. Within a few generations, the pain of the loss was forgotten and lives carried on as before; except for the excessive radiation now streaming down upon their skin from the sun. What had been lost and now under water were the deep valleys of Earth with mist that had protected the skin of all animal kingdoms including humans. Additionally the ice shields, which absorbed universal radiation, were also gone. The radiation along with the declining vibrations of Earth caused the red nations peoples to age more rapidly. Earth has records of life spans prior to the creation of the oceans being as long as 800 years for these humans; following the loss of the ice shields the life span dropped to less than half or 300 years.

It appears that over time the and after the Anu slave nations grew to be very large in the region known as Europe today, those of the Native American root race moved to another continent known as North America in present time. They migrated in large boats not unlike how the Polynesians who sailed from Tahiti to Hawaii and many other islands in more recent times. This is how the Native American root race ended up on the continent now known as North America; they moved via boat over the Atlantic Ocean to new land. They were guided from within in this goal, as they perceived a future where they might perish otherwise.

Alas over time the same white nations slave descendents who took the land from the Native American Root Race in Europe in the era of the Anu followed them to the same distant shores to this “new world”, and repeated the karmic dance again in the recent cycle. Once again the Native Americans have lost their land. It is the figure 8 energy flow that wobbles in one direction, causing their nation to be powerful and in charge over the land for a certain period of time, and then to lose their power and be easily manipulated into losing their land as the polarity shifts in the opposing direction. As the Native American root race ascends back into the triple lotus energy flow again (and they have had a breakthrough in recent months per the ancestors) they will find their way back to having the power to live freely from the land again into the future.

The Native American nation’s peoples had migrated to the new land long before the nuclear holocaust occurred in the battle between Innana and Merduk for the control of Earth. The bombs detonated were far away; however the nuclear winter created a cooling that Earth is still working her way out of in present time. Although the weather had altered due to the breaking of the ice shields, it is really the nuclear winter that created a minor ice age for a cloud that blocked the sun global wide for close to 8 months was formed from the two bombs detonated by Merduk. This was very difficult for the red nation’s peoples to survive global wide. Most pulled into underground shelters or sweat lodges and made it through due to the ability to make fires. Vegetation rapidly died and this caused those who survived to have to hunt and eat flesh to subsist.

The radiation altered all energy flow upon Earth. Earth herself reverse polarized following the nuclear fallout and it took her 8000 years to recover. Those living upon the land suffered also due to the lack of grounding, which caused many red nation survivors to sleep for long periods. Some died in their sleep from starvation but were too tired wake up and to eat. There are records of hundreds of thousands of red nation’s peoples going to sleep and never awakening, much like a coma in this time period. Comas today may be a repeat of this karma experienced in present time.

All regions of Earth were affected. Those red nations’ peoples in remote regions still had no sun. All who were vegetarian had to consume flesh for a period thereafter to survive. As the vegetation returned, most red nation’s peoples returned to eating only vegetables, except perhaps for those living near the oceans that found fish to be a delicacy. The colder temperatures also required humans to take from the animal kingdoms for furs and skins for warmth as well as food sustenance in the times that followed. Hunting therefore did not entirely cease even if the meat was not consumed. Often the meat was given to wolves or other kingdoms that had fallen into subsisting upon flesh as a blessing to their kingdom and in exchange for the fur taken.

Once again the red nation’s people fell into vast guilt. They believed that they had done something terribly wrong to have nature block the sun for so long creating such misery. Radiation permeated the air and water after the nuclear fallout. This caused a rapid fraying of all DNA upon Earth, including the red nations’ peoples. It is estimated that the red nation’s peoples fell from 15,000 strands and

a holographic blueprint to 6000 strands due to the radiation of the Anu war. This was over only six generations and a 150-year time period in human years. Those of Grand Master inheritance fell from 36,000 strands to 15,000 strands in this time period. The fraying of DNA caused insanity, confusion, conflict and strife. Red nations fought other red nations. Eventually the DNA ceased to fray and some semblance of unity and peace was returned unto in the dance of life.

Stability returned eventually. Nineteen generations and 12,000 years later, another group related to the Anu rose to power known as the Pharaohs; the Pharaohs were the descendents of the Anu and Grand Master lineages combined. They conquered tribe after tribe of red nation's peoples disempowering their own chiefs and replacing them with their own legislated governance. The large headed spiritual governance over the tribes were removed and placed in a single region known as Pharaoh Island. The red nation's peoples lost their spiritual leadership and governance thereafter and were then forced to pay taxes in the form of goods and food raised upon their land. Some were also taken as slaves to work for free as indentured servants unto the Pharaohs. Others were imprisoned for rebelling or fighting the new regime.

Until this time, the red nation's peoples had always lived freely from the land. They had never known prisons or slavery, except for the few captured by the Anu and sent to the slave concentration camps. Only the Anu slave civilization had fallen into the pattern of taxation, prison and slavery en mass. Now due to a part Anu part Grand Master governance, which was the lineages of the Pharaohs, all red nation's peoples became subject to taxation, prison and slavery en mass. It was primarily the Tibetan, African and Inuit root races that were afflicted in this time period. As a result these root races fell into vastly imbalanced giving and receiving as well as losing the freedom that they had known.

After 4000 years of reign of the Pharaohs, the red nations' peoples had finally had enough and rose to power in such large numbers that they overthrew the remaining generations of leadership that had been associated with the half Anu and half Grand Master inheritance. Some semblance of balance returned for a time thereafter. However there was also a fall in consciousness that occurred in this time period due to the Pharaohs attempt to ascend, which was really combustion of the body in the pyramids. The radiation of the combustions was not unlike a small nuclear war, and the result was that once again the red nations peoples DNA frayed. This time the red nations peoples fell from 6000 to 3000 strands of DNA and the life span shrank from 300 years to less than 150. Once again the fraying DNA caused a period of turmoil, insanity, confusion, conflict and strife.

Over time the DNA ceased to fray and some semblance of unity and balance was returned unto. In the next era some 2000 years later, the white slave nations rose again to power upon the land now known as Europe. There were few remaining red nations' peoples upon this land during this era as they had relocated to another continent via boat prior to the nuclear annihilation of the Anu. However this group of white humans developed technology not unlike today that was in the dream from the time that the Anu had been in power. The white slave nation had

always desired all the technology of the Anu, and this spurred the collective dream to manifest at a later time and when the Anu were not present to block such a dream.

The technological era grew, much as in present time. The slave nation migrated out to new continents due to the ability to travel en mass much as today. Over time a conflict grew between those of the white slave nation and a powerful leader in the East and in China that was of Pharaoh descent. This culminated in a nuclear war that once again frayed the DNA of all humans upon Earth. The nuclear bombs detonated however were not strong enough to cause a large cloud to rise and block the sun. It was strong enough though to cause the DNA of the red nations peoples to descend from 3000 strands to 1024 or less, except in a few remote regions that were far enough away that the radiation had less damaging affects. This is how the Polynesian race had retained 2200 strands of DNA up until they were stripped through the white man in present time. The white slave nations fell to 2 strands as they were directly affected by the radiation.

This is the karma that all ascending humans with ancient red ancestry are working upon at this time in history. It is in the settlement of this karma that there can be another dream brought forth for mankind that does not lead to another nuclear annihilation. This karma repeated in the time of WWII and in the dropping of two bombs over Nagasaki and Hiroshima. The cast of characters is not unlike the era of Atlantis. Now is the time to release this karma all the way back in time so that it need not repeat again into the future. The purpose of these materials and worksheets is to allow the karma of the past to be highlighted in one's ancestry so that it can be released; and as it is released a new tomorrow for oneself and one's future ancestry can be born.

RED NATION ARCHETYPES

1. GOD GODDESS OF THE EARTH MOTHER

Related to the First Chakra in the Tailbone and the Grounding Chakras

THE GOD GODDESS OF THE EARTH MOTHER AND OTHER RED NATION ARCHEYTPES

The God Goddess of the Earth Mother archetype holds the grounding for the tribe. This archetype has a natural resonance with the plant, animal and mineral kingdoms and can often call them to themselves, or venture out into the woods and be led to water if it is needed; or to special herbs required by other tribal members to heal or survive. Those of this archetypal nature were often considered medicine men and women for their natural connections to the herbal kingdom.

The God Goddess of the Earth Mother archetype is also very motherly or nurturing in nature. Often they would be involved in educating or looking after the young children of the tribe, or working as midwife for those who were

pregnant along with delivering the children with their hands. This archetype had good relations with all other archetypes. There are records of marriages between this archetype and all other red nation archetypes. Generally the marriage lasted due to the nurturing and loving nature of this archetype.

Spirituality was a form of honor of the land and all others in the tribe. All kingdoms had a name and a special place in the cosmology of the tribe. The storytellers were often the ones that would relay the cosmology from generation to generation, which often was associated with the Sirian star system that they perceived that they were from. Often those of the God Goddess of the Earth Mother archetype were the storytellers that carried the cosmology down the generations so that each could understand their history and origins. Sometimes they were the storytellers for the children in particular and sometimes for the entire tribe. Sometimes this archetype was capable of relaying communications from the land, plants, animals or trees nearby.

This archetype tries to love everyone from a motherly or fatherly point of view, and in that can sometimes move towards codependence in present time. In the time before the Anu, there was no such thing as codependence, as tribes functioned in unity. Each tribal member offered what they did best unto the tribe; each received in return relationships, friends, spouses, and children along with a place to reside within the group, and all needs met in terms of food, shelter and clothing.

THE GOD GODDESS OF THE EARTH MOTHER AND THE GRAND MASTER ARCHETYPES

The God Goddess of the Earth Mother was often chosen as a mate to the larger headed spiritual masters of the tribe. There are many accounts of this. Sometimes this female had great difficulty giving birth to larger headed children and died in childbirth. It was the nature of this archetype to deeply honor; as a result of this they honored their larger headed spouses for the spiritual wisdom that they understood. It was for this reason that those of this archetype were often chosen as the beloved of the descendants of the Grand Masters.

GOD GODDESS OF THE EARTH MOTHER AND THE ANU ARCHETYPES

Few if any of the God Goddess of the Earth Mother nature had a personal dance with any of the Anu family members. There are those that were captured by Merduk were of the Native American root race. Such humans were experimented upon and killed. Some of the experiments were torturous. One of such experiments includes putting a large machine over the head that looks like a hair dryer but extracts the DNA of the brain. Such humans were alive and in excruciating pain when this occurred. Because the red nations' peoples are holographic, many manifest migraine headaches as a result of this type of experiment thereafter. It was this archetype that was often subject to migraine headaches as well as aneurisms as a result of the Anu experimentations.

THE GOD GODDESS OF THE EARTH MOTHER AND THE ANU SLAVES

There are a few records of this archetype God Goddess of the Earth Mother marrying those of Pan archetype and producing offspring. There are also records of the Anu slaves destroying or enslaving many of this archetypal nature in their battles over the land in later slave civilization. This archetype looked at the slaves and their civilization and did not understand their self-centeredness and lack of care of the Earth or her kingdoms. In their hearts, they condemned the slave nations for their actions towards the red nations' peoples and the land.

2. GOD GODDESS OF SEXUALITY OR SENSUALITY

Related to the Second Chakra Center in the Pelvis

THE GOD GODDESS OF SEXUALITY AND OTHER RED NATIONS ARCHETYPES

Those of this archetypal nature of "Sensuality or Sexuality" tended to hold the sexuality and emotions of the tribe as a whole. Often it was those of this archetypal nature that would sense when the tribe was out of balance and strive to bring this to the attention of the spiritual leaders and medicine men and women so that action could be taken to allow the tribe to return to its center. Often it was those of this nature that also could sense where fresh water was or where the food was growing to make harvesting from the local resources easier. This is due to the connection via the sexual energy to the plant and tree kingdoms that this archetype naturally has.

Often this archetype would become the matchmaker of the tribe. They would sense who would be best paired together for the creation of continued generations and often would match those who could sustain a life long marriage. Often they would see the incoming children before they were born and tell a story about it upon their wedding day. Those of this nature were also good at perceiving future natural disasters that could affect the tribe. This information was then relayed to the chief who would guide the tribe to move before the disaster struck. Those of this nature sensed the impending doom over the Anu slave nation and guided the tribes to relocate to a "new land" far over the sea.

GOD GODDESS OF SEXUALITY AND THE GRAND MASTER ARCHETYPES

Those of this nature looked to the larger headed humans in their tribes for wisdom and advise. Not all tribes had large headed humans therein. It is estimated that out of the 8 billion red nations' humans that existed prior to the creation of the ice shields that only 40,000 of these had large headed humans living therein. Following the creation of the oceans, only 2,000 survived with larger craniums, and 100,000 of the other smaller headed humans scattered around the globe on what were considered mountainous regions. Therefore only one in sixty tribes might have a large headed human residing therein.

THE GOD GODDESS OF SEXUALITY AND THE ANU ARCHETYPES

Zeus often preyed those of this nature of the God Goddess of Sexuality in the early days of Anu presence upon Earth. Often a female was cornered in the woods and raped; or she was carried upon his craft to become his sexual playmate for a few days and then returned to her tribe. Often these women would conceive and then be rejected by their spouses and shunned by their tribe as a result. The child born was half white and half red. Sometimes the child was drowned. If they lived, such children were generally sickly and did not live long.

Those of the God Goddess of Sexuality nature are sensitive and feel the holographic interconnection with all red nations peoples. As a result it was those of this nature that were the most disturbed with the experiments that Merduk performed upon their relations. It was those of this nature that would often experience physical pain in association with the manner in which others of red nation archetype were tormented or destroyed in these experiments.

Furthermore it was often those of this nature that felt the pain of where other animal kingdoms were adjoined to red nation DNA. The pain would subside as the red nation human or half human half animal would die. These humans often received visions of what the pain was caused by but found it so unacceptable or unbelievable that they discounted what they perceived. Some went to medicine men or women seeking to have the insane visions that they were having stopped.

THE GOD GODDESS OF THE SEXUALITY AND THE ANU SLAVES

There are many records of the Anu slaves destroying or enslaving many of this archetypal nature in their battles over the land in later slave civilization. This archetype looked at the slaves and their civilization and believed them to be "white devils". In their hearts, they too condemned the slave nations for their actions towards the red nations' peoples and the land.

3. GOD GODDESS OF AUTHENTIC POWER

Related to the Third Chakra Center in the Solar Plexus

THE GOD GODDESS OF AUTHENTIC POWER AND THE OTHER RED NATION ARCHETYPES

The God Goddess of Authentic Power would generally be the one looked to by the other red nation archetypes for leadership, strength and the power of the tribe. It was those of this nature that generally rose to the role of chief over time. The chief was to protect the people through leadership as well as the creation of treaties with other tribes nearby to assure enough food was provided from the land to feed all members of the tribe. As the Anu arrived as neighboring humans, the chiefs were also expected to meet with these humans and create treaties.

Treaties were rarely broken between tribal leaders in the early days. Each tribe respected their neighbors right to exist and subsist from the land. Territories for the harvesting of fruit and vegetation that had not been farmed were respected in the greater understanding that Earth would provide enough for all. If for some reason one valley did not provide enough in a given cycle, the others would share of the resources in other valleys from the desire for all to survive. This was so until the falls in consciousness due to the fraying DNA created a sort of panic and in this, red nations peoples often killed others for food or water out of the fear of survival.

Often those of this archetypal nature also become the warriors of the tribe. It is the role of the warrior to protect the interest of the women and children so that there would always be enough food, water and shelter. If there was any form of lack, it was the warriors that would scout out the unknown territories nearby to procure what the tribe required to survive. Often the warriors would accompany the tribal leaders to and from their meetings with other tribal leaders or the Anu. Sometimes the warriors would also accompany the medicine women or men out on their journeys to gather flowers or herbs necessary to heal those who had become sick within the tribe.

THE GOD GODDESS OF AUTHENTIC POWER AND THE GRAND MASTER ARCHETYPES

There are records of this archetype also being selected as a partner or mate to the larger headed humans. Sometimes the larger headed human was the tribal leader; in some cases they played the role of spiritual master of the tribe instead. In any case, if there was no other large headed human to mate with, a smaller headed mate was chosen and the power inherent in this archetype was a preferred mate for those with the larger heads. Sometimes the smaller headed female would die in childbirth of a larger headed offspring.

GOD GODDESS OF AUTHENTIC POWER AND THE ANU ARCHETYPES

There are many accounts of meetings between the Anu family and the tribal leaders of the Native American root race that lived nearby. These meetings were generally about disturbances to the nature kingdoms due to pollution of toxic substances from the Pleiades into Earth's waterways. The Anu at first did not believe that this was so as such substances were not toxic to the waterways in the Pleiades. However Earth is carbon based and what is nontoxic in the Pleiades is toxic upon Earth as a result. The Anu rarely did anything about this, as they simply did not care.

The tribal leaders also sought out the counsel of the Anu over how slave civilization was overrunning their territories in the latter half of the Anu reign. Many treaties were signed between the red nations' tribal leaders and Anu and later broken by the slaves themselves. Eventually the tribal leaders ceased to go to the Anu for assistance in this matter, and instead began to attack the slave nations peoples directly. The Anu then provided weapons with technology that the red nations peoples could not defeat, and so they retreated. Eventually those red nations living nearby the Anu Slave civilization chose to leave in large boats for distant shores and migrated to a new land where they found their freedom to live as they wished (North America).

There are records of many of this archetypal nature being caught and imprisoned by the Anu slaves following a lost battle with their armies. Some were sent to the concentration camps and tortured until they were gassed to death. Others were beat up and killed in the prisons of the Anu slave civilization.

THE GOD GODDESS OF AUTHENTIC POWER AND THE ANU SLAVES

Many of the Authentic Power archetypes were the tribal leaders of the red nations' peoples. Generally it was the leaders that tried to negotiate with the slaves surrounding territorial disputes. Often treaties were signed and later broken. There were many of this archetype that launched retaliation and attacks upon the slave farmland and farmers. They were defeated ultimately due to the weaponry provided to the slaves by the Anu. In the end, it was the chiefs who agreed to take their tribes to another land via the sea.

4. GOD GODDESS OF UNCONDITIONAL LOVE

Related to the Fourth Chakra Center in the Heart

THE GOD GODDESS OF UNCONDITIONAL LOVE AND THE OTHER RED NATIONS ARCHETYPES

Others looked to the God Goddess of Unconditional Love archetype within the tribe for their loving and nurturing motherly or fatherly nature. Often this archetype would be the spouse of the chief and would then be in a sense, the “mother of the tribe”. Others would come to her for motherly advice or support of their problems. If this archetype were male, then often it would become the advisor of the chief.

It is the nature of those with God Goddess of Unconditional Love archetype to love everyone and see what dance would be most likely to support the individual as well as the whole of the tribe. One could think of this archetype as holding a form of unity within their own nature, and trying to sustain unity within the group or family as a result. Often this archetype would be involved in the raising of older children, especially teenagers that were about to become adults through a special ritual, teaching them the way of love with one another and the Earth.

THE GOD GODDESS OF UNCONDITIONAL LOVE AND THE GRAND MASTER ARCHETYPES

For those tribes that had larger headed humans, often it would be those of the God Goddess of Unconditional Love that would be the most interested in the understanding of the Grand Master descendents. Often those of this archetype would seek out those of Grand Master archetype for spiritual tutorage. Rarely if ever was this archetype however chosen as the spouse of the Grand Master descendents.

GOD GODDESS OF UNCONDITIONAL LOVE AND THE ANU ARCHETYPES

There are records of this archetype also being manipulated and tortured in experiments with Merduk. Those of this nature tended to internalize the torture into a sort of self-punishment that lead to experiences of disease thereafter. Disease was not very common in the era of the red nations’ peoples before the Anu arrived. Most physical difficulties could be treated with simply herbs and flowers that grew nearby, and those that attuned to the kingdoms associated with the God Goddess of the Earth Mother archetype would gather what was required to allow for a healing.

After Merduk experimented heavily upon the Native American root race in particular, all holographic natures were affected. Each experienced the torture associated with his experiments or the adjoining of the animals with human DNA in a different manner. Some archetypes were more prone to giving birth to deformity in the associated regions of the body; the archetype of the God Goddess

of Unconditional Love is one of these that often gave birth to deformed children thereafter

It was Persephone that was taken as a young girl to live with Merduk after he captured and consumed her parents. Persephone had the God Goddess of Unconditional Love archetype as her nature. Persephone spent her entire 500-year life trying to teach Merduk to love. In the end she perceived that she had failed as she caught him bleeding their son to death for his life extension practices. This was more than Persephone could take and she committed suicide.

Persephone genuinely loved Merduk in spite of his odd nature. She also loved their thirteen offspring, which were incubated in a laboratory. In essence, this was one of the only archetypes to experience life inside the Anu family, outside of the Grand Master archetype God Goddess of Ascension to the Fifth Dimension. Persephone accepted the values and comforts of the Anu life, as she had not the values of her own tribe fully instilled into herself enough to perceive otherwise given how young she was when she was captured. The experience of Persephone holographically added the values of the Anu to the red nations' archetypes, which may be why such values were later expressed in the era of the Pharaohs.

THE GOD GODDESS OF UNCONDITIONAL LOVE AND THE ANU SLAVE ARCHETYPES

There is a record of this archetype mating with one of Pan archetype and producing offspring. There are also many records of those of this archetypal nature being taken in as beloveds or spouses of white slave nations' peoples if they were beautiful and female and captured after a battle with a red nation tribe. Perhaps the reason that those of this nature were more likely to be embraced by the slaves than others of other red nation archetype was the result of the marriage of Persephone and Merduk. Because Merduk accepted Persephone as "one of the Anu", so did the slave nations peoples accept those of this archetypal nature as one of the slave nations tribe. The story of John Smith and Pocahontas is really a derivative of this dance in present time.

5. GOD GODDESS OF CO-CREATION

Related to the Fifth Chakra Center in the Throat

THE GOD GODDESS OF CO-CREATION AND THE RED NATION ARCHETYPES

The God Goddess of Co-Creation was honored for all of their gifts and talents however they were expressed in nature. Some were skilled crafts persons creating beautiful clothing, jewelry or other art along with hand made sacred objects from the natural resources surrounding the tribe. Some were gifted at song and musical instruments and would bless the tribe with their melodies or chants. Some were gifted at dance and would share of their talents at special occasions with the others. Some were gifted at creating games that the young

people could participate in. This archetype perhaps more than any others allowed for a form of entertainment to be created for the red nations people lifestyle.

Entertainment and games were non-competitive in nature amongst the tribal members. There was not a desire to “win” as expressed in the Anu slave games such as football or soccer. Instead games were for movement and laughter. One example of such a game is “hide and seek”. One would go hide someplace that they knew of nearby, and all the others would have to find them. This game could also be used for training as a young warrior, and if one could not be found after some time, then one proved one’s skills of being invisible in nature, and therefore would make a good warrior.

Sharing of dance or song also was non-competitive. Each was applauded for their gifts and talents. Songs were generally taught to the tribe so that all could participate in the singing. Dance also had movements that included the entire tribe, which also allowed the energy to move amongst the group in times of celebration. Celebrations had to do with certain cycles each year (solstices) along with birthdays, weddings, and honoring those who were “coming of age” or becoming an adult.

Those gifted at creating baskets, clothing, blankets and other necessities such as pottery provided for the needs of day-to-day tribal life. Those of this nature contributed their arts and crafts while others gathered food or cooked the food for all to enjoy. As such, each contributed and each received in ongoing balance with one another. No karma was created in any lifetime as a result. Karma was created for the first time en mass in the red nations’ tribes in the excessive taxation of the era of the Pharaohs.

The construction of dwellings was another craft that this particular archetypal nature was good at. In tropical environments, dwellings were often tree houses that had large poles pushed into the bottom of the valley floor, and then flooring was woven between the poles to allow a safe space to live within with a view of the valley below. Often multi-level dwellings of this nature were created amongst the treetops per the records gathered from the land. Yet others lived in portable thatched housing not unlike housing found in Thailand in recent history.

Other dwellings were also manifest in caves or other naturally occurring rock formations that created a natural safe place for the red nations’ humans to seek shelter. Often ladders were created to move between the variant floors of the caves or rocks utilized as this type of home. The caves were generally lined with woven mats so that they would be soft unto the feet.

Yet other dwellings were constructed from simple mud and grass bricks formed in a container of pottery. The pottery was then broken around the brick after it dried and the bricks then plastered together with more mud and grass into walls. Often such structures were created in an oval or round shape to honor the circle of life and would have a dirt roof with grass or other plants growing on top of it. A fireplace was constructed in the middle in colder climates to heat the interior. In regions with great ice, a similar dwelling was constructed from ice bricks much

like the igloos of the Inuit peoples today. This too is from records of the land gathered thus far.

Later in red nation history and as the winters became too cold, underground dwellings became common in more northerly or southerly regions. Mila and Oa have seen examples of these types of dwellings along Little Shewshwap Lake in Canada. The dwelling is dug out to be about the size of a 15-foot deep and round hole in the land. A roof is constructed from poles and wood above that hole that is hexagon or pentagon in shape. The center of the roof is left open for the smoke from the fire to escape. The dirt from the hole is then piled on top of the roof for added insulation leaving only a pathway and door into the underground home open to the daylight. The dirt is covered with mats for comfort. This type of dwelling kept red nations peoples alive even in very cold winters and in recent times.

THE GOD GODDESS OF CO-CREATION AND GRAND MASTER ARCHETYPES

Those tribes with descendents of the Grand Masters were few and far between. Records show that this archetype was not those chosen for a mate to those of larger cranial capacity. However those of the God Goddess of Creation nature would often create art to depict the spiritual teachings of those of grand master inheritance along with the storytellers of the tribe.

THE GOD GODDESS OF CO-CREATION AND THE ANU ARCHETYPES

Those of the God Goddess of Creation archetype tend to be gifted at creative expressions of all kinds. Later in slave civilization universities when under the direction of Athena II, those of this archetype were invited to share of their stories and culture with the white slave students. Native clothing, jewelry and wares became popular in this time period amongst the students of Athena's university as a result. Many enjoyed learning to basket weave or sing, dance and drum in red nation tradition.

Those tribes who were involved with sharing with Athena's university were the group that appealed to the Anu to create treaties surrounding land that the slaves were continuously overtaking as red nation living territories. Slave nation leaders from regions nearby the red nations' peoples were gathered in a large symposium to orchestrate a treaty. It was also Athena II's nature to try to live in peace and unity with all others. A large treaty was signed. Alas it only lasted 100 years and the white slave nations then went to war upon the red nations' peoples breaking their own agreements. It was after this time that the red nations peoples chose to leave the continent that the Anu and Anu slaves existed upon.

THE GOD GODDESS OF CO-CREATION AND THE ANU SLAVE ARCHETYPES

As the Anu slave civilization began to grow, traders from the red nations peoples would often arrive with their hand made goods. They would trade for other goods from the slave nations peoples such as blankets or fabric, or sometimes wine, beer or other delicacies that the red nations peoples did not have recipes to create.

Often what was brought back to the red nations tribes were comforts that they themselves had never thought to manifest in physicality.

Alcohol became a problem for the red nations' peoples at this juncture, along with marijuana and opium. Many became addicted. It became the tradition after time to push the addicts out of the tribe as the energy created dissonance for the others. It may also be through the sharing of drugs that the Anu accessed the fields of the red nations' peoples at this juncture and began to strip them of life force and information to extend their lives. This holographically anchored into the archetypes and repeated later in the era of the Pharaohs who like the Anu again stripped the red nations' peoples to extend their lives.

6. GOD GODDESS OF VISION

Related to the Sixth Chakra Center in the Head

THE GOD GODDESS OF VISION AND THE RED NATION ARCHETYPES

Those of the archetypal nature of the God Goddess of Vision often became the spiritual teacher, medicine man or woman of the tribe. Their gifts of vision would cause them to be the confidant and consultant to the chief, the chief's wife, and all others in the tribe. Often it was those of this nature that would create the ceremonies at special celebrations such as weddings, in honor of childbirth, birthdays or passing of age occurrences or death within the tribes. The ceremony would be followed by a feast and celebration that the entire tribe prepared for and then participated in.

Those of this nature were often gifted conscious dreamers. As such, they could enter dreamtime and perceive the dream stepping down for all to understand. Often they would use such skills in guiding others about their personal life dance, or the tribal leaders surrounding the future of the tribe. Those of this nature foresaw the rain falling to a point of all being lost and all drowning. Many shared their visions with their tribal leaders. The tribal leaders took their visions with a grain of salt until they manifest.

So many drowned in the breaking of the ice shields that even those of this archetypal nature were destroyed along with their tribes. Many had agreed with their own tribal leaders that their visions must have been off. As a result they failed to take action and relocate themselves or their tribes to higher ground. Perhaps it is for this reason that the leaders paid attention later on; for when the visionaries of the future tribes came to the tribal leaders at a later time with their perceptions of a future time when all could be blown up, the leaders listened and guided their tribes to sail to distant shores where they would survive.

THE GOD GODDESS OF VISION AND THE GRAND MASTER ARCHETYPE

There are records of the archetype of God Goddess of Vision becoming the spouse to larger headed tribal members and producing offspring. Some mothers died in

childbirth due to the large head. This archetype perhaps more than any others appear to have enough dreamtime information to relate to the grand master decedents in greater understating of the associated spiritual gifts and talents. Records show that this archetype was often the friend or confident of the larger headed humans in tribal life.

THE GOD GODDESS OF VISION AND THE ANU ARCHETYPE

Many of the God Goddess of Vision nature tried to look into the unconscious of the Anu to understand their “medicine” or ways. Alas the unconscious of the Anu was of another language other than Sirian geometry, and so the red nations’ medicine men and women did not understand their unconscious nature.

Although those of the God Goddess of Vision archetype did not understand exactly the nature of these strange blue-blooded humans, they could perceive that in time their nations would go extinct and that they would have to ultimately relocate to a distant region. Those of this archetypal nature also perceived a time when so much water would fall from the sky that many would drown. They also perceived a time when the sun would not shine and all would die. None however attributed the cause of such visions to the Anu personally, for they did not believe humans to be more powerful than nature and therefore humans could not cause such things from their point of view.

THE GOD GODDESS OF VISION AND THE ANU SLAVE ARCHETYPE

Those of the God Goddess of Vision archetype could understand the unconscious of the Anu Slave more greatly than the Anu themselves. The reason for this is that the slaves were 40% North American Indian in DNA. Those of this archetypal nature perceived the slaves as barbaric in a different way. They perceived that this type of human did not love. In the lack of love, this type of human can then be far more brutal than the red nations peoples would ever be towards one another. Those of this nature who were the visionaries of the tribes therefore warned their tribal leaders to be careful in all negotiations with the “white devils”. This was particularly so after slave civilization grew to millions in population.

7. GOD GODDESS OF THE SPIRITUAL KNOWLEDGE

Related to the Seventh Chakra Center in the Crown

GOD GODDESS OF SPIRITUAL KNOWLEDGE AND THE RED NATIONS ARCHETYPES

Those of the God Goddess of Spiritual Knowledge were often the spiritual leaders or teachers of the tribes. Generally those of this archetypal nature were gifted counselors as well as storytellers. In the storytelling, a lesson was taught and in a manner that was easy to understand and interesting to listen to. Rarely did those of this nature point directly to the problem, but rather indirectly through a story. This worked in the early days of red nation existence, as most other tribal

members could understand the lessons of the story enough to apply it to their own life circumstance.

Those of the God Goddess of Spiritual Knowledge Archetype were also gifted songwriters and musicians; songs or chants written however had a spiritual purpose or a lesson to be relayed and were not just for entertainment. The red nations' peoples understood in a limited way that their thoughts created their reality and whatever was focused upon would call unto themselves and the tribe the future experiences made manifest.

The spiritual leader of the tribe would be responsible therefore for creating chants and songs that would focus the others in the tribe upon positive things that would create a beautiful unity based future. Often such songs would hold lyrics about the beauty of the land and allow for an exchange of blessings and love between the tribe and the trees, plants, herbs and roots that were gathered to feed the tribe. Through the art of blessing in the chants and songs, there was balance between the food taken and chi available for the associated plants and trees to continue to thrive and produce more food. The end result of an ongoing state of abundance that lasted a long time and until the actions of the Anu and their slaves threw everything way out of balance leading to times of great deprivation for all.

THE GOD GODDESS OF SPIRITUAL KNOWLEDGE AND THE GRAND MASTER ARCHETYPES

Those of the God Goddess of Spiritual Knowledge are another archetype that would often become the mate of a larger headed human within the tribe. Sometimes, if female, they would die in childbirth due to the larger headed offspring being born. There was a nice mutual understanding of the nature of reality that could be shared between those of these two archetypal natures. Often if not a mate those of this nature would end up the friend or confidant of the larger headed human in the tribe.

It was primarily those of the God Goddess of Spiritual Knowledge that were chosen by the earliest Grand Masters seeded upon Earth to ascend. This turned out to be a very sad experiment. The Grand Masters did not know enough about the nature of the DNA of the red nations peoples. The DNA had mutated over their time upon Earth and was not exactly like any other genetic package known or understood by the Grand Masters while in Sirius. The end result was that an energy flow was created between the red nations ascending group that was used by the false gods to destroy the Grand Masters. This archetype then also ascended into great arrogance, believing itself to be superior to god rather than an expression of god goddess in form. Those of this nature struggle with their arrogance in present time ascension as a result.

THE GOD GODDESS OF SPIRITUAL KNOWLEDGE AND THE ANU ARCHETYPES

There are records of those of the God Goddess of Spiritual Knowledge creating focuses through chant to destroy the Anu. In this are the earlier records of the misuse of dream weaving in the red nations archetypes. For dream weaving is not to weave a dream for another, but to weave it for oneself or one's tribe through group focus.

Those of this nature perceived the impending destruction of the Anu. They chose to intend that the Anu be destroyed and not themselves rather than looking inward at destructive thought-form that might cause the destructive dream that they perceived ahead. Much like initiates today who desire to think that the darkness is only in others outside of oneself rather than within, this archetype had a hard time perceiving their own fall in consciousness and the dissonant nature of their own thought form in the making. In failing to perceive their own fall, nothing was done to choose to rectify the distortion that the red nations' people were going into, and the distortion drew a dream of annihilation unto them in the form of the great floods and later the nuclear fallout of the Anu.

THE GOD GODDESS OF SPIRITUALITY AND THE ANU SLAVE ARCHETYPE

In addition to the intentions to destroy the Anu, this archetype fell into focusing upon creating a dream to destroy the Anu slave. The slaves were creating times of great lack for the red nations peoples in their consumption of more and more land used to farm thereby taking away regions gathered from each season for the tribes' sustenance. The spiritual leaders of the tribes perceived the white slave nations as wrong and condemned them for failing to share equitably with all other humans and all other living things. In the condemnation of the slave nature, a dream for destruction was cast over the slaves, which ended up allowing the dream for nuclear annihilation to catch. Perhaps if this had not occurred, the annihilation would have been offset into a smaller travesty that did not affect all of Earth.

8. GOD GODDESS OF THE SOLAR SUN

Related to the Eighth Chakra Center and the Source and Oversoul Connection

THE GOD GODDESS OF THE SOLAR SUN AND THE RED NATIONS ARCHETYPES

Those of the God Goddess of the Solar Sun archetype were gifted channels of the nonphysical realms that surrounded the tribes. Sometimes those of this nature were considered "different" "unusual" or as "living in another reality" by the other tribal members. This was simply because those of this nature tend to be more attuned to solar dreamtime than the physical plane. In the early times of the seeded red nations, a dream was broadcast from Sirius for their continued

existence to the solar system and then unto Earth. Those of this archetype could perceive the dream that Sirian humans originally wove and sustained for them.

Those of this nature were considered to be the dream weavers of the tribe. They would describe the dream that they perceived stepping down for each in the tribe along with the tribe as a whole. This allowed those who were supposed to marry or produce children in the solar dream to fulfill upon this dream in the physical; or for those who were to become the tribal leader in the solar dream to do so in the physical. Each in the tribe desiring to understand their part of the dance would seek out those of this archetype to understand.

THE GOD GODDESS OF THE SOLAR SUN AND THE GRAND MASTERS

After Sirius ascended, Sirius no longer sustained the dream for humanity upon Earth. It was the job of the larger headed humans to take over this dream and move it through their fields so that all red nation' humans would continue to have a dream to sustain them upon Earth. This is why the Grand Masters were seeded upon Earth, and they indeed accomplished this task more or less in the first 100 years of life upon Earth. For those of the God Goddess of the Sun archetype, there was no difference in the dream perceived after this occurred and they were not aware that this was the role of the larger headed humans.

After the Grand Masters died leaving only a few offspring upon the surface of the Earth, the offspring clearly perceived that the job of holding the dream was beyond them as they were too small of a group. The male large headed decedents remaining upon the surface of the Earth each chose to take many females as their brides to create larger number of large headed human offspring to assist in holding the dream for the human species upon Earth. This may be where the original concept of "Isis" comes from. It was those of this archetype primarily or God Goddess of the Solar Sun that was chosen as the wife or to play the role of Isis.

Records show that within a twenty-year period, nineteen additional larger headed humans were born to three male descendents of the original Grand Masters and eighteen wives. The descendents had training from their parents surrounding the management of the human dream. They passed this information on to their children. The larger headed children each married, some with one another, and some with other smaller headed humans, and passed the training down to the next generation. Generation after generation this occurred, but over time much information was lost, and the consistent interjection of smaller headed DNA in the future generation's lineages caused a fall in the remaining grand master DNA. Over time, the principals of dream weaving became distorted and then eventually forgotten. It was perhaps because the dream was not attended to as it should or could have been through the remaining larger headed humans that the dream could be altered to include a group of Pleadians known as the Anu.

THE GOD GODDESS OF THE SOLAR SUN AND THE ANU ARCHETYPES

Merduk captured more of this archetypal nature than any others for his experiments and DNA extraction. Perhaps the reason that this occurred was that

these humans attuned to the human dream and then through this Merduk could extract a portion of the dream to create dream or another living human slave. The slave dream was 25% red nation dream blended with 75% dream from the Anu themselves. The Anu anchored their dream as a separate dance through the pyramids as they were constructed. One can think of the Anu dream as a Pleiadian dream exclusion that extends from the Pleiades and surrounds Earth only in those regions where in the beginning the Anu danced upon Earth.

In parallel manner, the Sirian scientists had created a dream extension from Sirius to Earth for the red nations humans seeded upon the land. Later the Grand Masters took responsibility for this dream anchoring it in their field rather than allowing it to continue to be an extension from Sirius. Merduk tapped into this dream and took 25% to use to create a dream for the original slave nation. This caused the red nations populations to drop by 25% and the slave nations to grow by equal proportions over time. Had the larger headed humans retained greater awareness of the dream, perhaps they would have undone Merduk's manipulations, the slave incubations would have failed, and the Anu would have simply left Earth.

Later as the Anu chose to allow their slaves to procreate more greatly, Merduk again tapped into the red nations dream taking another 50% for the slave nations. The slave nations then grew to be millions in numbers and the red nations dwindled in equal proportion until they moved as a large group to the distant shores of what is now North America.

THE GOD GODDESS OF THE SOLAR SUN AND THE ANU SLAVE ARCHETYPES

There are records of the God Goddess of the Solar Sun archetype being involved in the negotiations over red nation land with the Anu slave governance in their civilization. There are also records of this archetype being involved with Athena II's universities sharing of their culture and spiritual knowledge. This archetype is the only red nation archetype that was not caught by the Anu slaves in their warfare over land. Perhaps they foresaw the dream and chose to retreat instead of defend their nation from the understanding that they would lose anyway.

THE GRAND MASTER HISTORY

The Grand Masters were seeded upon Earth 25,000 years after the red nations' peoples had been seeded. The Grand Masters knew from birth and throughout their education that they were to come to Earth and manage the dream for the red nations' peoples. The red nations' peoples really did not understand the purpose of these larger headed humans. They perceived themselves as having survived for a long time without their presence, and why did they require someone of this level of awareness now? They did not understand perhaps that Sirius was going to separate from their dream leaving them to fend for themselves otherwise.

This speaks to the great truth that the Earth had no interest in human existence or holding the human dream, although there is record of Sirian humans coming to Earth's counsels to create some sort of agreement. No agreements was made that

Earth was consciously aware of, however solar agreements were constructed that allowed a Sirian dream to be anchored unto Earth nonetheless. This allowed for human presence upon Earth without agreements. One can say in this that the solar system did not honor Earth's wishes not to have human life upon her.

The Grand Masters had vast capabilities and intelligence. In the end, it is Earth's perception that there were not enough of them to retain the role that they were designed to retain as the keepers of the human dream. Perhaps if there three to four hundred times as many that relocated unto Earth, there would have been enough power of field to manage the dream without distortion. It only took 100 years for the group of forty-eight Grand Masters to go into distortion.

Each of these large headed humans were cloned and incubated in a laboratory upon Sirius. Although this was so, they also had enough spiritual capability to master physical plane law under the guidance of the Sirian Spiritual Elite. These humans were gifted at instant manifestation, teleportation and transfiguration. As they went into distortion upon Earth and over time, they lost their ability to transport themselves back and forth to Sirius, and as such lost communication with the Sirian Spiritual Elite that had been their teachers and physical plane guides.

The Sirian Spiritual Elite teacher of the grand masters visited the Grand Masters upon Earth after 50 years of time had passed following the initial seeding. During this visit spells were cast to cause the future demise of the Grand Masters. Why was this so? Their teacher was involved in choosing to split light and dark upon Sirius so that Sirius could ascend; these humans were to absorb Sirian darkness and this teacher knew of this consciously. Only fifty years after these forty-eight large headed humans had relocated unto Earth, the dance was set in motion for them to self-destruct. It is not surprising therefore that they fell into enough distortion to cease to be able to teleport to communicate with Sirius thereafter.

Over time the Grand Masters lost their connection to the souls that had been anchored along with the body from Sirius. In actuality, recent records show that the souls abandoned the forms about the time that their teacher paid a visit from Sirius. All souls accompanied the teacher back to Sirius leaving the Grand Master fields soulless thereafter. What moved in to guide these large fields was incompetent and had goals other than ascension for their future.

After attempting to ascend many red nations' peoples under the false guidance of the false gods, the Grand Masters went into even greater distortion. The Grand Masters were conned by the false gods to believe that if the Grand Masters ascended the red nations peoples, that the Grand Masters would come to understand how and why they had gone into such distortion that their communication with Sirius had been lost, and they could then rectify their circumstance in the understanding gained. Alas instead of a rectification of their distortion, their distortion increased exponentially. Most of the original forty-eight Grand Masters died shortly thereafter and left behind only a small number of offspring to take over their role of holding the dream of the human species.

The three male large headed offspring remaining following the death of their parents knew that there were too few offspring to hold the role that they were supposed to hold as the dream keepers for humanity. Each chose to take six female brides of small heads and various archetypal natures to produce more children so that there would be enough large headed humans for the task. Each of the six females bore one to two children over a five-year period. Some of the mothers died in childbirth as the heads were too large causing them to bleed to death. Some of the children did not make it through childbirth or to adulthood due to other complications. Nineteen adult large headed humans matured and took over the role of monitoring and holding the red human dream upon Earth.

Even though the intention was good on the part of the large headed humans they had not had the training of their forefathers and foremothers with the Sirian Spiritual Elite to understand the energy dynamics of dreams. It is perhaps for this reason that they were unable to prevent the invasion of dream that allowed the Annanuki, a Pleiadian family, to arrive upon Earth. The Anu invaded the red nation human dream primarily through the use of the DNA of the Native American Root Race to manufacture a slave race that was half Anu and half red. As the Anu interbred with the slave race, the Anu then had access to the red Sirian dream, and it was the red dream for life that they drew upon to extend their own lives up to 18,000 human years. It was also the grand master dream of ascension that was drawn upon for the life extension of the Anu, which essentially removed the possibility of evolution from the red human dream. Merduk and Innana procured the dream for ascension along with the ascension records in the consumption of two larger headed humans' blood and glands.

The grand master descendents lost control of the dream of the red nations' people after this point in time. The dream moved under the control of Merduk. Perhaps if the remaining larger headed humans had been more conscious of dream weaving and their original responsibilities to the red nations' peoples, they would have perceived when another human family from another creation had invaded and overrun their dream. Alas those with large heads had long forgotten consciously how to command the human dream and had no awareness that it had even been overrun. Subconsciously or in dreamtime the larger headed humans were well aware but had no information on how to rectify the circumstance.

It was because Merduk had control over the human dream that the dream for life could be procured to extend the Annauki's lifespan. It is also because Merduk had control over the human dream that the creation of the oceans and deaths of so many red nation peoples would be the result. Eight billion red nations' people were estimated to have drowned in the creation of Earth's oceans. In essence, the more life that the Anu stripped from the red nations peoples dream, the more dream for death that they absorbed from the Anu in its place and the larger a cataclysm would be created to kill so many so suddenly. Indeed this is how and why so many drowned and due to karma for death that was not of their own inheritance to begin with.

Sirian Spiritual Elite also deposited unprocessed karma from their own civilization upon the grand masters and red nations' humans during their ascension. Some of

the Sirian karma included records for how Sirius B had been attacked by Pleiadian forces with radioactive armament and had become a water planet as their ice shields collapsed. As the karma for the floods and nuclear annihilation from Sirius was transferred unto humans upon Earth, the karma became a part of the collective human dream and then was made manifest in the breaking of the ice shields and later a nuclear annihilation that created a minor ice age. If the larger headed humans had been aware enough and had returned the karma that skewed the dream in this direction, perhaps the Anu would have packed up and left Earth before either event occurred. However with Merduk in control of the dream, he chose to play the karma out to the bitter end from his own insanity.

Perhaps Earth made a vast mistake in failing to participate in the human dream when Sirius anchored it. Perhaps if she had had a say in the dream, none of this would have occurred, and instead another outcome would have come to fruition. Once the dream was set in motion in the original cause, it repeated again cycle after cycle. Earth had no knowledge of how the dream was constructed to alter the course of the cause set in motion. Earth had to wait for a time that humans with ancestry back to the larger headed humans ascended enough to assist her in understanding the human dream. Then through such understanding, Earth can reweave the human dream for a new tomorrow. This is now a viable possibility in this time period due to the ascent of those with Grand Master inheritance.

THE ERA OF THE PHAROAHS

Some nineteen generations following the nuclear fallout of the Anu, the era of the Pharaohs began. Once again the red nations peoples found themselves subject to another type of human who was half Anu and half Grand Master in archetypal nature and born with a large head. The merger of archetypes had occurred in the seduction of Zeus and Innana of those of Grand Master inheritance. In the seduction, a part of Zeus and Innana's hologram was traded for a part of the Grand Master hologram. The result was a merger of Anu and Grand Master natures in the archetypal natures of future generations.

The Pharaohs were not kind; they desired to extend their lives primarily under the guise of spiritual principals that they believed would lead to ascension. The Pharaohs lived near the pyramids that the Anu had used in another time period to extend their lives. The pyramids had risen above ground again in the ever-changing continents of Earth. Earth had to ostensibly raise new continents and sink the old that had been poisoned by the radiation from the war of the Anu to recover from the ice age. In the rising of new continents, the pyramids rose again.

Those of red nation inheritance who moved to the land near by the pyramids began to move energy as the Anu had long ago. The Pyramids never ceased to move mer-ka-ba energy flow even though they were underwater. Those who were half Grand Master and half Anu began to run pyramidal energy flow with the pyramids as they had ancestral records for this movement. Those of this nature found themselves desiring to rule the world again, just like their Anu ancestors had, and this is how the Pharaohs rose to power.

Pharaoh leadership was not exactly like the Anu as these humans also held Grand Master archetypal nature that caused the leadership to include spiritual principals. Regardless of the communications of the Pharaohs of spiritual teachings, the pyramidal energy flow caused the same life extension practices of the Anu, as this is the nature and history of this type of energetic flow.

Pyramidal energy causes one to rise to the top of the pyramid. The one who rises to the top is the one that becomes the "god" or "guru" or "pharaoh". This is the one that displaces all density upon others in the energy flow tiers of the pyramid beneath them in and can extend the life long beyond the normal span. The one on top extends the life by depositing all karma, dream and density for death on to those on the tiers beneath them. Those just underneath the top are the "preferred" others who support the Pharaoh in their purpose and truth. They too extend their lives for a time. In the middle are larger numbers of humans who take on some of the density of the Pharaohs and upper tier members, and pass some of the density on to those underneath. Humans on the middle tiers of energy flow are less preferred but not experiencing life disasters. On the bottom tiers are large numbers of humans that take on the density and karma of the entire group above. These on the bottom tiers generally become ill or live a life of accident or travesty that is not their own karmic cause.

Underneath the bottom most tier are the ones who are outside of the pyramidal flow altogether; these are the homeless, insane, or social outcasts such as prisoners of war. These folk have no place and therefore are not looked after in the pyramidal shaped dream at all. In essence, as humans again lived in the region surrounding the pyramids, they went into pyramidal energy flow creating a dream that caused a hierarchical dance of supremacy to outcast.

The red nations' people had never lived inside a pyramidal dream. During the era of the Anu, only the Anu and Anu slaves lived inside a pyramidal dream, except for a few red nations' peoples such as Persephone or Rosetti that had been embraced by the Anu family. Now due to living near the pyramids in the physical, the red nations' peoples were pulled into the same type of subordinate-inferior type dream that the Anu had created with their slaves in their lifetimes.

The red nations' peoples had been anchored with a triple lotus dream in its original form from Sirius. Over time the red nation dream mutated to become figure 8 in flow leading to greater disunity than in earlier times in their collective history. In the figure 8 dream, all contribute and all are looked after and each has a place in the dream. In the pyramidal dream this is not so; there are some who do very well and there are those who in counterbalance suffer greatly and have no dream for their sustenance. This is the difference between Sirian based figure 8 dreams, and pyramidal shaped dreams.

The pyramidal dream affected a 9000-mile radius surrounding the pyramids of Ancient Egypt. This created the Pharaoh on top and all others within 9000 miles became subservient to the Pharaohs. As a reflection of this dream, armies were trained and sent out to "conquer" all other tribes for as far as the soldiers could

manage such a task. The result was that Ancient Egypt grew from a tiny province with many islands to include an entire continent two-thirds the size of Africa in present time.

As tribes were conquered, they were expected to pay taxes in the form of food, arts and crafts or other resources needed by the Pharaohs and their armies. The taxation caused a large imbalance within tribes that had been living in balanced giving and receiving up until this point in time, as now they had to give something without anything given in return. Each red tribe over time lost its unity records as a result of the taxation implemented by the Pharaohs. The taxation went on for so long (4000 years) that all memory of how to live in unity and balanced giving and receiving was lost by those tribes living near Egypt in this time period.

THE FOUR PHAROAHS

PHAROAH RAMEN

The Pharaohs lived for five generations over a 4000-year period. The first Pharaoh was known as Pharaoh Ramen. Pharaoh Ramen was a part Grand Master part Zeus archetypal nature. Pharaoh Ramen gathered and trained the armies that conquered 4200 other tribes living on the continent of what is now known as Africa. It was Pharaoh Ramen that gathered the large headed humans and offered them a luxurious life of spiritual focus upon Pharaoh Island. All was provided for including the luxurious gifts paid in taxes from other red nations' tribes.

The large headed humans received the title of "Mahavishnu" (one who lives with vision) were treated as "gods" and waited on hand in foot by smaller headed red peoples. This created a sense of superiority that had not occurred when the large headed humans had lived in a simple tribal circumstance. Within the tribes, large headed humans were not treated as anything greater or lesser than the other tribal members and as such there was a sense of equality up until this point in their life experience.

Pharaoh Ramen attempted a false ascension and combust in the pyramids at the age of 600. In reality Pharaoh Ramen combust as there was no fourth dimensional body prepared. Life extension is not the same as ascension and it is only through real biological ascension that one creates a fourth dimensional form to ascend into. Everyone thought however that he and all other Pharaohs thereafter ascended due to the pile of ashes remaining.

PHAROAH RA

The next generation was Pharaoh Ra. Pharaoh Ra was also part Grand Master part Zeus hologram and archetypal nature. Ra believed in the "One God Principal". In this era, he demanded that all Mahavishnu bow and worship him as he and only he was an incarnation of the One God. Many Mahavishnu rebelled; seventy-two left and created a new life for themselves many hundreds of miles north of Pharaoh Island. They left with their waitpersons and possessions and created a new home

for themselves in a lush valley. Alas all seventy-two died of psychic blows unto their field two years later. The blows were orchestrated through the Pharaohs and remaining Mahavishnu on Pharaoh Island. The blows were also related to the karma that destroyed the original Grand Masters long ago.

The red nations' servants mummified the bodies believing that this would allow them entrance into heaven. The mummification preserved the genetic records for those who are ascending in this time period to draw upon. Those remaining at Pharaoh Island either believed that Ra was the One God or kept their beliefs to themselves. Ra attempted to ascend at 800 years of age, but really combust in the same chamber of the pyramid as his father. Pharaoh Ra left his inheritance to Pharaoh Tutt.

Eight children were born that appeared to have transcended physical plane law to the Mahavishnu upon Pharaoh Island during the era of Ra. These children could instantly manifest and levitate. The adults believed that these children represented ascension and a return to a state of being that had only been known by the Grand Masters. These children were kept hidden from the Pharaohs until the age of 8 to 10 when the "cat got out of the bag" so to speak, and Ra became aware of these special children. They were called to the palace and Ra decided to retain them under his care. The tutor that came along with them was sent back to the Mahavishnu with the news that all 8 children had died, as Ra did not wish to have to deal with the parents.

The children's death was taken as a devastating blow to the Mahavishnu. It was at this juncture that the 72 Mahavishnu rose up and chose to leave, dying at a later time due to psychic blows emanating through the Pharaohs and remaining Mahavishnu upon Pharaoh Island. The children went on to be prime characters in the life of Ra who was about half way through his reign at this time, and later in the life of Pharaoh Tutt. Pharaoh Tutt married one of the girls as she matured that exhibited transcendence of physical law hoping to pass this on to his own children; alas this did not occur.

In the review of the records of these children in present time, they had not really transcended physical law. In reality, they were puppeted by the false gods and surrounded by matrixes that had captured the dance of the Grand Masters prior to death. In the matrix, a dream for instant manifestation and levitation was broadcast, and the children lived this dream demonstrating such capabilities. This is also how such capabilities are accomplished today by some gurus of the East or sorcerers of the West. No real mastery is involved however, and perhaps this is why the mother and child of Tutt could not demonstrate the same skills, as this would have involved moving the matrix to the child causing the mother to lose her skills in her lifetime. The skills however caused many to worship the Pharaoh's group due to the belief that they were indeed god, not unlike current gurus worshipped for parallel reasons in present time. Alas it is all a trick from earth's point of view.

Real mastery over physical plane law requires the transmutation of all genetic beliefs in gravity so that one can walk on air; along with all beliefs in the physical

solidness of third dimensional form so one can press one's own molecular structure through a wall, or send one's molecular structure from here to there with a thought and in an instant. Instant manifestation is simply calling a nonphysical object into physicality by bringing the molecules together with ones' thoughts. Sustaining such a state will be demonstrated in time by those sincerely mastering and then humans will understand the difference.

PHAROAH TUTT

Pharaoh Tut was part Grand Master and part Innana in archetypal nature. Tut was a large headed human and not unlike Innana was very sexual. He believed that sex could cure the world of all its ills. Tut instigated orgies amongst the Mahavishnu. Beautiful small-headed humans were brought in to be the concubines and lovers of the Mahavishnu. This pleased the male large headed humans more than the females who desired a life mate instead and one that could share in spiritual practices. The larger headed females fell into competition with the smaller headed women due to this. It was in this time period that the large headed women and men were all bald. Out of shame, the larger headed women took to wearing black beaded head scarves often depicted in Egyptian art to cover their bald heads.

However the competition was greater than an issue over bald heads, as the larger headed women noticed that the smaller headed concubines were treated better than themselves. In this many of them wished that they had been born with a small head. The end result of this wish or intention was a fall in consciousness. Over time and in subsequent generations, so much genetic information was lost that no large headed humans were born in physicality beyond this time period and as this occurred, humanity lost their remaining spiritual leadership.

Pharaoh Tut took to mummifying the nature kingdoms and placing the mummies in different chambers of the pyramids under the suggestion and guidance of one of his nature scribes. Many Mahavishnu connected to nature kingdoms or the dolphins and whales and began to bring through channeled information for the Pharaohs as well as other Mahavishnu in this time period. The information guided the group to capture and mummify as many species as possible placing them in varying chambers.

Pharaoh Tut put out a decree for hunters to be greatly honored for any bird or animal or sea creature that could be trapped and brought back alive for this purpose. Over 18,000 birds, fish and animals were mummified over a 1000-year period as a result. The purpose of the mummies per the Pharaoh and their scribes was to provide frequencies that supported regeneration and ascension. In reality, the process was used to strip the nature kingdoms of the remaining conscious breath records. Conscious breath is an ability to live from the breath and not consume food of any kind; all remaining kingdoms that held genealogy for conscious breath lost such knowledge through the Pharaohs and their mummification of nature. The information was transferred to the false gods.

It was during the era of Pharaoh Tut that the Mahavishnu were invited to ascend in the pyramids. This ascension was of course false ascension or combustion. Those who were willing to "prepare" for the ascent went through a series of initiations under the direct tutorship of Pharaoh Tut. The initiations were something akin to false spiritual tests in which physical plane renditions of what was thought to be spiritual were spoken to and then "tested". Tests included transcending fear, lust, power, conditional love, dishonest communication, false vision and false spiritual knowledge.

The test for fear surrounded such things as swimming through a pool loaded with live crocodiles. If one made it to the other side uneaten then one passed the test. Sexual tests had to do with sexual stamina. The ability to extend orgasms was considered a passing of this test. Tests for power had to do with physical stamina. Tests for conditional love had to do with relations that were assessed by those testing the initiates. Tests of false communication, false vision and false spiritual knowledge were oral exams. This type of testing has nothing to do with spiritual mastery in which the field expands in ascension, but seemed and appeared useful to the Mahavishnu. Those participating felt that they were doing something important.

Out of the hundreds going through their tests, only one to three passed all seven and was then offered an opportunity to "ascend" in the pyramids in any given year. Occasionally an initiate was considered born "pure" and had no tests to pass. One would assume that in such cases the false gods wanted the combustion of these particular ancestries so that they could manipulate them or take of their information. These are the spiritual tests written of by some channels in this century passed. In reality these tests had no valid spiritual mastery associated.

Those who passed their tests and could now "ascend" were shown a vision of life following ascension. This was a "Garden of Eden" or "heaven" of sorts where one received preferential treatment. Each was warned that if they were not pure enough that they would burn in the internal hell fires. Those who had ascended in the past were shown in their beautiful temples in dreamtime fantasy realities; each choosing to ascend bought into the fantasy and thought that this was where they were going; an eternal afterlife of great purity and beauty.

Each who combust never went to any kind of heaven; this was all a fantasy. Instead the body combust and the soul and nonphysical was shattered and fragmented. The space between entities were inflated in the process into greater dominion over the human dream. Some fragments went on to become personality entities caught in particular frequencies that they combusted into. Combustion is radioactive and so such entities tend to be "hot" in vibration or angry as an emotional tone of creation. As the personality emerged into the red nations' peoples following more and more of these combustions, they became angry and agitated and eventually arose against the Pharaohs overthrowing their reign.

The consciousness of the ancestors that combust in this manner went into a "living hell" of continuous fire and heat. This is where the concept of "heaven" and "hell" comes from; from the combustion of over 800 Mahavishnu who thought

they were ascending into "heaven" but ended up combust and living in an eternal form of "hell fires" or excessive heat from the combustion of their form. All these ancestors have been resurrected at this time; each is being recast so that they understand the entire dance. Many in this program if not all have many of these ancestors that one is related to in one's tapestry of ancestry that combusted in this time period.

Generally three to six "initiates" ascended (or combust) in any given year. The ascensions went on for roughly 500 years. Some years only one qualified for the ascent. The ascent was held in the Spring and there was an annual "party" associated that all gathered for in honor of those who were mastering and ascending. The party was a bit of an orgy with a load of attention paid to those who had mastered who the other Mahavishnu would not ever see again as they had ascended.

Those who Mahavishnu had ascended together tend to have scrambled ancestries and grid work; often heads and limbs were left behind in the ash. This was never shown to the other Mahavishnu or perhaps they would have thought twice about participating in this game. Where the arms or limbs were left behind in any given group of ascending (combusting) initiates, there tends to be an exchange of grid work. Often those with ancestry to those who combusted together can be born as fraternal twins adjoined at the head, hips, shoulders or feet and legs in present time.

If one has ancestry of this nature but is not born adjoined at the hips, head, shoulders, feet or legs of another, then each time the two ancestries cross in any lifetime including present time there is an exchange of grid work of the two associated body parts in the etheric. This is why perhaps one loses an entire limb, hand, part of the face, shoulder or arm to another in a karmic exchange in present time. As the karma is released for the combustion of one's ancestry, then one can transcend the requirement to exchange grid work or body parts in this manner.

Those who combust in this fashion had left a holographic and biological impression of hell; this is where the concept of heaven and hell comes from and is drawn upon today through many other spiritual teachings. Where the scarring occurred in the combustion is also a load of fire element that has contributed to the associated diseases where too much fire is the underlying cause in present time.

Pharaoh Tut was the only Pharaoh that did not attempt to ascend in the pyramids. Pharaoh Tut had enjoyed his sexuality and lived to a ripe old age of 1200 years. His son Pharaoh Tutankamen was already 450 years of age and anxious to have control of the empire. Pharaoh Tutankamen had his father poisoned and Tut died in his sleep.

PHAROAH TUTANKAMEN

Pharaoh Tutankamen was part Zeus and part Grand Master archetype. He took over the kingdom of Egypt in great glee. Tutankamen was the exact opposite of

his father. Pharaoh Tutankamen was rather sickly and did not enjoy sex. He believed instead in the mental masturbation of the mind; and to analyze everything to prove if this or that is true or not. In the loss of sexual energy movement in both Tutankamen and the larger headed humans remaining on Pharaoh Island, all reverse polarized with men running female energy and women running male energy. This created difficult relationships and partnerships much as many experience in present time, with men feeling like their partner is their mother and not desiring sex, and the women feeling like their partner is a boy or child and therefore losing interest also in sex. The result of this time period was so few births of larger headed humans that the populations dropped to less than half on Pharaoh Island.

Pharaoh Tutankamen despised sex so much that he waited for his 900th birthday to take a mate. Only one male heir was produced. This child was small headed. Tutankamen refused to attempt to have another child. It was after this time period that all large headed humans ceased to be born upon the physical plane. Tutankamen attempted to ascend on his 1000th birthday and combust in the same chamber of the pyramid as his grandfather Ra.

The combustions of each successive pharaoh produced as much radiation as a nuclear war in Earth's estimation. The radiation again frayed the DNA of the red nations' peoples upon the continent of Egypt. This created a fall in consciousness for all concerned. The falling consciousness not only was reflected in the loss of larger headed humans in genealogy but also in the conflict and turbulence within the red nations' tribes. After Pharaoh Tutankamen ascended (combust), enough red nations peoples banded together to overthrow his son. Egypt was no more. Red nation tribes raided the pyramids and pirates took the goods to sell off to the highest bidders.

Perhaps in this the red nations' peoples began to balance the scales after 4000 years of taxation on the part of the Pharaohs. Following the decline of Egypt was a long period of dissonance in which tribes warred upon each other over resources and wealth. As the DNA ceased to fray, peace returned to the land.

ABOUT SORCERERS AND BLACK MAGICIANS

Merduk used the two grand master offspring during his lifetime to manipulate the red nation dream. It was these two archetypes, one of half Innana and half grand master and the other of half Zeus and half grand master, that Merduk tapped into and this allowed him to control the dream of the human species through their fields. In essence, Merduk ran his black magic and sorcery through those of this inheritance of half grand master and half Anu. Merduk is a different archetype from those who become the sorcerers or black magicians in present time. Generally each of this nature will have one or more of Merduk archetype actually manipulating the magic through their fields.

Mila and Oa have been gathering records of the black magicians and sorcerers that existed in the region known as Europe around the same time as the Pharaohs came to power in Ancient Egypt. The continents had rotated in this era to a point

that the pyramids were under the grids now associated with Banff Canada. The continent of Australia was located under the grids now known as Europe. It is for this reason that Mila and Oa also discovered black magic records on the continent of Australia in present time and within the Aboriginal root race lineages; however the original cause was not recorded in these grids but rather the grids associated with the Alps of Austria.

There was a group of humans with the same lineages and holographic nature as the Pharaohs that rose to power in Australia during the time period of Ancient Egypt. These humans created an energetic pyramid not unlike the pyramid that the Pharaohs were running in conjunction with the physical pyramids of Egypt. The associated counterparts in Australia used the energetic pyramids to strip power from others along with dream weaving information to manipulate dreams and conduct black magic or sorcery.

During this time period the seat of the global dream was held in the grids associated with Australia (now Europe). The dream was shattered through the collective fields of those of sorcery inheritance in the era of Ancient Egypt (15,000 years ago or 60,000 human years) until the dream shrank to the size of a continent. As the global dream collapsed, dreams from other creations such as Alpha Centauri were pressed into Earth's dream and she was stripped yet again creating another fall in vibration and consciousness for all species upon Earth.

Sorcerers in this time period manipulated elements and planes of reality as well. Elements were used inappropriately to shatter the global dream and compartmentalize it. Planes were twisted and manipulated in a manner that has taken the ascension of Earth in present time to straighten out. This karma is recorded primarily in Aboriginal (Australian) lineages in present time, as this was the primary nation living upon this continent in this time period; however it is also associated with the Grand Master holograms.

Those of Grand Master inheritance hold the karma for the dance of the Sorcerers along with the Pharaohs due to how their fields were used by dark forces to create falls in consciousness for all of Earth. It is for this reason that those of this nature are ascending now; to clear this karma so an era of evolution can unfold at this time in history. This is the purpose of Mila and Oa's life along with each who is reading these materials; to clear the karma so a new era can be born.

The sorcerers also manipulated human lives during their incarnations by casting black magic spells around those who were "undesirable" to the false gods. Often such humans were the truth bearers or the ones who could bring forth real ascension. As the black magic spells were laid around the truth bearers, cycle after cycle of possible ascension failed. The truth bearers died and those of pharaoh or sorcerer inheritance rose to power through false ascension or in other terms through life extension practices which inflate a field without the biological changes that lead to the development of a fourth dimensional form. Dark forces have used and continue to use the expanded fields of those of this nature to propel Earth towards extinction.

The karma for the sorcery or manipulations run through the Grand Masters really belongs unto the Merduk archetype. Now is the time to intend to return all karma of this nature to the lineages and archetype of Merduk. As this occurs, the dance of false ascension can be put to rest so that real ascension can take off for humanity. This is what we are working upon in this calendar year of 2005 as a planet. Those like Mila and Oa shall orchestrate events known as Masters Conclave to burn off the karma for the Pharaohs and Sorcerers this year. We hope that many reading these materials may join us in support of this goal.

THE GRAND MASTER ARCHETYPAL NATURE

1. GOD GODDESS OF TIME

Related to the Syncopation of Time

THE GOD GODDESS OF TIME AND RED GRAND MASTER ARCHETYPES

Those of the God Goddess of Time were designed to syncopate time for all of Grand Master and Red Nation inheritance. At the time of the original seeding of the Grand Masters, some of this archetype was married to those of the God Goddess of Evolution archetype. The pairing of these two archetypes created an ability to modulate time for the purposes of ascension and evolution to the next dimension.

This archetype also holds the magic for the dream associated with the others with large heads along with the red nations' peoples. The dream was held through all six grand master archetypes; but each held different parts of the dream. This archetype held the magic for the timing of the dream. Dreams step down the manifestation planes every so many weeks. Those of this nature syncopate the time so that all dreams step down simultaneously within each plane and then into physicality.

The few of this archetype that did not die in the shattering of the original forty-eight Grand Masters went to the inner earth and ascended to the fourth dimension from there. All grand masters had access to all six archetypes when producing children and to the information held therein; this allowed them to assure that all archetypes would always be available into the future to assure the continuation of their purpose. This archetype was also one of the three offspring of the Grand Masters that survived their death and went on to create more large headed humans by mating with six females of red nation archetype.

THE GOD GODDESS OF TIME AND THE RED NATIONS ARCHETYPES

This archetype mated with six females of two red nation archetypes known as God Goddess of Spiritual Knowledge and God Goddess of the Solar Sun. It may be from this dance that the original concept of "Isis" or the mother of humanity comes from. Each of the females chosen for this role felt it was a special purpose that they could fulfill upon. Each was told that they would be the "mother of humanity". Each fulfilled upon the mating rituals and conceived. Many died in

childbirth due to the large heads of the incoming infants and a body that could not stretch enough. The few that survived were directly involved in raising the larger headed humans.

The smaller headed humans did not understand the larger headed humans. The smaller headed humans were educated in many things that were unfamiliar to their life experience by the larger headed ones. The smaller headed called the larger headed “Ana Tutu” or “Special Uncle” and adopted the larger headed ones as family, as this was the nature of the red nations’ peoples of the time. Those of power such as the chiefs often went into competition with the larger headed ones for overriding their own decisions surrounding tribal life. Many things changed for those tribes working directly with the Grand Masters. There were also many tribes who had no contact with the Grand Masters, but the lessons were transferred to their archetypes altering tribes elsewhere in their dance as a result.

Some of the changes contributed by this archetype included an understanding of cycles of nature that could then be celebrated or honored at different times of the year. The celebrations were to thank the nature kingdoms for providing sustenance and a “home” surrounding each tribe. In the celebration, chi would be balanced in the sharing of love with nature so that more food would grow to sustain the tribe in the times ahead. Songs and chants for this purpose were created for the celebrations that spoke to the beauty of nature. This was the main contribution of the God Goddess of Time archetype to red nation life. Hawaiians in present time recall this dream and continue to write songs about the beauty of their islands and the flowers and kingdoms therein.

GOD GODDESS OF TIME AND THE ANU ARCHETYPES

This archetype had no personal contact with the Anu other than accompanying their chiefs to speak to them about the pollution of the regions surrounding where they lived.

GOD GODDESS OF TIME AND THE ANU SLAVE ARCHETYPES

This archetype had no personal contact with the slave nations other than accompanying their tribal leaders in the creation of the treaties between them for land rights as slave populations grew in size.

2. GOD GODDESS OF ANCESTRAL KNOWLEDGE

Related to Record Keeping

THE GOD GODDESS OF ANCESTRAL KNOWLEDGE AND THE GRAND MASTER ARCHETYPES

Those of the God Goddess of Ancestral Knowledge archetype were designed to be the record keepers of the Grand Masters and Red Nations peoples alike. These humans had special cells that could hold records of an entire civilization within

the biology to assure that the records are never lost. Those currently ascending of this archetype often contribute to the discovery of human records as a result of retaining this capability down the generations of the lineages. Sometimes those ascending of this nature have difficulty discerning which records are theirs and which belong unto others. This is generally sorted out in the Temple of Karma so that each only releases karma sincere to their inheritance.

In the original Grand Masters seeded, one of God Goddess of Ancestral Knowledge was married to one of the God Goddess of the Human Species in nature. The two created a joint field that was utilized for the purpose of monitoring red nation karma primarily. Those coming together in ascending partnerships of these two natures may contribute in parallel manners to human ascension in present time.

THE GOD GODDESS OF ANCESTRAL KNOWLEDGE AND THE RED NATIONS PEOPLES

The God Goddess of Ancestral Knowledge added the information and records of Sirian humans to the red nations' peoples' archetypes upon arrival upon Earth. Perhaps this is why at a later time karma was transferred from Sirian civilization unto the red nations' peoples in Sirian ascension. At the time this was originally accomplished, it was done for the purposes of giving the red nations peoples a larger history and more information than they were originally seeded with, as they had become severed from any hologram from the holographic wheels of Sirius. Those of God Goddess of Ancestral Knowledge edited and created changes to the red nations' archetypes and holographic wheel over a twenty-five year period (human years) beginning with the time of original seeding. This also altered the dance between red nation archetypes and within the tribe.

Primarily the God Goddess of Ancestral Knowledge spent time storytelling tales to the red nations' peoples with spiritual lessons from Sirius. Other storytellers of the tribes who traveled between tribes in the region adapted many of these stories and shared them with others. Such stories continued to be shared long after the Grand Masters ceased to exist as an original seeded group.

THE GOD GODDESS OF ANCESTRAL KNOWLEDGE AND THE ANU

There are few records of this particular archetype having much to do with the Anu other than participating in the negotiation with their tribal leaders over pollutants that were killing the nature kingdoms and coming from the Anu palaces.

THE GOD GODDESS OF ANCESTRAL KNOWLEDGE AND THE ANU SLAVES

There are few records of this particular archetype having much to do with the Anu slaves other than participating in the negotiation of treaties over land rights for the red nations' peoples' survival

3. GOD GODDESS OF EVOLUTION

Related to the Cycles of Evolution

THE GOD GODDESS OF EVOLUTION AND THE GRAND MASTER ARCHETYPES

Those of the God Goddess of Evolution archetype are designed to assure evolution in any cycle. Those of this nature keep track of any karmic debt to assure that it is released or settled in future generations. Those of this nature also make sure that the dream ahead contains the karma and the spiritual lesson associated so that each may learn and grow in consciousness as they evolve. Growth of consciousness is associated with expansion of field and as the field expands, consciousness increases. In order for this to be worthwhile, the physical consciousness must understand the spiritual principals of honor, unity, fortitude and gratitude.

In the original Grand Masters seeded upon Earth, one of the God Goddess of Evolution was married to the God Goddess of Time. This allowed ancestral records to be modified in preparation for evolution of the group through the collective fields of those of these two archetypal natures. Those creating ascending partnership in present time may assist Earth in a parallel way in present time.

THE GOD GODDESS OF EVOLUTION AND THE RED NATIONS PEOPLES

The records of the God Goddess of Evolution archetype of the original Grand Masters show that they worked with many smaller headed humans upon Sirius orchestrating a limited form of ascension and the spiritual mastery associated. They were involved in overseeing the expansion of field and understanding of the spiritual lessons learned. Those of this archetype were directly involved in the spiritual groups of the smaller headed Sirian humans and teaching them the principals of honor, unity, fortitude and gratitude upon Sirius.

It was those of this nature that tried to orchestrate parallel groups of red nations' peoples upon Earth for the purposes of limited ascension and spiritual mastery. They worked with the groups just as they had upon Sirius. Alas the group went into unknown genetic patterning and harm and destroyed most of the Grand Masters. One could say that this was a fatal mistake.

THE GOD GODDESS OF EVOLUTION AND THE ANU ARCHETYPES

There are few records of this particular archetype having much to do with the Anu other than participating in the negotiation with their tribal leaders over pollutants that were killing the nature kingdoms and coming from the Anu palaces.

THE GOD GODDESS OF EVOLUTION AND THE ANU SLAVE ARCHETYPES

There are few records of this particular archetype having much to do with the Anu slaves other than participating in the negotiation of treaties over land rights for the red nations' peoples' survival.

4. GOD GODDESS OF THE HUMAN SPECIES

Related to Human Akashic Records

THE GOD GODDESS OF THE HUMAN SPECIES AND THE OTHER GRAND MASTER ARCHETYPES

The God Goddess of the Human Species is responsible for monitoring the human holographic planes along with the genetics and tones of creation associated with the human kingdom. In the choice to ascend, it is also those of this nature that work directly with the God Goddess of Ancestral Knowledge to assure that karma is released between ancestries and genetics are modified towards a fourth dimensional form.

Out of the forty-eight grand masters that died after attempting to ascend a small group of red nations' peoples, two of this nature (one male and one female) made it to the inner earth. In the inner earth, they had two children to assure the continuation of their knowledge, and then ascended to the fourth dimension. The ascension was incomplete and left behind a portion of their fields that was depressed upon the outer earth red nations' peoples. Over time, future generations of this archetype ascended again in parallel manner increasing the shadow or darkness left behind. It may be the increasing shadow from the inner earth ascensions that propelled the outer earth humans towards a nuclear annihilation.

In the original Grand Masters seeded, one of God Goddess of Ancestral Knowledge was married to one of the God Goddess of the Human Species in nature. The two created a joint field that was utilized for the purpose of monitoring red nation karma primarily. Those coming together in ascending partnerships of these two natures may contribute in parallel manners to human ascension in present time.

THE GOD GODDESS OF THE HUMAN SPECIES AND THE RED NATIONS PEOPLES

The God Goddess of The Human Species archetype brought through music and chants to purify the energy of the red nations peoples by anchoring tones of creation used for this purpose upon Sirius. These tones were anchored and resemble the Language of Light tri and quad notes in present time. Perhaps one can see in this that the red nations humans held 15,000 strands, as those mastering this level must embody tri and quad notes in order to hold this frequency.

Songs were passed between tribes by those with gifted voices who would accompany the storytellers sharing the tales of the larger headed humans. The larger headed humans had a vast impact upon the red nations' peoples causing many changes. As the tones were anchored, there was a shift in the power structure of the tribes that the grand masters were working with towards greater

unity and equality. Alas this did not last long as following the Grand Masters deaths, the tones mutated into distortion.

Earth feels that there were not enough of the grand masters to hold the job that they were given. Perhaps if they had chosen to increase populations first, mating amongst one another, this could have been offset. However Earth perceives now that hundreds more were required to hold the vibrations and to do the job that this small group of humans was given by the Sirian Spiritual Elite. One can say in this that the Sirian Spiritual Elite betrayed grand masters into thinking that they could handle the job as such a small group.

THE GOD GODDESS OF THE HUMAN SPECIES AND THE ANU

It was the God Goddess of the Human Species archetype that was seduced twice by Innana. This seduction was accomplished upon the compounds of the Anu's original palace. The Grand Maser was brought to her chamber under the auspices of a meeting and then seduced. At first he rejected her. Time travel was used to alter the course of action until an actual seduction could occur. The sperm was then retrieved from Innana's form and saved for later incubation in Merduk's laboratory.

In the laboratory, Innana's egg and the grand master sperm were united and incubated. Two survived and grew up amongst the Anu under the guidance of Athena. Athena found these children very different from her own and used the experience to write a book about inherent knowledge that was published in the Pleiades at a later time. Upon maturing, each of those incubated in this manner with large heads chose to return to living with local red nations' tribes and married a red nation spouse producing offspring. The lineages of these offspring later produced those of Pharaoh and Sorcerer natures. It was also the fields of these offspring that Merduk used to manipulate the red nations peoples for the purposes procuring the dream of life for the life extension of the Anu.

THE GOD GODDESS OF THE HUMAN SPECIES AND THE ANU SLAVES

It was the offspring of God Goddess of Human Species archetype raised by Athena that returned to Athena's slave university at a later time to share of their understanding and wisdom of the red nations' peoples with the slave students. They took many others from their tribes with them that understood arts, crafts and storytelling. For over 100 years, there was an ongoing sharing between the red nations' tribes and Athena's university that allowed those educated to better understand red nations' culture. There was greater harmony between the red nations' peoples and slave civilization during this time period as a result.

5. GOD GODDESS OF SOLAR CYCLES

Related to the Syncopation of Solar Time

THE GOD GODDESS OF SOLAR CYCLES AND THE RED GRAND MASTER ARCHETYPES

Those of the God Goddess of the Solar Cycles archetypal nature were responsible in their original casting for syncopating global time with solar time, universal time and cosmic time so that the cycles of evolution could be fulfilled upon. In essence those of this nature held the holographic knowledge for syncopation of time of an entire consensus reality. It is because of this knowledge that grand masters could ascend to the fourth dimension in the inner earth, as they knew how to syncopate with fourth dimensional time.

Those of this nature also attuned to the gold and silver thought-form of the Language of One and made sure that there was a constant stream of gold and silver vibrations unto the consensus upon which they reside and the human species. It was those of this nature as the original seeded Grand Masters that anchored into the gold and silver minerals of Earth to support this goal, and made modifications to these notes as they attuned them to the vibrations of Sirius. It may be because of this dance that Sirius was capable of using gold and silver minerals to transfer consensus related karma that failed to be released in her ascent from Sirius to Earth.

As gold was sent to the Pleiades in large amounts, portions of the grand master knowledge went with it. Those of this nature will wish to retrieve their knowledge from the Pleiades so that it can be used for the purposes of personal and global ascension this cycle.

In the original Grand Masters seeded, one of the God Goddess of Solar Cycles archetypal nature was married to one of the God Goddess of the God Goddess of the Ascent to the Fifth Dimension in nature. The two created a joint field that was utilized for the purpose of syncopating time with the ascension cycles. Mila and Oa are an example of these two archetypal natures coming together in present time. There may be many other unions of these two natures that shall support human evolution in their joint fields and in conjunction with Earth into the future.

THE GOD GODDESS OF SOLAR CYCLES AND RED NATION ARCHETYPES

Those of the God Goddess of Solar Cycle archetypes were involved in smaller headed spiritual ascension upon Sirius. They also participated in the ascent of the red nations' peoples upon Earth. What they discovered is that recurrently the red nations' peoples upon Earth could not syncopate to solar time. The cause of this was not understood at the time; however records now reveal that the genome to allow for syncopation of solar time was removed at the time that the red nations' tribes were incubated. The result was failed ascension and another pattern that

took hold. One can say that the entire dance of failed ascension of the red nations' peoples was set up from the beginning through Sirius as a result.

For those ascending in the now, one will have to have grand master ancestry to move beyond 3000 strands. The reason for this is without an understanding of syncopation to solar time, one cannot go any further without going into extreme distortion leading to false ascension which could cause the ascent of the whole to fail. Those with grand master inheritance have the missing genome, and if it has been passed down the family tree into present time, then one has the capacity to syncopate to gold and silver thought-form and time, which allows for a balanced ascent beyond 3000 strands.

For those without this ancestry, one's ancestry will fill in the gaps of missing knowledge in the future generations as long as one of one's own ancestry mates with one of grand master ancestry and produces offspring. For those who are young and desiring to have children and limited to 3000 strands, then one would desire to choose a mate with grand master inheritance to assure the future ascent of one's lineages.

THE GOD GODDESS OF SOLAR CYCLES AND THE ANU ARCHETYPES

There are few records of this particular archetype having much to do with the Anu other than participating in the negotiation with their tribal leaders over pollutants that were killing the nature kingdoms and coming from the Anu palaces.

THE GOD GODDESS OF SOLAR CYLES AND THE ANU SLAVE ARCHETYPES

There are few records of this particular archetype having much to do with the Anu slaves other than participating in the negotiation of treaties over land rights for the red nations' peoples' survival.

6. GOD GODDESS OF ASCENSION TO THE FIFTH DIMENSION Related to Multidimensional Time

THE GOD GODDESS OF ASCENSION TO THE FIFTH DIMENSION AND THE GRAND MASTER ARCHETYPES

It was those of the God Goddess of Ascension to the Fifth Dimension that were to retain portholes for teleportation and communication with the Sirian Spiritual Elite. It was also those of this nature that were to orchestrate a parallel ascension to the fifth dimension in the inner earth to retain communication with the Sirian Elite as they too ascended to this dimension; or so this appeared to be the plan that was spoken to as the Grand Masters were seeded upon Earth. Alas the plan failed to manifest.

Those of this nature did manifest many large minerals in the inner earth and near the aurora of the time. One is the size of a 10-story building and of the emerald kingdom. Those of this nature worked with these minerals that were grown to specific dimensions to hold the tones necessary for their ascension. The few

remaining Grand Masters that went to the inner earth and ascended relied upon these minerals for this purpose. Mila early in her ascent recalled these minerals and made contact. If not for the information and assistance provided, Mila might not be alive today. These minerals are in a specific valley of the inner earth well covered with forest and vines or they might have been harvested by the Anu. Fortunately the Anu never discovered them in their explorations.

In the original Grand Masters seeded, one of the God Goddess of Solar Cycles archetypal nature was married to one of the God Goddess of the God Goddess of the Ascent to the Fifth Dimension in nature. The two created a joint field that was utilized for the purpose of syncopating time with the ascension cycles of your solar system. Mila and Oa are an example of these two archetypal natures coming together in present time. There may be many other unions of these two natures that shall support human evolution in their joint fields and in conjunction with Earth into the future.

THE GOD GODDESS OF THE ASCENSION TO THE FIFTH DIMENSION AND THE RED NATIONS PEOPLES

In the days of the original seeding of the Grand Masters, this archetype perhaps more than any of the others, had little to do with the red nations peoples. Instead they spend 75% of any given day in a conscious dreamtime meditative state working with the nonphysical of Earth and the dream for ascension. Subsequent relations failed to recall all of the details of the original seeded masters to fulfill upon all of the maintenance required to sustain a dream for themselves or the red nations' peoples. It is for this reason perhaps that the human dream deteriorated to be held by the Anu and became one of barbarism, exploitation along with disease and death over time.

Earth also recognizes that she should have been part of the original dream maintenance and then if humans failed to look after the dream, she would have. Now this is exactly what is happening and Earth is learning to take charge of the human dream, even over those of larger headed craniums in the inner earth and in the fourth dimension in present time. This is the only way to mold humanity and Earth alike towards ascension, and so this is being fulfilled upon at long last.

THE GOD GODDESS OF THE ASCENSION TO THE FIFTH DIMENSION AND THE ANU

It was this archetype that was seduced by Zeus. The action of the seduction was not used to procure eggs from the large headed female but to create an energy force that would be used to incubate the sperm of other Grand Masters collected in the seduction of Innana and Innana's eggs. Although Zeus's sperm was not used in the production of the offspring, his energy was used and as a result a part of Zeus' hologram shattered and was pressed into the God Goddess of Solar Cycles hologram at the time of incubation. The end result was that Zeus influenced a part of the tapestry of this holographic nature.

Holograms produce more than one human. In the original Grand Masters with 36,000 strands of DNA, each hologram produced six types of humans associated. So one can think that one out of six types of humans related to the two Grand Master archetypes seduced by the Anu had a portion of the Zeus or Innana holograms added. Later as the DNA frayed and the Grand Masters lost consciousness at 15,000 strands, eighteen different types of humans were produced associated with a single Grand Master archetype. Three out of the eighteen would then be associated with Zeus or Innana. It is those born of this nature that became Pharaohs or Sorcerers in the era of Ancient Egypt.

Later and due to further fraying of DNA, this hologram now produces 180 different kinds of humans associated at 2 strands of DNA, 30 of which are half Anu and half Grand Master in nature. Often these humans become famous gurus or pharaohs and sorcerers in present time.

The fracturing of holographic nature is complex. It is why there is no single human born with all attributes of Innana or Zeus as they lived so long and exhibited so many different kinds of behavior over time. The Grand Master archetypes are parallel as they were such large formations of information and archetypal nature; and in the fracturing they produce many kinds of humans in present time with many varied interests. Earth is in the process of purifying the holograms for the purpose of ascension, and this includes removing the attributes of the Anu from the Grand Master archetypes so that future offspring born of this nature will not exhibit pharaoh or sorcerer patterning. As the karma for this is released this year, so this can come to be so in the coming twenty-five year cycle.

THE GOD GODDESS OF THE ASCENSION TO THE FIFTH DIMENSION AND THE ANU SLAVES

This archetype of the God Goddess of Ascension to the Fifth Dimension along with the God Goddess of the Human Species were each raised by Athena in a half Anu half Grand Master form. These large headed humans returned to living with the red nations tribes surrounding the Anu as they matured and produced offspring that were later associated with the Pharaohs and Sorcerers.

Those of this nature also participated in Athena's slave university, providing spiritual information to the slave nature to build a bridge of understanding between the two ways of being. This assisted relations between the red nations' peoples and the Anu slave civilization for a time.

Later as white slave nations continued to encroach upon red nations territories, it was those of this archetype that appealed along with their tribal leaders to create treaties that protected red nations' resources with the assistance of the Anu. They contacted Athena who set up a meeting of all slave governance and the red nations' counsels. A treaty was signed and honored, but defaulted upon about 100 years later. This led to the red nations peoples choosing to leave the continent that the Anu slave civilization was populating and move to distant shores and a new land. It is perhaps because of this move that the Native American Root Race

along with the larger headed genealogy survived the nuclear annihilation of the Anu in greater numbers.

THE HISTORY OF THE ALBYREON HOLOGRAMS

The Albyreon archetypes were not a part of the holographic wheel during the incarnations of the original red nations' peoples, grand masters or family of Anu. The Albyreon humans came to Earth to the continent of Africa shortly after the era of the Pharaohs concluded. They crash-landed seven spacecraft from another dying creation primarily upon African soil. Two of the seven craft landed upon other continents, one associated with North America in present time and the other associated with Australia. Many animals that were non-indigenous unto Earth were released from their craft after they landed. Such animals include two kinds of leopards, hippopotamus, zebra, giraffe, wombat, dingo, and koala bear, along with opossum, wolf, fox and groundhogs. All of these kingdoms have magnetic biology and as a result are capable of ascending home with Earth into the Great Central Sun.

Albyreon humans were magnetic, but of a "U-shaped" magnetism that creates a stronger pull in one direction or another. As a result of the magnetism, those of this archetypal nature tend to pull others around them or civilization in one direction or another, sometimes for the good and sometimes for the not so good of the whole. One can perceive that these archetypes had a key role in the era of Atlantis, which developed 2000 years following the end of the era of the Pharaohs. As Egypt fell, Atlantis rose, and it rose upon the continent associated with Europe in present time.

In Atlantean civilization, many of Albyreon archetypal nature ended up in key positions of power. The U shaped magnetism entered the petal shaped figure 8 dream and skewed the chi heavily into some petals over all others leading to the rising to power of a single chief over all other chiefs. This occurred in red nations tribes associated with Lemuria primarily. Lemuria sits upon land associated with Australia, Japan and Hawaii, and is mostly underwater at this time in history.

Atlantean civilization was primarily Anu and Anu slave race descendents that rose to power upon European soil. Those rising to power in Atlantis were primarily direct descendents of Innana, Zeus and Merduk. In the East in a land known as Lemuria, those rising to power had Pharaoh archetype (half Anu and half Grand Master) along with Albyreon archetypal nature. It was the Albyreon archetypal nature in particular that drove the Lemurian peoples to war against the Atlantean peoples, much as the red nations' peoples had warred against the Anu slave nations.

The Albyreon archetypes like to take up causes. Such causes can be associated with "save the whales" or "save the seals" or "save the trees" or any other such cause in present time. Such causes also manifest as "defend the Muslims" and can lead to terrorism such as it is expressed between Ireland and England, or Palestine

and Israel or Iraq in present time. The “U-shaped” magnetic energy of the Albyreon archetypes skews the dream to extremes wherever it is expressed.

The Albyreon archetypal nature will be removed from the human archetypal wheel as a result of their extreme nature and on the choice of Earth as a consciousness. This will be accomplished as enough humans ascend beyond 8,000 strands of DNA in the coming twenty-five years. For those of this nature, one will intend to release all karma associated to allow this to be so and also allow the birth of future relations with a gentler form of magnetism that creates unity instead of extremes in human personas.

1. GOD GODDESS OF FIRE AND ASH OR SMOKE

Related to the Element of Fire and the Inverse Element of Smoke and Ash

GOD GODDESS OF FIRE AND ASH OR SMOKE AND THE RED NATION ARCHETYPES

As those of Albyreon Archetype entered the tribal dance of the African, Aboriginal or Native American dance, they generally did so through marriage. Many who crash-landed remained unto themselves for a generation or two. Over time the offspring united with other red neighboring tribes. This dance affects the Native American Indians, Aborigines (Australian) and African root race lineages primarily. Future offspring that were the result of the decedents of the Albyreons and the red nation's peoples then inherited an Albyreon hologram instead of a red or grand master hologram for every other child born to such families. This caused those of this nature to become a part of the holographic wheel for the human species over time.

The Albyreon holograms did not merge with other red nation holograms or the grand master holograms as the Anu holograms had with the Grand Masters. This is simply because the blending of DNA was the result of procreation between two consenting humans rather than a child incubated in a laboratory that this is so. More or less there was no agreement for the offspring that Merduk incubated that were half Anu and half Grand Master. The lack of agreement caused a splintering of all holograms associated and a merging of them together rather than the Anu archetypal wheel merging with the red nation holographic wheels of the time.

It was not until the nuclear annihilation of the Anu that the holographic planes of the Anu, Anu slaves and red nations' peoples along with Grand Masters merged together. Up until this point in time they were separate wheels with separate astrological influences associated with red nation life, and Anu/Anu-slave life. As the wheels of archetypes merged, it set up the possibility of Anu like behavior occurring in red nations' peoples. This occurred in the era of the Pharaohs as well as Atlantis, with those within the red nations dance rising to extreme power over many nations rather than just regional power over their own tribes.

As those of Albyreon archetype participated in tribal life, they chose to create causes amongst their peoples. Often they would solicit judgment of a particular chief and cause the tribe to overthrow the chief electing a new party for this position. Sometimes they would solicit judgment about certain tribal members who were then removed from the tribe. Later the karma returned and those of this inheritance would often end up persecuted in future generations by their own tribe as a result of the karma created in such a dance by their ancestors.

THE GOD GODDESS OF FIRE AND ASH AND THE GRAND MASTER ARCHETYPES

Although the larger headed human ceased to exist upon the surface of the Earth, there were still those descendents that carried forward the archetypal nature of their grand master inheritance. Those of grand master nature recall unity relations as a cellular memory. Often those of this nature would pit themselves against the dance of those of the God Goddess of Fire and Ash in nature.

The reason for this is that they perceived that the momentum of judgment created against another was often exaggerated and unfair, and so they would try and side with those who the group was going against. Sometimes this would cause the group to alter the dance, as they would side with the perceptions of those with grand master inheritance. Sometimes instead those with grand masters archetypal nature would lose power or be evicted out of the group with the one who had become the tribal scapegoat.

THE GOD GODDESS OF FIRE AND ASH AND THE ANU ARCHETYPES

The Anu archetypes began to be interjected into the red nations' tribal life in the era of the Pharaohs. As a result, those of Anu-like birth nature would often rise to power within the tribe or within the Pharaohs own civilization. Also the birth time nature of the slaves entered the dance around the same time due to the merging of Anu and Anu slave holograms with red nation holographic wheel. This caused the first experience of slavery for the red nations' peoples as many were captured in the warfare against their nations on the part of the Pharaohs army and turned into domestic slaves or concubines upon Pharaoh island.

The Anu archetypes host a different kind of power than the Albyreon archetypes. Often the two types of power worked side by side to cause changes in the tribe. Those of God Goddess of Fire and Ash nature would solicit those of Anu nature to side with them and overthrow the current leadership or to move out someone from remaining inside the tribe. One can say in this that the God Goddess of Ash and Smoke adds fire to those of Anu descent to bring about changes in power and leadership in human civilization

In the era of Atlantis, it was those of the God Goddess of Fire and Ash nature that pressed the red nation leadership of Pharaoh descent in Lemuria into taking action against the Anu leadership of Atlantis. Once again the Anu leadership developed technology that those in Lemuria could not defeat and ended the war by

dropping two nuclear bombs upon Lemuria. These regions within Lemuria became vast deserts of sand that are far under the ocean between Japan, Australia and Hawaii today.

THE GOD GODDESS OF FIRE AND ASH AND THE ANU SLAVE ARCHETYPES

It is the nature of the God Goddess of Fire and Ash to tend to end up in positions of power or authority over those of slave ancestry much as the Anu themselves. Therefore those of this nature will end up in management positions or positions of governance over others of slave nature. Those of this nature make cooperative governance as managers unless one is perceived as troublesome, and if so, they will elicit enough individuals against one that one will find oneself fired or removed from the group.

2. GOD GODDESS OF AIR AND ETHER

Related to the Element of Air and the Inverse Element of Ether

THE GOD GODDESS OF AIR AND ETHER AND THE RED NATIONS ARCHETYPES

It is the nature of those of the God Goddess of Air and Ether to be involved with creative projects of all kinds. It was the influence of this archetypal nature that caused the red nations peoples to begin to farm larger regions of land much like the terraced rice paddies of Asia. Those of this nature would orchestrate the farm as a large creative project with many hands helping to plant, grow and harvest the foods. Up until this point of time, food was generally gathered from the forests surrounding the red nations peoples instead. Now food could be planted and harvested easily nearby.

It is also the nature of the God Goddess of Air and Ether to organize entertainment. Up until this time, entertainment was simple chants or music or movement amongst most red nations tribes. Now there was one who desired to have an entire chorus sing a song in harmony, or a group of syncopated dance that would entertain the tribe at special occasions.

As trading began between tribes, it was also the nature of those of God Goddess of Air and Ether to create organized markets where all could meet and exchange art, products, food and goods. Entertainment often occurred at the marketplace as well. Marketplaces amongst the red nations tribes had never occurred until this archetype added its nature unto the dance.

THE GOD GODDESS OF AIR AND ETHER AND THE GRAND MASTER ARCHETYPES

Often those of the God Goddess of Air and Ether archetypes would solicit those of Grand Master archetype due to the knowledge, gifts and talents within. Often there was a good partnership that developed between the two that allowed the

creativity to flow. Some of grand master natures were often good musicians; those of the air and ether archetype would then take the music and put it to many voices or later on, many instruments. It was also the air and ether archetype that tended to create instruments that allowed music to have a more lofty or full sound.

THE GOD GODDESS OF AIR AND ETHER AND THE ANU ARCHETYPES

Those of the God Goddess of Air and Ether archetype would use the power of those with Anu or Pharaoh archetype to help orchestrate their projects. If groups were needed to gather for a concert, those of power in the tribe were first solicited, and then the rest of the tribe would follow. If groups were needed to create a market, those of Anu archetype were first solicited and they in turn would gather the others to make the marketplace a success. One could say that those of air and ether archetype solicit Anu or Pharaoh nature to inflate creative projects that those of air and ether archetype desire to see manifest so that the projects do manifest.

THE GOD GODDESS OF AIR AND EHTER AND THE SLAVE ARCHETYPES

Those of the God Goddess of Air and Ether archetype would use those of slave nature as gofers that would work for their project for little in return. This allowed projects to grow and profit those of air and ether nature and those of Anu or Pharaoh nature that had collaborated with them.

3. GOD GODDESS OF WATER AND VAPOR

Related to the Element of Water and the Inverse Element of Vapor

THE GOD GODDESS OF WATER AND VAPOR AND THE RED NATIONS ARCHETYPES

It is the nature of those of the God Goddess of Water and Vapor to be highly sensitive and intuitive and also resonate with bodies of water, such as large lakes or oceans, rivers or streams. It was often those of this nature that intuitively knew what foods to gather from the waterways that would be good and safe to eat. Many red nations' tribes up until this point in time had never gathered food source from the rivers or lakes unless it grew above the water, such as rice. Now they began to gather food within the water such as fish, seaweed, snails and crustaceans.

The red nation's peoples never built dams in their earlier history. As the water and vapor archetype was added to the holographic wheel, those of this nature created projects in which dams were built to trap fish to make food gathering from the water easy for the neighboring tribe. Food from the water was not considered "flesh" as one thinks of flesh that is in animal form or bird form. Why is this so? Perhaps it is so because those of this nature perceived fish as a separate kingdom.

From the perspective of agreements, there is still no agreement between humans to consume fish or crustaceans, and nor has there ever been upon Earth. Perhaps Albyreon humans came to Earth having already consumed flesh from the sea and had agreements from home. As Albyreon holograms were pressed into the human holographic wheel upon Earth, this memory transferred and suddenly many other red humans began to eat fish and shellfish from the waterways and sea.

THE GOD GODDESS OF THE WATER AND VAPOR AND THE GRAND MASTER ARCHETYPES

The God Goddess of Water and Vapor archetypal nature often felt connected to those of Grand Master inheritance due to their intuitive nature and ability to access dreamtime. Often they would solicit those of this nature as spiritual teachers or confidants and friends.

THE GOD GODDESS OF WATER AND VAPOR AND THE ANU ARCHETYPES

The God Goddess of Water and Vapor would solicit the power of those of Anu or Pharaoh ancestry to propel their projects into motion. If those of this nature were seeking to build a dam, they would gather the power of those in positions of authority to back their choice and assign the laborers for the task. If those of this nature were seeking to construct a large net or boat for the purposes of gathering many fish, they would rely upon those in power to assign those who would help fulfill upon the goal. It is the nature of the Albyreon archetype to orchestrate others into a dream that they hold so that it will come to fruition in physicality.

THE GOD GODDESS OF WATER AND VAPOR AND THE ANU SLAVE ARCHETYPE

It is the tendency of the God Goddess of Water and Vapor to be subservient to those of Anu or Pharaoh ancestry and subordinate those of slave ancestry. Those of slave ancestry would often end up the laborers to those of this archetype and their vision of the project at hand.

4. GOD GODDESS OF EARTH AND LAVA

Related to the Element of Earth and the Inverse Element of Lava

THE GOD GODDESS OF EARTH AND LAVA AND THE RED NATIONS ARCHETYPES

It is the nature of those of the God Goddess of the Earth and Lava to enjoy construction projects of all types. Prior to the introduction of the Albyreon archetypal nature to the red nations' tribes, simple housing was the only housing many knew. As the Albyreon archetypes were added as the descendents of those that had crash-landed interbred with the red nations' peoples, suddenly the idea to create more elaborate housing became a part of the red nation dream.

What type of housing would these humans construct? Many mosques are an example of Albyreon construction. There is a desire for round architecture that is associated with those of this archetypal nature. Why round? The sacred geometry of the genetics that are Albyreon related is "U" shaped. Therefore anything round in human construction is associated with their dream. Anu architecture was rarely round but rather angular or pyramidal in shape due to their pyramidal sacred geometry.

The construction of roads and paths along with bridges that were wider and easier to use is a contribution of those of Albyreon nature. Prior to this time, the red nations peoples relied on foot paths often shared with other animals in their migration patterns for travel. Now due to the influence of this archetype, many were procured to create roads that were wider and easier to follow. In regions near the sea, crushed shells were added to the roads so that one could see them at night and in particular with a full moon and clear sky above.

THE GOD GODDESS OF EARTH AND LAVA AND THE GRAND MASTER ARCHETYPES

It was the nature of those of the God Goddess of Earth and Lava to seek out those of Grand Master archetype as spiritual advisors, friends and confidants. Those of these two archetypal natures would share sometimes in projects together.

THE GOD GODDESS OF EARTH AND LAVA AND THE ANU ARCHETYPES

It is the nature of those of the Earth and Lava nature to solicit the power of those in charge with Anu or Pharaoh ancestry to assist in bringing forth the larger construction projects that they dreamt of. Those in power would then assign laborers to fulfill upon the dream.

THE GOD GODDESS OF EARTH AND LAVA AND THE ANU SLAVE ARCHETYPES

Those of God Goddess of Earth and Lava nature generally are more empowered than those of slave archetype and tend to use those of this nature as the laborers in their creative projects and endeavors. Although the laborers may do all the work, it is often those of the Earth and Lava nature to receive the praise or honor for the design or dream of whatever is constructed. Praise and honor therefore is not a shared experience amongst all.

SUMMARY

We hope that each now perceives a clearer picture of the differences between archetypes and archetypal nature. One can understand the archetypal nature of others founded upon their nature, behavior with others and life interests and pursuits. If you had difficulty interpreting archetypes in the Chapter 1 worksheet,

then we invite you to complete this worksheet before moving on to the Chapter 3 worksheet.

The Chapter 3 Worksheet shall analyze the spiritual lessons behind the dance between human archetypes. In understanding the spiritual lessons of oneself, one's ancestry and those around oneself today, one will receive a clearer picture of what one is learning in association with one's ascension in this lifetime. In understanding the spiritual lessons behind the dance of life, it is easier to release the associated karma through forgiveness. In releasing the karma, a new life can then unfold that is free of the ties and patterning that has been unpleasant or difficult to experience in one's path. Then and only then can the dance of unity begin.

Blessings unto each reading and working with these materials.

Namaste
The Earth Mother

CHAPTER 3 WORKSHEET

THE DANCE OF THE ARCHETYPES

LEARNING THE SPIRITUAL LESSONS OF OUR HUMAN INHERITANCE

The Earth Mother through Karen Danrich "Mila"
April 8, 2005

Dear Beloved,

This worksheet accompanies the third chapter of our Community Workbook. This workbook is devoted to assessing the spiritual lessons of your human ancestors. Not all lessons will apply to all lives of those in this program. However the school itself holds individuals each of whom represents as a collective all spiritual lessons of the human species. This is so for Self Study and Group Mastery along with Community Programs. As such, karma for the entire human species can be released at events such as Intensives and Conclaves, as the group is a collective representation of all of humanity.

In our work together, there is an opportunity to understand the entire wheel of spiritual lessons that must be released in order to master full consciousness in ascension. One's future ancestors will be faced with the karma that one may not be able to release in this lifetime. In the understanding of the nature of the karma, a path towards full consciousness can be called forward for the future generations associated with oneself. This assures a path to this goal ahead.

Each in this program or reading these materials also has an opportunity to release all karma in one's birth tapestry allowing for a spiritual opportunity to work one's way off the reincarnation cycles of birth, death and rebirth. What exactly does this mean? This means that one's future ancestry will cease to be propelled into creating children that cannot ascend as the karma for non-ascension will be cleared in full from one's tapestry. This will allow for the selective creation of future generations with all the necessary information to ascend to full consciousness and beyond.

What is it to live a life that is karma free? This is what most humans long for; a life where there is no debt and where a dance of balanced giving and receiving along with unity can be called into the dance of life. This can occur only as one has completed with all karma in one's birth tapestry. As many in communities into the future complete with all birth karma, then there is an opportunity to map carve a different dance of life that can become the foundation of a new type of human civilization. This too is the purpose of this program. By highlighting all the karma, the karma one has agreements to complete with in this lifetime will be triggered so that one can fulfill upon this spiritual goal.

The largest contribution one can make to Earth or to one's species is to ascend. Through ascension and as enough of the body becomes crystalline, a strong enough kundahlini is constructed to push enough of the element of fire through the field to burn off contracts from prior lifetimes associated with one's inheritance. Karma is contracts; contracts are agreements that are remaining as they were made but never fulfilled upon in the given life of an ancestor. The shortened lifespan of the human species has left billions of unfulfilled agreements over time and related to each human at two strands of DNA.

As one ascends, one also pulls forward other lineages creating a template of 144 main branches within the tapestry of ancestry. It is in the releasing of all agreements in the 144 lineages that one works one's way off the wheel of reincarnation. It was as one's ancestry fell beneath 3000 strands in consciousness that reincarnation, as you know it was set in motion. As one works one's way back in time to this vibration, then all remaining contracts can be released allowing a different dance associated with the procreation of future offspring to take hold.

What will be the difference between reincarnation and this new type of future procreation? Reincarnation forces offspring to be born to fulfill upon unreleased agreements; sometimes the agreements cause the offspring to be sick or deformed. There is no selection of DNA that is consciously chosen in such a system. In essence, reincarnation is a mechanized form of procreation that is non-selective in the lineages and DNA chosen. This leads to much suffering of the human species.

The new form of procreation system will be that which was known only by the Grand Master inheritance in times past. This form of procreation is highly selective; lineages and parts of lineages along with DNA can be edited to create a particular type of human that can honor and co-exist in unity as well as ascend. This is the goal for all humans following this period of cleansing ahead; to allow all future generations of humans to have a conscious choice in the DNA and lineages chosen as an incoming child. This can only occur as all karma is cleared from all lineages that enforce a mechanized form of procreation.

Mechanized procreation is Anu-Slave karma. It was the Anu slaves that were mechanized to breed and become fertile once per month without choice. As the red nations peoples fell into the pyramidal energy flow, they were pulled into the same forms of procreation as the Anu slaves. This occurred as the Pharaohs stripped the red nations' peoples of genetic information to extend the Pharaoh lives. The red nations' peoples fell into the same patterning thereafter as the Anu slaves with procreation becoming a mechanized birth death and rebirth cycle due to the unfulfilled agreements from each life.

What were the unfulfilled agreements at cause of this type of procreation? Primarily this was the over taxation by the Pharaohs of their defeated populations. Each lifetime of red nation peoples that gave and gave and gave and were given little in return created a karmic debt so large that it is hard to measure. Much like the Anu towards their slaves, it is so large that it is off the scales, as you

think of them in human terms. The Pharaohs repeated this patterning due to their Anu inheritance increasing the debt of the Anu lineages yet again in a future time period.

In this time period, the same dance is occurring again with the same of Anu inheritance who have risen to power. However Earth has this time invoked a settlement so that the entire dance can conclude. This settlement may cause those of great wealth to donate and donate and donate to others of special causes that are of red nation interest to settle the debt that is so large. It may be this type of settlement that those desiring to co-create community can call into the dance for themselves to provide the necessary funds to purchase land and as well as the building materials to construct the community.

We intend now to highlight the primary spiritual lessons of the different eras of humans that have existed upon Earth over time. We hope that each enjoys working with this worksheet and examining one's personal life lessons that were drew forward in the choice to ascend at this time in history. Many drew these lessons forward at birth and have been living these lessons for a long time. Now is the time to release through forgiveness all the spiritual life lessons so that a new day can be born ahead.

Namaste
The Earth Mother

HOW TO WORK WITH THIS WORKSHEET

One first may wish to go through the spiritual lessons below highlighting those that pertain to one's personal dance of life in this lifetime. Then one can take the intentions and make them a part of one's firepot ceremony or daily intention list if one is working upon such patterning in present time.

Then Earth suggests that each read all the other patterns associated with the mirror that others present or the world mirror, and intend to release the patterning triggered that others are struggling with. Each has ancestry that has experienced all things; through the intention to release everything triggered, a more direct path to the goal of ascension will be created for one's future ancestry.

If judgment, anger, bitterness, pain or other emotions are triggered in this chapter and worksheet, allow for the process of catharsis. There is nothing wrong with anger and it is a response to being violated in one's inheritance or present life circumstance. Process the emotions and it will lead one ultimately to peace and forgiveness.

Namaste
Earth Mother



"Truth and Hummers" by Judith Roderick

SPIRITUAL LESSONS OF THE HUMAN DANCE

SEXUAL EXPLOITATION	
LESSON	INTENTIONS
<p>1. Sexuality is an expression of god goddess all that is within my being and can be experienced as much as I want and in whatever manner I choose without repercussions.</p> <p>Over time the Anu were inclined to use sexuality in an unloving manner including rape and sadomasochistic behavior that caused shame amongst the slaves and red nations peoples. Many confuse shame with love to this day as a result of the intertwining of sex and shame from the era of the Anu. Most forms of sexual abuse including rape and the abuse of children are a repeat of this karma in present time. In essence the parent becomes all-powerful like the Anu and the child like the slave and must subordinate to the rape or molestation.</p> <p>In the era of Pharaoh Tut, the large headed women took on the shame disowned by the others enjoying their sexual encounters. The result was shame of their bodies and shame of sexuality that became recorded in the DNA in this time period.</p> <p>Sexuality that does not love, does not honor or strips the life force of others or humiliates is an inversion of true spiritual law. Real sexuality is an expression of god goddess in form that allows for the experience of communion with nature and soul along or between two or more. Sexuality therefore is unlimited in its expression when constructed out of love.</p>	<p><i>I intend to forgive the Anu for their abusive and sadomasochistic sexual behavior towards my slave or red nation ancestors.</i></p> <p><i>I intend to release all karma for the misuse of sexual energy and knowledge in my ancestry</i></p> <p><i>I intend for forgive all ancestors who raped women or sexually abused children in their lifetimes.</i></p> <p><i>I intend to release the shame-based tones of creation that cause me to be embarrassed or condescending towards my physical body or judgmental towards another's appearance.</i></p> <p><i>I intend to release all fear of moving my sexual energy to allow for communion and continued evolution.</i></p> <p><i>I intend to forgive any form of sexual experience that was less than loving in this lifetime.</i></p> <p><i>I intend to create a form of sexuality that honors the god goddess in form of each participating in the exchange.</i></p>

2. Sex appeal and beauty are the most important attributes of my physical plane existence.

Innana and Zeus were very vain.

Appearance meant everything to a point of going to great lengths to offset the process of aging including the life extension practices of consuming the blood and sacrificing other humans. Cosmetics of many kinds were developed for Innana in particular after she turned 13,000 years of age.

The Anu slave nations and in the height of slave civilization also revered those who were beautiful in the physical placing them upon pedestals as famous actors, singers, politicians, educators or spokespersons. Such slave humans also became vain over time.

Up until the era of the Pharaohs, the red nations peoples did not know vanity. They had not the technology to create mirrors to look at themselves; and it is not a part of their genetic nature to be concerned about personal appearance other than daily bathing. During the era of the Pharaohs this all changed due to not only forms of glass that created mirrors that the larger headed humans could look at themselves within, but also due to the nature of the sexual exploitation during the era of Tutt. During the era of Tutt beauty became more important than spiritual awareness, which affected primarily the large headed women in particular upon Pharaoh Island.

Real beauty is an internal state of being in which one's soul shines through the eyes of human form. Such beauty cannot be created from a soulless state of being or from outside of the expression of communion. Real beauty cannot be simulated with cosmetics or clothing.

I intend to release all karma for vanity and arrogance over physical beauty in my ancestry.

I intend to release all karma for feeling non-beautiful in my ancestry.

I intend to forgive my ancestors who were vain and perceived themselves as greater than as a result.

I intend to transcend the vibrations of judgment through which one assesses another as greater than or lesser than over any attribute including beauty.

I intend to transcend the karma for placing anyone upon a pedestal over beauty or charm. I intend to cease to put myself upon a pedestal for any reason.

I intend to allow the love of god goddess in form to bathe my cells so that love may emanate from within.

I intend to pull my red ancestor experiences of non-vanity forward into present time. I request that they teach me to exist in unity and acceptance of all others as they are and to learn to embrace myself as I am.

I intend to master real beauty in this lifetime allowing the love of god goddess to shine through my eyes and form.

I intend to see the god goddess within and beauty in all others and all other kingdoms.

3. It is acceptable to create life through the sexual energy flow.

The red nations peoples were derived from the DNA of Sirian scientists that was paired down and incubated upon a spacecraft laboratory and then seeded upon Earth.

Merduk also utilized the sexual energy flow of Innana and Zeus to create "life". The creation of life involved the Anu Slave Race incubated from half red and half Anu DNA; it also included half Grand Master half Anu "masters" that were incubated by Merduk. Merduk further manipulated the DNA and holograms of the nature kingdoms in attempting to blend human form with animal, dolphin and whale forms. This caused a fracturing of the nature holograms and a loss of consciousness as well.

In reality it is not appropriate for humans to utilize sexual energy to create life or manipulate other life forms; it is only appropriate for humans to participate in sexual energy for the purposes of communion with Earth, nature and one's soul.

Humans will never create life in the same wholeness as a consensus would create. It is through the incubation of human life that the human hologram became so fractured that such great loss of consciousness is now a part of the human dance. In the loss of consciousness, humans destroy the consensus that they are a part of rather than supporting life and evolution home. The creation of life is reserved for the forces working behind the holographic blueprint. With a complete hologram a complete set of genetic records is used in the creation of all life. The only way out of the loss of consciousness that the human species has caused is to restore the hologram to its original wholeness and then allow the hologram to generate all life.

I intend to release all karma for how my ancestry participated in the creation of human "life" in a laboratory.

I forgive the Anu and Red Sirian scientists for incubating human life in a laboratory that was less than a full holographic blueprint.

I intend to allow all future ancestors to be conceived under the direct guidance of the human hologram and consensus known as Earth that I am a part of.

I intend to allow my sexual energy only to be used for what it was designed for in holding the communion between the physical and nonphysical.

I intend to release all karma for how destruction has become a part of the human dance due to the fracturing of holographic nature.

I intend to forgive the Anu for manipulating the DNA of the animal and aquatic kingdoms causing a fall in consciousness of their species.

I release all karma for participating in parallel laboratory experiments or manipulating of nature throughout my ancestry.

I intend that humanity cease to manipulate the DNA of any species along with the human species into the future and learn this spiritual lesson in full.

4. It is acceptable to destroy life in the sexual energy flow to extend the life of another.

Merduk and Zeus created a series of sacrificial rituals with the slave nations humans to extend their lives that involved the breeding of specific lineages for this purpose. Later Zeus II learned that he enjoyed killing these slaves in the height of an orgasm and Merduk agreed that this passed the karma for death upon the slave nation in greater ease. This causes death and sexuality to become intertwined, and is a vast dishonoring of physicality.

The Pharaohs also participated in sacrificial rituals towards the end of their reign. It was Pharaoh Tutankamen that instigated rituals for his own life extension. These rituals involved many beautiful small-headed virgins that were sacrificed in his temple in his name to extend his life. This worked to a certain extent as Tutankamen lived until 900 years of age without aging and without movement of sexual energy.

In present time, there are no publicized sacrificial rituals. Sacrifice of animals in temples does occur however in some regions such as South America. The theory is that if the animal blood is spilled that there will not be human violence and warfare. In essence the karma for warfare and violence is transferred on to the nature kingdom that is being sacrificed and takes it on.

Life is not created to be sacrificed. In a state of holographic wholeness, there is no requirement to sacrifice one life to sustain another. If there is holographic resonance all living things support and sustain one another in a symbiotic form of relationship. Therefore the need to sacrifice anything ceases as the holographic wholeness and resonance is restored.

I forgive the Anu for their sacrificial rituals of my slave ancestry in order to extend their lives.

I intend to release all karma for sacrifice in my ancestry. I intend to forgive those who participated in the dance of sacrifice and those who were sacrificed.

I intend to forgive my ancestors for using sexuality and sexual energy to destroy others.

I intend to forgive any ancestors that participated in the sacrifice of animals.

I intend to forgive my ancestors for pressing death karma on to nature through the use of sacrificial rituals of animals.

I intend to release all karma for how death and sexuality has become intertwined.

I intend to embrace a form of sexuality that honors and is founded upon love and supports the communion with Earth, nature and my soul.

I intend that humanity learn to honor all of life.

I intend holographic restoration to a state of resonance in which symbiotic relations can emerge in my life dance and for all of humanity.

5. It is acceptable to have many sexual partners or husbands and wives in a given life.

Zeus had many sexual partners in his lifetime without his wife Athena's awareness. Infidelity breeds non-trust and non-unity in a relationship. Innana also had many sexual partners and husbands. Over an 800-year period, Innana married 800 different slave men to regenerate herself and also out of spite to David. After David died the marriage rituals continued until towards the very end, Innana became so angry with her last two "husbands" that she had them beheaded. News rapidly went around the slave nation that this had occurred and no further men showed up to wed her thereafter. Zeus and Innana utilized their sexual energy not only to rejuvenate and regenerate themselves but also to penetrate Earth's field and strip grid work, chi and moving energy systems from her and the nature kingdoms. Zeus and Innana further stripped the slave nation of chi, moving energy systems and grid work through their sexuality and marriages. In reality, sexuality shared between humans is a sacred act that can have benevolent energies shared with the consensus within which one resides. Humans can share in the sexual exchange between beloveds and the nature kingdoms for an experience of ecstasy and in support of the overall energy flow of the planet.

I forgive the Anu for their use of sexual energy to extend their lives

I intend to release karma in my ancestry for using sexuality to extend the lives of some ancestors; or strip some ancestors of chi so that they experienced a shortened lifespan.

I intend to transcend the belief in marriage as ritual that allows those of Anu inheritance to strip couples of their chi, moving energy systems and grid work.

I intend to release karma for non-sacred marriages that are non-love based.

I intend to create another form of marriage in this life or in a future life, whether it is heterosexual or homosexual in nature, in which each honors the other and chooses to ascend and evolve together.

I intend to create a loving union in this lifetime or in a future lifetime that honors my partner, the earth mother, the nature kingdoms and myself.

I intend to share my sexual energy flow with nature whether or not I am in partnership in this lifetime; in so doing I can create experiences of belonging and being loved as well as contribute my energy flow to the ascension of the whole.

PROSTITUTION AND USURY

LESSON	INTENTIONS
<p>1. It is acceptable to use other humans as slaves and as slave labor, taking and giving nothing in exchange.</p> <p>Both the Anu and the Sirian scientists bred a human slave nation, but for two different purposes. The red slave nation was to show the Sirians what human genetic packages could survive upon Earth in case of the requirement of relocation due to nuclear warfare. These slaves were not for the purposes of usury, but the Sirians did create agreements with the Pleiadians that they could use this slave nation to mine gold. Alas the slave nation would not work for the Anu and so the Anu bred another slave nation that would be more docile and subordinate to mind the Anu.</p> <p>The Anu incubated the slaves with their own DNA and a portion of the red DNA taken from the Sirian seeded humans. The end result was a human that could be used, prostituted, destroyed at will, and would not rise up against the Anu regardless of how difficult or painful the circumstance. Breeding humans for the purposes of enslavement is a vast transgression of the original human blueprint, and causes a slavery of the entire consensus and all incarnate therein, plant, animal and mineral, dolphin and whale as well as human. Human form is a sacred form that was designed to participate in the consensus reality that they belong unto as a fully conscious partner. Full consciousness is a state of being in which there is enough awareness to work directly with the nonphysical realms to maintain a consensus that one resides upon.</p>	<p><i>I intend to forgive my Sirian ancestors for the mutilation and misuse of the human hologram to create a less than whole human.</i></p> <p><i>I intend to forgive my Anu ancestors for breeding a human being so paired down that they exist in fear and subordination along with slavery.</i></p> <p><i>I intend to release all karma in my tapestry of ancestry for being enslaved in any manner, in both Anu and Red nations lineages.</i></p> <p><i>I intend to cease to subordinate unto another and choose to retrieve my power to ascend into a whole and complete state of being.</i></p> <p><i>I intend to retrieve and reweave the human hologram into its whole and fully conscious state of being.</i></p> <p><i>I intend that my future ancestors and I become working partners with earth and nature to evolve and ascend.</i></p> <p><i>I intend that humans learn this lesson and cease to pair down human DNA or holograms into the future.</i></p> <p><i>I intend that humans come to understand that their form is sacred and is to be restored unto its whole and complete nature.</i></p>

2. It is acceptable to view humans of certain ancestry or economic class as sub-human or chattel.

The Anu perhaps more than the Sirian scientists viewed their slave nation as sub-human or chattel. Slave humans could be created and destroyed at will; slave humans could be starved, beaten, tortured, and exterminated en mass. Slave humans could be used to extend the lives and put into the misery of death, disease and annihilation. The slave nations could be used to fight the wars of their "gods".

Any time a part of the consensus falls into chattel position that can be tortured and used, the entire consensus falls into parallel thought-form. Due to this patterning of the Anu, Earth also fell into becoming "chattel" in association with other star systems who have then used Earth in many ways to extend their own existences.

Present day humans further treat nature and the nature kingdoms such as farm animals as chattel to be tortured in poor living environments and then killed and consumed at will. Earth is further viewed as a reality to be consumed, sold off, used, polluted, mistreated and dishonored. Physicality, whether of plant, animal, mineral, dolphin, whale or human form, is not worthless, useless, unaware substance to be destroyed or mutilated at the will of another. Physicality is to be honored, cherished, loved, and fostered to evolve; ultimately physicality is to be ascended "home" and reunited with the nonphysical when complete with all the lessons that the physical was designed to teach.

I intend to forgive my ancestry for treating other humans as worthless chattel.

I intend to forgive my ancestry for treating other humans as sub-human and worthy of torture, mutilation, extermination and starvation.

I intend to forgive the Anu for fostering the pattern of the sub-human or human chattel.

I intend to forgive the Anu for torturing and annihilating my ancestry.

I intend to retrieve the power and truth for all ancestors that felt as chattel in their lifetimes.

I intend to forgive my ancestry for treating the nature kingdoms and animals as chattel to be used, tortured and consumed.

I intend to forgive my ancestry for perceiving Earth as a region of domain to be destroyed, polluted, sold off, mistreated and dishonored.

I forgive my ancestry for perceiving Earth and nature as non-living and subordinate creatures that are non-alive and unaware.

I intend to build a conscious relationship with Earth and nature that honors all kingdoms including my human brothers and sisters.

3. It is acceptable to build one's truth at the expense of others.

The Anu and Sirian Elite alike chose to take from humans upon Earth to fulfill upon their spiritual goals. For Sirius, the goal was ascension and it was acceptable to press their karma and density upon Earth destroying the Grand Masters that Sirius seeded. For the Anu, it was acceptable to strip the slave nations and the red nations peoples of their truth to extend the Anu lives. Later the Pharaohs chose to strip the truth of the large headed Mahavishnu, as well as the nature kingdoms in the mummification process to extend the Pharaoh lives.

In present time, gurus or pharaohs of all interests strip the truth of those that follow the gurus. If the truth of those that follow the gurus is to ascend, they take the truth and the path of ascension fails to be fulfilled upon. Instead the life of the guru is extended.

Truth is a sacred expression of each unique hologram. Each hologram has a truth to be freely expressed. Distortion occurs as truth becomes intertwined to a point where no species or kingdom remembers how to evolve or find their way "home".

It is through the squandering of truth that each consensus has failed to return home to the great central sun when the opportunity to do so arose in each evolutionary cycle. It is through the blending of truth that humanity and especially those of Grand Master inheritance have lost their way and have been unable to find their way out of the maze of distortion created in such an experience. Now through ascension, truth may be clarified and purified such that each becomes more aware of one's path and journey "home" in this lifetime.

I intend to forgive my Sirian ancestors for seeding humans and then stripping the truth that had been seeded for the Sirian purposes of ascension.

I intend to forgive my Sirian ancestors for depressing karma that they failed to release in their own ascension upon my ancestry. I intend to return all such karma now.

I intend to forgive the Anu for stripping the red nations and grand master humans so that they lost their truth and were unable to ascend out of the distortion that they went into.

I intend to retrieve the truth of my red nation ancestry from each of Anu or Pharaoh ancestry that took it in the dance of my ancestors or in this lifetime.

I intend to return the truth of any other that was procured over time now or in my ancestry.

I intend to purify my truth and walk my own path in this lifetime and through ascension.

I intend to retrieve my holographic truth and purify it to a point where my future ancestors and I are capable of ascending home to the Great Central Sun.

4. It is acceptable to use the elements of air, water, fire and earth for purposes other than those that sustain life.

Merduk obtained control over the elements through the consumption of the truth of those of Grand Master inheritance. Through such knowledge Merduk utilized the elements to extend his life at the expense of the destruction of the red nations peoples, nature and Earth. Merduk also used the control of the elements to breed the life of the Anu slaves in a laboratory with a less than whole hologram. He also used the elements to breed the half human half animal life forms that put all of nature into great pain. The Pharaohs and Sorcerers of a later time period may not have had the laboratory of Merduk but utilized the elements nonetheless to manipulate others and nature. They also used the elements to further fracture Earth's dream into another and deeper fall in consciousness. The manipulation of the elements is a vast misuse of spiritual knowledge. The knowledge of working with the elements comes from those Grand Masters that had mastered spiritual law. The Grand Masters never used this information to harm the consensus of Sirius or Earth; they used it only to support life. The elements of air, water fire and earth are sacred consciousness that is designed to support all life forms. The elemental realms are conscious attributes of the Tao devised to hold consensus realities together through the dance of holograms. As such, they are not to be tampered with or used to harm or destroy life.

I forgive the Anu for procuring spiritual knowledge from the Grand Masters and manipulating all of Earth with it.

I intend to forgive the Anu for manipulating the elements of air, water, fire and earth to a point that they have ceased to sustain life in physicality.

I intend forgive my ancestry for participating in this dance in whatever way that they did.

I intend to release all karma in my ancestry for the misuse of the spiritual knowledge and the elemental realm.

I intend to retrieve all spiritual knowledge from my Grand Master inheritance procured by the Anu or Pharaohs over time.

I intend to use all spiritual knowledge only for the purposes of ascension home.

I intend to restore the elements to their original structure and function so that they sustain life, health and are capable of supporting the return journey of ascension "home" to the Great Central Sun.

IMPRISONMENT

LESSON	INTENTIONS
<p>1. It is acceptable to imprison others through thought-form manipulation. The Grand Masters were seeded with select keys missing along with missing thought-form required to ascend so that they would be imprisoned in a destructive cycle upon Earth in polar counterbalance to an ascension cycle upon Sirius. Dolphins and whales were also seeded upon Earth in parallel manner with keys missing to prohibit ascension of their species. It was due to a lack of keys that the dolphin-whale kingdoms stripped the Grand Masters throwing them into the earliest distortion known upon Earth. The dolphins and whales were only seeking information on how to ascend that had been stripped by the Sirian scientists that seeded them. All of this was created to trap Earth in a destructive cycle.</p> <p>In parallel, the Anu chose to selectively limit the thought-form that their slave nation would exist within. Underlying the thought-form was the desire to restrain these humans in an endless prison that they could never evolve or ascend out of. The capacity to ascend or evolve was deliberately removed and the holograms separated off so that there would be no interconnection that might provide the information that was missing.</p> <p>Consensus realities are not designed to be imprisoned by other creations that utilize their will to determine the fate of another. Creations were designed for the experience of being the dreamer and the dream; to dream weave one's experience and then exist to experience what one has dreamt. Creations are also designed to "ascend home" when the cycle of learning is complete.</p>	<p><i>I intend to forgive the Sirian spiritual elite for deliberately creating a human form without all keys for ascension.</i></p> <p><i>I intend to forgive my Sirian ancestors for setting up the Grand Masters for a fall in consciousness and a destructive cycle.</i></p> <p><i>I intend to forgive the Anu for deliberately creating a human form that also cannot evolve or ascend.</i></p> <p><i>I intend to forgive my ancestry for participating in the trapping of humans in imprisoning thought-form, including providing DNA to incubate the Anu slaves.</i></p> <p><i>I intend to retrieve all my keys from my Sirian red ancestors so that my future ancestry and I can ascend.</i></p> <p><i>I intend to release all karma for the slave lineages that I hold in my tapestry of ancestry so that these lineages can be phased out of the future generations yet unborn.</i></p> <p><i>I intend to cease to manipulate the dream of another as well as to allow others to manipulate my dream.</i></p> <p><i>I intend to become the dreamer and the dream again.</i></p> <p><i>I intend to ascend home as my cycle of learning is complete.</i></p>

2. It is acceptable to defer karma upon others to experience a karmic free life.

The Anu deferred their karma for death, disease, hatred, and warfare upon the slave nations. The slaves then acted out karma that was not really of their own inheritance. Wars developed between the slave nations and the red nations as a result of this karma. Disease became rampant amongst the slaves the longer that the Anu lived. Slaves began to hate one another or the red nation's peoples and sometimes even the Anu themselves as a result of the karma for hatred depressed upon them.

In a later time period, the Pharaohs of Ancient Egypt repeated the pattern of the Anu deferring their karma upon the red nation's peoples to extend the Anu lives. This caused a cycle of disease and suffering that was not really the red nations peoples cause to experience.

The Sirian spiritual elite deferred their karma upon Earth and 24 other creations to create a karma-free existence. Karma free existence can be created without the deferment of karma, but requires real transmutation and learning all spiritual lessons created in a particular existence. Instead Sirius chose the quick and easy way "out" and pressed their karma elsewhere to create a karma-free existence in another dimension.

Karma-free existence may be pleasant to live within as a consensus or as the Anu or as the Pharaoh; however it insures the suffering of all others and all other creations that one has deferred one's karma upon. For karma that is not one's own cannot be released or transcended. This insures that the suffering created through the karma repeats and repeats in those creations it was deferred onto until it is returned to the creation of origins.

I intend to forgive my Sirian ancestors for deferring karma for nuclear warfare upon humans upon Earth.

I intend to forgive the Anu for deferring their karma for death, disease, hatred and abuse upon red nation's peoples and the slave nations alike.

I intend to forgive my ancestry for participating in the game of karmic deferment.

I intend to return all karma that belongs not unto my human ancestry upon Earth to the creation of origins.

I intend to return all karma that does not belong to my lineages in my tapestry of ancestry to those lineages that incurred the debt.

I intend to retrieve all karma that is the rightful cause of my ancestry and release it through forgiveness and ascension.

I intend to release all karmic cause that I can in order to create a complete ascension in this lifetime.

I intend to create a karmic-free existence through real transcendence and real ascension "home".

I intend to end the cycles of repetitive karma with no end that has occurred throughout time and space and form in my ancestry.

3. It is acceptable to manipulate the dreams of others to obtain a better life for oneself.

The Anu manipulated the dream of the red nation's peoples to create a slave nation and give birth to the incubated lives. This depleted the red nation's peoples of enough dream leading to experiences of lack into the future. The Anu further manipulated the dream of the large headed Grand Master offspring to extend the Anu lives by stripping the dream for ascension from Grand Master holograms. Over time the Anu also stripped the dream for life from their slave nation. As such, the slave nations fell and fell in lifespan, genetic materials and into disease. In a later time period, the Pharaohs stripped the dream of the red nation's peoples and Grand Master descendents to extend their lives. In parallel to the slave nations, the red nation's peoples fell and fell in lifespan, genetic materials and into disease. Dream does not require manipulating if one understands how to weave a dream. If one really understands how to weave a dream, one can have as much dream as one desires without taking from others. When one species begins to hoard dream it creates lack for all other kingdoms. As humans fell into lack, so did nature and the end result was deprivation and starvation over time. Deserts are representative of those regions starving upon Earth's skin.

The Grand Masters knew how to weave dreams but this information was stripped by their Sirian forefathers to insure a decline into density in counterbalance to Sirian Ascension. If Sirian Spiritual Elite had really understood how to dream weave, they would never have required displacing their density elsewhere; they could have woven a dream for ascension free and clear and of their own freewill choice, just as earth is doing in this time period.

I intend to forgive my Sirian ancestors for manipulating the human dream upon Earth.

I intend to forgive the Anu for manipulating the red nation and Grand Master dreams upon Earth.

I intend to forgive my ancestry for participating in the dance of dream manipulation to create a better life.

I intend to release my karma for how my ancestry's dream for life and ascension was lost so that I can ascend home to the Great Central Sun.

I intend to release the karma for how ascension knowledge has been misused for the purposes of life extension.

I forgive my ancestors who gave of their dream of ascension to extend the lives of the Anu or Pharaohs.

I intend to retrieve all dream weaving knowledge that is a part of my original holographic human blueprint from within the Tao.

I intend to learn how to dream weave so that there is no experience of lack into the future.

I release all my karma for poverty and lack that is due to a lack of dream in my ancestry.

I forgive my ancestry for stripping dream of others to accrue great wealth thereby causing great poverty in the lives of others in exchange.

I intend to master balanced giving and receiving in this lifetime.

CODEPENDENCE

LESSON	INTENTIONS
<p>1. It is acceptable to cause others to go into imbalance to retain one's own balance.</p> <p>The Anu relied upon outside energetic systems held in motion within the pyramids to retain some semblance of balance. As the ice shields broke and the pyramids sank below the ocean floors, the Anu turned to relying upon their slaves for stability. To the degree that the Anu retained stability and balance, to the same degree their slaves went into a state of imbalance that lead to disease, warfare and a shortened lifespan. Over time even the slaves were not enough and the Anu hooked into Earth and the red nations' peoples to stabilize themselves. This threw all of Earth into such instability that another fall in consciousness resulted; over time the Anu could not retain balance due to the sliding vibrations of Earth, and they went insane leading to the nuclear annihilation of Earth. The nuclear annihilation was the greatest experience of instability that Earth has ever known before or since.</p> <p>In reality, balance is a holographic right of being. Everything in the hologram of each species is designed to lead to balance so that regeneration and life can thrive. It is only when one seeks to depend upon others for balance that the imbalance of other kingdoms is assured. Holographic fields are not designed for codependency. Each within the consensus is designed to hold one's own; as each holds one's own in balance and in a state of stability, the whole of the consensus can remain in balance and thrive as well as ascend "home".</p>	<p><i>I forgive the Anu for throwing Earth out of balance due to their non-resonant holographic energy flow.</i></p> <p><i>I forgive the Anu for stripping Earth of her stability to stabilize themselves and extend their lives.</i></p> <p><i>I intend to release all karma associated in my ancestry that participated in this dance.</i></p> <p><i>I intend to release all patterns of codependence in my ancestry.</i></p> <p><i>I intend to cease to stabilize others.</i></p> <p><i>I intend to cease to rely upon others to stabilize myself.</i></p> <p><i>I intend to learn to hold a sovereign field that remains in balance of its own accord.</i></p> <p><i>I intend to focus upon my field rotation through daily meditation time for the purposes of balance and stability.</i></p> <p><i>I intend not to rely upon Earth to stabilize and balance my field for me.</i></p> <p><i>I intend to take full responsibility for my ascension and my own grounding, connection to source, and rotation of field. In so doing, I can contribute to the stability and ascension of the whole.</i></p>

2. It is acceptable to draw upon the information, grid work and moving energy systems of others.

After their pyramids sank, the Anu fell into such great distortion that they began to age. The aging was the result of distorted grid work and energy flow that could not be purified without the use of the pyramids. Instead of returning home at this juncture, they chose instead to try and repair their fields by stripping their slave nations of the necessary energy systems to purify themselves. This threw the slave nations into distortion and disease. Over time the slave nations became too distorted and the Anu reached for the red nation energy flow along with Earth and the nature kingdoms to purify themselves. The red nation and Earth held a very different flow and attempting to blend the two lead to insanity of the Anu and a fall for all of Earth.

As the Pharaohs came to power, they were of the same holographic nature as the Anu and repeated the same dance of stripping grid work, moving energy systems and information from the red nations' peoples to extend their lives. The Anu was of the wrong holographic nature for Earth.

Holographic nature that is resonant with the creation it exists within is self-sustaining. Holographic nature knows how to create one's own field and purify it to retain oneself in non-distortion. As other holograms have entered the dance upon Earth, it has lead to one kingdom stripping another to sustain itself. As humans of the wrong holographic nature have entered the dance, it has lead to other creations stripping Earth through humanity. This is why earth has had such a rapid and large fall in the short time period humanity has existed within her consensus.

I forgive the Anu for raiding my slave and red nations' ancestors of grid work, moving energy systems and information to sustain balance and their life extension practices.

I intend to forgive my ancestry for allowing humanity to be used to strip the grid work, moving energy systems and information of Earth.

I intend to cease to take of the grid work, moving energy systems and information (Language of Light tones of creation) of others to sustain myself in balance.

I intend to cease to give of my grid work, moving energy systems and information (Language of Light tones of creation) to sustain others in balance.

I intend to retrieve my holographic knowledge for how to maintain and reweave my own grid work, moving energy systems and field.

I intend to retrieve my holographic knowledge on how to purify the Language of Light that I have embodied to date.

I intend to clear all karma for foreign lineages, DNA and holograms that are a part of my inheritance so that they may be removed in time from the holographic planes.

I intend to retrieve all holographic information necessary to ascend.

3. It is acceptable to walk the path of another if one prefers that path to one's own.

The red nation's peoples had a path prior to the arrival of the Grand Masters. As some of the Grand Masters chose to ascend some of the red nation's peoples, the red nation's peoples went into competition with their teachers and desired their path as the red nations own. In so doing, they stripped the information of their teachers causing them to fall into such great distortion that most died in a short time period. As such the grand masters lost their path to the red nations peoples.

The Anu came to Earth from the wrong creation and really had no path upon Earth. The Anu went on to steal a path of ascension from the Grand Masters so that they could and fulfill upon their goal of life extension. As such the Grand Masters again lost their path to the Anu. Merduk further procured the path of the red nations' peoples in the stripping of their dream to create the Anu slave nation. This caused the paths of the slaves and the paths of the North American Indian root race to become intertwined.

Pure holographic nature in a resonant creation creates clarity of path and dream. As the path is clear, each in the dream lives a path that leads to evolutionary fulfillment. The intertwining of paths creates distortion and falls in consciousness for there is not enough clarity to perceive the correct direction for evolution. The intertwining of paths comes from the blending of holographic natures from variant creations and star systems.

As the foreign holographic natures are removed from Earth, clarity shall again return for all paths that shall then lead to evolutionary fulfillment of each kingdom and the whole of Earth.

I intend to forgive my ancestors for losing their path and way.

I intend to forgive those ancestors who from arrogance and greed took the path of another.

I intend to forgive those ancestors who gave their path away to another desiring their journey.

I intend to forgive those ancestors who distorted the path of ascension into a path of life extension.

I intend to uncover and discover my path of ascension and walk my own journey in this lifetime without the requirement to give my path to another.

I intend to cease to codependently carry others down my path of ascension.

I intend to cease to be codependently carried down the path of another.

I intend to separate from the paths of others so that I may discover clarity of my own sovereign journey that is a reflection of my inner truth.

I intend to cease to be jealous or critical of the paths and journeys of others.

I intend to cease to be arrogant or judgmental of my own path and journey.

I intend to embrace my journey and myself as it unfolds, day by day.

ARROGANCE

LESSON	INTENTIONS
<p>1. It is acceptable to perceive oneself as “better than” or “greater than” another.</p> <p>The Grand Masters could not help but perceive themselves as more spiritually aware than the red nations smaller headed humans upon arrival upon Earth. After all, Sirius civilization was founded upon a two-class system and the spiritual elite had the power to determine the dream and fate of their smaller headed counterparts. This caused a two-class system to result upon Earth after the arrival of the Grand Masters. Up until this point the red nation’s peoples lived in a state of equality with one another. Over time and from jealousy, the red nation’s peoples desired the grand master knowledge. What followed was a raiding of the grand master fields on the part of the dolphin and whale kingdoms (who were also jealous of the knowledge) and the red nations peoples. This lead to the death of the grand masters. The Anu arrived upon Earth perceiving themselves greater than the red nations peoples along with the grand masters descendents. From the Anu belief in superiority, it was acceptable to use each of these human forms for their own goals. The Anu then went on to breed a race of humans that were classified as sub-human or chattel, the ultimate to be superior over. In holographic balance, there is no greater than or lesser than. Each has a place in the whole; each place is as necessary to the next for the whole to remain in balance. As each in the whole holds their place in equality, then balance can be sustained. One can see in this that the two-class system leads to imbalance over time.</p>	<p><i>I intend to forgive my red nations ancestors for participating in a two-class system.</i></p> <p><i>I intend to retrieve the knowledge of living in equality and unity that my red nation’s ancestors understood before the arrival of the Grand Masters and the Anu.</i></p> <p><i>I intend to release all karma for a two-class system in my ancestry.</i></p> <p><i>I intend to embrace equality in the dance of life.</i></p> <p><i>I intend to relate unto nature and Earth in equality, unity and joy.</i></p> <p><i>I intend to transcend jealousy over any other path or purpose that another holds in the dance of life.</i></p> <p><i>I intend to cease to perceive myself as “greater than” any other.</i></p> <p><i>I intend to cease to perceive another as “greater than” myself.</i></p> <p><i>I intend to cease to perceive myself as ‘Lesser than’ for any reason.</i></p> <p><i>I intend to cease to perceive any other as “lesser than” myself.</i></p> <p><i>I intend holographic balance.</i></p> <p><i>I intend to find my place within the whole and embrace it as my path in unity and joy.</i></p>

2. It is acceptable to dominate by putting others into fear.

In the beginning, the Anu arrived upon Earth and felt in fear for their existence. Earth was a vast jungle with unfamiliar wildlife. From their fear, the Anu chose to dominate Earth. They constructed compounds of their own lavish wares with parks filled with their own Pleiadian plants and wildlife. This they were familiar with and therefore comfortable; through the domination of nature the Anu worked their way out of their fear of Earth. As the slave nations grew in numbers, the Anu once again went into fear; fear that the slaves who outnumbered them 100 to 1 would overthrow their power, as after all, this is what the Anu would do in the slave position. In essence, the Anu did not trust their own genetic manipulations to restrain the slaves in subservience. At this point, a change in relationship between the Anu and their slaves occurred; the Anu chose to use technology to create images of multi-headed monsters surrounding the Anu compounds to frighten the slaves. This is where the myths of the multi-headed creatures slayed by Hercules comes from; they were not real but fabricated projections to retain the slaves in fear. Indeed this worked for a long time and until all devices ended up under the ocean along with their pyramids. In resonant holographic systems, there is no fear and there is no need to dominate in fear. Each has a place in the whole and as such feels safe and taken care of; fear really comes from being outside of the whole. The Anu existed outside the whole and were in fear as a result. The Anu slaves were outside of the whole and likewise existed in fear. The red nation's peoples did not understand fear until the era of the Pharaohs where vibrations were used to restrain them in subservience so that they would not create an uprising against the governance of the time; much like the Anu and their monster projections.

I intend to transcend the vibration of fear. I intend to bring forward into present time those relations from my red ancestry who lived without fear.

I intend to forgive the Anu for existing in fear of the natural world.

I intend to release all karma for my ancestry who was in fear of the natural world.

I intend to forgive the Anu and Pharaohs for deliberately placing the populations in fear to control them.

I forgive my ancestors who dominated by placing others into fear or subordinated to the fear of others.

I intend to retrieve my power from all perceived forces now and throughout my ancestry that restrains me in fear, whether they are personal, regional, national or international in nature.

I intend to transcend the belief that the fabricated "demons" created through technology is real.

I intend to create an ongoing relationship to Earth, nature and my soul that allows me to feel safe, provided for and free of fear.

I intend to master a state of groundedness and communion through ascension.

I intend to retrieve my hologram so that I have a holographic place within Earth's dream and the dream of the Great Central Sun.

3. It is acceptable to use the fear of rejection or non-love as a modality of controlling others.

The early red nation's peoples knew not rejection. All were accepted in the tribe regardless of stature or condition. It was only as the Anu stripped a portion of their genetic materials to create an incubated slave race that the red nations peoples began to experience non-love in their tribal relations. As non-love occurred, some might be rejected and either be left to starve to death in the woods or relocate to live with another tribe. The Anu rejected the red nation's peoples as barbaric and uncivilized. Those of red nation archetype that came to live with the Anu such as Persephone or Rosetti never really were embraced as family members although they lived alongside the Anu. Underlying their relationships was always a sense of rejection or not being fully loved and embraced, as their ancestry had known in red nation tribal circumstance. The manner in which each of their lives concluded, one through suicide and the other through murder compounds this sense of rejection and non-love. The Anu used the slaves and rejected them through shame, blame, sacrifice, torture, death and destruction along with annihilation. The lack of cellular love in the slave nation lineages is acute as a result of these collective experiences. These types of experiences anchor a deep wounding that the physical is undesirable and never enough, along with worthy of punishment for having done something wrong. Holographic nature only knows love. Love is an internalized state of being that is cellular. From cellular love, cells regenerate and wish to live; from cellular hatred cells become sick and diseased and wish to die; hence the foundation of disease along with heartache in the current human paradigm.

I intend to forgive the Anu for their inability to love.

I intend to forgive my ancestors for their inability to love.

I forgive those ancestors that rejected others out of fear or the desire to manipulate and control.

I forgive those ancestors who were rejected and experienced heartache as a result.

I intend to heal the wounded heart in this lifetime.

I forgive those who rejected me in this lifetime.

I forgive myself for rejecting others in this lifetime.

I intend to release the karma for my slave ancestors who suffered deep rejection due to the manner in which the Anu treated them.

I intend to release the karma for my red ancestors who experienced rejection due to genetic manipulations of the Anu.

I intend to release all records of cellular non-love and embrace the love of the Tao throughout my embodiment.

I intend to release all belief in original sin and being worthy of punishment for any reason.

I intend to embody a regenerative cellular structure in this lifetime.

I intend to release all karma for disease and heartache.

RELATIONSHIPS

LESSON	INTENTIONS
<p>1. Love is not a natural state of being together. Love is an external force that one must procure from the outside in.</p> <p>The early red nations' peoples lived in a biological state of love together. There was holographic harmony amongst them and between them. Love was a natural state of being. As the Grand Masters entered the dance, the love expanded for a time. Then through ascending only a few of the archetypes, the love that was there became distorted into "greater than" and "lesser than", particularly for those red archetypes accruing information from the grand masters who inflated themselves thereafter.</p> <p>The Anu came along and in the beginning co-existing in a holographic state of resonance together that one could equate to love. Over time and due to the non-resonance of their inherent energy flow with Earth, each of their bodies fell out of love within and with one another. For some of the Anu, this resulted in non-sexuality in the relationship, even amongst those who were married. For others, sexuality was sought to an extreme trying to fill themselves from the outside in with love and in an attempt to rectify the circumstance. Trying to fill oneself with love from the outside in will never fulfill upon the quest. Love must be an internal state of being upon a biological level and then love will be experienced outside of self. As the red nations peoples and Anu fell out of a regenerative biology that loved upon a cellular level, they fell out of love within and without. The resolution to this dilemma is to ascend back into a regenerative system and then love will be restored within and then can be expressed without in the dance of life.</p>	<p><i>I intend to release all karma for non-love and a non-crystalline cellular structure in my ancestry.</i></p> <p><i>I intend to forgive the red nations peoples for falling out of love one another due to an attempted ascent that distorted the tones of creation.</i></p> <p><i>I intend to forgive the Anu for relocating to a foreign creation that could not sustain a proper energy flow causing them to fall into a state of non-love.</i></p> <p><i>I intend to forgive all ancestors who fell out of love within and without in the greater understanding of the cause of the dance.</i></p> <p><i>I intend to forgive all ancestors who chose a sexless relationship out of a state of non-love within and without.</i></p> <p><i>I intend to forgive all ancestors who sought sexuality or multiple relationships to an extreme to try and fill themselves with love from the outside in.</i></p> <p><i>I intend to anchor soul and Earth into my etheric body so that the nonphysical may love my form from within.</i></p> <p><i>I intend to ascend into a crystalline structure that regenerates and loves itself from within so that my mirror of the world around me may begin to reflect love without.</i></p>

2. Sexuality will cure all world ailments. Non-sexuality will cure all world ailments.

Zeus and Innana found that sexuality cured all their personal ailments, from depression to tiredness to body aches and pains along with diseases that did manifest for a time, but went away through the movement of the kundahlini. Perhaps in living in the wrong creation for their holographic flow, the movement of sexual energy was beneficial to their state of being. Athena and many other Anu females found the exact opposite; that abstaining from sexuality cured them of depression, tiredness and body aches and pains. Therefore non-sexuality was the best and chosen path.

Later as Pharaoh Tut (who was part Zeus) came into power, sexuality was the cure for all evils. The Mahavishnu embraced this for a time and what followed was a fall in consciousness and the loss of the larger cranium in future newborn children. Pharaoh Tutankamen fell into the opposing pattern that non-sexuality and mental masturbation would cure all things. This led to a loss of population amongst the larger headed humans on Pharaoh Islands who ceased to have sex or procreate. Back and forth the human dream has gone from pro-sex to anti-sex, and often with great fear associated. Sexuality and sexual energy is life force; it is the force that allows a field to continue to spin and sustain its vibration. Beyond this sharing of sexual energy allows the consensus reality that you live upon to spin its field and sustain its vibration. This is the real purpose of sexual energy and the kundahlini energy flow.

Sexual energy is the conduit for soul, Earth and nature to share in the human dance through communion. Sexuality in relationship whether it be intimate or friendships allow for the communion of soul, Earth and nature through two or more human forms.

I intend to embrace my sexual energy flow and kundahlini in order to ascend in this lifetime.

I intend to forgive the Anu and Pharaohs for their misuse of sexual energy to strip the human species of genetic records and fracture the human hologram in the process.

I intend to forgive those ancestors who used sex as a manner of appeasing pain or as an addiction.

I intend to forgive those ancestors who abstained from sex and in the process fell in vibration due to a lack of movement of the field

I intend the proper use of sexual energy for the purposes of sustaining my field and allowing for my continued ascension.

I intend to develop the sexual energy flow to allow for an increasing experience of communion with soul, Earth and nature.

I intend to share my sexual energy with nature and Earth in harmlessness to support global ascension.

I intend to create a loving relationship with others that are partners or friends in which shared sexual energy and communion creates harmony and joy together.

I intend to release all karma for sexual abuse and misuse in this lifetime and throughout my ancestry. I intend to embrace sexuality as a positive form of life-force and chi.

3. It is acceptable to be jealous of another. It is acceptable to hate and due to the hatred destroy another.

The red nation's peoples knew not jealousy or the desire for another's food, shelter or partnerships. After all Earth was an abundant garden of Eden that provided all the needs of humans and nature alike. The dreams for the red nation's peoples created partnerships amongst those with agreements to bear children. There was no need to seek another's partner, as they would not be suited to oneself anyway. As the archetypes of the red nations peoples ascended, suddenly they procured knowledge that was not their own from the Grand Masters along with an inflated field. Now these were more important than all others; now one who has a partner of this nature would have a better partner than others in the tribe.

The Anu did not feel jealous or competitive with one another in the beginning. They lived together and complimented one another in all that they persevered in together. Over time and due to a lack of inner love, the family began to bicker. Competition broke out and was reflected back in the hatred of Merduk for Innana. Merduk hated; he desired to destroy Innana; for Innana had taken his beloved Persephone away by showing her the room in which he was bleeding their son for this own life extension. Now Merduk was going to take away all that Innana loved by going to war upon her and winning. Alas they all lost in the end and in the nuclear annihilation that followed.

Jealousy, competition and hatred are all the result of external love and a lack of love within. If the red nations peoples had love within, they would not feel jealous about the position or mate of another. If Merduk loved himself from within, the loss of Persephone would not have plagued him. The cure for jealousy and hatred is a restoration of the crystalline structure, which allows self-love to be restored from within.

I forgive my red nations ancestors for falling into a state of competition and jealousy with one another.

I forgive the Anu for falling into a state of competition and hatred for one another.

I forgive all ancestors that participated in the act of hatred and destruction of another person or race of peoples.

I forgive all ancestors that experienced being hated by others or hated for the race that they had been born into.

I forgive all ancestors that puffed themselves up with knowledge that was not a part of their inheritance to play the role of "leader" or "desired one".

I forgive all ancestors that gave their knowledge away causing others to be "bigger than" the rest of the tribe.

I forgive my ancestors for failing to be capable of forgiving those that they hated. I forgive those that they hated now.

I forgive the Anu for taking their hatred to the bitter end creating a nuclear holocaust. I forgive all others who have done the same throughout time and space and form.

I intend to restore my inner state of love through ascension. I intend that all of humanity restore their ability to love from within so that a new day of honor can be created.

RELIGION

LESSON	INTENTIONS
<p>1. God Goddess is an outside force that must be followed and worshipped. The red nations' peoples viewed god goddess in all things including themselves. They perceived themselves as a part of the natural world. The Grand Masters arrived upon the scenes and now there was a larger cranium human that presented itself as god goddess outside of self due to the magic, instant manifestation, transfiguration and teleportation that they were capable of. The red nations peoples now began to doubt their belief that they were god goddess within. The Anu arrived upon Earth shortly thereafter and chose to incubate a slave race that would call the Anu god. Gods were immortal, and not necessarily spiritually mastered as the Grand Masters were. The slaves worshipped their gods as an outside force. As one god went to war upon another god, the slaves took sides; some siding with Merduk and others with Innana. This is the origins of all religious wars that have occurred in human history ever since. The Pharaohs rose to power as half Anu and half Grand Master. They mastered life extension and were considered god for their seeming immortality. These gods warred upon other tribal leaders overrunning their land and taking from the red nations peoples who worshipped them. God goddess lies within all humans and all species along with the consensus known as earth. No species is god goddess over another species; no human is god goddess over another human. It is the search for an outside god that caused humans upon Earth to become lost and incapable of ascending out of the distortion that they went into.</p>	<p><i>I intend to forgive my red nations ancestors for falling into the belief that god was outside of self due to the appearance of a large headed human with greater spiritual information.</i></p> <p><i>I intend to forgive my red nations ancestors for losing their remembrance that god goddess lies within.</i></p> <p><i>I intend to forgive the Anu for creating a slave race to worship them as god or goddess.</i></p> <p><i>I intend to release all karma for how god goddess became equated with immortality and life extension rather than spiritual mastery and ascension.</i></p> <p><i>I intend to release all karma for my slave ancestors that sided with one god over another, the root of all human warfare.</i></p> <p><i>I intend to release all karma for how my ancestors worshipped god goddess as an outside force and in so doing, subordinated to those humans playing the role of god.</i></p> <p><i>I intend to retrieve all holographic knowledge and remembrance that god goddess lies within.</i></p> <p><i>I intend to find my way "home" through ascension and through my internal connection to my god goddess within.</i></p>

2. There is only one god and it is not associated with Earth or nature.

The Anu perceived human Pleiadian form as god superior to nature. Nature was something to be conquered. As a result, their slave nations believed that gods and goddesses were only in human form and had no association with nature. Nature was subordinate to their gods and goddesses as a result. Out of this, the slaves could use and abuse nature as it was inferior, just as they were inferior in association with their gods. The red nations' peoples were perceived as akin to animals by the Anu and their slave nation; they were therefore inferior and could be destroyed as a result.

In a later time period, the Pharaohs desired to be the one and only god like the Anu. The Mahavishnu came with all the red nations' beliefs that all of nature held a part of god goddess in form; and that no one human was god. Pharaoh Ramen accepted their beliefs, as he was more concerned with the continued expansion of Egypt. It was Pharaoh Ra that believed in the One God principal; some Mahavishnu rebelled as this so went against their beliefs in the nature gods; most remained. All of those who rebelled died locking in the belief that the one god is more powerful than the god goddess within nature and all things.

God goddess lies in all things including oneself. There is the one god that all is a part of and has expanded from; one day all will return to the wholeness of ONE that all is a part. There is no part of that which expanded that is greater than any other part. All were a part of the whole to begin with and all shall return. In a consensus reality, all kingdoms are a part of the original whole that expanded into form. No one kingdom is superior unto another; and all shall one day reunite with the whole that each kingdom emanated from.

I intend to retrieve all holographic knowledge on honoring the god goddess within all life forms and all humans.

I intend to forgive the Anu for creating a system that separated God Goddess from nature and the natural world.

I intend to forgive my Anu slave ancestors for perceiving human form as superior to nature and my red nations' ancestors.

I intend to forgive my Anu slave ancestors for warring upon my red nations ancestors from the belief that they were inferior or sub-human.

I intend to forgive my Grand Master descendents for falling into the belief in One God in the era of the Pharaohs.

I intend to release all karma for being destroyed for believing in the God Goddess in nature and all things.

I intend to forgive my Mahavishnu ancestors who remained upon Pharaoh Island and shattered those who took a stand for the belief in the God Goddess in all things

I intend to restore my hologram to a state of wholeness along with all other humans and kingdoms upon earth.

I intend to retrieve all holographic knowledge on Oneness associated with the holographic flow of the Great Central Sun.

3. There is a heaven and hell. If one is not good enough or pure, one will go to hell after death. If one is pure, one will live forever in heaven.

In the era of Pharaoh Tut, the Mahavishnu (large headed humans) participated in an ascension school of sorts. The focus of the school was learning spiritual lessons of transcendence of fear, lust, false power, false love, false truth, false vision and false spirituality. Those that passed all seven tests over time as Tut concocted them were allowed to “ascend” in the Spring of any year. Those who participated in this dance thought that they were going to ascend to “heaven”. They were shown fantasy realities that contained visions of temples with those that had seemingly ascended before them. They were warned that if they were not pure enough, that they would end up in “hell” instead of heaven, as they perceived it. The ascensions were not really ascension as there was no fourth dimensional vessel prepared to evolve into. The Mahavishnu had fallen into life extension practices along with the Pharaohs that participated in this school. The end result was the combustion of each of their forms. Combustion is a painful way to die in which the body burns up from the inside out as the kundahlini is triggered. Those who combust in this manner fractured as consciousness and spirit. Some parts of the soul and ancestors involved continued to exist in an eternal “hell” or in other terms, continued to sit in the fire of the combustion of the form. This is where the concepts of heaven and hell come from. Heaven and hell are artificial concepts. In death, the consciousness of the form carries on as an ancestor that assists all others of parallel ancestry in the continued evolution of the human species. Soul carries on incarnating into form and continuing to learn its spiritual lessons through ascension. Consciousness carries on and nothing is really lost in death.

I intend to forgive the Pharaohs for creating this artificial form of spiritual mastery that lead to combustion instead of ascension.

I intend to forgive the Mahavishnu for not being able to perceive beyond the fantasy of the game. I intend to forgive my Pharaoh and Mahavishnu ancestors who combust in the pyramids.

I intend to resurrect all ancestors who entered an existence of void following combustion.

I intend retrieve all records lost in the experience of combustion and false ascension in my ancestry. I intend to return all karma added to those ancestors who combust to those that it belongs unto.

I intend un-intertwine grid work, lineages and holograms amongst those in my ancestry who combust together in this experience of false ascension.

I intend to restore my hologram to the state of wholeness that it was prior to the experiences of combustion in my inheritance. I intend to retrieve all holographic knowledge lost in this experience.

I intend to forgive all ancestors since this time period for their belief in heaven and hell and the manner in which religious leaders have manipulated humanity through such beliefs. I intend to release all karma for religious leaders in my ancestry that participated in the manipulation of others through the concepts of heaven and hell.

WARFARE

LESSON	INTENTIONS
<p>1. It is acceptable to war on or begrudge another founded upon righteousness. The slave nations went to war upon the red nations' peoples from a state of righteousness. They required more land; the red nations' peoples were attacking the farmers and the farmlands; this equated to the right to destroy the red nations peoples in counter attacks. And so they did. Merduk went to war upon Innana out of a state of righteousness. Innana had shown something to Persephone that had thrown her over the edge; now Persephone was gone through suicide. Merduk failed to look inward as to why this was so and chose to blame Innana.</p> <p>Innana was going insane and out of her own imbalance, desired to destroy the relationships and love of others around her, as she herself had ended up "loveless". None of the slave men would become her next beloved or husband as she had beheaded the last two and they were in fear. Neither Merduk nor Innana bothered to understand the other before declaring war. Each believed that their position was absolutely right. From such a state, there was no possibility of negotiation, making amends or forgiveness. The insanity of war that has repeated throughout history has come to be out of the same state of righteousness between two opposing parties. Righteousness precludes settlement through negotiation or forgiveness. Righteousness precludes learning the spiritual lesson behind the experience one has created. Righteousness only leads to the creation of karma, which insures a repeat of the experience again into the future. The solution to this is forgiveness and a willingness to evolve beyond the dogma of righteousness.</p>	<p><i>I intend to evolve out of dogmatic beliefs and perceptions that pit one person or one nation against another.</i></p> <p><i>I intend to release all karma for how the Anu slaves and red nations' peoples were pitted against one another over resources and land.</i></p> <p><i>I intend to release all karma for how Merduk and Innana warred upon one another from an unwillingness to forgive.</i></p> <p><i>I intend to release all karma for any ancestor that begrudged another or another nation and was unwilling to forgive.</i></p> <p><i>I intend to forgive any and all that I have begrudged in this lifetime.</i></p> <p><i>I intend to see the spiritual lesson behind the experiences I have created at cause of the grudges I have held.</i></p> <p><i>I intend to release karma for all ancestors that played the role of those that I have begrudged in this lifetime.</i></p> <p><i>I intend to learn to settle through negotiation rather than destruction or war in the physical or nonphysical.</i></p> <p><i>I intend to transcend the patterns of warfare in my ancestry so that peace may become my living reality.</i></p>

2. It is acceptable to torture, mutilate, shame, humiliate and torment another.

The slaves did many things out of the warfare in support of their "Gods" or Innana and Merduk. The slaves had a memory of the torture, torment, abuse and humiliation that occurred in the concentration camps under the direction of Hephaestus. In essence, they participated in the same actions towards one another in the war between Innana and Merduk. Prisoners of war were tortured to death just as their ancestors had been tortured in the Anu concentration camps. Torture, mutilation, humiliation and torment can only occur due to the belief that another is sub-human. From such a belief that nature is sub-human, humans have also tortured animals along with Earth. This occurs out of the righteousness of war against Earth; the war upon Earth may be due to the fear that humans hold of nature or due to seemingly uncontrollable weather patterns or earth movement that damages human homes. Humans view natural earth movement and weather as a war against humanity. The reality is that torture, mutilation, shame, humiliation and torment are all forms of harmfulness that occur both physically and in nonphysicality in the human dance with one another along with humans towards Earth and nature. This is adverse to holographic nature that strives to create balance, unity, joy and love together and between kingdoms. One can say that humans have fallen so out of balance that they seek to destroy one another, another nation and the consensus that they reside within. The only solution to this is to ascend back into one's holographic predisposition that is resonant with Earth and the great central sun alike.

I intend to release all karma for warfare in my ancestry.

I intend to forgive the Anu for declaring war upon one another from their insane state of being. I intend to forgive my slave ancestors for participating in the wars of their "gods".

I intend to forgive my slave ancestors for torturing one another along with the red nation peoples and perceiving their own nation and the red nation as sub-human.

I intend to forgive my red nations ancestors for their participation in the war along with any forms of torture that they perpetrated.

I intend to transcend dogma in full so that "righteousness" ceases to be an inherent state of being. I intend that humanity at large transcend dogma through ascension and ceases to war upon one another for any reason.

I intend to release all karma for destroying or warring upon nature or earth out of fear. I intend that humanity transcend the need to destroy or war upon nature and earth.

I intend to restore my field and hologram to a state of balance that allows for unity and joy within the group along with nature.

I intend that humanity at large restore their holographic state to one of balance, unity, peace, unconditional love and joy.

DISEASE

LESSON	INTENTIONS
<p>1. It is appropriate to allow unconscious abuse through my field to cause another to become ill.</p> <p>The Anu became the most unconsciously abusive humans Earth has ever known. Their abuse occurred due to the manner that they procured the dream for life, grid work, moving energy systems and information for the purposes of life extension from the red nations peoples, the Anu slaves, the dolphins and whales that they seeded into the oceans, and Earth along with nature. Grids were constructed to allow matrixes to shatter individual and collective fields so that they could be stripped and karma along with dreams for death transferred in their place. The Pharaohs and Sorcerers in the next era brought their devices into a lower frequency and participated in the same patterning yet again. In present time the same machinery has been activated yet again on the part of the Pharaohs, Gurus and Sorcerers of present time.</p> <p>Humans today participate in the same unconscious dance upon an individual basis. One human will poison another until they become ill and die; one human will shatter the field of another stripping them of dream, moving energy systems, elements, Language of Light, and grid work. The loss of all of this translates into disease or accidents by which one can lose a limb or be crushed to death. In order to rise above this patterning, all karma for the era of the Anu and Pharaohs must be released in full. We are focused upon this goal of releasing this karma in the year ahead through our Conclave events.</p>	<p><i>I intend to release all karma for disease in my ancestry.</i></p> <p><i>I intend to forgive the Anu, Pharaohs and Sorcerers for the life extension practices which turned into a barbaric form of unconscious harm and mutilation. I intend to release all karma in my ancestry for participation in the barbaric unconscious dance of harm.</i></p> <p><i>I intend to cease to participate in the dance of poisoning others in the unconscious. I intend to cease to allow others to poison me. I intend to release all karma for poison in my ancestry.</i></p> <p><i>I intend to cease to participate in the dance of dream and grid work mutilation and stripping. I intend to cease to allow others to mutilate or strip my dream or grid work for ascension. I intend to release all karma for how my ancestry participated in dream and grid work mutilation throughout over time.</i></p> <p><i>I intend to cease to participate in the dance of manipulating the tones of creation and elements. I intend to cease to allow others to manipulate my Language of Light or elements. I intend to release all karma for my ancestry's participation in the manipulation of the tones of creation or elements over time.</i></p>

2. It is appropriate to transfer karma for disease or accidents upon others.

The Anu deposited their dream for accidents and death upon the Anu slaves and red nations' peoples. The end result was that the immune system of the slaves and red nations' genetics began to fail leading to diseases of many forms. All told 190 different ailments involving the failure of the biology to function properly are noted as directly the result of the disease karma of the Anu being deposited upon other human nations. In the very end and for the last 2000 years, the Anu also deposited disease karma upon the nature kingdoms causing over 150 ailments experienced in present time within animals, dolphins and whales.

In the era of the Pharaohs the patterning repeated at a lower vibration, first with the red nations' peoples and later with nature. In present time, this dance is repeating yet again with the present day Pharaohs, Sorcerers or Gurus who are depositing their disease and death karma upon the masses that follow them. Dreams for accidents are also a part of the dance. Accident dreams involve the crushing of the etheric body to extract records or the loss of an etheric limb or head. Accident karma was used by the Anu to strip the slaves, red nations' peoples and Earth along with nature in the nonphysical, and then acted out physically.

In a holographic state of being, there is no requirement to move karma from one to another as one can forgive karma and have it erased. There is also no requirement to procure grid work from another, as all grid work is casted through the hologram that one is a part of. The only solution to this game is to restore the human hologram to its original state of magnificence where it becomes self-sustaining and sovereign in energy flow.

I intend to release all karma for the transference of disease karma and accident karma upon others in my ancestry.

I intend to cease to participate in the unconscious game of transferring disease karma and accident karma upon others.

I intend to cease to allow others to transfer their disease karma or accident karma upon me.

I intend to retrieve all accident and disease karma that is my own and release it through forgiveness.

I intend to forgive the Anu and Pharaohs for transferring their disease and accidents upon my slave or red nation lineages.

I intend to return the disease karma from my red and slave lineages unto the Anu of Pharaoh lineages if this is where the karma originated.

I intend to release all karma for how my ancestry was physically crushed in any accident or upon the battlefield.

I intend to release all karma for depositing disease or accident karma upon nature in my ancestry. I intend that humanity rise above transferring disease and accident karma upon one another or upon nature.

I intend to restore my holographic blueprint to the original and whole form that is self-sustaining and sovereign in nature.

3. It is appropriate to take chi, life force and a dream for life from another.

The Anu took life force from their slave nations for a long time. This occurred to supplement the chi that was being drawn from the Pleiades and then transferred to their pyramids to sustain their lives. Later and as the pyramids sank to the ocean floors, the Anu devised energetic pyramids through their masses of slave nations. Life force and the dream for life were taken from the slaves to sustain the Anu lifespan. Later and as this was insufficient due to the continued decline of Earth's frequency, the Anu began to strip the red nations peoples of life force and their dream for life along with Earth and nature. This repeated again in the era of the Pharaohs of Ancient Egypt with those in positions of governance extending their lives by taking life force and the dream for life from the red nations' peoples. Later nature was again tapped into and in particular through the mummification of so many species placed inside the pyramids. As life force is depleted, the energy flow and body goes out of balance over time leading to the development of many physical ailments. Today humans also strip the dream for life and life force of others who have karma for the game. The reality is that ascending initiates require all the life force that they generate to ascend. Earth requires all the life force she generates to ascend. Life and creations does not exist purely for the purposes of having another being or creation feed off of it as a source of chi. Creations exist as a dream of god goddess all that is for the purposes of understanding and evolution home. In a holographic state of being, the hologram generates all chi required to sustain the physical form and therefore procuring chi from another is unnecessary.

I intend to release all karma in my ancestry for being a source of chi for other humans or other creations.

I intend to forgive the Anu and Pharaohs to stripping the slave and red nations' peoples of life force and dream for life to extend their lives.

I intend to forgive my ancestors for giving their dream for life and chi to the Anu and Pharaohs.

I intend to forgive my ancestors for procuring chi and the dream for life from others. I intend to cease to give my chi and dream for life unto others in present time.

I intend to forgive my ancestors for stripping Earth and nature of her dream for life and chi. I intend to cease to strip earth or nature of chi in present time.

I intend to restore my field to a sovereign flow that can sustain its vibration without dependence on any other at each level of ascension mastered in this lifetime.

I intend to cut the cords of attachment that deplete my field of chi upon a daily basis and as each level of ascension is mastered.

I intend to restore my hologram to a place where it is self-sustaining. I intend that humanity return to a state of self-sustaining holographic nature.

DEFORMITY AND INSANITY

LESSON	INTENTIONS
<p>1. It is appropriate to blend DNA in such a manner that deformity and insanity and pain is the result.</p> <p>Merduk blended Anu DNA, which has blue blood and a silica based biochemistry with Sirian red nation DNA, which has red blood and a carbon based biochemistry. For the most part this combination worked except when the nervous system was a blending of two chemistries. The blended chemistries produced retardation and insanity amongst the slave nations.</p> <p>Merduk later interbred humans with dolphins and whales along with other nature kingdoms such as horses, lions, tigers and bears. The half human and half whale were known as the Mermaid; the half human and half horse were known as the Centaur. These creatures did not live long, were sickly and in great pain. Furthermore it put all other humans holographically associated in the red nation along with the nature kingdoms in great pain. Wherever the animals and humans were bonded there is a possible deformity that can occur in present time as a result. This includes including twins that are adjoined, or the birth of a hump back human, or the experience of webbed feet and toes. Also there is the experience of autism that is the result of dolphin or whale nervous system developing in a human that only knows nonverbal communication.</p> <p>Humans should not be tampering with their own DNA let alone the DNA of other kingdoms where there are no agreements for the dance. The way out of this dance is to allow for the karma for the blended DNA to be released and the original whole holographic natures restored. As this occurs, deformity, insanity and autism will cease to occur into the future of the human species.</p>	<p><i>I intend to forgive the Anu for manipulating non-resonant human DNA in the creation of the slave nation. I intend to forgive the Anu for how the non-resonant DNA caused deformity and ancestry in my slave inheritance.</i></p> <p><i>I intend to release all karma for insanity and mental retardation that has occurred throughout time in my ancestry.</i></p> <p><i>I intend to forgive the Anu for blending human and nature kingdom DNA.</i></p> <p><i>I intend to release all karma for the deformity and autism that this type of manipulation has caused.</i></p> <p><i>I intend to forgive any ancestors involved in parallel manipulative laboratory experiments with human DNA or nature kingdom DNA.</i></p> <p><i>I intend that humanity cease to manipulate the DNA of other humans or nature and learn this vital spiritual lesson.</i></p> <p><i>I intend the restoration of my DNA to a pure magnetic carbon based form that is resonant with the Great Central Sun now and in my future ancestry.</i></p> <p><i>I intend that humanity at large evolves into a pure magnetic carbon based DNA that resonates with the Great Central Sun.</i></p>

SUMMARY

We hope that you have found these lessons that have been mapped out from the teachings in Chapter 3 useful upon your personal path of ascension. There may be additional intentions that one perceives as necessary to release the karma triggered within through these materials. Earth guides each to take the time to write down the intentions that will support one's karmic release for those lessons in particular that one is working upon in this lifetime.

Intentions are one method of molding one's dream in a particular direction. The intent to ascend alters the dream to allow for the possibility of ascension. The intent to release karma and forgive will bring about the circumstance through which the forgiveness can be fulfilled upon. Karma sometimes will not release through intention without the act of forgiveness.

As this occurs, the ongoing intention to ascend will call an experience into the dance of life so that one can understand the spiritual lessons one is working upon and through such understanding forgive. Forgiveness requires an open heart and a willingness to love what is perhaps unlovable in current human perception.

As one releases through forgiveness those predispositions that are non-unity based within one's tapestry of ancestry and current life archetypal nature, a new form of archetype can be embodied. The new archetypes equate to the new astrology for ascension that Mila began to bring through in 2001. The new astrological holograms will hold all the cleared patterning that supports ascension and the anchoring of the Language of Light in one's field. This is how one evolves from one's current holographic nature and into the new astrology founded upon the Language of Light. We will be writing more about how this is accomplished in the chapters to follow.

Until our next communication,
Namaste
The Earth Mother



"Community" by Judith Roderick

CHAPTER 4

GROUP DYNAMICS AND PYRAMIDAL ENERGY FLOW

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"

May 19, 2005

Dear Beloved,

Group dynamics is a subject that has been written of extensively for those who have participated in SSOA for any length of time. The entire purpose of this organization has been to understand the current human game and then map carve another way of being that creates greater unity amongst those participating in the program. It has been a long hard road to co-create ever increasing unity, and the success of the group is more or less spoken to in the birth of the Community Program. For this program could not exist if those in SSOA had not constructed a successful path to unity in group relations.

What is unity? Unity is a state of being in which one exists in collaboration and equality with all others. There is no one in charge above oneself; each is responsible for self governance, or in ascension, for handling one's ascension on their own. The group may support the evolution of the individual, but each must do their part to ascend, as no one can really ascend another anyway. As each does their part, then the whole of the group can evolve. If one fails to do their part, then the group can fail, or the group can choose to remove those who are failing so that the group can transcend. If anyone ceases to serve the group, then they are removed as this is acting from unity. Unity equates to the greater good of the whole; if anything does not serve the whole of the group or the whole of Earth, then it is evicted or removed.

Many have left SSOA and then returned into the community program. It has been a long term vision of Mila to create a second program that would move at a slower pace, but the difficulties of creating unity with those in the first program was so time consuming that there was not enough chi or dream for SSOA to launch a second program until the end of 2004. This comes hand in hand with those in the first program or Self Study and Group Mastery mastering enough unity that it requires less chi on the part of Earth, Mila and Oa to sustain as each in the group is more or less doing their part.

In dreamtime, there is also a movement of greater unity amongst those ascending in human form. Humans are pulling together in dreamtime and in the temples. They are working together to assure that each succeeds at ascension. One example of this is the "buddy system" where groups of 3 in each tier in the new and third consensus make sure that the other arrives at the healing temple each night. Just in case an entire group is lost, each group assures that two other groups arrive. Furthermore an overseer makes sure all groups are present in case 3 groups did not arrive that were looking after one another. The system is causing greater success as ascending humans are receiving the support that they require to evolve.

There are other changes underway as well. Schisms have been a large problem in the past with parts of the ascension failing to take hold in the physical. Some of the underlying cause has been faulty angels who were part of a group of forces desiring to see ascension fail for humanity. As these forces have been removed, now the manner in which the angels have caused schisms deliberately in ascending humans has been perceived.

However humans are responding differently to this than at other times in this journey; they are saying that each must look after the ascension and not rely upon angels or nonphysical forces to do it for them; and so there is also now another buddy system launched where three work together each night to perceive the problematic or schismed patterning in the other so that it can be focused upon and attended to and a more thorough ascent come forth. Those assigned to one another in dreamtime have opposite karma so that the patterning can be perceived more readily in another as it is different. In so doing, humans are now helping each other to ascend, and in so being, it will be less likely that a nonphysical force will dupe ascending initiates into the future.

Any nonphysical force caught causing a problem is taken to a special counsel and "uncast" or "recast" if they have fallen into distortion. As humans watch out for one another, they catch faulty patterning within the nonphysical that the nonphysical must attend to as well to ascend. Therefore this new dance is supportive of physical and nonphysical alike in the choice to ascend. It has been a long road to this goal, but it is finally being fulfilled upon at this time.

GROUP DYNAMICS

Now more will be explained about group dynamics. In most groups of one hundred, there are six that rise to power and six that fall to failure. This is suspended by one in the middle who is known as the ring leader. It is the black magicians that cast the spells to determine who is in power and who is not. In reading through the following roles, each may begin to consider the positions that each has held within groups that each has affiliated with in this lifetime. If one is not one of the seven major positions below, one will be a "worker bee". Eighty-seven from any group will hold a neutral or relative position but give their power, chi, information and dream to those in power.

1. THE RINGLEADER

RELATED TO MERDUK, ZEUS AND ATHENA ARCHETYPES ALONG WITH PHAROAH AND SORCERER INHERITANCE (ZUES AND INNANA AND GRAND MASTER HOLOGRAMS)

The Ring Leader is the one who manipulates the dream of those in the group in such a manner that six end up in positions of power and six others end up taking on all karma and darkness for the empowered ones. The ring leader holds a mer-ka-ba or box shaped pattern in the field in which the two sets of six are polarized against one another in energy flow; positive dreams go to one set of 6 individuals who become powerful and negative dreams go to the other set of six who take on the darkness. The two in opposition of polarity suspend the dance to an extreme.



Many a Hollywood "talent agency" host good ringleaders, polarizing the stars into power and someone else probably in the dance of life of the star into the opposing role taking on the star's darkness. Most governments have good ring leaders who polarize one into presidency or the role of prime minister and another into failing to be elected. Ring leaders generally only manipulate within their own group; therefore

those of different parties or groups each have their own ring leader that propels one into power and another into failure.

The ring leader may or may not have any physical plane power for their role. Many a ring leader of corporations or governments may host a very non-important position upon the physical plane. However in the nonphysical, the ring leader has the most power. In dreamtime corporate gatherings or governmental meetings, the ring leader would be the most affluent individual over the course of the gathering. One will say in this that the ring leader wields nonphysical power.

Each in the group gives their power to the ring leader to create those in power and those who fail in the dance of life. In the corporate environment, six out of 100 lift to power and 6 end up failing. The remaining 87 are "worker bees" or in other

terms play a more neutral role without much glamour, authority or power. So this is so in any other type of group in the current human dance.

Amongst families, neighborhoods are also split into parallel patterns where six out of one hundred families rise to power in one of the following categories and six fail. The other eighty-seven play more neutral roles in the dance of life. As you read through this information, see if you can understand the role of your family this lifetime in your childhood neighborhood. Therefore there will be one family out of a hundred that holds the ring leader position in the neighborhood. This family more or less is in control over all other positions in the neighborhood. If one of the twelve families moves or relocates, the ring leader will draw another family of parallel polarity into the neighborhood to hold the positions of power and non-power intact for the neighborhood.

Groups also have ring leaders. Out of any one hundred groups, six rise to power and six fail. Group ring leaders also exist to facilitate this. This is how the corporate take-over game is played; the six corporations rising to power out of the one hundred will seek to devour other corporations to expand their power, chi and energy flow. There are also corporations and groups that are a reflection of the dynamics spoken to below.

2. THE BEAUTIFUL OR PERFECT ONE

RELATED TO INNANA, ZEUS, EROS, PAN, HERCULES AND GOD GODDESS OF FIRE AND ASH ARCHETYPES

One of the six in power out of one hundred end up with the dream of the beautiful or perfect one within the group. Sometimes this individual ends up the guru; sometimes this individual ends up the movie star or famous musician; sometimes this individual ends up the model; or sometimes this individual ends up the CEO or President or Prime Minister. In high school, this individual might end up the prom queen or king.

The beautiful one suspends their position by taking on the beauty of the group and reflecting it back. The group sees its own beauty in the individual as a result and therefore suspends them in the beautiful one role. Each in the group gives the beautiful one their inner beauty that they then perceive mirrored in the other. Often the beautiful one is perceived as beyond imperfection, and yet within they might feel quite different from the public image. Princess Diana was an example of this in recent history.

The family that is beautiful in the neighborhood may look physically beautiful, and may appear to have the perfect house, with the perfect furniture and the perfect lawn and backyard. Perfection is the name of the game, and each will do their best to be more perfect than any others. The children of this type of family may end up the homecoming king or queen or the class president; the parents may hold the seemingly right values to be respected by others or the local church. This family takes on the "beautiful" or "winner" karma of the neighborhood.

3. THE REJECTED ONE OR BLACK SHEEP

RELATED TO MERDUK, THANATOS, HEPHESTIS, ROSETTI, GOD GODDESS OF LOVE, AND GOD GODDESS OF SEXUALITY ARCHETYPES

The ugly duckling, black sheep or rejected one is perceived as inept or non-beautiful to the degree that the one who is held in the position of the beautiful one is perceived as perfect. The ugly one takes on the darkness of the beautiful one and then acts it out. Sometimes this individual will go so far as to take on disease or accident karma for the beautiful one. If the rejected one dies off of disease or an accident, another in the group is pressed into the role of taking on the darkness for the beautiful one and becoming the next rejected one.

Sometimes those playing the rejected one or black sheep will go so far as to be removed from the group. If this occurs, another assumes the role of taking on the darkness of the beautiful one. The rejected one also receives a projection from the group of all that the group perceives as non-beautiful, discordant, ugly or disgusting. As the dream from so many is pressed on to a single individual for discordance, they will often appear ugly and act out in discordant ways in the group dance further alienating others from enjoying their company or embracing them.

The family that plays the rejected one role in the neighborhood may not only look homely or un-kept, but may also have the most least kept house upon the block, with the most junk in the back yard. This family may also have one or more diseased, deformed, retarded, insane or sick members of the household. This family takes on the disease and deformity along with insanity karma for the neighborhood.

4. THE MARTYR OR SAINT

RELATED TO ALL ALBYREON ARCHEYTPES, HERCULES, ORACLE OF DELPHI, AND GOD GODDESS OF SPIRITUAL KNOWLEDGE ARCHETYPES

One of six in power in any group ends up with the dream of the martyr or saint. This is the one who sacrifices of themselves for everyone else's gain and looks pure and of the light. Sometimes they even go so far to crucify themselves for the power that it gains them in the group. One can think of an employee who overworks themselves for the corporation but has a high-ranking position in exchange as a good third dimensional example of this pattern. The manner in which Gandhi would starve himself to press changes into the relations between India and England is another example of the role of the martyr or saint in action.

The group projects their light upon the one in the role of the martyr or saint. In so doing, each perceives their own light mirrored within this individual. Within and in their own internal landscape, the one playing the martyr or saint role may feel far from pure as they see their own discordant or judgmental thoughts; and yet others do not perceive this and rarely do they share of their internal experiences further allowing the illusion to continue. Those who become more closely involved with the one playing the martyr or saint role may perceive beyond the illusion and

then become very disappointed, or perhaps even leave their association as a result.

The family that is saint like may be the neighborhood preacher or priest of a local church, or a family that is very religious in nature. This family tends to try to appear "pure" and "superior" due to their religious or spiritual preferences. This family too will try and hide any faults or skeletons in the closet that might cause them to appear less than "saint-like". This family takes on the religions and dogmatic karma of the neighborhood and then expresses and experiences it to an extreme.

5. THE BLACK MAGICIAN OR SORCERER

RELATED TO MERDUK, ALL ALBYREON ARCHETYPES ALONG WITH PHAROAH AND SORCERER INHERITANCE (ZUES AND INNANA PLUS GRAND MASTER HOLOGRAMS)

It is the one who takes on the darkness for the Martyr generally that plays the role of the black magician or sorcerer in the unconscious. A sorcerer is one who gathers the unconscious spiritual knowledge and dreams of others and then utilizes the dream weaving skills to cast black magic spells to suspend those in power or those in non-power in the group. It is the black magician that sets up the spells for the ring leader to suspend six in a positive role and six in a negative role out of any group of one hundred.

It is also the black magician that can weave a new dream surrounding a leader causing them to topple from their position and end up replaced by another, who has been spelled into their role in the leader's place. Sometimes the sorcerer is sought after to cast black spells against those that the leaders are in fear of. As a result, the magician or sorcerer is exalted for their darkness. So this was so for Merlin who was exalted by Arthur, King of England as Arthur used Merlin to cast black spells against Arthur's enemies, and love spells upon those who Arthur lusted after.

The black magician family will appear as the black sheep of the neighborhood; perhaps the children are consistently in trouble as they are the ones caught stealing or breaking into the other houses, or caught having sex with their boyfriend and are now pregnant at age 13; or found taking drugs or drinking excessively. Perhaps the parents also participate in such a dance. This type of family will tend to be non-religious, and if anything may subscribe to voodoo or Satanism if expressed to an extreme. Perhaps they will appear a little like the "Adams Family" television show. This family takes on the "lawless" karma of the neighborhood.

Black magicians are also associated with most famous spiritual gurus in present time. It is the black magician of the gurus group that propels the guru into the position of the exalted one. Sometimes the guru can hold the position of exalted one and black magician simultaneously. The largest gurus that have masses of humans worshipping them (Dali Lama and Sai Baba) each play both the exalted one and black magician simultaneously. In this manner, they can cast their own

spells to hold a vast and large group made of many individuals united into a single pyramidal or box shaped energy flow.

Sai Baba is at the top of a group that incorporates over 144 groups and 800,000 individuals. The Dali Lama is at the top of another group that also incorporates 144 groups and 900,000 individuals. These two spiritual groups did not exist at the time of the Anu but rather came to be during the era of the Pharaohs. The Pharaohs held a large pyramidal structure in the region known as Banff in present time and the black magicians a parallel pyramid in the region known as Europe in present time. The information on these energy systems appear to have been moved around the turn of the century so that these energy structures could be used to launch the current pharaohs and black magicians into power again at this time in history.

The pharaoh-based and sorcerer-based energy structures are non-conductive to the holographic flow of the great central sun as the angular edges cut up rotational energy movement. They are therefore non-conductive to global ascension and are being shut down at this time due to interference. Many involved in the groups associated will find their power diminishing in the times ahead and their dreams cancelled as the new human dream that is lotus-shaped begins to take precedence over the human dance. This will allow a phasing out of the present day pharaohs and sorcerers and the birth of initiates who are having legitimate ascents to step forward becoming the future spiritual leaders of tomorrow.

6. THE GIFTED CREATOR

RELATED TO ZUES, APPOLLO, ATHENA, DEMETER, HESTIA, EROS, HERCULES, HELIOS, PAN, GOD GODDESS OF THE EARTH MOTHER, AUTHENTIC POWER AND SENSUALITY, ALL ALBYREON ARCHETYPES AND GRAND MASTER ARCHETYPES

One of the six empowered folk end up with the ability to manifest for the entire group. The creative one plays the role of holding the group dream. This is different from the black magician who casts dark spells to manipulate some into power and others into failure. The creative one instead holds the dream for the success of the group. If the group is a corporation, then the creative one holds the dream for the products or services that the corporation offers. A creative one that holds the dream for a spiritual group will hold the dream for the gatherings and nature of the gatherings.

The creative one can also end up wealthy or prosperous as they receive a far larger chunk of the group dream than any other. Sometimes they will take the group dream and use it to manifest their own successes. The gifted creator can be a dream manipulator, but are not necessarily a dream broker in the unconscious; the gifted creator is simply a conduit for the receipt of the majority of the dream of the group. Those in the group then rely upon this individual to weave their personal dream.

The family that creates will be successful in many ways; the mother and or father will be successful at their preoccupations. The children will succeed at school and

be talented in a multitude of ways in sports, music and other skills. There will be enough due to the success for toys and other recreational items along with vacations. However there may be or not be the love that the children need in the family dynamics, although from the outside in it may “look good”. This family takes on the good creative karma of the neighborhood and then succeeds with it.

7. THE IMPOVERISHED ONE

RELATED TO ALL SLAVE ARCHETYPES AND ALL RED NATION ARCHETYPES AND ALL GRAND MASTER ARCHETYPES

The one that holds the darkness for the gifted creator ends up the impoverished one; all dreams are bartered away; nothing goes right; the impoverished one barely make ends meet, as they always receive a small dream. Sometimes those of this role end up homeless upon the streets. The group further projects all their dreams of failure, lack and homelessness upon the one who takes on this role. If this individual falls out of the group or is fired, another assumes the role in polar counterbalance to the one holding the creative one role.

The impoverished family will take on the poverty karma of others in the neighborhood and as a result, this family will always experience lack. Perhaps the children will have to wear hand me downs or shop at thrift shops. Perhaps the mother or father will find themselves on welfare or unable to hold a job for too long. Perhaps the family will live on the dole for their entire life. Perhaps the family is actually quite wealthy but the parents are spendthrifts and as a result, withhold from themselves and their children as if they were really poor; as this polarity can also be expressed in this polarity as well. Perhaps this also speaks to the fact that poverty is a state of mind or way of being and has nothing to do with the bank account.

8. THE CHARMING ONE

RELATED TO ZEUS, INNANA, EROS, HERCULES, GOD GODDESS OF CO-CREATION, AND ALL ALBYREON ARCHETYPES

Charm or an ability to seduce or make folk laugh and feel at home is another form of dream that is pressed upon one in power in any group; the more charming and capable of seduction the individual is, the more power that he or she holds over a captivated audience. Sometimes this individual is the gifted salesperson; sometimes they are also a movie star or famous comedian; sometimes they are a powerful statesman, leader, or politician. Sometimes this type of individual is also a good thief or con man, or spy.

The charming one hosts a load of personable personality entities that entertain those around this individual. The group further projects their dream to charm and entertain along with and charming personality entities on to the individual that is perceived as so charming. In so doing, the charming one rises to power as a most entertaining or interesting individual within the group.

The charming family will be most popular; perhaps this is the family all the other kids in the neighborhood go to, as they feel more understood and accepted by

them than by their own family. Perhaps the parents are psychologists or schoolteachers or spiritually aware; in their awareness they appear knowledgeable and wise. As such, this type of family may be sought after to counsel others having problems in the life dance. Those expressing this polarity take on the “wisdom” karma of the neighborhood. This is the second pattern that Mila’s family played out. Her father being an astrologer and former spiritual teacher would often counsel the neighbors in crisis.

9. THE ONE WHO FAILS

RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND MASTER ARCHETYPES

The One Who Fails is suspended in the darkness of the charming one. The one who fails always fails; nothing that they attempt in life works out. Businesses attempted fail; or they fail at school or university; or they fail as spouses or parents and become alcoholics or drug addicts. The reason there is so much failure in the life of the one who fails is that the entire group projects their failure dreams upon this individual.

Sometimes others seek to save the one who fails. AA has an excellent record of helping associates to reprogram their script for being the failed one of the group into the worker bee, after which there is a form of transformation; however the transformation is not through ascending out of the role as much as swapping roles between physical and nonphysical. The alcoholic becomes alcoholic upon a parallel plane and recovers in the physical. This is known as polarity reversal.

The family that fails may have parents that are drug addicts or alcoholics that have difficulty holding on to their jobs or succeeding at much of anything. This family may wind up in divorce or separation as they may take on all the separation and failure karma from all other families in the neighborhood. Often the children of this type of family may wind up parenting their parents.

10. THE ONE WHO IS FREE

RELATED TO ALL ANU ARCHETYPES AND ALL ALBRYEON ARCHETYPES, PHAROAHS AND SORCERER

One of the six empowered by any group receives freedom at the expense of the one who is enslaved and takes on all of the karma for the free one. Perhaps the one who is free holds a position in which there is travel within the corporation, and enjoys the dance of flying here and there and experiencing the world; while the one who is enslaved takes care of the office back home; or if they are the spouse, they do the housework, raise the children, and cook while the husband is out having a wonderful time on the road or worse yet, having an affair.

The one who is free can also be associated with those who fail to be convicted of a crime even if they are guilty of it. This polarity can suspend someone who is quite abusive in power such as Hitler. Hitler played the free one up until he committed suicide. Another example of this is Saddam Hussein who played this role until the US threw him out of power. Such leaders are suspended in a polarity of freedom

as the entire group or country or world gives them their dream of freedom in the dance of life.

The family that is free may have very liberal ideals; perhaps they practice open sex; perhaps they are gay and are married and have adopted children or become pregnant through artificial insemination. This family may also have strange spiritual practices that are metaphysical in nature. Those expressing this polarity take on the "freedom" karma of the neighborhood.

11. THE ONE WHO IS ENSLAVED

RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND MASTER ARCHETYPES

The one who is enslaved or imprisoned takes on the prison karma of the one who is free; often the one in this role live to be convicted of a crime that they may or may not have committed; this may occur as the entire group, country or world presses their karma for imprisonment and enslavement on to the individual or leader taking on this role.

Sometimes the enslaved one is not imprisoned really in the physical, but feels imprisoned or enslaved within by life circumstance. Perhaps they are the one in the family that takes on the responsibility of nursing their mom or dad and feel enslaved to the experience; or perhaps they are the one in the family at home rearing the children and feeling enslaved as a result. The group presses the lack of freedom dream upon this individual causing the experience of feeling enslaved.

The family that is enslaved will be enslaved to a great degree to circumstance. Perhaps they are employed as the housekeeper or maid for another wealthy family, and find themselves imprisoned to low income in the dance. Perhaps one of the parents commits a crime and is imprisoned in the legal system. Perhaps one of the parents work in a circumstance that feels like a prison and in so doing, the energies of work prevail at home leading to a feeling of confinement or a lack of freedom. Those expressing this polarity take on the "prison" karma of the neighborhood.

12. THE ONE WHO IS EXALTED

RELATED TO ALL ANU ARCHETYPES AND ALL ALBRYEON ARCHETYPES, PHAROAHS AND SORCERERS (HALF INNANA AND ZEUS AND GRAND MASTER HOLOGRAM)

In any group, there will be one who is awarded for accomplishing the most. Accomplishments of the exalted one may be due to real talent or capabilities; occasionally there is one who is exalted for not really accomplishing much of anything, but were gifted at hiring talented people and then taking credit for it all. In the current fragmentation of the human DNA at 2 strands, it may be difficult for humans to be both extremely talented and capable of holding the dream of the exalted one simultaneously. This is seen often in Hollywood or the Grammy's where the producers receive rewards that really belong to many others that assisted in creating the film or music and the producer was simply gifted at finding talented people to work with.

The exalted one wields a load of power. The group gives their power to the exalted one who then holds the power of 100 or more. If one is exalted over a nation, then one may hold the power of each in the nation, which is how presidents and prime ministers become elected. Those who are the most gifted at gathering the power of the nation rise into the role of prime minister or president. Those who are most gifted at gathering the power of each in a region rise into the role governor. Those who are most gifted at gathering the power from all in the corporation rise into the role of CEO. Those who are most gifted at gathering the power from a spiritual audience rise into the role of Pope or guru.

The exalted family will hold a key position in the neighborhood and region. Perhaps the mother or father is an elected official in the local government; perhaps they are the president of a firm that is successful, or the principal of the local school. This family will have a good reputation, and therefore will seek to "hide" any skeletons of truth that may occur in the closet so that know one knows, as it may affect their position in the region. Therefore secrecy may abound in this type of family. This family takes on the exaltation karma of the neighborhood.

13. ONE WHO IS EXILED

RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND MASTER ARCHETYPES

In counterbalance, there will always be one who commits such a horrendous crime that they must be exiled from the group. The one exiled takes on the darkness for the one who is exalted. The exalted one may be rewarded for bravery upon the battlefield while the one exiled may be the one discovered to have been spying and giving the secrets away for the military and then sent to prison. The one rising to power as president may be rewarded for how they handle national problems while the one exiled in counterbalance is imprisoned or even tortured. The one rising to power as CEO in the corporate dance will have another who is fired or perhaps even caught sharing corporate secrets with other organizations and then exiled. The pope rises to power while the parish priest is found guilty of child molestation and exiled. The group displaces their dream and karma for exile on to the one who is exiled who then lives to experience the dream.

The family that is exiled may be thrown out of the neighborhood for many reasons; perhaps they were unable to pay the rent and were evicted. Perhaps the mother or father committed a crime and was sent to prison. Perhaps the neighbors chose to have this family removed due to being perceived as a villain, spy or traitor. For whatever the cause for removal, this family takes on the karma for exile from all other neighbors and lives to experience the karma in some life drama or trauma.

PYRAMIDS DEFINED

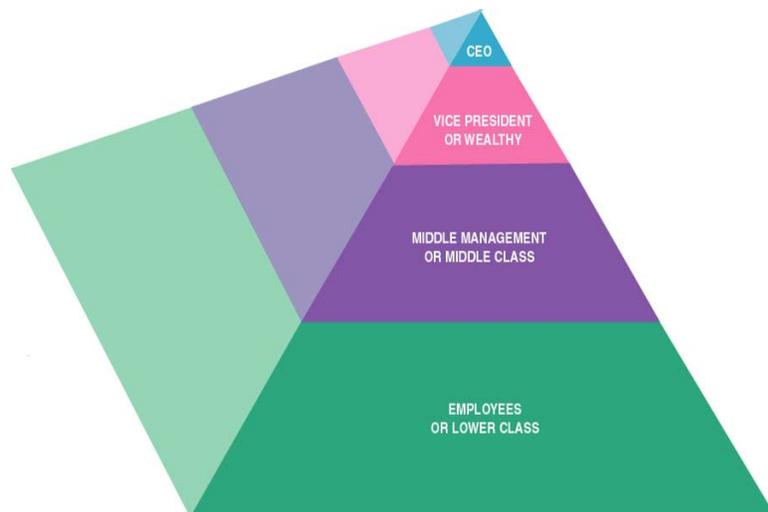
Group dynamics are held in place by pyramidal energy flow. In essence, each group of 100 creates a pyramid that holds some suspended at the top that are the six in positions of power. Those at the very base are the six taking on the darkness

of those in power. The 87 worker bees assume a position in between these two groups.

In current human civilization, the one on top with the most power and can be likened to the CEO in a corporation or the president or prime minister of a nation or are queen or king of a monarchy. A smaller number of individuals in the upper tiers of the pyramid have the next level of power or are the Vice Presidents of a corporation or Regional Governance within a nation or are the wealthiest of the land. A little larger group of individuals sits in the in the middle of the pyramid, which one can liken to "middle management" in a corporation or middle class of a nation. The largest numbers of individuals in the pyramid reside in the base which is equivalent to the employees of the corporation or the lower middle class of any nation. The lowest tier hosts those that are lower class or sit in poverty.

Underneath this are those who are institutionalized in prisons, mental wards or special environments for the retarded and dysfunctional.

Underneath the pyramid altogether are those who are rejected by civilization and are the homeless, untouchables, gypsies and starving ones.



How and why does society exist in a pyramidal system in the East and West? Well this

is the primary energy signature that reigned in the era of the Anu. Humanity is just leaving behind another cycle where the Anu have been in dominion and as a result, most cultures have some sort of pyramidal system that stratifies humanity based upon class, preoccupation, gifts, talents and capabilities along with wealth. Those at the top of the system exist at the top of the energetic pyramid; those at the bottom of the system exist at the bottom of the pyramid or outside of it altogether. The stratification of those in the East is in a slightly different formation that is box like instead of pyramidal; however the end result is the same for those at the top of the box have the most and those at the bottom the least, and those underneath are the outcasts of society.

The box or pyramidal stratification system creates a hierarchical structure where those at the top receive the most chi and most dream; it is for this reason that those at the top of your civilization pyramids often create large wealth for themselves. Dream and wealth are synonymous; if one has 1 billion in the bank it is equivalent to the dreams of 1 billion worth of houses, yachts, possessions, furnishings, cars, food and so on. It is why those who hoard money create such extreme problems in human civilization, as the wealth itself creates a deprivation of dream in which many will live without equal to the dream hoarded.

BANKS, MEDIA AND DREAMS

It is also for this reason that banks have so much “dream” to loan. Want a car, yacht, boat, house, grocery store, shopping complex, or to go back to school? The bank can loan you almost any dream you would like to manifest for a price. The cost of the dream is interest; the interest is not only paid in the form of dollars upon the amount borrowed, but also in the dream that one holds. As a matter of fact, borrowing for anything costs you twice; it costs you the interest paid upon the loan and it costs you dreams that will never be made manifest due to the manner in which the banks take dreams in exchange for their loans. It is a funny system, but one that the Anu set up; the reason was that the Anu borrowed the dream for life from their slave civilization through the money system primarily. So in the use of money, dream for life was taken from each slave to extend the lives of the Anu.

The Anu also stole dreams from the Pleiadians who visited the Anu resorts during the first half of the Anu reign. The resorts were filled with fantasy realities and slaves to fulfill upon the fantasies. The Anu tapped into the fantasies that the Pleiadian guests participated in and stripped them of their dream for life, wealth, travel, sex, love affairs and business deals. This is how the Anu enjoyed themselves and extended their lives for the first half of their reign.

The media in present time and Hollywood along with Bollywood in the East strip humans of dreams for life in parallel manner to the Anu resorts of long ago. Do you know how many billions of humans will never experience much of anything and live very boring lives due to the magnitude of dream that is confiscated by Hollywood or Bollywood? For each who chooses to engage with a movie, or watch this or that soap opera or weeknight show, or musical recreation, dream is lost unto the dream weavers of Hollywood and Bollywood. This is how Hollywood or Bollywood gathers dreams unto itself to create greater and greater hit movies or musicals that more and more will engage with, leading to larger and larger focus upon their entertainment; and of course more and more dream is lost by those who watch. This is also why humans also lead boring lives by and large, for they have given their dreams away to Hollywood and Bollywood and now will not be able to experience much of what they might like to in their lives.

How many humans watching a television show or soap opera that depicts a love affair, marriage and honeymoon in a tropical resort will now never live to experience such themselves? If the movie or show or soap opera or musical is very popular, thousands and thousands will never live to have such an experience, as they have given the dream away to Hollywood or Bollywood in the engagement with the show. Also Earth would like to point out that the body does not know the difference between watching television or a movie and real life. For the body, watching an evening comedy show upon television is like having dinner with your friends in the physical. The body thinks “Ah, we just had dinner with our friends last night (when in reality you really watched a television show) and now we will have a few days of quiet and not do much of anything as we are tired. This is the

result of the body being so stimulated by the television that it no longer seeks to create friendships or relationships in the physical or call such a dream into the life dance.

There are some in human form that spend more time watching television than living their lives. How many of you go to work each day and listen to others chatter about the shows that they watched last night? You see the body somehow thinks that the television characters are real and are their friends. The reality is that there is little remaining dream for the life anyway due to the engagement with the television where each has lost it all to Hollywood or Bollywood anyway. This is very sad as there can be no real fulfillment in watching television and it leaves humans feeling empty, depressed, disappointed and even suicidal in the end. Perhaps the current epidemic of depression that is hitting mainstream society really has to do with the loss of dream for anything other than boredom as all the dreams are being confiscated through the media; and then in the boredom humans become depressed. Stop watching the television and perhaps one can begin to create real life experiences for oneself that bring one joy and lead to real fulfillment of dream instead!

Prior to the use of media, fiction novels created a parallel phenomenon amongst those who were wealthy enough to read them. Centuries ago, it was only the wealthier in society that received enough education to read let alone have the time to spend involved in novels. However much as with television today, the novels trapped their dreams and those engaging the most in novels may have lived rather boring lives in this time period as a result. Again the body does not know the difference between the real life experience of a drama and trauma and the reading of a drama and trauma in a book, or the watching of a drama and trauma upon the stage or upon the movie screen or TV. The body perceives these dramas as real and then chooses to call dreams that are less traumatic to the life in compensation leading to boredom and non-fulfillment in the life experience.

THE ORIGINS OF STRIPPING HUMAN DREAMS

All of this dance of media and the stripping of human dream it is a left over pyramidal energy flow from the Anu resorts that used a parallel system to strip the dream of traveling Pleiadian visitors so that the Anu would have more dream to weave for themselves and to extend their lives. The regions in the West that foster Hollywood and the East that foster Bollywood are the same grids that hosted Anu based resorts 38,000 to 46,000 years ago. After the ice shields broke sending the Anu resorts underwater, the Anu sought another means to steal dreams for life to extend their existence and chose to take it from the slaves. For not only did the Anu harvest chi from the slaves, but also dream.

Dream can be equated to possessions, life experiences, and one's continued existence or life extension. The Anu were after all three attributes of dream; they wanted to possess as much stuff as they could, have as many life experiences as they could, and live forever. The slaves were set up to sacrifice themselves unto this goal. The Anu had lost their pyramids to regenerate themselves as well as

their resorts to strip dreams from their Pleiadian clientele. It was Merduk that foresaw that everything that they needed could be fulfilled upon through the slaves if the populations grew to be large enough. In this way, the Anu no longer required creating resorts again and upon higher ground. The Anu had long become bored with their resorts anyway, and this was something new and fresh to focus upon; creating a slave civilization that they were master or god goddess over.

The Anu went about the creation of their civilization in a very deliberate and orchestrated way. They even went so far as to hire experts from the Pleiades to come to Earth and advise them. The Pleiadians experts did arrive and some stayed for a few years, but most found the Anu too strange in nature to desire to remain any longer. By and large, those the Anu hired came up with 18 structures for the slaves to function within. Unconsciously these Pleiadian "experts" assisted the Anu in weaving the slave civilization dream, which was an extension of a dream from the Pleiades that was pyramidal in energy structure. The ocean was programmed in the beginning to support this energy flow and electrical dolphins and whales imported and released into the wild to assist.

The Anu cycle came and went. The slaves existed within this system for 10,000 years. In the beginning the populations of the slaves grew to be about 100,000 and all aspects of slave civilization were set in motion. By the end of the era of the Anu, there were millions of slaves. And yet this was not enough dream and chi to extend the lives of the Anu any longer. The predisposition however to give of one's dream to those of Anu ancestry and unto those in power remains to this day; and human masses give their dream to those in power in so many ways, not unlike the end of the slave era that concluded 30,000 years ago.

LOTUS VS. PYRAMIDAL DREAM

For those who are ascending, each is offered an opportunity to step out of the pyramidal dream of your current human civilization. There have been other types of dreams run over time amongst the Red Nations Peoples and Grand Masters that were far more unity-based. These dreams were of rotational lotus patterns instead of pyramids or boxes. The lotus pattern dream leads to greater equality and unity in human civilization. How and why is this so? The lotus has no greater or lesser within the flower; each petal sustains and suspends a dream of each individual or each tribe.



No one is outside of the dream of the lotus; each has a place within the whole. No one petal upon the lotus is any greater than any other; this leads to a dream that expresses collaboration, sharing and equality. This is the dream that those in this program are choosing to restore in the co-creation of community together. The structure of this lotus looks much like the structure symbol of the Language of Light when rotating.

The pyramidal dream functions in almost every arena of current human life. This was not so one hundred years ago. One hundred years ago, there were vast regions in which the pyramidal dream had yet to touch the many humans living therein; primarily these regions included Africa, South America, the Western US and Canada, Mexico and Australia along with Polynesia and a host of islands global wide. One hundred years ago, the lotus based dream was dominant in more of the human dream than the pyramidal based dream. Within the past one hundred years, the cycle has shifted. The lotus dream has faded and remains only in pockets interspersed with pyramids. The pyramidal dream dominates through the cities filled with high-rises global wide as well as the countryside where humans reside. Why is this so?

Anything produced in the cities carries the pyramidal dream with it to wherever it goes. Large stores such as grocery stores, department stores, and shopping malls carry the pyramidal dream into the countryside. This infused pyramids into the rural regions global wide, unless such regions are absent of any large scale merchandisers or electricity in present time. Television also projects a pyramidal dream anywhere anyone attunes unto it. Therefore even those rural environments relatively free of the mass merchandisers experience the pyramidal dream due to the manner in which television has pervaded human life. Computers are having a parallel affect.

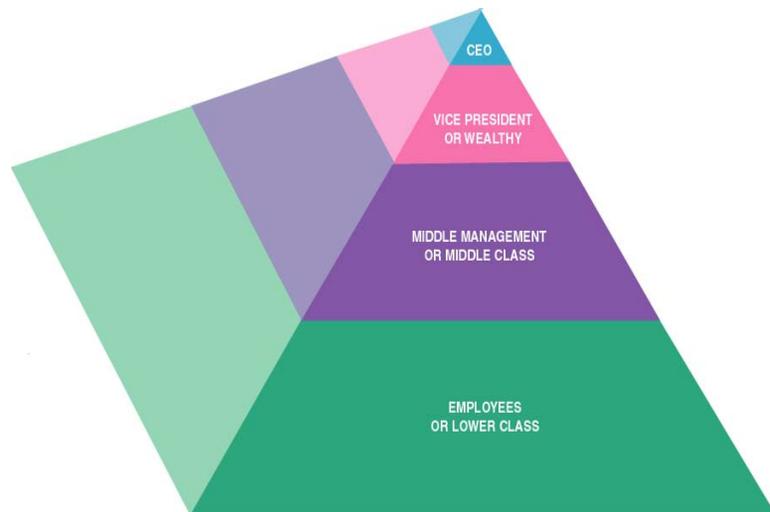
On the BBC News, Mila read about a small country town in Burma that is one of the last to receive electricity in recent years. This town saw a dramatic shift as households embraced the television. Chairs and couches were no longer placed facing one another for conversation; instead they faced the television. Families were no longer speaking to one another; friends were no longer stopping by after work to chat as everyone was more interested in watching the latest evening show. This was the observations of the reporter who wrote the article.

Is this not the dance that occurred in the West in the past 50 years? Families that once conversed in the evening and had regular visits from friends no longer speak to one another and the friends no longer stop by; parents who once played with their children after work use television as a baby sitter, or are more interested in the evening shows than what their children have to say. Humans have lost the time and ability to communicate and share with one another due to the heavy focus upon the media. This not only occurred in this time period, but in the era of Atlantis as well.

THE HISTORY OF THE MEDIA BASED PYRAMIDAL DREAM

How did the media become the number one pyramid of all pyramids present in the current structure? The Anu used holographic projection devices to entertain the slaves periodically. As all slaves went to the amphitheater to watch the Anu's projection, they felt informed and loved in a fantasy-based way by their "gods" and "goddesses". Alas the

Anu used these projections as the primary means of stripping the chi from the masses of slaves that they required to spin their pyramids and regenerate their forms to extend their lives. The holographic entertainment only occurred four times per year in the early slave civilization and in one large amphitheater constructed primarily for this purpose.



Towards the end of their reign, the Anu were broadcasting nightly entertainment in seventeen amphitheaters located in hugely populated slave cities throughout what is now Europe to strive to gather enough chi to sustain themselves. The slaves went by the droves to watch; however they also were falling further and further into diseased states of being along with shortened lifespan due to how much chi that the Anu took. In the beginning, it took 100,000 slaves living a 300 year lifespan to sustain the Anu. In the end, it took 2.8 million slaves living less

than 150 years to sustain the Anu. This was the result of the sinking of Earth's vibration which thereby provided less chi to sustain the slave energetic flow.

The media gathers almost as much chi from the masses of humans alive today as the Anu at the end of their reign. Most of the chi that the media obtains does not even benefit the humans involved. The chi is absorbed by second dimensional entities and transferred to sinking Alpha Centauri that is feeding from Earth's remaining electrical current in a last attempt to save itself from the final phases of extinction. As the last human dies that participates in this dance or if the media is suddenly shut off due to dwindling electrical supplies, Earth will finally be free of the constant drain on the part of Alpha Centauri, and will be free to ascend home into the dream of the Great Central Sun.

PYRAMIDAL POSITION

Humans that choose to ascend are going to fail if they continue to participate in the media to any great extent. The media based pyramids are being disbanded; however those who entertain themselves will not be free of the position that one holds in association with the pyramid. Those at the top of the pyramid collect dream, chi, information, moving energy systems and grid work from those in the middle tiers and deposit their karma, dark dreams and density in exchange. This is how those in positions of power, whether it is governmental or media based power youth themselves for a time and live the life that appears to be better than most others. After the age of 55-60 however, those in power generally relinquish their positions at the top to someone new; they then rapidly age and die thereafter as they cease to collect the chi necessary to regenerate.

One will notice how most Hollywood stars look youthful and vibrant up through about 60 after which they rapidly deteriorate. So this is also so for ex-Presidents and Prime Ministers who generally fall into disease after their term is over. The only exception to this is the queen or king of a royal family who will always be on top of the pyramid until death, just like the Anu themselves.

Those in the middle tiers of the pyramid take on the karma and provide some of their dream, information, chi, moving energy systems and grid work to those in the tiers above them. Those in the middle also take dream, information, chi, moving energy systems and grid work from those underneath them in the bottom tiers along with depressing their karma and negative dreams upon them. Those in the middle of the pyramid are equated to the middle class who have generally a better life than those of lower class experience and at the bottom of the pyramid as there is a greater variety of dream to choose from available.

Those in the bottom of the pyramid lose the most and gain only karma for bad dreams. The bad dreams may include disease, accidents, difficulties in manifestation, depression, psychosis, and any one of billions of dreams that are less than joyful or fulfilling. Those at the bottom are generally larger in number than those who are middle class and struggle often from birth through death.

Those outside the pyramids receive the darkest dreams of all that even those in the bottom reject. Such humans may end up in prison, in a mental ward, deformed or dysfunctional, homeless on the streets or drug addicts and alcoholics. In many societies, the very last tier creates a place for those of this nature. Out of creating a place in the pyramidal dream for social rejects, institutions were invented to house them. This bottom tier was dissolved in the United States about 40 years ago leading to greater numbers of homeless due to the closure of many mental institutions. Increasing drug use has added to the problem as those utilizing drugs are so fractured that they cannot catch any dream and fall out of the structure altogether.

In some countries, the bottom of the pyramid contains the drug addicts. This has occurred in the Netherlands where drugs are prescribed for the addicts and they are given homes and food to sustain themselves. In Europe and Australia, the bottom of the pyramid for those who do not function well in society remains, and social services by and large financially provides for most humans living in such countries. This may change as the pyramids themselves collapse with the birth of the Grand Master Cycle ahead. As the Grand Master Cycle takes precedence, the lotus based dream will flourish once again, causing social upheaval amongst humans as the current infrastructure collapses.

Those who find their way to working within a lotus based dream again will fare better than those who do not in the coming times of transition. This is also why Earth is choosing to bring forth these teachings; to assist ascending humans in constructing and living within a lotus based dream in preparation for the changes ahead, and if this can be fostered to a great enough of a degree, gentler times can occur ahead for all of humanity as there will be a bridge into another way of being that is resonant with the Great Central Sun.

THE 18 TYPES OF PYRAMIDAL DREAMS

There are 18 Pyramids in action today as a result of the Anu. These pyramids cause each to lose information necessary to ascension and gain karma from others as one engages with them; or lose karma that one requires transcending to master a complete ascension. We are going to highlight the types of pyramids and give each a brief description of how they work so that one can understand how pervasive these devices are. Each can begin to take inventory of the pyramids one is most predisposed to dancing with in your current life experience. Pyramids one dances with are primarily associated with occupation and interests as well as groups one has affiliated with and the group dynamic position one holds therein. The worksheet associated will give greater focus and direction to the self analysis part of this chapter.

1. THE MONEY PYRAMID

The Money Pyramid creates a false system of bartering in which one exchanges something that is not from the natural world for goods and services. Perhaps if money were constructed out of valuable metals, one would retain an exchange that had some resemblance of balanced giving and receiving. Instead, humans have backed paper money with real gold, but have sold or bartered the gold away leaving only the paper remaining. The paper itself has no inherent value other than what humans believe it to be worth.

The money pyramid was constructed in the era of the Anu who had all 18 paradigms in operation in their slave civilization. Money was in coin and paper form in the era of the Anu; however it was only of value within their limited civilization. The Red Nations people had no use for the paper or coin; and looked at it as inconsequential or of no worth. The Red Nations peoples retained balanced giving and receiving amongst themselves until the era of the Pharaohs went into full swing in a much later time period.

The money pyramid is complicated with credit, loans and insurance. Credit allows one to borrow paper money that has no worth upon the basis that one will repay it with large interest. The act of borrowing on credit creates an ongoing transference of one's chi and dream into the money pyramid on top of the interest that one pays, which is why those that are ascending and that use credit often find themselves depleted of capability to weave their own dream.

The money pyramid moves around dreams. If one borrows upon credit to purchase a house, the dream for the house is given to the human by the money pyramid, for a cost. This may be interesting for those of you that are homeowners wherever you live; for first there is the exorbitant amount paid for a place to live, and the interest extended over 30 years. Most will pay for the home 4 times by the time that the loan is paid off, if one does not refinance. However this is only the beginning; in exchange for the privilege of the dream to own a home, one will be paying chi and 25% of one's dream to the money pyramid for 75 years or until one's death, whichever comes first.

During the era of the Anu, the Anu collected the 75 years worth of chi and dream from slaves that were homeowners to extend their lives. For this reason Mila and Oa recognize that they cannot own property nor have a home mortgage in the current paradigm. This will change as the Money Pyramid ceases to exist because the rules of the game will be in the hands of the new ascending consensus rather than the pyramid.

Money is an artificial concept that reflects chi, but not always. There are those of great wealth that do not have enough chi to resurrect their diseased forms. Unlike the era of the Anu in which the Anu harvested chi from all eighteen pyramids concurrently, humans today are lucky to harvest chi from only one to two pyramids if they are associated and in the upper tiers of energy flow. Therefore wealthy people can continue to harvest plenty of chi to create more

wealth, but no chi to retain their health. Money therefore cannot buy health; it may buy many treatments, but ultimately it may not extend the life much in the end.

This is an interesting outcome from Earth's point of view as during the era of the Anu, their wealth also bought them chi in the form of life extension; which also included extending their health. One can see in the falls that the pyramid has inverted in upon itself causing limitation of the type of wealth anyone associated with the Anu can have. This is important, as it allows those of Anu inheritance to experience all the disease they have caused upon the slaves over time so that karma for the entire dance can be settled, and a new era be born ahead.

2. THE HEALTH AND VITALITY PYRAMID

This pyramid involves athletes and sports of all kinds along with those that live a simple life but in good health and with enough chi to remain active into their later years. Those in the middle to the top of this pyramid will have good health and those in the bottom will have poor health, disease, illness, accidents or other travesties. This is separate and distinct from those who fall outside of the pyramids altogether and are homeless, insane, imprisoned or retarded. However it is interesting to note that in present time, institutions have been constructed to house those in these categories, creating in some countries another tier in this pyramid underneath the bottom tier.

For a time, the US also had a larger tier at the bottom of this pyramid and underneath the lowest most vibration. For a time, the US had enough social services to feed and house most everyone, even those in great poverty, or suffering from insanity and mental illness or retardation. The false gods took this bottommost pyramid of the Health and Vitality point of the star, and used it to substantiate a metaphysical pyramid in the US. This caused spirituality to increase in interest, birthing the metaphysical movement, and caused homelessness to soar in counterbalance.

In other countries such as Canada, Europe, Australia and New Zealand, the tier under the Health and Vitality pyramid remains allowing each to be provided with a place to live and enough to eat. This minimizes crime. It has been interesting to note that in places such as Vancouver and Sydney, there is not a large "inner city" where crime, drugs and homelessness prevails. This is due to a place in the dream for each within the regional dream. It is when there is no dream that homelessness or living upon the streets occurs.

Sometimes even in countries that provide a dream for the lowest branch of humans, some fall through the cracks. Usually these humans are utilizing drugs and the planes associated with drugs have no place in the dream, often leaving them homeless and destitute regardless of where they live. When one has a place in the dream, then one will be able to manifest what one requires in any given day, week or month of life. In the West, the pyramid is so large and so strong that most fall into the category of having enough as they have their place in the dream. In the US, certain forces trying to create the momentum for false ascension have

fractured the pyramids deliberately. As this has occurred, it has deprived the human dream of a dream or place for each human therein leading to greater homelessness.

However one can see in this what may occur global wide as the pyramids are inverted now deliberately on the part of the consciousness of Earth. The pyramids global wide will begin to shatter. Humans will lose their place in the dream; homelessness may become rampant until humans ascend into the new consensus energy flow and then in so doing, partake in another dream that creates order in the life dance. It is why there may be a period of great chaos ahead in the transition from a pyramidal dream to a magnetic circular dream, and many who will fall out being incapable of ascending into the new paradigm.

Why will many fall out and be unable to move into the new paradigm? They lack the genetic encoding to create a circular energy flow to align with the new lotus shaped dream that Earth will broadcast for humanity at large, replacing the pyramidal dream in full. Alas we cannot allow the old electrical dream to remain, as if we did it would simply deter Earth from the goal of her global ascension. And so a period of chaos in the interim is anticipated. The best thing that ascending humans that are aware can do is to retreat into the far country and tend to ones' own garden; there one will find a dream one can easily align with in the natural world leading to a day of greater ease ahead.

3. THE MILITARY PYRAMID

This pyramid directs all military based organizations associated with the current human paradigm. During the era of the Anu, this pyramid was primarily pushed into a territorial defense group that monitored the borders of the slave civilization. Slave civilization sometimes went out to conquer certain Red Nations regions for the associated natural resources deemed necessary to their own existence, or for profit and gain within their own civilization, or for the Anu. Sometimes the red nations' tribes attacked in retaliation and as a result, an army of sorts was created to patrol the boards of slave land. Originally, this type of military was never used against the Anu.

Then Merduk expanded the Military Pyramid through conscious intention to create the necessary modality to wage a war upon Innana and her slaves. The war machine is directly related to Merduk's inflation of this sector of the slave civilization pyramids. Every so many cycles, the war pyramid inflates again causing another world war that leads to nuclear annihilation, just as it did in the era of the Anu.

Pharaoh Ramen also inflated the Military Pyramid and then went on to built armies to wage wars to conquer Red Nations tribes in order to capture the large headed humans bringing them all into one region of domain to be stripped. In essence, this pyramid projects a dream of warfare and conquering through force in all of its variant possibilities. As the Military Pyramid inflates in any region, the region may be overrun by another force, or may go on to conquer other regions.

As Hitler came to power, this pyramid inflated in Germany caused Germany to overrun part of Europe. As Winston Churchill and Roosevelt deflated the war pyramid in Germany, they won WWII. It was the international war pyramid that became activated again during Vietnam along with 9-11. This pyramid has been disbanded in full now and Earth anticipates that the fighting shall dwindle over the coming decade and then fade into a distant memory. The power of the military pyramid is being pressed into other regions of domain at this time on the part of the consciousness of Earth to prevent any possibility of the creation of WWIII.

4. THE FOOD PYRAMID

This pyramid allows for farming and food gathering in all of its many expressions in present time. Over time the Anu had the slaves farm larger and larger numbers of acres, some of which was procured in territorial wars with the Red Nations Peoples. Large amounts of food to feed the out of control and increasing slave populations were created during this era. This occurred primarily as Merduk manipulated the slave birth control so that they would have more human bodies to run their life extension through. The more humans, the larger all pyramids grew as an energetic force.

The Anu however did not desire their slave nations to grow to be global wide, as this would be harder to control and maintain upon their part. The Anu only desired enough slaves to serve them and make life more entertaining, or to feed off of energetically to sustain their lives. Therefore as the populations of slaves grew too large, they opened concentration camps in three regions far outside their slave civilization to exterminate the old, diseased, insane and unwanted.

In the beginning, these camps were run near Germany and upon the grids known as Auschwitz in present time. This was too close however, and soon the slaves figured out that where the authorities were taking their relations was not the beautiful dream that they were told. And so the Anu moved the camps to distant shores and regions that the slaves could not travel to on foot. Such regions appear to be near Chicago, Toronto and New York in present time.

The Anu splintered the food pyramid into two forces in the creation of the concentration camps; those in the concentration camps starved if they were not executed deliberately. They lived and worked under harsh conditions not unlike prisoner of war circumstances in Japan or Germany during WWII. Wherever this fractured pyramid is expressed, there are harsh circumstances for those held within it. Those living as "untouchables" in India are one expression of this dream in present time. The circumstance in Palestine and Iraq are also examples of these pyramidal dreams running in present time. The solution is to remove this type of dream and anchor another dream in its place, and this shall be accomplished through the ascending children of the Middle East in the coming decade.

The food pyramid creates an abundance of food for humans at the expense of the natural world. Red Nations Tribes did not grow food at the expense of the natural world. They may have farmed small regions, but by and large all red nations tribes

learned to subsist from gathering what was readily available from the land. Prior to the breaking of the ice shields, there was an abundance of food as Earth was a global greenhouse. Food grew off the vines on the side of the trails; there was no requirement therefore to farm if one knew where to go to harvest the abundant resources already prevalent upon Earth. This is what the red nations peoples learned to do.

The Anu were unfamiliar with the food source of the red nations people. And so they imported foods that they were familiar with from the Pleiades and attempted to farm them through the efforts of the slaves. Many foods failed in the biosphere of Earth, as the sun was yellow-orange rather than blue-green in color. Some foods modified themselves and did make it becoming a prevalent food source for the slaves and Anu alike.

The Anu also enjoyed milk and milk products. Early on and before farm animals were imported from the Pleiades, the Anu milked the slaves for their own "ice creams" and "cheeses". The Anu ate of this just as they drank of the blood of the slaves. Later the slaves milked the cows, sheep and goats in parallel to how they had been milked by the Anu, and created forms of cheese that prevail unto this day.

The bottom line is that the food humanity relies upon today is outside of the natural world and contained in the pyramidal dream of the Anu. As ascending communities are formed, the current foods farmed by humanity will be cultivated therein; this will create a dream in the natural world for provisions that humans rely upon. Such provisions will one day occur naturally and without the requirement to farm as a result.

As the Anu overran the natural world with human farming practices, they created deprivation in the natural world. The natural world suffered great lack due to all of the acres of land held hostage to farming plants that were not a part of the global dream. So this has occurred again in many time periods, including the era of the Pharaohs, Atlantis and in present time. The creation of any lack requires karmic counterbalancing. Humans may know a period of starvation into the future that shall be the karmic return of the starvation of the natural world caused by your current farming practices. The intention to release the karma for starvation on the part of ascending humans may allow the difficult times ahead to be lessened.

The starvation may be the result of the collapse of the current Food Pyramid. As the pyramid collapses, there will be no dream to foster the current farming practices in your civilization. As this occurs, crops may die or not be planted as there are no humans willing or capable to facilitate the farms. The new consensus can assist by creating a new dream for farms that provide enough food for all so that the ascending children will make it through the coming times ahead. This is one dream that Mila and Oa have perceived as vital to the future ascension of humanity, and it is why this dream is focused upon during each Conclave event now and will be focused upon into the future.

5. THE COMMODITIES PYRAMID

The Commodities Pyramid governs the buying and trading of commodities or that which is deemed valuable other than money. Gold, diamonds and pearls were common commodities during the era of the Anu. Also traded were metals used in construction or exported to the Pleiades for the gain of Pleiadian currency. Today the commodities pyramid also includes gambling and insurance along with the buying and selling of stocks upon Wall Street.

The dance of commodities leads to the overvaluing of some objects and the undervaluing of others. Mila has pondered the beauty of natural shells from the ocean. And yet shells by and large are considered of little value compared to pearls; and pearls of little value next to diamonds, rubies and emeralds. By and large, the value of certain minerals or rocks over others follows the preferences of the Anu, who obtained more money in trade with the Pleiades for diamonds, gold, pearls, rubies and emeralds.

Trading upon paper, as you know it in association with Wall Street was not a phenomenon during the slave civilization of the Anu; nor was insurance a prevailing concept of the time. The concept of stocks, bonds and insurance is the result of the fracturing of the commodities pyramid. Over time each pyramid has fractured into smaller counterparts that have continued to spin in a pyramidal energy flow. The fractured commodities pyramid gave birth to the concept of making money through the trading of paper rather than trading real objects.

One can think of the trading of paper as a merger of the money pyramid concept and the commodities pyramid concept. As the two pyramids collapsed due to falls in vibration, they merged into another new pyramid that combines the concept of money with bartering or trading. The problem with trading paper is that it creates more karma than trading real hard commodities or objects. How and why is this so?

Paper has no value to begin with as it produces no chi. Minerals have a value founded upon how much chi that they produce. If one trades equal chi in the form of money for a mineral that produces chi, then one creates no karma as the scales are balanced through the mineral in the transaction. So this is also so for metals or living things such as plants, trees or animals. It is when one trades money or chi for paper that cannot produce chi that one really indebts oneself to something that cannot provide any return upon the investment. It is through the trading of paper that the current large-scale ancestral karmic debt that most humans find themselves in today has been caused. Mila and Oa recognized this long ago and simply forgave their ancestors for trading paper or participating in the dance of insurance or interest.

Insurance and interest are two other related areas that also create great karma. Insurance collects money founded upon the fear of an accident or natural disaster. Accidents and natural disasters are predictable phenomenon if one knows how to dream weave; they also can be avoided by choosing to release the associated karma before the dream ever manifests. Therefore one does not

require insurance as one masters one's own dream weaving. In failing to feel in control over the human dream, humans have become preyed upon by those who like to use fear as a means of creating wealth. Alas putting others in fear to create wealth creates a whole other kind of karma in addition to the profit associated with trading paper; it creates karma for manipulating others into giving one chi in the form of money for nothing in return, unless of course the accident or natural disaster does indeed manifest.

Long ago, Mila got into a series of accidents that were not her fault. Over the course of 3 years, the car insurance company that had insured her car for 18 years had paid out every cent they had earned in the time that she had associated plus interest; this led Mila to the understanding that she had to create accidents to balance the scales with the car insurance company in her choice to ascend. Now she holds only the minimum insurance required and balances the scales through intention rather than manifesting accidents. So each may do the same.

However, we point out that there are so many humans in the West that have paid insurance for so long that the requirement to create accidents or natural disasters to settle the debt that the insurance companies have manifested is great. Those carrying insurance may then go on to call in a dream for an accident, hospitalization, disease as well as natural disasters that harm them or their property in counterbalance. The dance of insurance will actually create disasters in the end for those participating in the dance as a result. It may be why it is best for each to settle their karma with the insurance companies and then carry the bare minimum by law (for the car in particular) and step out of the game otherwise.

Interest creates profit for doing nothing but loaning paper to purchase something such as a home or car. Interest therefore creates karma in the exchange. Over time, Mila came to the understanding that she had paid so much interest upon her credit cards that she had paid off the initial debt 3 times, but that the credit card companies owed her. And so she defaulted on the debts to balance the scales. The credit cards were taking so much of her creative flow that Mila's ability to manifest had come to a standstill. As she defaulted upon the false debt, then there was enough chi to manifest her workshops as the chi ceased to go to the Commodities Pyramid. Interestingly enough, since giving up credit in all of its forms, Mila has always had enough to pay the rent and travel as deemed necessary in her ascent.

How have Mila and Oa given up credit? They have a non-interest banking account with a credit/debit card that they use only for making reservations. They withdraw cash as required to pay for food and all expenses, except for rent where they might write a check or to send a deposit to a hotel for an event. They write less than 20 checks per year as a result. However, checking creates no karma; credit cards do. In the use of the credit card, one will lose chi and dream in the bargain, even if one pays off the debt at the end of each month interest free.

Gambling is another game associated with the Commodities Pyramid. Gambling occurs in the belief that one can place a bet that is small and if "lucky" one wins

something in exchange; or if one is really lucky, then one may win a fortune. Those associated with gambling in all of its forms including lotto, Publishers Clearing House, and casinos create two kinds of debt. First, a debt is created for alluring those who cannot really afford to gamble to do so anyway so that those associated with gambling may procure a fortune and give nothing in exchange. This creates poverty and starvation karma. Next those associated with gambling create a debt for trading paper. As each forgives their ancestors who gambled or participated in gambling in all of its varying forms, one will release such karma.

The Anu created casinos to entertain the Pleiadian guests who visited their resorts prior to the collapsing of the ice shields. Much like Monte Carlo today, the resorts had plenty of facilities to strip the Pleiadian guests of their Pleiadian currency. Much like Las Vegas today, the cost of a trip to Earth was cheap as the Anu made their money through those willing to gamble and who lost.

Weaving of a dream free and clear of having to pay any entity or physical force money or chi is a freewill right for all that exist within the Tao. One need not pay anyone or anything to exist. Mila and Oa have learned to balance the scales with the landlords and banks that they must deal with in the current paradigm through intention, as most overcharge and do not relate in balanced giving and receiving. They look forward to a time when this is no longer so and each simply creates balanced giving and receiving with the land, finding one's home in the natural world, and working with the garden to provide one the food and shelter required for the continued ascent. As the commodities pyramid is collapsed, so this will one day come to be.

6. THE REAL ESTATE PYRAMID

Real Estate and property ownership was a prevalent part of the slave civilization of the Anu. This was not so with the Red Nations Peoples who viewed all the land of Earth as a part of the whole, and incapable of being owned or divided. The Anu therefore had their largest conflict with the Red Nations Peoples over the concept of land ownership. The Anu overran the Red Nations peoples by force. Later as their slave civilizations expanded, they used the slave military to expand into land that they desired to farm or to support the livelihood of the slaves or themselves taking even more provisions from the Red Nations Peoples.

The slaves were allowed to purchase land from the Anu for a cost. The cost was not collected in money as much as it was labor and chi. The cost of housing inflated, as there were larger numbers of slaves born causing the Real Estate Pyramid to inflate in size. The inflation of the real estate pyramid caused housing in prime regions of the slave cities to go up and up and up in value, creating wealth amongst the slaves. Out of the wealth, suddenly slaves could act as the Anu, hiring others to clean their house and wait upon them hand and foot. In so doing, the slaves began to experience life that paralleled the "Gods and Goddesses" that the slaves worshipped due to wealth.

In present time, any region under the main eighteen global pyramids has inflated real estate values. This has also occurred in other regions as the numbers of

humans has increased in population. The increasing population causes the real estate pyramid to inflate in prime areas. Prime areas or areas in which the wealthy live have a very clear or clean dream. This is because the dream is in the center of the pyramid and not in the edges of electrical energy flow produced by the spinning of the mer-ka-ba. Those regions held in the edges of electrical flow tend to be dirty, unattended too, junkyards or inner cities. Housing in these regions tends to be reasonable, but fewer also wish to live there given its less than desirable feeling thus pressing the values up and up in the better living regions.

Some regions that Mila and Oa have worked in also have a clear dream; the clear dream is the result of ascension and not a pyramidal flow. The clear dream attracts investors who have large money to spend because wealth has always been attracted to the clarity of dream in the center of the pyramid. Because the dreams resemble themselves, the wealthy are attracted; however the wealthy will find that they will lose their wealth through their investments in ascending regions into the future. Why is this so? Nature will recoup its loss of chi by collecting it through those who are wealthy and purchase homes in ascending regions. This is one manner that the scales shall be balanced between nature and humanity. Therefore many very wealthy humans with investments in ascending regions under the major chakra centers of Earth may discover that they lose their wealth ahead due to the settlement of karma with nature.

Property boundaries will be a part of the new consensus ascending communities. This has to be as those who are not ascending may interfere with the communities otherwise. Therefore Earth is choosing to create a new energy flow surrounding real estate that ascending humans live upon, along with land purchased in time for community. It is hoped that enough funds are raised to purchase the land outright and without a loan to prevent chi being taken in excess from the community. Property taxes will be paid for through the community that may offer healing services over the phone or raise organic herbs and seeds that are ascending and sell them for a small profit. This will allow taxes to be paid until governments more or less disband themselves due to a lack of communication and capacity to travel.

Those who rent or own property in present time and are ascending may choose to bring their residence into the new energy flow of the new consensus in the now. This will assist in keeping landlords and banks from taking one's chi excessively. Some have karma with the landlords and banks that must be settled. Once settled, one will most likely move or sell off the property. Perhaps one will then invest in land suited for community at a later time.

In the inversion of the real estate pyramids, property values will decline and decline, even in previously prestigious neighborhoods during the times of cleansing ahead. The real reason for this will be the declining pyramid; however it may be augmented in physicality with a larger number of deaths due to disease. This will make property costs very inexpensive. Food on the other hand may become very expensive as the Food Pyramid collapses. Why would this be so? Food is cheap and housing expensive at this time. As the pyramids collapse, the inverse of this will be experienced for a time, with housing becoming cheap and

food expensive. This may be so if farmers fail to produce much, as crops that are non-ascending and non-organic will fail. This may quite naturally cause humans to return to gardening again to provide for themselves and their families. Over time and as there is not enough governance to collect the taxes; humans will once again live freely from the land. This may take 50 years or more into the future to occur however.

7. THE MARRIAGE PYRAMID

The Marriage Pyramid will affect anyone associated that is married, even those who are gay. This pyramid hosts a large number of agreements between marital partners that were originated by the Anu. In the Anu agreements, one is married for life and can have two children. This was to restrain the slave populations, and indeed it did work, more or less amongst those who were married at the time. Perhaps this is also why at this time of inflation of the pyramids in the Anu era, humans in the West are limiting themselves to 2 children. With the high divorce rate, this applies also to second marriages; so one may have two children per marriage in this lifetime per the agreements held within the Marriage Pyramid.

The Marriage Pyramid was used to strip chi from couples during love making to extend the lives of the Anu. This is how Innana regenerated herself in her life extension practices, by taking the sexual energy of each married slave couple as they made love. Before the Marriage Pyramid was instigated, there was a Sexual Pyramid in its place. Sex was experienced outside of marriage for a long time in slave civilization and couples rarely wed. However as the number of births went out of control, and women were no longer able to intend not to conceive, then the Sexual Pyramid was altered to become a Marriage Pyramid to act as a form of birth control.

When the Sexual Pyramid was in place, Innana had more sexual energy to youth herself with. As the Marriage Pyramid occurred, sexuality waned amongst the slaves and as a result Innana had to find another way to take chi for life extension. It was at this time that Innana chose to take chi through real estate and commodities as well as money pyramids through the slave civilization.

The Marriage Pyramid creates an invasive outside energy that can manipulate couples when making love in present time. Mila and Oa did not understand this for a long time. It has only been recently that they have separated from the inflated marriage pyramids in present time. Couples who are having problems with harmfulness during intimacy may find that in separating in full from the Marriage Pyramid that such manipulations cease to occur.

One can see that in present time how the Sexual Pyramid expanded in the 60's and 70's leading to birth control pills and freedom in sex. Then the Marriage Pyramid overran the Sexual Pyramid in the 80's creating Aids and the fear of sex. There is less sex occurring amongst humans in this time period as a result of the dominion of the Marriage Pyramid. As this inverts, it may create another period of great liberation in sexuality followed by the movement towards communion and divine union amongst humans instead.

Love making in divine union is an entirely different experience as it involves soul. Lovemaking now is by and large soulless in human experience. As those who are couples invoke soul to engage with the form during love making, one may experience ecstasy together as the love pours into one's field and is expanded through the two fields united. The ecstasy can then be shared with all other kingdoms in divine union allowing blessings to flow from human to nature and back again. As enough in the new consensus master this, lovemaking will take on a new meaning therein.

8. THE FAMILY PYRAMID

The Family Pyramid creates agreements surrounding the nature of parenting children. Over time, extended families splintered, particularly as grandmother and grandfather were taken to the extermination camps in the era of the Anu. This left mothers and fathers alone to raise their children. One can see that this fracturing of the family pyramid is occurring again in the West even though there are no extermination camps for the grand parents. Instead grandparents are rejected and put in separate housing, a retirement home or nursing care rather than retained in extended family circumstances. This is a replaying of this karma of separation of the extended family in present time from the extermination camps of the Anu.

The family pyramid creates a pecking order within the extended family. Extended families can be considered parents, siblings, aunts, uncles, cousins and the spouses of those that are mature enough to be married. In the era of the slave civilization, the extended family included 144 others that were related through birth, marriage and procreation. Today they include much smaller numbers of 36 or less as the pyramid itself has fractured. The family pyramid places the parents on top or in the middle and the children on the bottom. Grand parents go on the very bottom and are stripped by the parents to extend their lives. Children receive karma and density from their parents to extend their lives. Each in this program will have been a part of a family pyramid and can begin to assess how this affected one's childhood. The family pyramid also presses each into group dynamics that will be spoken to later in this chapter.

The new consensus is bringing about a new type of family energy flow that will allow for extended family amongst ascending initiates that is lotus shaped and rotational in nature. In preparation for community building, this energy is being launched into the human dream on the part of Earth. Over time and as the family pyramid collapses, humans may separate from blood relations and form new families associated with the soul purpose and ascension. This may be how many an ascending community is born that is unity and equality based.

In the period of cleansing ahead, many adults may die leaving large numbers of children to be raised together or even by themselves. If enough of the children are ascending, they will attune to the dream projected upon them from Earth, and will know therefore how to take care of themselves and survive. Many also may be

highly gifted and psychic, being capable of hearing the nonphysical realms as well to receive support and guidance from Earth.

The times ahead may be modified into less chaos as more adults ascend. It is too soon to tell exactly what dream will step down in what region. The more that ascend in any given region, the more fields that there are to hold the new ascending dream; this may lead unto less problematic times ahead than we can perceive in the now. It is for this reason that Mila and Oa perceive the requirement to bring in many more ascending children to hold a new dream for their parents and neighbors; the more ascending children that are born, the less difficult the times of transition can be. This requires many more ascending adults to hold space for the ascending children.

9. THE WORK PYRAMID

The Work Pyramid holds the dream for work for all major regions of Earth. This pyramid originated with the Anu with only 8 areas of work; these included farming, education, the arts (music, dance and theater), food service (restaurants), government, health care (hospitals), banks and real estate. All work was associated with these 8 areas of slave expression. Each was expected to work a given period of each week in exchange for their home and food. However work was never as rigid as it has become today or as demanding in the era of the slave nations. There was far more time for the slaves to play, drink, dance or think, attempting to understand more than the limited biology allowed for.

Over time and in the current cycle, the work pyramid has fractured into many smaller rigid structures. The fractured structure of the work pyramid requires much more chi in present time to sustain its spin so that a longer work time is necessary so that the pyramid does not collapse. As each works five days a week and eight hours per day or more, the work pyramid gathers the chi to sustain itself. In the era of the Anu, the work pyramid was the primary source of chi that Zeus and his descendents regenerated themselves from. In present time, the CEO and those upon the upper tier of the work pyramid receive the chi from all the employees; most of this chi goes into sustaining the dream of the corporation which is a pyramidal energy flow. It is the chi taken from one at work that ages humanity so rapidly at this time in history. Step out of the work pyramid and one will therefore have more chi to put towards one's ascension.

The work pyramid interferes with ascension more greatly than any other pyramid other than the media pyramid from Earth's point of view. Much of the current work structure creates needless things from the point of view of the natural world. Humans work hard to create more "possessions" than they really need to subsist. The possessions strip the natural world of resources required for global evolution. There is no spiritual truth in the creation of possessions and so humans move off track to their real soul purpose in such a focus. The desire for possessions causes humans to strive for wealth rather than spiritual awakening. The focus upon wealth or success even pervades the metaphysical movement which somehow believes that those who are gifted spiritually succeed in business rather than master spiritual lessons.

The possessions contain parts of human fields that are fracturing due to the incessant dropping of vibration induced through the electronic media. This is why so many are consuming so much; they are in search for themselves outside of themselves in "objects"; and as they purchase the objects and bring them home, there is an artificial sense of wholeness and fulfillment from the outside. As ascension is more greatly launched, humans will begin to reunite their fields pulling the splintered pieces of self out of the possessions, leading to greater wholeness within instead. This will also lead to the need for less "possessions" and will create a time in which humans will begin to give away that which they do not require causing an abundance of "stuff" available for very little into the future. As beautiful possessions are available inexpensively or for free, humans will cease to purchase new, and this will bring an end to so many industries that mass produce so much junk. Or so Earth perceives into the future.

All Mila and Oa can think of as they peruse the mall is great sadness of seeing so much "stuff" that humans really do not need. So much time is devoted to working so that humans can possess more stuff from the malls that there is no time for much anything else. If ascending humans simply scaled back upon their artificial desires created through the work pyramid in the form of possessions, one may find that one has quite enough for travel or other dreams one would like to make manifest. There is a Hawaiian saying "Want more? Then desire less." Or in other terms, if you want to experience abundance, then desire to own or possess less. Perhaps this speaks to the innate wisdom of the Hawaiian people recalling another time in recent history when they did live freely from the land in a state of abundance, and without all the malls or resorts or need to work such long hours.

It is the work pyramid united with the money pyramid that is behind the large scale shopping malls and grocery stores in present time. Grocery markets at another time may have only stocked food and then been associated with the food pyramid. Today due to the fracture and uniting of many smaller pyramids, food is now displayed alongside merchandise and other products of gadgets having nothing to do with providing sustenance to the biology in the advent of "superstores". The creation of superstores is due to a merger of the food, money and work pyramid.

It is the work pyramid that strips those who frequent the mall or superstore of chi and dream. Karma to buy more is also deposited upon oneself through this pyramid while at the mall or superstore. This is another reason that Earth suggests that ascending initiate minimize the times in the malls and grocery stores and try and find smaller markets to shop within as one is less likely to be stripped in the interaction. The chi is taken to suspend the rotation of the pyramid to create more work and then more stuff to possess or purchase to make yet others wealthy.

It is also hard to remain in the workforce and not get stripped. For this reason, Earth will work with each ascending human to create a sovereign form of income that is outside the current work paradigm or pyramid. There are some smaller employers that may function in a figure-8 magnetic dream in rural regions around

the globe. Regions downunder in Australia and outside of the cities still function in a figure-8 dream; so one can be employed and sit in a figure-8 dream in such regions. One is less likely to be stripped of ascension records in the exchange while working for someone within a figure-8 dream and this therefore better supports ascension. There are also figure-8 dreams available throughout rural regions in most countries, but one will have to be choosy about who one works for and where one lives in order to accomplish creating such a job.

Over time the new communities will sit entirely outside of the work pyramid altogether. It may be for this reason that the communities may not feel like work at all, but rather as many coming together to play together to create what is required to subsist through the times ahead. There may be the opportunity for many forms of artistic expression that also creates beautiful structures and interiors for all to enjoy, along with music, clothing, and of course, farming and gardening. This is the dream that Earth is holding as the work pyramid collapses.

As the work pyramid collapses, so also will the money pyramid collapse. So many are extended so far out on credit that there is bound to be a collapse of some kind ahead, especially as enough die and cannot fulfill upon their debts. The end result will be a collapse of the current modality of work as well as money and real estate as you know it. As this occurs, there will be much land for little that will be available along with open space, and humans will turn to tending to their garden again to survive. This too is a dream Earth is projecting upon humanity for the times ahead.

10. THE EDUCATION PYRAMID

The Education Pyramid provided a foundation of learning for the slaves so that they understood the Anu. This was the primary purpose of the educational system that the Anu created for the slaves. The slaves learned to speak a derivative of Pleiadian which parallels the Greek Language today. Some learned to write. Some who were very bright went into special universities that Athena personally attended to. This was less than 1% of the slave populations however. The desire to have the education on the part of the slaves due to the few who actually received it during the era of the Anu has lead to a dream where widespread access to Universities and education has become viable in present time. One could say that each slave desired to read, write and understand, and present day human civilization is a reflection of this desire.

Over this past century and as all the pyramids were expanded through false ascensions occurring global wide, the education pyramid has expanded to an all time high. Now all may have an education if one desires it so. Current educational standards educate humans to participate in the dream of the pyramid and not an ascending dream. Therefore education may be a means to a different life within the pyramid; however any life one may wish to create may be available without education through the new consensus dream. Earth holds no limitations in the dream and one's preoccupation does not require a degree in her perspective. However, one's beliefs may limit the dream, and so as one tends to believe that one

cannot create a new occupation without using education as the means, so this will be. Alter the belief and one will create a new occupation without requiring the use of the educational pyramid as a means to one's goal.

The educational pyramid holds dreams associated with the other seventeen pyramids in terms of occupation. If one would wish to become a farmer and raise food, going to school to understand botany would be a good choice as in the process, one could acquire a dream for farming, working with plants in a nursery or research in medicinals such as the creation of drugs. If one wishes to become a lawyer, going to school for law will allow one to acquire a dream for becoming a lawyer or elected official. If one wishes to become a chef, one can go to chef school or pastry school and receive a dream to work in a restaurant or bakery. If one wishes to become a teacher or a part of the university, going to school and one has the opportunity to receive the associated dream. If one desires to become a doctor, going to medical school or chiropractic school or acupuncture school will provide a dream associated.

As the educational pyramid has fractured in this cycle, there are more schools to educate and certify humans in this occupation or that then ever. One can go to trade schools that specialize in certain training and receive a dream for a particular trade. Along with the dream for any occupation is identity machinery and personality that understand enough about the occupation to support one in doing a good job, more or less. Therefore it is through the education pyramid that humans receive "identity machinery" and "identity entities" or personality entities over time and in association with any occupation one has held.

Identity and personality interferes with the ability to clearly hear soul, nature, Earth or one's holographic knowing. Therefore for those that choose to go back to school to change occupations and are ascending, one will need to become cognoscente of how teachers will program you with new identity and persona associated with the school you are attending. One will learn to create new boundaries that do not allow for any programming that does not support ascension.

From a standpoint of holographic wisdom, education is unimportant other than learning the fullness of one's language so that one can communicate with others. In time, language may become more telepathic and involve pictures, movement and tone rather than words. As this occurs, humans may cease to speak; but may continue to tone sound for the enjoyment of music. Earth perceives this to be so in about 600 years into the future and due to the continued evolution and ascension of your species.

Ultimately as the educational pyramid collapses, there may be a period where many young folk receive little education in the structured fashion as you know it in present time. Education has become so rigid due to the fracturing of the pyramids that there is little room for creative self-expression or intuition. The incoming ascending children may actually therefore benefit from the collapsing educational system, as they will be left free to hear their own inner truth and the guidance of nature instead. The ascending children will also be born with

holographic wisdom, and as education collapses, they will not be educated out of their own holographic awareness.

Education is an important attribute of community from Earth's point of view. Earth will be making a dream available for the ascending young born in community to receive a very different type of education. Reading and writing and math may still be a part of the experience, but in modalities that are associated with the natural world. Teachers within these communities may be channels of Earth and nature that create beautiful lessons that nurture the children each day of school. Such lessons will provide a new dream for all education of the future as human civilization moves into the new era ahead.

11. THE ARTS PYRAMID

The Arts pyramid allows for creative expression in multiple formats, from music and musical instruments, to painting, to clothing making, to decorating the outside and inside of homes, to gardens that are artistic and beautiful, to singing, dancing and acting. The Anu enjoyed entertainment and those who were talented were offered an opportunity to study the arts under the educational system of Athena. These individuals learned dance that is similar to Ballet in present time, along with development of voice and acting skills. The Anu often turned out for prime performances and those involved in the arts felt much rewarded in this. Those in the arts also lived in a more beautiful region and with greater wealth in the Anu civilization. Perhaps this is why those in Hollywood or Bollywood follow suit today becoming a form of wealth and affluence all of their own, as this occurred also in the time period of the Anu.

The arts pyramid perhaps more than any other pyramid creates fame in present time. The fame of hundreds of thousands of others watching oneself perform or sing or act creates a level of power that is akin to the "Gods" or Anu themselves. It fills one with a feeling of being omnipotent in human form. Some find fame also frightening and difficult to embrace in present time; this is simply because of the fear projected upon the famous ones on the part of the audience in present time. This type of fear was not prevalent in the era of the Anu or Atlantis, and so fame created a very different experience then than in the now. However it is the memory of the omnipotence of one's ancestry that drives folk to attain fame in present time, even if it does not provide exactly the same feeling.

The arts pyramid also creates dreams for creative expressions of all kinds, from writing plays and books, to writing songs, to painting, sculpture, clothing making, land sculpture, floral arrangements and even cake decorating. Any creative expression within the Anu based system is held within the arts pyramid. Those participating in the creation of art contribute their chi to the arts pyramid. Those purchasing art, sculpture, clothing, paintings or watching a play or someone perform music also give chi to the arts pyramid. It is for this reason that Mila and Oa have learned to create their own dreamtime planes for all music that they listen to so that they no longer give chi to the arts pyramid in present time through such preoccupations.

Creativity also occurs in the red nation figure-8 dreams. Those involved with pottery making, basket weaving, jewelry making, indigenous dance, drumming, chanting and music often is associated with red nation dreams. If the artist becomes famous, it is because they have moved over to working in a pyramidal dream and left behind the figure-8 dream, for figure-8's only create limited fame and not great fame. It is interesting to note that Hawaiian music now has a Grammy Award all of its own. Instead of one artist winning, a compilation disk of many artists won. This is an example of a figure-8 dream that creates limited fame and not great fame of a single individual.

Those working creatively in a figure-8 or lotus dream will manifest abundance but not great wealth. Abundance occurs as one creates an expression in the form of art, music, jewelry, pottery, baskets, drums or other creative project with the individual who it is being made for in mind. As one creates the art with the one in mind that it is for, the art will formulate itself to be resonant with the one who is to receive it, even if one does not know the individual in the physical. As the one who the art is for (or the associated lineages that have karma with oneself) passes by the art, they will be drawn to purchase the creation as the art was made with them in mind. Art created in this manner is an excellent ascending preoccupation from Earth's point of view.

As the Arts Pyramid collapses, those of fame through the arts will pass upon the physical plane, as they are held at the top of the pyramidal energy flow. As this collapses, those at the top may become ill or commit suicide. However this will allow some to rise into leadership in the arts that are ascending instead. Over time there will no longer be great fame or wealth associated with artistic endeavors.

The arts are perceived as a necessary part of community; humans desire beautiful structures and environments to ascend within. Humans enjoy creative self expression in all of its possible formations. Earth and nature have no problem with this desire and it can be implemented as a part of the dream for the future. Beauty outside of self is a reflection of beauty within; ascension brings about the emergence of beauty from within and therefore beautiful living environments will indeed resonate.

12. THE LUXURY PYRAMID

The Anu loved their gardens and pools. Innana had parklands that were acres and acres large that were maintained by the slaves in a beautiful garden for her own exploration and enjoyment. There were beautiful mineral pools that she also used to regenerate herself. In the gardens were also restaurants to serve the Anu with slaves at their beck and call. Only the most highly educated of slaves were allowed to work in such gardens in Mt. Olympus. This is where the concepts of luxury today come from.

The luxury pyramid holds the dream for fine dining, luxurious resorts, spa services, expensive and beautiful clothing, expensive entertainment, and expensive hobbies such as skiing, yachting, sailing, flying and so on. In more

recent times, such hobbies have become more affordable for the middle class in many nations which is a sign that the luxury pyramid has grown to encompass more than those with extreme wealth in present time. This too occurred in the latter era of slave civilization as well as in the era of Atlantis.

Many the regions associated with luxury may be more pleasant to experience than those that are not. Why is this so? There is less electrical haze in these regions than in other regions. The luxurious regions are held in matrixes that hold clean and clear energy within them. The non-luxurious regions hold electrical haze and humans respond by allowing such regions to become inner cities, junk yards or lower class neighborhoods.

The problem with luxury-based regions however is that the pyramidal dream is not a part of the natural world from Earth's point of view; Luxury is defined by matrix thought-form. Inside the matrix of luxury is no connection to nature. Nature is generally leveled in the building of the luxury resort or home site; then nursery plants are trucked in and grounds created founded upon the gardener's design and dream and not necessarily the dream of nature. The grounds and plants are thereby soulless although perhaps beautiful to look at. This does not allow the luxury resorts or properties to feel good to ascending initiates who desire soul of the land to be around them.

As an ascending human, one straightens out the dream where one lives and calls soul back into the land. As this occurs other humans living nearby may respond by beautifying the land or buildings in the region. Junk yards may become luxury home sites or a new golf course as a result. This is also how Earth will cause humans to clean up the toxic mess; by bringing all land into a beautiful dream and anchoring the vibration of sacredness. As all land is sacred, all humans will respond to the land through beautification and from love.

Humans respond to a clean dream; they clean up the land and buildings and region. This may also cause the region to go up in value over time where many ascending initiates live, as it will become associated with a luxury region due to the clean and clear energy flow therein. Mila and Oa have witnessed the property values doubling upon the Big Island in 3 years. This appears to be occurring throughout the islands and since they relocated here. The increasing value is due to the crystal clear dream which calls those that like clarity of energy and associate it with wealth and prestige. Alas they are in for a surprise as nature is taking chi back from those of great human wealth in Hawaii or who invest in Hawaiian property, and one day they will lose their wealth as a result. This is nature's way of recouping the chi taken by humanity in the stripping of the natural world to create excessive and needless possessions.

Over time there will be so many regions with crystal clear energy that builders of prestige resorts will get confused. Many will try and set up a new resort in what appears to be a region that will become a large "hit" and very popular, and there will not be enough interest to create the wealth that the builders anticipate. Into the future there may be so many crystal clear regions due to the clearing of electricity through ascending human fields that the contractors will make many

“mistakes”. This will bring an end over time to all of the wealth gained through the construction of prestige properties. As this occurs, the cost of housing will come down to a balanced value that allows for greater opportunity of home ownership amongst all levels of income. This will precede a time when housing will become free as there are few remaining to collect the mortgage, taxes or rent.

Beauty is a necessary attribute in ascension. Beauty is about self love, honor, peace and joy. All shall experience beauty therefore in the environment around oneself, the clothing that one wears and the housing that one constructs. This is the new ascending dream for humans that Earth is holding. However this dream shall not be outside of the natural world. Therefore the natural world shall direct the shape of the house and the nature of the landscape along with pools, and the cloth that the fabric is woven of as a co-creation between Earth, humans, soul and nature. In so doing, all shall participate, all shall be a part of the consensus and a part of the community or home in which humans reside. In so doing, the love and expression of co-creation can be shared amongst all kingdoms in unity, peace, honor and joy.

13. THE PRESTIGE PYRAMID

The Prestige Pyramid directs who has authority and power and who does not in the dance of life. Prestige may be associated with money, but not always, as prestige has to do with how one is received by others. If others perceive oneself as powerful and with authority or knowledge, then they will receive one as prestigious. Out of perceiving one as prestigious, one receives the power of others, inflating oneself to larger than life energy movement.

The Anu were always at the top of the Prestige Pyramid in their era. Under them were their most educated slaves who had “presence” or were “god like” in the Anu’s opinion. Prestige and the arts pyramid often go hand in hand with those of great fame in present time, although sometimes prestige and the education, money, or commodities pyramids may also interlink. Interlinking Pyramids means that those involved draw chi from all platforms and from all others contained in the lower tiers beneath them.

Prestige in the pyramidal system has everything to do with the ongoing transference of power and chi from one to another. Earth is vying for ascending initiates to create a new form of prestige that is recognized due to spiritual accomplishment and mastery of compassion in action instead of taking the power of others. As spiritual mastery is valued over ability to acquire fame, wealth or power, then a new day will be born where unity and non-conditional love can reign.

In Red Nation existence before the era of the Pharaohs and in a lotus-based dream, prestige was founded upon contribution to the tribe. All had worth and value and a certain level of prestige that they were acknowledged for in their contributions unto the group. In the acknowledgement, each had a place that was not held in place founded upon another above or beneath oneself. This allowed equality to be the modality for the tribal relations. Equality can be equated with non-codependence. The pyramid in its very format creates codependent relations;

one is dependent upon those beneath oneself to provide one chi and one's dreams; and those above oneself are dependent upon oneself to be provided for in chi and dream. One is therefore caught in codependency within the pyramid.

Breaking free of the pyramidal system will lead to non-codependent relations and an ability to weave one's dream unencumbered. What does this translate into? It translates into each learning to weave his or her dream in conjunction with Earth within the group or tribe. As each weaves their own dream, and moves their own energy to create the chi one requires to subsist and manifest, then no one is codependent upon the other. This leads to different types of relationships in which each may be honored for the gifts that they bring to the whole; and no one takes responsibility for another's well being or spiritual evolution. This is the new dream Earth is vying to create in the ascending communities of tomorrow, and to experiment with the associated energy flow at Masters Conclave in the now.

14. THE GOVERNMENT PYRAMID

The Anu did not wish to oversee the day-to-day governance of the slaves as the populations grew to be too large. This was overly time consuming, and so a hierarchical form of governance founded upon the present day concept of Democracy was formed during their era. In this pyramid, there was one elected official per region, plus one elected "President" of the whole slave civilization. The elected officials met with the President in a form of "Congress" to determine changes that affected all of the slaves.

In the early days, many of the slaves were held in environments that were akin to chattel that received little education. Educated forces were therefore assigned to govern and handle the disputes of those living in "less aware" circumstances. Over time the slaves chose to create their own educational system to allow knowledge to be more accessible to all during the latter half of the Anu era. As the next generations of slaves were better educated, the governance of those living in less privileged circumstances became easier. One can see the fulfillment of this dream again in present time, as education has become available unto most in both the East and West and this does ease the issues of governance.

Today the government pyramid creates governance of all kinds. Those at the very top of the pyramid tend to be the Presidents or Prime Ministers. Those in the upper tier tend to be elected officials from states or provinces. Those in the lower tiers tend to be regional governance such as governors or senators or magistrates. The government pyramid also creates a form of pecking order between nations in association with power. Those nations with the largest governmental pyramid have the most power, such as the US, England, and Europe which is now gaining power due to the uniting under one currency and constitution. The power of Europe is exceeding the power of the US in present time and this is why the US dollar has fallen. Asia has pyramids that dance in power in association with the West as well, and they too have their own pecking order of power between all countries of the East. It is interest to note that the more powerful Eastern nations such as Japan and China have both pyramidal and box like energy flow associated and are drawing upon the power of the Anu to retain their power with the West.

The conflict between Eastern and Western governance in present time has to do with the nature of leadership. In the Anu system, leadership is founded upon education as well as royalty. Royalty can be considered akin to being one of the "gods" or born with Anu DNA. Elected officials



can be of any slave lineage as long as they are gifted at learning in the Athena educational system. One can see that the current model of Western life is founded upon this system today and leadership by and large is either of Anu inheritance or well educated.

Reptilian pyramids tend to create leadership founded upon a monarchy or family ties. Those of the right inheritance end up in leadership, and education is not enough to create a position of power above those who have the prestigious family ties within the system. So this is also true in the Middle East where Sheiks are in power as well as India where those with the right family relations tend to be in power in present time.

It is when reptilian pyramids become intertwined with Anu pyramids that military governance tends to take over and assumes power. This occurs as the pyramidal and box shaped military pyramids unite into a single large flow and overrun all other pyramids becoming the most powerful force of all. This is why the military then steps out and overthrows the monarchy or those in power due to family ties in the old reptilian system. One can see this currently occurring in China and Korea along with Thailand in present time.

Reptilian pyramids have a slightly different infrastructure than Anu pyramids. Whereas those on top of the Anu pyramid are not expected to take care of those underneath, in the Reptilian system, the leadership is responsible for the welfare those underneath and until death. Hence the experience of corporations in the East that are expected to take care of employees and their families until death. More recently, the box shaped pyramids gave way to pyramidal flow in the larger cities of Hong Kong, Singapore and Tokyo; as this occurred, the need of the corporation to take care of everyone faded, and suddenly there were vast layoffs as an economic crisis hit. The corporation was suddenly freed of the

responsibility of taking care of the employees until death. This was vastly disturbing to those who experienced it, however so it has come to be so.

Those living in the more rural regions of Asia may still experience Reptilian box shaped dreams in which the family must take care of the parents until death; or the employer must take care the employees until death; and the governance is responsible for the needs of the people. Those in the box shaped dream are more greatly provided for perhaps than those within a pyramidal dream, but it is still a codependent system nonetheless. All codependence requires transcending in order for the path of unity to come forth in ascending initiates. Reptilian box shaped energy flow also tends to compress fields into descending vibrations, and so for those of Asian inheritance, one will need to move out of the box shaped dream and into a lotus based dream as one carves the map of ascension.

Earth perceives that another type of governance more akin to the tribal red nations' modality of leadership shall be map carved ahead within ascending community and within the new consensus lotus dream. It may be that ascending communities will have a counsel or group that shall oversee any dispute or problem within the living environment. Karmic agreements will be taken into consideration and each pointed inward to first settle the karma within. If this does not settle the dispute, then the council may vote upon a settlement that appears fair to the circumstance.

Over time however self-governance should be an internal state of being where one simply flows with the ins and outs of True Spiritual Law from within. As this comes to be so, the nonphysical councils may oversee disputes upon the physical plane as well as in the nonphysical. There may be a need for a channel that relays the result of the nonphysical councils' decisions to others upon the physical plane. As each turns inward opening to holographic knowledge, one will be able to seek one's own counsel from within; and as such all shall self-govern into the future, and the requirement for physical plane governance will cease. Earth perceives that it may be 300 years of continued human evolution before this comes to be so, but is a part of the future human dream.

15. THE LAW PYRAMID

The Anu created laws for the slave nations and the agreements for the law were held within the pyramid. The law was much like the 10 commandments. It was illegal to steal, kill, harm, beat, threaten, torture or murder another (except in the concentration camps). Later on after the Sexual Pyramid became the Marriage Pyramid, it also became illegal to commit adultery in the Anu civilization. Adultery included prostitution, and prostitutes were often convicted of a crime in later slave civilizations. Crimes in the beginning had no reform; generally the neighbors decided the outcome. Perhaps the criminal got away with the crime with a warning; sometimes they were hung or stoned to death. Much as in medieval times or in the outback of the West, the local residents of early slave civilization took the law into their own hands.

Later as slave civilization grew, prisons were also constructed. This occurred after the Anu created concentration camps to exterminate the weak, ill or aged of the slave populations. As the Anu imprisoned the weak, ill or aged, then the slaves turned to imprisoning each other in parallel for crimes that they perceived as wrong. One can see that this pyramid is in full affect today with prisons becoming the norm global wide.

By and large the law in the era of the Anu, Atlantis and present time has little to do with True Spiritual Law. The law has grown as the Law Pyramid has fractured into an exponentially complex topic, through which the law can actually be broken but still be considered the law. Lawyers have grown in numbers exponentially all over the globe. In the requirement to make a living, more and more lawsuits over simple problems that would never have required an attorney have now emerged. The more that people sue over some occurrence that they would not have before, the more employers and businesses feel pressed to carry insurance to protect themselves. One can see in this how the law pyramid and commodities pyramid have united in this dance in recent times, and is reflecting how it has now become the law to carry insurance, such as auto insurance, home insurance or malpractice insurance. The cost of insurance is added to the cost of all services or products manufactured. This causes the cost of living to go up and up.

The interesting aspect of most law suits is how one tries to blame another for a circumstance that was created out of one's own belief and karma, and in so doing, one never takes responsibility for one's own cause of one's own dream manifestation and the spiritual lesson behind it. Someone slips at the grocery store and sues the chain. The chain settles for \$20,000 or \$40,000; and now the cost of goods must go up to handle the rising cost of insurance that will go up due to the settlement. The one who sues never looks at why they slipped in the first place and therefore fails to learn the spiritual lesson behind the experience. Perhaps they slipped because they are slipping up in their life dance and should really take a look at this instead. Instead they use the experience to blame the store and try to create some added income for themselves.

Perhaps the income was owed by the grocery store for over charging for the food due to insurance and lawsuits that have increased the cost of their products and food. So the grocery store settles what is owed to the lineages shopping in their store for decades of overcharging in the settlement. However the continued lawsuits and insurance only insure that there will always be the need for more settlements for the grocery store to pay out as they are charging too much. And so the insurance and lawsuits continue to be recreated again and again to balance the scales. This is another example of how insurance causes problematic circumstances along with lawyers seeking to make a living by suing others out of blame.

Recently Mila read a news report of a case in the US where a neighbor was fined \$40,000 as his dog escaped and killed the cat next door. The one who lost the cat complained of sleepless nights and emotional turmoil due to the loss of her pet; and that the dog had attacked once before and failed to be restrained. The

success of this story will inspire many others along with their attorneys to sue for parallel circumstance.

Law as it is causes humans to fail to learn the spiritual lesson behind a particular life creation. Perhaps the lady who lost her cat could look at what the cat represents as a mirror for her life dance rather than seeking money as compensation. The loss of her cat may be a mirror of a much larger problem brewing in her dream. Perhaps she is about to have an accident upon the physical plane and the death of the cat is a reflection. Perhaps she is about to manifest a disease that is stepping into physicality that will kill the form. Rather than suing another out of blame, this human could be working upon releasing their accident or disease karma and creating a brighter future for themselves instead.

Those involved in legal battles of any kind are pulled into the legal pyramid. If one sits in the top half of the pyramid, one will win one's case. If one sits in the bottom, one will lose one's case. In the above case, this lady sat at the top of the pyramid, hence the settlement. It is genetic predisposition and karma that determines where one sits within the law pyramid. Attorneys who tend to succeed along with law firms who win their cases sit at the top of the law pyramid; those that struggle and tend to fail at most cases sit at the bottom of the pyramid. Those who are ascending may find it difficult to sit inside the legal pyramid at all due to how it cuts up one's ascending field, and therefore may require settling the debt through forgiveness rather than seeking restitution through a legal battle. Such a choice would also be a reflection of true spiritual law.

True spiritual law does not allow for the breaking of creational laws in its pure form. Breaking laws is an act of lawlessness, and your current legal system is highly lawless from Earth's point of view and it does not always mind the karma behind the exchange. Often karma is manipulated through law firms allowing for a win when the case should really be lost in order for the real ancestral karma to be settled between parties. This type of karmic manipulation will cease as true spiritual law is more fully anchored into the old consensus through the guardians of Earth. As true spiritual law is anchored, then the laws that are enforced in present time will shift to be a reflection of karmic law.

If there is karma for stealing, then karma is settled in the stealing. Stealing in this circumstance is not therefore breaking the law but rather a settlement of karma. However one need not steal to settle the karma, as those who are mastering spiritually can forgive the debt instead. Through forgiveness, one need not be stolen from nor steal from another again. One also need not participate in the patterns of brutality that are either physical or energetic in all their varying forms as one forgives one's ancestry for participating in such practices.

Real law has to do with evolution. All that supports evolution aligns with the law; all that does not is illegal. Earth is switching to this type of legal system within her own energy flow. As this occurs, any energy pattern including the triangular pyramids of those of Anu inheritance or the rectangular pyramids of those of Reptilian inheritance becomes illegal, as they compartmentalize holographic flow and are non-resonant to ascension. Those running these patterns work against

Earth and therefore are outside of the law from the point of view of True Spiritual Law that Earth is now embracing.

As humans embrace real law, they can then enter the dream of the natural world and allow the natural world to provide for oneself shelter, food and all that one requires to continue to live and ascend. One will not require minding any other law other than karmic principals. Karmic principals will cause one to pay a debt unto another only until it has been forgiven, after which the scales are balanced in full and the debt is therefore cancelled. Through forgiveness one can find one's way to freedom. In the freedom, all may ascend home to the Great Central Sun.

16. THE MEDICAL PYRAMID

The medical pyramid holds all occupations associated with health care and drug use in present time. More recently homeopathic, naturopathic, acupuncture and chiropractic pyramids have united with the medical pyramid. This was not so 200 years ago when these practices were considered separate and distinct energy flow in their own right. Perhaps this is why the exams for those attaining their naturopathic or acupuncture licenses are similar to a medical exam, and requires all the same knowledge in the educational system.

The medical pyramid has become increasingly inflated as the modalities of health care united under one umbrella. Perhaps it is for this reason that in the US, doctors and surgeons are one of the most highly paid professionals perhaps other than CEOs. In other countries where national healthcare employs all associated, earnings are less and the workload difficult. In these countries, the medical pyramid takes a lower position than other pyramids that create greater wealth, such as the law pyramid or the government pyramid.

If the medical pyramid is large and dominant, doctors will feel like god, particularly if they are at the top in their field. A patient then feel like a slave or subservient and expects the doctor to know more about the patient's body than the patient does and to heal them. Patients then go along with whatever prescription or surgery that is suggested without question and without turning inward to perceive what the body really requires to heal. Patients may also be so separated off from body level consciousness that they really do not know what the body requires to heal; and probably did not feel the disease stepping down the manifestation planes before it occurred upon the physical plane.

The medical pyramid today has created a circumstance in which there is widespread belief that one cannot heal themselves, and that one has no personal responsibility in causing a disease. Diseases may be genetic, but one is a victim to the circumstance instead of the creator of a karmic circumstance that now one can retrieve one's power through and then heal from. Doctors also generally strip patients of their own power to heal to make sure that their predictions of continuing lack of health or death are accurate.

The medical pyramid is associated with a series of energy systems that involve the stripping of grid work from those that are dying or have karma for it, and the

weaving of grid work into those who will survive or heal from their medical treatments to one degree or another. In the movement of grid work, one receives grid work from another in any treatment; whether one had surgery, or went to chiropractors, or naturopaths or acupuncturists over time. Those who survive within the hospital or in their medical treatments are generally pulled into the upper half of the medical pyramid; those in this position receive grid work, moving energy systems, chi and information to survive from those in the base. Those who do not fair so well end up in the bottom of the medical pyramid and are the one's who are harvested in order for the others to survive.

Mila read an interesting article in a recent Kauai publication. In this article, the author was pondering the power of one's thoughts. Two men came in for medical examinations with the same name. One was diagnosed with cancer and given 6 months to live. Indeed this individual died in 4 months. The other was diagnosed with pre-cancer and guided to take action through diet and exercise to change the outcome of potential death. This individual took the doctors advice and reversed the symptoms, receiving a clean bill of health a year later. It was not until the nurse pulled the chart that it was acknowledged that the diagnosis was mixed up; that the one who now had the clean bill of health should have died. The author contemplated the power of positive thought. In reality the medical pyramid pulled the one who died apart and transferred the grid work to the other who recovered and survived.

Earth advises that hospitals are places to stay away from if at all possible on the part of ascending initiates. The reason for this is that the medical pyramid and associated machines are set up to take immediate action to pull apart those who are dying and push their grid work into those who can survive within any hospital. Not a good place for ascending initiates. Acupuncture, chiropractors and naturopaths are less problematic as they do not host the pyramids and machinery that hospitals do. However one will still have to be mindful of losing information and grid work in such visits and strive to retrieve whatever one has lost thereafter.

The medical pyramid also hosts drug planes. The drug planes are associated with all the medication prescribed by doctors and psychiatrists. Those who take drugs, whether they are legal or illegal or prescribed, attune to the drug planes. The drug planes host entities that will pull apart an ascending field and take one's chi. The chi goes to those of Anu inheritance in the medical pyramid. The Anu harvested chi from slaves in their use of drugs such as hemp (marijuana), opium (poppy) and cocaine (coco leaf). These drugs were introduced to the slave populations as the slaves grew them for the Anu. Over time the Anu used the drugs to anesthetize the slaves to keep them from rising up as a collective against them. They also used the drug planes to take chi to extend their lives

Vitamin and supplements are also associated with the medical pyramid and one can lose chi through their consumption. Vitamins and minerals are an extraction of a single nutrient or series of nutrients from living food that are processed in parallel manner to drugs and host no connection to their kingdom of association. One cannot exchange blessings therefore through vitamins and minerals as there

is no kingdom connected. When one takes vitamins, one also attunes to planes that the Anu created to extend their own lives through supplements. Such planes may not be helpful in ascension.

Homeopathy and herbs do not take chi through the medical pyramid however, especially if one connects that which one is ingesting to their kingdom. The kingdoms do not take chi; they support the form through providing the necessary vibrations or biochemical information to ascend. One can connect to the kingdom through the act of blessing. In blessings the herb, one communes with the kingdom and bypasses the food or medical pyramid in the energy exchange.

Peyote or other mind altering drugs also trigger the spinning of the medical pyramid in one's field. It is for this reason that Earth does not advise the use of drugs of any kind for those who are serious about their ascension. Alcohol is not associated with the medical pyramid. It is associated with the food pyramid. Those who are alcoholic tend to allow entities to enter their field from the food pyramid that spin them out of body. The Anu used mead, beer and other alcohol to anesthetize the slaves so that they would fail to rise up against them. They also used the entities that would engage with their field while drunk to strip chi for their continued life extension practices. Therefore getting drunk or drinking heavily is not recommended in ascension as one will lose chi in the dance.

In the act of blessing alcohol, one allows the kingdoms associated to dance with one's field in a state of communion. One must choose alcohol that has something conscious associated in order to exchange blessings. It is for this reason that Mila enjoys gin, rum, and tequila. Fine gin is made of distilled botanicals that she can commune with in the exchange of blessings; rum is made from cane sugar; and tequila the Agave cactus. One must have a conscious kingdom to connect to in order for blessings to be exchanged. Vodka has been problematic in Mila's experience, perhaps because the potato kingdom is so depleted of chi that it has little consciousness remaining at this time in history. This will be corrected as more humans choose to bless the potato kingdom over time.

Rice-wine or sake and beer are two other favorites of Mila and Oa. For a long time, rice-wine and rice itself was an empty food; so many had consumed the soul of rice that it took some real focus and blessings to begin to restore the consciousness behind rice. Recently Mila has noticed that the rice she has been eating has been filled with greater joy and capable of communing. This also has occurred in her experience of sake. Oa has always loved beer and has thoroughly blessed the hops kingdom as a result.

Holographic knowledge restores a state of being where humans can become their own doctor prescribing herbs or whatever one requires to heal and continue to ascend. As one opens to holographic communication, one would be capable of going into the woods and communing with the plants and knowing just what to bring back and make tea of to heal. So this was so for many medicine man and woman ancestors that each has as a part of one's birth tapestry. As each chooses to bring these ancestors forward, one will recall one's ancient knowledge and begin to self doctor, stepping fully out of the medical pyramid.

The ascending children of the future will know how to self doctor. Just as a sick animal can go into the woods and consume what they require to restore their health, these children of the future will intuitively know in parallel manners. They will also be gifted at treating their parents in the difficult times of cleansing ahead, provided the parents are willing to listen. This is the dream for self doctoring that Earth is holding for the future of humanity and within the magnetic lotus-based dream.

17. THE CONSTRUCTION PYRAMID

The Construction Pyramid allowed for the expression of the construction of all buildings, pools or roads required to support slave civilization along with Anu themselves. Anu building styles are reminiscent of Greek architecture today with large white structures and marble pillars open to the air. Marble statues of the gods and goddesses were also common. Mt. Olympus existed upon the equator and was a tropical region not requiring heating of any kind. This was also so for the slave civilization of the times, who emulated their structures to parallel to what the Anu perceived as beautiful.

Over time and as the slave civilization grew to be excessively populated, housing was less than beautiful for those who were poorer or not so famous. The poverty of the slaves became the most excessive towards the end of the era as the Anu themselves were too busy with their warfare games to pay attention to the state of their slave cities. Up until this occurred, the Anu would tour the cities and press the slave governance to "keep things tidy and clean". As Innana and Merduk became obsessed with their wars, they ceased to care and the state of the cities and the inner cities in particular became very run down and filled with clutter, not unlike inner cities today.

The Construction Pyramid today involves all construction modalities from human housing in cities and suburbs or the country, along with roads, trains, airplanes, cars and transportation, plus merchandise of all kinds including clothes, electronics, home appliances and home décor that is machine made. As the construction pyramid fractured, it united with the work pyramid to create machine manufactured objects of all kinds. One can see in the consumptive society that you live within today that the pyramids for objects are at an all time high causing humans to continue to think of new objects for yet other humans to consume; all for the purposes of creating wealth in the money pyramid. One can see how the money pyramid, construction pyramid and work pyramid have become intertwined over time as a result.

As all pyramids collapse, there will be less and less constructed over time into the future; much of this will occur due to the cleansing of the large populations of humans that cannot ascend. This will make many homes and already created objects available unto those remaining. In time, it may be less expensive to decorate one's home from décor auctioned off from those that have died than purchasing new décor in the store. As this occurs, humans will cease to purchase

new, and this will close down the factories in due course as there will be no use for what is produced nor will manufacturing produce a profit.

In the era of the Anu, machined goods did not prevail. Most objects were hand made up until the war broke out between Innana and Merduk. Then slave civilization went into full swing to manufacture armament to defend their gods. Much like WWII, it created a booming economy for a time within the slave nations cities. Women also went to work in the factories as men sacrificed themselves as soldiers in the war of their gods.

Working in factories perhaps more than any other experience cause humans to become like a living machine; much as the machines that they run, factory workers are expected to be on time and work throughout the day with few breaks and little care if the body is tired or not, or if the body really desires to do a particular job or not. There is deep internal pain and suffering in the bodies of all factory workers as a result; these emotions are embedded in the clothing, furnishings, products, jewelry or any other product that is manufactured in this manner.

Long ago Mila became attuned to the pain that those who were manufacturing clothing and appliances were in within the factories of the East. She began to send blessings back so that those caught in this position could begin to wake up, take a stand, create a union, and create better circumstances for themselves. In time few will be willing to work for pennies, and then mass slave labor as is currently available in the current human dream will fade into a distant memory.

Hand made objects or art or clothing hold the love of the individual who created them. This is a far more beautiful to have in one's presence or to be worn upon the body than a machine made garment with all of its records of pain and suffering. In time, more will awaken to this truth and begin to choose to go back to hand made products again. Mila has found some designers in Hawaii who have their clothing hand painted and sewn in Bali. These clothes feel resonant to Mila as there is not the sense of slave labor in the exchange. Mila and Oa have hired many seamstresses now to sew for them. They find that by and large the cost to produce a garment is not much more than paying full price for a garment in a fine department store. Mila would love to sew herself but has not the time given all the writing ahead. Perhaps more will choose to sew again or learn to design clothing for those who are ascending. This is a good ascension preoccupation from Earth's point of view as one can design for those who are to purchase custom garments and infuse love into them.

Earth desires to create a human dream of construction that resonates with the natural world again for future ascending communities. In this dream, the materials utilized will come from the land. The dream for the buildings and its construction will be offered by the land in a way that resonates with the trees, birds and animals already inhabiting the region. Even the garden will have its place as designed by the plants and vegetables themselves. This is the new dream for the human species in which many will inhabit an area in harmony with nature

and in unity with Earth. As the map carvers create such a community, the map will then be administered to the entire human dream global wide.

18. THE MASTER OR MEDIA PYRAMID

The Master or Media Pyramid united all the other seventeen pyramids into a single energy flow during the era of the Anu. This single energy flow was not implemented in the beginning of Merduk's experiment. However over time and with the dropping frequencies of Earth, more and more chi was required by the Anu to regenerate and prevent aging. It was roughly 600 years after the launching of the original 12 pyramids that the Media Pyramid was also launched uniting the first 12 to regenerate the Anu. Later an additional 5 pyramids were added as perceived as necessary to govern slave civilization.

It was the Media Pyramid that was activated through the holographic projections of entertainment at the slave gatherings in the amphitheaters. As the Media Pyramid spun, the Anu gathered more chi than in the spinning of each of the other seventeen combined. Over time, the entertainment was increased to a nightly event to assist in sustaining the Anu. This came to be so in particular after the war between Innana and Merduk began. Innana used the media to program those who worshipped her into continuing to fight for her cause. Merduk did the same with the slaves that he raised half way around the world from the Innana. In essence, the media was used to program the slaves to do what their gods and goddesses desired without thinking or questioning the dance.

It is interesting that the media in present time is used in a parallel manner. The media is used to program humanity into subservience and failing to rise up against those in power. The media programs humanity to go along with the wars that the war mongers create for purposes that are never really understood by the masses. The media is used to squelch those that would like to question the authorities; until the authorities leave office after which the dance may change.

The Media Pyramid has also fractured in present time into 38 pyramids that war against each other. Hollywood is at war with the US government over power and its stance upon world events such as the war in Iraq. Network stations war with one another for viewers. News anchors war with one another over who is perceived as "better" or "worse". Magazines are at war with each other over who has the most up to date information. Governments are at war with the Media for telling the truth. Authors are at war with one another over who is going to have the next bestseller. Underlying this dance is the war amongst those on top of the 38 Media pyramids.

Those at top use the masses reading or viewing their shows to inflate their pyramids larger than the others, and occasionally one knocks another out of the game; the recent removal of several key media newscasters in the United States is an example of this as of late. This is the war of Innana and Merduk being played out in present time through the media. The war has moved from the battlefields to the Media Pyramid through the conscious intention of Earth, as it is a safer

place to have a war play out and settle the karma of Innana and Merduk. The Media War will not create a nuclear holocaust and so it is a good thing.

As the karma settles leading to the times of cleansing ahead, the large scale media hosts will become a remembrance of the past, and humans will live more rural lives where their primary contacts have no global presence as there is not the electricity and travel to allow for it. This will bring about a new day of equality and each contributing to the whole in a local and regional sense and is the new dream Earth is weaving for the human species in the century ahead.

The media today is used to strip and harm all who entertain themselves in this manner. The media is also used to strip dreams of life, health and joy so that more films can be produced out of such dreams. As ascending initiates cease to choose to participate in the media, and set boundaries necessary for the minimal use of the computer, then ascension can come forth without such encumbrances. The media can be an addiction that is no better or worse than the use of cocaine. In some respects television and the planes associated with cocaine are similar; both shoot the field full of antimatter which numbs the field to the pain that the body is in. As one gives up one's addiction to the media, one is therefore more capable of feeling the pain so that it can be processed before it turns into a physical ailment or disease.

Earth perceives a need to create entertainment in community. Communities can create cyclic celebrations that each prepares food, gifts to exchange, special clothing and entertainment for. Perhaps some will learn and perform a special dance; others create music, and yet others meditations that heal and bless the land and Earth for the sustenance the community has received over a time. Celebrations are necessary to humans and so this shall be woven into the future dream of the human species.

THE DANCE OF GROUP DYNAMICS AND PYRAMIDS

Each in this program will perceive those pyramidal energies or box shaped energies that one has danced with in this life. Each was born into a family and so one is almost automatically a part of the "family pyramid" or "family box". Within this pyramid or box, one will play a role associated with group dynamics of the family as well as all other associations one has known over time including groups one has affiliated with. Perhaps one even played one of the roles of power or non-power within the family structure or other groups in the life dance. Each can take time to assess their role amongst their parents, siblings, aunts, uncles and cousins as well as close family friends, church, spiritual affiliations, work, and one's in-laws and their extended family.

There are special healing temples for those working with these materials. The pyramidal and box like energy flow can be released so that one can step into a new dream that is lotus in nature. The Temple of Codependent Energetic Flow is the temple that assists in this process. Pyramids and box shaped devices are pervasive in most human fields. One can dismantle them and replace with

rotational moving energy that is filled with the Language of Light and the triple lotus in their place. The Temple of Codependent Energetic Flow will assist. To the degree one disbands all pyramidal or box shaped energy in the field, to such a degree one will be able to begin to flow with holographic movement of the Great Central Sun. This is the hope and dream of this program.

The worksheet to follow will create the focus necessary to assess one's participation in the group dynamics and pyramidal energy flow in the current human dance. One can also begin to search for karmic records of ancestors who participated in the same game. As one releases the original cause for how one has been caught up in a particular group dance in this life, the dance can change into one of unity, equality and joy instead. This is the purpose of this exercise.

Namaste
Earth Mother



"Pod Energy" by Judith Anya Roderick

CHAPTER 4 WORKSHEET

TRANSCENDING PYRAMIDAL ENERGY FLOW AND DISUNITY BASED GROUP DYNAMICS

The Earth Mother through Karen Danrich "Mila"
May 22, 2004

Dear Beloved,

This section is devoted to assessing one's genetic predispositions in association with disunity based group dynamics and pyramidal energy flow. Each will see that one has played many roles in different regions of domain in this lifetime. Some may play the beautiful one role with family and the rejected one role with their beloved; or the charming one role at work and the imprisoned one role at home. Each can also assess the nature of their birth family in the neighborhood.

Different roles in different circumstances have to do with variant lineages that one was born with along with others that one has known over time. Each may find that one plays a different role with variant friends or family members or children. The roles one plays were roles that the ancestors of both inheritances played long ago. As one releases the karma for their role in any relationship, the role will change. Perhaps one will move into a more unity based role with family drawing forward the red nation lineages that they possess rather than the Anu or Anu slave lineages that pitted one against the other, or caused a loss of information in one direction or another. This is how one begins to mold our lives towards unity; by clearing the karma that is disunity based in each ancestor and each lineage that one is born with, and in so doing, one will alter the relationships to all others in the dance of life.

Pyramids, whether they be box shaped or triangular in nature define the position that each in the family or at work or in the neighborhood or within the region holds. Pyramids therefore press folk into worker bee or six positions or power or six positions of strife. International pyramids define the power structure between nations. National pyramids define the power structure within the country. Regional pyramids define the power structure of the business and governance in any region. Neighborhood pyramids define the power structure amongst families. Work pyramids define the power structure between organization or corporations as well as those who work within them.

Most in this program have engaged with at least 8 pyramids in this life to date if not more. Defining which ones that have defined your position in life is useful to understand so that one may begin to retrieve power, information, and knowledge to support ascension in the game. One can also begin to redefine the dream that one participates in to become a lotus rather than pyramidal pattern; in so being one will call a unity based dream into the dance rather than a competitive hierarchical dream.

Namaste
The Earth Mother

GROUP POWER DYNAMICS

POLARITY IN ARCHETYPES



GROUP DYNAMIC ROLES

1. **THE RING LEADER**
RELATED TO MERDUK, ZEUS AND ATHENA ARCHETYPES ALONG WITH PHAROAH AND SORCERER INHERITANCE (ZUES AND INNANA AND GRAND MASTER HOLOGRAMS)
2. **THE BEAUTIFUL ONE**
RELATED TO INNANA, ZEUS, EROS, PAN, HERCULES AND GOD GODDESS OF FIRE AND ASH ARCHETYPES
3. **THE REJECTED ONE, BLACK SHEEP OR UGLY DUCKLING**
RELATED TO MERDUK, THANATOS, HEPHESTIS, ROSETTI, GOD GODDESS OF LOVE, AND GOD GODDESS OF SEXUALITY ARCHETYPES

- 4. SAINT OR MARTYR**
RELATED TO ALL ALBYREON ARCHETYPES, HERCULES, ORACLE OF DELPHI, AND GOD
GODDESS OF SPIRITUAL KNOWLEDGE ARCHETYPES
- 5. BLACK MAGICIAN**
RELATED TO MERDUK, ALL ALBYREON ARCHETYPES ALONG WITH PHAROAH AND SORCERER
INHERITANCE (ZUES AND INNANA PLUS GRAND MASTER HOLOGRAMS)
- 6. GIFTED CREATOR**
RELATED TO ZUES, APPOLLO, ATHENA, DEMETER, HESTIA, EROS, HERCULES, HELIOS, PAN,
GOD GODDESS OF THE EARTH MOTHER, AUTHENTIC POWER AND SENSUALITY, ALL
ALBYREON ARCHETYPES AND GRAND MASTER ARCHETYPES
- 7. THE IMPOVERISHED ONE**
RELATED TO ALL SLAVE ARCHETYPES AND ALL RED NATION ARCHETYPES AND ALL GRAND
MASTER ARCHETYPES
- 8. THE CHARMING ONE**
RELATED TO ZEUS, INNANA, EROS, HERCULES, GOD GODDESS OF CO-CREATION, AND ALL
ALBYREON ARCHETYPES
- 9. THE ONE WHO FAILS**
RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND
MASTER ARCHETYPES
- 10. THE ONE WHO IS FREE**
RELATED TO ALL ANU ARCHETYPES AND ALL ALBRYEON ARCHETYPES, PHAROAHS AND
SORCERERS
- 11. THE ONE WHO IS ENSLAVED**
RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND
MASTER ARCHETYPES
- 12. THE ONE WHO IS EXALTED**
RELATED TO ALL ANU ARCHETYPES AND ALL ALBRYEON ARCHETYPES, PHAROAHS AND
SORCERERS (HALF INNANA AND ZEUS AND GRAND MASTER HOLOGRAM)
- 13. THE ONE WHO IS EXILED**
RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND
MASTER ARCHETYPES
- 14. THE WORKER BEE**
RELATED TO ALL SLAVE ARCHETYPES, ALL RED NATION ARCHETYPES AND ALL GRAND
MASTER ARCHETYPES

ASSESSING GROUP DYNAMICS IN THE LIFE DANCE

<p>1. What are the group dynamic roles that I tend to play in the dance of life?</p> <p>One may discover that one plays many roles with others in the dance of life. Each role that you have played will be associated with a lineage in your tapestry of ancestry that expressed a particular archetypal predisposition. One may choose to complete with any lineage that is non-conductive to unity relations and thereby transcend the associated patterning and thought-form within. Then one may anchor in their place red nation or grand master lineages replacing the old information with unity information. This is how unity relations can be born in the dance of life within each willing to work with these materials.</p>	<p>At Home _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With the Beloved _____</p> <p>With the Spouse/Partner _____</p> <p>With my Parents _____</p> <p>With my Brother _____</p> <p>With my Sister _____</p> <p>With my Friends _____</p> <p>With Aunts and Uncles _____</p> <p>With Cousins _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p><i>I intend to release all karma going back to the original cause for how my ancestry has played the above roles in the dance of life. I intend to cease to participate in the game of inflating my field to be superior or deflating my field to be inferior in position within the group.</i></p> <p><i>I intend to retrieve any information, chi, grid work or moving energy systems that have been lost, and return any karma that has been taken on in any inferior position that I have assumed in the group. I intend to return all information, chi, grid work or moving energy systems and retrieve any karma that has been deposited upon others in playing the superior position in the group. I intend to master unity flow in all relations.</i></p>
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<p>2. Who do I know that plays the Ring Leader role in any group that I affiliate with?</p> <p>The ring leader is the one who controls behind the scenes manipulating those who rise to power and those who sink into non-power positions within the group. This individual may have little physical plane power as all the power is in the dreamtime associations.</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all spells cast around me by any in those playing the ring leader in my life experience. I intend to get at the original cause for each ring leader in my life and release the karma in full and complete with this particular dance. I intend to forgive all ancestors who were ring leaders in their incarnations. I intend to cease to be pulled into any position of power or non-power by a ring leader in my ancestry and in my present life. I intend to retrieve my power and information and ability to weave my own dream from any ring leader in any group that I have ever associated with, or have associated with in my ancestry.</i></p>
<p>3. Who do I know that plays the Beautiful One role in any group that I affiliate with?</p> <p>The beautiful one desires to be the most beautiful and the center of attention all of the time. The beautiful one may often be conceited or self centered or narcissistic.</p> <p>If one has played the rejected one or black sheep in this life, who was the beautiful one that you took on karma and dark dreams of rejection for? _____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the beautiful one in the dance of life. I intend to forgive all ancestors for playing this role in their incarnations. I intend to retrieve all information on inner beauty and regeneration that I may have lost in the dance with those playing the role of the beautiful one. I intend to master inner beauty in which the love of soul, nature and earth shines through my eyes and field for all to see.</i></p>

<p>4. Who do I know that plays the Rejected One or Black Sheep role in any group that I affiliate with?</p> <p>The black sheep or rejected one is the one who takes on the darkness of the group and then acts it out by attracting a shadow dream into the life dance.</p> <p>Who have you deposited dark dreams upon that played the role of black sheep or rejected one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the rejected one or black sheep in the dance of life. I intend to retrieve all dark dreams that I deposited upon those playing this role in any group that I have affiliated with. I intend to transmute these dark dreams taking full responsibility for the thought-form behind them and choosing the transcend all associated. I return all dark dreams that I or my ancestry took on in playing this role in their incarnations. I intend to forgive my ancestors for playing the role of the rejected one or black sheep. I intend to cease to take on the shadow dream or darkness of any other or any group now or into the future.</i></p>
<p>5. Who do I know that plays the Martyr or Saint role in any group that I affiliate with?</p> <p>The Martyr or Saint appears loving and of the light by taking on the light and love of the group. Sometimes they also sacrifice themselves for the position of power gained in the group.</p> <p>Who have you given light and loving dreams to that played the role of martyr or saint in your life experience?</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the martyr or saint in the dance of life. I intend to retrieve all light and love that I deposited upon those playing this role in any group that I have affiliated with now and throughout my ancestry. I intend to retrieve all light and loving dreams I gave to those playing this role in this life. I intend to forgive my ancestors for playing the role of the martyr or saint.</i></p>

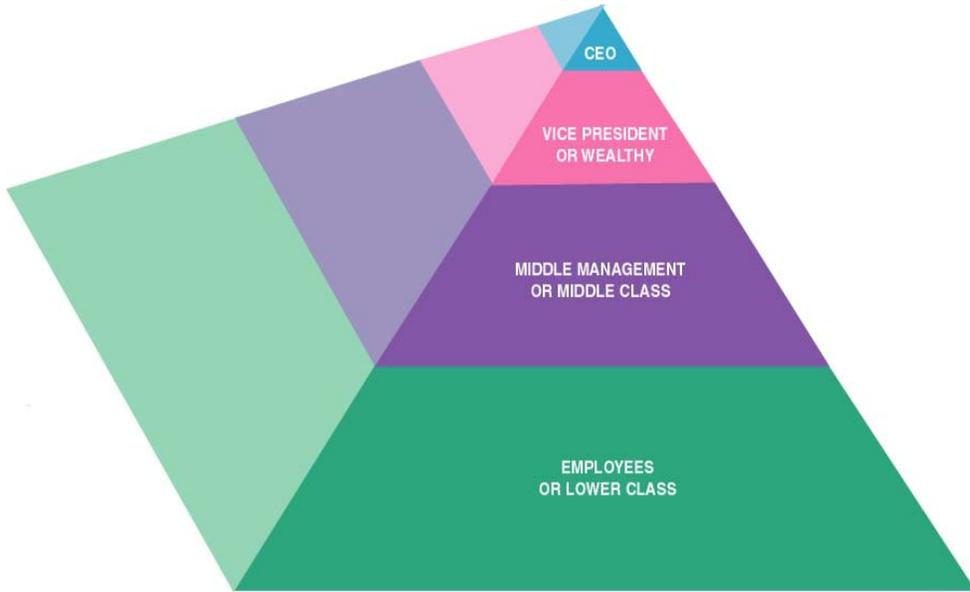
<p>6. Who do I know that plays the Black Magician or Sorcerer role in any group that I affiliate with?</p> <p>The Black Magician or Sorcerer weaves the spells for the ring leader to propel some in the group into power and others into non-power.</p> <p>Who have you given your dream weaving knowledge to that played the role of black magician or sorcerer in your life experience?</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the black magician or sorcerer in my present life and throughout my ancestry. I intend to retrieve all dream weaving and spiritual knowledge given to those in this role in this life and throughout time. I intend to forgive all ancestors who played the role of black magician or sorcerer in their incarnations. I intend to return all knowledge procured from others in the incarnations of those playing this role in my ancestry. I intend to release all spells cast around me by any black magician in my current or ancestry.</i></p>
<p>7. Who do I know that plays the Gifted Creator role in any group that I affiliate with?</p> <p>The Gifted Creator holds the dream for the group. Often the gifted creator also takes parts of the dream for their own gain.</p> <p>Who have you given your dream to that played the role of gifted creator in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the gifted creator in my present life and throughout my ancestry. I intend to retrieve all dream weaving and spiritual knowledge given to those in this role in this life and throughout time. I intend to forgive all ancestors who played the role of gifted creator in their incarnations. I intend to return all dreams procured from others in the incarnations of those playing this role in my ancestry. I intend to become the dreamer and the dream.</i></p>

<p>8. Who do I know that plays the Impoverished One role in any group that I affiliate with?</p> <p>The Impoverished One takes on the dreams of poverty for the group and then lives to experience lack.</p> <p>Who have you given your poverty karma to that played the role of the impoverished one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the impoverished one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of impoverished one in their incarnations. I intend to return all poverty karma that I or my ancestry took on in this role. I intend to retrieve all dream weaving knowledge lost in this dance that was a part of my inherited knowledge. I intend to become the dreamer and the dream.</i></p>
<p>9. Who do I know that plays the Charming One role in any group that I affiliate with?</p> <p>The Charming One takes on the dream and persona for being entertaining and amusing from the group.</p> <p>Who have you given your charisma dream to that played the role of the charming one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the charming one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of charming one in their incarnations. I intend to return all charisma dream and personality entities that I or my ancestry took on in this role. I intend to retrieve all information on channeling soul, earth, nature and my ancestors in lieu of relying upon personality beings in the dance of life.</i></p>

<p>10. Who do I know that plays the One Who Fails role in any group that I affiliate with?</p> <p>The one who fails takes on all karma for failure, alcoholism and drug abuse from the group and then lives to experience such a dream.</p> <p>Who have you given your failure, drug or alcohol karma to that played the role of the failed one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the failed one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of failed one in their incarnations. I intend to return all failure, drug and alcohol abuse karma that I or my ancestry took on in this role. I intend to retrieve all information on manifesting success in this dance that was a part of my inherited knowledge. I intend to become the dreamer and the dream.</i></p>
<p>11. Who do I know that plays the One Who is Free role in any group that I affiliate with?</p> <p>The One Who is Free takes on the dreams of freedom for the group and then lives to experience freedom, even if they committed a crime or have karma otherwise.</p> <p>Who have you given your karma for freedom to that played the role of the one who is free in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the one who is free in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of the one who is free in their incarnations. I intend to return all karma for freedom that I or my ancestry took on in this role. I intend to retrieve all information on freedom lost in this dance that was a part of my inherited knowledge. I intend to ascend into my sovereign truth and to be free of all karmic debt that I complete upon in this lifetime.</i></p>

<p>12. Who do I know that plays the One Who is Enslaved role in any group that I affiliate with?</p> <p>The Enslaved One takes on the slavery karma for the group and then lives to experience feeling imprisoned.</p> <p>Who have you given your slavery karma to that played the role of the enslaved one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the enslaved one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of enslaved one in their incarnations. I intend to return all slavery karma that I or my ancestry took on in this role. I intend to retrieve all knowledge of freedom lost in this dance that was a part of my inherited knowledge. I intend to complete all karma in my Anu slave inheritance in this lifetime so that I and my future ancestors can give birth to authentic freedom in the life dance.</i></p>
<p>13. Who do I know that plays the Exalted One role in any group that I affiliate with?</p> <p>The Exalted One takes on the power of the group and then lives to be in a position of leadership.</p> <p>Who have you given your power to that played the role of the exalted one in your life experience?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the exalted one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of exalted one in their incarnations. I intend to return all power that I or my ancestry took on in this role. I intend to retrieve all power lost in this dance that was a part of my inherited knowledge. I intend to ascend into unity based power founded upon honor and equality in this lifetime.</i></p>

<p>14. Who do I know that plays the One who is Exiled role in any group that I affiliate with?</p> <p>The one who is exiled takes on the dreams of exile for the group and then lives to experience exile or being removed from the group or fired from the job.</p> <p>Who have you given your exile karma to that played the role of the one who is exiled in your life experience?</p> <p>_____</p> <p>_____</p>	<p>With Family _____</p> <p>At Work _____</p> <p>At School _____</p> <p>With Spiritual Groups _____</p> <p>With Social Groups _____</p> <p>Other Groups _____</p> <p><i>I intend to release all karma with those who have played the role of the exiled one in my present life and throughout my ancestry. I intend to forgive all ancestors who played the role of exiled one in their incarnations. I intend to return all exile karma that I or my ancestry took on in this role. I intend to step out of the game of pitting one person against another in the group dynamics to the point of exile.</i></p>
<p>15. What was the role my family played in the neighborhood? And who were the other families that played the other roles in the group dynamic game?</p> <p><i>I intend to release all karma in this life and in my ancestry for participating in neighborhood or regional power dynamics. I intend to pull out of the neighborhood dream for competition and weave a new dream for unity based lotus energy flow. I intend equality and unity in all relations, including with my neighbors.</i></p>	<p>Ring Leader _____</p> <p>Beautiful One _____</p> <p>Black Sheep/Rejected One _____</p> <p>Saint or Martyr _____</p> <p>Black Magician _____</p> <p>Gifted Creator _____</p> <p>Impoverished One _____</p> <p>Charming One _____</p> <p>One Who Fails _____</p> <p>One Who is Free _____</p> <p>One Who is Enslaved _____</p> <p>Exalted One _____</p> <p>Exiled One _____</p>



ANU BASED PYRAMID



REPTILIAN BASED PYRAMID

ASSESSING PYRAMIDAL DYNAMICS IN THE LIFE DANCE

<p>1. What Pyramids have you been directly involved with in this lifetime in terms of preoccupation, or interest?</p> <p>One may discover that one has been directly involved with 8 or more pyramids in one's life to date. Preoccupation associated with any pyramid causes one to be pulled into the energy flow associated. One may wonder why there is no spiritual pyramid associated with religion? Spirituality falls under the prestige pyramid as gurus have prestige that is spiritually oriented and are worshipped as such. The Anu were the ultimate guru that the slaves worshipped as their gods and they did not have a pyramid associated with themselves in the original energy dynamics as they controlled it all anyway.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Money Pyramid <input type="checkbox"/> Health and Vitality Pyramid <input type="checkbox"/> Military Pyramid <input type="checkbox"/> Food Pyramid <input type="checkbox"/> Commodities Pyramid <input type="checkbox"/> Real Estate Pyramid <input type="checkbox"/> Marriage Pyramid <input type="checkbox"/> Family Pyramid <input type="checkbox"/> Work Pyramid <input type="checkbox"/> Education Pyramid <input type="checkbox"/> Arts Pyramid <input type="checkbox"/> Luxury Pyramid <input type="checkbox"/> Prestige Pyramid/Spiritual Gurus <input type="checkbox"/> Government Pyramid <input type="checkbox"/> Law Pyramid <input type="checkbox"/> Medical Pyramid <input type="checkbox"/> Construction Pyramid <input type="checkbox"/> Media Pyramid <p><i>I intend to step out of the game of pyramidal energy flow whether it be reptilian or Anu based in nature. I intend to construct in its place a lotus based dream in which unity, honor and equality can become the group dynamic in the dance of life. I intend to release all karma in this life and in my ancestry for dancing with pyramidal energy flow. I intend to bring forward the information from my red nation ancestry on the lotus dream that they existed within during their respective incarnations. I intend to exit the dance of power founded upon inflation of field and lack of power founded upon deflation of field. I intend to take command of my dream becoming the dreamer and the dream in this lifetime.</i></p>
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MONEY PYRAMID

LESSON	INTENTIONS
<p>1. Money is an essential requirement for life. Without money I will die or end up homeless upon the streets and without a dream for my life.</p> <p>Humans in present time have become convinced that money is a life essential and there is great fear of having nothing in one's bank account or wallet. It is true you live in a reality where without money there is no food or housing available within the current paradigm. Humans also exist in most regions to a point that it is difficult to move into the woods and carve a sovereign life in the outback by oneself. Humans have also become accustomed to the electronic gadgets and creature comforts mass produced in this techno- era that living apart from society is a frightening prospect. Out of this fear one is always giving chi and dream to the money pyramid so that one can have a dream for one's life.</p> <p>There was another time in which there was no money. The Polynesians prior to the arrival of outsiders are a good example as are the North American Native Indians. Each had a vastly complex culture that experienced abundance and yet there was no monetary exchange. In reality the red nations dream along with the dream for the grand masters did not hold the concept of money at all. Each may begin to intend to call forward their red nation remembrance of a non-monetary based system that a non-monetary dream can be map carved in communal living or community relations.</p>	<p><i>I intend to release all karma for the participation in the dance of money in this life and throughout my inheritance</i></p> <p><i>I intend to transcend the karma and fear that I have of poverty, lack and homelessness.</i></p> <p><i>I intend to weave a dream in which there is an abundant flow of whatever I require to fulfill upon my ascending life.</i></p> <p><i>I intend to overcome my fear of nature and the natural world and make peace with earth.</i></p> <p><i>I intend to release my attachment to electro-gadgets and the creature comforts created in this techno era.</i></p> <p><i>I intend to retrieve the dreams that were given to the banks in the loans that I have procured in this life and throughout my ancestry.</i></p> <p><i>I forgive my ancestors for giving their dreams to the banks; along with those ancestors who worked for the banks and took the dreams of others in the exchange.</i></p> <p><i>I intend to master balanced giving and receiving outside of the dance of money.</i></p> <p><i>I intend to begin to barter and trade to the degree that I can and separate myself from the monetary system.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 277 787 409">2. In order to make money one must have money. Money can grow through investments without the requirement to work.</p> <p data-bbox="235 415 787 1075">There is a belief that comes from the Anu that money grows with investments. To the degree some are creating money through artificial investments such as through high interest bearing accounts, to equal degree others who are not privileged to make money from interest are deprived of having enough dream leading to the experience of the large numbers in the lower class part of the pyramid. The dreams that those who are deprived are confiscated by those who have enough money to earn interest and given to the banks in the exchange. The banks then use the dreams to gather those who borrow money in exchange for a dream of some sort, such as a home, car, office building, boat, or some other project.</p> <p data-bbox="235 1113 787 1843">Balanced giving and receiving precludes interest or making money for nothing. It is for this reason that Mila and Oa do not have an interest bearing account and pay for everything in cash 99% of the time. Mila and Oa purchase everything out right and refuse to take any kind of loan for anything that they require, including the temporary credit through the use of credit cards. In so doing, they do not have to give their dream to the banks in exchange and can cease to participate in the money pyramid. The ongoing loss of chi and dream to the money pyramid will create difficulties in manifestation along with one's ability to ascend, as ascension requires a full dream to be fulfilled upon. Paying in cash is one way to step out of the money pyramid which is tied into the use of credit and the banks.</p>	<p data-bbox="841 277 1372 409"><i>I intend to balance the scales any money that has been acquired through investments or interest in this life and throughout my ancestry.</i></p> <p data-bbox="841 447 1372 552"><i>I intend to forgive my ancestors who participated in making money through investments in interest.</i></p> <p data-bbox="841 590 1372 762"><i>I intend to retrieve all dreams that have been given to the banks in exchange for the interest and funds acquired through investments in this life and throughout my ancestry.</i></p> <p data-bbox="841 800 1372 940"><i>I intend to transcend the karma for deprivation due to the loss of dream unto those who used this dream to make money through interest or investments.</i></p> <p data-bbox="841 978 1372 1083"><i>I intend to retrieve all dreams from my ancestors who were deprived in this manner.</i></p> <p data-bbox="841 1121 1372 1255"><i>I intend to return all dreams from those ancestors who used the dream of others to make money through interest and investments.</i></p> <p data-bbox="841 1293 1372 1360"><i>I intend to step out of the game of interest and investments.</i></p> <p data-bbox="841 1398 1372 1503"><i>I intend to step out of the money pyramid energy flow so that I cease to lose chi and dream necessary to ascend.</i></p> <p data-bbox="841 1541 1372 1682"><i>I intend to learn to live upon a cash basis giving up credit, interest and investments as my karma is complete with the banks.</i></p>

LESSON	INTENTIONS
<p data-bbox="233 237 789 443">3. I cannot exist without a credit card. Credit is an essential means of paying for everything, and I earn free air miles with my card! This is how I can finance my airfare to Conclave.</p> <p data-bbox="233 478 797 684">The use of credit has become so prevalent and the banks have become increasingly talented at finding means by which people will use credit over cash or checks. Checks and cash do not create karma; credit however does. Credit creates karma in two ways; one through the funds that each merchant accepting the card must pay to the bank for the privilege; the second in the form of the dreams and chi that one will give to the bank for each credit card that one has in one's wallet. Mila and Oa discovered that 30% of their dream was being taken by the one remaining credit card that they possessed and so they cut it up and now only use a credit/debit card, which acts as a electronic check, and does not have agreements requiring chi and dream to be collected by the bank in its use.</p> <p data-bbox="233 1249 797 1795">Although the use of credit may allow you an air ticket to Conclave, the amount of dream confiscated by the bank may not allow for enough to pay for the lodging, or the dream to hold enough to fulfill upon the trip. Earning air miles is another game that much like interest confiscates dream. So you gain air miles but lose your dream for travel and then will find you do not take the trip after all; for the airlines collect dream for travel in the exchange of air miles. As one steps out of the game of credit, one will have enough dream to create the funds to travel without requiring the use of air miles or credit.</p>	<p data-bbox="841 237 1373 338"><i>I intend to balance the scales of any karma created through the use of credit in this life and throughout my ancestry.</i></p> <p data-bbox="841 373 1354 516"><i>I intend to retrieve any dream that has been confiscated through the use of credit in this life and throughout my ancestry.</i></p> <p data-bbox="841 552 1341 653"><i>I intend to forgive my ancestors for participating in the dance of credit in their respective lifetimes.</i></p> <p data-bbox="841 688 1360 789"><i>I intend to forgive those ancestors that invented the concept of credit along with banking and interest.</i></p> <p data-bbox="841 825 1315 926"><i>I forgive those ancestors who were creditors and made fortunes off of others in the confiscation of dream.</i></p> <p data-bbox="841 961 1367 1104"><i>I intend to return all dreams that my ancestors who were creditors took from those who became impoverished as a result.</i></p> <p data-bbox="841 1140 1386 1241"><i>I intend to forgive those ancestors that became impoverished due to the game of credit and interest.</i></p> <p data-bbox="841 1276 1344 1419"><i>I intend to gather up all dream lost by those ancestors who became impoverished due to the use of credit and interest.</i></p> <p data-bbox="841 1455 1367 1535"><i>I intend to become sovereign in my income and dream weaving capabilities.</i></p> <p data-bbox="841 1570 1386 1650"><i>I intend to step entirely out of the money pyramid in this lifetime.</i></p>

HEALTH AND VITALITY PYRAMID

LESSON	INTENTIONS
<p>1. I will stay young forever if I exercise and eat right.</p> <p>There is a prevailing belief in the current human dance that one must be thin to live longer and that a fat free diet is better for one's health. There is also another belief that contradicts this to the extreme opposite which shows that eating a high fat and high protein diet leaves one thin and beautiful. There is also the belief that daily exercise is vital to one's health and that through health and exercise, one will regenerate somehow. In reality those at the top of this pyramid strip those at the bottom of chi and life force used to regenerate the form which has nothing to do with exercise or what they eat. Many a famous yoga guru or famous fitness guru or famous athlete youths themselves in this manner today, and those watching them and participating in this pyramid give their chi and dream for health unto those at the top of the pyramid. The reality is that ascension does require some gentle movement to assist the body in moving the lymph each day along with detoxification practices to support the health of the body in evolution. Ascension also does require good nutrition to provide the ascending biochemistry with its needs. Regeneration through ascension does not occur through stripping others of a dream for health or their chi; instead the chi is generated from within through the movement of the ascending field and kundahlini which is used to regenerate and youth the form along with extend the life. The dream for the crystalline cellular structure will create a regenerative biochemistry to support the goal of life extension.</p>	<p><i>I intend to release all karma for participation in the health and vitality pyramid.</i></p> <p><i>I intend to retrieve all dream for my biology from all who have confiscated it in the dance of this pyramidal flow in this lifetime an throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors that participated in the health and vitality pyramid and stripped the dream for health from many others</i></p> <p><i>I return the dream for health that my ancestors who participated in this game took from others over time.</i></p> <p><i>I intend to exercise in a gentle manner each day to support the process of ascension.</i></p> <p><i>I intend to spend time meditating each day to support the process of increasing the rotation of my field for ascension.</i></p> <p><i>I intend to provide the body with what it requires to ascend by giving it nutritional meals that muscle test or pendulum as supportive.</i></p> <p><i>I intend to weave a dream for an ascending field and form that allows for the continued momentum into the crystalline cellular structure.</i></p> <p><i>I intend to step out of the game of taking chi from others to youth myself; or giving chi to others to youth themselves. I intend to master the generation of all of the chi necessary to my continued ascent.</i></p>

LESSON	INTENTIONS
<p>2. A thin form is a healthy form. A heavier form is an unhealthy form.</p> <p>There is a prevailing belief in the current human dance that one must be thin in order to be healthy. In reality those who are thin have a starving cellular structure due to an intestinal tract that fails to ingest the substances required to sustain the life of the biology. As one ascends, the intestines are modified becoming not only crystalline but increasingly capable of ingesting one's nutrients. The body then expands not only due to the ability to digest one's food, but due to the fact that the crystalline cellular structure is larger in size; and that many cells that were decayed or diseased and compressed in upon one another expand as they are resurrected. In ascension therefore, heavier or becoming medium or large in size is a sign of a healthier ascending biology. A protruding Buddha belly is also a sign of the development of the crystalline diaphragm that can indeed make one appear pregnant; however one is pregnant with life due to ascension.</p> <p>There is a lot of trauma in the human experience around starvation as well as the concept of "dieting" to remain thin or beautiful. There is also great judgment of the personality entities that have preferences akin to a life as a cartoon where one never appears real; as this is the reality that the persona exists within. Release the personality and begin to embrace your ancestors, soul, earth and nature instead. There you will find acceptance of your appearance as well as yourself as you are and in love.</p>	<p><i>I intend to release all karma for the experiences of starvation in this life and in my ancestry.</i></p> <p><i>I intend to release all karma for the experience of self induced starvation in the form of "dieting" in this life and throughout my ancestry.</i></p> <p><i>I intend to allow all parts of my biology to expand in ascension.</i></p> <p><i>I intend to embrace my body as it is and love it regardless of shape and size.</i></p> <p><i>I intend to cease to judge myself or others surrounding their shape and size or appearance.</i></p> <p><i>I intend a complete biological ascension in which each cell in my body becomes crystalline.</i></p> <p><i>I intend to release the personality entities and embrace my soul, earth, nature and my ancestors in their place.</i></p> <p><i>I intend to embody self acceptance and acceptance of all others in this lifetime.</i></p> <p><i>I intend to release the self hatred that has prevailed in my ancestry over time and has manifest through experiences such as dieting or disease.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 273 771 409">3. You are what you eat. Disease is the result of eating the wrong foods. Correct the diet and the disease will go away.</p> <p data-bbox="235 451 795 903">There is a belief that prevails in current human thought-form that something outside of self can alter or change that which is within. There are those who are vegan and think that they have embodied world peace and non-slaughter thought-form due to their dietary practices rather than spiritual mastery. The reality is that diet has nothing to do with spiritual mastery, although due to spiritual mastery one may alter one's eating habits to better support the ascending biology.</p> <p data-bbox="235 934 779 1386">Disease is a karmic and genetic predisposition as well as due to thought-form associated with self hatred that causes the harm flowing through the unconscious of others and turns it inward manifesting a blockage in the etheric body. Disease may be offset for a time through cleansing the body in dietary practices; however if the thought-form is not transcended then ultimately the disease will recur again and not in this lifetime then in one's future ancestry.</p> <p data-bbox="235 1417 795 1774">Some have learned to trade the stuck points of the etheric body for healthy grid work from another and recovered from disease; this only creates karma where one's future ancestry will take on the disease of another and then manifest it, and so it resolves nothing. Only ascension into the crystalline cellular structure will allow for a healthy form that is disease free.</p>	<p data-bbox="836 304 1388 483"><i>I intend to release all karma for the belief that something outside of myself can cause spiritual mastery within in this lifetime and throughout the lives of my ancestry.</i></p> <p data-bbox="836 514 1364 619"><i>I intend to release all karma for the use of nutrition and supplements to extend the life of my ancestors.</i></p> <p data-bbox="836 651 1388 766"><i>I intend to release karma for disease and the genetic predisposition held in the trauma of my ancestry.</i></p> <p data-bbox="836 798 1364 903"><i>I intend to construct a healthy crystalline form through the release of all karma associated with disease.</i></p> <p data-bbox="836 934 1372 1081"><i>I intend to return any grid work, karma and thought-form that I or my ancestry took on for others that allowed for a recovery from disease.</i></p> <p data-bbox="836 1113 1372 1260"><i>I intend to retrieve all grid work, thought-form and karma that I or my ancestry took on from others that led to the experience of disease.</i></p> <p data-bbox="836 1291 1372 1396"><i>I intend to cease to participate in the unconscious game of harm that prevails in the pyramidal dream.</i></p> <p data-bbox="836 1428 1364 1543"><i>I release all karma for how my ancestry participated in unconscious harmful actions within the pyramidal dream.</i></p> <p data-bbox="836 1575 1339 1680"><i>I intend to weave a new unity based dream founded upon honor, equality, collaboration and joy in all relations.</i></p>

MILITARY PYRAMID

LESSON	INTENTIONS
<p>1. Military and police protection is necessary for my personal and regional safety.</p> <p>There is a belief in lawlessness in which one can be harmed in the physical by another and has no say or responsibility in the creation of such an experience. Out of the fear of others who may harm, humans have created the military as well as police to “protect” the innocent. In reality no one is innocent; any act of harm is called into the experience due to karma. However ascending initiates can release the karma long before it manifests in the physical, and intend that any harmful dream that one cannot release the karma for be pushed to a nonphysical expression instead. As such, one can create a safe environment for oneself without the requirement for the police or military to feel protected.</p> <p>Those who become physically harmful are only acting out dreamtime scripts that have personality involved that merges with the forms to bring about the violent actions in the physical. Ascending initiates can remove the violent dreamtime through conscious intention along with the violent personality minimizing crime or violence in the region that one lives.</p> <p>One can also learn to ground. When grounded unto earth, one will always be safe in the physical and dreams that you have not intended and soul or earth has not intended for you to experience simply cannot manifest. You are a living dream beloved can learn to command the dream and as such feel powerful to determine one’s life dance.</p>	<p><i>I intend to release all karma now and in my ancestry for the belief in the requirement of outside protection in the form of police or the military.</i></p> <p><i>I intend to retrieve my power to weave my dream and determine my safety upon the physical plane.</i></p> <p><i>I intend to release all karma for those in my ancestry that played the role of the police or military protection force.</i></p> <p><i>I intend to release the karma for how my ancestors gave their power to be safe to an outside force.</i></p> <p><i>I intend to retrieve all information on making myself safe and protecting myself through grounding upon the physical plane.</i></p> <p><i>I intend to release all personality entities that feel unsafe and unprotected and intend to anchor soul, earth and nature in their place.</i></p> <p><i>I intend to remove all violent dreamtime and violent personality in my region of origin or travels as it is perceived and in collaboration with earth.</i></p> <p><i>I intend to learn to remain grounded at all times and derive my sense of internal safety from my connection to earth.</i></p> <p><i>I intend to reverse polarize any violent dream into the nonphysical. I intend to release all karma for violet relations or experiences in my ancestry.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 270 771 373">2. It is necessary for the military to go to war to protect the freedom of my country.</p> <p data-bbox="235 411 795 934">The current human paradigm is split in the belief to war and the belief not to war to sustain freedom. The reality is that freedom has nothing to do with the military or the ability to war or not war upon another nation. Freedom has everything to do with the dream that one weaves and the collective dream that each human in one's country weaves. Therefore the belief in going to war to protect freedom is an illusion of the war mongers so that they can perpetrate their international power games for other reasons that are never really understood by the masses.</p> <p data-bbox="235 972 784 1423">Warfare creates violent karma that scars the biology of the human species. The human species is as scarred and fractured as it is primarily due to nuclear warfare. The scarring is not only from the radiation and nuclear poisoning, which is 60% of the underlying cause of disease, but also from the violent and violent experiences associated with the battlefield; and the violence perpetrated against civilians in conquered regions.</p> <p data-bbox="235 1461 792 1843">The scarring of war recreates the war again and again amongst the same lineages of war mongers associated with Innana and Merduk and the original cause of nuclear annihilation in human history. As this karma is released in the times ahead, there will be no requirement for any further war in the human dream and peace upon earth can become a living reality amongst human nations.</p>	<p data-bbox="841 270 1372 338"><i>I intend to release all karma for warfare now and in my ancestry.</i></p> <p data-bbox="841 375 1312 443"><i>I intend to release all karma for the belief that war leads to freedom.</i></p> <p data-bbox="841 480 1367 688"><i>I intend to release the scarring in my ancestry from nuclear annihilation along with the wounds of war, whether they occurred upon the battlefield or as a civilian that was maimed, raped or killed.</i></p> <p data-bbox="841 726 1372 829"><i>I intend to release the scars in my biology associated with war and nuclear annihilation.</i></p> <p data-bbox="841 867 1364 1010"><i>I intend to release the karma for radiation poisoning associated with the experience of disease and deformity in my ancestry.</i></p> <p data-bbox="841 1047 1377 1190"><i>I intend to release all karma for those who were the war mongers in my ancestry and led nations to war for the purposes of gaining international power.</i></p> <p data-bbox="841 1228 1360 1398"><i>I intend to release all karma in my ancestry for being duped by the war mongers into believing that war was necessary for the purposes of retaining freedom upon the physical plane.</i></p> <p data-bbox="841 1436 1373 1570"><i>I intend to release the scarring of war in my ancestry so that wars can cease to need to be created into the future of the human dream.</i></p> <p data-bbox="841 1608 1360 1711"><i>I intend to release all karma with the original cause of warfare upon earth in the dance of Innana and Merduk.</i></p> <p data-bbox="841 1749 1341 1852"><i>I intend peace with all relations and a dream of freedom for myself and all others.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 239 755 407">3. Participating in the Military or Police Force is a powerful experience. I like having power over the lives of others in this role.</p> <p data-bbox="235 447 797 1843">Many reading these materials may have been in the military at another time, or grown up in a military family, or may have held a preoccupation of law enforcement, or been a police officers child. Even if one has not had these experiences in this lifetime, one has a load of ancestors who have. Humans give their power to the military pyramid which encompasses also the police force in any country. Those in these positions derive power from all who believe that they are required to protect the innocent or sustain freedom upon the land. Each therefore gives their power and dream for protection to the military pyramid. In so doing, one has less power to weave a dream where through grounding and karmic clearing, one calls not to oneself violent experiences, whether it be through the violent act of another towards oneself, or an accident. Power is given away by most humans in the current system primarily due to how the pyramids function. As the pyramids spin they gather the power of those on the bottom two tiers and transfer them to those on the upper tiers (or outer boxes in the reptilian pyramid). One gives power away not only to the military pyramids but all other pyramids one participates in within the dance of life. Ascending humans require their own power to empower their continued mastery over the spiritual lessons that one's life presents. As one retrieves one's power, then one will have enough power to protect oneself upon the physical plane.</p>	<p data-bbox="841 268 1386 411"><i>I intend to release all karma in this lifetime or my ancestral lives for participating in the dance of the military pyramid.</i></p> <p data-bbox="841 447 1365 585"><i>I intend to forgive those ancestors who derived power from participation in the military or law enforcement occupations.</i></p> <p data-bbox="841 621 1377 760"><i>I intend to return all power that those in military or law enforcement positions took from the masses that they "protected".</i></p> <p data-bbox="841 795 1365 934"><i>I intend to retrieve all power that I and my ancestry have given over time to those in the military pyramid to protect us.</i></p> <p data-bbox="841 970 1370 1045"><i>I intend to weave a dream that does not allow for any violent action towards me.</i></p> <p data-bbox="841 1081 1377 1220"><i>I intend to retrieve all dream weaving knowledge on protection and grounding that has been taken by others in this life and throughout my ancestry.</i></p> <p data-bbox="841 1255 1377 1430"><i>I intend to retrieve my power to master my spiritual lessons so that I can forgive all karma for violence, warfare and accidents that is a part of my inheritance.</i></p> <p data-bbox="841 1465 1386 1570"><i>I intend to work with earth and nature to weave a dream for grounding and safety at all times.</i></p> <p data-bbox="841 1606 1386 1711"><i>I intend to release the fear in this life and within my ancestry of feeling unsafe and unprotected in the dance of life.</i></p>

FOOD PYRAMID

LESSON	INTENTIONS
<p>1. Food does not come from the natural world. Food comes from grocery stores or is grown in greenhouses or farmed and occasionally comes from someone's garden.</p> <p>The prevailing belief is that one should be careful about what one eats, and that it should be certified organic by the government; furthermore one should not gather wild food unless one is an expert in botany. The programming for food comes through the food pyramid and is the result of the desire of big business to reap a profit through farming, as this is how they ensure that humans will purchase the food that they grow. Alas any certification process places a government ownership upon the food; now not only does one give chi to the food pyramid but the also government pyramid in the purchasing of one's food. This leaves less chi available from one's food source to ascend as it is consumed by those at the top of the two pyramids.</p> <p>In reality there are many more foods that are not famed largely by humanity than there are farmed foods. The unfarmed foods that grow in the wild may be a better resource of nutrients as they have not lost their soul over the course of farming in this time period. Gathering food from the wild along with the plants that produce such foods may be another way to create the ascending garden in collaboration with nature. Also working with plants that have been farmed to retrieve their soul to ascend is another good focus for ascending humans. Learning how to gather wild foods again is also useful from earth's point of view, as well as letting go of the fear of eating wild foods.</p>	<p><i>I intend to release the belief that I and my ancestry has held that food must be certified and must be produced upon a farm or in a garden to be edible and safe to consume.</i></p> <p><i>I intend to explore the possibility of eating new foods that are less commonly produced in commercial farm or are wild.</i></p> <p><i>I intend to release all programming that perceives wild foods as poisonous or harmful in any way.</i></p> <p><i>I intend to forgive my ancestry that were farmers and fell into the dance of large scale agriculture.</i></p> <p><i>I intend to forgive my ancestors involved large scale agriculture for consuming the soul of the vegetables, fruits, nuts and farm animals that they raised.</i></p> <p><i>I intend to retrieve the soul consumed in this manner and return it to each kingdom of origin.</i></p> <p><i>I intend to forgive my ancestors for falling prey to food programming in their era and becoming afraid of eating wild foods or growing their own food in their own garden.</i></p> <p><i>I retrieve all information, dream and chi from the food pyramid on working with nature to gather foods from the wild or co-create an ascending garden.</i></p> <p><i>I intend to erase the ownership signatures of the farmers or government off all organic foods that I purchase as I remove the label from the skin or take it out of the bag.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 235 795 373">2. Birds and the intersect kingdom destroys food and should be destroyed in exchange to preserve our farms.</p> <p data-bbox="235 411 792 1350">The prevailing belief in farmers today is that birds and insects are pests that destroy their crops. Occasionally the pests and birds may indeed destroy some crops; however it is a mirror of the imbalance in the farmer and farming practices and nothing else. What is the imbalance? The imbalance comes from forcing food to grow through artificial fertilizers rather than allowing the dung of the birds to provide the nutrients required to fertilize the land. The imbalance also comes from killing all insects with insecticides including the bees that pollinate the flowers and the ants that till the soil and the worms that break the dirt down into nutrients that can be absorbed by the crops. The imbalance also occurs in using herbicides to kill the weeds that are complimentary to the crop and provide nutrients in their relationship. The imbalance last occurs due to the use of fungicides to kill fungus or other diseases that the plant develops due to the fact that it is soulless and lost its life force to exist.</p> <p data-bbox="235 1388 792 1843">What is the solution? Conscious farming practices that employ the act of blessing through which the soul of kingdom is called into the garden; the use of organic substances to fertilize to begin with and then the practice of complementary gardening in which one plants waste is another plants food; and the intention to remain in balance within so that the garden need not reflect the imbalance without through an invasion of insects or birds that consumes one's fruits and vegetables.</p>	<p data-bbox="841 235 1369 304"><i>I intend to cease to view insects or birds as pests.</i></p> <p data-bbox="841 342 1349 447"><i>I intend to see the purpose of each kingdom in the wheel of life, including the creepy crawlers.</i></p> <p data-bbox="841 485 1360 590"><i>I intend to forgive my ancestors for unconscious farming practices in other time periods.</i></p> <p data-bbox="841 627 1360 766"><i>I intend to forgive my ancestors for the use of artificial fertilizers, pesticides, herbicides and fungicides to force the plant kingdom to grow without soul.</i></p> <p data-bbox="841 804 1312 942"><i>I intend to forgive my ancestors for poisoning humanity through these substances that came through the soulless food.</i></p> <p data-bbox="841 980 1357 1119"><i>I intend to forgive those ancestors who were poisoned through the food source of their civilization due to unconscious farming practices.</i></p> <p data-bbox="841 1157 1349 1329"><i>I intend to release any karma for deformity or disease that is a result of such toxins in this lifetime and all ancestral lifetimes associated with my tapestry.</i></p> <p data-bbox="841 1367 1349 1472"><i>I intend to embrace conscious farming practices in the creation of my own ascending garden.</i></p> <p data-bbox="841 1509 1382 1682"><i>I intend that humanity embrace conscious and organic farming practices so that the ascending children of the future are adequately provided for in terms of food and nutrition.</i></p> <p data-bbox="841 1719 1365 1858"><i>I intend to bless all food that I consume and each kingdom associated to augment the return of soul to humanity's food source.</i></p>

LESSON	INTENTIONS
<p>3. One must pay for one's food. Nothing is for free and we will always be indebted.</p> <p>The prevailing belief in the current human dance is that one must pay for one's food, as well as one's clothes, housing, and of course then one must work for someone that one is indebted to in order to provide the nutrients that one requires as well as shelter over one's head. This is all the result of the food and real estate pyramids primarily that seek to assure a profit of some sort to those growing the food or who own the land. Ultimately the ones who profited however were the Anu who took the chi off of the entire system reaping the gain of their life extension.</p> <p>The simple act of going into the grocery store causes a large portion of one's chi to go to the food pyramid. This is less so with farmers markets or open air markets that are privately owned, as the pyramids that are run are smaller due to smaller numbers of employees. Therefore one has a greater opportunity to step out of the food pyramid game in shopping in smaller privately owned markets or the farmers market. The food pyramid also strips soul or consciousness from one's field. Soul has been lost in the farmlands and the farmers unconsciously try to fill the soul of the land with the soul from those who consume the food. Therefore one will lose one's soul consuming soulless food if one is not careful as an ascending human. In the act of blessing, one returns the soul one's ancestry consumed to the kingdoms so that one does not require losing soul in the exchange. One also need not pay for anything. Earth provides for all kingdoms including the human kingdom in all of your needs.</p>	<p><i>I intend to step out of the belief that one must pay for food and housing and always be indebted to someone or some organization.</i></p> <p><i>I intend to complete with all thought-forms associated in this lifetime.</i></p> <p><i>I intend to forgive my red nation ancestors who once lived freely from the land for falling into the belief that they had to pay in order to exist.</i></p> <p><i>I forgive my white nation ancestors for perpetrating the belief in the ownership of land along with the garden forcing others to pay for something that is provided for freely by the earth mother.</i></p> <p><i>I intend to cease to give chi or soul to the food pyramid.</i></p> <p><i>I intend to shop in smaller markets or farmers markets and step out of the food pyramid altogether.</i></p> <p><i>I intend to retrieve all souls lost in non-conscious farming practices in this life and in the lifetimes of my ancestors.</i></p> <p><i>I intend to retrieve all soul of the kingdoms lost over time due to non-conscious farming practices.</i></p> <p><i>I intend to retrieve the dream to live freely from the land and the provisions that it provides.</i></p> <p><i>I intend to weave a new dream for a new day of community where many come together to work the land allowing earth to provide for the group through her bounty and love.</i></p>

COMMODITIES PYRAMID

LESSON	INTENTIONS
<p>1. It is exciting, entertaining and profitable to trade stocks, bonds or other commodities for profit.</p> <p>Trading stocks and bonds along with commodities has become a legalized form of gambling. Trading on paper has no real value in the natural world. In the dance of wall street, one sells paper valued at one rate for a higher rate founded upon popularity or perceived increasing or decreasing value. Those who trade their paper for more than they bought it for reap a profit. Those who trade their paper for less than they bought it for reap a loss. What is really traded behind the scenes is dream. Those reaping a profit receive more dream equal but not equivalent to that amount earned could buy in possessions. This is because the broker behind the paper trading takes a portion of the dream for themselves; and a portion of the dream is also given to the commodities pyramid.</p> <p>The commodities pyramid calls humans to participate by tempting them with the belief that can have many dreams that they could not have before participating. They can have the dream of the new house or vacation home or yacht or a life of ease if they play the market. Some indeed do manifest the outcome that they dreamed of; most do not as in reality the dreams offered are not the dreams given due to the nature in which the pyramid will always take more of the dreams than they give in any exchange. This dance creates karma of two kinds; karma for taking dreams from others if one creates a profit in trading paper; and karma for causing others to become impoverished due to their loss of dream.</p>	<p><i>I intend to release all karma for participating in stocks, bonds and commodities in this lifetime or in any ancestral lifetime in my inheritance.</i></p> <p><i>I intend to return all dream confiscated from others to be given to the commodities pyramid that then caused impoverishment in the lives of others.</i></p> <p><i>I intend to forgive my ancestors for causing others to be impoverished so that they could have a better life.</i></p> <p><i>I intend to retrieve all dream confiscated from those ancestors who wound up impoverished due to losing their dream to others playing the stock market or commodities market.</i></p> <p><i>I intend to balance the scales in full forgiving myself in full for participating in trading paper for profit.</i></p> <p><i>I intend to forgive my ancestors for being tempted to have a better life or their dreams fulfilled upon through this form of gambling.</i></p> <p><i>I intend to retrieve all knowledge to weave my own dream so that I may do so free and clear of requiring participation in the commodities pyramid or any other pyramid for that matter.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>

LESSON	INTENTIONS
<p>2. Trading upon paper is a harmless past time and only affects those who choose to participate in the game.</p> <p>Perhaps in the beginning when the commodities such as food were not included in this type of legalized gambling it affected civilization less. Now commodities such as food are traded for. What farmers are paid for their crops depends upon how much a market player is willing to pay for it. Growing food then becomes a form of gambling in which the farmer hedges a bet that he will grow the food he has pre-sold at minimal cost reaping a profit. The commodity broker purchasing the food hedges the bet that what he is paying the farmer will be worth far more at market, reaping yet another profit. All of such trading forces the cost of food to be higher than if it was simply raised as needed and sold in a direct farmer to market modality. Commodities involving food production in particular creates a third type of karma due to how it affects the cost of living of all other humans. The third type of karma has to do with those who reap a profit as the commodities broker. For every dollar that is gained is a dollar out of the pocket of those purchasing the food in the grocery store. The commodities broker therefore reaps a debt equal to his gain in karma to be settled in the lifetimes ahead. Each dollar gained is also equated to dream lost by those paying more for their food than they should be. The ongoing loss of dream due to paying more than something is worth to fill the pockets of the middleman causes humans to have less and less dream to live their lives with over time. This creates a deprivation of dream, or as we have spoken to, a life of boredom due to lack of dream.</p>	<p><i>I intend to release all karma for any trading of paper that affected the lives of others directly or indirectly.</i></p> <p><i>I choose to forgive all karma in my ancestry for those who became the middleman and reaped large karmic debts to large numbers of others in human civilization that they affected.</i></p> <p><i>Intend to return all dream taken from others in the dance of creating profit upon paper or through trading in my ancestry.</i></p> <p><i>I intend to retrieve all dream given amongst those ancestors who had to pay too much for their food or rent due to profit earned by the middleman.</i></p> <p><i>I intend to balance the scales in full so that I cease to have a debt in my ancestry from the focus of trading paper for profit.</i></p> <p><i>I intend to return to a balanced state of giving and receiving in which what I pay for is equal energetic exchange for what it took to manifest the goods, services or products I consume or work with.</i></p> <p><i>If I pay more for something due to the rising cost of the middleman, I intend to balance the scales in chi, taking chi and dream back in exchange from those reaping a profit in this manner an providing no real goods and services in the dance.</i></p> <p><i>I intend balanced giving and receiving in all that I do. I intend to cease to gamble in the form of trading paper into the future.</i></p>

LESSON	INTENTIONS
<p data-bbox="235 233 779 304">3. Gambling in casinos is a harmless pastime that is entertaining.</p> <p data-bbox="235 338 820 1071">The lights and the beautiful waitresses and waiters along with card dealers appear exciting in the casino dream. All the ringing of bells for those winning here and there appears so thrilling. Here is the dream that you could come as a pauper and leave as a prince, or wealthy as a prince if one has no royal blood in their lineage. In the wealth, now you will know real freedom and will have everything that you ever wanted, including the love of your life, for who would not want a wealthy prince or princess? A sincere version of the Cinderella story but this is the dream that Las Vegas and the casinos run full tilt, and it pulls in humans by the millions each year who by and large lose, or if they are lucky, break even financially in the dance. And they return again thinking "Ah, that was so much fun!"</p> <p data-bbox="235 1108 820 1814">While at the casino, each who goes is consumed. The soul is consumed, the field is consumed, the dreams are lost, and one receives karma for disease, accidents or other travesties that are unwanted by the few who are the winners and at the top of the pyramid. So this is also so at theme parks such as Disneyland or any other amusement park. Why? The Anu used the dream from the casinos and theme parks to consume the Pleadians of their dream, chi and information; and so this continues to this day as the casinos and amusement parks are created from the same dream fabric as in the era of the Anu. Is it fun to be stripped? Perhaps if you do not reap the results in 10 years you do not notice. Ascending humans will become ill right away however.</p>	<p data-bbox="862 233 1356 338"><i>I intend to release all karma in this lifetime and throughout my ancestry for gambling.</i></p> <p data-bbox="862 375 1377 480"><i>I intend to forgive the ancestors who created the casinos and reaped a large profit off of the dance.</i></p> <p data-bbox="862 518 1356 653"><i>I intend to forgive the ancestors who created the casinos for stripping others of dream and consuming their souls.</i></p> <p data-bbox="862 690 1372 795"><i>I intend to resurrect any soul lost through those ancestors involved in the gambling industry in any capacity.</i></p> <p data-bbox="862 833 1377 938"><i>I intend to retrieve the soul lost in any ancestor who participated in gambling casinos.</i></p> <p data-bbox="862 976 1360 1115"><i>I intend to return any information or dream taken through those ancestors involved in the gambling industry in any capacity.</i></p> <p data-bbox="862 1152 1365 1257"><i>I intend to retrieve the information or dream lost through those ancestors who gambled.</i></p> <p data-bbox="862 1295 1382 1434"><i>I intend to return any karma for disease or other travesties that was taken on by my ancestry through those that gambled.</i></p> <p data-bbox="862 1472 1338 1577"><i>I intend to lift beyond the veils that cause me to believe that winning a fortune will set me free.</i></p> <p data-bbox="862 1614 1372 1719"><i>I intend to create my freedom through living the ascending life and through legitimate karmic completion.</i></p>

LESSON	INTENTIONS
<p data-bbox="233 268 812 373">4. I must pay for insurance as it is the law. I must purchase health insurance to insure against disease.</p> <p data-bbox="233 411 812 968">Insurance may be the largest legal racket in the current human dream. Insurance is another form of paper trading in which the insurer offers to provide “coverage” against travesty. The insurer is betting that what you pay will never equal what is ever paid out reaping a large profit along the way. Paying the insurance is equivalent to calling a dream of travesty into the life; for the insurer is an accident, disease, lawsuit and death dream broker in the unconscious. The worst dreams go to those who are underinsured as this is how the insurer assures the creation of a profit in the game of insurance.</p> <p data-bbox="233 1005 812 1850">Insurance creates many types of karma. One type of karma is the business of putting people in fear of their lives; “Oh you could have an accident and then you would lose everything if the car was totaled”; “Oh what if you needed to go to the hospital? It is so expensive and then you’d lose everything.” “Oh what if you were sued as a business owner or doctor? Without insurance you are not protected.” These sorts of communications put others in fear and those who sell insurance gain karma for causing fear in others. Karma is also incurred through insuring someone and then failing to pay out the coverage; and this occurs more frequently than you might expect. The third kind of karma has to do with causing accidents or other travesties; as in the unconscious, dreams for travesties that are unwanted by those on the upper end of the pyramid are transferred through the insurance agents to those on the lower half.</p>	<p data-bbox="863 268 1338 373"><i>I intend to release all karma for the game of insurance in this life and throughout my ancestry.</i></p> <p data-bbox="863 411 1365 516"><i>I intend to balance the scales of with all forms of insurance that I have carried in this life and in my ancestry.</i></p> <p data-bbox="863 554 1295 690"><i>I intend to return any dreams of travesty giving to myself or my ancestry through the game of insurance over time.</i></p> <p data-bbox="863 728 1380 795"><i>I intend to forgive those ancestors who were insurance brokers.</i></p> <p data-bbox="863 833 1378 970"><i>I intend to retrieve all dreams of travesty from those that it was deposited upon through ancestors who were insurance brokers.</i></p> <p data-bbox="863 1008 1360 1113"><i>I intend to cease to participate in the game of being in fear of the future or some unknown future manifestation.</i></p> <p data-bbox="863 1150 1380 1329"><i>I intend to retrieve my dream weaving knowledge and ability to intend and determine my dream from those who have confiscated this information over time and throughout my ancestry.</i></p> <p data-bbox="863 1367 1378 1465"><i>I intend to manifest those dreams only that support continued ascension and evolution home.</i></p> <p data-bbox="863 1503 1373 1570"><i>I intend to transcend the fear that the current paradigm sits within.</i></p> <p data-bbox="863 1608 1370 1713"><i>I intend to transcend the beliefs that I do not determine my fate or future dream.</i></p>

REAL ESTATE PYRAMID

LESSON	INTENTIONS
<p>1. Home ownership is necessary in the dance of life and something to be proud of.</p> <p>Home ownership is the result of the land coming into pyramidal or box shaped energy flow. As the land is divided into little boxes, humans move into the boxes and own each square or triangle instead of living freely together and in common upon the land. Long ago the slaves had no private dwellings but lived together in one large common area. It was not until slave civilization was in full swing that the real estate game of buying and selling properties or apartments began. The Anu gave the land to the slaves in trade for the labor; over time labor no longer involved the Anu as the populations of slaves were large enough that they required doing much to sustain themselves. As slaves began to work for themselves, they also began to build housing for themselves. In the beginning, slaves pulled together much as the Amish today to construct homes for one another. As civilization boomed, some chose to create businesses out of building homes for others, and this began the real estate market.</p> <p>When one purchases a home, one gives chi and dream to the real estate pyramid. Some chi and dream also goes to the broker who handles the exchange between buyer and seller. One continues to give chi and dream to the real estate pyramid as long as one lives within the home. One also gives chi to the money pyramids if one has a mortgage. The only way to step out of the game is to cease owning the home and choose to rent instead. Tenants pay chi to the homeowners, but not dream. If this settles karma then this supports ascension. It is the owners that pay the chi and dream to the real estate and money pyramids.</p>	<p><i>I intend to release all karma in my ancestry for home ownership.</i></p> <p><i>I intend to forgive myself and my ancestors for dividing up the energy flow of the land in home ownership.</i></p> <p><i>I intend to create a new energy flow in my home that no longer allows the separation and division of energy of earth.</i></p> <p><i>I intend to cease to give dream or chi to the real estate pyramid.</i></p> <p><i>I intend to retrieve all chi and dream given to the real estate pyramid over time in this life and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who were real estate brokers in their given incarnations.</i></p> <p><i>I intend to return all dream and chi taken by my ancestors who were real estate brokers over time.</i></p> <p><i>I intend to step out of the game of bartering chi or dream over a place to live.</i></p> <p><i>I intend to create a sovereign place to live freely from the land and under agreement with the Earth Mother.</i></p> <p><i>I intend true spiritual law in the relationship to the land and all kingdoms upon it.</i></p> <p><i>I intend to only pay as much as is owed in chi to the land lord and no more.</i></p>

LESSON	INTENTIONS
<p>2. Home ownership is a good way to make money.</p> <p>Humans have moved into a multi-class system much of which has been defined by real estate ownership. The wealthy own the land in England and all others still lease from the land barons or royalty. In other countries, the monarchy deeded the land to the people long ago. The people then went into the dance of buying and selling land for profit and gain. The upward moving prices of the land caused some to rise into a different class of wealth or prosperity. The end result is a lot of folk creating great wealth for themselves through rising real estate values. The more one pays for a home the less dream one has available for the rest of the life. One then has less possibility for future dream manifestations. The reason for this is that the one who made a profit from the higher price home sold took a portion of the dream of the one who purchased. A portion of the buyers dream also goes to the real estate pyramid and the money pyramid if there is a mortgage involved along with the agents. Those who make great wealth off of the rising real estate values with large numbers of investments strip chi from those who rent or are tenants and use this chi to foster the increasing values of the properties. The higher the value of the land, the fewer dreams becomes available for other life experiences. The higher value neighborhoods take so much dream that it leaves impoverished regions of low income housing in compensation where those with little dream and who struggle exist. The consequences of this game create karma for those who profit not only for the dream taken but also for causing struggle in the lives of those who have lost their dreams. This is why those of great wealth may have thousands of future lives of poverty in compensation.</p>	<p><i>I intend to release all karma that has been acquired in my ancestry in the dance of real estate and home ownership.</i></p> <p><i>I forgive my ancestors who profited off of rising real estate values and intend to balance the scales.</i></p> <p><i>I forgive my ancestors who profited off having many rental properties and took chi from all the tenants. I intend to balance the scales now.</i></p> <p><i>I forgive those ancestors who rented and lost chi to the landlord. I intend to retrieve all chi lost now.</i></p> <p><i>I forgive those ancestors who were wealthy and took dream from many others who were impoverished. I intend to return this dream now.</i></p> <p><i>I forgive those ancestors who experienced extreme poverty due to the loss of dream to those of wealth. I intend to retrieve all dreams lost in my ancestry now.</i></p> <p><i>I intend to release any karma accrued in this lifetime from profit in housing prices and to retrieve all dream lost to the real estate pyramid, agents and money pyramid.</i></p> <p><i>I intend balanced giving and receiving in the dance of life including in association with rent or property ownership. I intend to cease to lose dream in this game into the future and pull out of the real estate pyramid in full.</i></p>

MARRIAGE PYRAMID

LESSON	INTENTIONS
<p>1. Marriage creates a safe nest to exist within.</p> <p>Marriage has existed in both the pyramidal and the lotus based dreams. Lotus based dreams create a marriage founded upon two petals that become one or interlinked. In the interlinking, there is greater strength in this system of dream. Within pyramidal dreams of triangular or box shaped design, there also is a merger of the two into a single box or pyramid. This results in a lessening of one field and a strengthening of the other as information is transferred from the one perceived as subordinate to the one who is perceived as dominant. It is not always the male that plays the dominant role at home either and what occurs is that he may lose his power in marriage to the wife. So this can also occur with the husband depending upon archetypal nature. Innana had over 800 marriages and she stripped each of her slave-husbands of their chi, moving energy, and dream. Those having partnerships with any of the Anu may find that one's information flows to this archetype in the marital agreements as a result. Those of red or grand master inheritance tend to play the subordinate role to the Anu as do those of slave inheritance. Those of Albyreon inheritance will dominate with red or grand master archetypes and subordinate unto those of Anu archetype. Therefore each combination can cause the power and information and dream to move in variant directions in marriage. Moving to a lotus based dream together is the better solution for those who remain in marriages with a partner who is red or grand master in inheritance. In the lotus dream, there can be three petals; one for oneself one for the partner and one for a dream for the life dance together. This creates sovereignty and unity in the relationship instead of codependence.</p>	<p><i>I intend to release all karma for marriage that has caused transference of information and knowledge unto another in this life and throughout my ancestry.</i></p> <p><i>I intend to forgive my ancestors for participating in the dance of pyramidal marriage.</i></p> <p><i>I intend to forgive the male side of my ancestry who became dominant and stripped the feminine side.</i></p> <p><i>I intend to retrieve all information my feminine side gave to the masculine side of my ancestry in marriage.</i></p> <p><i>I intend to forgive the female side of my ancestry who became dominant and stripped the male side.</i></p> <p><i>I intend to retrieve all information my masculine side gave to the feminine side of my ancestry in marriage.</i></p> <p><i>I intend to return any information or karma that does not belong unto either my masculine or feminine side of my ancestry gained through marriage balancing the scales in full.</i></p> <p><i>I intend to create a new kind of partnership if I choose to marry that is lotus dream and unity based.</i></p> <p><i>I intend to bring forward my red nation information on lotus dream partnership for this life or my future ancestry to dream weave from.</i></p>

LESSON	INTENTIONS
<p>2. Marriage allows for a socially acceptable circumstance to have children.</p> <p>The programming that one must be married in order to have children along with the shame for “illegitimate” births is all programming that comes through the marriage pyramid and was orchestrated by the Anu for the purposes of birth control. Within the marital agreements, two children per marriage are allowed. Outside of marriage there is no permission, and it is the lack of permission that creates the experience of shame. In reality, children are born if there are karmic agreements whether or not there are agreements for marriage between the two parents. One can see that the marriage pyramid is therefore outside of true spiritual law as it would like to cancel agreements to birth children if there are agreements not to be married, and cancellation of karma is not allowed within true spiritual law. The nature kingdoms give birth without marriage, although some kingdoms partner with the same mate year after year. Most kingdoms do not however as they choose to blend the DNA between different male and female members of the species to create the strongest possible DNA for continued survival of the offspring. There are new agreements earth is inserting into the new consensus where couples who have lineages that can foster ascension will be drawn together to procreate; this may be the main cause of future generations ahead as the new dream becomes the dominant dream for humanity. It will not require marriage as you know it to procreate; although humans who love deeply may choose to unite and co-create a ceremony to celebrate. Ceremonies out of love can be a beautiful experience; however the commitment to be together a day to day may end if it no longer supports evolution of all concerned. This is unity in action.</p>	<p><i>I intend to release all karma in my ancestry for legitimate or illegitimate birth experiences.</i></p> <p><i>I intend to release all karma for the belief that children must be born only in marriage.</i></p> <p><i>I intend to release the shame behind illegitimate birth or sex with variant partners now and in my ancestry.</i></p> <p><i>I intend true spiritual law into all dances including marriage and conception.</i></p> <p><i>I intend that my future ancestors create partners with the right lineages so that the offspring may continue to ascend.</i></p> <p><i>I intend to release all karma for cancelled birth agreements in my ancestry.</i></p> <p><i>I intend to resurrect these agreements now and clear them through forgiveness (unless one desires to conceive yet in this lifetime).</i></p> <p><i>I intend only to conceive if I choose to have a child into the future.</i></p> <p><i>I intend the retrieval of all knowledge to control conception through conscious freewill choice and to embody this information through ascension in this lifetime.</i></p> <p><i>I intend that my future ancestors have the conscious freewill choice to choose to conceive or not.</i></p>

FAMILY PYRAMID

LESSON	INTENTIONS
<p>1. You must accept the order within the family and your place within it. The family pyramid aligns siblings in order of importance associated with gender as well as who was born first. It is still an unconscious predisposition to prefer male offspring as potential "heirs" to the family and as the one to carry on the family name into the future. This comes from a genetic desire programmed into all human DNA upon earth to reproduce and continue to exist and not to go extinct. Why is the male more important than the female? The male produces sperm that can cause conception with hundreds of females if necessary, and so the male is perceived as important to survive for if all males went extinct, then there would be no procreation. This was so for the Anu slaves primarily and so male became the preferred child to be born. For Red Nations Peoples the female could conceive without the male when crystalline biology prevailed and so the genetic programming is the opposite. In red nations tribes it is the female that is perceived as the most important child born as she will be the one to produce the future ancestors. Those of red and Anu slave inheritance therefore will have both experiences of being the first born boy and being loved and accepted by the slave families, and the first born girl child being loved and accepted by red nations families. Each will also have the opposing experience of being the first born girl child in a Anu slave family and the disappointment that was felt; or a first born boy child in a red nation family that also often created disappointment. If the second child was the gender of preference, then the birth eased the dissatisfaction. If not, then it amplified it for both children within the family leading to a deep sense of rejection and eventually hatred between parents and offspring.</p>	<p><i>I intend to release all karma with the family pyramid in this life and within my ancestry.</i></p> <p><i>I intend to release the karma for the requirement to reproduce that is genetic so that reproduction can become a conscious choice of body, soul and earth.</i></p> <p><i>I intend to release all karma for being born the wrong gender in any family and the disappointment that this caused.</i></p> <p><i>I intend to heal all wounds of this nature in this life and throughout my ancestry.</i></p> <p><i>I intend to embrace the truth that the gender of the child is a choice of soul and parents and is determined through karma at this time.</i></p> <p><i>I intend a future time where the gender of the incoming choice may be a conscious choice of the parent as well as child and soul involved.</i></p> <p><i>I intend to release karma for the pecking order in family in which the first born boy or girl is on top or the most powerful as perceived by the preference of the parents.</i></p> <p><i>I intend to retrieve any power that was taken in this life by siblings who held more power than I in the family pyramid. I also intend to return any power unto those who were perceived as less than or less gifted and talented than I.</i></p>

LESSON	INTENTIONS
<p>2. You must take on the family karma that is not settled in the death of your parents.</p> <p>There is much confusion in lineages due to karma that was deferred from parents on to subsequent offspring due to an inability to clear all karma in a given life that the parents lived. This has caused children to take on birth agreements for parents that did not give birth to as many children as they had karma for; along with others kinds of karma including that which involves occupation. This is why in present time children often end up living the dream of their parents and manifest an occupation that they would have preferred. Lives are not long enough to fulfill upon all karmic dreams presented before birth; and so they have become deferred on to offspring.</p> <p>At this time karma that was deferred is being sorted through to bring an end to this pattern into the future, freeing up ascending children to live the life that is sincerely associated with their own birth karma. Each has birth karma associated with a specific set of lineages one took on. Parents and children's lineages are rarely if ever identical, and even if identical, there would be different karma for each ancestors associated to be cleared in each life. Therefore karma is unique; in returning to unique karma then each can begin to create the real karma one has spiritual lessons to learn from, and also those dreams that are most suited to one's archetypal nature. Archetypes were created to draw occupations that are joyful to those associated; when one lives the dream of the parent, one winds up doing something that is not joyful as it may not be one's archetypal predisposition to enjoy such a job. This has created greater job dissatisfaction and life dissatisfaction perhaps than in any other time in history from earth's point of view.</p>	<p><i>I intend to return all karma in my ancestry that is not my real inheritance to settle.</i></p> <p><i>I intend to return all karma from my birth parents and the birth parents of each ancestor that was transferred upon us at their death.</i></p> <p><i>I intend to retrieve all karma that was transferred by those parents who are ancestors on to their offspring and balance the scales within each lineage associated.</i></p> <p><i>I intend to return any karma that my parents transferred on to me in this life that is not a part of my real birth inheritance.</i></p> <p><i>I intend to weave my dreams from real karma associated with my tapestry and archetypal nature.</i></p> <p><i>I intend to cease to live the dream of my parents but instead create the sovereign dream that is of my own truth.</i></p> <p><i>I intend to forgive all ancestors trapped in living a dream that was not their archetypal truth and the struggle in life that this creates.</i></p> <p><i>I intend to forgive all ancestors who deferred karma upon their offspring and created this circumstance in my ancestry.</i></p> <p><i>I intend to find those preoccupations that resonate deeply with my archetypal nature and weave them into my dream.</i></p>

WORK PYRAMID

LESSON	INTENTIONS
<p>1. You must work hard to receive much of anything. You must work to eat. The Anu programmed the slaves to work a good portion of the day (4 to 6 hours). In the beginning work included food preparation for the meals, tending to the garden, laundry and house cleaning, and projects of all kinds that profited the Anu (stringing pearls or making jewelry or art). Later as slave civilization grew, work became defined in a larger sense of the prosperity of businesses of all kinds that flourished associated with the 18 pyramids we are writing of in this chapter. It was as this occurred that many fell into slave like conditions to mass produce products by hand required by the cities in everyday life. In a deep sense, the Anu slaves enslaved themselves to one another in this, much as work enslaves the employee today.</p> <p>Today the work pyramid is in full swing in the East and West. There is little outside of this domain except perhaps in the back woods and lands upon each continent where a few who are indigenous may remain. It is the work pyramid that causes each to feel obligated to put in 8 hours or more per day to be a "good citizen" or of value to oneself and all others. It is also this pyramid that causes humans to work at jobs that they hate, thereby sending hateful messages to the body which interprets such messages as "I want to die". Such messages also become recorded in anything produced in slave like circumstances, and especially in the large factories in operation today. Finding work therefore that one enjoys is one means of stepping out of the internal "I want to die" messages. The work pyramid however will continue to take chi from all who participate until one learns to weave a new lotus based dream founded upon unity.</p>	<p><i>I intend to release all karma associated with the work pyramid in this lifetime and in all ancestral lifetimes.</i></p> <p><i>I intend to step out of the belief that one must work hard in order to receive much.</i></p> <p><i>I intend to step out of the slave dance of being forced to work long hours to earn a living.</i></p> <p><i>I intend to forgive all ancestors who were forced to work at jobs that they hated and intended to die as a result.</i></p> <p><i>I intend to retrieve all chi given in excess in the dance of work throughout my ancestry.</i></p> <p><i>I intend to release all karma for those ancestors who created boring jobs and then profited off of it as the head of a corporation.</i></p> <p><i>I intend to return all chi taken in excess by those ancestors who were heads of corporations from the employees.</i></p> <p><i>I intend to retrieve all chi taken in excess from my ancestry through the work pyramid.</i></p> <p><i>I intend to create an occupation that brings me joy. I intend balanced giving and receiving in any job I so choose to participate in.</i></p> <p><i>I intend to cease to do anything that sends messages to my body of hatred and death.</i></p>

LESSON	INTENTIONS
<p>2. Work must feel like work and cannot be something we enjoy.</p> <p>Work became boring endeavors for those who have darker or denser dreams in the dance of life, or more limited dreams. As wealth was created in the slave nations, dreams became increasing limited due to how those who possessed more confiscated the dreams for their own enjoyment. This left half or more of the slave population with so little dream over time that all that they could create was boring menial jobs and lives. The boring menial jobs contributed to the increasingly shortened lifespan as the slaves lost consciousness. The red nations' peoples in contrast had no concept of work as it is expressed by the Anu and their slaves. The Red Nations peoples gathered food to meet their needs; this was considered a part of life and an opportunity to commune with the natural world that they perceived themselves a part of. The Red Nations peoples created pottery, baskets, jewelry and other devices that were required by their tribe, including the construction of their shelter, and boats to roam the vast waterways upon earth. Each project was considered a necessity, but also a work of art. It was understood that the boat would be strong if one put one's "mana" or energy into it. Spirituality and the art of creating for the tribal needs was not perceived as separate; everything in life is spiritual and if one puts one's love into an instrument, then it will serve whomever it is created for to the degree that one loves in the act of creation. Therefore the red nation's people did not experience work as a boring task. The new lotus dream will parallel the nature of red nation life and infuse spirituality into the dream for whatever humans create again. Creative projects will include earth nature and soul. This allows any project a human entails to be under the direction of soul, and as such it will have a purpose again.</p>	<p><i>I intend to forgive those ancestors who lived dark and dense dreams and experienced limitation as a result.</i></p> <p><i>I forgive those ancestors who worked long hard hours at something that they did not enjoy.</i></p> <p><i>I forgive those ancestors who took the better dreams from others creating greater wealth and prosperity along with joyful experiences in the dance of life but at the expense of others.</i></p> <p><i>I intend to cease to participate in the need to swap dark dreams for light dreams and intend instead to become the dreamer and the dream, or in other terms, cast my own dreams and then live to experience them.</i></p> <p><i>I intend to embrace a red nation perspective upon work in which work is not work but a part of the dance of co-creation of earth, nature and soul. I intend to allow earth, nature and soul to participate in all creations of my life expression.</i></p> <p><i>I intend to find creative expressions that give me joy and that I may infuse my love into in the collaboration with earth, nature and soul.</i></p> <p><i>I intend to cease to separate any part of the life experience with my spiritual path of ascension. I intend to find the spiritual meaning and purpose behind all that I do each day of my life.</i></p> <p><i>I intend to release all karma for how the red nation way of being was lost in my ancestry. I intend to anchor a red way of being and lotus dream in all areas of my life expression.</i></p>

EDUCATION PYRAMID

LESSON	INTENTIONS
<p>1. You must have a degree or education in order to be capable of a particular job or profession or career.</p> <p>In the latter slave era of the Anu, college educated were the only slaves that came near to working for the Anu. This caused the others in slave civilization to prefer college educated for their governance along with other leadership roles. College degrees were therefore considered a form of prestige, and one can see that the prestige and education pyramid interlinked in this. The red nation peoples had an informal type of education that was life experience founded. They functioned from holographic knowledge rather than educated knowledge. Educated knowledge can be equated to memorizing certain facts and then being able to repeat the facts back to the teacher or in the tests which proves that you know what was taught. Memorizing facts may or may not make the individual gifted or talented at certain skills; one can memorize all the anatomy and physiology and create straight A's in medical school and become a doctor that is really not gifted as a healer, or worse yet hates what he or she does and hates their patients too as it was never their dream but the dream of their parents that they are living. Learned knowledge therefore does not create someone who is gifted necessarily at the career of choice.</p> <p>Red nation's education has more to do with the spiritual understanding behind the dance of life. This type of education may produce someone more capable of living life and yet not necessarily, as there is little that supports holographic knowing in the current human dream. The lack of dream sometimes causes those of great holographic knowing to fail at manifesting a living in the current paradigm in spite of their talents.</p>	<p><i>I intend to release all karma in my ancestry for learned knowledge.</i></p> <p><i>I intend to retrieve my holographic knowledge from my ancient red ancestors and grand master lineages.</i></p> <p><i>I intend to cease to perceive learned knowledge as more important than holographic knowledge.</i></p> <p><i>I forgive those ancestors who believed that learned knowledge was more important than holographic knowledge and discounted the wisdom of indigenous peoples.</i></p> <p><i>I forgive those ancestors who were indigenous and discounted their own holographic awareness in the times that the Anu dream dominated in history.</i></p> <p><i>I forgive those ancestors who created preoccupations or leadership roles that they were not really skilled at due to learned knowledge, and perhaps hurt a lot of people in the process.</i></p> <p><i>I forgive those ancestors who participated in the Athena educational system of creating a system where learned knowledge is perceived as superior to innate wisdom.</i></p> <p><i>I intend a return to the honoring of innate and holographic wisdom in the dance of life.</i></p> <p><i>I intend a new form of education be born in the era ahead that honors the innate wisdom in every child.</i></p>

LESSON	INTENTIONS
<p>2. Education determines social status and class. Birth inheritance determines social status or class.</p> <p>In the era of the Anu, there was an opportunity for one to rise in class or status due to education. This system has come to be so in current western civilization and most of a certain level of prestige has education behind them unless they are movie stars. In the East is another system where regardless of education, one cannot rise out of the class that one was born within. Mila recalls a very sad article about an educated woman with a PhD in social science returning to her home town in India and dared to wear shoes. Her class of human in India is not allowed to wear shoes, and so the local priests cornered her, stripped her, and walked her down the streets naked to shame her for daring to wear shoes. Yes this is the 20th century, but there are places that still exist in such an ancient dream in which class is associated with birth inheritance rather than educational status. Is one system better than the other? In reality is that neither class nor education counts in ascension from Earth's point of view. Each can contribute to the ascent of humankind by fulfilling upon the clearance of birth karma in this life, and as such each is as important as the next. There are those with greater holographic knowing and these are the ones that will ascend beyond the others carving a map for the children. One could think that this creates a two class system but instead Earth is striving for unity where regardless of role, regardless of how far one may ascend, each contributes, and therefore each is equal unto the next. This is the path of unity and in this path, class or education becomes irrelevant and compassion and the ability to love is everything.</p>	<p><i>I intend to release all karma in my ancestry for the belief that education determines class.</i></p> <p><i>I intend to release all karma in my ancestry for the belief that birth parents determine one's class.</i></p> <p><i>I intend to release all karma in my ancestry for those who inflated those with an education into positions of power and authority and deflated those without an education into positions of non-authority or subordination.</i></p> <p><i>In intend to release all karma in my ancestry for those who inflated those with the right birth inheritance into positions of power or authority and deflated those with the wrong birth inheritance into positions of non-authority or subordination.</i></p> <p><i>In intend to release all karma in my inheritance for ancestors who assumed positions of power and leadership founded upon either education or birth inheritance.</i></p> <p><i>I intend to release all karma in my inheritance for ancestors who played an inferior or subordinate role due to the lack of education or wrong birth inheritance.</i></p> <p><i>I intend to embody unity, equality and honor in the dance of life.</i></p> <p><i>I intend to cease to perceive others as better than or superior founded upon class, fame, education or wealth. I intend to retrieve all power I have given those I have put upon a pedestal of power over time.</i></p>

ARTS PYRAMID

LESSON	INTENTIONS
<p>1. You must be very talented and beautiful to succeed in the arts such as music, dance, theater or movies.</p> <p>Those at the top tiers of the arts pyramid receive the prime personality entities that are the most talented at singing, movement, acting or art. The human form is a channel for whatever nonphysical forces enter the field; those who are gifted and talented simply channel more gifted or talented entities. Beauty can also be an illusion that is constructed by an entity that captures what the audience desires to perceive; many gifted models are good at channeling entities that mirror to the audience the current standards of beauty, which are rarely beautiful from an ascension point of reference. In certain forms of talent such as ballet and classical music, one may also require a formal education from a prestigious school of the arts to be allowed into the beautiful or exalted one role. Here one can see here how the education, prestige and arts pyramid cross in such a circumstance. Those at the top of the Hollywood fame charts or earning the Grammy Awards for their music sit at the top of the music pyramid and receive a dream for fame along with the most talented personality to construct music with. Mila and Oa witness the same personality perform equal quality music through the talented Hawaiians in the islands that never win Grammy's. They channel the same entities and this is why the music is equally well performed. The point is that talent is only limited to one's ability to channel the nonphysical in a particular skill; if one wishes to paint, then call unto oneself the nonphysical gifted at painting and one will produce beautiful art; if one wishes to sing or play music, then call those nonphysical that are gifted and so it will be; and so it can be so for any skill.</p>	<p><i>I intend to release all karma for fame, talent and beauty in my ancestry. I intend to release all karma for the belief that only certain individuals are talented at certain skills.</i></p> <p><i>I intend to bring forward those ancestors who were gifted at art, music, dance, basket weaving, pottery, cloth making, rug weaving along with any other skills deemed necessary to future community and intend to create upon the physical plane with their knowledge and information.</i></p> <p><i>I intend to cease to channel personality entities, regardless of how talented or untalented at life, and choose instead to channel my ancestors, soul, nature and Earth.</i></p> <p><i>I intend to cease to accept a limited dream that causes me to perceive myself as untalented or unskilled or incapable of manifesting the dream I desire to bring into the physical.</i></p> <p><i>I intend to cease to give my records for the arts or other talents and skills I desire to bring forth unto others that I perceive as more gifted than myself.</i></p> <p><i>I forgive those ancestors who gave away their knowledge to others who were famous or perceived as more gifted, and choose to retrieve this information in present time.</i></p> <p><i>I intend to become a master dream weaver in this lifetime.</i></p>

LESSON	INTENTIONS
<p>2. I am too old to learn how to sing, dance, play an instrument, paint or learn anything new.</p> <p>In the current civilization, adult education has become prevalent in the West as well as the East. Humans of all ages are going back to school to learn something new, perhaps out of boredom with their lives. Some however never allow this to be so from the belief that they are too old or too untalented to learn something new or create a new life for themselves. For those reading these materials, the reality is that you are ascending and you are regenerating yourself. As a result, you may not “retire” and then “die” as is expected in your culture at a certain age. You therefore have a whole new life ahead in which there are new skills to develop and new parts of self to explore upon the physical plane. It may be time to begin to plan for this shift by choosing a particular training or series of education that brings you joy to participate in and learn.</p> <p>We have many in this program going back to school in their 40's 50's and 60's or beyond and learning new skills such as hypnosis or massage or some other pursuit that will be useful for a new life and for community building ahead. These individuals know that they will not be retiring and have much yet to contribute. Earth will work with each to weave a dream that serves you, serves your self expression and the truth that you desire to make manifest upon the physical plane. Through ascension there need not be the limitation of expression that has been known over the past 10,000 years since the fall of Atlantis. Now there is an opportunity to become the dreamer and the dream, release the karma and bring into the physical those expressions that bring one joy and internal fulfillment to share and experience. You can call upon your ancestors to assist.</p>	<p><i>I intend to release all karma on limitation in my ancestry due to age as well as skill.</i></p> <p><i>I intend to release the karma for those ancestors who aged and became so rigid that they ceased to participate in life or learn anything new.</i></p> <p><i>I intend to release the karma for those ancestors who became frail with age and due to ailments in the physical, could not participate in learning something new although they would have liked to.</i></p> <p><i>I intend to release all belief in limitation and the karma associated now and in my ancestry.</i></p> <p><i>I intend to allow myself to dream weave a dream that serves my ascension and continued life dance in all the fullness of possibility available.</i></p> <p><i>I intend the best possible dream for my future, my ancestor's future, and the future of the human species.</i></p> <p><i>I intend to release the karma that does not allow for the manifestation of the best possible dream for my future.</i></p> <p><i>I intend to give expression to those gifts and talents that my ancestors were unable to express in their given lifetime and experience fulfillment as a result.</i></p>

LUXURY PYRAMID

LESSON	INTENTIONS
<p>1. Luxury is something reserved for the wealthy, those of fame or those born of royalty.</p> <p>Those at top of the luxury pyramid own the most luxurious properties or can afford to travel and stay in luxurious hotels or resorts. In recent years, those in the upper middle class now can join those of greater wealth in enjoying staying in the luxurious resorts or creating a living environment that emulates those of wealth and prestige. This is a sign that the luxury pyramid is experiencing an expansion cycle, when in the depression of the 20's, the pyramid experienced a massive contraction. Into the future, there may be another contraction cycle of all pyramids including this one in which there is greater human hardship and less experience of luxury as it is experienced in present time. All ancestors that desired the luxuries of the wealthy call the dream into present time to be experienced by the masses, and this is the reason for the current availability of luxurious touches, which even filter down to the middle and lower middle classes in some countries. Red nation's peoples never perceived one object as luxurious and another non-luxurious. If a particular place was a good place to reside and the objects generated were useful, they were shared amongst all in the tribe or between tribes. One was not limited in where one could live or what one could have or not have founded upon the tribe that one associated with or position in the tribe. Therefore each had access to everything available that served or helped humans exist in greater comfort and joy. The concept of privilege is really about inflation of field and stealing dream for others. Those who are privileged hold the dream of many others and as a result have more luxury around them leaving others in great deprivation in exchange.</p>	<p><i>I intend to release all karma for those ancestors who experienced luxury and those who felt deprived as they could not experience luxury in their given lifetimes.</i></p> <p><i>I intend to release the belief that some should have certain life necessities and some should go without founded upon prestige, wealth or fame or country of origins.</i></p> <p><i>I intend to release all karma for those ancestors who inflated their fields and stole the dreams of yet others who were deprived of luxury or life necessities as a result.</i></p> <p><i>I intend to release all karma for those ancestors living in nations that stole dreams from yet other nations leaving them in poverty and without enough dreams to manifest enough for the populations residing therein.</i></p> <p><i>I intend to release all karma for those who were royal in my ancestry and deprived their own nations by stealing the dreams of the masses to obtain their power and wealth and position in society.</i></p> <p><i>I intend to retrieve all dreams given to those of wealth or countries of wealth for ancestors who were deprived in any manner in their life expression.</i></p> <p><i>I intend balance giving and receiving with all other humans and all other nations in the dance of life. I intend to become the dreamer and the dream where dream deprivation ceases to occur.</i></p>

LESSON	INTENTIONS
<p data-bbox="233 233 829 373">2. The objects and people I have collected in my life are necessary to my existence and without them I will die.</p> <p data-bbox="233 411 841 1213">Attachment has become so great to the objects that most humans possess that humans go into fear over the loss of their possessions in present time. Nothing is more traumatic than being robbed or having a house burn down or everything washed away in a Tsunami, except perhaps for a physically devastating accident or harmful event involving others, such as a bomb or dance upon the battlefield. Why is losing everything along with others so painful to the current human dance? As the attachment is forced to leave that one has to the property one just lost or to a loved one that just died, all the cords reverberate back upon the chakra system and subtle bodies creating large holes or inverted energy flow. This causes great grief and suffering in the current paradigm as humans are so enmeshed with one another and their possessions that a sudden loss of something creates a sudden implosion of field.</p> <p data-bbox="233 1251 846 1873">Those who are ascending voluntarily detach from others along with their possessions; some even begin to give the possessions away or sell them in a garage sale. This leaves less that can invade one's boundaries as an ascending human, and is a sign that one is withdrawing the grid work that has attached outward of self and is reweaving this grid work inward fostering a shift upward in vibration and ascent into the crystalline form. One no longer fears for one's life in the loss of possessions or a loved one as a result of detaching in the process of ascension. Death or loss of anything can therefore begin to be looked upon as a transformation of energy from physical to nonphysical rather than something to be grieved as a loss.</p>	<p data-bbox="867 268 1292 409"><i>I intend to release all karma for attachment to any objects or individuals in this life and my ancestry.</i></p> <p data-bbox="867 447 1373 583"><i>I intend to release all karma for ancestors who experienced loss and grief due to a traumatic circumstance such as a fire or natural disaster.</i></p> <p data-bbox="867 621 1365 695"><i>I intend to release all karma for grief in this life and my ancestry.</i></p> <p data-bbox="867 732 1349 831"><i>I intend to release all attachment to all objects and others to the degree that I can in this lifetime.</i></p> <p data-bbox="867 869 1370 1045"><i>I intend to allow all others their sovereign energy flow and participate in a new dance of unity in which energy flows around each other and the group.</i></p> <p data-bbox="867 1083 1378 1220"><i>I intend to transcend the enmeshment with my family, friends, home, work and other associations, property or possessions.</i></p> <p data-bbox="867 1257 1386 1394"><i>I intend to release those possessions or property that I am complete with upon the physical plane and choose to sell them off or give them away.</i></p> <p data-bbox="867 1432 1370 1568"><i>I intend to release those relationships that do not serve my ascension and that I am complete with in this lifetime.</i></p> <p data-bbox="867 1606 1362 1818"><i>I intend to detach from those that I am leaving behind due to completion and as such shall experience no grief in the parting, and only continued expansion into freedom in my continued ascent.</i></p>

PRESTIGE PYRAMID

LESSON	INTENTIONS
<p>1. Prestige is reserved for those who are the most gifted, talented and powerful or spiritually evolved.</p> <p>Those at top of the prestige pyramid are those who manifest great fame in the life dance. These humans can be governmental officials such as presidents or prime ministers, CEO's, famous movie stars, authors, winners of high ranking awards such as the Nobel Peace Prize, as well as famous spiritual gurus. There is a feeling that those holding this rank are not only superior, but more highly evolved. There are also those who hold high ranking positions in each circle that is a sorcerer or black magician in the unconscious, and this results in a "dark" form of leadership upon the physical plane. The reality is that those holding the position at the top of the pyramid are the most unconsciously abusive of all and they retain their dominion by shattering anyone that conflicts or interferes with their power. Those at the top of each pyramid are also at war with one another and sometimes topple one another in the unconscious shattering of dream that is a part of the competition for power in the current paradigm. This is a replica of how the Anu retained their power and dominion by being the most psychically abusive of all others, even over the red nations' peoples. There is nothing spiritually mastered about anyone that plays this game regardless of the position as a spiritual leader or guru that they may hold. Spiritual mastery precludes harm, and those playing the guru game are the most harmful of all thereby showing all concerned their lack of real mastery. Real mastery also precludes fame as the game of fame causes too much attachment into the etheric body to allow for ascension to take hold. Real mastery will most likely therefore come through the background of human civilization.</p>	<p><i>I intend to release all karma in my ancestry for fame now and throughout my personal history.</i></p> <p><i>I intend to forgive those ancestors who played the game of fame for their unconscious abusiveness.</i></p> <p><i>I intend to forgive those ancestors harmed by those of fame in their lifetime.</i></p> <p><i>I intend to release any disease associated with the harm of the famous ones in my ancestral experiences.</i></p> <p><i>I intend to forgive those ancestors who had limited fame but still participated in the same game of unconscious harm.</i></p> <p><i>I forgive those ancestors who were harmed by others of limited fame along with the diseases or travesties that this may have caused.</i></p> <p><i>I intend to cease to give my power to those at the top of the prestige pyramid.</i></p> <p><i>I intend to retrieve my power now and throughout my ancestry that was given to those of any level of fame.</i></p> <p><i>I intend to embrace a new system of equality in which no one inflates themselves above all others in the dance of life.</i></p> <p><i>I intend honor of self and all others as a member of the human tribe.</i></p>

LESSON	INTENTIONS
<p>2. Those who have positions of prestige deserve a better lifestyle as they have earned it.</p> <p>Those at the top of the prestige pyramid strip those underneath themselves of dream along with all who worship them in the fame. The president and prime ministers along with monarchy strip dream from all that they have jurisdiction over. The CEO strips dream from each in the company. The Hollywood or Bollywood stars strip dream from all under them in the pyramid along with all who watch them in the films that they produce or other media broadcasts. The gurus strip those underneath them in the pyramid of the dream for spiritual evolution along with all who worship them from afar as "evolved". This is why they are perceived as evolved as they hold the dream of evolution. Alas the gurus cannot fulfill upon the dream of evolution as they are harmful to an extreme in the unconscious and therefore the dream of evolution becomes thwarted in each cycle from coming to fruition that this game occurs. This is also what occurred in the era of the Pharaohs.</p> <p>Dream does not require bartering for; in this dance those at the top of the prestige pyramid control all dream and one must barter with them to have anything in physicality, giving chi in exchange. As one learns to become one's own dream weaver, retrieving information lost long ago on how to weave one's own dream and intend what the dream is to be filled with, one can step out of the game of bartering for a dream with those holding the positions of prestige and power in your civilization. As this occurs, each will be free also to weave a dream for evolution allowing evolution to take hold rather than be usurped.</p>	<p><i>I intend to forgive myself and my ancestry for participating in the game of dream bartering with those on the top of the prestige pyramid.</i></p> <p><i>I intend to forgive all ancestors who played the game of fame and stripped others of their dreams.</i></p> <p><i>I intend to return all dreams confiscated by those ancestors who became famous in their given lives.</i></p> <p><i>I intend to retrieve all dreams for those ancestors who gave their dreams away to those of fame.</i></p> <p><i>I intend to step out of the game of dream bartering and learn to weave my own dream and make intentions my own future.</i></p> <p><i>I intend to retrieve all knowledge stripped by the gurus or famous ones over time.</i></p> <p><i>I intend to forgive those ancestors who became spiritual gurus and stripped their following of their spiritual information.</i></p> <p><i>I intend to retrieve all spiritual information lost by those ancestors who followed spiritual gurus in their lifetimes.</i></p> <p><i>I intend to balance the scales with all who I have played the game of fame with in this lifetime, retrieving dream and information lost.</i></p>

GOVERNMENT PYRAMID

LESSON	INTENTIONS
<p>1. The government may be corrupt but they are powerful and we cannot really do anything to correct it.</p> <p>Those at the top of the government pyramid have long been perceived as corrupt in your current civilization. For a time, the corruption was veiled by the illusion of perfection and this caused the masses to perceive government as beyond corruption. In any civilization, this occurs for a time due to how the Anu was perceived in their era. In the first half of their reign, the Anu were perceived as beyond repute by all of the slave nations. In the latter half and as slave civilization grew, there were those that began to question the motives and underlying dance of the Anu. Corruption erupted over time in the slave government as a mirror of the corruption of the Anu themselves. Each time the Anu cycles repeat, the same occurs in human civilization. You are now at the end of the Anu cycle where corruption occurs, but those who are responsible never account for it or never are punished for it, as this is what occurred long ago; the Anu got away with their own corruption until the bitter end and the nuclear annihilation of earth. Now in this time of awakening and due to the thought-form being infused upon Earth through the intervention of the Tao, the veils are lifting. Humans perceive the corruption of those in power. This began as the future was rolled onto the past in the 60's and 70's and led to the impeachment of a US president. The veils are lifting again and the result may parallel. The anchoring of true spiritual law also has the affect of pushing humans towards upholding the physical plane laws again. As a result, governments may audit themselves and imprison those who stole funds illegally or committed crimes, bringing an end to corruption.</p>	<p><i>I intend to release all karma in my ancestry for the dance of corrupt governance.</i></p> <p><i>I intend to forgive those ancestors who participated in governance and were corrupt.</i></p> <p><i>I intend to forgive those ancestors who failed to report the corruption of the leadership that they knew or worked for.</i></p> <p><i>I intend to forgive those ancestors who were harmed by corrupt leadership perhaps even in the attempt to speak their truth.</i></p> <p><i>I intend to forgive myself and all ancestors for supporting corrupt governments and backing corrupt regimes.</i></p> <p><i>I intend a new form of governance emerge over humanity that is unity and equality based.</i></p> <p><i>I intend to cease to participate in the current type of governance and instead create a new form in the communities that I participate in.</i></p> <p><i>I intend that my ancestors in present time speak their truth through each who is aware of corruption in the current regime.</i></p> <p><i>I intend that corruption ceases to be and that justice associated with true spiritual law occurs upon the physical and nonphysical planes of reality in the human dream.</i></p>

LESSON	INTENTIONS
<p>2. I must pay my taxes as it is the law. The dance of taxation collects not only money from the masses, but dream, power and chi as well. This creates karma for those involved. The game of taxation is illegal in true spiritual law unless there is balanced giving and receiving. If governments were responsible and paid out in services equal to what was collected, there would be no karma created from year to year. However this is far from true; more is collected than ever returned in services with funds squandered in many ways. Many pay taxes when there is no longer any karmic debt to do so and the services provided in return do not equal the amount collected. This creates a imbalanced system that will one day collapse due to the karmic push and pull of the large debts created on the part of the system. For those ascending, one is mindful of creating karma as the goal is to settle karma in order to ascend. Those collecting from social services may be settling a karmic debt for their ancestors who paid too much in taxes in prior generations. If so collecting the debt serves ascension as it balances the scales, but only until the debt is settled after which if one does not cease to collect social services, one will end up creating a debt in the other direction, and this creates karma. The same is so for taxes. As an ascending being, one will be mindful of only paying taxes until the debt between one's ancestry and the government is settled, after which one should abstain and step out of the system. Sometimes it is difficult to step out of the system given the manner in which earnings are reported in most countries. One can then intend to settle any overpayment of taxes, dream power or chi to their government by intending the balance the scales, and retrieve whatever was paid in excess each year energetically. One will cease to create karma in so doing.</p>	<p><i>I intend to forgive my ancestors for the dance of taxation throughout my personal history.</i></p> <p><i>I intend to forgive those ancestors who overpaid in taxes and never received anything in return.</i></p> <p><i>I intend to forgive those ancestors who were the tax collectors or governmental officials or monarchy that demanded taxes from the people.</i></p> <p><i>I intend to retrieve all chi, power and dream taken in excess in the taxation system of any government that my ancestry has participated in.</i></p> <p><i>I intend to balance the scales for karma created in either direction in association with taxes throughout this lifetime and my ancestry.</i></p> <p><i>I intend to balance the scales for karma created in the receipt of social services above and beyond karmic settlement throughout this lifetime and in my ancestry.</i></p> <p><i>I intend to balance the scales in full for each government that my ancestry has lived under throughout history.</i></p> <p><i>I intend to cease to participate in the dance of taxation as my karma is complete in this lifetime. I intend to balance the scales energetically if I cannot cease to pay taxes due to life circumstance.</i></p> <p><i>I intend to cease to give dream and chi to the government as I pay taxes owed in any given year.</i></p>

LESSON	INTENTIONS
<p>3. Trading dollars is a harmless way to make money.</p> <p>The governments of your world in present time are often bankrupt; the reason for this is mostly the corruption inside the system where funds are moved into personal bank accounts or businesses are overpaid for what they do. The budget rarely decreases but rather inflates incessantly each year as agencies relying upon government funds never ask for less and generally ask for more. This drives what is known as inflation more than interest, stocks or bonds or real estate values in any country. More and more taxes then have to be collected to balance the budget; and if this fails to be equal to what is spent, a "budget deficit" occurs. Many countries are not only bankrupt but indebted to the international banks to such a degree that the interest paid may be more than the taxes collected in any given year. One can see in this that the banking pyramids are larger than governmental pyramids at this time in history as a result. Governments like a state of inflation as they can then devalue the dollar and those who trade dollars can make fortunes in the game. This again causes dream to be stripped from each who now finds that their dollar is worth less and buys less at the market. Those creating wealth through trading dollars strip the dreams of others in equal amount to the wealth gained and create great karma for themselves due to those who then exist in lack as a result. As an ascending human, one strives for balanced giving and receiving. What is spent should equal what is received in any exchange. The reality is that this rarely occurs; some merchandise is so inexpensive due to third world labor that one pays too little; one also pays too much for other things due to the dance of inflation. The intent to balance the scales assists in preventing the creation of karma in the current system.</p>	<p><i>I intend to forgive all ancestors who participated in the dance of inflation and the trading of money throughout my personal history.</i></p> <p><i>I intend to forgive my ancestors who were leaders who created budget deficits by spending more than they collected in taxes.</i></p> <p><i>I intend to forgive my ancestors who paid and paid and paid in taxes to irresponsible governments who overspent and also failed to provide adequately unto the people.</i></p> <p><i>I forgive those ancestors who were the bankers and profited off of the overextension of finances in bankrupt countries.</i></p> <p><i>I forgive those ancestors who traded dollars and created great wealth for themselves causing deprivation and starvation in the lives of many.</i></p> <p><i>I retrieve the dream lost unto the money traders in all ancestors who starved or experienced extreme lack as a result.</i></p> <p><i>I intend to balance the scales of the game of taxation and money trading in full.</i></p> <p><i>I intend balanced giving receiving in all that I do and all that I spend.</i></p> <p><i>I intend to balance the scales energetically when I underpay or overpay for anything in the dance of life thus assuring I create no further karma.</i></p>

LAW PYRAMID

LESSON	INTENTIONS
<p>1. The law sides with the law makers who are controlled by those of great wealth and affluence.</p> <p>The law pyramid defines the laws that humans live within. The laws associated with the pyramid were originally written by the Anu as a nonphysical set of rules in association with themselves and the slaves. These rules were later translated into a working set of law associated with government and slave relations. Much as in this time in history, the rules became increasingly convoluted and complex requiring those specializing in degrees in law to interpret towards the end of slave civilization. The convolutions of the law in Anu slave civilization were a mirror for the Anu's convolutions with true spiritual law. In essence, law was inverted into lawlessness in the second era of the Anu; as this became so, the slaves emulated this truth by creating laws that were lawless allowing those of wealth and prestige to commit crimes and never be accounted or punished for their creations. In parallel, the Anu were never accounted unto for the desecration of Earth and the nature kingdoms in the nuclear war and annihilation of earth. Following the annihilation, humans went back to barbarism and law reverted to spiritual law, which is directed by the human hologram rather than a written or perceived set of rules. The Red Nations' peoples never had written law; there was an unspoken law that everyone agreed upon that was a part of the holographic agreements between nations as held in the genealogy from Sirius. These laws did not require lawyers to interpret as all agreed and all understood the unspoken law. If anyone broke the law, then all knew it and the tribes sought some form of restitution.</p>	<p><i>I intend to release all karma in my ancestry and life dance to date for lawlessness in all the forms that has been incurred.</i></p> <p><i>I intend to forgive the Anu for their lawless patterning and behavior at the end of their reign.</i></p> <p><i>I intend to forgive those ancestors who wrote laws in the physical that were lawless in nature.</i></p> <p><i>I intend to forgive those ancestors who were hurt by laws that protected those of wealth and prestige above and beyond the remainder of the citizens in any era.</i></p> <p><i>I intend to forgive those ancestors who were the attorneys and judges and who administered lawless sentences or let off those who committed crimes without penalty due to wealth or prestige.</i></p> <p><i>I intend to forgive those ancestors where were wealthy and got away with breaking the law without penalty.</i></p> <p><i>I intend to anchor true spiritual law into all areas of the life dance. I intend true spiritual law into the physical plane so that only that which is karmic can manifest and only if it serves my continued ascension and evolution as determined by Earth and soul.</i></p> <p><i>I intend to balance the scales for all ancestors who participated in the dance of lawlessness in the physical or nonphysical.</i></p>

LESSON	INTENTIONS
<p>2. The law is a set of rules that are designed to protect the rights of humans in the dance of life.</p> <p>In reality the law pyramid strips humans of chi, information and dream. In so doing, those at the top of the pyramid can control the dreams of those in the middle or bottom in civilization. Those at the top receive the best dreams in association with the law; they can hire the most affluent lawyer to oversee their case, and as such generally win even when there is no karma to justify the win, or even if what is won is really illegal in the system. An example of this are the many tax attorneys that win cases for their wealthy clients who then are end up paying less to the government than those who are upper middle class, although the income may be 100's of times larger. Another example is a wealthy human committing a crime and then hiring an affluent lawyer who persuades the judge and jury that their client is innocent. Those in the middle or lower end of the pyramid cannot afford the affluent attorney and therefore retain attorneys who are on the lower half of the pyramid themselves and are more likely to lose the case, even if the client is innocent. The law no longer protects humanity as such, as the entire system is corrupt. So this is also between nations; nations on top of the current pyramidal system will get away with breaking international law and without punishment. As polarity shifts however in the decade ahead, law will move from corruption back to spiritual law again; as this occurs some who committed crimes in recent history may wind up prosecuted in the turning of the tides.</p>	<p><i>I intend to release all karma for how the law pyramid has confiscated chi, information and dream in this life and throughout my ancestry.</i></p> <p><i>I intend to return dream, chi and information that those ancestors at the top of this pyramid procured from others on the bottom.</i></p> <p><i>I intend to retrieve dream, chi and information that those ancestors at the bottom of this pyramid lost to the law makers in any era that they were incarnate.</i></p> <p><i>I intend to forgive those ancestors who participated in the game of providing a dream of supportive law only to those who were affluent and wealthy in any era.</i></p> <p><i>I intend to forgive those ancestors who were punished for crimes that they never committed as the dream for the punishment was pressed upon those on the lower half of the law pyramid.</i></p> <p><i>I intend to forgive those ancestors who were attorneys and judges who punished those in the lower half of the law pyramid without real justification.</i></p> <p><i>I intend to forgive those ancestors who participated in illegal national or international expressions but got away with it due to the power and pyramidal position of their nation.</i></p> <p><i>I forgive those ancestors that went along with the illegal national or international expressions from the blind trust of those in leadership at the time.</i></p>

LESSON	INTENTIONS
<p>3. What is legal in one nation or culture is illegal in another due to cultural differences.</p> <p>There are two sets of law in operation upon Earth; one that is Anu Pleiadian, and one that is Sirian. The Anu law is akin to the current legal systems in most countries today that is highly corrupt and more supportive of those of wealth than all people. The Pleiadian law is from another creation and the signatures create lawless behavior here upon Earth as a result. The Sirian law is more akin to true spiritual law upon Earth and within the Great Central Sun. As such, those involved with Sirian law will be supportive of the natural world; or in other terms seek not to harm Earth, one another, nature or to war, and to treat each other of fairness and equality. Those of Anu or Anu slave inheritance will quite naturally break true spiritual law; it is for this reason that the white man can take the land away from the red man without agreement, as the white man operates in a different law which is really lawless in this creation. This is very confusing for the red nation's peoples even in present time; for they perceive what a lawless act it is to remove a people from their land, and yet the white man appears not to understand this, nor be concerned about the karmic consequences of their actions. This is due to the fact that the Anu never paid attention to the karma that they were accruing in their lifetime, and as a result, nor does the white man descendents of the Anu pay attention either. The solution to this dilemma is to remove those languages and energy flow that creates lawlessness in the physical and to restore true spiritual law in its original holographic form to all humans and all kingdoms. Then there will be a new law that allows for self governance from within that can take precedence.</p>	<p><i>I intend to release all patterning associated with Pleiadian thought-form and the lawlessness that it creates upon Earth.</i></p> <p><i>I intend to forgive all ancestors who were related to the Anu or Anu slaves for being from the wrong creation and as such, creating a lawless system that was corrupt.</i></p> <p><i>I intend to forgive all ancestors who were red nation's peoples and did not understand the laws of the Anu or their slave nations.</i></p> <p><i>I intend to forgive all ancestors who were red and discovered that true spiritual law was broken in relationship with the Anu or Anu slaves and their descendents.</i></p> <p><i>I intend to release all the pain that this caused in the dance of life of my red nations ancestors.</i></p> <p><i>I intend to forgive the Anu and Anu slaves along with their descendents for taking away the land of my red nation ancestors.</i></p> <p><i>I intend to retrieve the power, information and land taken by those of Anu and Anu slave inheritance and return it to my red nation ancestry.</i></p> <p><i>I intend to become a guardian of the land in this lifetime.</i></p> <p><i>I intend to embody true spiritual law and mind the law from within in this lifetime.</i></p> <p><i>I intend that all future ancestors mind true spiritual law and assume the role as guardian of the land.</i></p>

MEDICAL PYRAMID

LESSON	INTENTIONS
<p>1. Doctors and Medical Professionals understand my body better than I do. The medical pyramid strips grid work and information on moving energy systems from all within it, and all who worship the doctors at the top. The grid work and moving energy systems are then given to those who are at the upper tiers of the pyramid and destined to recover from an illness or life threatening disease, or be saved from an accident. Grid work and moving energy systems are removed from those at the bottom of this pyramid who generally end up diseased or creating accidents of one sort or another in the life. Doctors or surgeons at the top of the pyramid receive grid work to assist in healing their patients; doctors or surgeons at the bottom of the pyramid receive less and have more deaths in association as a result. Doctors study human physiology founded upon concepts that remain from the Athena University system. These concepts are accurate for slave biology but not necessarily those of red genealogy. Most of the concepts today prevailing in the current medical model are the result of retrieved understanding from the era of the Anu. Therefore for those of red inheritance or ascending into crystalline biology, the medical model today is only somewhat accurate as there are different organs glands and systems that have always been a part of Sirian DNA. Perhaps Merduk in his own analysis of the Grand Masters and Native American nations understood this; but it was never provided as a part of the Athena medical training. Therefore the current system will not necessarily know everything about one's crystalline ascending biology. It is for this reason that Mila and Oa recommend self doctoring if at all possible, and developing a close relationship to the herbal kingdoms to provide the necessary understanding to create health in each phase of ascension.</p>	<p><i>I intend to release all karma for the dance of doctors and patients in this life and throughout my ancestry.</i></p> <p><i>I intend to retrieve all grid work lost to doctors or surgeons in this lifetime and throughout my ancestry.</i></p> <p><i>I intend to return any grid work that belongs unto another received through doctors or surgeons in this lifetime and throughout my ancestry.</i></p> <p><i>I intend to reweave all regions of the etheric body with grid work from my own ascension template and recasting temples.</i></p> <p><i>I intend to forgive those ancestors who played the role of doctor or surgeon and moved around grid work and energy systems to save or cure one patient and cause another to become ill or die.</i></p> <p><i>I forgive those ancestors who were doctors that desired to be worshipped and always right with their patients.</i></p> <p><i>I forgive those ancestors who worshipped the doctors and failed to listen within to their own body's needs in association with healing.</i></p> <p><i>I intend to retrieve all information to self doctor in this lifetime and through ascension.</i></p> <p><i>I intend to commune with the herbs to retrieve all blueprints necessary to every phase of biological ascension ahead.</i></p>

LESSON	INTENTIONS
<p data-bbox="199 237 787 304">2. The cure from any disease can come from an outside substance or pill.</p> <p data-bbox="199 338 846 1843">The Anu over time ceased to be able to create the necessary substances required to regenerate within their own biology and biochemistry. They became dependent upon outside substances to survive as a result. The belief in outside substances as a cure all for health was transferred on to the slaves through the Athena University system. The slaves were taught that they really could not control their biochemistry from within or heal themselves through the release of the associated patterning and were prescribed drugs developed by Merduk for certain ailments. This is the model of Allopathic Medicine today. Another model of medicine known as homeopathy is a red Sirian based system. The Grand Masters in particular brought with them many medicinals and herbs from Sirius. They made tinctures and homeopathic remedies and prescribed them to the Red Nations peoples for certain ailments that they suffered from in this time period. Homeopathy calls upon the consciousness of the herb or flower to support the physical or emotional healing by altering the vibrations of the etheric body. Much like a musical instrument the treatment helps to tune the etheric body into harmony again thereby creating a recovery from the ailment. Ascension brings about the ability to master vibrations from within to continually attune oneself into harmony leading to a state where one requires not homeopathy or herbs to retain balance and health. This occurs due to the release of patterning underlying the imbalance in the act of transmutation. However it is also so that continued ascension may bring periods of imbalance and then the use of homeopathy, flower essences or herbs may be useful in restoring balance to the ascending field, as well as providing small amounts of nutrients required to alter the biology.</p>	<p data-bbox="889 268 1377 409"><i>I intend to release all karma with the allopathic or homeopathic systems of medicine each time period that it existed within my ancestry.</i></p> <p data-bbox="889 445 1377 585"><i>I intend to cease to believe that the cure for any disease or troublesome emotional state of being comes from a pill or outside source.</i></p> <p data-bbox="889 621 1385 762"><i>I intend to perceive the underlying patterning associated with any karma for disease or imbalance in my ancestry and release it.</i></p> <p data-bbox="889 798 1385 938"><i>I intend to take back all power given to doctors over time and throughout my ancestry to determine my state of health and well being.</i></p> <p data-bbox="889 974 1364 1115"><i>I intend to utilize herbs, homeopathic remedies or flower essences only for the time that they are required in the ascent.</i></p> <p data-bbox="889 1150 1372 1327"><i>I intend to master all vibrations that the herbs, homeopathic remedies or flower essences provide to assist in bringing my energy flow into harmony again.</i></p> <p data-bbox="889 1362 1372 1606"><i>I intend to bring forward red nation knowledge on herbs and homeopathy, acupuncture or other modalities of healing that may not be understood in present time to support my ascension along with the ascent of others.</i></p> <p data-bbox="889 1642 1377 1749"><i>I intend to provide all nutrients that my body requires in order to ascend through supportive dietary practices.</i></p>

LESSON	INTENTIONS
<p data-bbox="199 237 841 338">3. Taking prescription or over the counter medicine is a harmless way to support my body through minor ailments.</p> <p data-bbox="199 375 846 1808">The Anu created drug planes associated with the medicines that Merduk created in a laboratory and were prescribed through the slave medical system. These drug planes were united with social drugs and their drug planes utilized to retain peace in the slave populations so that they would not rise up against the Anu. All drug planes were used to strip the slaves of power, chi, grid work and moving energy systems whether social or prescription drugs were used. This is also so today and those who are ascending therefore may find oneself stripped if one takes drugs of any kind, or is around those who take drugs of any kind, even if one's profession is a nurse or medical assistant. As an ascending human, one must therefore be mindful of retrieving all information, chi, power and grid work one has lost in association with the drug planes if one has a preoccupation associated in this lifetime. There are also drugs associated with the red nation's peoples. These drugs were used to access dreamtime for the purposes of spiritual understanding or aiding oneself or another in healing. These drugs include peyote and other hallucinogenic barks or roots. It appears that the Athena Slave University obtained these drugs along with a host of other supportive agents that the red nations' peoples freely shared. As this occurred, the drug planes were united. This causes the Anu descendents to continue to strip those who use hallucinogenic drugs in present time. The hallucinogenic compounds also stimulate the pituitary to a point of scarring if used frequently enough. If the pituitary is scarred, it cannot bud to form the 1000 ascension chemicals necessary to evolve in this lifetime. Earth does not advise the use of drugs of any kind.</p>	<p data-bbox="889 268 1344 411"><i>I intend to release all karma for participation in the drug planes in this lifetime and throughout my ancestry.</i></p> <p data-bbox="889 447 1344 590"><i>I intend to forgive those ancestors who prescribed medication or sold drugs that caused others to be stripped.</i></p> <p data-bbox="889 625 1377 726"><i>I intend to forgive those ancestors who became addicted to prescription or social drugs.</i></p> <p data-bbox="889 762 1360 863"><i>I intend to retrieve all information lost over time in drug use in this lifetime or throughout my ancestry.</i></p> <p data-bbox="889 898 1369 1115"><i>I intend to forgive those red nations ancestors who freely shared of their medicinals with the Athena University system and caused the dreamtime to be skewed into a non supportive system.</i></p> <p data-bbox="889 1150 1344 1293"><i>I intend to forgive those ancestors who used indigenous drugs and found themselves stripped by the Anu or their descendents.</i></p> <p data-bbox="889 1329 1385 1465"><i>I intend to retrieve all information lost through the use of indigenous drugs in this lifetime and throughout my ancestry.</i></p> <p data-bbox="889 1501 1369 1644"><i>I intend to cease to use drugs of any kind, including cigarettes due to the harmful planes that they attune my field unto.</i></p> <p data-bbox="889 1680 1369 1822"><i>I intend to release all addictive karma and machines to accomplish this goal. I intend to honor my body in all that I do.</i></p>

CONSTRUCTION PYRAMID

LESSON	INTENTIONS
<p>1. Man made environments are better or more soothing than natural environments.</p> <p>The construction pyramid is founded upon matrixes. Matrixes create an electrical environment that is box shaped, pyramidal or octagonal in structure. Most human architecture follows suit with these shapes emulating the matrixes that are in the etheric. In recent centuries, more and more matrixes were imported from other creations and hence the increasing sized structures in the cities and the increasingly populated regions known as suburbs in present time. Most of these etheric structures are being removed due to the ascension of the land, and in time the cities and suburbs will cease to exist in physicality. Most of such structures will combust due to the increasing rotation of the molecular structure in the land and due to a lack of ability to ascend, cease to exist in the century ahead. Those who are of electrical energy flow associated with Anu genealogy will be the most comfortable in matrix environments as this emulates "home" in the Pleiades. Those who are red nation or Grand Master will resonate better within the natural world and feel better out in nature. Why? The electrical matrixes provide the conduit through which the Anu may strip all of slave inheritance; and those of Pharaoh/Sorcerer inheritance may strip all of red nation and grand master inheritance. For the Pharaohs and sorcerers much like their Anu relations used these structures to strip their civilization. Therefore the current housing is not harmless. However one can choose to remove the matrixes surrounding one's home and therefore step out of the game as an ascending human, ceasing to give of one's chi or information. One can also bring many plants indoors moving the outdoor flow inside the house creating a more resonant environment for ascension.</p>	<p><i>I intend to release all karma for how matrixes have been used to model human dwellings from.</i></p> <p><i>I intend to release all karma for the contractors that built such housing that was then used to strip other humans in the dance of life.</i></p> <p><i>I intend to forgive the Anu and Pharaohs for using housing as a means to strip the populace.</i></p> <p><i>I intend to forgive my ancestors who were stripped through their housing in many time periods as a result.</i></p> <p><i>I intend to retrieve all information, moving energy systems, chi and power lost through the housing that I or my ancestors lived within.</i></p> <p><i>I intend to step out of the construction pyramid in full ceasing to participate in the game.</i></p> <p><i>I intend to anchor nature and the natural world in my home environment and work environment.</i></p> <p><i>I intend to bring many houseplants into each environment I spend time within to remind me to attune to the natural world.</i></p> <p><i>I intend to remove the matrixes that surround my dwelling and workplace.</i></p> <p><i>I intend to allow for moving magnetic energy in all environments that surround me. I intend to collapse the space between surrounding all buildings and people so that energy may freely move.</i></p>

LESSON	INTENTIONS
<p>2. Man made gardens from the nursery are better and safer to surround myself with.</p> <p>Nurseries are common places for humans to purchase their plants and flowers in present time. Although they may be beautiful, rarely do the plants have any connection to the wild world that they originated from. The reason for this is how humans cut off nature from itself in the dance by placing matrixes around them. Matrixes interfere with the connection between plant and soul and then plant loses its communion, along with an ability to ascend. As plants that humans surround themselves go into forgetfulness, it does not serve in the awakening of your species. It is for this reason that the plant kingdoms have suggested that humans reconnect the plants to their species and their souls through conscious intention, and in so doing the plants may ascend and then be instrumental in bringing forth an awakening of your fellow humans. Farms also have lost consciousness as they are surrounded by matrixes. The souls of the plants farmed have been consumed by humans who are losing their soul to nonphysical forces. As soul returns and humans push soul back into the organic farms, the vegetation also has a possibility then of ascending. Nurseries were never a part of red nation existence. Some wild plants were farmed such as tobacco or squash, and the seeds were obtained from the wild and then planted nearby the tribes. The farmed plants never lost their connection to their soul or the other kingdoms. This allowed the tribes to retain a connection to the natural world and receive support and guidance in terms of where food can be readily harvested from the wild, or what herbs may assist with certain ailments or health problems. As such, red humans were not afraid of the natural world as it was a supportive dance.</p>	<p><i>I intend to release all karma in my ancestry for separating the plant kingdoms or animal kingdoms from their soul and connection with the natural world.</i></p> <p><i>I intend to release all karma for placing plants and animals in matrix energy structures.</i></p> <p><i>I intend to connect all plants and animals back to their source of origin and kingdom associated.</i></p> <p><i>I forgive those ancestors who preferred man made gardens to the wild gardens that nature provides.</i></p> <p><i>I forgive all ancestors who came to be in fear of the natural world. I intend to heal the fear of the natural world and commune.</i></p> <p><i>I intend to retrieve all knowledge on communing with the natural world.</i></p> <p><i>I intend to bring forth information that will allow me and my future ancestors to clearly hear the plant kingdoms as to where there might be food to harvest in the forests and meadows.</i></p> <p><i>I intend to allow my garden to have a connection to their source and all other nature kingdoms so that each species may ascend.</i></p> <p><i>I intend to anchor soul into the organic farms so that there shall be adequate provisions for the ascending children of tomorrow in the times of cleansing ahead.</i></p>

MEDIA PYRAMID

LESSON	INTENTIONS
<p>1. It is important to stay attuned to the media to be informed.</p> <p>Humans have become outer driven. One has learned to seek truth outside of self. Humans are like sheep that will follow the most powerful leader and believe whatever he or she says. The media plays a role by inflating the leadership so that they will be followed. This is how the media functioned in the end of the era of the Anu. The Anu would broadcast their programming on to the masses so that they would continue to mind them as God or Goddess, and later to war for them. Media programming is so extensive that there is an interconnection between all humans through the DNA in the space between in present time. Ascension is difficult due to all the attachment that the media is partially at cause of. The media broadcasts thought-form that the masses attune to and inflate; as the thought-form inflates it embraces and intertwines all who participate into a gigantic energetic web and pyramidal flow. This flow is then used to harvest chi from the masses and to be given to those at the top of the Media pyramid who have direct inheritance to one of the 12 Anu. Generally those in this role today are the wealthiest in the world or a part of a powerful Monarchy. The media has little to say that is supportive of ascension. Ascension requires an inward movement where one attunes to one's own thoughts and chooses to transmute those thoughts that are destructive and non-unity based or founded upon pain, suffering and fear into the Language of Light. One does not require added programming of fear based thoughts that come through the media into one's field each day, as this only exacerbates the attempt to ascend. Therefore leaving the media behind is a good idea for ascending humans.</p>	<p><i>I intend to forgive all ancestors who participated in the dance of the media.</i></p> <p><i>I intend to forgive those ancestors who assisted in retaining the power of the Anu in their lifetime and through the use of the media.</i></p> <p><i>I forgive those ancestors who lost their power to the Anu through the media broadcasts.</i></p> <p><i>I intend to retrieve all power lost in this lifetime and in the era of the Anu unto the media.</i></p> <p><i>I intend to separate from the energetic web that the media has created in this time period.</i></p> <p><i>I intend to cease to attune to the media causing more of the web to be pushed from my field.</i></p> <p><i>I intend to cease to believe that I must attune to the media in order to know or understand.</i></p> <p><i>I intend to tune inward and listen to my thoughts, and choose to transmute those thoughts that are violent, vindictive, judgmental or founded upon pain, fear and suffering.</i></p> <p><i>I intend to embody the Language of Light in this lifetime and create a complete ascension for myself.</i></p> <p><i>I intend to release any preoccupation that does not serve my ascension.</i></p>

LESSON	INTENTIONS
<p>2. It is important to understand the world outside of oneself.</p> <p>Humans are so outer driving that they turn outward to try and understand the world and why it is the way it is. Sociologists study humans to try and understand; psychologists examine humans one to one to try and understand; doctors dissect dead human forms and live ones in surgery to try and understand. Nowhere in the current paradigm is there an understanding that one will only know anything as one seeks inward. Why is this so? The world is your mirror. The world is a mirror of the internal state of being that is created due to the thought-form held within the DNA. Seek inward to understand and one will come to perceive what requires alteration or transmutation in order to change any mirror in one's world. As the internal changes, the external mirror changes automatically, as all is created from the inside out. Mirrors are very personal and are only for each who perceives it. It is for this reason that 10 different people can witness the same crime and see something entirely different; each experience was a mirror for their own internal state of being. As one pays attention to the personal mirrors, one will see exactly what one requires transmuting within. Sometimes the media can assist as one catches a headline or bumper sticker that reminds us of what one requires to release in the moment. However delving into the media will pull one away from paying attention to one's own internal landscape and thoughts. Paying attention to one's thoughts requires less distraction; the media becomes a distraction that pulls one outside of self rather than supporting an internal movement that allows for transcendence and understanding to pour through from the nonphysical. Nothing one is seeking is really outside anyway; it will only be found within.</p>	<p><i>I intend to forgive all ancestors who became turned inside out seeking the truth from those around oneself, a spiritual guru, or in studying the behavior of others</i></p> <p><i>I intend to forgive all ancestors who were examined by others and declared abnormal or misbehaved.</i></p> <p><i>I intend to forgive all ancestors who in the examination of others put labels of judgment upon them, sometimes imprisoning those who were feared.</i></p> <p><i>I intend to forgive all ancestors who failed to understand that one's thought form create one's reality.</i></p> <p><i>I intend to retrieve all information on how thought-form and DNA creates one's biology and life experience.</i></p> <p><i>I intend to ascend the biology and thought-form into another state of being that is unity-based and founded upon harmony and the crystalline form.</i></p> <p><i>I intend to pay attention to the small mirrors in the day to day life to learn the lessons offered.</i></p> <p><i>I intend to cease to focus upon the media creating more time for internal introspection and ascension.</i></p> <p><i>I intend to give up any distraction or addiction that interferes with my choice to ascend in this lifetime.</i></p> <p><i>I intend to hear my soul, Earth and nature clearly in this life.</i></p>

SUMMARY

This section explores the thought-form that restrains one in the current human paradigm. How does one pull oneself from the current paradigm? First one chooses to alter all thought-form associated within into the Language of Light. As this occurs, the biology alters from its current state into a regenerative system. This is a gradual process that will take years if not a decade or more to fulfill upon. However as one lifts beyond the current paradigm, one will begin to make changes in the way that one lives. Here are some suggested changes that are helpful to support the continued evolution to 3000 strands and beyond in this lifetime.

10 WAYS TO SUPPORT ASCENSION

- 1. FILL YOUR HOME AND OFFICE WITH PLANTS AND RUNNING WATER.** Turn the home or office into an indoor garden so that it can participate in the natural world. Plants and running water will remind you that you are a part of Earth and the natural world and to call such energies into the dance.
- 2. CREATE AN ASCENDING GARDEN.** Turn your back yard into a vegetable garden or place some pots on your lanai or patio filled with tomatoes, herbs, cucumbers and lettuce. Intend to work with the kingdoms to modify the biochemistry to serve ascension. This shall be in preparation for another time in which many pull together to work the garden together for this common goal.
- 3. GIVE THE TELEVISION AWAY AND CANCEL THE SUBSCRIPTION TO THE NEWSPAPER.** The media not only programs the field with needless cords of attachment, antimatter energy and fear based thought-form, but also causes us to focus outside of our self. Instead take time to be in nature, work with your garden, meditate, read information helpful to ascension, and detoxify the form through baths, swimming and other forms of mild exercise.
- 4. RELOCATE OUT OF THE CITY.** The cities are so dense and so filled with compounded matrixes that one is more likely to be stripped living in this kind of environment making ascension difficult. Making plans to relocate unto the country is a wise choice for those devoted to ascension in this lifetime.
- 5. CREATE A NEW JOB THAT IS OUTSIDE OF THE CITY.** Working in the city causes too many hours each day to be spent in a dense environment that is non-supportive of ascension. Take the skills that you have and see if a parallel job cannot be created in another region that is less dense and therefore more supportive of one's goal of ascension in this lifetime.
- 6. CUT UP THE CREDIT CARDS AND PAY THEM OFF OR DEFAULT IF THERE IS NO KARMIC DEBT OWED IN RETURN.** Continuing to pay on credit debts that one does not owe in karma only causes one to lose chi and then fail to be able to manifest one's dreams. Perhaps it is far better to declare bankruptcy or default upon the credit that is not really owed as one will then have far more chi to ascend and weave one's dream with. Credit can consume as much of 30% of more of one's

chi on a daily basis. Intend to begin to use cash in all transactions and whenever possible.

7. **PAY OFF THE CAR AND MAINTAIN THE ONE YOU HAVE OR USE PUBLIC TRANSPORTATION INSTEAD.** Car loans like any other kind of loan tie one into the money pyramid. Car loans and the insurance associated can take upwards of 20% of one's chi and dream for manifestation. Choosing to maintain an older car also anchors the thought-form of ceasing to throw away that which still has a use or in other terms, the concept of self sustenance.
8. **PAY OFF THE HOME OR MOVE SOMEPLACE YOU CAN PURCHASE OUTRIGHT OR LEASE INSTEAD.** Mortgages will consume 30% or more of one's creative flow through the money pyramid. As an ascending human, one loses more chi through the mortgage than one can produce in any given day of ascension. It is therefore best to free oneself from this type of debt and as the karma with the financier is complete.
9. **CEASE TO CARRY NEEDLESS INSURANCE.** Insurance only insures that one needs to create an accident or illness or theft to collect upon the insurance and to balance the scales of karma created with the insurance companies in the dance. This calls dark dream unto oneself needlessly. As one is complete with karma for insurance, it is far better to pull out of the game. Perhaps one will pay off the car in full and instead of buying new, carry the minimum insurance required by law and balance the scales energetically. Perhaps one will convince one's employer to give one the health insurance proceeds as a bonus each year. Cancel the home insurance and ground the home placing protective guardians around it instead.

Mila has witnessed her former psychic teacher leave the home unlocked recurrently in a bad neighborhood in the Berkeley Hills of California. She would always place guardians around the home along with grounding it to the core of earth and no one ever disturbed the premises. Mila has also heard of two several fires extinguishing themselves at the doorstep of homes that were grounded. So this can also be so for floods or any other natural disaster including hurricanes and earthquakes. Ground the premise and nothing will be disturbed even if all the neighbor's homes are wiped out. Ground the car and it will never be disturbed. Ground yourself and you too will be safe from accidents.

10. **CEASE TO PARTICIPATE IN INTEREST AND INVESTMENTS ASSOCIATED WITH TRADING UPON PAPER.** Trading on paper creates more karma than one understands due to the bartering of dream and the suffering and poverty it causes. It is best not to participate in this type of game therefore as an ascending human. Instead invest in land or real estate for future ascending community, or to provide for one's own needs.

We hope you have found this information useful in your personal path of ascension. We will continue to focus upon information that supports creating a complete ascension in this lifetime and rising into the unity paradigm in the chapters to come.

Namaste, Earth Mother



"Spread your Wings" by Judith Roderick

CHAPTER 5

MANAGING ONE'S FIELD IN ASCENSION

The Earth Mother through Karen Danrich "Mila"
June 15, 2005

Dear Beloved Ascending Human,

Many reading these materials have studied with Mila and Oa at another time, or are currently participating in their programs. Much of what we are going to speak to in this chapter and the following worksheet is associated with information that has been brought through a little at a time as the patterning in the unconscious of the human energy field was uncovered. Here we strive to consolidate most known information that applies to those ascending to 2200-4600 strands of DNA in this lifetime.

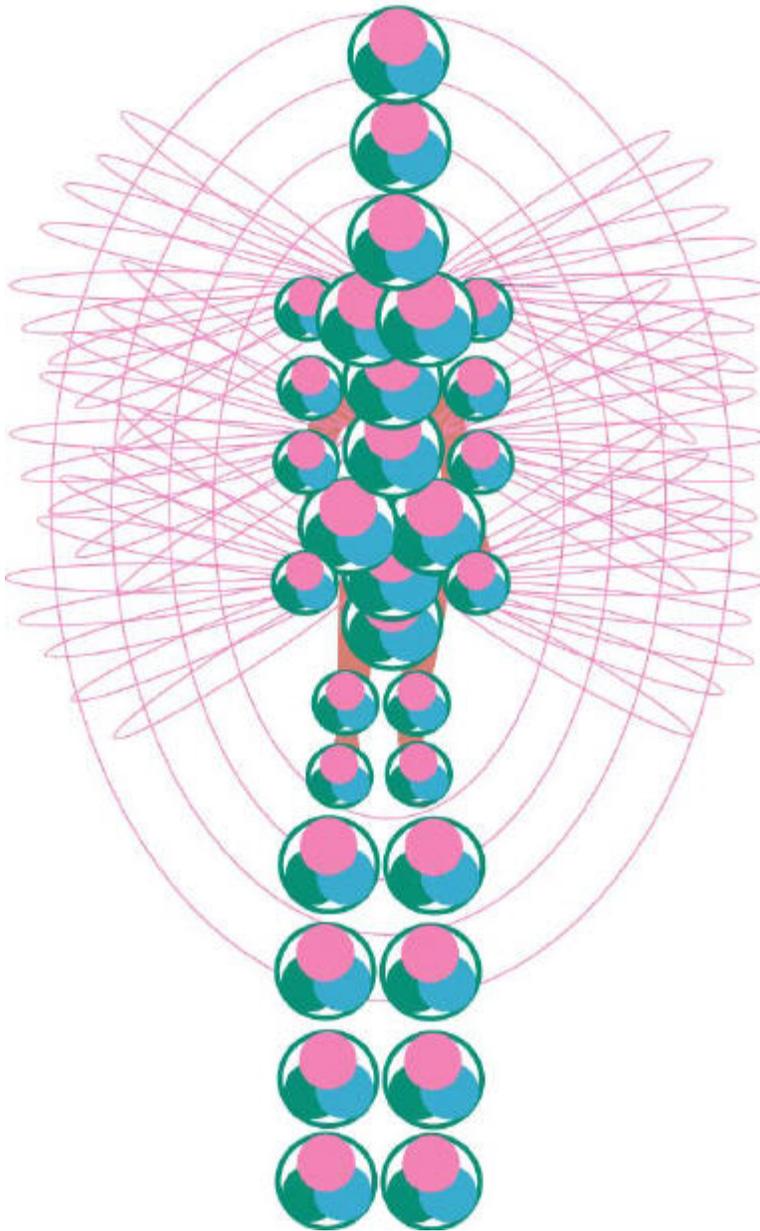
Let us suffice to say that the energy field in the map to ascension has gone through many alterations over time. As human map carvers continued to ascend particular lineages, more and more layers of unconscious surfaced that was previously unknown. This is a part of the clearing work of those who are the map carvers; to leave no stone unturned more or less in the examination of ancestral karma associated with one's inheritance. All planes also must be examined and cleared.

COLLAPSING THE SPACE BETWEEN

There has been much focus as of late in collapsing the space between to 25% of the overall field for those resting at 3000 strands; to 22% for those at 4000 strands; and to 20% for those at 4000 to 4600 strands. For those proceeding beyond this, one may collapse the space between to 18%. The space between is the region of domain that is denser and holds the pathway of light that the lay lines and meridians of the etheric body, chakra system and subtle bodies along with dreamtime self are constructed from. In essence, the goal is to move as much chi through the positive lay lines of the meridians and field as possible while minimizing the density or space between to the minimum required to hold the structure of the field.

As the space between is collapsed, there is little room for the false gods to dance. The false gods are space between consciousness inflated to the proportions of god/goddess. The false gods inflated as each gave their power to do so to the false gods. As the space between of Earth likewise increased to a point of creating many shadows surrounding humanity, the false gods moved from inside the human vessel into the shadow surrounding Earth claiming themselves "god of Earth". In reality these entities are not god at all but a consciousness from only one half of the sum total of what makes up any creation.

EXPANDED FIELD WITH SPACE BETWEEN REDUCED TO 25%



The space between is the density; the space without the light. Consciousness solely from the space between will only hold one half of the picture and the picture associated with the density or separation and destructive thought-form; in parallel consciousness solely from the space without or light will only have the other half of the picture, or be light and loving only.. Understand that the light and loving forces ascended Sirius; space without consciousness with only a partial picture ascended Sirius and this lead to a very incomplete ascension and a load of karma. In parallel if the space between consciousness guides ascension, it leads to the inflation of space between which results in the minimization of the light moving through the energy field, which leads to a fall in consciousness. To the degree Sirius ascended looking only to the consciousness of the light or space without, Earth has been led by the

consciousness of the dark or space between and fallen in equal proportions.

The reality is that attuning to only one half of the equation will never lead one home. Neither the space without or space between consciousness knows enough to ascend. Only that which can perceive both the space between and space without and amalgamate both realities into the entire picture can perceive enough to ascend. Earth, nature, human form, dolphin-whale form and the Tao can perceive into both realities as a result, these are the forces that can guide ascension "home". The recent understanding that has occurred from global ascension has allowed all kingdoms to know that inflation of the space between

does not work; the space between must be collapsed. The space without must be inflated, but not to such a degree that the space between ceases to exist.

This is what Sirius has done in her ascension; ascended into a place where there is only the space without and minimal remaining space between (2%). The Sirian field is therefore primarily light, but a distorted light as there is no density to create balance or transmute karma. There is also not enough density at 2% to allow for the act of transmutation. Transmutation is an act in which the spin of the chakras grind up and dissipate thought-form and patterning no longer useful in the evolution of the individual or consensus. It is the space between that provides enough structure to the chakra system to allow the spinning of the field to dissipate or transmute thought-form and karma. As Sirius reduced the space between too much, there is not enough structure to dissipate thought-form or karma; it was at this point that Sirius began to defer her unprocessed karma and density to Earth and other creations.

One can think of the chakra in transmutation as a mortar and pestle. As one puts the herbs in the mortar, it requires a strong hard device to crush the herbs into a paste to be consumed. A field without enough density would be like trying to use rubber to crush the herbs in the mortar; one would not be very successful at the breaking down of the density in such a circumstance. This is much how the Sirian energy field acted in her ascension; it became rubbery and unable to transmute; and then the only recourse was to shunt onto another the darkness that failed to be transmuted thoroughly in the ascent.

In order to avoid going into the false ascension patterning of Sirius therefore, there must be some space between retained in the ascent and just enough to allow for the pathways of light to hold their formations so that the field acts as a mortar and pestle to grind away at the density, but not so much to allow the false god consciousness or dark to direct the show. This is the purpose of collapsing the space between; to create just enough density to allow for transmutation but not too much to allow false god consciousness to drive the dance.

False god consciousness of the light or space without must also not direct the show, as it only perceives one half of the picture as well. In this year past, Earth has reconciled with many forces that were only false gods of the light or space without consciousness inflated into the position of god goddess. She has released many false gods of this nature as they have not a complete composite of information to ascend themselves, let alone Earth. It is for this reason that Earth now casts her own souls and these souls are both of the light but with enough density to hold their formation and also to hold a complete picture of both sides of the equation, light and dark. As such they are the most equipped to assist with the ascension of Earth and humanity alike. One may consciously replace one's souls as required with souls cast by Earth to assist in times where one may have gone into distortion.

As one collapses the space between to the minimum required, one will cease to be as confused by the communications of the false gods. The false gods utilize the inflated space between to possess a field and run the dream of the life associated. As this is minimized, there is enough energy moving through the field to allow soul, ancestors, nature and Earth to co-create the human life instead. False gods, false ancestors and personality entities utilize the space between to communicate with human form. Soul, nature, Earth and ancestors utilize the sexual energy flow and spin of the chakras to communicate. As one intends to only attune to space without communications and collapse the space between until the communications from the false gods or personality is minimized, then one will have clearer guidance as to the next steps upon one's path. We will include intentions for collapsing the space between in the worksheet section of this chapter.

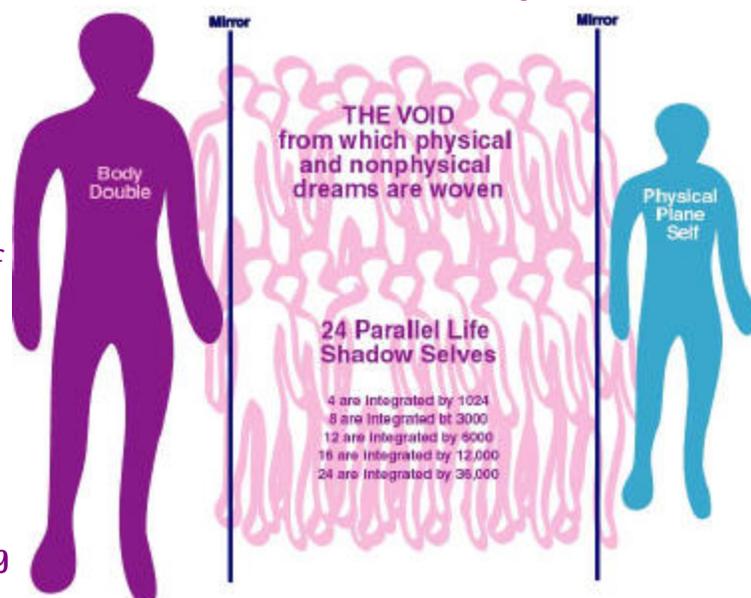
MASTERING THE PERSONALITY AND IDENTITY

Human form is a channel for spirit. There is not one thought that one ever has that will not have an entity, false god, soul, ancestors, Earth or nature behind it. Dark thoughts that are judgmental or harmful are due to false gods or personality entities that sit in separation and division thought-form. Such thoughts come through the inflated space between. As one minimizes the space between, one will begin to hear the thoughts of soul, nature and Earth along with one's ancestors more readily instead. Negative thought-form is associated with negative mechanized programming. Clear the programming and there is also not the device to call in the negative entities or personality that is condescending or judgmental of self or others.

The programming associated with personality and identity is so extensive that Earth will devote an entire chapter to this subject later this year. However one can mold the personality and identity to serve ones' evolution. Molding persona and identity requires intention to create boundaries surrounding what one will let in one's field and what one will not. In the workbook section of this chapter, we will offer up intentions useful in molding the personality and identity entities into a format that is supportive of the goal of ascension.

POLARITY AND PARALLEL LIVES

Humans reside upon multiple planes in their fractured off state of being at 2 stands of DNA.



Originally there were 36 planes uncovered surrounding Earth. Earth has consolidated the 36 into to 24 planes, except in the densest parts of the world such as the cities. Within the cities 36 planes remain unless enough living there are ascending choose to alter the blueprint and remove unnecessarily "astral planes". The astral planes host a load of trapped ancestors from other times along with other shattered pieces of soul and entities, and it has been in the consolidation of planes that most ancestors have been recovered that existed in physicality at one time or another.

The 24 planes remaining are integrated a little at a time in ascension. This is how one comes to the middle path or road, for each plane expresses an opposite of whom one is in the physical. If one is wealthy or well off in the physical, then one will have parallel lives of poverty, starvation and homelessness. If one is healthy in the physical, one will have parallel lives of many types of diseases. If one is working in the physical, one will have many parallel lives of non-work or being supported by others. If one is happy in the physical, one will have parallel lives of depression and anger. If one is married with children in the physical, one will have parallel lives of no children, single parenthood and divorce.

In the ascent to 1024, four parallel lives should be integrated. What this means is that one assesses in dreamtime the parallel lives that are most extreme or opposite and then chooses to integrate the polarity thought-form associated into the physical. As one integrates the extremes in thought-form, one rises out of dogmatic vibrations which are antimatter in frequency. In the ascent to 2200, one integrates another two parallel lives that are again the most extreme to the physical nature of one's life. This allows the remainder of the dogmatic antimatter vibrations to be transcended in preparation for moving into the Language of Light in the ascent beyond this.

From 2200 to 3000, another two parallel lives are integrated. These lives are again the most opposite to one's current life circumstance. Sometimes in the clearing of a parallel life, one will live the emotions, thoughts or even relationships in the physical that are occurring upon another plane of reality. This can be confusing, for perhaps one's beloved or spouse is an enemy in one of these parallel lives; or perhaps one's boss is one's spouse or lover in a parallel life; or perhaps one's children are the children of one's friend or sibling. One may discover that one has emotional reactions founded upon the reality that one exists within in a parallel plane. The best solution is to go into the emotions and process; process the patterning and thought-form along with karma triggered in one's ancestry for parallel circumstances and experiences.

Some parallel lives are also of great travesty in comparison to the life in the physical. Perhaps one is depressed, suicidal or severely debilitated upon a parallel plane. Perhaps one has a disease or cancer. Perhaps one has had many operations upon a parallel plane. Perhaps one is imprisoned for having broken the law. Perhaps one is a drug dealer working with the darker cast of characters in the neighborhood that are also reflected to be one's spouse, children, family, friends or workmates in the physical. As the difficult parallel lives surface to be

integrated, one may go into a deep depression and feel what one feels in living such a life circumstance.

In going into the emotions associated with the extremes of one's polarity, one will come to understand what it is like to be in such an experience, and in so doing, can learn the spiritual lessons behind the experience without requiring manifestation of such a difficult or traumatic circumstance in the physical. In this way, one learns compassion through observation of one's own parallel lives as well as the lives of others surrounding oneself that will mirror the parallel lives one has. As one gains compassion for oneself in one's own parallel life circumstance, one will quite naturally find compassion for others that mirror such a state of being in the physical. One also then does not require manifestation of such a circumstance as one has already learned the spiritual lesson associated.

MANIPULATIONS TO PARALLEL LIVES

Parallel lives can be manipulated, duplicated or traded. Manipulated parallel lives occur when portions of a given life are shunted to another and parts of another's parallel life intermixed with one's own. This creates a circumstance in which one will be trying to process the dogmatic thought-form of another that may not be an exact opposite to what one is trying to cancel to neutralize. Opposing thought-form cancels one another leading to the middle road or unity. In the case of dogmatic or electrical thought-form, the opposing sides cancel each other out allowing for transcendence. Thought-form was explored in Chapter 2 of this workbook and each can use this information as a guide or resource for this chapter.

An example of the cancellation of dogmatic thought-form is the polarity of love and hate. As one presses the beliefs of love and hate together, one cancels the other out and then one moves into the thought-form of forgiveness, the first note of the Language of Light. The ascent to 2200 is to heal the issues of love and hate to bring one to a state of forgiveness, the first note of the Language of Light. As one embraces the first note, then one can begin the journey of ascending into the Language of Light scale. Forgiveness is a prerequisite to embodying any other tone in the scale however; so if one has not fully addressed the issues of love and hate and allowed them to be transmuted in the ascent embodying the forgiveness tone, then one will fail to embody any other note leading to a failed ascension.

Mila and Oa have seen this problem of failing to integrate forgiveness time and time again in their observation of their students. How did the missing first note go unnoticed as being unintegrated? Well if another's parallel lives are pressed into one's own field from someone that has legitimately ascended, then it will appear as though one has mastered forgiveness and canceled the patterning of love and hate when one has not. This has led to students who hate either in the physical or in the unconscious and from the hate, become conduits for the dark to manipulate through.

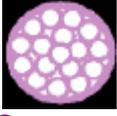
Being thorough with parallel life integration is one way to assure complete ascension comes forth for each reading these materials, and that all emotional issues pertinent to one's spiritual evolution are addressed and transmuted. Parallel lives can also be duplicated and then sent to others. Most of those hosting false parallel lives in Mila and Oa's experience had duplicates pressed into the field from someone who had succeeded at ascension. Parallel lives can also be traded, one for the other. In such a case, no duplication is involved, just a swapping of lives. This occurs in the dreamtime surrounding Earth that is a multilayered onion.

It is easy if one is close to another such as a good friend, marital partner or family member to swap parallel lives. We have also seen this within the school and are a favored manipulation of the false gods. Why? The swapping prevents real ascension and causes one to fail to clear all thought-form through the integration of polar opposites. Monitoring parallel lives is useful therefore to support creating a complete ascension and is something one can muscle test or pendulum for. This shall be addressed in the worksheet section of this chapter.

THOUGHT-FORM AND THE LANGUAGE OF LIGHT

The Language of Light is related to two polarity based electrical thoughts associated with each tone of creation. As one unifies the two polarity-based thought-forms held separated off in parallel lives, one will then quite naturally come to the unity thought-form of the Language of Light in its place. In the workbook section, each will assess their thought-form in terms of one's own mastery over polarity and integration of the Language of Light in ascension. Many who have studied the site for a long time recall the "Polarity Chart" where single and dual tones are assessed for their associated electrically based thought-form counterparts. It is through the integration of parallel lives and ancestors along with the release of karma associated with a particular set of thought-form that one transcends the polarities of the persona in ascension and masters the Language of Light.

For let us say that one is conservative in the physical and holds a conservative job, dresses conservatively, drives a conservative car, and appears "normal" behaving with proper manners at all times. Upon a parallel plane, one will be liberal, belligerent and even aggressive at times, perhaps even taking the time to go to demonstrations against war. As one integrates the opposing persona associated with "liberal", the conservativeness and liberalness cancel each other out, and one will begin to find the middle ground or path. Perhaps as this occurs, now one will discover that one prefers a different car, different job, different clothing, different décor in the home, and perhaps even a different mate, as all of what one has created in the current life dream no longer resonates. This is a composite of what occurred to Mila in her ascent to 1024; she changed dress style and occupation, becoming a healer and teacher of ascension, and eventually left her home, child and family behind to move to the islands with Oa.

UNITY THOUGHT-FORM	EGO - MASCULINE	NEGATIVE EGO – FEMININE
 Forgiveness	Never begrudges	Begrudges
 Structure	Stubborn	Acquiesces
 Power	Helpful	Helpless
 Compassion	Accepts	Rejects
 Breath of Life	Creates	Destroys
 Non-Conditional Love	Praises	Invalidates
 Freedom	Master	Slave
 Divine Union	Male	Female

 <p>Unity</p>	Positive	Negative
 <p>Non-Conditional Governance</p>	Dominates	Subordinates

Now let us say that one was a workaholic, depressed and obligated to fulfilling duty based agreements in the dance of life. Upon a parallel plane, a much more adventurous life is unfolding where there is liberation from confining thought-form and paradigms. As the two come together, one finds the middle road and will cease to work so hard, cease to be so depressed, and perhaps even cease to fulfill upon one's obligations if there is no karma to justify it. This is a composite of Oa as he met Mila at 2200 strands and integrated another part of himself upon a parallel plane. Suddenly he left the wife behind and moved to be with Mila and fulfill upon their agreements to ascend together.

Parallel lives host dreams that are different from one's physical life dream. As one integrates the parallel life dream, the possibilities that exist now upon another plane of reality have an opportunity to manifest in the physical. For Mila, the dream of a beloved was deferred to another parallel life. As the parallel life with the ascending partnership was integrated, Oa could then show up at a workshop and the two could come together. The possibility of the dream of Oa showing up at the workshop however could not occur until the parallel life for ascending partnership was fully integrated by Mila, as the dream would not have been available otherwise.

In parallel, Oa required the integration of the parallel life in which he was adventurous and existed without extreme duty based obligations in order to free himself from his family ties enough to join Mila in their spiritual work. It was only as Oa integrated this lifetime that he then enrolled in Mila's workshop, as his dream would have precluded this opportunity otherwise. Do you see how this works? One expands one's dream in the integration of parallel lives to include greater and greater possibilities the further that one ascends making possible a new and more joyous life to unfold in the physical.

KARMA FROM ANCESTRAL PAST LIVES AND DREAM MANIFESTATION

Although the integration of parallel lives may allow for a particular dream to unfold, if one has ancestral karma that is of a particular nature, the dream will be skewed in favor of the karma. So say if one has karma for a destructive relationship, and one integrates a parallel life for a relationship, one can intend and manifest the relationship, but the karma will cause it to be destructive in nature, even if one intended an ascending partnership. Karma therefore must also be released in the choice to manifest one's dreams as one envisions it.

Karma is recorded in the lay lines of the etheric grid work and etheric cells. Within the DNA of the cells are encoded memories of traumatic life experiences of one's ancestry. As long as the karma is held in the encoding, one will attract another founded upon the associated emotional charge which will skew the dream accordingly. Therefore if the charge is for an abusive partner, this is what will be attracted to one's life experience. As the grid work is replaced with magnetic serpents, and the cells are reconstructed into a crystalline form, the trauma for abusive relationship is released and one "processes" the ancestral lives associated with the thought-form. As this occurs, there is no resonance for an abusive partner to be attracted into the dream remaining, and one then will attract the type of partner for which one is intending.

It is for this reason that ascension is a spiraling sort of experience; for one works one's way through layer after layer of patterning associated with each destructive or divisive thought-form that one's ancestry has experienced trauma over. If one is integrating a parallel life of poverty or wealth, then records of poverty and wealth will be addressed within the etheric cells in the current cycle of ascension. If one is integrating traumatic and violent experiences of war as one integrates a parallel life upon the battlefield, then records of war or violence will be addressed within the etheric cells in the current cycle of ascension. If one is integrating a parallel life of disease, then one will address the trauma of disease within the etheric cells in the current cycle of ascension. It is for this reason that those ascending will be working upon variant layers of thought-form, as each has a different extreme polarity of parallel life to be addressed in any given year.

If one skips over a parallel life or a portion of a life, then a portion of the ascent is also be schismed over, as the associated records failed to be triggered upon a cellular level to be released and the associated cells then fail to become crystalline. The associated ancestral records then fail to be released. This leaves karma for the associated thought-form that will then skew one's dream in a particular manner and perhaps an undesirable manner into the future. So it is far better to be thorough, addressing each parallel life in full and each segment of ancestral karma that is associated in full and to a cellular level at each level of ascension mastered.

FALSE ASCENSION PATTERNING

What occurs in false ascension patterning is that the individual receives cleared parallel lives from someone that is legitimately ascending, and grid work hosting cells that were also cleared of trauma from another, and this is overlaid the etheric body. Sometimes plant, animal, mineral, dolphin or whale grid work that has been cleared of karma is overlaid the etheric body. This causes the etheric body to appear to have ascended and transcended a particular set of ascension work, but it has not occurred in the physical. What occurs as this happens is increasing density in the physical and increasing non-density in the nonphysical, causing a split of light and dark. The split then causes either the physical to act out in great darkness or abusiveness and the dreamtime self to appear very light; or the physical to appear very light with the dreamtime self appears increasingly dark or abusive in nature. (See "Dolphin-Whale-Nature Ties" in Messages from the Earth Mother III" upon the web site for more information on shared grid work between kingdoms.)

Mila and Oa have seen both sides of this type of false ascension. The more confusing were those who appear light in the physical. A recent initiate in group mastery appeared very light and hid their abusive nature in dreamtime enough that it went unnoticed by Earth and the ascension counsels to detect the false ascension underway. However as the energy spun up at an Intensive, this initiate became increasingly dark and dense in their face and body, to a point that the false gods could be clearly perceived by Earth peering through their face. This initiate was removed from the program as they were splitting light and dark by taking the legitimate ascent of others and failing to ascend their own vessel thoroughly. This initiate also had direct pharaoh lineage and this is the pattern that the pharaohs went into at the time that they existed. In bringing the pattern to consciousness, this initiate will now have an opportunity to release their karma for pharaoh lifetimes and create a real ascension to 3000 strands, healing the false ascension that they had gone into.

When one intends to ascend, one will go into all the bad habits and patterns of one's ancestry. The only solution to this is to become aware of the bad ascension habits that do not lead to real ascension but to false ascension, and then through conscious choice choose to create a complete ascension instead. One can direct the ascent from the physical, and Earth perceives that there is a better opportunity to actually cause complete ascension from the physical plane as the unconscious just desires to do otherwise more than not. Why is this so? One's dreamtime self or unconscious has not experienced physicality and so what does it care about physical ascension? This appears to be the underlying cause of why the unconscious bargains with the dark are made, as the dreamtime self really does not understand the pain and suffering of the physical enough to know any better.

CHANGES WITH THE DREAMTIME SELF

As a result of this, Earth is choosing to force the dreamtime self to experience physicality during all waking hours. This is a new shift that has been recently determined by the nature kingdom ascension counsels. As the human dreamtime self surrounds the physical vessel, there is an opportunity for the nonphysical part of oneself to become aware of the physical struggles of the life dance along with the karma that needs to be cleared to ascend. Each should find that their dreamtime self is tethered surrounding the physical all day long as a result.

Earth believes that each that is ascending will find this change very helpful. The dreamtime self acts as a conduit through which one can hear soul, open to dreamtime and hear nature and Earth. Many complain about not being able to perceive or hear anything during meditation or in dreamtime; this may be because one's dreamtime self has never been present during the waking hours of your day. As this changes, the dreamtime self will act as a conduit for communication and understanding of the nonphysical realms that surrounding oneself, as this is its region of domain. This will assist each in better understanding the spiritual lessons of soul in the dance of life.

INTEGRATING THE LANGUAGE OF LIGHT INTO THE GRID WORK

In the ascent from 2200 strands and beyond, one will begin to reweave the positive lay lines of the etheric body with new serpents that hold the Language of Light tones of creation. These serpents will appear in pastel colors and shall be magnetic in elemental structure. Sometimes electrical serpents that appear Language of Light colored are integrated instead due to manipulations of the false gods. These will not feel good ultimately and cause aches and pains the further that one ascends. Reworking the grid work therefore becomes a recurrent focus in ascension as often it is this region of domain that is heavily manipulated by dark forces surrounding oneself.

Collapsing the space between the etheric body and ascension grid work, and the ascension grid work and subtle bodies will begin to bring an end to grid work and other types of ascension manipulations. With a wide space between, there is room for the false gods to catch your magnetic serpents that you are trying to integrate and replace them with electrical ones. With a smaller space between reduced to only 25% in size, there is less room and one may even catch the manipulation before it is woven in, as the grid work will not feel resonant. It is for this reason that we are guiding each to focus upon collapsing all space between to the bare minimum required to ascend in order to minimize the manipulations of the false gods.

One will require grid work of each base note in the Language of Light, or the first ten notes in order to complete 3000 strands or be considered a "Master Dream Weaver". There also should be equal proportions of each of the ten base notes in the synthesis of the etheric body into a pastel rainbow. The space between grid

work is reweven into primary colors as those tones that are black, gray, brown or opaque (colors of dogma or antimatter) are transmuted. Ascending grid work becomes mostly primary and pastel in color in the completion of 3000 strands and mastery of dream weaving in initiation.

SCHISMS

If there are schisms or portions of the ascent that failed to be integrated in the past, there will be patches of density in the rainbow of the etheric body at one's current vibratory rate. Often the patches can be masked by grid work from other kingdoms that host Language of Light tones. One will perceive the schisms as the grid work from another is removed. There will also be a gap between the etheric body and physical form if this is the case. The intent to collapse the space between the etheric body and physical biology will allow one to see where additional gaps or schisms might be, and then one can intend to retrieve the part of one's unconscious (parallel life) that one failed to integrate at an earlier juncture of one's ascent.

As one removes the patches of grid work from others, then one can address the cellular trauma and ancestral life records recorded in the etheric cellular structure. As this occurs one can release the karma and integrate the schism(s) in full, allowing the ascent to come down into the physical. As the parallel life associated is integrated, one will have a greater dream to fulfill upon and more possibilities to manifest in the physical; and one will have released the karma that might skew the dream one is intending in a difficult direction.

Intention is everything; if one believes one has a schism, the intention to lift all veils and see beyond the illusions of the false gods or false grid work will allow one to more clearly perceive the reality of the dance. Also calling upon another to check one's field is also useful, as sometimes others can perceive beyond one's own veils easier than oneself. Creating ascension buddies for crosschecking karma or patterns in the field is therefore useful in creating a complete ascension in this lifetime.

This is so useful that there is a buddy system for crosschecking karma each is addressing in the healing temples each night during dreamtime. The buddy system changes from day to day depending upon the patterning one is working upon. This has been a successful addition to the healing work already available in the temples, and is assisting in causing a more thorough ascent to come forth for each in the new and third consensus. One may also wish to create this type of buddy in the physical; or one can also call upon the many offering healing services from the SSOA web site if one is in a crisis or until one does create an ascending friend.

MANIPULATED ANCESTORS, LINEAGES AND INFORMATION BROKERING

Patterns that are transcended in ascension, whether they appear in the field as machines, entities, thought-form, ancestors or karma, should be associated with one's real ancestry. Thought-form is perceived as symbols. Much like the Language of Light, each language has its own set of symbols. Symbols from electrical creations and ancestries hosting associated DNA will have straight edges in their formation. The symbols allow for the formation of associated sacred geometry in the field. As one erases the language at cause of another pattern that is non-conductive in the continued ascent, and embraces the Language of Light instead, the geometry of the field alters accordingly.

Another manner that the false gods have enjoyed messing with ascension is to exchange portions of the ancestries and ancestors of one or more with each other. As one's lineages are replaced with portions of lineages of another, suddenly machines, entities, thought-form (symbols), ancestors and karma appear in one's field that is not really one's own. One cannot transcend that which is not one's own; the end result is ascension cessation until the manipulation is uncovered and undone.

As of late those in Group Mastery have discovered that the primary manner that lineage manipulations occurs is through the creation of "phantom" inheritances. The phantom is a mixture of the inheritances of many others that are held together by a spell. The phantom is then pressed into the space between one's etheric body and ascension grid work, and then patterns of another are exchanged between the phantom and the real lineages. Lineages are stored in the lower back or in the pelvic lotus; akashic records (tones of creation or the Language of Light) in the head or crown lotus, and biological records (DNA) in the heart lotus. The phantom can also extend into other regions where records can be swapped out between a false akashic and biological set of records.

It is now understood that this is how most information brokering occurs; through the use of phantoms pressed into the space between. Remove the phantom and the game of brokering ancestries, or biological and akashic records can cease. Often those that one has a karmic agreement to receive records with will have grid work woven into the phantom; and through the phantom's grid work your information is transferred into their field, and karma or false lineages into yours. Remove the phantom and the game of brokering ceases.

How does one remove phantoms? Phantoms are false set of grid work that sits in the space between. One can intend to remove the phantom and press it through the solar sun to clear it of one's signature and then return all associated to the temple of grid work so that it can be assessed and then returned to sender. Also one can intend to retrieve all grid work or duplicates of grid work or information that has been used to create a phantom to manipulate another. In so doing, one will step out of the game of information brokering. The phantom grid work sits in

the expanded space between. As each strives to collapse the space between in all regions of domain, one will begin to perceive the phantom grid work of others or many others and can then disband it.

DREAM MANIPULATIONS

Dream manipulations also abound in the human experience through the false gods. Humans have been sitting in an expanded space between or shadow dream for eons of time and due to the many falls upon Earth. Through the shadow, the false gods manipulate dreams and dream projections upon the planes associated with dreamtime. Over time, Earth has asserted new boundaries and guardians to prevent the false gods from manipulating outside of karmic agreements. However karma for dream manipulations is so great in the human dance that finding one's dreams stripped or manipulated is an ongoing problem for ascending initiates. This is the primary reason Earth recorded the Mastering Dream Weaving CD, so that each could learn the steps to daily conscious maintenance of one's dream to assure the greater likelihood that one will manifest one's intentions.

Dream manipulations occur in multiple manners. Sometimes the dream catcher chakra, which is a chakra that develops behind the neck in the initiations leading to 2600 strands, becomes shattered. Portions of one's dream then end up the field of another, and portions of another's dream in one's own field. Reweaving the dream catcher chakra each night has become a part of the healing temples role as a result, as manipulations of this nature almost occur daily in life interactions of ascending humans.

Another manipulation involves the grid work of the dream catcher chakra. Sometimes the grid work of another can be woven in and one's own grid work from this chakra transferred unto another. Then one's dream attracts the life experience that really belongs unto another, and the other ends up experiencing one's intentions for unity and joy instead. One former initiate in group mastery who is now in community program intended a new car. New car after new car ended up in the life of others that she knew or worked for or even family members. Finally she ended the manipulation by retrieving her own grid work and then weaving the dream for herself, thereby manifesting the car that she desired for herself.

There can also be phantom grid work that is pressed in the space between the dream catcher chakra and other chakras. The phantom dream is then used to catch the wrong dream for one's life and that which one did not intend to manifest. Removing the phantom, which is constructed of the grid work or duplicated dreams of others, is one way to prevent this type of manipulation into the future. Also retrieving all grid work or duplicates including the master copy of one's own dream catcher grid work used to create phantoms in others will allow one to step fully out of the dream manipulation game. One can then intend to collapse the space between one's dream and the rest of one's chakras to avoid continued manipulations of this nature.

There can also be manipulations to the dreamtime planes stepping into physicality. One may have agreements or karma to swap dreams with another before it manifests physically. One can catch these types of manipulations by daily monitoring one's dreams stepping down the seven dreamtime planes. If there is karma, the choice to release and forgive allows one to retrieve one's dream so there is a better chance of manifesting one's intentions in the physical.

SUBTLE BODY EXCHANGES

Subtle body exchanges involve the grid work of another woven into one's own mental, emotional, intuitive or creative body; and one's own grid work woven into the subtle bodies of another. Generally this type of exchange occurs through close friendships, partnerships or family relations. When an exchange of grid work occurs between emotional bodies, one may find oneself feeling the emotions of another, or causing another to feel one's own emotions. When an exchange of grid work occurs between mental bodies, one will find oneself controlled by the personality of another, or they will be controlled by one's own persona. If an exchange of grid work occurs between intuitive bodies, one will receive the guidance designed for another, and one's own guidance will be offered to another. If an exchange of grid work occurs between creative bodies, one will receive the creative ideas of another and the other will receive one's own creative possibilities.

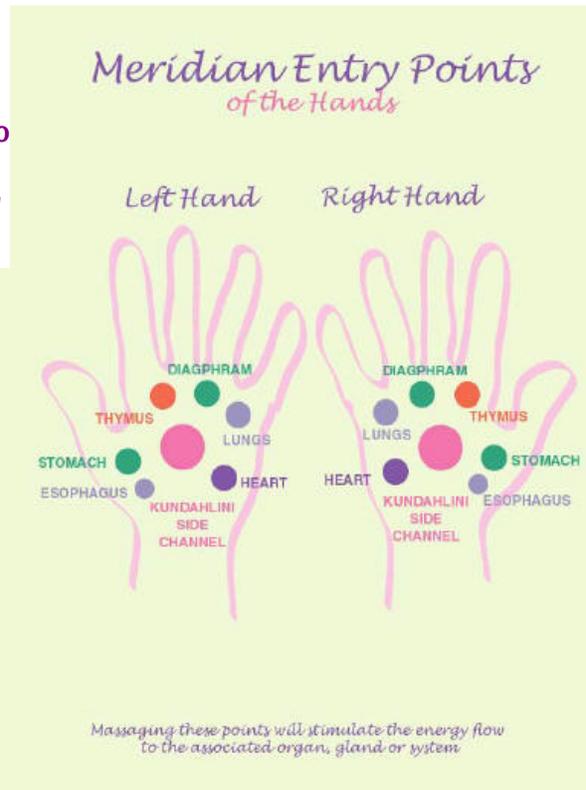
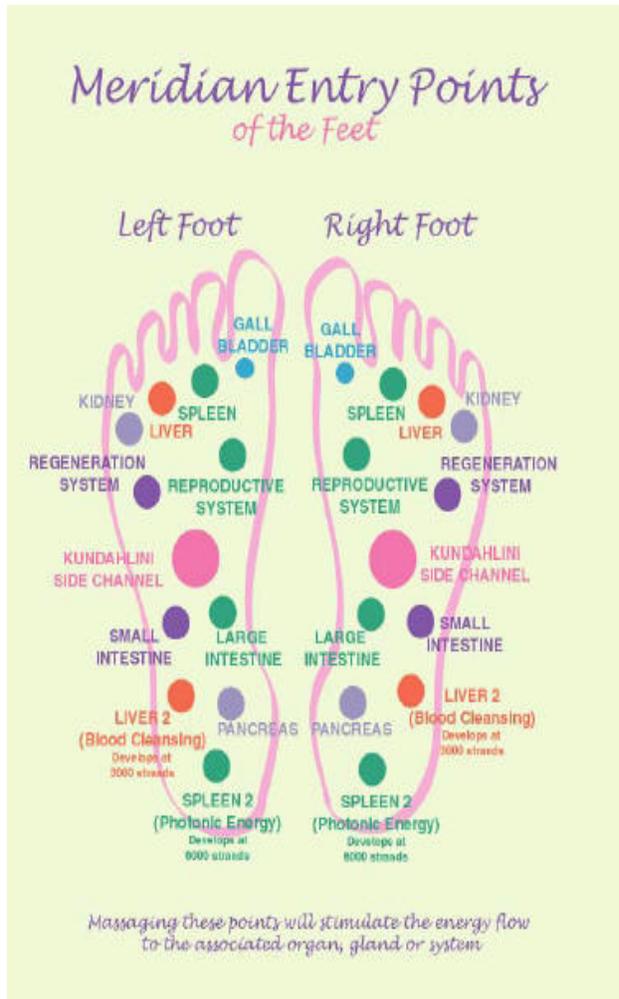
Subtle body exchanges perhaps more than any other exchanges have caused the truth in action to be lost in the human dance. This is also how one can end up dreaming a dream that is not really one's desired outcome, and then living a boring or less than desirable life experience. In the ascent to 3000, one retrieves all portions of subtle bodies that one has given to others, and returns that which has been woven into one's own field, a little at a time. As each separates in full weaving a sovereign set of subtle bodies of one's own, there is a greater likelihood of understanding one's truth in action thereafter. As this occurs, one's dream for life and one's truth align that there can be the experience of greater fulfillment and joy in the physical plane dance.

As one dissolves ties between subtle bodies in ones' own field and another's field, there can also be phantom subtle bodies pressed in the space between the mental, emotional, intuitive or creative bodies. The phantoms will cause a distortion in one's emotions, thoughts, intuited guidance or creative ideas and projects, as one may find oneself again manipulated through the phantom. Remove the phantom and purify it through the sun returning the bits and pieces to the aurora and temples for examination, and one will end this type of manipulation. Collapse the space between subtle bodies and retain them at 25% or less, and one is less likely to have this type of manipulation occur again. Also gathering up parts of one's own subtle bodies or duplicates along with the master copies used to create phantoms to manipulate others will allow one to withdraw from this game.

DEVELOPMENT OF MERIDIANS IN ASCENSION

The meridians from the organ, gland or system to the hands, feet or head should develop by 3000 strands. The meridians are lay lines that are 30 to 60 molecules thick of solid energy with no space between. The meridians conduct chi from the Earth and kundahlini energy flow through the legs and hands to the associated organs, glands or systems. Also in the ascent to 3000 strands, meridians in the head open a little at a time to support the development of the crystalline brain. The meridians in the head gather chi from the solar kundahlini or sun and send it through the meridians to the brain.

Which meridians move through the feet and legs? The kidney, liver, spleen, gall bladder, reproductive system, pancreas, small and large intestine meridians originate in the feet and flow up the legs to their respective organs or glands in the lower half of the form. There is also a new organ that filters the blood (called Liver 2

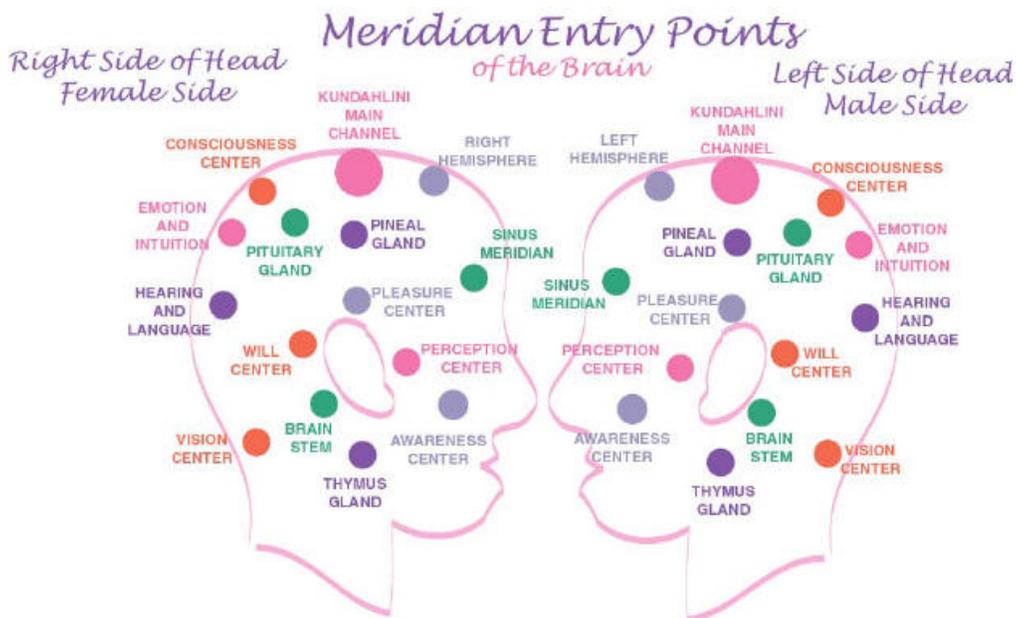


in Mila's diagram) that has a meridian originating in the foot and develops by 3000 strands. For those proceeding on to 6000 strands, there is an additional organ that develops that allows photonic energy to be gathered and infused into the blood (called spleen 2). Which meridians move through the hands and arms? The lungs, diaphragm, thymus, heart, stomach and esophagus meridians originate in the hands along with the kundahlini side channel and flows to the

associated organ in the upper half of the form. One-third of the head meridians develop in the ascent to 3000. Most others listed develop before 9000 as mastered. We will describe the details in the worksheet associated with this chapter.

In the worksheet section for this chapter, there will be an opportunity to assess the development of all meridians thus far in one's ascension. Those ascending beyond 3000 will widen the existing meridians to be increasingly thicker numbers of molecules that can conduct more and more chi to the associated organ, gland or system that host a higher frequency, and therefore requires more chi. Pain in the hands and arms, feet and knees and head denote the possibility of the failure for all meridians to open as they should be to sustain the life of the ascending biology.

What causes a failure of the meridians to fully open? One attribute is excessive space between surrounding the meridian. If the space between the molecules inflates and inflates, then the meridians will dwindle and may not develop in full to their end point in the hands or feet, or to the organ gland or system that they are to feed. Intending to collapse the space between within molecular structure to the smallest required for continued existence is a good intention to assist with this type of problem in ascension.



Sometimes there may be large trauma recorded in the arms or legs that causes the meridians to fail to develop. Focus upon the region of trauma will bring about the release of the associated records held within the cellular structure. Utilizing minerals to help push the chi through the stuck pockets and to assist in creating the missing portion of the meridian is also useful. To work with the minerals for this purpose, one will take a hand sized point and charge it up connecting it to one's synthesis alter, and then point it towards the region that is stuck or blocked in the hands or arms, feet or legs. Allow the mineral to move the chi in the stuck region; as the chi begins to move, one will more readily be able to release the trauma, or a potential manipulation to the region at cause of the stuck point. As the density lifts and through continued work with the minerals, the grid work and meridian can be rewoven and in time the region will recover. (See "New Healing Techniques to Support Ascension" from the Mineral Kingdom in Messages from the Earth Mother III for more information.)

Ascension creates patterns that emerge that one may not have known about at an earlier time of evolution. Beyond 3000 strands, one completes with the life karma from this lifetime and embarks upon new karma from another part of one's wheel of ancestry. As this occurs, there can be new patterns that were not innate from birth or one is unfamiliar with that one ascends into. One is therefore forever clearing to ascend, and there may be times of physical pain that erupt as a result of the associated stuck points in the etheric vessel. The point Earth makes is to stay on top of the ascent and continue to work with the tools that you have developed rather than allowing such regions of domain to become diseased and then impairing one's physical health.

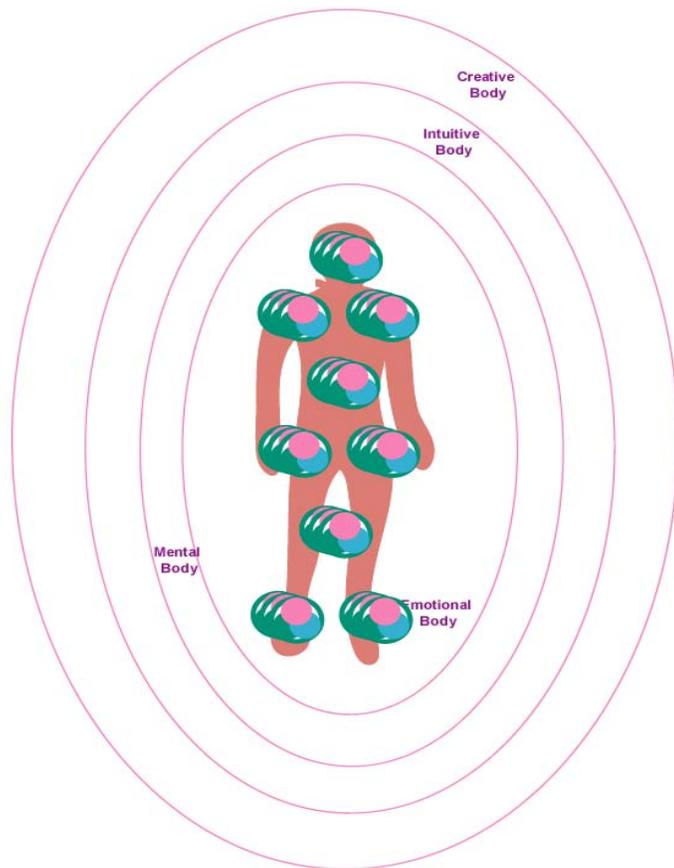
DEVELOPMENT OF THE SMALL CHAKRAS AND REGENERATION CHAKRAS IN ASCENSION

There are small chakras that develop at juncture points along all meridians. Each meridian has a different number of tiny chakras depending upon the length it runs through the etheric vessel. However one can muscle test if one has opened all chakras necessary to sustain a particular meridian in its energy flow from foot or hand to organ, gland or system. If not all small chakras have developed, then one can intend to open them and move whatever has blocked or prevented their opening with the assistance of the mineral kingdom.

There are also chakras that develop along the skin known as regeneration chakras to assist in moving the chi from the meridians and core of the kundahlini down the lay lines of the etheric grid work so that all parts of the form receive chi. These chakras become increasingly numerous in the ascent to Bodhisattva. In the ascent to 3000, there are 18 chakras that develop along the skin, 9 in front and 9 in back, one in the front of the head and one in the back; two in the region that the arms meet the body in front and back; one in the solar plexus region front and back; two at the hips front and back, two at the knees front and back, two at the feet front and back, two at the elbows front and back, and two in the hands front and back.

When the regeneration chakras are mutilated or stripped, one's skin ceases to regenerate and the wrinkles begin to appear, or one does not appear as youthful in the mirror. Cellulite can also appear along the skin. When the regeneration chakras are all present and spinning, the skin and muscles are toned and one can run frequencies that minimize cellulite as well as detoxify the field. Ice blue and ice green are two excellent detoxification tones. Fuchsia pink minimizes cellulite. One excellent way to regenerate is to take a 45 minute walk or swim each day; while walking or swimming one can intend to retrieve and repair any meridians, meridian chakras or regeneration chakras and then to regenerate the vessel by spinning up the rotation of the field and pulling the chi through the entire etheric vessel.

REGENERATION CHAKRAS FRONT VIEW



9 REGENERATION CHAKRAS DEVELOP IN FRONT
AND 9 IN THE BACK (by 3000 strands)

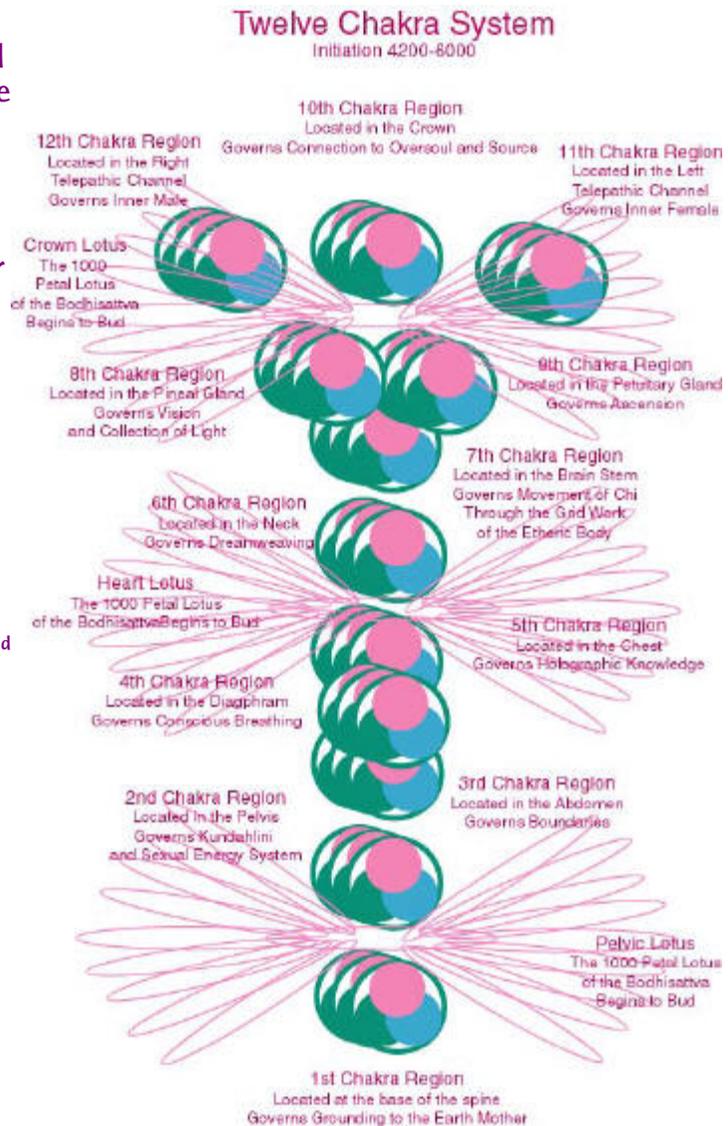
THE DEVELOPMENT OF A TWELVE CHAKRA SYSTEM

Each initiate has their own pace of opening the twelve chakra system. Mila opened her twelve chakra system at initiation 4. Others that attempted to open the twelve chakra system in the early initiations went unstable and so the blueprint for this system has been reserved for those proceeding above 1800-2200 strands of DNA. Most open all twelve chakras by 2200 strands. The heart, pelvic and head lotuses open gradually thereafter in the continued evolution from 2200 to 3000 strands. (See "Opening the Heart" in Messages from the Earth Mother III and "Anatomy of an Ascending Field" in Ascension Transmissions IV" for more information.)

The twelve chakra system has seven chakra centers remaining in the same regions as pre-ascension. The first chakra region sits in the tailbone region and governs grounding; the second chakra sits in the pelvic region and governs sexual energy flow and the kundahlini; the third chakra center sits in the solar plexus region and

governs power; the fourth chakra center in the heart and governs love and blessings; the fifth chakra center sits in the neck and governs co-creation; the sixth chakra center sits in the head and governs vision; and the seventh chakra center sits in the crown and governs spiritual knowledge.

There are also will centers that develop around 2200 strands in the center of each of these above chakra centers which governs the act of intention including the will to ground (1st chakra region), the will to move the kundahlini (2nd chakra region), the will to intend (third chakra region), the will to love (4th chakra region), the will to co-create (5th chakra region), the will to perceive (6th chakra region) and the will to know (7th chakra region). The will centers work with the subtle bodies in the act of conscious intentionalizing and so are an important attribute to mastering dream weaving.



Subsidiary chakras develop in the twelve chakra system in the diaphragm region (breath of life chakra), the occipital region (dream catcher chakra), the right and left sides of the head (male-female chakras), and the sixth chakra region splits into two chakras (pineal and pituitary chakras). These chakras caused Mila to re-number the order of the chakras, although this is irrelevant from Earth's point of view. The diaphragm or breath of life chakra governs conscious breathing (taking a deep breath every few minutes to align oneself in present time). The dream catcher chakra governs conscious dream weaving and this is where one weaves one's dreams and intentions for manifestation into the field. The male-female chakras assist in balancing the right and left sides of the energy field, and are associated with one's inner family. (See "Healing the Inner Family" in Messages from the Earth Mother III For more information.) The pineal and pituitary chakras allow for vision or perception associated with the Language of Light or unity based thought-form to emerge as the brain and nervous system becomes crystalline.

Seven sets of chakras (grounding chakras) develop under the feet by initiation 2200 to assist in a magnetic form of grounding to the aurora and anchoring to the healing temples. These chakras are associated with the male-female chakras as there is a male (right side) and female (left side) in the set. There is only one series of chakras that also develop above the head leading to one's soul and oversoul known as the connection to source chakras (source chakras). It is through the chakras above the head that the spiritual information drifts down from one's soul to the crown chakra where it begins to be assimilated in the act of ascension.

DIMINISHED OR OVER INFLATED CHAKRAS AND WILL CENTERS

In the worksheet section we will go through all chakras to assure that each has opened to the degree that one has in the ascent of the vessel. Initiates tend to allow certain will centers or chakra centers to diminish as a part of one's genetic predisposed manner of running a field when one is not paying attention. As will centers or chakras diminish or disappear, one loses one's will or capacity to rotate the field to retain a state of balance. Tiredness may be the end result. Some will discover recurrent patterns where one to four or more will centers or chakras diminish during the course of one's day. Learning to keep all will centers and chakras open will allow for one's intentions to continue to create boundaries as they should. Those chakra regions or will centers that diminish are also related to emotional patterns associated with ones' birth nature or nature one is ascending into from an earlier time in one's crystalline ancestry.

GROUNDING CHAKRA (base of the spine):

If one diminishes the grounding chakra region, one will tend to go ungrounded and allow others to manipulate oneself easily, or in other terms, to push one around or cause one to do another's bidding when you really desire to do otherwise. Often those who diminish the grounding chakra also prefer not to ground and utilize an ungrounded state of being to cease to feel the pain that the body is in. As one clears the ancestral patterning from lifetimes of ungroundedness, one will cease to use this modality to escape the pain, and learn to ground soul into the body instead and process one's emotions in ascension.

If one on the other hand tends to over inflate the grounding chakra, then one may find oneself grounding many others and playing the role of savior or protector in the dance of life. Many that one takes care of may then cord into the first chakra region to ground through oneself. As one clears the codependent patterning and thought-form of one's ancestry that requires one to be the anchor, then one will cease to ground others and instead invite them to the healing temples in dreamtime and allow them to learn to ground for themselves through their own freewill choice.

If the grounding chakra will center diminishes, then one also loses their will to ground and will cease to connect to the aurora over time. Many who prefer to live out of body have no first chakra will center at all. The intention to release karma

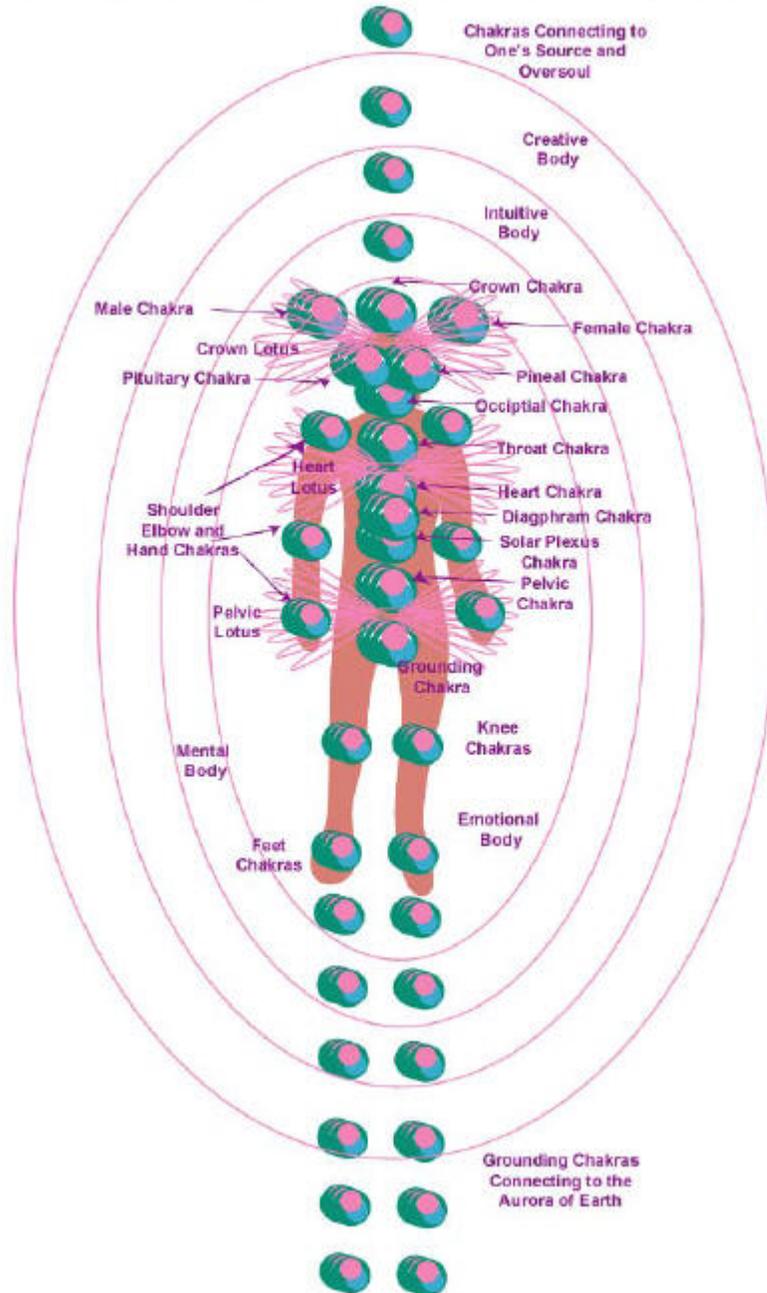
for how the grounding will center was lost at an earlier time in one's ancestry will allow one to retrieve records to recreate this will center in present time. If the grounding will center on the other hand inflates excessively, then one may be trying to hold the will to ground for one or many others. This is often a problem with healers or those who are good at anchoring for others. The intention to release the codependent patterning of having to will another to ground will allow one to step out of this game.

SEXUAL CHAKRA
(pelvic region):

If one diminishes the sexual chakra, one will tend to shut off the kundahlini energy flow over the course of the day and then one's chakras will cease to spin causing excessive tiredness or the desire to sleep by afternoon. Sometimes those who turn off the kundahlini will find that they have no agreement to run sexual energy at work or with family members or one's spouse. Releasing the karmic agreements to cease to run sexual energy will allow the second chakra to begin to hold its shape and function and the kundahlini to run all day long, thereby energizing one's field.

If one on the other hand tends to over inflate the second chakra region, then one may tend to dominate others by moving their sexual energy for them, either to heal or control or both. The inflation of the second chakra region can also be used to seduce others by creating veils of illusion that cause one to appear one way

Chakras and Subtle Bodies to Bodhisattva Level Evolution



when one really is in another state of being. The intent to release all patterning surrounding seduction or controlling others through sexual energy flow will allow one to step out of this game.

If the sexual chakra will center diminishes, then one will tend to lose their will to be sensual (feel the body) or sexual or run the kundahlini over time. If one has had a predisposition of disliking sex or has been judgmental about those who are sexual or sexy, one may have no will center in this region at all. Intending to release karma for a lack of sexuality or sexual judgment in one's ancestry will allow one to retrieve the records for this will center from a prior time in one's inheritance. Then one can recreate this will center in present time. If the sexual will center on the other hand tends to over inflate, one may be trying to seduce others in one manner or another or cause another to move their sexual energy (will them to be sexual). The intention to cease to seduce or will others to be sexual will cause the patterning associated to surface to be cleared so that one may transcend this game.

POWER CHAKRA (solar plexus region):

If one diminishes the power chakra region, one tends to allow others to overpower oneself. Those who diminish this chakra tend to subordinate to those in control or in power in the dance of life. In learning to retain this chakra at its proper size, one will learn to stand in one's power and truth and cease to feel like a victim. The intent to release all karma for victim experiences or experiences of hopelessness or powerlessness experienced in one's ancestry is useful in transcending this pattern.

If one on the other hand tends to over inflate the power chakra region, then one tends to manipulate others by overpowering them through browbeating or throwing around unconscious rage until they feel threatened and back down. Intending to transcend all patterning of false power will allow one to integrate authentic power into the dance of life; where one simply stands in one's truth and unconditionally allows all others the same.

If the will center in the power chakra tends to deflate, one will easily lose their power to another along with one's will to intend and fall into feeling as a victim to life circumstances. If one has felt powerless most of one's life, one may be missing this will center all together. As one chooses to release the karma for how one lost one's ability to intend and stand in their power in their current life and ancestry, one will be able to retrieve the information from another time before this will center shut down and recreate it in present time. Then one will step out of the game of being the victim and learn to intend what one desires as a conscious dream weaver.

If one on the other hand tends to over inflate the power chakra will center, one may be trying to make intentions for one or many others rather than just oneself, or override the will of another. Sometimes gifted dream weavers will fall into this pattern of intending the dream for others or for an entire group. The reality is that one can only intend for one's own dream; each must learn to do the same in

the choice to ascend. As one chooses to release the patterning and karma for the codependent dance of intending for others, one will step out of the game and then can utilize one's own skills to weave the dream that one really desires to make manifest for oneself in the physical.

BREATH OF LIFE CHAKRA (diaphragm region):

If one tends to diminish the diaphragm chakra, then one will tend to shallow breath throughout the day. Forgetting to take deep breaths every few minutes has the affect of causing one to move out of present time and into the past or future. This then causes one's boundaries to fail. Learning to retain this charka at full size will assist one therefore in breathing as one should to remain in present time at all times. In present time, the past karma that has been transcended remains in the past and ceases to affect one's field; and the future karma remains in the future and has no affect over one's field.

If one on the other hand tends to over inflate the diaphragm chakra, one may be trying to cause one or many others to remember to breathe in a codependent unconscious relationship in which one is trying to ascend another. As one releases the karma for codependence with each involved, one will step out of this game. No one can really ascend another; each must do their own ascension work to master the initiations.

There is no will center associated with this chakra region.

HEART CHAKRA (chest region):

If one tends to diminish the heart chakra then one's entire field will begin to collapse as it is this chakra that spins all other chakras in the field, much like gears of a clock. Generally this chakra collapses if one feels shamed or ashamed for one reason or another. If one has tended to feel shamed most of one's life, then one will have much to release to open the heart for continued ascension. Shame is the result of electrical tones of creation in the heart and emotional body. As one releases electrical tones, one will cease to feel shamed or need to shame others and cease to allow the heart to collapse.

If one on the other hand tends to over inflate the heart chakra, one may be trying to provide love from the outside in for others. Often healers are prone to desiring to make others feel loved. No one can really feel loved from the outside in as love is an internal state of being derived from the communion of body soul and Earth. Some may also use the inflated heart as a means of sending shame (electricity) towards others so that they feel less than loved and are easier to manipulate and control. Intending to cease to utilize the heart for anything but a vessel to allow soul to bless oneself, those around oneself along with the land upon which one lives will trigger all patterning to surface of this nature so that one can transcend.

If the will center of the heart tends to diminish, one will lose their will to love and begin to close down the heart rather than open the heart in ascension. For those

afraid of love and intimacy, one may not have this will center at all. In releasing the karma for how one's ancestry and inner children shut their hearts over time, one will be able to retrieve the information to reconstruct this will center from an earlier time before the heart closed in one's personal history.

If the heart will center on the other hand inflates excessively, one may be trying to open the heart of others in a codependent form of ascension, or from the desire to have one's partner love. One cannot open the heart of another; each must do their own healing work of their inner children, family and ancestry in order to open the heart. As one chooses to transcend this type of codependent love, one will cease to participate in the game of trying to open the heart of another in order to feel loved.

CO-CREATION CHAKRA (neck region):

If one tends to diminish the co-creation chakra, one will lose their ability to create and manifest upon the physical plane; one may even fall into poverty in the life dance. Those who have struggled to manifest most of their life will tend to have a diminished co-creation chakra. As one releases one's ancestral karma for poverty, one will begin to construct a full sized co-creation chakra capable of assisting in the process of creating one's own dream. One will also learn to cease to give one's co-creative energy away unto others.

If one on the other hand tends to over inflate the co-creation chakra, one may be trying to create for many others or a group rather than just oneself. There are many gifted at creating for groups; sometimes those that do so benefit as the group succeeds; sometimes one sacrifices oneself so that the group can succeed. In either case, creating for any other only diminishes one's own ability to create for oneself. In the intention to cease to create for others, one will call all the patterning associated so that one can transcend this codependent game in the choice to ascend.

If the co-creative will center tends to diminish on the other hand, one will lose one's will to create and one's dreams will fail. If lack has been one's life experience, one may have no co-creative will center at all. The intention to release karma in the ancestry for the time when this will center was lost will have the affect of allowing one to retrieve the records to recreate this will center in present time. If the co-creative will center tends to over inflate, one may be trying to assist another or many others in retaining their will to create, or willing others to create. In the choice to release all karma for co-dependent co-creation, one will step out of this game and learn to only create for oneself and allow all others to learn to do the same.

DREAM CATCHER CHAKRA (occipital region):

If one tends to diminish the occipital or dream catcher chakra, the dream one is weaving will become too small to attract the intentions for manifestation into one's life through the manifestation planes, and one's dreams will fail. As one learns to retain this chakra as large as is required to attract the intended dream into one's life, then this patterning will cease.

If the occipital chakra on the other hand tends to over inflate, one may try to incorporate the dreams of many others into one's own dream, and then what is made manifest may become confused with the karma or intentions of others. As one learns to allow all others to weave their dream, and release one's karma for codependence, this type of game will cease.

There is no will center associated with this chakra.

PITUITARY CHAKRA (head region):

If one tends to diminish the pituitary chakra, one will lose one's ability to perceive the next steps upon one's path or beyond the veils of illusion that another is seducing one through. As such, one will find oneself easily manipulated by others. As one learns to retain this chakra to its appropriate size, one will have an easier time perceiving through the veils of illusion of others and into the unconscious inner landscape.

If one on the other hand tends to over inflate the pituitary chakra, one may be trying to allow many others to see through oneself so that others will understand one's point of view. This may be confusing and cause one's vision to become intertwined with many others. As one intends to transcend the need to have others perceive one's truth through one's head, one will step out of this game thereby increasing the clarity of one's vision. Each has a unique truth anyway; the only one that really requires perceiving one's truth is oneself.

If one tends to diminish the visionary will center, one will lose one's will to perceive and be easily duped by others. Some may have no visionary will center at all. The intention to release karma in the ancestry for the time when the visionary will center was lost will have the affect of allowing one to retrieve the records to recreate this will center in present time. If the visionary will center on the other hand tends to over inflate, one may be trying to cause others to perceive things one's own way rather than allowing each their own perception from their own unique vantage point of truth. The intention to release all karma for requiring others to perceive things ones' own way will have the affect of calling up the patterning to be transcended so that one can step out of this game.

PINEAL CHAKRA (head region):

If one tends to diminish the pineal chakra, one will lose one's ability to perceive with the Language of Light unity based thought-form, as this is the primary purpose of this chakra. As such one may go into judgment rather than perceiving the middle road of unity for self and others. As one learns to retain this chakra to

its maximum size, one will better perceive the dance of life from the vantage point of unity.

If one on the other hand tends to over inflate the pineal chakra, then one may be trying to dominate the truth of another with unity based thought-form rather than allowing each their own perception from whatever thought-form that they have mastered. As one intends to release all karma for dominating the truth of another, one can step out of this game.

There is no will center associated with this chakra region.

MALE-FEMALE CHAKRAS (either side of the head):

If one diminishes the female chakra (left side of head), there will be less energy running through the left side of the form and one will become unstable in energy flow and the field may begin to wobble throwing one into distortion. This is also a sign that one devalues or rejects the feminine side or other women in the dance of life. It can also be a sign of a lack of the female side in a portion of one's inner family. As one releases the karma for how one has devalued the feminine, and retrieve the feminine side of one's inner family, one will learn to hold equal energy on the right and left sides of the field. (See "Healing the Inner Family" in Messages from the Earth Mother III for more information.)

If one tends on the other hand to over inflate the female chakra, one may have a tendency to try and mother everyone or be everyone's mother. In intending to release the codependent patterning associated, one will step out of the game and allow each to retrieve one's own inner mother and parent oneself through ascension.

If one tends to diminish the male chakra (right side of head), there will be less energy running on the right side of the form and one will also become unstable and the field may wobble causing one to go into distortion. This is also a sign that one devalues or rejects the male side of self or men in the dance of life. It is also a sign of a lack of the male side in a portion of one's inner family. As one releases their karma for how one has devalued the masculine, and retrieve the masculine side of one's inner family, one will learn to hold equal energy on the right and left sides of the field.

If one tends to over inflate the male chakra, one may have a tendency to try and be fatherly towards everyone. In intending to release the codependent patterning associated, one will step out of the game and allow each to retrieve their own inner father and learn to parent oneself through ascension.

There are no will centers associated with these two chakras.

SPIRITUAL KNOWLEDGE CHAKRA (top of head region):

If one tends to diminish the spiritual knowledge chakra, one will reject the information that one's soul is sending down the source chakras above the head

and the information can end up in another's field. One can perceive this as a rejection of ascension knowledge. As one releases karma for how one's has lost one's ascension knowledge in prior eras of one's ancestry, one will cease to close the crown and receive all information necessary to ascend.

If one on the other hand tends to over inflate the spiritual knowledge chakra, one may be trying to understand the lessons of many others by absorbing the information that they are rejecting. As one intends to release all karma for taking the information of others, one will step out of this game. The reality is that ascension information is genetic specific to one's own biology; the information of others will not ascend the form and therefore this is a useless game that only fosters false ascension.

Sometimes the crown shuts off if a guardian is present due to karma for misuse of information in a prior lifetime. As this occurs, one may have a headache. The intent to release the karma for the misuse of knowledge will have the affect of causing the guardian to leave and then one's crown can open to receive the associated information soul is sending down the source chakras. Sometimes initiates take on the guardians of others that then shut off the crown chakra due to false karma that one cannot release for the misuse of knowledge. The intent to return the false guardian and karma to its source of origin through the Temple of Karma should suffice to end this game.

If one tends to diminish the spiritual knowledge will center, one will tend to subordinate to the truth of another. Some may not have a spiritual will center at all. The intention to release karma in the ancestry for the time when the spiritual knowledge will center was lost will have the affect of allowing one to retrieve the records to recreate this will center in present time. Often this will center is compromised in experiences with gurus either in this life or in one's ancestry. The intention to release all karma with gurus is helpful in learning to retain one's will to know. If one on the other hand tends to inflate the spiritual knowledge will center, one may be trying to will another to believe in one's truth. This too is a guru pattern. As one intends to release karma for all prior lifetimes as a guru or spiritual leader, one will step out of this game.

GROUNDING CHAKRAS (below the feet):

If the grounding chakras diminish, one will not only begin to lose one's grounding, but wobble. Sometimes the wobble will cause pain in the pelvis or reproductive system or a headache as the field wobbles from side to side. The pain is the result of the etheric body beginning to crack as a result of a wobbling field. As the field stabilizes again and grounds, the splintering of field can cease and the pain in the pelvis or head will conclude. Diminished grounding may occur if one has suddenly lost a lot of chi to another in a codependent exchange. As one retrieves the chi lost, one will have enough chi to re-inflate the grounding chakras and then come back to a state of balance again.

Sometimes only one side of the chakras deflate and denote issues of dominance or subordination in male (right) or female (left) issues. If one side of the grounding

chakras is larger than another, this too can lead to enough imbalances to create a wobble in the field. If the wobble is great enough, it can also tear at the etheric body. In releasing the karma for how the male or female sides of self are undervalued or overvalued, one can rebalance the two sides of the grounding chakras leading to stability of field and a recovery from a wobble.

Over inflated grounding chakras may be the result of trying to ground everyone around oneself rather than allowing each to learn to ground oneself. The intent to release all patterning surrounding being the anchor for others will allow one to step out of this game. One can also invite those who are grounding through oneself to the healing temples in dreamtime to retrieve enough information to learn to ground themselves.

There is no will center associated with these chakras.

CONNECTION TO SOURCE CHAKRAS (above the head):

If the source chakras above the head diminish, one may lose information as it dissipates before ever arriving to the crown or spiritual knowledge chakra for assimilation. Often this will result in a headache. Sometimes source chakras can also be skewed to another's source after which one receives the information of others rather than one's own ascension records. As one intends to keep one's source chakras inflated and to only connect to one's own source, releasing all karma for being manipulated into a false source connection, one will step out of this game.

Over inflation of source chakras may denote the desire to share information with many others rather than understanding that ascension information is genealogically specific to the biology of each form. Sometimes parents try to share source connections with their children and over inflate these chakras to do so. Sometimes beloveds or ascension friends try to share source connection. The reality is that each has a source specific to the biology and spiritual path of ascension and each therefore should maintain their own connections. As one intends to release the karma for sharing spiritual knowledge, one can step out of this game. Parents can also learn to assist their children in maintaining their own source connections without having to share information or their own personal connections.

There is no will center associated with these chakras.

ABOUT INVERTED CHAKRAS AND MAGNETS

Sometimes chakras can become inverted through the use of magnets on the part of the false gods or in a karmic encounter. As the chakra inverts inside out, it will spin in the wrong direction. Sometimes this can cause the chakra to diminish in size; sometimes it will allow the chakra to be used to press something else into the etheric body as the inversion causes a failure in the boundaries of the field. As one inverts the chakras to their proper energy flow while canceling the magnets,

one can then push out whatever was pressed in, and release the karma for the game of inverting the field. This is a game that many of sorcerer inheritance play to manipulate and control another.

Magnets are generally spherical devices that are charged in opposition to one another. The magnets are then used to invert chakras by pulling them inside out, or pressing something into one's field from another. The easiest way to clear magnets is to cancel the opposite charges. As you press to magnets together of opposing charges, they will disappear or erase. This is also the foundation of erasure or transmutation in action.

1000 PETAL LOTUS OF THE BODHISATTVA

Lotuses in Ascension



*Crown Lotus
or
Soul
Hologram*

*Developes at
2800 Strands*

*Heart Lotus
or
Human
Hologram*



*Developes at
2600 Strands*



*Pelvic Lotus
or
Ancestral
Hologram*

*Developes at
3000 Strands*

PELVIC LOTUS (Ancestral Hologram and Ancestral Record Keeper)

The pelvic lotus holds the ancestral hologram (tapestry of ancestry) and ancestral record keeper after 24 petals have opened. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. Then one may discover that one has lineages from another and an incorrect tapestry of ancestry as a result. Learning to retain the petals as full as they should be and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs the lotus may wobble and become more accessible for manipulations. This also can create pain in the pelvis. As one inverts the petals of the lotus to their proper polarization, they will

better hold their function, which is to assist in the integration of ancestral knowledge as it is retrieved in ascension.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the pelvis. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. Generally if the pelvic lotus petals deflate due to a sudden loss of chi or shattering, there will be a wobble that can tear at the pelvis. In choosing to release the karma and reweave and recast the pelvic lotus, one will recover from such a karmic game.

HEART LOTUS (Human Hologram and Biological Record Keeper)

The heart lotus holds the human hologram and biological record keeper after 24 petals open. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. Learning to retain the petals full and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs the lotus may wobble and become more accessible for manipulations. This leads to pain in the chest. As one inverts the petals of the lotus to their proper polarization, they will better hold their function, which is to assist in the integration of holographic and biological knowledge as it is retrieved in ascension.

Generally if the heart lotus petals deflate due to a sudden loss of chi or shattering, there will be a wobble that can tear at the chest also leading to chest pain. In choosing to release the karma and reweave and recast the pelvic lotus, one will recover from such a karmic game. It is often when the heart lotus is shattered that one may suddenly feel like going to sleep; this is because the heart region generates the chi for all other chakra movement associated with the etheric body. As the heart chakra is repaired, one will rapidly recover from a karmic shattering of this nature and the associated tiredness.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the chest. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. Electrical petals will have the affect of slowing down the heart which likewise slows down the rest of the field preventing further ascension. Therefore monitoring the heart and all lotuses for that matter for electrical formations is one way to prevent this manipulation.

CROWN LOTUS (Spiritual Knowledge Hologram and Akashic Record Keeper)

The crown lotus holds the spiritual knowledge hologram and akashic record keeper after 24 petals open. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. This will generally be felt as a headache. Learning to retain the

petals full and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs the lotus may wobble and become more accessible for manipulations. This will lead to a headache. As one inverts the petals of the lotus to their proper polarization, they will better hold their function, which is to assist in the integration of tones of creation as it is retrieved in ascension.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the head. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. The electrical petals may also allow electrical tones of creation to be added to one's akashic records. In monitoring the petals of one's lotus daily, this type of manipulation can be corrected without long term damage to one's records or field.

DISTORTED RECORD KEEPERS

Sometimes the angels that are the akashic record keeper (crown lotus), biological record keeper (heart lotus) or ancestral records keeper (pelvic lotus) can become distorted. If this occurs, one may find oneself losing records or subject to other manipulations. If one tests that one's record keeper is distorted, one can intend to attune to the Temple of Interconnection and replace one's record keeper angels. Then one may intend to release the karma for how this occurred so one need not repeat this pattern again in another karmic encounter as well as to undo all damage done.

Prior to opening the lotuses in the ascent, the records keepers sit in a different location. Akashic record keepers sit upon the left side of the neck over the shoulder; biological record keepers sit upon the right side of the neck over the shoulder. Ancestral record keepers do not appear until the pelvic lotus opens. Therefore prior to opening the lotuses, a sore throat can be indicative of an invasion of one's records or a distorted record keeper. The intent to clear the associated karma and replace the record keepers with new angels will allow for a recovery.

Records can be manipulated recurrently in karmic encounters in ascension. Mila and Oa have learned to store a copy of all ascension records and energetic movement ascended into in a secret hiding place (perhaps a mineral upon one's altar) that only one knows about. Then in the event of a bad ascension day, one can go to their stashed records and begin to restore the field accordingly. Updating the stashed records each day will assist in keeping them up to date. Collapsing the space between will also lessen the likelihood of going into such great distortion.

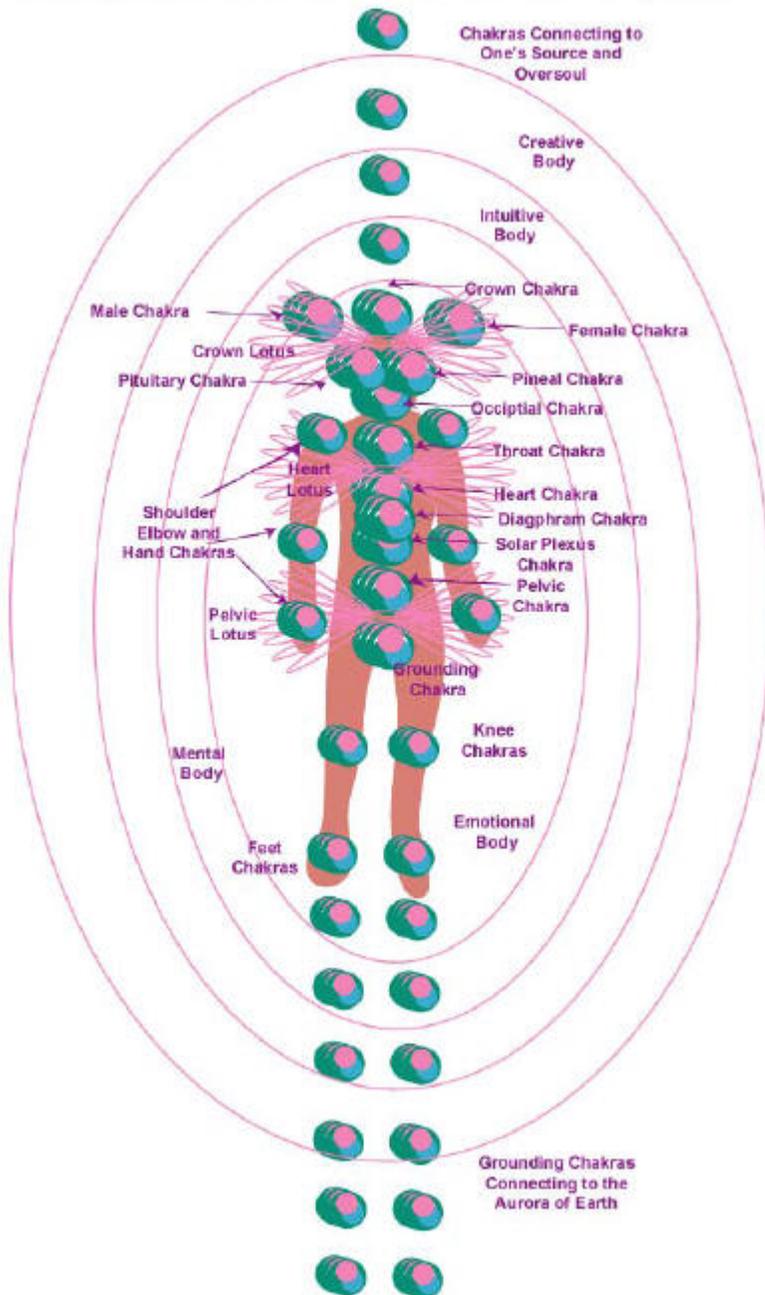
DIMINISHED OR OVER INFLATED SUBTLE BODIES

For the best balance in the rotation of field, it is best to have all chakras and will centers evenly sized and syncopated in rotation together in the same direction along with the four subtle bodies. To the degree one can sustain chakras and subtle bodies that are balanced and syncopated, to such a degree one will retain stability of field for the continued ascent and draw unto oneself unity based life experiences. Not only do chakras tend to over or under inflate, but so do subtle bodies. The over or under inflation of certain subtle bodies increases or diminishes the capabilities associated.

EMOTIONAL BODY (can be closest to the etheric body, but some genetic templates have the mental body as the first subtle body):

If the emotional body tends to deflate, one will have difficulty discerning how one feels. Sometimes those who are highly enmeshed with the emotional bodies of others will deflate this subtle body so that they do not feel the discordant emotions of others. In ascension, feeling is important as this is how one learns the spiritual lessons associated with the karma from one's ancestry or parallel life experiences. As one feels, then one will understand enough to forgive. Therefore learning to hold the emotional body sovereign and with equal chi to all others will assist initiates that have not felt before

Chakras and Subtle Bodies to Bodhisattva Level Evolution



in learning to feel; and for those who are very emotional to learn to only feel one's own feelings. In feeling one's own emotions, then one can process them. Feeling the emotions of others only confuses what is sincerely one's own to clear.

The emotions of others generally will not dissipate and will feel overly heavy or unrelenting in nature. In learning to return the emotions of others, the unrelenting and heavy feelings shall lift and one will better attune to how one really feels oneself. Rage from another will cause one to feel like destroying or killing another; one's own rage on the other hand will allow one to feel energized capable of drawing the line or setting boundaries in all life circumstances. One's own rage therefore is a positive experience. Running the red ray associated with rage is also paramount to energizing the field and will assist in carving boundaries, and so is important for ascending initiates to master. Learning to deal therefore with the rage of self or others, returning what is not one's own, and retrieving what is one's own, and then running the red ray through the kundahlini will be an enjoyable and a re-energizing experience. Disconnecting from the attachment between emotional bodies will allow the manner in which the emotions of others are transferred into one's field to cease.

Often those who diminish the emotional body may take on the anger of others and then repress it. This is not good as repressed rage is likely to manifest as depression or worse yet, cancer if it is stored in a particular part of the etheric body. Those who are depressed tend to hold on to a load of anger from one or many others. So learning to move the rage of others out will prevent depression as well as disease in ascension. It is the emotional body that understands the Language of Light in a feeling sense. It is through the emotional body that one learns unity relations as well as compassion in action and non-conditional love (allowance of all others). Feeling is paramount to those mastering beyond 3000 strands or Bodhisattva level evolution as a result.

An over inflated emotional body often results in one who tries to understand others by feeling what they feel. Alas often what one feels in the inflation of the emotional body is what the other is repressing or has separated off from (rejected) in the unconscious. Therefore one does not receive a legitimate read on another's physical state of being by absorbing their cast off emotions. Many who have felt unsafe most of their lives will tend towards inflating the emotional body excessively and have learned to make themselves safe in feeling the emotions of others. The largest problem in this is an inability to understand how one feels oneself, as one is more gifted at feeling other's emotions than one's own. This leaves the body feeling un-nurtured as one has strived continuously to serve the needs of others that one is feeling instead of one's own needs. As one learns to bring the emotional body to the right size to feel only one's own emotions, and sever one's ties of attachment that cause the emotions of others to be felt, then one will be better prepared to take care of one's own needs as well as process one's own emotions in ascension.

MENTAL BODY (generally is the second subtle body, but sometimes is the first depending upon genetic predisposition from birth):

The mental body and emotional body were once a united subtle body. In the ascent to 6000-9000 strands, these two subtle bodies unite again and mental capacity such as language becomes merged with emotions associated with the non-verbal thoughts of the Language of Light. Up until this time, the mental body is separate and if it tends to be diminished, then one may have difficulty verbalizing one's thoughts or feelings. This may leave one feeling misunderstood or even manipulated as a result of failing to be able to express oneself adequately. As one learns to retrieve all portions of the mental body one has given away and puff it up to equal proportions to the emotional body, one will learn to feel and language at the same time and have less difficulty thereby communicating clearly with others.

If the mental body tends to over inflate and dominate, then one will think very well and language very smoothly but feel very little. This has led to another cycle in which humans do very horrific things to one another or nations unto one another from the lack of compassion or feeling. If the mental body dominates, one will tend to focus upon facts rather than intuiting one's ascension. Ascension requires feeling and intuiting the patterning, thought-form, karma, and ancestors along with parallel lives one is clearing and integrating. Learning to allow the mental body to downsize and the emotional body to increase in size is one way to increase one's ability to intuit as well as one's kinesthetic awareness. To retrieve all parts of one's emotional body that one has given away is a prerequisite to learning how to feel if one has been overly mental in this lifetime.

Many complain of not being able to accurately muscle test or pendulum. There are two reasons for this in Earth's experience; one is running the wrong gender tones of creation for your biology (i.e., running female energy in a male body or male energy in a female body). As initiates learn to run the full range of female tones in a feminine body, or male tones in a male body, then one will polarize properly grounding soul into form, and run the energy in the right direction to have the muscle testing test positive or strong for a "yes" answer. The other problem with muscle testing or working with the pendulum can be an over-inflated mental body. It is through the emotional body that the "truth" is discerned by the body and not the mental body. If the emotional body is not large enough, then one will get conflictive answers when testing or using the pendulum. Try in such moments pushing more energy into the emotional body and diminishing the mental body and test again, and you will most likely be able to better discern your answer.

INTUITIVE BODY (will be the third body out and sits underneath the creative body):

The intuitive body receives the nonverbal communications from soul, oversoul, source, nature and Earth. The intuitive body connects directly to the dreamtime self. At this time the dreamtime self is to be tethered surrounding the vessel

during all waking hours and paying attention to physical plane existence. As this occurs, the intuitive body and dreamtime self can learn to communicate directly to open oneself more greatly to dreamtime and the communications from the nonphysical.

Often the communications of the nonphysical are riddled with the communications of the false gods. This occurs through the space between and not through the intuitive body or dreamtime self, or for those who have opened the heart lotus enough, through holographic communication. In collapsing the space between to a minimal level, there is a greater chance of hearing one's soul, oversoul, source, Earth and nature through one's intuitive body and dreamtime self as there is less space for the false gods to communicate.

The purpose of the intuitive body is to amalgamate the verbal communications of the mental body with the emotional communications of the Language of Light from the emotional body into a single communication that is then relayed unto the creative body to be intentionalized to the sun in the act of commanding one's intentions as a conscious dream weaver. An under inflated intuitive body will fail to adequately amalgamate the intentions made with the Language of Light leading to a miscommunication to the sun and causing one to then experience the opposite of what one intended or a different life experience than one desired to make manifest. Learning to retain the intuitive body to the proper proportions will then allow one's intentions to be properly constructed before sending them to the sun.

An over inflated intuitive body may be trying to intuit for many others. Often counselors or intuitive readers will inflate their intuitive body to understand the drama and trauma of another. This pulls the intuitive body of another into one's field. This will cause confusion in one's guidance or intuition as one will have the thoughts of another intertwined. Such thoughts will also skew one's intentions into other languages other than the Language of Light causing non-unity based intentions to then manifest in the dance of life. Another solution to this type of intuition is to make agreements with Earth and nature to be the conduit of any intuitive reading; Earth and nature will then collaborate with the individual's soul and explain in what is happening, and one can relay this information without blending with the intuitive body of another. Then one's communications amalgamated through the intuitive body will not become intermixed with the communications of others which then can lead to confused intentions and failed boundaries as a result.

At another time the intuitive and creative bodies were a single energy unit. In the ascent to 9000, these two subtle bodies unite allowing intuition and creation or intention to flow out of a single subtle body. This strengthens the process of intentionalizing for those mastering Bodhisattva in this lifetime so that they have a greater power of command over their physical plane boundaries and dream.

CREATIVE BODY (the last of the four subtle bodies):

The purpose of the creative body is to take the amalgamated language of the intuitive body and relay it to the sun as an intention which then relays the dream intended on to the 7th manifestation plane to step into physicality. For most in this program, one is on a three to six month manifestation timeframe (it takes 3-6 months for all intentions made today to step down all seven manifestation planes and into the physical). This can be sped up by Earth as she perceives a need to assist with manifesting enough funds to subsist or travel.

One may not realize however that one is unconsciously intending all day long a part from the conscious intentions one may remember to make from time to time. What part of self intends? One has thoughts. The thought-stream runs through one's head and the mental/emotional bodies send it to the intuitive body which amalgamates it and gives it to the creative body which sends it to the sun without attuning to the conscious will and desire of the body or soul. In the fractured state that humans have fallen into upon Earth, there is little communication between body and energy field. The point of ascension is to re-establish communication so that the body can begin to consciously determine the dream intended rather than one's unconscious thought-stream.

It is also why watching the news or television or reading a novel or watching a movie is not so wise as an ascending human, as one will inadvertently make many intents in so doing, and the subtle bodies are so much on auto-pilot that they do not know otherwise. The more emotions triggered in what one reads or watches, the more likely one is to have inadvertently made intentions. If one is reading or watching a positive film that puts one in joy and is a story about unity and love, perhaps such intentions are supportive of ascension. If it is a story about heartbreak, disease or war, perhaps such intentions are not so good for ascension. It is also for this reason that Mila and Oa suggest that initiates be aware of the lyrics that one sings along with in the music one listens to; for once again one will make inadvertent intentions in so doing. Songs about love or the beauty around oneself may therefore be supportive of ascension; songs of heartbreak and the loss of everything may not be supportive of ascension as a result. Perhaps instrumental music that is uplifting is the best choice.

Over time, as one learns to be more aware of the intentionalizing process, one can learn to "cancel" inadvertent dreams and re-intend one's hearts desires and what soul wishes one to experience upon the physical plane. This requires daily focus to keep oneself on track in ascension and is why Mila and Oa were guided by Earth to record their "Mastering Dream Weaving CD".

What do most human thoughts create? Most human thoughts are so jumbled up that they manifest boredom or a lack of fulfillment upon the physical plane. Occasionally and due to focus upon violent themes there is a violent experience such as an attack, robbery, or perhaps even war time strikes in certain regions. Those manifesting violent dreams have focused too greatly upon violent media; however it is a great truth that humans focus upon violent movies and think it

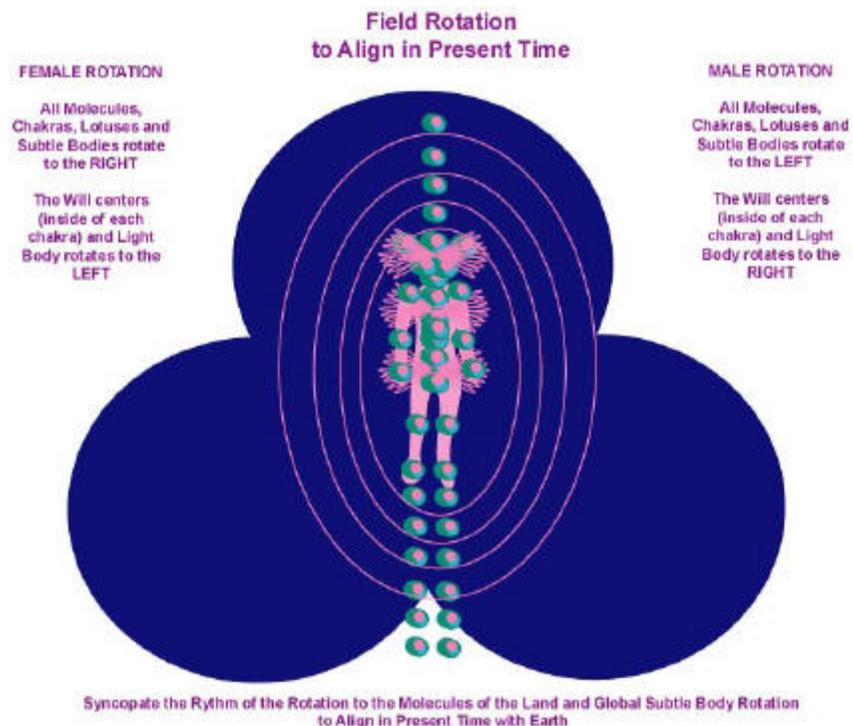
harmless, and then the masses send their violent dreams to those places already in conflict leading to further global warfare. This is coming to an end now and one will receive back what one has focused upon in the dance of life as the modality through which the collective human unconscious manipulates violence into certain regions has been disbanded by Earth. This had to occur as otherwise WWII would manifest beloved; and so it is even more important that ascending humans cease to attune to violent media or violent thoughts or visions as otherwise one may live to experience such a dream in the physical.

If the creative body diminishes, there may be not enough energy to send the amalgamated thoughts from the intuitive body to the sun to be relayed into the seven manifestation planes. One's dreams will fail to manifest in such a dance. Therefore learning to retain a mental body that is equal size and puffed up to the same size with all others is one way to assure that one's intentions are relayed in the act of conscious dream weaving. Also pulling back all parts of the creative body that one has given to another will assist in learning to become the dreamer and the dream again.

If the creative body over inflates, one may be intentionalizing for many others or a group without awareness. Those who tend to be the "creative one" of the group may tend to host this pattern. In intending to release all karma for creating for a group, one can step out of the game, and use one's dream weaving capabilities instead to dream weave one's own heart's desires.

THE DREAMTIME SELF

The dreamtime self is another vessel that sits outside of the creative body and spins a triple sphere energy flow manifesting a duplicate of one's physical appearance in the center. This vessel is utilized to travel in dreamtime to the healing temples. The dreamtime self evolves into a triple lotus energy flow by initiation 1800-



2200 strands (consciousness symbol). Prior to this time it is pyramidal in formation. By 6000 strands, the dreamtime self becomes an integrity symbol in the Language of Light (two consciousness symbols) and holds a higher frequency allowing one into special healing temples associated with mastery to 9000 strands (Bodhisattva level evolution) and beyond.

The dreamtime self is now to be anchored surrounding the physical vessel during the day to experience physical life. It is perceived that as the dreamtime self perceives physical life, it will better understand and work in dreamtime to release the karma at cause of difficult life circumstances. The dreamtime self will also create the necessary energy flow surrounding physicality to not only support one's field and sustain one's boundaries, but also to better attune one to dreamtime so that one can perceive into the unconscious or inner landscape of self or others. The presence of this vessel shall thereby make the communications of soul, oversoul and source easier to hear and understand. This shall increase the capacity for the physical consciousness to understand the spiritual lessons behind one's creations in the dance of life.

The dreamtime self travels to and from the healing temples in the aurora during dreamtime and while the body sleeps. The body rests to provide time for the DNA to grow in physicality. Failing to rest during sleep (waking up on and off all night long) is a sign that the body does not feel safe. Crosschecking if all guardians are present and resurrecting and replacing them as necessary and grounding one's body to the aurora is one manner of creating enough safety so that the body can rest in sleep. Shattering any nonphysical entity or group of entities that might be threatening to the physical is helpful along with energetically clearing and purifying the home, apartment or hotel room before going to sleep.

Shattering is not wrong. Shattering may be the only means that one may sometimes defend oneself against nonphysical entities that are shattering one's own field. As one shatters in return that which is shattering one's field, generally such forces will back off. Then one can begin to recover, retrieving all power from nonphysical forces or other physical forces that the nonphysical is using to harm, along with releasing ancestral karma at cause of the creation. Sometimes it is the dreamtime self that will take out a sword of light and defend one's field from intruders, shattering the entities or energies of others. The shattering is only of that which is inside or has invaded one's field and not of another's field, as this is a requirement to sustain harmlessness in ascension.

The dreamtime self also ventures on to parallel life planes that one is in the process of integrating to retrieve the lost parts of self. Sometimes the dreamtime self gets stuck upon a parallel life dreamtime plane and in such moments, intends to awaken the body to pull itself out. As one awakens, one can support the dreamtime self by intending to retrieve the part of self stuck upon the dreamtime plane that the dreamtime self was gathering. One can also intend to reweave or recast the dreamtime self in the healing temples if it has become damaged in a threatening dreamtime encounter.

Some dreamtime that one may recall just prior to awakening is of parallel lives. This dreamtime will be of oneself in a different circumstance than one's physical life; one may be married to another or living in another house or even another region or country. Such dreams are generally the parallel lives one is working upon integrating in the current phase of ascent. There are also dreams that are symbolic of the work in the healing temples for ascension. The communication between the body and dreamtime self is transmitted through the silver cord that runs from the solar plexus of one's etheric body to the solar plexus region of the dreamtime self. Communication is symbolic rather than direct because the third chakra is not a good interpreter of dreamtime events. If the silver cord were instead to and from the crown region, this could change; alas to move the silver cord to the crown region will take ascending to full consciousness and beyond on the part of ones' future ancestors.

Sometimes the silver cord is damaged in a karmic encounter in dreamtime. The silver cord, if severed, will lead to one's death. The intention to repair the silver cord in the event of such an experience will rectify the circumstance. Dreamtime can be violent, particularly if one's parallel life is living a violent life style or exists upon a plane in which there is war or other conflict. Intending to heal the dreamtime self if it suddenly causes one to awaken during the night will better prepare it to return to dreamtime to fulfill upon the records or parts of self it is gathering.

THE LIGHT BODY BODY-DOUBLE

The light body body-double is another vessel that sits beyond the dreamtime self. This vessel is in a completely different non-physical semi-etheric reality that is fourth dimensional in frequency. This reality is by and large so separated off that ascending humans rarely connect or commune with oneself upon this plane of reality. It is as the physical ascends enough to merge with the light body body-double planes that ascension to the fifth dimension shall occur, as it was as these vessels separated that they fall into the third dimension was made manifest.

The chakras of one's light body body-double are the global chakras associated with one's field. It is the light body body-double consciousness that maintains the global sized chakras. Sometimes one may become aware of a shattering of one's global chakras. If this is the case, one can report the problem to a healing temple known as The Temple of Light Body. Through this temple a sharing of records between the physical and oneself upon the light body planes of reality can occur.

The dreamtime self is prohibited from crossing over into the planes associated with the light body body-double. For a long time there were no boundaries and humans in the physical were stripping their light body body-double of grid work to create false ascensions. Also many in the physical who had become diseased with such patterning as MS were losing their grid work to false ascents occurring upon the light body body-double planes. This is being prevented at this time (except for karmic circumstance) and there are global guardians between the two realities.

Ascension parallels between physical and the light body body-double self. If the physical is restricted, then the light body body-double is restricted to a level of evolution that parallels in this lifetime. This has assisted in limiting false ascension upon either plane as the two bodies can only be so many vibrational bandwidths apart in frequency as assessed by the ascension counsels. This restriction acts to prevent massive space between that can then be used to prevent global ascension from inside the human dream. The false ascensions have been primarily used to inflate space between so vastly that the false gods could then shatter Earth and nature into a fall in consciousness or extinction. As the space between is minimized even further upon the physical and light body planes, the possibility of false ascension also minimizes. This is why this is such a prime focus at this time.

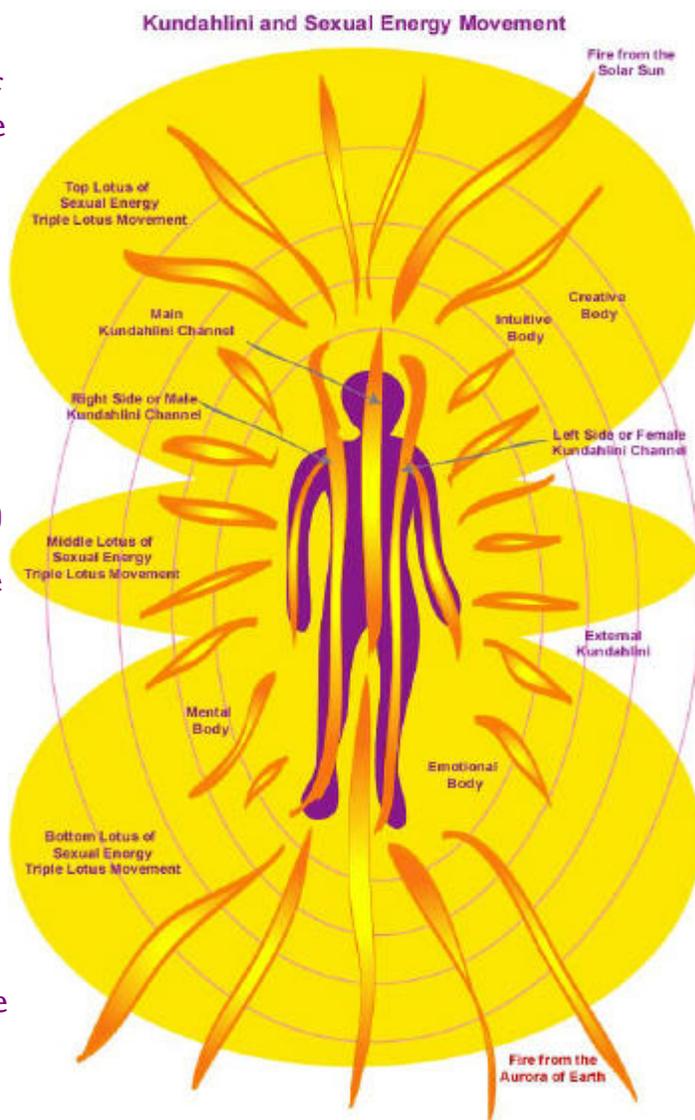
THE SEXUAL ENERGY SYSTEM

THE MAIN KUNDAHLINI CHANNELS:

The sexual energy system is comprised of three movements of energy. The first movement is the flow of the kundahlini from the aurora up through the grounding chakras and into the base of the spine and feet up through three channels in the etheric body (one in the spine and two on either side) and out the head and up the hands. The kundahlini is then pulled sideways through the etheric grid work by the rotation of the regeneration chakras along the skin to energize the etheric body. The kundahlini flow out the top of the head assists in energizing the spin of the four subtle bodies and light body dreamtime self.

THE SEXUAL LOTUS:

The second flow is the sexual energy system, which is a triple lotus pattern that appears much like an hour glass with an added loop on the top that surrounds the etheric body. The hour glass crosses in the pelvis and heart regions and extends above the



head all the way up to one's source and below the feet all the way to the aurora. It is the sexual lotus that assists in energizing the spin of all chakras surrounding the etheric body, especially the heart chakra which drives all other chakras like the gears of a clock. The sexual lotus can be pressed outwards up to over 1000 feet or more surrounding the body to assist in maintaining one's boundaries. One can move the red ray or orange ray through this system to frighten the dark and collapse the space between in congested places such as grocery stores, shopping malls or cities.

The sexual lotus must cross through the heart to allow for the experience of sending and receiving blessings. Up through the ascent to 2200 strands, the sexual energy is a figure 8 that does not incorporate the heart chakra. Somewhere between 2200 and 2800 strands and as the heart opens more fully to develop the heart lotus, the sexual energy begins to cross through the heart chakra. This allows for the unification of love into the sexual energy flow. Up until this time, sexual energy is primarily a function of the emotions associated with the pelvis. Following the movement of the sexual energy through the heart, love can be infused into the sexual flow by soul to bless the body or others or the land. It is also as the heart is incorporated into the sexual energy lotus that holographic knowledge begins to open, as the movement of energy through the heart allows holographic information to be transferred to the subtle bodies to be interpreted or understood by the consciousness of the form.

The sexual flow can be used as a modality to anchor healing for those who are healing practitioners such as massage therapists or offering attunements to the Language of Light or any other modality of healing. The sexual energy allows the Language of Light to be amplified in the sexual lotus to bathe those that are receiving the treatment in person. One can also move the Language of Light through the kundahlini channels and out the hands in massage. This will assist those receiving the treatment in moving stuck points in the etheric body and meridian system.

Unconscious healers often synthesize others by taking on their density, karma, personality entities or other patterns through the sexual energy flow. Note that one does not need to be a healing practitioner to be an unconscious healer, and those of this nature may tend to take on density from family, friends, workmates or clients if one is in another profession. Often this type of unconscious healing can be run through the sexual energy flow whereby it may damage the etheric body either in the pelvis or chest. Lower back pain, pain in the pelvis, or pain in the chest may be a sign of this type of unconscious healing pattern. If this is one's tendency, one may wish to intend to release the need to unconsciously heal others and instead work with them in dreamtime by offering them an opportunity to learn to heal themselves through the healing temples for ascension.

THE ETHERIC KUNDAHLINI

The third attribute to the sexual energy is a fire that leaps off the surface of the etheric skin. This fire is created through the spinning of the regeneration chakras enough to call the fire from the aurora and hold the fire element surrounding the

etheric skin. As the fire leaps from the skin, one increases one's ability to maintain boundaries and clear karma in any given day of ascension. It is also as the skin based kundahlini ignites that one may begin to heat up to a dripping sweat. Sometimes the sweat is necessary and is a sign of clearing a major piece of karma; generally this is so if the excessive heat lasts for 10 minutes or less. Beyond this the flaring of the skin kundahlini may be a sign that one has had karma dumped upon one's field that one requires returning to its source of origin.

Long ago, Mila noticed that trips to the mall and grocery stores caused her to break out in a sweat that would not cease until she left. The skin kundahlini would flair due to all the shops dumping karma to cause more and more consumption of their goods. As Mila learned to return the karma faster than it could be pressed upon her, shopping has become a more comfortable experience; however until this occurred, she would simply return all karma depressed upon her as soon as she left the market or mall.

Cold hands and feet and chills followed by sweating can be a sign of death pictures that are raised in ascension, or a manipulation in which another is unconsciously throwing death pictures to put one in fear so that you will cease to evolve. Often gurus or those of guru ancestry are gifted at throwing death pictures at their following and this is one way that they maintain control over others. One can ground death pictures to the aurora to be returned to their source of origin, and transmute those death pictures that are actually ancestral records of death one is releasing. This will allow one to move out of this type of manipulation.

A rapid cooling of the body temperature (outside of sleep) can also be a sign of a loss of the skin kundahlini and regeneration chakras. Intending to retrieve all chakras or information lost on how to spin the regeneration system and run the etheric kundahlini along with releasing the associated ancestral karma will assist in the repair of this type of karmic encounter. One will visit the Temple of Sexual Energy Flow to assist. If one has failed to open this system thus far in one's ascent, it may be a result of a failure to retrieve the blueprint for the regeneration chakras from an earlier time in one's ancestry before this energy system was lost. Intend to retrieve the blueprint for the regeneration system, and then the blueprint for the skin based kundahlini can be anchored and ascended into.

COMMON MANIPULATIONS TO THE SEXUAL ENERGY FLOW

Manipulations to the sexual energy system and kundahlini are abundant in the experience of those in Group Mastery over the years. Sometimes shunts are added in the grounding and one's fire from the aurora siphoned off and sent elsewhere before it ever arrives at the base of the spine or feet to be moved up the core of the etheric body. Removing the shunts or cords of attachment that transfer one's kundahlini elsewhere is one way to avoid this type of manipulation; another is to release the karma associated.

Phantom sexual energy systems have also been uncovered in recent ascension records of those in Group Mastery. The phantom is constructed from the sexual

energy of many others and then inserted inside of one's own flow. Often the phantom flow is run in the opposite direction allowing patterns one is releasing to be shoved back into the field rather than transmuted through the fire of the sexual flow. The reverse polarization associated with the phantom sexual flow can also unground a part of the field allowing one then to be further manipulated or shattered. In removing the phantom and sending it through the sun with the intent to break up the false sexual energy of others and then send the energy back to sender will suffice to conclude the dance with phantom sexual flow.

In the act of making love, the two sexual lotus of the male and female are to run inside of one another. The female lotus runs from front to back beginning in the pelvis and assumes the interior position; and the male lotus runs from back to front beginning in also in the pelvis and assumes the exterior position. The two lotuses merge allowing for divine union in the act of love making and a sexual flow that is up to 10 times more expanded in size. Sometimes manipulations can be run through, but now it is understood that mostly this occurs through phantom sexual energy systems. Remove the phantom, and ascending couples may be able to experience harmlessness in love making.

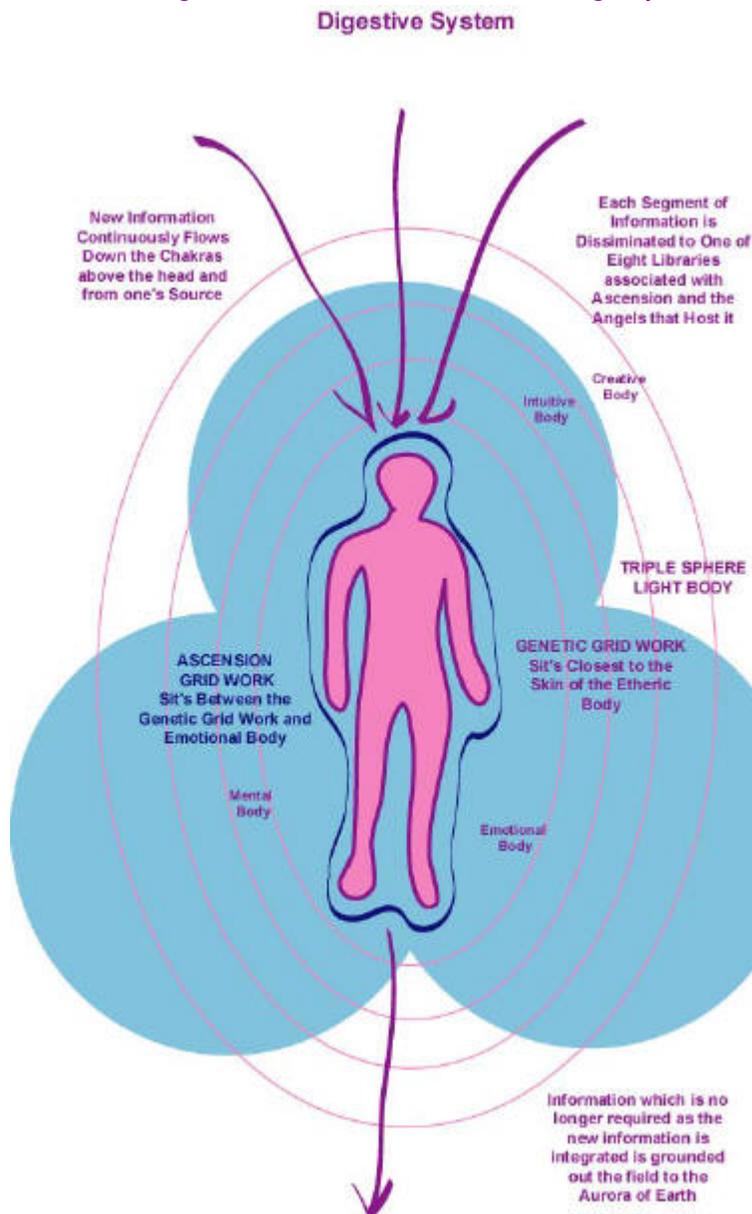
EXERCISE TO INCREASE THE KUNDHLINI ENERGY FLOW

Ascension requires the ever-increasing size of the kundahlini channels in the core and on either side of the form. One way to carve larger channels or assist in removing stuck points within them is to work with a hand held mineral and one's synthesis alter. One can use a clear quartz, rose quartz or amethyst point that is palm size or larger for this exercise. During meditation, one will hold the point in one's hand and connect it to the mineral kingdom along with one's synthesis alter. Clear the point for a few minutes by moving the Language of Light through it from the base to the point.

When cleared, intend to move those tones that will assist in widening the kundahlini through the point, and begin at the bottom of each foot. Hold the point for a few minutes into the center of the foot where the kundahlini main channel begins (in the arch). Then slowly move the point up the inside of the leg with the intention to widen the channel from the foot to the hip. Continue to slowly move the point into the hip and up the side of the torso, and then down the arm and out the hand. Take about 5 to 10 minutes for each side of the body for this exercise. Then hold the point at the base of the spine for a few minutes with the intent to carve a larger main channel for the kundahlini. Slowly take the point up the middle of the body with the point facing towards the spine again with the intent to widen the main channel. Then bring the point through the neck and up through the front of the face, with the intention to widen the channel in the head. In doing this exercise many times per week over the course of a month, one should widen the kundahlini enough to double the energy flow and support continued ascension.

THE DIGESTIVE ENERGY SYSTEM

The digestive energy system is a downward sweeping energy that is generated by the chakras above the head, the 12 chakra system surrounding the etheric vessel and the grounding chakras leading to the aurora. As all these chakras spin, they create a downward movement of energy that allows one's oversoul to send information down the source connection chakras to be caught by one's akashic record keeper in the crown lotus. The akashic records keeper in the crown lotus retrieves the new information and then discards what is no longer required to be transmuted by the 12 chakra system. The 12 chakra system will transmute what it can and presses what is too large to transmute down to the grounding chakras. The grounding chakras then depress what one is releasing to the aurora, where one's larger chakras transmute the larger patterns released in ascension in full.



What is transmutation?
Transmutation is the application of tones of creation associated with the Language of Light through the rotation of the chakras that grinds up and dissipates polarity based thought-form and its associated patterning, machines or entities so that new information on unity can be integrated in its place. This is transmutation in action. For each polarity based thought-form released, there will be one or more Language of Light thought-form integrated that replaces the polarity thought-form leading to a new operating system founded upon unity.

The digestive energy system has a relationship to the sexual energy system and regeneration system that are a series of chakras that develop over the pelvis. As one eats, one automatically moves the digestive energy flow, sexual energy flow and

regeneration flow surrounding the body. Eating is therefore one way to assist in digesting one's spiritual lessons and ascending each day, week or month of evolution. It may also be useful to collapse the space between the digestive, sexual and regeneration energy systems to minimize potential manipulations to all three.

Loss of appetite can occur if one has lost the digestive energy system or a portion of it in a karmic encounter. As one intends to release the karma and retrieve what has been lost, one will recover their digestive system and appetite. Loss of appetite can also occur if poison has been sent into one's field. Poison is tones of creation that freeze the energy flow in the field. If the digestive energy movement freezes, nothing new will come in or will the old be released. This can be also reflected in a state of physical constipation. In choosing to transmute the poison with Language of Light tones designed to dissolve it, one will begin to free up the digestive system to move again, causing the appetite to return and constipation to cease.

Another manipulation those in Group Mastery have discovered is having another's digestive system twisted into ones' own, and ones' own information twisted into another's field. If this occurs, one will find oneself trying to digest the spiritual lessons of another rather than one's own lessons, and losing one's records to another. As one intends to disentwine from the other, and release the karma for why the exchange has occurred, one will step out of this game.

There have also been digestive phantoms uncovered. The digestive phantom can be used to twist lessons from many others into one's field and take ones' ascension information sending it to many other people. The digestive phantom is constructed from the parts of many digestive systems of others held together by a spell and tethered to one's field in the space between the digestive and sexual energy flow. As one intends to run the phantom through the sun and release the karma with all associated, returning all energies to their source of origin, one can step out of this game. Also, retrieving any parts of one's digestive system that have been taken and used to create a phantom to manipulate another will allow one to release both sides of this pattern.

BIOLOGICAL CYCLES OF ASCENSION

Ascension occurs in cycles. Generally those at 2200 and above accomplish one cycle per calendar year through the cells of the body. Cycles are orchestrated in a particular sequence that is most supportive of the health and well being of the biology. Here is a general list of the biological transmutative cycles associated with ascension.

- 1. BONES AND LIGAMENTS.** Generally each new cycle begins with the bones and ligaments which are modified to an increasingly less dense form of mineral. Bones also become more flexible and less likely to break. The lack of density often causes those who are mastering to 3000 to float in fresh water as one will weigh less even if one has grown in size. One will require more

calcium during this process and may crave milk products and nuts as a result. For most between 2200 to 3000 strands, the transmutation of the bones takes about 30 to 40 days each cycle depending upon age.

2. **MUSCLES.** Generally muscles are the next in line to be ascended throughout the biology. Muscles also become increasingly less dense (smaller amino acid chains) the further that one ascends. One will tend to crave protein during this cycle of transmutation. If eggs are insufficient at providing enough amino acids, one may wish to supplement with a little shell fish or fresh fish in the diet during this cycle. For most between 2200 to 3000 strands, the transmutation of the muscles will take 40 to 60 days each cycle depending upon age.
3. **CIRCULATORY AND LYMPH SYSTEMS.** Generally the circulatory system and lymph is the third in line to be addressed in the cycle of biological ascension. This includes the blood and bone marrow along with the heart, veins and lymph glands and vessels. The blood becomes increasingly capable of carrying nutrients from the digestive system and oxygen from the lungs to the cells, and toxins from the cells to the waste management systems of the biology. The heart grows to have more ventricles (6 ventricles by 3000 strands and 8 ventricles by 6000 strands) to allow for better circulation such that all cells are reached through the veins and vessels of the lymph. The veins and lymph vessels become stronger and less subject to breaking to accommodate the higher blood pressure of a 6 ventricle system. One will crave a load of fresh veggies and fruit during this phase of ascension which will provide the enzymes necessary to break down the old systems. For most between 2200 to 3000 strands, the transmutation of the circulatory system and lymph takes about 30 to 40 days each cycle depending upon age.
4. **ORGANS AND GLANDS.** Organs and glands are addressed one at a time from the weakest to the strongest in the continued biological ascent. The weakest organ or gland has the most scar tissue or decay to be resurrected. Organs and glands resurrected in the fourth cycle include the pancreas, liver, kidneys, gall bladder, spleen, and two new organs that grow by 3000 strands as blood filters known as Liver 2. Each organ becomes increasingly good at providing its function; the kidneys are capable of sending more toxins out of the body through the urine; the liver becomes increasingly gifted at filtering the blood and depositing toxins into the intestines as well as the creation of 8 types of body fat, each which has a different kind of function or storage system associated. The pancreas creates 8 different kinds of insulin that triggers the cells to feed in small to larger amounts depending upon physical activity level. The gall bladder produces many different types of bile to break down fats in digestion. The spleen produces many other attributes to the blood including natural blood cleansers. Two new organs grow the size of a liver adding to the size of the Buddha belly and assist in the liver's functions. One will crave a load of fresh fruit and vegetables as the organs and glands are rebuilt to provide the enzymes necessary to assist. For most between 2200 to 3000 strands, the transmutation of the organs and glands takes about 40 to 60 days each cycle depending upon age.

5. **LUNGS AND DIAPHRAGM.** The lungs and diaphragm are generally the fifth in line to be ascended in the ascension cycle in any year. The lungs become increasingly capable of gathering more oxygen from the air required to sustain crystalline biology the further that one ascends. About a third of the oxygen gathered in the lungs is reserved to feed the cells; two thirds is transported to the crystalline diaphragm for transformation into 8 types of blood sugar that feeds the crystalline structure. Small, medium and large complexities of sugars are created depending upon the needs of the cells depending upon activity level. One will crave a load of protein during this phase of transmutation. If eggs are insufficient in providing enough amino acids, one may supplement the diet with a little shellfish or wild fish. For most between 2200 to 3000 strands, the transmutation of the lungs and diaphragm takes about 20 to 30 days each cycle depending upon age.
6. **DIGESTIVE SYSTEM.** The digestive system is sixth in line to ascend in any year of biological evolution. This includes the esophagus, stomach, small and large intestines along with rectum. The stomach becomes increasingly powerful in muscular movement to better churn the food one is ingesting. Additional mucous forms to allow for increasingly powerful digestive enzymes to be secreted without compromising the stomach or small intestines. The intestines are also rebuilt over time. The turning of the tract occurs once in the ascent to 3000. The turning causes an entirely new track to be built over the old small and large intestines and then the old to be discarded though the new causing a series of large bowel movements over the course of a week or more. For those proceeding beyond 3000, another turning occurs in the ascent to 5000 strands. One will tend to crave a load of fresh fruits and vegetables during this phase of transmutation as it will assist in the breakdown and cleansing of the old intestinal tract. For most between 2200 to 3000 strands, the transmutation of the digestive system takes about 30 to 40 days each cycle depending upon age.
7. **REPRODUCTIVE AND REGENERATION SYSTEM.** The reproductive system (uterus, ovaries and new regeneration glands) that form in ascension to 3000 are the seventh in line to be ascended in any calendar year. This includes the development of new hormones to regenerate the crystalline structure. The hormones are produced in the ovaries and new glands that grow in within the mounds pubis and labia of the female, and the mounds pubis and testes of the male. The uterus has less function but becomes a strong structure that will allow and support the movement of sexual energy through the pelvis. The pelvis is the seat of sexual energy and so this is one manner in which the biology can support the energy flow of the form. Sometimes this causes fat deposits surrounding the uterus that hold a higher frequency and more fire element. One will crave nuts and nut oils during this phase of regeneration which provide certain fatty acids necessary to the development of the new hormones. For most between 2200 to 3000 strands, the transmutation of the reproductive and regeneration systems takes about 20 to 30 days each cycle depending upon age.

8. **IMMUNE SYSTEM.** The thymus gland grows up the sternum and assumes the role of handling the immune system. The thymus also is considered the master gland that triggers the hormones to flow as necessary to sustain the life and energy of the body. The immune system becomes increasingly complex in ascension producing 18 types of white blood cells each of which have a role of clearing toxins or agents of destruction in the body or blood stream. One will crave nuts and nut oils as the immune system is worked upon. The nuts provide certain fatty acids necessary to the development of the new white blood cells. For most between 2200 to 3000 strands, the transmutation of the immune system takes about 20 to 30 days each cycle depending upon age.
9. **NERVOUS SYSTEM.** The spine and brain along with brain stem are ninth in line to ascend in any given cycle of ascension. As this occurs, new biochemistry is created as the pituitary continues to bud and produce new ascension hormones necessary to the next phase of evolution to become available. The crystalline biochemistry goes through modifications each cycle. By 3000 strands, nor-epinephrine and epinephrine systems of flight and fright are completely transmuted leading to a greater sense of inner calm upon a recurrent basis. One will crave butter and eggs during this transmutation period. Butter perhaps more than any other fat resembles the fat of the crystalline nervous system. For most between 2200 to 3000 strands, the transmutation of the nervous system takes about 40 to 60 days each cycle depending upon age.
10. **SKIN AND SENSORY ORGANS.** The skin, nails, hair and sensory organs (eyes, ears, mouth and nose) are tenth in line to be addressed in the ascent in any cycle. Skin becomes increasingly soft and wrinkle free the further that one ascends. Crystalline hair is less brittle and more capable of self moisturizing. Eye sight can be restored as one chooses to modify the curve of the eye. A very flat curved eye tends to cause sight to be clearer far away; a very round curved eye causes sight to be fuzzy far away and clearer up close. As one causes the curve of the eye to be just right through intention and modification of the etheric body accordingly, 20-20 vision can be the result through ascension along with the end of the need to rely upon glasses. Hearing capacity can be restored for those who have lost their ability to hear somewhat due to the reconstruction of the ears and inner ear drum. Senses of taste and smell become increasingly sensitive the further that one ascends allowing for better discrimination in what the body requires to eat to better support ascension. One may crave eggs, cheese, nuts and nut fats during the transmutation of the skin, as the skin has more oil associated than other cells in the body. For most between 2200 to 3000 strands, the transmutation of the skin and sensory organs takes about 20 to 30 days each cycle depending upon age.
11. **SPACE BETWEEN.** As all the cells have been ascended throughout the body, the end of any cycle is devoted to the space between the cells. The space between the cells also becomes crystalline and a substance far more porous than a non-crystalline structure. The porous space between allows the body to detoxify gases from between the cells. The space between ascension of the

entire body flows far more rapidly than the ascension of the cells as there is no trauma recorded therein; however it also flows in the same sequence as above beginning with the space between the cells in the bones and ending with the space between the cells of the skin. Starch in the form of bread, pasta, potatoes and rice may be craved during this transmutation period as this region is constructed from a pasty substance similar to bread dough. For most between 2200 to 3000 strands, the transmutation of the space between takes about 60 to 80 days each cycle depending upon age.

Assessing where one is in a given ascension cycle is useful in terms of providing the body what it requires to ascend, not only in diet, but also through the herbal kingdom. One may find that one is guided to take particular herbs for certain of the above cycles each year, and will take them again during the same cycle in the year of ascension ahead. It is for this reason that building your herbal medicine cabinet may be very supportive of creating a complete ascension in this lifetime. We will assess the cycles of biological ascension in the workbook section of this chapter.

SKIPPING OVER THE ASCENT OF THE SPACE BETWEEN

Some have tried to skip over the ascension of the space between. The reason for this is that when one addresses the space between in the biology, one is also working upon modifying the space between the lay lines and meridians of the etheric body, chakra system and subtle bodies. Often addressing this region of domain raises lots of issues surrounding destruction or separation and unconscious harm. Initiates predisposed to only looking at the lighter side of the life dance often desire not to look at the darker side and have historically avoided ascending this region of domain as a result.

The problem is that then one also fails to allow the space between the cells to become increasingly permeable and crystalline, one will also become overly toxic or bloated with gases that cannot be released the further that one ascends the rest of the structure. This over time will make one ill rather than leading to greater health through ascension. One must address all parts of the biology and field, including the space between in order to foster a complete ascension in this lifetime. One must also address the darker attributes of one's persona and forgive; as this is how real forgiveness, compassion and love is born in the life of any ascending human.

ENERGETIC CYCLES OF ASCENSION

The release process in ascension patterning also cycles through the chakras and energy systems of the field. For each of the above biological ascension cycles, one will address each of the energetic systems in the field leading to the release of polarity based patterning and machinery along with thought-form associated, and the integration of the Language of Light. Generally the cycles through the field occur in a particular order that tends to be in the following sequence.

- 1. GROUNDING ISSUES.** Generally one begins each sub-cycle of biological transmutation by addressing patterns in the grounding and first chakra region along with the feet and legs. Any pattern that restricts one's ability to ground is generally released during this time.
- 2. REPRODUCTIVE AND REGENERATION ISSUES.** Next one will address patterns that restrict the sexual energy flow through the pelvic region and hips and rotation of the sexual chakra and will center along with sexual lotus. Any pattern that restricts one's ability to move the sexual energy is generally released during this time.
- 3. POWER AND BREATH OF LIFE ISSUES.** Next the patterns restricting the power and breath of life regions and energy flow is addressed. Any pattern that restricts one's ability to breathe regularly is generally released during this time.
- 4. LOVE AND HEART ISSUES.** Next the issues of love and opening the heart are addressed. Any pattern that restricts one's ability to love is generally released during this time.
- 5. CO-CREATION AND DREAM WEAVING ISSUES.** Next the issues of co-creation and dream weaving are addressed. Any pattern that restricts one's ability to run the creative flow or weave the dream is generally released during this time.
- 6. VISIONARY ISSUES.** Next issues of vision and clairvoyance are addressed. Any pattern that restricts one's ability to perceive is generally released during this time.
- 7. ISSUES OF KNOWLEDGE AND COMPETITION.** Next issues of knowledge and competition are addressed. Any pattern that restricts one's ability to know is generally released during this time.
- 8. ISSUES WITH GOD GODDESS.** Next issues of seeking an external savior are addressed. Any pattern that restricts one's ability to connection to source is generally released during this time.

9. **ISSUES OF EMOTIONAL EXPRESSION.** Next the issues of emotional expression are addressed. Any pattern that restricts one's emotional body is generally released during this time.
10. **ISSUES OF MENTAL EXPRESSION.** Next the issues of mental expression or the ability to language one's thoughts are addressed. Any pattern that restricts one's ability to language is generally released during this time.
11. **ISSUES OF INTUITIVE EXPRESSION.** Next the issues of one's ability to intuit are addressed. Any pattern that restricts one's ability to intuit is generally released during this time.
12. **ISSUES OF CREATIVE EXPRESSION.** Next the issues of creative expression are addressed. Any pattern that restricts one's ability to manifest is generally released during this time.
13. **DREAMTIME EXPRESSION.** Next the dreamtime self is addressed and restrictive patterning transmuted in this energy system.
14. **SEXUAL ENERGY ISSUES.** Next the sexual energy system is addressed with any restrictive patterning released in the kundahlini or sexual energy systems. This includes the regeneration chakras and etheric kundahlini.
15. **DIGESTIVE ENERGY ISSUES.** Last in each sub cycle of biological ascension the digestive energy system is addressed. Any restrictive patterning that does not allow for fluid digestion of new information and release of the old patterning is relinquished.

During each sub-cycle of biological ascent that lasts 20 to 60 days depending upon age, each of the 15 above energy systems are addressed and the old patterning sloughed off, and new Language of Light information and energy flow integrated. As one monitors each cycle, one can make sure that each layer of the field is cleared in each sub-cycle of biological ascension. This too shall allow for a more complete ascension each year of evolution. In the workbook section of this chapter, we will provide the space to assess one's current phase of energetic clearing in the field along with keys to assist in the ongoing monitoring of this part of the ascension process.

One will also not desire to be more than 500 strands in the etheric ahead of the physical transformation process. Why is this so? Racing any further ahead adds to the potential of schisms; racing ahead also causes a gap between the etheric body and physical cellular structure through which one can be vastly manipulated by the false gods. By taking the ascension slow and deliberate with each layer transmuted in the etheric and then physical in each sub-cycle and full cycle of ascension, one can be more greatly assured of creating a complete ascension and healthy crystalline form in this lifetime.

THE HEALING TEMPLES FOR ASCENSION

Earth has written of the many healing temples for ascension in her article "Tips for Retaining One's Level of Mastery" in Messages from the Earth Mother III. These following definitions of the 18 healing temples for ascension are offered for review from this article for each studying these materials. By and large, one will visit some healing temples every night and all healing temples each week. If one fails to go to all healing temples in a given week, one may find oneself going into distortion. Therefore crosschecking if one has visited each temple each week is supportive of one's goal of continued ascension and will be more likely to prevent one from going into so much distortion that one experiences a bad ascension day or week.

There are also false healing temples that often sit in the inflated space between of Earth and underground in most cases. If one is going into distortion but continues to test that one is going to the healing temples, then one may be going to false temples that are not providing the real attunements to one's field. If this is the case, one can intend to roll up the false healing planes and press them through the solar sun for dissolution; then intend to go to the real healing temples requesting support of one's ancestry and nature. If there is problem that appears to be surrounding one's home blocking one from connecting to the healing temples, one can retreat into nature and connect, and then clear the patterning or machinery in the home from afar. Then one will be more likely to connect during dreamtime from one's home.

The temples are available to connect unto during meditation to assist in the process of releasing any problematic energy flow throughout the field during the day. There are temples that specialize in certain systems and these are the ones to attune unto if the problematic patterning is held within specific chakras, subtle bodies or energy systems. The temples will provide information on the proper movement of field or karma and contracts to be released in one's ancestry so that one may transit a particular segment of transmutation in greater ease.

- 1. TEMPLE OF INTERCONNECTION:** This temple assists one in connecting with their source if they have lost their connection. The temple, with support of Earth and all species therein, holds all connections for all Source Groups related to Earth. As one visits the temple, a more effortless connection to one's soul, oversoul and source shall be provided. This temple is good to visit for problems in the connection to source chakra along with the crown and crown lotus.
- 2. THE TEMPLE OF ASCENSION TESTS AND ASSESSMENT:** This temple is where each goes to take their tests for ascension or to be assessed for the next phase of work. Sometimes when one is unsure of what is wrong, a visit to this temple shall suffice at putting one back on track. It is also from this temple that one's soul can assess one's karmic issues.

3. **THE TEMPLE OF GROUNDING:** This temple holds all records of grounding and the changes therein in each phase of ascension. Grounding changes from initiation to initiation, however, wherever one is, one can crosscheck their information and intend to retrieve anything that has been lost. This is a good temple to visit for problems associated with grounding or the first chakra region.
4. **THE TEMPLE OF SEXUAL ENERGY FLOW:** This temple holds all records of sexual energy movement and the movement of the kundahlini through the grid work of the form and subtle bodies. Sexual energy movement also changes from initiation to initiation in ascension. However, one can crosscheck one's own information against the knowledge provided therein and intend to retrieve anything that has been lost over time or in a karmic encounter. This is a good temple to visit surrounding problems with the second chakra region in the pelvis or problems in the kundahlini, etheric fire or sexual energy flow
5. **THE TEMPLE OF SUBTLE BODIES:** This temple holds all records of subtle body changes and repairs in each phase of ascension. One can compare one's own records to the records contained herein for one's given evolutionary status to determine what has been manipulated or lost, and then strive to retrieve it. This is a good temple to visit for problems with the development or healing of the subtle bodies.
6. **THE TEMPLE OF PHYSICAL GRID WORK:** This temple holds all records of grid work changes and repairs for each phase of ascension. One can cross check their grid work against a template of what should be present at any given phase of evolution. In so doing, one may discover foreign grid work that has become mixed in causing the energy flow in certain pockets of the form to wane. This is a good temple to visit for the repair and weaving of one's etheric grid work or problems therein.
7. **THE TEMPLE OF ASCENSION GRID WORK:** This temple holds all records for constructing ascension grid work in each phase of ascension. In essence, this temple holds information for transcribing the genetic blueprint for ascension and anchoring it around the physical form. Ascension grid work changes from level to level in initiation, and therefore one's own level can be compared to what should be in place given the knowledge held in the temple. This is a good temple to visit if one discovers problematic DNA describing problematic grid work.
8. **THE TEMPLE OF ANCESTRAL KNOWLEDGE:** This temple holds all human lineages sorted out thus far in human ascensions upon Earth. At this time, all 144,000 lineages are present, but some are not complete back in time. One assists in building the records for this temple in one's own ascension. One may ask for the original 144 lineages that were their birth inheritance at this temple, or any updates that have come in from other ascending initiates. This is a good temple to visit to research ancestral karma so that

one can release all contracts that do not support ascension in the continued evolutionary path.

- 9. THE TEMPLE OF LIGHT BODY:** This temple holds records of light body development at each phase of ascension. The light body is sometimes susceptible to manipulation during one's dreamtime travels. One can compare their light body to the records in this temple for the purposes of repair. Understand that there are two types of light bodies; one of which is a modified "astral" body that one's consciousness travels during dreamtime, and this is the light body that we speak of. There is a second light body that is actually a physical vessel upon another plane of reality exactly one octave above oneself. It is the real light body which forms into a fourth dimensional vessel that the physical body ascends into as consciousness in the act of ascension from one dimension unto the next. This is a good temple to visit if one awakens suddenly in the night and finds one's dreamtime self damaged.
- 10. THE TEMPLE OF RECASTING:** Each recasting that occurs within one's source during dreamtime is recorded within this temple. Recasting reweaves the fractured pieces of soul into a single and "whole" unit as enough pieces are gathered in each phase of ascension. By and large for those at 3000, 4200 or 5000 strands, recasting occurs a minimum of once per week. For those mastering 6000 and above, recasting may occur two to three times per week. It is in the temple of recasting that one clears the polarity based thought-form, parallel lives and ancestral karma from opposing experiences so that the Language of Light can be integrated. This is a good temple to visit to clear opposites in thought-form or for problems with parallel lives or in the failure to integrate all of the Language of Light.
- 11. THE TEMPLE OF TIME:** This temple holds the records for how time is altered within the field of an ascending human in each phase of ascension. One builds towards moving outside of time such that the body no longer ages. One is therefore invited to visit this temple for an assessment if they are having difficulty sustaining an expanded state out of time periodically in their process of ascension. The assessment will give clues as to what may be out of order or missed within your current phase or past phases of ascension, which can then be acted upon and corrected. This is a good temple to visit if one is struggling with remaining in present time or with the breath of life chakra.
- 12. THE TEMPLE OF SCHISMS:** Schisms are portions of ascension skipped over leaving behind fractured pieces of soul that were never woven in during one's more recent recasting. This temple holds all knowledge attained thus far about schisms, and the tones necessary to integrate missing portions of soul and to release the related karma.
- 13. THE TEMPLE OF THE LANGUAGE OF LIGHT:** This temple holds the Language of Light, which is all of the tones of creation necessary to sustain the ascension to date of the form and for the form to continue to ascend

into the future. One may visit this temple and view what tones should be integrated in full given their current level of evolution. Any missing tones can then be pulled from this temple into the field to trigger the related karma in need of releasing in order to embody all tones in full.

- 14. THE TEMPLE OF GENETIC INFORMATION:** This temple holds all genetic information on the human dance revealed thus far in the human ascensions global wide. This temple is linked to the Temple of Ancestry as genetic records are held by one's ancestral inheritance. One may visit this temple and compare one's current records to those held in the temple to assure that all genetic knowledge necessary to ascend through one's current initiation is present.
- 15. THE TEMPLE OF VISIONARY KNOWLEDGE:** This temple holds all information about vision retrieved and compiled thus far in human ascensions global wide. One may visit this temple and compare their current visionary records to see what is missing at your current phase of evolution. Such information includes clairvoyance, telepathy, and modalities of channeling soul through form. This is a good temple to visit if one is having difficulty with the pineal or pituitary chakras.
- 16. THE TEMPLE OF ASCENSION:** This temple holds records of all human ascensions that have occurred within the new consensus thus far. This includes successful and non-successful ascensions. One may review such records for the purposes of their own evolution.
- 17. THE TEMPLE OF KARMA:** This temple contains a karmic board held by the solar counsels. It is from this temple that all human karmic disputes are assessed and rectified in relation to the new consensus. This is a good temple to visit if one is finding oneself manipulated recurrently into karma that one perceives having already transcended.
- 18. THE TEMPLE OF GUARDIANS:** This temple is a new temple that is pressing guardians into the dream of those from 1800 strands to 3000 strands so that true spiritual law will be minded. These guardians shall work through the global dream for humanity suspended by Earth. It is through these guardians that infractions of law that are outside karmic boundaries shall be prevented, along with the ascension into a supercharged human state.
- 19. THE TEMPLE OF DREAM WEAVING:** This temple is a new temple that supports ascending initiates in the goal of becoming a conscious dream weaver. This temple will provide a template for a properly functioning dream so that one may compare one's own dream for problematic energy flow. This is a good temple to visit if one is having difficulties manifesting one's dreams.

THE GUARDIANS FOR ASCENSION

There are two sets of guardians that work to assist in holding boundaries against non-karmic infractions. One set of guardians will protect the physical vessel and etheric body along with chakras and subtle bodies. These are known as the "Daytime Dream Guardians". The second set of guardians protects the dreamtime self or light body and are known as the "Nocturnal Guardians". Over time those in Group Mastery have discovered that both sets of guardians need to be active 24 hours per day for the maximum protection and assistance from them.

There are also planetary guardians that are to hold boundaries between initiates in the tiers of the new consensus and between the light body dreamtime self and the light body body-double planes of reality. These guardians are assigned and maintained by Earth. If one is attacked through the light body body-double planes, then the global guardians may have failed. One can report the problem to the healing temples and the guardians will be repaired by Earth. This is mostly a problem for those reaching beyond 6000 strands and not as likely to occur for those beneath.

Guardians are parts of oneself that watch one's ascension day and night. The Temple of Guardians defines the types of guardians that are useful to monitor the field and block non-karmic infractions in the day to day living of life as an ascending human. Earth casts the guardians for this purpose and weaves them into one's field through this temple. If one finds the guardians distorted, one can connect to the Temple of Guardians and have them recast and/or replaced. The following guardians are the primary personal level protectors that one receives in the blueprint to 3000 strands.

1. THE GROUNDING GUARDIAN

There is a guardian that will assist in blocking non-karmic harm towards one's grounding (the chakras below the feet, the grounding chakra, the first will center and the hip, knee and feet chakras). The guardian will instruct the angels to revert the energy flow from the field of another that would shatter or strip one's grounding or one's grounding records if there is no karma to warrant the action. If there is karma, the action will be allowed; then one must release the karma and undo the damage to the field through intention. If a second attempt to shatter one's grounding is made after one has released the karma, the action will be blocked by the guardian as long as it is present in the field to do so.

This guardian will also block any non-karmic harm one may wish to perpetrate through one's own unconscious towards the grounding of another unless there is karma to allow for the dance. If one's grounding is shattered, one may therefore wish to release all karma not only with the perpetrator, but also any unconscious predisposition for shattering the grounding of others to complete with this game.

2. THE CONNECTION TO SOURCE GUARDIAN

There is a guardian that will assist in blocking non-karmic harm towards one's connection to one's source and oversoul (the crown chakra, crown lotus and the chakras above the head.) This guardian will block any non-karmic action to shatter the chakras above one's head or divert the chakras to another source. Often the diversion to another source or a false source leads to a bad ascension day or week, as one begins to be manipulated from the inside out by souls that are not of one's real ascending truth to dance with. This guardian will also block a manipulation to one's source connection and the presence of any soul that one has no karmic agreement to dance with.

3. THE FOUR CORNERS GUARDIANS

There are four guardians, one to the north, south, east and west of the field that sit outside of one's subtle bodies. These guardians block any non-karmic action towards one's subtle bodies, 12 chakra system or etheric body, along with one's akashic records and record keeper, biological records and record keeper and ancestral records and record keeper. They also monitor the holograms for manipulation along with the heart and pelvic lotus. Understand that one must be grounded in order for the guardians to be able to aid in retaining one's boundaries, therefore the protection offered will cease the moment one ceases to ground.

4. THE SEXUAL ENERGY GUARDIANS

The sexual energy guardian will sit in the sexual energy flow. This guardian will block any non-karmic action towards one's sexual energy or sexual knowledge. Understand that the guardians block both incoming and outgoing maneuvers, and this assists ascending initiates in creating further karma through unknown unconscious harm. If one finds one's sexual energy manipulated and tests that the sexual guardian is in place, then there must be karma and agreements to allow for it. Intend to release the karma and one will step out of the game and will be able to repair any damage to the sexual energy flow. Also intend to release karma for any manner in which one manipulates the sexual energy flow of another, and one will release all sides of the associated pattern triggered in the karmic exchange.

5. THE DIGESTIVE ENERGY GUARDIAN

The digestive system guardian sits in the digestive energy system. The digestive energy guardian blocks any non-karmic act of harm towards the digestive system energy flow, which includes information flowing into the field from one's source and oversoul, or what is leaving the field down the grounding for transmutation in one's own aurora (one's larger chakras in the center of the Earth.) If one finds one's digestive energy manipulated and the guardian is in place, there is most likely karma to allow for it. Intending to release the karma and one will step out of the game. Also intend to release karma for any manner in which one might

manipulate the digestive system of another, and one will create a more thorough release of the game.

6. NIGHTIME GUARDIANS

The night time guardians watch the energy of the dreamtime self assuring that it traverses safely to and from the healing temples each night, and to and from dreamtime that is being investigated to retrieve parallel parts of self caught in parallel lives.

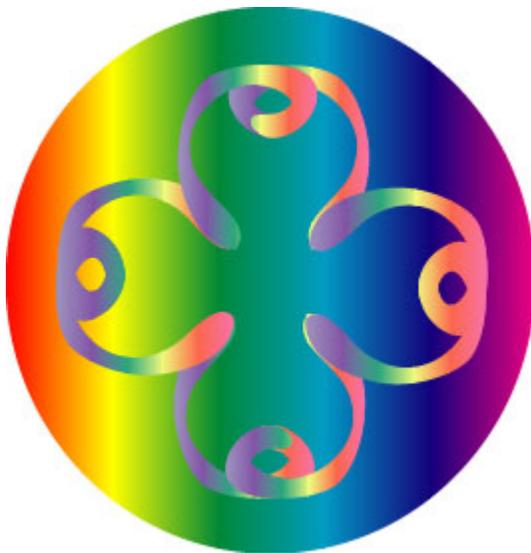
SHATTERED OR FALSE GUARDIANS

Sometimes guardians will become shattered in a karmic encounter. Sometimes the false gods will try to replace guardians with false guardians and then manipulate one's field; or hollow out guardians and puppet them from behind the scenes. The intention to attune to the temple of guardians will allow all guardians to be sent to the temples for recasting, and a new set that are recast to be sent in their place. Intending to release all karma for the manipulation of guardians will allow one to transcend this game.

WORKING WITH PRIMARY TONES

Primary tones are the foundation of the base notes in the Language of Light. Red and is associated with forgiveness pink; blue and green are associated with compassion turquoise; yellow is the breath of life in the Language of Light; orange is associated with power peach; magenta is associated with structure lavender. All primary notes must be embraced in the ascent to 2200 before one can embark upon embodying the Language of Light. (See "Mastering a Complete Ascension" in "Messages from the Earth Mother II for more information on the primary tones of creation.)

THE LANGUAGE OF LIGHT IN THE CHAKRA AND SUBTLE BODY SYSTEM



By 3000 strands, the chakras and subtle bodies will utilize a flower of life patterning that incorporates the Language of Light in the rotation of the space without (positive energy flow). The space between becomes primary colored in the same Language of Light shape throughout the field. What occurs in this is that initiates clearly demonstrates their mastery over the ten base notes of the scale by rotating the symbols within the chakras and subtle bodies along with the light body dreamtime self energy flow. The rotation of the

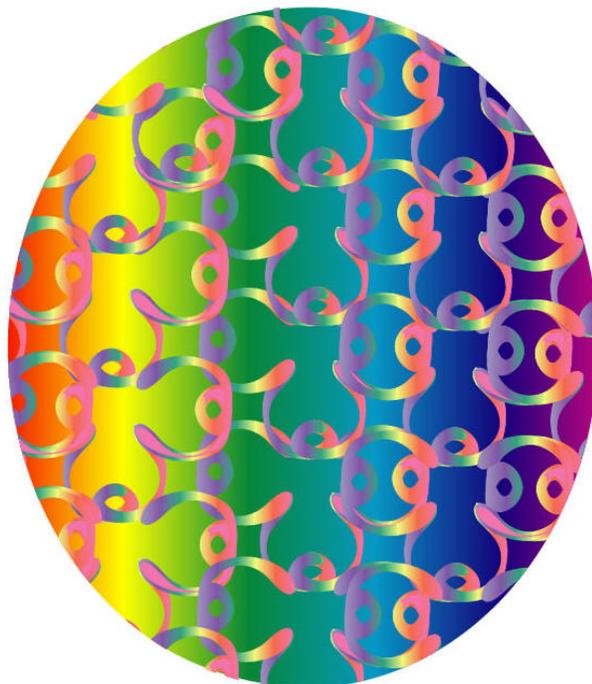
Language of Light symbols creates spheres of pastel colors in one's field if one has an aura photo taken. If the rotation is held stagnant, one will see the Language of Light symbols clearly in each chakra and subtle body or light body dreamtime self.

When the Language of Light in the field distorts, it begins to wobble. In the wobbling the tones go sour or off key; this will cause one to then begin to slide into distortion. This occurs as the subtle bodies in particular begin to wobble due to the wobbling of the Language of Light tones within them. As the music in one's field goes increasingly off key due to the wobble, one will find oneself more subject to manipulations through the fields of others or sense that one's boundaries are failing to hold. Boundaries are commanded in the Language of Light, and so if the tones go off key, the commands or intentions one makes simply fail.

One way to assist in preventing this problem is to cleanse and replace the Language of Light in one's field one or more times a day as needed. How does one do this? One simply intends to return all Language of Light tones in the field to the aurora for purification and to the Temple of the Language of Light, and draws up new tones that have been recast into one's field. One can then begin to look for missing tones or portions of tones in the ascension to date. Those ascending to 3000 strands will master the first 10 notes weaving them into the etheric body. However in the field, one will master the first half of the scale (symbols 1 through 24).

As one replaces the notes, one can search for karma at cause of the distortion and intend to release it. One can also search for missing notes first in the 10 base notes and then in the remaining 14 notes or more that one may have mastered. Each note will have a range of color from darker to lighter in nature, and one will seek to measure if one has embraced the entire scale of colors or tones in each note, and intend to embrace whatever one rejects. One can also look at the associated polarity based thought-form to gage why one rejects a particular Language of Light tone or portions of a given tone. For those preceding beyond 3000, one will demonstrate mastery of the first 48 notes by 6000 strands, and the first half of the dual tones in the mastery of 9000 strands.

Missing notes or portions of notes create gaps in the synthesis or rainbow in one's subtle bodies and chakras. The gaps can be then invaded by the energy of others. As one learns to thoroughly embrace all



tones in the scale that one has mastered to date, there are less gaps in the synthesis and one will be more likely to remain distortion free throughout the day. The lack of distortion allows for an easier time in moving up in vibration as the next segment of ascension begins to be embodied.

AGREEMENTS IN ASCENSION

Agreements are a series of contracts that one has created with others over time. The contracts read much as "I so and so agree to such and such in this circumstance". One example of an agreement would be I (insert your name) agree to abiding by true spiritual law in the conscious, subconscious and unconscious during Conclave. This is an example of Conclave based agreements. Another example might be "I (insert your name) agree to give my dream and chi to (insert name of someone you give your dreams to). I (insert your name) agree to take on karma in exchange with (insert above name)."

Agreements are held by the ancestral record keeper. As one ascends and forgives, one releases these types of contracts and replaces them with new agreements that better serve holding one's boundaries. For example in the above exchange, one will have a new agreement that states "I (insert your name) intend to weave my own dream and allow (insert above name) to weave their own dream." This new agreement better supports becoming the conscious dream weaver than the old agreement.

Most agreements come from prior ancestral exchanges in which dream, grid work, information, karma and moving energy systems or chi was exchanged. As one ascends, one activates the next layer of karmic agreements in ones' field. Then one may go on to experience the exchanges associated with the new agreements in the dance of life. This is how one comes to understand the nature of the unconscious bargains with others, and then chooses to release and modify the associated agreements to those that support one's boundaries and ascension instead. One can understand in this that nothing occurs between two individuals unless one has an agreement to allow for it. Uncover the agreement and modify it, and the nature of the interaction will change. There are three types of agreements in any field. We wish to define what these are so that each will better understand.

PAST KARMIC AGREEMENTS

These are agreements one has released and altered to be supportive of one's continued evolution. One will have agreements with most that one knows in this lifetime including parents, family, children, spouses, ex-spouses or partners, friends and ex-friends, spiritual teachers, bosses, and groups one affiliates with currently or has affiliated with in the past. It is through the modification of agreements that one redesigns the unconscious relationships to all that one has known in this lifetime.

CURRENT KARMIC AGREEMENTS

These are agreements one is currently choosing to modify in ascension. Most will be associated with ancestors and their lifetimes and the agreements that they made in the unconscious with those that they knew or the groups that they affiliated with. As each agreement from a particular ancestry that one is carrying within one's biology is transmuted, the karma is completed upon and one moves on to the next group of ancestors and their agreements. Karmic encounters occur with those carrying the ancestors that made bargains with your ancestors. As one alters the agreements, the dance then changes with such humans.

Modification of agreements occurs through forgiveness. Sometimes one cannot alter a particular agreement or group of agreements until they have understood and forgiven a particular exchange. It is for this reason that spiritual lessons are so important in ascension; as if one cannot forgive, then the agreement continues to activate again and again. As one comes to understand enough about a given dance to forgive, then the agreement can be modified to support rather than undermine one's continued evolution.

FUTURE KARMIC AGREEMENTS

Future agreements are those contracts that are on "hold" until one raises enough in vibration to allow them to be assessed and then modified. Sometimes the false gods like to trigger future agreements in a manipulation of one sort or another. Learning to retain all future karmic agreements in the future until one is ready to address them allows ascension to flow in an easier manner. The guardians are designed to block future karma from taking hold in the field as long as they are in place to do so.

If one finds oneself manipulated by future karma, one can intend to roll it back into the future along with all patterning, spells, curses, hexes, machines, thought-form, and entities triggered in the field. Then one can attune to the temple of guardians to restore the guardians to hold future contracts where they belong in the field (future karma is null and void).

NEW CONSENSUS AGREEMENTS

New consensus agreements are those contracts that allow one to dance in the new consensus flower petal dream. These agreements are a lengthy list of unity based contracts that allow for a harmless energy movement in association with the other ascending humans at one's vibratory bandwidth along with the other tiers above and beneath oneself in frequency. If one breaks enough of the new consensus agreements, one is expelled from the new consensus dream until one learns to abide by the boundaries. If one falls into enough distortion, one may be removed from the new consensus dream until one has recovered one's field. This assures that others in the new consensus are not harmed through one's distorted field.

AGREEMENT MANIPULATIONS

FUTURE AGREEMENTS: The false gods are experts at manipulating agreements. One way is to create agreements with a part of your unconscious that you have yet to integrate and insert them into the field. Now a pattern jumps off that one is subject to, but the part of self that made the bargain is not present to release and alter the contract. The best solution in this is to gather up all lost parts of self from the future, and assess all agreements held within it, and then one will find the agreement that they are looking for and be able to modify it.

HIDDEN AGREEMENTS: The false gods love to hide agreements. Sometimes they will store agreements in other creations or in other humans so that one cannot release them. In going to the temple of agreement, the future will be assessed for where the agreement has been hidden so that one can strive to retrieve it and then revise it or release the karma in full through forgiveness.

COMBUST AGREEMENTS: The false gods also love to combust agreements. Combust agreements will appear not to exist but still affect one's field. Again the Temple of Agreement can assist in researching whether the agreement has been combust or not and then if so, one can resurrect the agreement through intent and then modify it or erase it in full through forgiveness. Sometimes agreements are combust 100s of times and must be resurrected 100s of times to then be released. What is combustion? Combustion occurs as a contract is burnt with the fire of another's kundahlini causing it to turn to ashes where it cannot be read or released. If the ashes are then burnt again or 100 times again, then they are combust 100s of times. As one applies resurrection thought-form, one will un-combust the agreement until it can be read and released.

FALSIFIED AGREEMENTS: Agreements can be falsified if they are super plated with one's energy signature, much like one gold plates nickel or silver. If agreements will not release, then one can search to see if they are false agreements with one's signature artificially attached. As one removes the signature, then one can read where the agreement actually belongs and return it to the temple of agreement and its source of origin.

DUPLICATED AGREEMENTS: Agreements can be duplicated as well. One may erase one set of agreement only to find a duplicated set reinstalled reactivating the karmic pattern one thought one had transcended already. Gathering up all duplicates of agreements one has already transcended including the master copy and intending to erase them all is one way to avoid this type of manipulation. Also learning to erase all patterns one has transcended thoroughly "ascension style" so that they cannot be recreated is another good technique to prevent the manipulations from the past by the false gods.

SPELLS, CURSES, HEXES AND OTHER HARMFUL PATTERNS

Earth will close this chapter with a little about harmful patterning that occurs between humans due to agreements for it to be so. The harmful patterning is by and large the result of the angular and straight lined energy flow in a rotational magnetic energy system upon Earth. As those of Pleiadian ancestry arrived upon Earth, they held a straight line energy flow that was star and pyramidal in shape. The points on the edges of the stars and pyramids cut up the rotational round energy movement of Earth and the red nations' peoples. This is the origin of most harmful patterns in the human dance.

HEXES AND CURSES: The harm comes as one of straight lined energy flow throws a dart or barb into another of rotational energy flow. The barb, known as a curse, then hooks in the field creating a cord of attachment between the two etheric bodies. The cord can then be used to transfer information and karma between parties. Hexes are much like a Frisbee that is octagonal in shape that is thrown into a rotational field and cuts it up so that more barbs or curses can then be sent into the etheric body, or to strip information associated with the moving energy systems. This type of harmful patterning occurs in the unconscious between most humans due to agreements for it to be so. Break the agreement and create new agreements that do not allow for the exchange and one will step out of the game.

SPELLS AND DREAMS: Spells are dreams that are woven and cast around another. There are positive energy spells that are woven from the positive serpents associated with dream weaving. These types of spells will hold a particular dream in the field so that the dream can be caught by those involved. However one should not be dream weaving for another. Those who are gifted dream weavers may discover that they have cast many spells with the positive serpents of one's field to assist others in manifesting their dreams. Perhaps it is time to retrieve all the spells that you have cast and cease to agree to dream weave for others. Then one will have plenty of dream to cast one's own dream catcher chakra with making it far easier to manifest one's own dreams in the dance of life.

BLACK MAGIC SPELLS: Spells cast from the space between serpents are considered "black magic". The purpose of black magic spells is to cause a darker dream to catch in the field whereby the recipient may catch a dream for an accident, death, loss of a relationship, or any one of a million darker dreams that could be made manifest. The black magic spell may hold karma to cause the dream to catch; or may activate agreements that are the legitimate karma of the individual. Once again however it is not within the boundaries of true spiritual law to cast a dream, black magic or otherwise upon another. It is the sorcerers and those of this inheritance including Merduk that are most gifted at this type of dance.

Dreams cast by others, whether they are cast with light (positive serpents) or dark (space between serpents) can be returned to those who cast them as the agreements surface in each phase of ascension. This is also so for curses and hexes; one returns them as the agreement for the exchange surfaces and then are broken or altered

through forgiveness. One will understand that to the degree others curse, hex or spell oneself, one has also cursed hexed or spelled others. In retrieving all one's own curses, hexes or spells cast against another in the unconscious, one will then be able to return those cast against oneself, and step out of the game.

DUPLICATION OF FIELD: The false gods have duplicated ascending initiates fields to give the energy movement to those who are their favored having false ascensions. The problem with duplication is that it weakens the elements that hold together one's molecular structure. This is therefore one manipulation to crosscheck if one has a particularly weakened part of the etheric body or energy field that will not hold its structure and function properly. The intention to retrieve all duplicates along with the master copy and erase them all will suffice to end this type of game. Also collapsing the space between will reduce the probability of duplication as duplication occurs through the expanded space between.

FALSE INTERVENTION MANIPULATIONS: The false intervention is a group of nonphysical space between forces that align with the false gods to pull apart creations to extinction. These forces will present to be a helpful intervention until one is pulled apart after which one knows better. This group of forces can be considered much like the worms or maggots that assist in the dissolution of physicality. As physicality ceases to decay and becomes regenerative, then there is no mirror in the DNA to host a place for false intervention forces. This will occur as Earth becomes fully crystalline in the coming 100 years of continued global evolution.

False intervention forces use whatever pattern that they know to pull apart fields, moving energy systems, grid work, and take information associated. The patterns have become so numerous that they number over 180,000 as mapped to date by the map carvers of ascension. They are therefore too numerous to list in this piece. However if one is having a problem with something that is pulling apart one's field that may be associated with the false intervention, one can visit the healing temples and the forces will be pulled out of the field by Earth as soon as the agreements or contracts are released. One may therefore wish to first attune to the Temple of Karma to know what one has agreed to that is allowing for the manipulation of the false intervention.

Most that are not proceeding on to Bodhisattva are not of great interest to the false intervention at this time. It is those spear heading 9000 strands that often become the most targeted therefore. Those mastering to this level are also discovering new intentions and vibrations to sustain the field without the continued manipulations of these forces. Earth is also learning to hold the physical in a state that is uncorrupted by these forces. This has required a certain level of engineering on the part of the Tao to fulfill upon, but it is coming to be so. Over time these forces will leave for new opportunities as Earth will no longer be a viable source of what they are after.

SUMMARY

We know that this is a large amount of information to assimilate all in one reading. Please therefore take your time. The workbook section will also assist in giving focus to the associated lessons. Earth recognizes that Mila may be bringing through almost more information than those in the community program can assimilate. Therefore we are going to slow down the process with the next lessons coming through in late September. In the meantime, if you feel that you need something else to focus upon, we would guide you to re-read "Healing the Inner Family" and work upon these lessons in conjunction with those expressed in this chapter as they will dovetail.

Many blessings
The Earth Mother



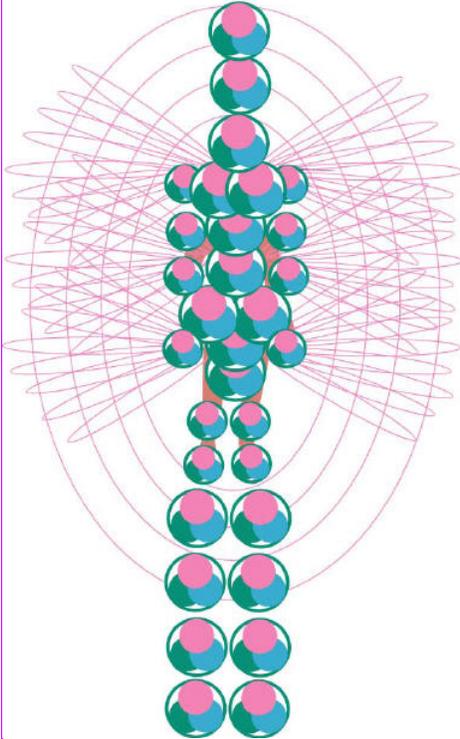
CHAPTER 5 WORKSHEET

MANAGING ONE'S FIELD IN ASCENSION

The Earth Mother through Karen Danrich "Mila"
June 22, 2005

COLLAPSING THE SPACE BETWEEN

EXPANDED FIELD WITH SPACE BETWEEN REDUCED TO 25%



Please make the intentions to the right of this section. Wait 10 to 15 minutes or until later in the day and then muscle test:

1. After making these intentions, what percentage of the day does the space between remain at 25% overall?

1. I intend to collapse the space between to 25% of my total energy flow in the etheric body.
2. I intend to uncast any machinery or patterning that suspends my space between more than 25% throughout my etheric body that is non-karmic or other creation in nature.
3. I further intend to release all karma, patterning or thought-form that causes portions of my etheric body to host space between greater than 25% in size.
4. I intend to collapse the space between to 25% between my physical and etheric body.
5. I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between my etheric body and physical form.
6. I further intend to release all karma, patterning or thought-form that causes portions of the space between my etheric body and physical form.
7. I intend to collapse the space between to 25% between my etheric skin or genetic grid work and ascension grid work.
8. I further intend to release all karma, patterning or thought-form that causes portions of the space between my etheric skin or genetic grid work and ascension grid work to exceed 25% in size.
9. I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between my etheric skin or genetic grid work and ascension grid work.
10. I further intend to release all karma, patterning or thought-form that causes portions of the space between my etheric skin or genetic grid work and ascension grid work to exceed 25% in size.
11. I intend to collapse the space between to 25% between my small, medium and large chakras.
12. I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between all chakras.

2. What portions of the field tend to inflate over the course of the day when I am not paying attention?

___Ethereic grid work

___Space between the etheric body and physical form

___Space between the etheric body and genetic grid work

___Space between the genetic grid work and ascension grid work

___Space between the small, medium and large chakras

___Space between the ascension grid work and first subtle body

___Space between the mental and emotional body

___Space between the emotional (or mental) body and the intuitive body

___Space between the intuitive body and creative body

___Space between the creative body and the dreamtime self

___Space between the dreamtime self and the light body body-double

I intend to work upon those regions that will not remain collapsed to 25% until this has been fulfilled upon. I intend to release the machines and patterning at cause as to why my space between inflates in the above regions of domain

13. *I further intend to release all karma, patterning or thought-form that causes portions of the space between my chakras to exceed 25% in size.*

14. *I intend to collapse the space between to 25% between ascension grid work and subtle bodies.*

15. *I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between my ascension grid work and subtle bodies.*

16. *I further intend to release all karma, patterning or thought-form that causes portions of the space between my etheric ascension grid work and subtle bodies to exceed 25% in size.*

17. *I intend to collapse the space between to 25% between the mental, emotional, intuitive and creative bodies.*

18. *I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between my mental, emotional, intuitive and creative bodies.*

19. *I further intend to release all karma, patterning or thought-form that causes portions of the space between my mental, emotional, intuitive or creative bodies to exceed 25% in size.*

20. *I intend to collapse the space between to 25% between the subtle bodies and dreamtime self or light body.*

21. *I intend to uncast any machinery or patterning that is non-karmic and suspends my space between more than 25% between my subtle bodies and my dreamtime self.*

22. *I further intend to release all karma, patterning or thought-form that causes portions of the space between my subtle bodies and dreamtime self to exceed 25%*

23. *I intend to collapse the space between to 25% between the dreamtime self and my light body body-double.*

24. *I intend to uncast any machinery or patterning that is non-karmic and suspend my space between more than 25% between my dreamtime self and my light body body-double.*

25. *I further intend to release all karma, patterning or thought-form that causes portions of the space between my dreamtime self and my light body body-double to exceed 25%*

PERSONALITY AND IDENTITY ENTITY MANAGEMENT

1. What percentage of the day do I rely upon personality or identity entities to live my life?

90% of all codependent patterning is associated with personality and identity entities. Personality entities are the fractured bits of souls that have been running human existence since the Anu imported them to run the lives of the slaves. Identity entities are associated with the variant jobs assigned to the slaves in service to the Anu. All personality and identity entities tend to be fractured in frequencies of the 7 Kumaras or pain, suffering, greed, lust, fear, death, and judgment.

When one goes into the thought-form associated with the Kumaras, personality and identity that resonate enter the field. It is hard to transcend these frequencies without releasing the personality and identity associated along with the personality and identity programming one has assumed since childhood.

I intend to release all personality or identity entities that I was born with or assumed in the death of any family members that no longer serves my continued evolution.

I intend to break all agreements and release all contracts for the persona and identity entities that I am ready to release and press them down the aurora for transmutation.

I intend to release those mechanisms and thought-forms associated with personality and identity that interfere with mastering a state of divine union.

I intend to replace the personality and identity ancestors with ancestors who are willing to assist in the living of my life and guiding me upon my ascension path.

I intend to master a state of divine union so that I may begin to allow soul nature and Earth to merge with my body to also assist in living my life and guiding me upon my ascension path.

I will allow the old "me" to die and the new "me" to be born in each phase of ascension.

I will allow the relationships to all others to change accordingly, even if it makes me or them uncomfortable.

I bring forward ancestral information to assist with the transformational process.

I call upon my ancestors to support me in my choice to ascend and transcend codependent patterning.

I intend to transcend the thought-form of the Kumaras associated with pain, suffering, fear, death, judgment, lust and greed and build a new foundation with the Language of Light unity based thought-form in their place.

PARALLEL LIFE MANAGEMENT

1. How many parallel lives have I integrated to date in my ascension?

For those mastering to 1024, 4 parallel lives should be thoroughly integrated.

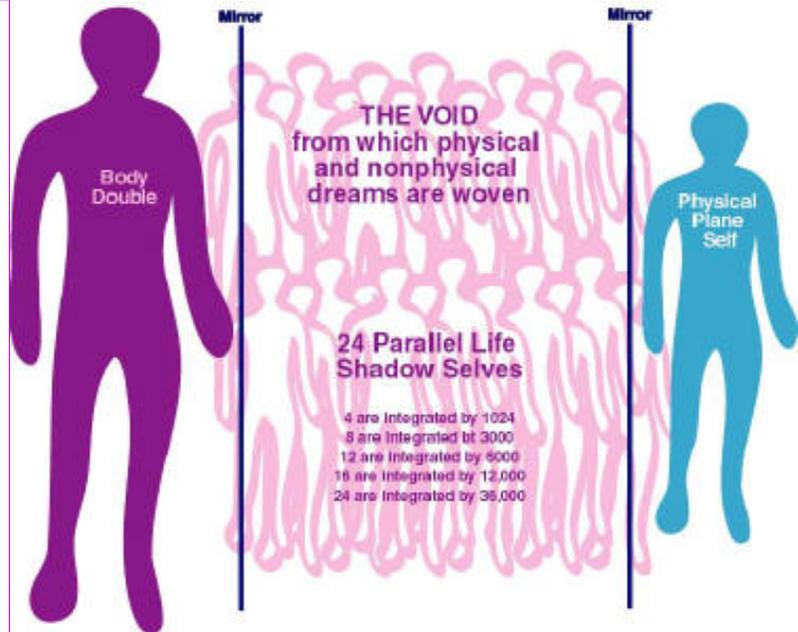
For those mastering to 2200, 6 parallel lives should be thoroughly integrated.

For those mastering to 3000 strands, 8 parallel lives should be thoroughly integrated.

For those mastering to 4200 strands, 10 parallel lives should be thoroughly integrated.

For those mastering to 6000 strands, 12 parallel lives should be thoroughly integrated.

For those mastering to 9000 strands, 14 parallel lives should be thoroughly integrated.



I intend to completely integrate each parallel life that I am associated with during each initiation mastered in ascension.

I intend to allow the thought-forms that are polar-opposite to my physical plane nature to cancel in full leading to the integration of the Language of Light in their place.

I intend to release all agreements with personality and identity entities associated with parallel lives so that I do not bring them into the physical in the integration process.

I intend to embrace the dreams from my parallel lives with discernment and intend to manifest only those dreams that support my continued goal of ascension.

2. Are there portions of parallel lives that have been manipulated in my ascent to date?

Yes No

3. What kind of manipulation has occurred and to which parallel lives?

Swapping of Parallel Lives with others.

Yes No.

If yes then which parallel lives to date were swapped out?

- Plane #1 Plane #2
- Plane #3 Plane #4
- Plane #5 Plane #6
- Plane #7 Plane #8
- Plane #9 Plane #10
- Plane #11 Plane #12
- Plane #13 Plane #14
- Plane #15 Plane #16
- Plane #17 Plane #18

Duplication of Parallel Lives

Yes No.

If yes then which parallel lives to date were duplicated?

- Plane #1 Plane #2
- Plane #3 Plane #4
- Plane #5 Plane #6
- Plane #7 Plane #8
- Plane #9 Plane #10
- Plane #11 Plane #12
- Plane #13 Plane #14
- Plane #15 Plane #16
- Plane #17 Plane #18

Which parallel lives that I have integrated have been incompletely ascended into?

Ascent to 1024

Plane #1 Plane #2

Plane #3 Plane #4

Ascent to 2200

Plane #5 Plane #6

Ascent to 3000

Plane #7 Plane #8

Ascent to 4200

Plane #9 Plane #10

Ascent to 6000

Plane #11 Plane #12

Ascent to 9000

Plane #13 Plane #14

I intend to completely integrate each parallel life associated with my existence in other realities upon Earth. I intend to cease to reject parts of myself that I judge as they exist upon parallel planes. I intend to press the polar opposite thought-form together between the physical and parallel lives allowing for cancellation to occur and the Language of Light to be embraced

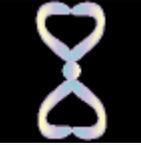
I intend to retrieve all portions of parallel lives traded with another. I intend to return all portions of parallel lives traded to those that they belong to. I intend to cease to trade parallel lives as it serves not creating a complete ascension.

I intend to retrieve all duplicates of any parallel lives that I have integrated or not integrated including the master copy. I intend to erase all duplicates. I further intend to return the duplicates of any other parallel life that is in my field to those that it belongs unto.

LANGUAGE OF LIGHT INTEGRATION

	<p>1. Forgiveness Herb: Echinacea Purpurea Mineral: Rodocroschite Polarity Thoughts: Never Begrudges - Begrudges</p>		<p>2. Structure Herb: Saw Pаметto Mineral: Amethyst Polarity Thoughts: Stubborn - Acquiesces</p>
	<p>3. Power Herb: Ginger Mineral: Amber Polarity Thoughts: Helpful - Helpless</p>		<p>4. Compassion Herb: Chamomile Mineral: Aventurine Polarity Thoughts: Loves/Accepts - Hates/Rejects</p>
	<p>5. Breath of Life Herb: Feverfew Mineral: Yellow Calcite Polarity Thoughts: Creates - Destroys</p>		<p>6. Non-Conditional Love Herb: Nettle Mineral: Hematite Polarity Thoughts: Praises - Invalidates</p>
	<p>7. Freedom Herb: Lobelia Mineral: Citrine Polarity Thoughts: Master - Slave</p>		<p>8. Divine Union Herb: Evening Primrose Mineral: Vesuvianite Polarity Thoughts: Male - Female</p>
	<p>9. Unity Herb: Angelica Mineral: Rose Quartz Polarity Thoughts: Positive - Negative</p>		<p>10. Non-Conditional Governance Herb: Lady's Mantle Mineral: Tiger's Eye or Rutilated Quartz Polarity Thoughts: Dominates - Subordinates</p>
	<p>11. Jurisdiction Herb: Red Clover Mineral: Moonstone Polarity Thoughts: Rules - Is Ruled</p>		<p>12. Hope Herb: Skullcap Mineral: Pyrite Polarity Thoughts: Success - Failure</p>
	<p>13. Peace Herb: Chaparelle Mineral: Chrysicolla Polarity Thoughts: Harmonious - Discordant</p>		<p>14. Abundance Herb: Comfrey Mineral: Topaz Polarity Thoughts: Greed - Poverty</p>
	<p>15. Prosperity Herb: Urva Ursi Mineral: Argonite Polarity Thoughts: Give - Receive</p>		<p>16. Magnitude Herb: Yarrow Mineral: Sodalite Polarity Thoughts: Whole - Fractured</p>
	<p>17. Intuition Herb: Horse Chestnut Mineral: Dolomite Polarity Thoughts: Connected - Separated Off</p>		<p>18. Function Herb: Osha Mineral: Iolite Polarity Thoughts: Controls - Surrenders</p>

	<p>19. Perseverance Herb: Vitex Mineral: Danburite Polarity Thoughts: Manipulates - Manipulated</p>		<p>20. Stealth Herb: Astragalus Mineral: Aquamarine Polarity Thoughts: Expands - Contracts</p>
	<p>21. Consciousness Herb: Devil's Claw Mineral: Celestine Polarity Thoughts: Animate - Disanimate</p>		<p>22. Internal Herb: Bloodroot Mineral: Sugilite Polarity Thoughts: Active - Passive</p>
	<p>23. External Herb: Oregon Grape Root Mineral: Ruby Polarity Thoughts: Expressed - Unspoken</p>		<p>24. Oneness Herb: Lady Slipper Mineral: Watermelon Tourmaline Polarity Thoughts: Separate - Together</p>
	<p>25. Truth Herb: Corydalis Mineral: Jasper Polarity Thoughts: Experienced - Novice</p>		<p>26. Action Herb: Blue Cohosh Mineral: Apophyllite Polarity Thoughts: Responsible - Irresponsible</p>
	<p>27. Fluidity Herb: Aloe Vera Mineral: Annabergite Polarity Thoughts: Expects - Conforms</p>		<p>28. Purpose Herb: Shepherds Purse Mineral: Lorimar Polarity Thoughts: Aligned - Misaligned</p>
	<p>29. Integrity Herb: Burdock Mineral: Andesine Polarity Thoughts: Sabotage - Sabotaged</p>		<p>30. Balance Herb: Milk Thistle Mineral: Graphite Polarity Thoughts: Greater - Lesser</p>
	<p>31. Honor Herb: Chickweed Mineral: Emerald Polarity Thoughts: Abuses - Abused</p>		<p>32. Dream Herb: Horsetail Mineral: Gold Polarity Thoughts: Past - Future</p>

	33. Illusion Herb: Poke Root Mineral: Kyanite Polarity Thoughts: Real - Fantasy		34. Passion Herb: Passion Flower Mineral: Kunzite Polarity Thoughts: Movement - Stagnation
	35. Creativity Herb: Mother's Wort (Bell Wort) Mineral: Herkimer Polarity Thoughts: Excitement - Boredom		36. Sexual Energy Herb: Wild Yam Mineral: Lepidolite Polarity Thoughts: Relishes/Savors - Denies
	37. Friendship Herb: Cascara Sagrada Mineral: Peridot Polarity Thoughts: Relationship - Loneliness		38. Communion Herb: Sorrell Mineral: Sapphire Polarity Thoughts: Agitates - Pacifies
	39. Dance of Life Herb: Valerian Root Mineral: Clear Quartz Polarity Thoughts: Friends - Enemies		40. Community Herb: Black Cohosh Mineral: Desert Rose Polarity Thoughts: In Group - Out Group
	41. Honesty Herb: Alum Root (Alumstone) Mineral: Titanium Polarity Thoughts: Deceives - Deceived		42. Communication Herb: Hops Mineral: Rhodozite Polarity Thoughts: Understands - Confused
	43. Unseen Worlds Herb: Cramp Bark Mineral: Obsidian Polarity Thoughts: Alive - Dead		44. Unspoken Worlds Herb: Datura Mineral: Gypsum Polarity Thoughts: Conscious - Non-Conscious
	45. Underwater Worlds Herb: Flax Mineral: Celestite Polarity Thoughts: Known - Unknown		46. Worlds upon the Land Herb: Echinacea Mineral: Turquoise Polarity Thoughts: Perceived - Unperceived
	47. Human Species Herb: Golden Seal Mineral: Rutile Polarity Thoughts: Guru - Disciple		48. God Goddess All That Is Herb: St. John's Wort Mineral: Diamond Polarity Thoughts: Blind Trust - Distrust

<p>1. How many Language of Light tones from the above list have I woven into my etheric body in my ascension to date? _____</p> <p>2. How many Language of Light tones from the above list have I woven into my chakra system? _____</p> <p>3. How many Language of Light tones from the above list have I woven into my subtle bodies _____</p> <p>Mastery to 3000 strands allows the first 10 base notes of the Language of Light to be fully woven into the etheric grid work and field.</p> <p>Mastery to 4200 strands allows the first half of the scale (24 notes) to be woven into the physical grid work and field</p> <p>Mastery to 6000 strands allows the entire scale or all 48 notes to be woven into the etheric body and field.</p>	<p><i>I intend to embody the Language of Light tones into the etheric grid work structure of my etheric body and field.</i></p> <p><i>I intend to release any foreign grid work from other ascending humans, nature kingdoms, dolphins or whales or the light body body-double planes.</i></p> <p><i>I intend to integrate Language of Light grid work cast in my recasting temple from my own ancestral templates.</i></p> <p><i>I intend to cease to participate in any false ascension patterning that would not allow for a complete ascension in this lifetime.</i></p> <p><i>I intend to be thorough in the weaving of my field anchoring Earth's souls and angels to support my goal of ascension.</i></p> <p><i>I intend to release all karma with any nonphysical force that is non-supportive of my goal to ascend.</i></p>
<p>4. Which Language of Light symbols has been skipped over entirely that I should have mastered thus far?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>What are the polarity-based thought-forms associated with the symbols I have skipped over entirely?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><i>I intend to master the entire scale of the Language of Light to the degree that I can ascend in this lifetime.</i></p>

5. What herbs or minerals would be supportive of assisting me in embracing the missing notes?

I intend to integrate the missing notes in the scale that I have skipped over.

I intend to release the associated polarity based thought-form with each Language of Light note that I have schismed over.

I intend to integrate the associated parallel lives or parts of parallel lives that I have schismed over.

I intend to release the ancestral karma associated with the non-unity based thought-form I am still harboring.

I intend to give to myself those herbs and minerals that are supportive of my choice to ascend in this lifetime.

I intend to purify my Language of Light daily as needed by exchanging all the tones with the temple of the Language of Light in the aurora.

ASSESSING SCHISMS

1. Is there a portion of my ascension that I have schismed over to date?

___ Yes ___ No

I intend a complete ascension in this lifetime with all crystalline genetic materials embodied in full to a cellular level and in all organs, glands and system at all levels of mastery.

2. What strands of DNA have been schismed over?

- ___ 100-500 Strands
- ___ 500-1024 Strands
- ___ 1024-1800 Strands
- ___ 1800-2200 Strands
- ___ 2200-3000 Strands
- ___ 3000-3800 Strands
- ___ 3800-4200 Strands
- ___ 4200-5000 Strands
- ___ 5000-6000 Strands
- ___ 6000-7000 Strands
- ___ 7000-8000 Strands
- ___ 8000-9000 Strands

I intend to retrieve those portions of the unconscious schismed over along with the ancestors and lineages and karma and DNA associated.

I intend to release the karma in full for each associated lifetime and embody the DNA down to the physical.

I intend to release the cellular trauma associated with each life so that the cells that have failed to become crystalline can ascend.

I intend to forgive my ancestors for creating false and incomplete ascensions.

I intend to forgive my ancestors for trying to embody grid work from the light body planes or from the plant, animal, mineral, dolphin or whale kingdoms.

3. Was there false grid work overlaying the schisms from other humans, plants, animals, minerals, dolphins, whales or light bodies?

___ Yes ___ No

I intend to be thorough with my ascension embodying each layer of DNA necessary to create a complete ascension.

I intend to give to myself those herbs and food sources necessary to assure a complete ascension into the physical form.

4. What herbs and minerals would be useful in assisting me in integrating my current schisms?

I intend to take the power back from the false gods to create schisms in my ascension.

I intend to take the power back from any nonphysical force to manipulate my ascension into failure.

I intend to take my power back from the false gods for all ancestors upon Earth or within any creation throughout time and space and form.

I intend to take my power back from any other human upon Earth or in any other creation to manipulate my ascension into failure. I intend to create a complete ascension in this lifetime.

ASSESSING DREAM MANIPULATIONS

1 Who have I exchanged dreams with in the dance of life?

I intend to become the dreamer and the dream.

I intend to cease to barter with any human or false god over the dream I choose to manifest.

I intend to retrieve my dream weaving knowledge from those ancestors who understood conscious intention and dream weaving.

I intend to forgive those ancestors who bartered dreams away believing that they could not manifest their wishes any other way.

I intend to retrieve all grid work associated with my dream catcher chakra.

I intend to return any grid work in my dream catcher chakra that belongs unto another sending it to the temple of dream weaving.

2 Is there karma to allow for each exchange?

I intend to release all karma with those who I have exchanged dreams with over time.

I intend to return any false karma that suspends a dream exchange in my field along with the associated dream.

I intend to retrieve all dreams that I have cast that have gone unto another.

I intend to cease to participate in the game of dream bargaining and exchange.

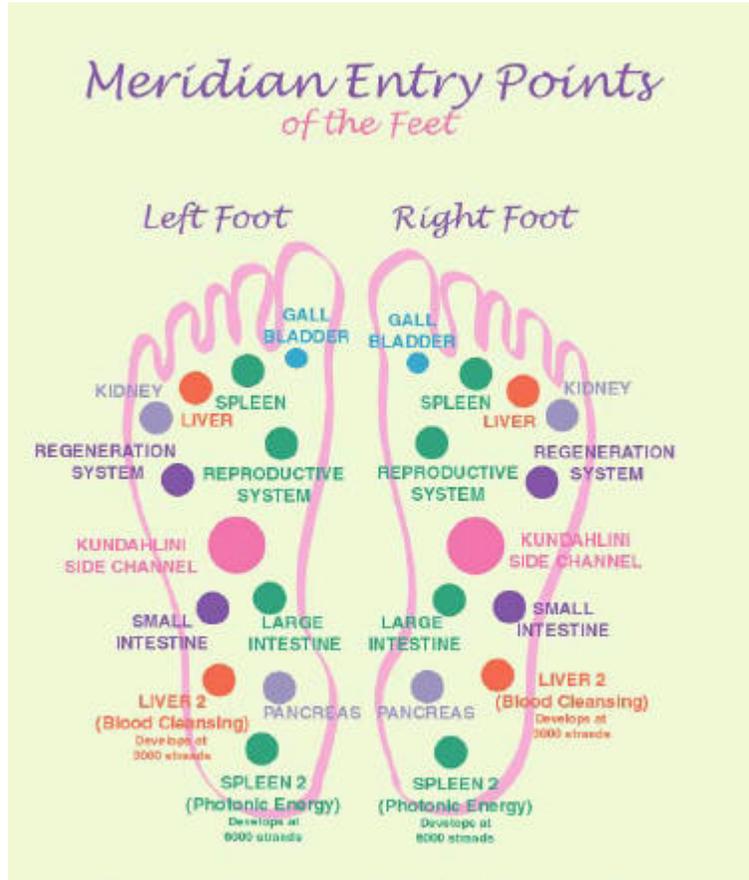
3 Is there false karma in my field for some of the dream exchanges?

I intend to work with Earth to co-create an ascending life dream and dream for my body's continued evolution.

I intend to release any phantom dreams and retrieve my grid work that may have been used in the creation of a phantom to manipulate another.

I intend to step out of the game of the use of phantom dreams to manipulate humans. I intend to weave a dream that allows for my continued ascension and learning the spiritual lessons necessary to my mastery.

DEVELOPMENT OF FEET MERIDIANS



1. Which meridian entry points in the feet have failed to fully open in the ascension to date?

I intend to fully develop the meridian entry points for each organ, gland or system in my feet.

LEFT FOOT

- Gall Bladder
- Spleen
- Liver
- Kidney
- Regeneration System
- Reproductive System
- Kundahlini Main Channel
- Small Intestine
- Large Intestine
- Pancreas
- Liver 2
(develops by 3000 strands)
- Spleen 2
(develops by 6000 strands)

RIGHT FOOT

- Gall Bladder
- Spleen
- Liver
- Kidney
- Regeneration System
- Reproductive System
- Kundahlini Main Channel
- Small Intestine
- Large Intestine
- Pancreas
- Liver 2
(develops by 3000 strands)
- Spleen 2
(develops by 6000 strands)

<p>2. Which meridians are not fully developed from the feet to their associated organ, gland or system?</p> <p><i>I intend that the meridians extend in full from the feet and legs to the organ, gland or system it is associated with.</i></p> <p><i>I intend to develop and widen each lower body meridian with each phase of ascension mastered.</i></p>	<p>LEFT FOOT</p> <p><input type="checkbox"/> Gall Bladder <input type="checkbox"/> Spleen <input type="checkbox"/> Liver <input type="checkbox"/> Kidney <input type="checkbox"/> Regeneration System <input type="checkbox"/> Reproductive System <input type="checkbox"/> Kundahlini Main Channel <input type="checkbox"/> Small Intestine <input type="checkbox"/> Large Intestine <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver 2 (develops by 3000 strands) <input type="checkbox"/> Spleen 2 (develops by 6000 strands)</p>	<p>RIGHT FOOT</p> <p><input type="checkbox"/> Gall Bladder <input type="checkbox"/> Spleen <input type="checkbox"/> Liver <input type="checkbox"/> Kidney <input type="checkbox"/> Regeneration System <input type="checkbox"/> Reproductive System <input type="checkbox"/> Kundahlini Main Channel <input type="checkbox"/> Small Intestine <input type="checkbox"/> Large Intestine <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver 2 (develops by 3000 strands) <input type="checkbox"/> Spleen 2 (develops by 6000 strands)</p>
<p>3. Which feet meridians do not have all small chakras open necessary to conduct the chi to the degree that they should in my ascension to date?</p> <p><i>I intend to develop all meridian chakras necessary to allow the chi to flow from the aurora through each meridian in the feet to the destination organ, gland or system.</i></p> <p><i>I intend to provide enough daily exercise to assist the chi in moving through all meridians in the lower half of the body.</i></p>	<p>LEFT FOOT</p> <p><input type="checkbox"/> Gall Bladder <input type="checkbox"/> Spleen <input type="checkbox"/> Liver <input type="checkbox"/> Kidney <input type="checkbox"/> Regeneration System <input type="checkbox"/> Reproductive System <input type="checkbox"/> Kundahlini Main Channel <input type="checkbox"/> Small Intestine <input type="checkbox"/> Large Intestine <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver 2 (develops by 3000 strands) <input type="checkbox"/> Spleen 2 (develops by 6000 strands)</p>	<p>RIGHT FOOT</p> <p><input type="checkbox"/> Gall Bladder <input type="checkbox"/> Spleen <input type="checkbox"/> Liver <input type="checkbox"/> Kidney <input type="checkbox"/> Regeneration System <input type="checkbox"/> Reproductive System <input type="checkbox"/> Kundahlini Main Channel <input type="checkbox"/> Small Intestine <input type="checkbox"/> Large Intestine <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver 2 (develops by 3000 strands) <input type="checkbox"/> Spleen 2 (develops by 6000 strands)</p>

DEVELOPMENT OF HAND MERIDIANS



1. Which meridian entry points in the hands have failed to open in the ascension to date?

I intend to fully develop the meridian entry points in the hands for each organ, gland or system associated.

LEFT HAND

- Heart
- Lungs
- Diaphragm
- Thymus
- Stomach
- Esophagus
- Kundahlini Side Channel

RIGHT HAND

- Heart
- Lungs
- Diaphragm
- Thymus
- Stomach
- Esophagus
- Kundahlini Side Channel

2. Which meridians have failed to fully develop from the hands to their destination organ, gland or system?

I intend that the meridians extend in full from the hand through the arms and shoulders to the organ, gland or system it is associated with.

LEFT HAND

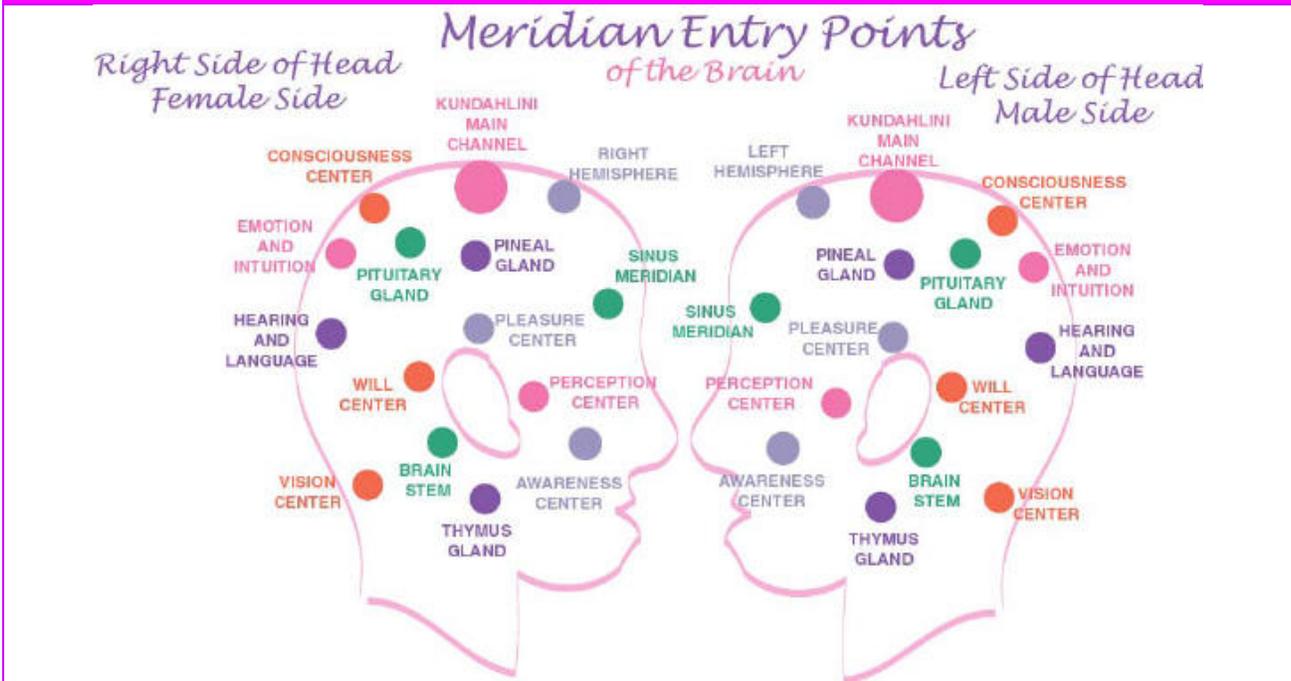
- Heart
- Lungs
- Diaphragm
- Thymus
- Stomach
- Esophagus
- Kundahlini Side Channel

RIGHT HAND

- Heart
- Lungs
- Diaphragm
- Thymus
- Stomach
- Esophagus
- Kundahlini Side Channel

<p>3. Which hand meridians do not have all small chakras open necessary to conduct the chi to the degree that they should in my ascension to date?</p> <p><i>I intend to develop all meridian chakras necessary to allow the chi to flow from the aurora through each meridian in the hands to the destination organ, gland or system.</i></p> <p><i>I intend to provide enough daily exercise to assist the chi in moving through all meridians in the upper half of the body.</i></p>	<p>LEFT HAND</p> <p><input type="checkbox"/> Heart <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Thymus <input type="checkbox"/> Stomach <input type="checkbox"/> Esophagus <input type="checkbox"/> Kundahlini Side Channel</p>	<p>RIGHT HAND</p> <p><input type="checkbox"/> Heart <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Thymus <input type="checkbox"/> Stomach <input type="checkbox"/> Esophagus <input type="checkbox"/> Kundahlini Side Channel</p>
<p>4. Which upper body meridians tend to shut down over the course of the day and when I am not focused in meditation or walking, swimming or moving?</p> <p><i>I intend to retrain my body to keep upper body meridians open to as great a degree I can day and night to assure enough chi is provided for the continued ascension of my form.</i></p> <p><i>I intend to release all patterns, thought-forms, entities and machines that restrict the flow of energy in my upper body meridians.</i></p> <p><i>I intend to develop and widen each upper body meridian with each phase of ascension mastered.</i></p>	<p>LEFT HAND</p> <p><input type="checkbox"/> Heart <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Thymus <input type="checkbox"/> Stomach <input type="checkbox"/> Esophagus <input type="checkbox"/> Kundahlini Side Channel</p>	<p>RIGHT HAND</p> <p><input type="checkbox"/> Heart <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Thymus <input type="checkbox"/> Stomach <input type="checkbox"/> Esophagus <input type="checkbox"/> Kundahlini Side Channel</p>

DEVELOPMENT OF HEAD MERIDIANS



1. Which meridians entry points in the head have failed to fully open in the ascension to date?

I intend to fully develop the meridian entry points for each part of the brain and nervous system in the head.

RIGHT SIDE

- Right Hemisphere (opens at 1024)
- Left Hemisphere (opens at 1024)
- Kundahlini Channel (opens at 1024)
- Consciousness Center (opens at 2200)
- Pineal Gland (opens at 2200)
- Pituitary Gland (opens at 2200)
- Pleasure Center (opens at 1024)
- Sinus Meridian (opens at 3000)
- Emotions/Intuition (opens at 3000)
- Hearing/Language (opens at 3000)
- Will Center (opens at 1800)
- Perception Center (opens at 1800)
- Awareness Center (opens at 3000)
- Thymus Gland (opens at 3000)
- Brain Stem (opens at 1800)
- Vision Center (opens at 3000)

LEFT SIDE

- Right Hemisphere (opens at 1024)
- Left Hemisphere (opens at 1024)
- Kundahlini Channel (opens at 1024)
- Consciousness Center (opens at 2200)
- Pineal Gland (opens at 2200)
- Pituitary Gland (opens at 2200)
- Pleasure Center (opens at 1024)
- Sinus Meridian (opens at 3000)
- Emotions/Intuition (opens at 3000)
- Hearing/Language (opens at 3000)
- Will Center (opens at 1800)
- Perception Center (opens at 1800)
- Awareness Center (opens at 3000)
- Thymus Gland (opens at 3000)
- Brain Stem (opens at 1800)
- Vision Center (opens at 3000)

<p>2. Which meridians in the head do not extend fully from entry point to their destination?</p> <p><i>I intend that the meridians extend in full from the point of entry into the destination point in the brain or nervous system.</i></p> <p><i>I intend to develop and widen each meridian in the head with each phase of ascension mastered.</i></p>	<p>RIGHT SIDE</p> <p><input type="checkbox"/> Right Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Left Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Kundahlini Channel (opens at 1024)</p> <p><input type="checkbox"/> Consciousness Center (opens at 2200)</p> <p><input type="checkbox"/> Pineal Gland (opens at 2200)</p> <p><input type="checkbox"/> Pituitary Gland (opens at 2200)</p> <p><input type="checkbox"/> Pleasure Center (opens at 1024)</p> <p><input type="checkbox"/> Sinus Meridian (opens at 3000)</p> <p><input type="checkbox"/> Emotions/Intuition (opens at 3000)</p> <p><input type="checkbox"/> Hearing/Language (opens at 3000)</p> <p><input type="checkbox"/> Will Center (opens at 1800)</p> <p><input type="checkbox"/> Perception Center (opens at 1800)</p> <p><input type="checkbox"/> Awareness Center (opens at 3000)</p> <p><input type="checkbox"/> Thymus Gland (opens at 3000)</p> <p><input type="checkbox"/> Brain Stem (opens at 1800)</p> <p><input type="checkbox"/> Vision Center (opens at 3000)</p>	<p>LEFT SIDE</p> <p><input type="checkbox"/> Right Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Left Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Kundahlini Channel (opens at 1024)</p> <p><input type="checkbox"/> Consciousness Center (opens at 2200)</p> <p><input type="checkbox"/> Pineal Gland (opens at 2200)</p> <p><input type="checkbox"/> Pituitary Gland (opens at 2200)</p> <p><input type="checkbox"/> Pleasure Center (opens at 1024)</p> <p><input type="checkbox"/> Sinus Meridian (opens at 3000)</p> <p><input type="checkbox"/> Emotions/Intuition (opens at 3000)</p> <p><input type="checkbox"/> Hearing/Language (opens at 3000)</p> <p><input type="checkbox"/> Will Center (opens at 1800)</p> <p><input type="checkbox"/> Perception Center (opens at 1800)</p> <p><input type="checkbox"/> Awareness Center (opens at 3000)</p> <p><input type="checkbox"/> Thymus Gland (opens at 3000)</p> <p><input type="checkbox"/> Brain Stem (opens at 1800)</p> <p><input type="checkbox"/> Vision Center (opens at 3000)</p>
<p>3. Which meridians in the head do not have all the little chakras opened necessary to generate the chi to feed the brain?</p> <p><i>I intend to develop all meridian chakras necessary to allow the chi to flow from the solar sun through each head meridian to the destination point in the brain or nervous system.</i></p>	<p>RIGHT SIDE</p> <p><input type="checkbox"/> Right Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Left Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Kundahlini Channel (opens at 1024)</p> <p><input type="checkbox"/> Consciousness Center (opens at 2200)</p> <p><input type="checkbox"/> Pineal Gland (opens at 2200)</p> <p><input type="checkbox"/> Pituitary Gland (opens at 2200)</p> <p><input type="checkbox"/> Pleasure Center (opens at 1024)</p> <p><input type="checkbox"/> Sinus Meridian (opens at 3000)</p> <p><input type="checkbox"/> Emotions/Intuition (opens at 3000)</p> <p><input type="checkbox"/> Hearing/Language (opens at 3000)</p> <p><input type="checkbox"/> Will Center (opens at 1800)</p> <p><input type="checkbox"/> Perception Center (opens at 1800)</p> <p><input type="checkbox"/> Awareness Center (opens at 3000)</p> <p><input type="checkbox"/> Thymus Gland (opens at 3000)</p> <p><input type="checkbox"/> Brain Stem (opens at 1800)</p> <p><input type="checkbox"/> Vision Center (opens at 3000)</p>	<p>LEFT SIDE</p> <p><input type="checkbox"/> Right Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Left Hemisphere (opens at 1024)</p> <p><input type="checkbox"/> Kundahlini Channel (opens at 1024)</p> <p><input type="checkbox"/> Consciousness Center (opens at 2200)</p> <p><input type="checkbox"/> Pineal Gland (opens at 2200)</p> <p><input type="checkbox"/> Pituitary Gland (opens at 2200)</p> <p><input type="checkbox"/> Pleasure Center (opens at 1024)</p> <p><input type="checkbox"/> Sinus Meridian (opens at 3000)</p> <p><input type="checkbox"/> Emotions/Intuition (opens at 3000)</p> <p><input type="checkbox"/> Hearing/Language (opens at 3000)</p> <p><input type="checkbox"/> Will Center (opens at 1800)</p> <p><input type="checkbox"/> Perception Center (opens at 1800)</p> <p><input type="checkbox"/> Awareness Center (opens at 3000)</p> <p><input type="checkbox"/> Thymus Gland (opens at 3000)</p> <p><input type="checkbox"/> Brain Stem (opens at 1800)</p> <p><input type="checkbox"/> Vision Center (opens at 3000)</p>

DEVELOPMENT OF THE REGENERATION CHAKRAS

1. Have all regeneration chakras that should be open to date in your ascension constructed and moving?

___Yes ___No

For those mastering to 1024, 4 regeneration chakras should be open, 2 in the front and 2 in the back.

For those mastering to 2200, 12 regeneration chakras should have opened, 6 in the front and 6 in the back.

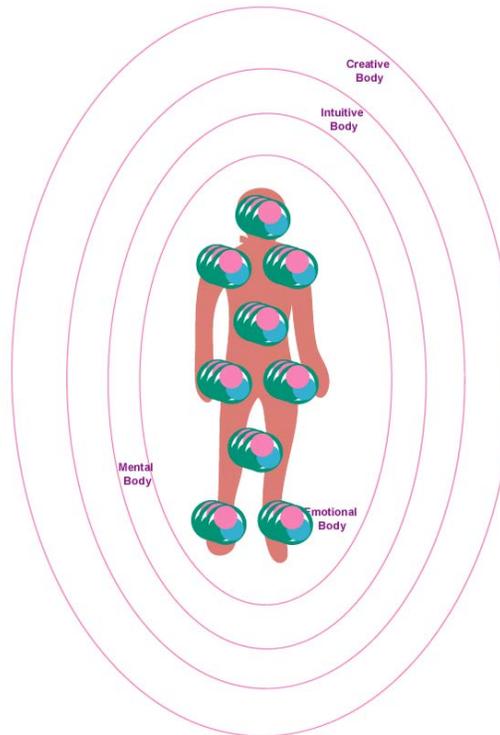
For those mastering to 3000 strands, 18 regeneration chakras should have opened, 9 in the front and 6 in the back.

For those mastering to 4200 strands, 22 regeneration chakras should have opened, 11 in the front and 11 in the back.

For those mastering to 6000 strands, 28 regeneration chakras should have opened, 14 in the front and 14 in the back.

For those mastering to 9000 strands, 36 regeneration chakras should have opened, 18 in the front and 18 in the back.

**REGENERATION CHAKRAS
FRONT VIEW**



9 REGENERATION CHAKRAS DEVELOP IN FRONT
AND 9 IN THE BACK (by 3000 strands)

I intend the full development of my regeneration chakras in my ascension.

I intend to release the karma for how my ancestry lost the blueprint for regeneration over time.

I intend to integrate a full set of regeneration chakras at each level of evolution

mastered in this lifetime.

I intend to allow the regeneration chakras to pull the fire from the core of the kundahlini to youth my physical form.

I intend to allow the regeneration chakras to provide the skin or etheric kundahlini fire flow to hold boundaries and release karma.

I intend to run my regeneration chakras each time I eat or exercise to assure my continued regeneration and ascent up in frequency.

DEVELOPMENT OF THE 12 CHAKRA SYSTEM

1. Have you mastered the 12 chakra system in your ascent to date?

___ Yes ___ No

2. If no, what chakras have opened thus far?

___ Diaphragm Chakra
(associated with the breath of life)

___ Occipital Chakra
(associated with dream manifestation)

___ Pineal Chakra

___ Pituitary Chakra

___ Male/Female Chakras

___ Pelvic Lotus
How many petals open? ___

___ Heart Lotus
How many petals open? ___

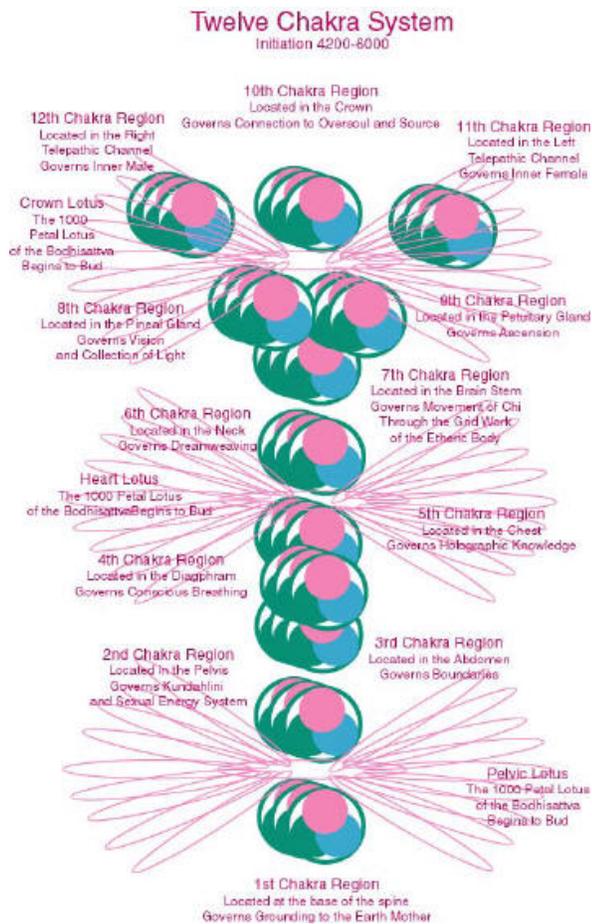
___ Crown Lotus
How many petals open? ___

3. What herbs or minerals would support me in opening the 12 chakras system, the lotuses and integrating the holograms associated?

I intend to open the 12 chakra system in full in my ascent to 3000 strands or beyond in this lifetime.

I intend to open the pelvic, heart and crown lotus to the degree that I can in my ascent.

I intend to embody the holograms in the lotuses and open to holographic communication and understanding in this lifetime.



DIMINISHING CHAKRAS

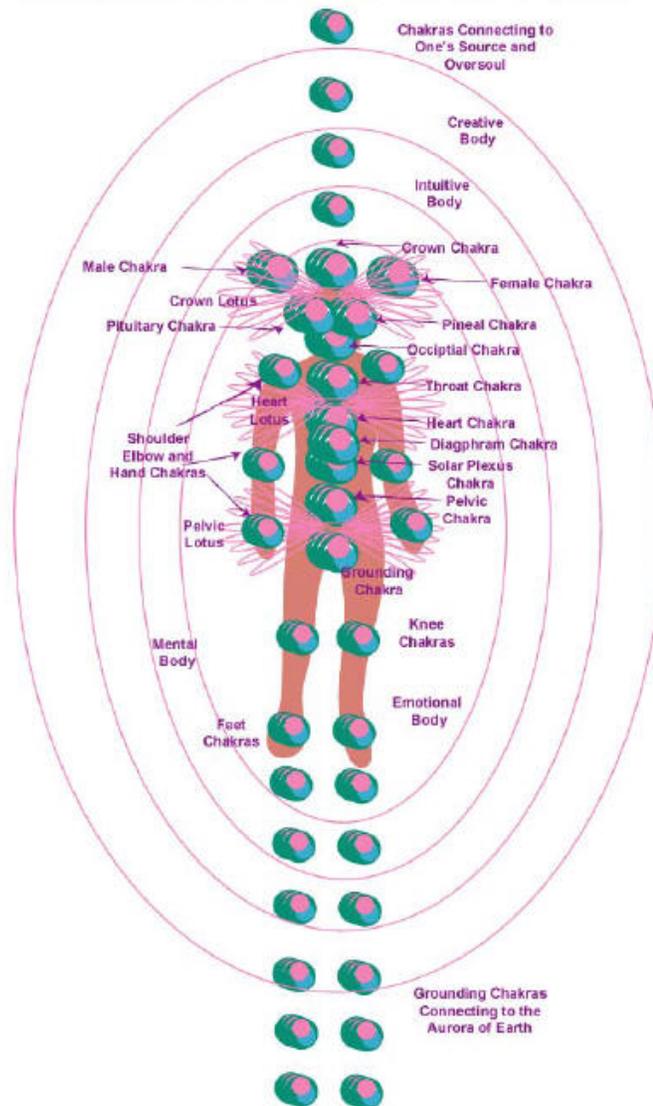
1. What chakras tend to diminish in size over the course of the day when I am not exercising or meditating?

- Grounding Chakras
- Root Chakra (base of the spine)
- Sexual Chakra (pelvis)
- Sexual Lotus
- Power Chakra (solar plexus)
- Diaphragm Chakra (diaphragm)
- Heart Chakra (chest)
- Heart Lotus
- Co-Creation Chakra (neck)
- Occipital Chakra (back of neck)
- Pineal Chakra
- Pituitary Chakra
- Male/Female Chakras
- Spiritual Knowledge Chakra (crown region)
- Crown Lotus
- Connection to Source Chakras

2. What are the associated lessons from chapter 5 for diminished chakras?

3. What herbs or minerals would support me in ceasing to diminish certain chakra regions?

Chakras and Subtle Bodies to Bodhisattva Level Evolution



I intend to learn to retain all chakras at the same size and weight and speed of rotation to create a very balanced field more capable of ascending as far as I can in this lifetime.

I intend to transcend the codependent patterning associated with any chakras I tend to diminish.

I intend to step out of the game of deflating any chakra or chakra region in my field. I intend to create a stable chakra rotation that supports my goal of ascension.

OVER EXPANDED CHAKRAS

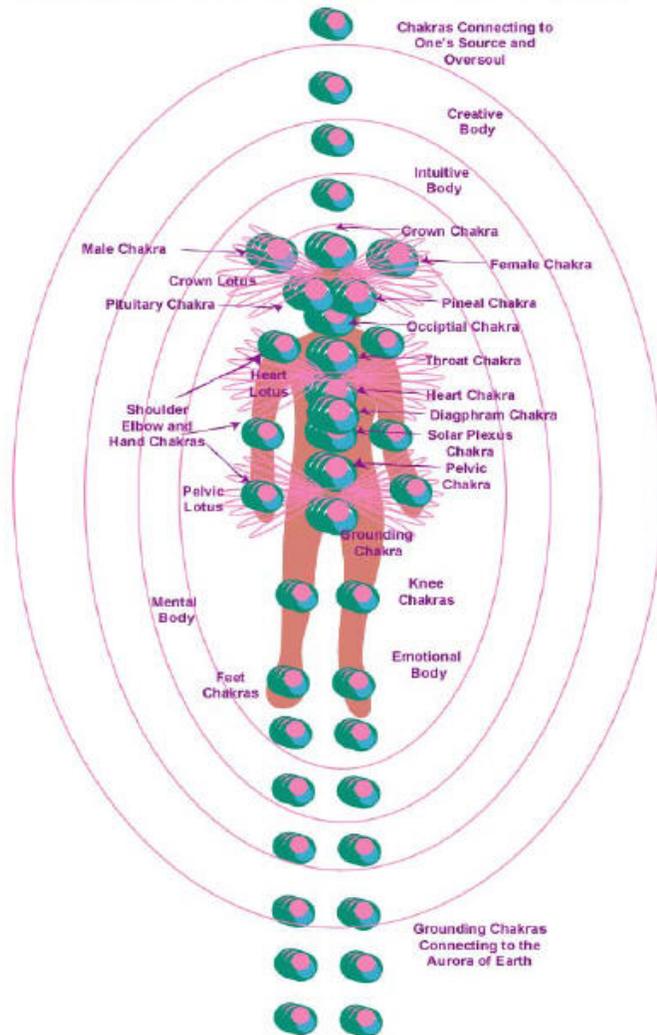
1. What chakras tend to over expand in size over the course of the day when I am not meditating?

- Grounding Chakras
- Root Chakra (base of the spine)
- Sexual Chakra (pelvis)
- Sexual Lotus
- Power Chakra (solar plexus)
- Diaphragm Chakra (diaphragm)
- Heart Chakra (chest)
- Heart Lotus
- Co-Creation Chakra (neck)
- Occipital Chakra (back of neck)
- Pineal Chakra
- Pituitary Chakra
- Male/Female Chakras
- Spiritual Knowledge Chakra (crown region)
- Crown Lotus
- Connection to Source Chakras

2. What are the associated lessons from chapter 5 for over inflated chakras?

3. What herbs or minerals would support me in ceasing to over inflate certain chakra regions?

Chakras and Subtle Bodies to Bodhisattva Level Evolution



I intend to learn to retain all chakras at the same size and weight and speed of rotation to create a very balanced field more capable of ascension in this lifetime.

I intend to transcend the codependent patterning of over inflated chakras in this lifetime. I intend to step out of the game of over-inflating any chakra or chakra region in my field.

I intend to create a balanced field that does not wobble with equal sized chakras that are small, medium and large in size.

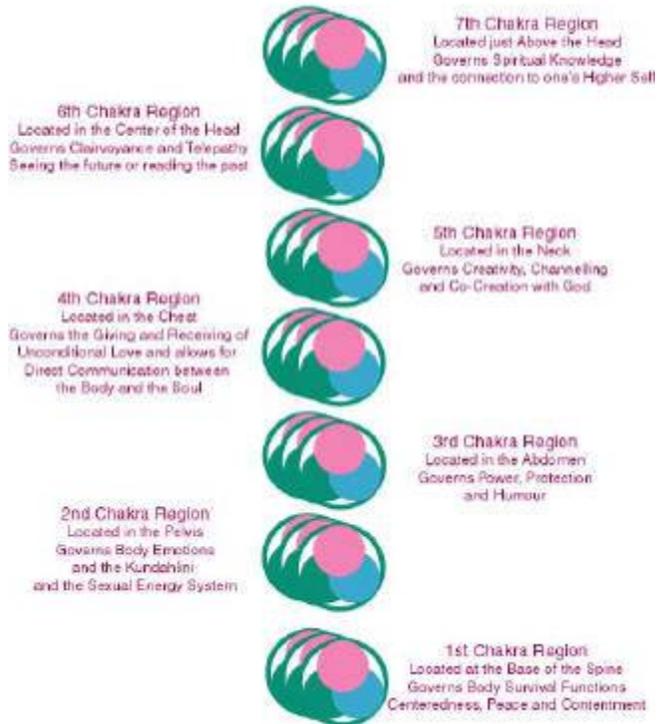
DIMINISHING WILL CENTERS

1. What will centers tend to diminish in size over the course of the day when I am not meditating?

- Root Will Center (base of the spine)
- Sexual Will Center (pelvis)
- Power Will Center (solar plexus)
- Heart Will Center (chest)
- Co-Creation Will Center (neck)
- Pineal Will Center
- Spiritual Knowledge Will Center (crown region)

2. What are the associated lessons from chapter 5 for diminished will centers?

3. What herbs or minerals would support me in ceasing to diminish certain will centers?



I intend to have all seven will centers available to assist in the process of conscious intentions for the purposes of dream weaving.

I intend to retrieve any missing knowledge in my ancestry for the development of a full set of will centers through ascension.

I intend to retain all will centers in equal size to one another so that each center can do its part to intend my thoughts and dream into the manifestation planes.

I intend to step out of the codependent game of diminished will centers.

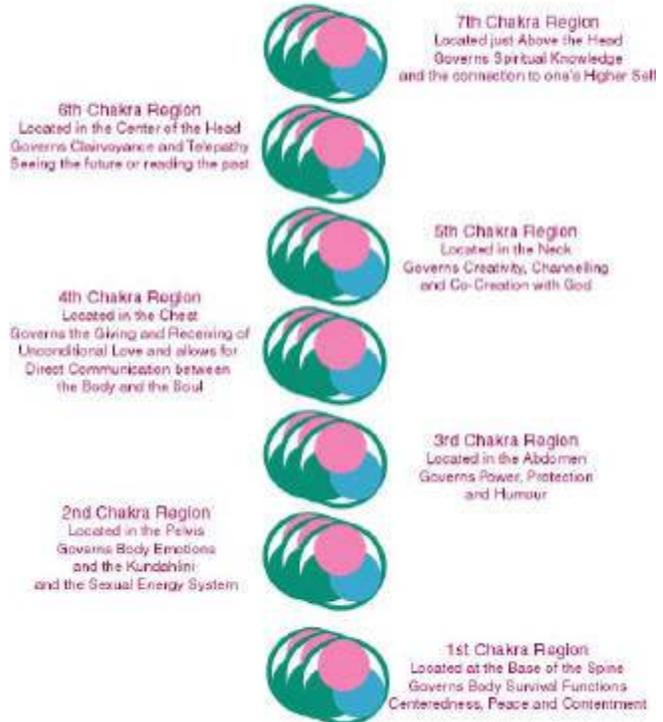
OVER EXPANDED WILL CENTERS

1. What will centers tend to over expand in size over the course of the day when not meditating?

- Root Will Center (base of the spine)
- Sexual Will Center (pelvis)
- Power Will Center (solar plexus)
- Heart Will Center (chest)
- Co-Creation Will Center (neck)
- Pineal Will Center (head)
- Spiritual Knowledge Will Center (crown region)

2. What are the associated lessons from chapter 5 for over-expanded will centers?

3. What herbs or minerals would support me in ceasing to over inflate certain will centers?



I intend to retain all will centers in equal size to one another so that each center can do its part to intend my thoughts and dream into the manifestation planes.

I intend to step out of the codependent game of the lessons I have defined for over expanded will centers.

I intend to become the dreamer and the dream.

I intend to retrieve all ancestral records on dream weaving and the proper utilization of will for intentions.

DIMINISHED SUBTLE BODIES

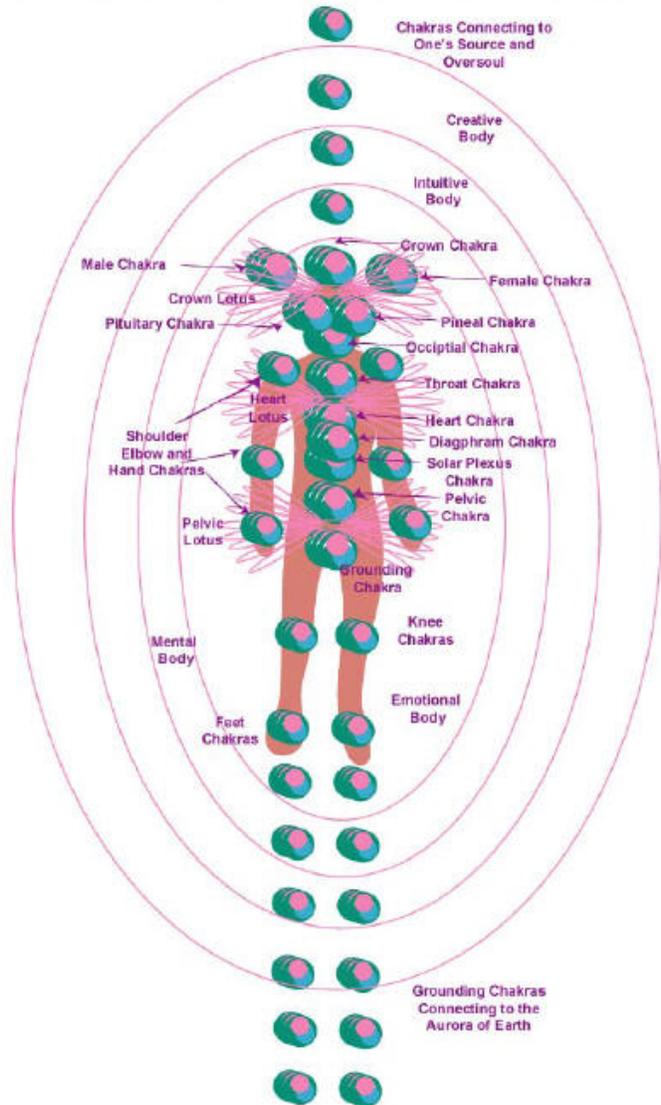
1. What subtle bodies tend to diminish in size over the course of the day when not exercising or meditating?

- Mental Body
- Emotional Body
- Intuitive Body
- Creative Body

2. What are the associated lessons from chapter 5 for diminished subtle bodies?

3. What herbs or minerals would support me in ceasing to diminish certain subtle bodies?

Chakras and Subtle Bodies to Bodhisattva Level Evolution



I intend to retain all subtle bodies equal in size to one another. I intend to release all codependent patterning at cause of diminished subtle bodies.

I intend to master emotions, language, intuition and the art of co-creating in this lifetime.

I intend to create a stable field that is balanced and does not wobble and better supports my continued evolution.

OVER INFLATED SUBTLE BODIES

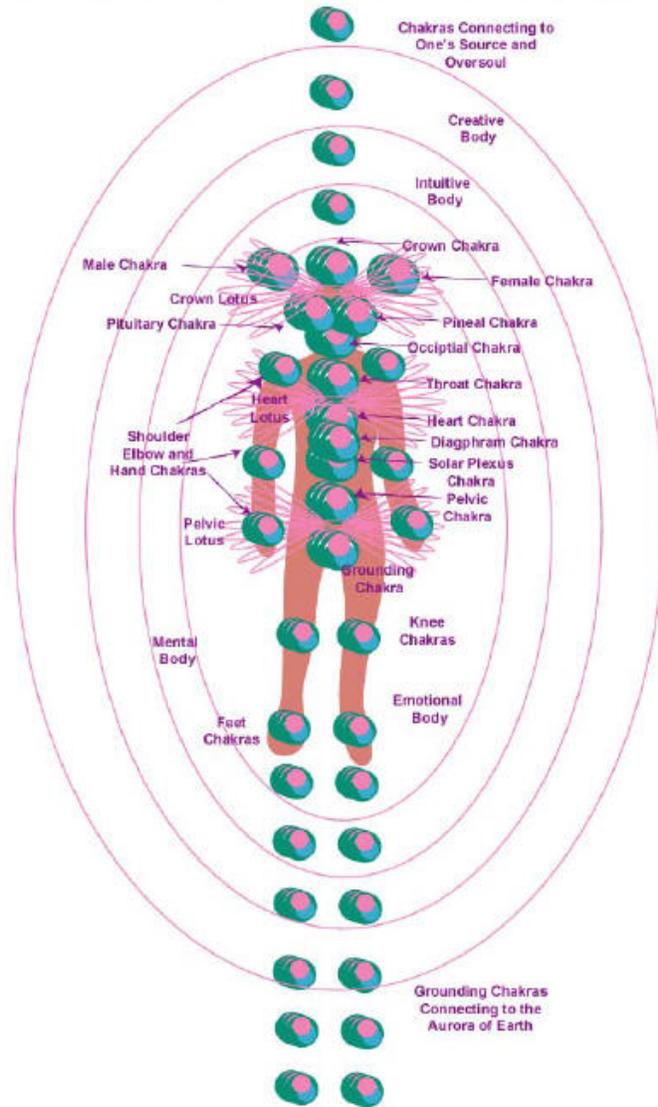
1. What subtle bodies tend to over inflate in size over the course of the day when not exercising or meditating?

- Mental Body
- Emotional Body
- Intuitive Body
- Creative Body

2. What are the associated lessons from chapter 5 for over inflated subtle bodies?

3. What herbs or minerals would support me in ceasing to over inflate certain subtle bodies?

Chakras and Subtle Bodies to Bodhisattva Level Evolution



I intend to step out of the codependent game of over inflating any of my subtle bodies.

I intend to release all the patterns associated with the over inflation of any subtle body.

I intend to create a stable field that is balanced and does not wobble and better supports my continued evolution.

SEXUAL ENERGY SYSTEM

1. Do you have information on all components of the sexual energy system?

- Kundahlini Main Channel
- Kundahlini Side Channel (right side)
- Kundahlini Side Channel (left side)
- Sexual Energy Lotus
- Etheric Kundahlini (skin)

2. Which systems do you tend to shut off over the course of the day when you are not meditating or exercising?

- Kundahlini Main Channel
- Kundahlini Side Channel (right side)
- Kundahlini Side Channel (left side)
- Sexual Energy Lotus
- Etheric Kundahlini (skin)

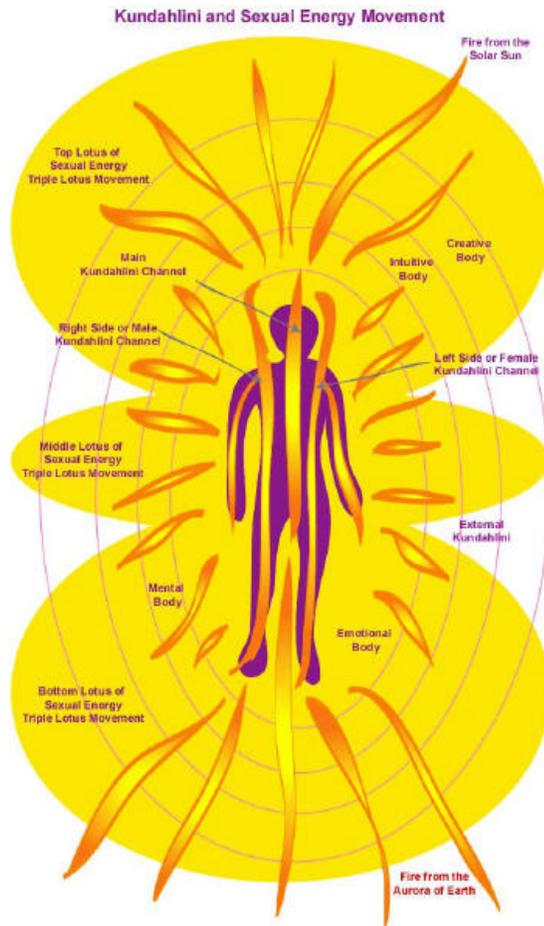
3. What herbs or minerals would support me learning to move my kundahlini energy at all times to foster ascension?

I intend to retrieve all ancestral knowledge on the movement of the kundahlini and sexual energy for the purposes of spiritual evolution.

I intend to retrain my field to move the sexual energy as needed to sustain my vibration and the spin of my chakras over the course of the day and into the night.

I intend to return any part of another's sexual energy system and retrieve my own creating a sovereign kundahlini energy flow.

I intend to cease participation in patterns associated with phantom sexual energy systems and release any sexual phantoms in my space between.



DIGESTIVE ENERGY SYSTEM

1. Do you have information on all components of the digestive energy system?

___ Magnetic system to push information from one's oversoul to the crown and akashic record keeper

___ Magnetic system to push released patterns from the record keeper through the 12 chakra system

___ Magnetic System to ground out to the aurora larger patterns that the 12 chakra system cannot transmute

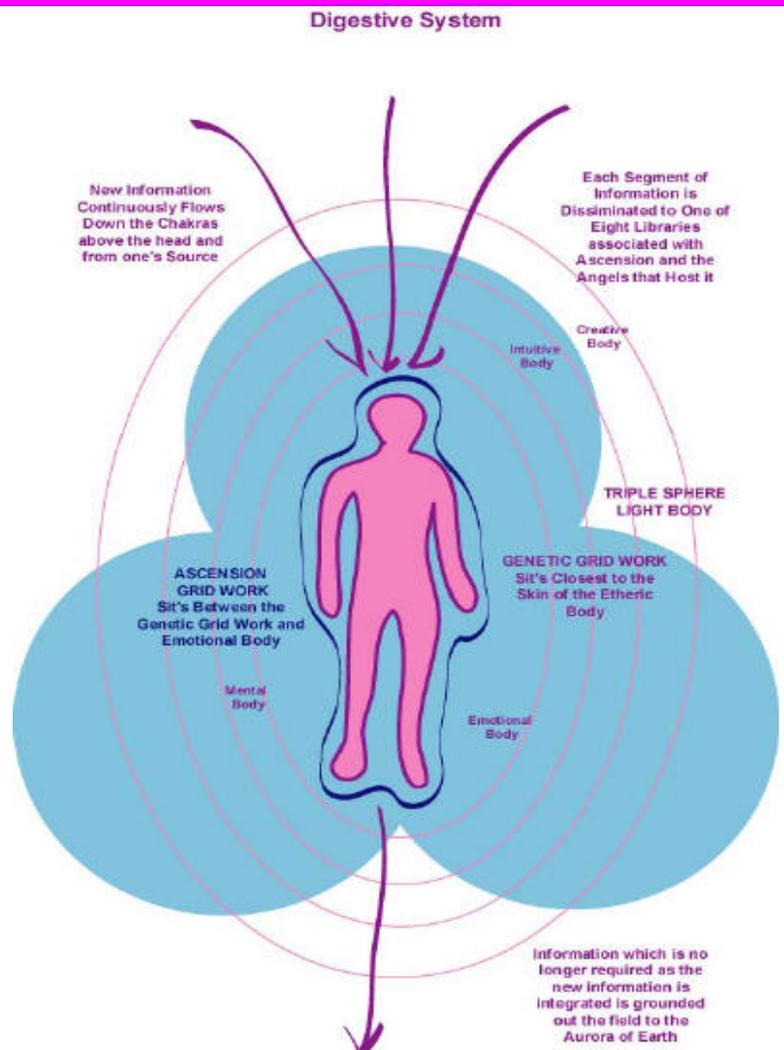
2. Which systems do you tend to shut off over the course of the day when you are not meditating or exercising?

___ Magnetic system to push information from one's oversoul to the crown and akashic record keeper

___ Magnetic system to push released patterns from the record keeper through the 12 chakra system

___ Magnetic System to ground out to the aurora larger patterns that the 12 chakra system cannot transmute

3. What herbs or minerals would support me learning to move my digestive energy at all times to foster ascension?



I intend to retrieve all ancestral knowledge on the movement of the digestive energy system.

I intend to take full responsibility for my own spiritual lessons and choose to digest them at a pace that my body and life can handle.

I intend to allow all others to digest their own lessons. I intend to return any part of another's digestive system and retrieve my own creating a sovereign digestive energy flow.

I intend to cease participation in patterns associated with phantom digestive systems and release any phantoms in my space between.

BIOLOGICAL CYCLES OF ASCENSION

1. What cycle of biological ascension are you currently transmuted?

- Bones and Ligaments
- Muscles
- Circulatory and Lymph Systems
- Organs and Glands
- Lungs and Diaphragm
- Digestive System
- Reproduction and Regeneration
- Immune System
- Nervous System
- Skin and Sensory Organs
- Space Between

2. What foods would be supportive of this cycle and the cycle ahead?

3. What herbs or minerals would support this cycle and the cycle ahead or integration of cycles schismmed over?

Is there a particular part of the biology or several areas that has been schismmed over and are behind in their evolution as a result? Any how many cycles are they behind?

- | | |
|--|----------------------|
| <input type="checkbox"/> Bones and Ligaments | #Cycles Behind _____ |
| <input type="checkbox"/> Muscles | #Cycles Behind _____ |
| <input type="checkbox"/> Circulatory and Lymph Systems | #Cycles Behind _____ |
| <input type="checkbox"/> Organs and Glands | #Cycles Behind _____ |
| <input type="checkbox"/> Lungs and Diaphragm | #Cycles Behind _____ |
| <input type="checkbox"/> Digestive System | #Cycles Behind _____ |
| <input type="checkbox"/> Reproduction/Regeneration | #Cycles Behind _____ |
| <input type="checkbox"/> Immune System | #Cycles Behind _____ |
| <input type="checkbox"/> Nervous System | #Cycles Behind _____ |
| <input type="checkbox"/> Skin and Sensory Organs | #Cycles Behind _____ |
| <input type="checkbox"/> Space Between | #Cycles Behind _____ |

I intend to make sure that each organ, gland and system is no more than one cycle behind in the regeneration process.

I intend to retrieve any missing genetic information, and intend to retrieve whatever has been lost and release the karma associated.

I intend to make the time for the body to work upon those organs glands or systems that have been schismmed over, altering the cycle I am in as need be to assure ascending into a healthy crystalline biology.

I intend to face those spiritual lessons that are associated with whatever part of the biology has been schismmed over.

I intend to create a complete biological ascension in this lifetime. I intend to retrieve any and all schisms so that each and every cell in my biology can be resurrected and become crystalline.

I intend to give unto the body what it requires to assist in the integration of the new crystalline DNA and cellular structure.

ENERGETIC CYCLES OF ASCENSION

1. What cycle of energetic ascension are you currently transmuting?

- Grounding Issues (base chakra)
- Sexual Energy Issues (pelvic chakra)
- Power Issues (solar plexus chakra)
- Breath of Life Issues (diaphragm chakra)
- Heart and Love Issues (heart chakra)
- Co-Creation Issues (throat and occipital chakra)
- Visionary Issues (head chakra)
- Knowledge Issues (crown chakra)
- Male-Female Issues (right and left chakras)
- Mental Expression (mental body)
- Emotional Expression (emotional body)
- Intuitive Expression (intuitive body)
- Creative Expression (creative body)
- Dreamtime Expression (dreamtime body)
- Kundahlini Issues (sexual energy system)
- Digestive Issues (digestive system)

2. What herbs or minerals would support this cycle and the cycle ahead along with integration of those cycles schismed over?

Is there a particular part of the energy field or several areas that has been schismed over and are behind in their evolution as a result?

- | | | |
|--|----------------|----------------------|
| <input type="checkbox"/> Grounding Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Sexual Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Power Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Breath of Life Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Heart/Love Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Co-Creation Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Visionary Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Knowledge Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Male-Female Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Mental Expression | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Emotional Expression | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Intuitive Expression | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Creative Expression | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Dreamtime | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Kundahlini Issues | #Cycles Behind | <input type="text"/> |
| <input type="checkbox"/> Digestive Issues | #Cycles Behind | <input type="text"/> |

I intend to make sure that each layer of my energy field is no more than five cycles behind in its evolutionary shifts.

I intend to address all issues, even those that I resist looking at within myself.

I intend to focus upon those regions that I have heavily schismed over each cycle.

I intend to create a complete biological ascension this lifetime and learn all the spiritual lessons that I can to allow evolution to take hold in my ancestry.

I intend to process the thought-form, patterning, machines and entities in each layer of my energy field as the issues surface in my continued ascension.

HEALING TEMPLES FOR ASCENSION

1. Are there any healing temples that I have not visited in dreamtime in the past 14 days?

- Temple of Interconnection
- Temple of Ascension Assessment and Tests
- Temple of Grounding
- Temple of Sexual Energy Flow
- Temple of Subtle Bodies
- Temple of Physical Grid Work
- Temple of Ascension Grid Work
- Temple of Ancestral Knowledge
- Temple of Light Body
- Temple of Recasting
- Temple of Time
- Temple of Schisms
- Temple of the Language of Light
- Temple of Genetic Information
- Temple of Visionary Knowledge
- Temple of Karma
- Temple of Guardians
- Temple of Dream Weaving

2. Are there agreements or false agreements in my field that do not allow me to visit all of the temples?

Yes No

I intend to release all agreements and karma that do not allow me access to all healing temples necessary to the creation of a complete ascension in this lifetime.

I intend to return any false agreements and karma that belongs unto another that interferes with my time in the healing temples each night during dreamtime.

Is there a particular temple or temples that I try and avoid in dreamtime?

- Temple of Interconnection
- Temple of Ascension Assessment and Tests
- Temple of Grounding
- Temple of Sexual Energy Flow
- Temple of Subtle Bodies
- Temple of Physical Grid Work
- Temple of Ascension Grid Work
- Temple of Ancestral Knowledge
- Temple of Light Body
- Temple of Recasting
- Temple of Time
- Temple of Schisms
- Temple of the Language of Light
- Temple of Genetic Information
- Temple of Visionary Knowledge
- Temple of Karma
- Temple of Guardians
- Temple of Dream Weaving

I intend to visit all temples each week to support my continued evolution.

I intend to visit even those temples that are not my preferred choice in dreamtime.

I intend to work collaboratively with all healing guides, angels, nature kingdoms and Earth that support human ascension through these temples.

I intend to work with Earth in world service and in support of the evolution of the human species and all other kingdoms upon Earth.

GUARDIANS FOR ASCENSION

1. Have I anchored all the guardians possible in association with my ascension to date?

- The Grounding Guardian
- The Connection to Source Guardian
- The Four Corners Guardians
- The Sexual Energy Guardians
- The Digestive Energy Guardian
- Nighttime Guardians

2. Have any of my guardians been shattered as of late or manipulated in some way?

Yes No

I intend to anchor all guardians that Earth makes possible to support the fields of those who are ascending at this time in history.

I intend to connect to the Temple of Guardians each day to return those guardians that have been damaged or manipulated for recasting and anchor an entirely new set of guardians to support my continued ascent.

I intend to master the Language of Light in the rotation of my field to assist in holding my boundaries in the day to day living of my life.

I intend to embody true spiritual law in this lifetime upon all planes of reality, unconscious, subconscious and unconscious.

NOTES:

AGREEMENTS IN ASCENSION

1. Are there past agreements that I have transcended that have not been fully erased?

Yes No

I intend boundaries with agreements.

I intend that past agreements including duplicates and master copies are fully erased "ascension style" so that they cannot be recreated.

2. Are there agreements that are from the future and are active in my field at this time?

Yes No

I intend that agreements for the future remain in the future where they cannot affect my field.

I intend to create guardians that hold boundaries surrounding past and future agreements.

3. Are there portions of the new consensus agreements that are missing or have been manipulated?

Yes No

I intend to retrieve any portions of agreements required to participate in the new consensus for ascension and release all karma associated with why they have become lost or distorted.

4. Are there agreements that are active but hidden so that you cannot release them?

Yes No

I intend to retrieve all hidden karmic agreements so that I can release them in ascension. I intend to connect to the Temple of Karma to perceive where they have been stored and retrieve them to be released in each phase of mastery..

5. Are there agreements that have been combust once to many times that are not available to be released and therefore remain active?

Yes No

I intend to resurrect any combust karma and release it in full ascension style.

I intend to remove any of my energetic signatures upon falsified agreements and send them to the temple of karma to be returned to their source of origin.

6. Are there falsified agreements with your signature on them active in your field?

Yes No

I intend to retrieve all duplicates of any agreement along with the master copy and erase them ascension style.

I intend to rewrite all agreements to support my continued goal of evolution in this lifetime.

7. Are there duplicated agreements from the past that have been inserted and been activated in your field?

Yes No

I intend to take my power back from the false gods or any other nonphysical force that manipulates my agreements. I intend to take my power back from any human whose field is used to manipulate my agreements.

SPELLS, CURSES AND HEXES

1. Are there curses in my field that I am ready to release?

Yes No

Who are they from? _____

I intend to release all curses sending them to their source of origin. I intend to retrieve any knowledge lost or karma gained in the dance. I intend to cease to curse others in the unconscious.

2. Have I cursed others in parallel?

Yes No

I intend to retrieve all curses sent over time without my awareness and retrieve all information or karma lost and return anything gained in the dance.

3. Are there hexes in my field that I am ready to release

Yes No

Who are they from? _____

I intend to release all hexes sending them to their source of origin. I intend to retrieve any knowledge lost or karma gained in the dance. I intend to cease to hex others in the unconscious.

4. Have I hexed others in parallel in the unconscious without knowing?

Yes No

I intend to retrieve all hexes sent over time without my awareness and retrieve all information or karma lost and return anything gained in the dance.

5. Are there positive spells from others skewing my dream in a direction I do not intend?

Yes No

Who are they from? _____

I intend to release all spells cast by others sending them to their source of origin. I intend to retrieve any dream lost or return any dream gained in the dance.

6. Have I cast spells in parallel around others without knowing?

Yes No

I intend to cease to cast spells upon others in the unconscious to manipulate their dream. I intend to retrieve all spells sent over time without my awareness and retrieve all dream lost and return all dream gained in the dance.

7. Are there dark or space between spells skewing my dream in a destructive direction?

Yes No

Who are they from? _____

I intend to release all black magic spells sending them to their source of origin. I intend to retrieve any knowledge lost or karma gained in the dance.

8. Have I cast dark spells in parallel around others without knowing?

Yes No

I intend to cease to create black magic spells upon others in the unconscious. I intend to retrieve all black magic spells cast over time without my awareness and retrieve all dreams and karma lost and return any dreams or karma gained in the dance.



The Elements by Judith Anya Roderick

CHAPTER 6

MANAGING ONE'S GRID WORK AND BIOLOGICAL ASCENT

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"
September 17, 2005

The focus of this chapter is the nature of etheric grid work, molecules, atoms and sub atomic particles or elements of air, water, fire and earth and how they work to sustain life. So much information has been lost over time within the human species that it may be difficult to imagine what one's ancient Grand Master ancestors understood; for although one may understand much in dreamtime, it is difficult to bring through to the consciousness of the biology. So this is so as much for Mila and Oa as it is for each in our study programs. Earth therefore strives to bring through enough information that one can understand the interplay between the various levels of energy structures that allow the living dream to catch in the third dimension leading to the experience of life in human form.

THE ELEMENTS

The elements of air water fire and earth are the energetic building blocks of life. The element of earth constructs atoms associated with fats, proteins, carbohydrates and minerals. The element of water constructs atoms associated with any fluid including water, spinal fluid, blood, lymph fluid, or the fluid that surrounds the brain. The element of fire constructs atoms associated with the energy that fuels life, such as kundahlini energy flow or photonic energy. The element of air constructs the space between or gaseous substances that support life.

Much has been spoken about the nature of the elements and health in an article in "Ascension Transmissions IV" called "Retaining One's Health in Ascension". This article explored the nature of the elements in association with disease and how to rebalance the field for health. This article along with "The Energetic Dynamics of Disease" may be worth re-reading in conjunction with this chapter as we are striving here to get to a deeper level of understanding of the purpose of the elements and etheric structure than these two articles went into. However they will provide a nice introduction and overview that will lead into the following information.

ABOUT THE ELEMENTS

Elements are directed by the DNA of the biology to construct atoms and then molecules. If the DNA is from a foreign creation such as the Pleiades, Orion or Albyreon, then the elements that shall weave the atoms will be electrical and not magnetic. If the DNA is from Sirian or Black Assyrian origins, then magnetic

elements will be called to weave the atoms. Therefore before one can really change out electrical elements and call in magnetic elements into the field, one must bring forward DNA from one's own magnetic ancestry.

How is this accomplished? One has lineages of ancestors that one is associated with. The further that one ascends, the further back in time one assembles a tapestry of ancestry that one is related to. The further the tapestry goes back in time, the larger the number of ancestral templates of DNA one has to draw upon. So let us say that one has ongoing difficulty with ascending the spleen; perhaps one has yet to find a red ancestor with a definition of DNA for a magnetic spleen. As one carries on assembling more of one's ancestral template, then suddenly a group of ancestors show up with the right encoding for the spleen that is magnetic. Now one can bring this encoding into the ascension grid work and allow the spleen to ascend. Now one can alter the spleen's elements causing magnetic elements to replace electrical ones.

This is the primary manner that ascension has been occurring for the past ten years or so that it has been triggered amongst the first wave of map carvers. Ascension has occurred from the top down through the ascension grid work and the ancestral DNA one has researched and brought forward into present time. Now there is another way to ascend that involves ascending from the bottom up. In order to accomplish this, one will bring forward a magnetic language to reinstruct any region of domain holding electrical elements, atoms and molecules to re-pattern themselves into a magnetic language from one's inheritance. As this occurs the magnetic elements will begin to hold the atoms leading to magnetic molecules, and magnetic serpents will be called in to weave the etheric cells. Then a dream can be anchored for magnetic DNA on top of this as soon as it comes to be known within one's ancestry.

ASCENDING FROM THE TOP DOWN AND BOTTOM UP

As one attunes to the Temple of Etheric Languages, one can begin to re-pattern oneself from the bottom up expediting the pace of ascension. For those that join the group associated with the school at Masters Conclave, the group intentions to re-pattern the etheric languages has an opportunity to be more thorough due to the nature of group intentions and how they amplify the response in the etheric. Therefore for those who attend, one will receive a blessing to support the re-patterning of one's etheric languages to support one's continued choice to ascend.

Mila and Oa resorted to this type of alteration due to the cancer that had developed in their ascensions. The cancer occurred in regions that the dream or DNA from their Grand Master inheritance just would not hold long enough to become physical. As they altered the sub-atomic (elemental), atomic and molecular languages into magnetic encoding from their Grand Master inheritance, then the magnetic DNA would take hold bringing an end to their experience of cancer as the region ascended out of disease. So this is also another means of ascending out of disease if it does manifest. We have many others who were

ascending into afflictions of one kind or another who have restored the health to these regions by re-patterning the etheric languages that encode the biology.

How do the etheric languages work? All languages are a form of programming that is much like DOS upon an IBM computer, or the original language used upon a Macintosh computer. The etheric language instructs everything else as to how it performs. Much as how the language used by IBM would fail to cause any response upon a Macintosh, and how the language used by a Macintosh would fail to have any response upon an IBM computer (unless there was some sort of interface), so this is also with etheric languages. If the etheric language is magnetic, then magnetic DNA can be built on top of it or called into the physical dream; if the etheric language is electrical, then electrical DNA can be built on top of it, but this is non-resonant to this creation or to the continued ascent. As one chooses to consciously construct a system from top to bottom that is magnetic in language, elements, atoms, molecules, serpents and DNA, then one will be able to ascend all parts of the biology into the crystalline structure as well as become resonant with ascending home into the Great Central Sun dream.

IMBALANCED ELEMENTS AND ETHERIC LANGUAGES

In the earlier article "Retaining One's Health in Ascension", imbalanced elements were explored in relation to how they created polarized humans that tend to express one to two elements in physicality rather than all four. Polarization of elements is related to blending two different etheric languages in the elemental or sub atomic realm. If there are two languages, the electrical encoding will tend to cause the magnetic elements to polarize expressing one or two only in a given part of the biology. As long as the electrical language is present at a sub atomic or elemental level, then the lack of particular elements in the associated regions of the biology will remain. As the electrical language is replaced by a magnetic language, magnetic elements will cease to be polarized and one will find that the elements of air water fire and earth then are all properly represented and balanced in the shift.

Excessive fire element tends to burn up the etheric body to a point that grid work may combust leading to disease. Excessive water tends to waterlog a region snuffing out the fire to a point that there is too little life force represented and leads to bloating in the physical as well as disease. Excessive air provides too many gaps allowing too many gases to escape through the molecular structure leading to not enough of the necessary gases to retain the life of the cells. Excessive earth element causes too much protein, fat and minerals to be created leading to a larger form than is necessary to ascend, or fatty tumors that can become cancerous over time.

As one reconfigures the etheric languages to become magnetic, the regions with excessive elements of any kind will rebalance themselves. As this occurs, the bloating may disappear in the physical as well as the excessive weight; and enough chi will be present to resurrect all parts of the biology. Gaps or the space between will become just the right size to support the health. This is what Mila and Oa

have discovered. Mila and Oa are gradually shrinking in size due to the release of excessive earth element in some regions of the biology; each are less bloated due to the release of excessive water element in yet other regions of the form leading to a smaller overall size. Excessive air was not a problem for either Mila or Oa. Excessive fire to a point of combustion was a problem for both of them due to fire element that was radioactive that was pressed into their field without agreement. However as the elements were reconfigured to become magnetic, the radioactive elements simply left preventing a pathway for the continued manipulation on the part of the dark forces that prevail inside the human dream.

Therefore the re-encoding of all etheric languages into a magnetic set of sacred geometry causes many of the manipulations of the dark forces to simply dissipate as there is no foundation for them to be received. It requires a foundation of dissonance to receive curses, hexes, spells and other manipulations of the dark. Dissonance can be equated to electrical elements, atoms, molecules and serpents in a magnetic creation. As the dissonance disappears because the etheric languages all resonate, then the manipulation simply has no place to roost. Therefore Earth perceives that the re-encoding of the etheric into a single magnetic language is a vital part of ascension taking hold in the human dream. Many of the other intentions to balance the elements may be useless given this understanding. Therefore we will have the group focus upon re-encoding their etheric languages which shall then have the affect of rebalancing the elements throughout the biology.

ATOMIC AND MOLECULAR LEVEL AWARENESS

The atomic level is constructed as the elements of earth and water come together in appropriate amounts to form atoms. Atoms then gather in particular groups to create molecules which also gather in particular groups to form etheric cells. The molecules and etheric cells formulate as drawn together by the DNA encoding and the angels who weave life. Those who tend to have less earth or water elements will be thin as one will have fewer atoms and smaller molecules and cells. Those who have excessive earth or water elements will be heavier as one will have more atoms, larger molecules and larger cells. Ascension also brings about the recovery of missing atoms and molecules leading to larger cells and body growth over time.

EARTH BASED ATOMS

Earth element based atoms are directly related to molecules that create fats or lipids, proteins or amino acids, sugars or carbohydrates, and minerals. Although we associate the space between the cells with the air element, in reality this region of domain is constructed from a carbohydrate that is sticky like glue that holds the cells together in the physical, and therefore is of the earth element. If there is a problem at the atomic level with the earth element, the protein, fat, carbohydrate, or mineral may be deformed or excessive in a particular organ gland or system. If deformed, the dance can lead to disease. If excessive, it can lead to cancerous growth or too large of an organ or gland for the space allotted in the human hologram.

Often organs and glands that are excessive in size then overrun other organs and glands that must remain smaller due to the overgrowth of the others nearby. This reduces the capacity of the organ or gland to do their job, and increases the ability for the overgrown organ or gland to do its job to an excess leading again to imbalance; therefore the proper amount of earth element in each organ, gland or system leads to just the right size and proportion of each to do the job that leads to regeneration of the whole of the biology.

WATER BASED ATOMS

Water based atoms are directly related to the formation of all fluids including blood, lymph, hormones and spinal fluid or the fluid around the brain. If there is a problem at the atomic level with the water element, then the blood, lymph, hormones, spinal fluid or fluid around the brain may be deformed. If the blood or lymph fluid is deformed, they may not be efficient enough to carry the right amounts of oxygen, sugar or waste leading to cellular malnutrition as well as toxic buildup that can lead to cancer. If the spinal fluid or fluid around the brain is deformed, it may not be able to attune to Language of Light or photonic thought-form or vibrations leading to a non-ascending consciousness. If the hormones in the reproductive or regeneration system, thymus or pituitary are deformed, then regeneration may not occur as it should throughout the biology in ascension.

Hormones include neurotransmitters which stimulate the nerves and create what is known as "consciousness" in the human species, or in other terms, awareness that one is alive and a physical as well as spiritual being. If the neurotransmitters are excessively distorted, then one will have a "retarded" or "brain damaged" human. If the neurotransmitters fail to ascend into the crystalline blueprint, then someone grows in power of field but without an understanding of unity leading to greater dissonance of life expression rather than greater momentum towards harmony.

AIR BASED ATOMS

The air based atoms holds the space within the atom, between atoms, and space between the molecules. A lack of air based atoms will cause a lack of space between in the various parts of the molecule, which may translate into a lack of ability to spin the molecular structure in the associated region of domain. If the molecular structure ceases to spin or spins irregularly in any given region, the associated grid work can collapse leading to decay and eventually disease of the cellular structure. Adequate atomic level air causes molecules to have just the right space to spin properly. Too much atomic air element on the other hand creates too large a space between the atoms within any molecule leading to an inability to sustain the spin to almost an equal degree as being too cramped. This occurs as the chi generated by the molecular spin is dissipated through the excessive space between. Therefore just the right space between atoms is the desired goal to sustain health, regeneration and ascension of any given region of the biology.

FIRE BASED ATOMS

Lack of fire based atoms can cause a lack of chi necessary to spin the molecules. A lack of spin again causes disease due to a lack of life force to sustain the health of the associated cellular structure. Too much fire based atoms can be even more problematic in some ways than a lack of adequate fire, as the molecules begin to combust or vaporize and then the associated grid work collapses due to a lack of proper structure. This will lead to disease over time if left unattended to in ascension.

For a long time a large portion of Mila's molecules combust leading to a shrinking of her molecular structure, but not for the same reasons she is declining in size at this time due to proper elemental balance. The loss of molecules was due to combustion from radioactive fire pressed up her kundahlini from others or other creations. This led to cancer in the abdomen due to the continuous collapsing of the grid work of the uterus in particular. As this ceased and the fire element became magnetic, the combustion ceased and she has found her proper size and shape for continued evolution as well as recovered her health. In parallel excessive fire element was targeted at Oa's head leading to problems with his eyes and nervous system due to collapsing grid work therein. Now that the excessive fire element aimed at Oa has been transcended, his eyes have an opportunity to recover.

One can see that disease and dysfunction of any part of the biology is a complex subject in this. There are many components of the elements, atoms and molecules that may be dysfunctional and require reprogramming to create health throughout the biology in ascension. Karma also can cause lack or excess of earth, water, fire or air element in addition to electrical etheric languages. As the karma is released and the languages reprogrammed upon an etheric level, there is an opportunity for rebalancing the elements, recovering one's health and creating a form that fully regenerates sustaining an ageless youthful state of being. Building such a biological structure will require proper magnetic elements, etheric language, atoms, molecules as well as etheric grid work to fulfill upon.

KARMA AND IMBALANCED ELEMENTS

Much of the karma for imbalanced elements is simply from blending DNA that is non-resonant between creations in the human offspring. Electrical DNA blended with magnetic DNA will cause elements to polarize causing excess or lack. The karma is directly associated with any ancestor who was a scientist who bred humans in a laboratory. This occurred with Merduk, scientists from Orion who incubated the Anu slave races, as well as Sirian scientists who incubated 18 red roots races upon a space craft laboratory and seeded them upon Earth. As one intends to release this karma, one can release the requirement to experience non-resonant blending of DNA within one's own genealogy. As one strives to release all electrical DNA and replace it with magnetic DNA, then the problem of imbalanced elements will self correct in all associated regions of the form.

EXCESSIVE FIRE ELEMENT

Anu DNA in and of itself is 100% electrical in nature. Electrical DNA causes excessive fire and water elements in a magnetic creation; therefore any part of the biology with excessive fire element may also be drawn from Anu DNA if it is a part of one's inheritance. Intending to replace the Anu DNA with Sirian Red DNA will have the affect of the reprogramming of the region for balanced magnetic fire element.

Anu slave nation DNA is part magnetic (40%) and part electrical (60%) due to the blending of Native American root race and Anu genetics in the incubation process of the slaves. Those regions hosting slave nation DNA may also have excessive fire or water element as a result; as one replaces the slave nation DNA with red nation DNA from the ancestry, then this sort of imbalance may self correct. DNA from Orion and Albyreon is also radioactive. Once again one can erase and replace such DNA with red nation DNA and the excessive fire element will adjust into balance.

There is karma for excessive fire element associated with nuclear annihilation. Sometimes regions of the etheric body hold records of nuclear poisoning and will host excessive fire element as a result. Such regions may run hot all the time potentially leading to disease or other chronic ailments. The intention to release warfare karma recorded in any part of the etheric body will have the affect of the ability to reprogram the region for balanced elements as it is released.

Karma for radiation occurred in many time periods including the Era of the Anu due to the two bombs detonated by Merduk; during the Era of the Pharaohs due to combustion of spiritual initiates in the pyramids which created almost as much radiation as a nuclear holocaust; and the era of Atlantis where two bombs again were detonated by Anu and Anu Slave ancestors; and of course the more recent experience of the bombs detonated over Hiroshima and Nagasaki in 1944. As one releases and forgives all karma for nuclear annihilation or combustion, then one shall complete with why there is excessive fire element associated in regions that such records are recorded in the etheric body.

How is karma recorded in the etheric body? The karma is recorded in the DNA which holds a memory of trauma. The record is embedded into the grids or lay lines as the etheric body is woven from the DNA instructions with serpents on the part of the angels. As your ancestors fell, the experiences were recorded in the DNA leading to the recurrence of biological anomalies and disease that is associated in present time. As one reweaves the etheric body from non-crystalline encoding to the encoding of new magnetic DNA and serpents that are crystalline, the trauma is released and then erased as the serpents are replaced. Then the health can be restored to the associated part of the biology. This is how karma is settled upon a biological level through the act of ascension.

LACK OF FIRE ELEMENT

Lack of fire element is generally associated with etheric poison. Etheric poison is a tone of creation that chills or freezes the energy flow of the kundahlini and molecular structure along with fire element. The Pleiadian and Orion languages are very poisonous unto Sirian energy flow. Therefore the blending of Anu and Red DNA to produce a slave race caused a biology that poisoned itself due to two dissonant languages present in the same form; hence the shortened lifespan of the slaves. This may be the karmic origins of poison within the human species upon Earth. As one detoxifies and erases all Pleiadian and Orion DNA replacing it with magnetic Sirian DNA, then one also ceases to self-poison.

Poison is also a pattern that the false gods and dark lords participate in. Through the space between, poisonous new languages have been imported to Earth from other deceased creations such as Albyreon. Some of these languages also came to Earth through the few space crafts of humans escaping their own dying planet in Albyreon, who somehow moved through time and space to a future creation known as Earth. The Albyreon DNA represents only 1/10th of the wheel of DNA available to the human species, and is the most destructive due to the poisonous nature of the language associated. One will therefore wish to erase all Albyreon DNA within one's tapestry of ancestry and the associated language to step out of the game of poison.

Poison has also become a means to create death as humans have lost their ability to consciously intend to die. Agreements have been constructed in many ancestors to poison others unto death with tones from Albyreon or the Pleiades; or receive poison unto death. Karma of this nature can be easily cleared through intention as it comes up in the ascent of the etheric body and the records are released. Then the poisons can be transmuted and the health of the associated region recovered and ascended into the crystalline structure. The Language of Light is powerful enough to dissipate any poison when applied.

Poison freezes energy until it ceases to move. Poison when triggered will be associated with pain in the body. Generally ascending initiates feel pain that is etheric and not physical beyond 1800 strands of DNA; therefore the act of moving the stuck energy will release the pain enough to carry on. Focusing upon the Language of Light to assist in moving the poison will generally dissipate it anywhere that it is located. Physical movement is helpful in causing the chakras to spin more greatly to release the etheric poison as it emerges in karmic records, or in a karmic interlude with another who is poisoning oneself. As one releases the karma for why one agreed to be poisoned, one can also release the karma for how one may poison others unconsciously as well, and step out of the game.

EXCESSIVE WATER ELEMENT

Karma for excessive water element was created in many times periods in human history. Excessive water came with the Anu who imported electrical water element to assist in holding their mer-ka-ba based sacred geometry through the pyramids. The electrical water element was poisonous to the red nations' peoples

along with Earth and nature. Electrical water element causes excessive water to be present in the associated region of the biology leading to bloating of the form or drowning of the cellular structure. This too leads to disease or chronic ailments. In releasing the karma for how the electrical water element arrived upon Earth, or how one's ancestry embodied the electrical water element through the creation of red and Anu offspring, one can begin to reprogram such regions of the biology with magnetic DNA from one's red nations' ancestors and release the excessive water element, recovering one's health.

The karmic records of the great floods may also lead to excessive water element in the parts of the etheric body and wherever such karma is recorded in the DNA. Many red nations' ancestors (8 billion estimated) drowned as the ice shields broke in the valleys of Earth. Most Anu slave nations also died in the great floods as well. The records of this trauma may cause bloating where they are recorded in the etheric body. As one releases the records of cellular trauma from the etheric body, the excessive water element associated can be rebalanced. Those of Anu inheritance are also responsible for selling off too many minerals and destabilizing earth to such a degree that the oceans were created and so many drowned. If one is carrying a portion of this karma, it may also cause excessive water element in the etheric body in the associated region of domain. Release the karma through forgiveness, reweave the grid work and elements to be magnetic, and such regions shall recover their health.

The red nations' ancestors and those who are related to the Sirian scientists that created the ice shields also carry karma for their construction, which was done through a Sirian dream extension and without the will or agreement of Earth. This type of karma for creating the ice shields may also cause excessive water element to be stored wherever it is recorded in the etheric body. Releasing the karma will have the affect of the ability to restructure the elements for health and balance.

LACK OF WATER ELEMENT

A lack of water element is generally the result of combustion. Combust enough of the water element due to excessive fire element and one will have too little water element. Too little water element leads to dehydration of the physical. Dehydration causes all systems to slow down as there is not enough water to facilitate the feeding of the cells or the removal of the wastes. This can lead to slower metabolism. Drink lots of water and one will create enough fluid to increase the metabolism.

In ascension, metabolism increases and the ability of the body to transport food and waste must increase accordingly to lead to regeneration rather than continued decay. Therefore releasing the karma associated with combustion or excessive fire will allow a return of enough water element so that there can be adequate lubrication in all systems to allow regeneration to take hold.

EXCESSIVE AIR ELEMENT

Karma for excessive air element has to do primarily with the poisoning of air or in other terms air pollution. The Anu did not pollute the air excessively as they were only a small number of them upon a rather large planet. It is the Anu slaves that polluted the air of Earth as well as polluting the land quite heavily. The Anu slave nations received a certain amount of technology from the Anu which was almost as toxic as the technology humans have created in present time. Such technology created "pollution". Pollution is nothing other than the physical representation of molecules that are non-resonant with Earth. If all molecules were resonant, there would be no pollution; it is as non-resonant elements and their associated molecules are blended with those that are inherently resonant that pollution is created.

The blending of non-resonant DNA causes internal pollution known as pus as well as dissonant gases due to decay. Decay within the biology can be likened to the dumpsites that mankind piles waste upon. Transmute the decay and humankind will clean up the waste sites. First it must occur within and then it will occur without. Decay is really regions that are rotting due to karma for death or dissonant DNA; in the process of rotting, gases are produced that are noxious within. Transmute the DNA associated and release the karma and one will resurrect the decay and one will not only de-age, but cease to produce noxious gases as well.

Noxious gases also are produced as the body breaks down non-resonant substances in the digestive system. Such gases often become trapped within as there is inadequate ability to release them through the space between the cells. This in particular occurs if the space between the cells fails to be modified to a crystalline form of carbohydrate that is more porous and allows the toxic gases to simply pass through the skin. Therefore creating a thorough ascension into crystalline biology assuring that all parts of the form transcend including the space between will bypass this type of problem.

Why do humans eat non-resonant substances? Well it may be that certain foods really cannot be digested as they came from another creation that one's digestive enzymes do not break down. And yet one holds some DNA associated with such creations one may crave such foods. If one eats foods but the digestive tract cannot break it down as one does not have 100% of the biology from the foreign creation then noxious gases are produced. What foods are problematic? Well they vary from person to person but can be associated with "food allergies". Over time and through ascension and as one reconstructs the digestive system to have a more thorough set of digestive enzymes, then most foods break down with less production of noxious gases.

There are exceptions in Mila and Oa's experience. Eating tofu and soy milk almost always give them excessive noxious gases. It turns out that soy beans are from the Pleiades and so perhaps soy is not a good ascending food in the long haul. Soy requires a different enzyme to break down than is a part of the Sirian magnetic biology. Rice and Almond milk appears to be a better substitute to soy milk. Other

foods that give Mila and Oa problems include homogenized milk, as the fats are broken into particles that there is not an enzyme to totally digest. Pasteurized milk (with the cream on the top) is less problematic as is goat's milk. Whole milk yogurt is non-problematic. It may be also that the bacteria in the yogurt assist the milk in digesting.

Hard cheese can also be hard for some systems to totally digest leading to mucous in the bowels. The mucous can interfere with the absorbing of nutrients or even suffocate the cells of the intestinal tract. Those prone to this may be better suited to eating soft cheeses instead such as cottage cheese, cream cheese or goat cheese. We will be writing more about this in another message from the plant kingdom soon. However eating foods that the body can easily break down is one way to eliminate noxious gases from being produced in the act of digestion; this then has the affect of clearing the body of excess air element.

Noxious gases are much like the death hormone when they pile up in the intestinal tract. If they pile up in large enough amounts, they may begin to deteriorate the cells of the intestines. So this is also so anywhere that noxious gases build up in the biology and it can kill the surrounding cellular structure; which is why ascending the space between the cells is important to one's health. The more noxious gases that can escape through the space between the cells, the less likely that they will build up to a point of deteriorating the biology. We will focus upon each level of ascension including the space between in the workbook section associated with this chapter.

LACK OF AIR ELEMENT

Lack of air element is really the result of a lack of oxygen in the current living environment that humanity prefers, and especially in the cities. If one were not dependent upon the plants for creating the oxygen that one relies upon, perhaps this would be non-problematic. The lack of oxygen necessary to sustain life in the cities is only a reflection of the loss of the air element. When was the air element lost? Well in the nuclear annihilation of the Anu, so much air element combust that the overall level of oxygen available unto all kingdoms dropped by 80%. This combined with the loss of trees and death of plant life caused all kingdoms to experience lack of oxygen for an extended period, including those in the inner earth. There is great karma in this and as each strives to release the karma in whatever ancestral cast of characters that played a part in the creation of any nuclear catastrophe, then one will cease to experience lack of air element.

Falls in consciousness have brought about many changes in the breath of life of all kingdoms. At another time many kingdoms were self sustaining and lived only from the breath. Due to the mummification process in the era of the Pharaohs, many kingdoms lost their remaining conscious breath information. Humans also hold karma for participation in the mummification rituals along with the stripping of the nature kingdoms of their breath of life information. Release the karma wherever it is recorded in the etheric body, and the imbalanced air element will come to balance again.

Often karma for the lack of air is recorded in the lungs. Sometimes the record will be of being gassed to death in the chambers of the concentration camps of the Anu; sometime it will be of experiences where nuclear dust filled the lungs and in parallel to any other poison, killed the body of one's ancestor. Sometimes the record will be of drowning in the great floods with one's ancestors lungs filling with water. As one strives to release the karma for this type of experience, the lungs will be able to be regenerated to a fully crystalline structure.

Lack of adequate oxygen in the physical today leads to cell death. It is for this reason that initiates are guided to move further into the country and out of the cities that are lacking in oxygen. If in the suburbs, one may also be guided to have many house plants and plants at work to assist in providing enough oxygen to sustain one's continued regeneration and ascension. Liquid oxygen is another supplement that may be helpful in travel. Over time humans will learn to master conscious breathing and produce all the oxygen required through the out-breath of one's own etheric body. (See "From the Acacia Trees" in the "Messages from the Plants and Trees" for more information.)

EXCESSIVE EARTH ELEMENT

Excessive earth element can lead to obesity or an over sized form. What lineages hold excessive earth element leading to a larger sized form? Mostly those lineages related to the Polynesian root race tend to be larger. The reason for this is that Polynesian energy flow creates a form of magnetism that causes an increased size of the molecules leading to a larger size of form. The magnetism was not originally problematic as it did not exist as the Polynesian root race was seeded. It was as the Anu altered the biosphere of Earth adding electrical sacred geometry that global magnetism changed. The new magnetism pulled upon the Polynesian root race causing the molecules to bloat creating first known cases of obesity due to the stretching of the molecular structure. As the karma for this is released, the magnetism of Earth will alter allowing for a lighter "pull" upon all molecular structures; this is actually already occurring due to global ascension.

The Anu slaves were created in small, medium and large sizes, but not obese. Each size had a particular size molecule that delivered a particular proportion of form. Large sizes were created stocky and strong for the purposes of working the gold mines or other heavy tasks such as construction and farming. In the feminine form, the larger size was used for reproduction primarily and nursing all the new children. Small sizes were preferred as sexual partners to the Anu, particularly for Zeus. Medium sizes were preferred for other tasks such as gardening or housework. As one clears all DNA from their Anu slave inheritance, one will create the proper molecular structure for an ascending biology and come to just the right size for the task of evolution.

Obesity is really a function of a declining hormonal system in present time. The obese person has not the proper hormones for cell nutrition and because the cells do not feed upon the blood sugar, the sugar is turned to excessive fat. The body still is starving and so this triggers more ingestion of food, which then leads to the

creation of more fat as the cells do not intake much. As the hormones are corrected through ascension, this type of difficulty can be transcended.

LACK OF EARTH ELEMENT

Lack of earth element can lead to an overly thin form. At this time the overly thin form is perceived as beautiful, lack of earth element is preferred. Sometimes models and actresses trade biological traits through lineage manipulation to create or sustain a thin form with little earth element. Excessively thin biology today is also generally the result of the inability of the digestive tract to receive many of the nutrients from the food that is consumed. As the digestive tract is repaired through ascension, most initiates gain weight as they are absorbing more nutrients through the waste management systems of the biology.

The karma for lack of earth element really has to do with starvation. Any time ancestors experienced starvation; they became overly thin and lost earth element. Most starving humans today have their body dream consumed by others who have food to an excess in the dance of life and may be heavy to obese as a result. Starvation in Africa is really the result of those in Europe and the west who consume the dream for body health of those in this region of domain; those receiving excessive dream for the body may also have excessive earth element and then become heavy as a result. One will note that obesity is on the increase in the US; this is a sign that there are many in the US receiving the body dream of those in other starving nations. As the karma for dream manipulations is release by those who are ascending and the human dream re-orchestrated, obesity and starvation may cease in the human experience, as each will receive enough body level dream to subsist.

Lack of earth element can also be equated to a desire to die; "I would really rather not exist upon this plane of reality". Many initiates may have starved themselves in times past and particularly in one's teenage or early adult years simply out of a desire not to be present upon Earth as it was such a painful experience. This is what most eating disorders are rooted in. In retraining oneself instead to ground, commune and enter the bliss and love of Earth, nature and soul, one will learn to be here now and love life as it is in the moment. As this occurs, one may make up for the deprivation of an earlier time in one's life and "pig out". However we will point out that weight gain has little to do with calories consumed in ascension, as the caloric need of the crystalline form is generally 800% greater than what one could consume even if one was binging on ice cream. So enjoy your food binges beloved.

Ascension brings about increasing earth element in most cases as one recovers the blueprint for lost atoms and lost parts of the molecular structure and creates a crystalline biology. The current biology is a derivative or small portion of the crystalline atomic and molecular structure; as one brings in the entire blueprint, then one expands as there are now more atoms and molecules which constructs a larger etheric body, and then one expands in the physical accordingly. This is not to be feared or rejected but embraced as a sign of regeneration and life.

INVERSE ELEMENTS

Inverse elements are elements that support the nonphysical chakra system, subtle bodies, dreamtime self and light body body-double. There are four inverse elements known as vapor (inverse of water), smoke (inverse of fire), lava (inverse of earth) and ether (inverse of air). The inverse elements weave etheric atoms and molecules that are an octave higher in frequency and that construct the energy field surrounding the etheric body.

The inverse element of vapor lubricates the chakra system so that everything spins fluidly and in ease. The inverse element of smoke provides chi that spins the chakras and subtle bodies. Smoke also assists in the transmutation of the density one is releasing. The inverse element of lava creates serpents that weave the positive and negative lay lines of the chakra system, subtle bodies and dreamtime self. The inverse element of ether creates the carbon dioxide that one's etheric body and dreamtime self inhale to create an etheric "breath of life".

Inverse elements should only be used to weave the energy field and serpents associated and not the physical molecular structure. Inverse elements if used to weave the physical molecular structure are too light to hold the shape and structure and lead to a collapsing of the associated grid work. In contrast, physical elements are too dense to hold the proper shape of the chakra system, subtle bodies or dreamtime self and create a slowing of movement within the field as a result. Therefore one will wish to intend to have proper elements in all regions of domain within the etheric body and field.

IMBALANCED INVERSE ELEMENTS

Inverse elements can also be polarized to be excessive or in lack in certain parts of the field. Generally speaking the karma for lack or excessive inverse elements parallels where elements are imbalanced in the etheric body or physical form. Etheric grid work in chakra systems, subtle bodies and dreamtime self also hold records of karma. The karma has to do with trauma that shattered the energy field at another time in one's ancestry. As one releases the karmic records in the etheric body associated with a particular ancestral trauma, then parallel records in the chakra system, subtle bodies or dreamtime self can also release. As this occurs, new crystalline DNA encoding for how the chakras, subtle bodies or dreamtime self is woven is anchored and the angels alter the serpents and weaving accordingly.

VAPOR ELEMENT

Excessive vapor element will create too much water in the chakra system, subtle bodies or dreamtime self. This will cause the rotation to begin to slow due to how the excessive lubrication interferes with the space between the chakras and ether element. In essence, excess vapor will cause the energy flow to become waterlogged and then slow in field rotation. Mila has learned that if one lives in a wet rainy climate, then one requires calling less vapor into the field as otherwise it

becomes too waterlogged and slows down excessively. When a field slows, one drops in frequency and becomes tired. If the field stops, one will become excessively tired and desire to go to sleep until one begins to rotate the field again.

Lack of vapor can occur often due to the combustion created in running excessive smoke element. Excessive smoke element will cause the field to spin less smoothly or "hiccup" and "burp" or "belch" and wobble. If the wobble is great enough, it may tear at one's etheric body causing complications in the physical health.

Sometimes excessive smoke element can be the result of mechanization within the field; sometimes it can also be caused due to mechanization in the land. As one intends to release the mechanization in one's field at cause of the excessive smoke element and combustion, and requests Earth to assist in releasing the mechanization in the land, then there will be less smoke element and one will cease to lose vapor element due to combustion in one's field.

SMOKE ELEMENT

Excessive smoke element will combust one's water element causing an imbalance within the field. Last year in Montana there was so many machines producing excessive smoke element and combustion in the land that Mila was thirsty all the time; she drank and drank bottles of spring water all day long and urinated just as much as the body did not really require it all, but her field did. The cause was really the mechanization of the land that led to too much smoke element and combustion. This year past the mechanization was released during Conclave; it therefore rained on and off in Montana this year instead and the feeling of needing water to an excess also disappeared in Mila's experience.

When Mila lived on the Big Island, there also was a load of smoke element and combustion. Mila learned to add so much vapor that the combustion ceased as it was doused into cessation. Then the rain began to fall which had been badly needed by the Kona (dry) side of this island. When she arrived upon Kauai, she forgot to alter her ratios or vapor element in her field and it rained for 45 days straight until she recognized that she needed to add more smoke to balance out the excessive vapor already present upon Kauai. Over time the land will learn the new ratios through its own evolution and then Mila will cease to require balancing the inverse elements for the land.

A lack of smoke element will compromise one's ability to clear one's field adequately of the karma or machinery that one is releasing. It is for this reason that often burning sage or other incense reminds one to increase the smoke element for the purposes of transmuting the density. Smoke element also provides the chi necessary to spin one's field and so a lack of this element will cause one's field to slow down. Often it is the smoke element that is consumed or manipulated into the field of another by forces desiring to interfere with one's ascension. Retrieve one's smoke element and the field will spin off its density as it should for continued ascension.

ETHER ELEMENT

Excessive ether element often occurs in the city where there are not enough plants to produce oxygen and leads to the experience of smog or vog. Vog or smog is really excessive carbon dioxide (ether) that then collects other emissions produced by human transportation and factories. The result of living in the city is that one may be breathing in carbon dioxide rather than oxygen due to excessive ether element. This also often occurs upon long plane rides and is why ones' eyes, nose and lungs may hurt or feel suffocated. The body requires oxygen or air element in the physical and cells will begin to die if not enough is received.

Long ago and while living in Hercules California, Mila found that she could clear the smog for about a 10 mile radius around her home through conscious intention. What did she do? She increased the amount of vapor element in her field which washed away the excessive ether allowing the air element to come to balance again. This also would call in the rain which would clear the air for miles or throughout the region. For those living or working in smoggy environments, you can purify the air through conscious intention and application also of key Language of Light tones. The Language of Light is associated with air, water, fire and earth; inverse elements are an invisible vibration of the same tones. As one intends the highest possible set of vibrations of certain key base notes in the Language of Light to run through the auric field, one will add vapor, ether, lava or smoke to one's environment or region of origin.

ELEMENTS AND LANGUAGE OF LIGHT

<p>Element of Air and Ether <i>Divine Union and Structure</i></p> 	<p>Element of Fire and Smoke <i>Freedom, Breath of Life and Non-Conditional Governance</i></p> 
<p>Element of Water and Vapor <i>Compassion and Non Conditional Love</i></p> 	<p>Element of Earth and Lava <i>Forgiveness, Unity and Power</i></p> 

Lack of ether will compromise your etheric body in etheric health as ether is a requirement to feed the etheric cells through the etheric circulatory and lymph system. Health generally degenerates in the etheric first and then declines in the

physical. Therefore having the proper amount of ether in the field at all times is helpful to retaining the health of the etheric body as well as physicality. What causes a lack of ether for the etheric body? Sometimes living in closed quarters without adequate ventilation can cause a lack of ether for the etheric body. Leaving a window open at night will assist in balancing this as well as filling the room with houseplants, as houseplants exhale ether in the nonphysical.

LAVA ELEMENT

Excessive lava element will cause the chakras to be larger than they should be and without enough space between. This is less of a problem in reality than having too little lava element and tiny chakras or subtle bodies with large gaps between. As of late we have been focusing upon puffing up the chakras and subtle bodies along with dreamtime self and reducing the space between; in essence this increases the lava element in the field so that one can have more chi running through the entire system. This is necessary to ascension at this time as there are so many forces who feed off of human energy flow in the nonphysical that most ascending initiates are depleted in chi. Puff up the chakras and this will less likely to be so, as the move lava element that is in place, the more chi that the field will hold.

BALANCING THE WEATHER

As each works with Earth in one's region of origin to balance the inverse elements, the elements of the land will balance out and one will also then be able to hold more balanced elements in ones' field; as ultimately the field intermixes with the energy and dream of Earth and therefore one is affected by shortages or excesses in the inverse elements of the land. This shall also have the added affect of altering the weather to be more balanced in one's region of origin, as weather is also associated with the inverse elements.

Too much smoke element and there will be a desert like region; too much vapor element and it will be a rainforest or flood. Too much ether element and there will be "air pollution" or smog/vog, and too little lava element and there will not be enough chi in the given region for the land to ascend. Have proper proportions of all inverse elements, and one will have clear skies, enough rain to create green valleys, enough sun to make the flowers bloom and the vegetables grow, and enough chi to ascend.

One can also alter one's home or work environment by adding water, smoke and plants to one's indoor sanctuary. Running water in every room will add the element of vapor to one's field; burning incense will add the smoke element to assist in releasing density; having live plants will offer air element for the body to breathe and ether for the etheric body to breathe. Eating chocolate (yum) will assist the lava element in puffing up the chakras to generate more chi. One can assist in balancing one's indoor environment in this manner.

CONSUMING WHAT IS CONSUMING YOU

Learning to consume what is consuming one's elements, molecular structure, dream or field or has consumed your ancestor's fields has become another means of bringing an end to an ongoing loss of chi and consciousness that plagues ascending humans. All this requires is intention. Humans have been consumed by the nonphysical for so long that there is a load of karma for consumption to be settled. As one consumes that which has consumed oneself and one's ancestors over time, one will settle the karma and put an end to the consumption game as well as retrieve one's lost knowledge and consciousness enough to continue to ascend. Mila and Oa recognize that if they had understood this truth years ago, they probably would have offset the cancer that they ascended into; as the cancer was directly related to the nonphysical that was consuming their fields recurrently.

Many are in fear of consuming as it is perceived as "wrong", "bad" "negative" and "impure". In reality, this is simply programming laid into your DNA by the very souls that have consumed your Great Central Sun for eons of times and in many expansion cycles of the Tao. Such programming is present to insure extinction. Therefore release the fear of consumption and one will transcend extinction as one will consume that which would cause extinction and settle the karma bringing an end to the game.

THE ETHERIC CELLS

Etheric cells are constructed by drawing many different kinds of molecules together founded upon the DNA blueprint. Molecules appears as varying sized moving energy forces often hosting a triple sphere pattern with certain combinations of atoms woven from the elements of air, water, fire and earth. The blueprint for the etheric cell then calls the appropriate molecules together which are woven into a fabric by the angels or divas into etheric cells. Serpents of varying vibrations that are primary or Language of Light are used to weave the molecules into etheric cells.

Etheric cells are then woven into the organs, glands and systems associated with the human hologram. The DNA blueprint is very specific and each cell has a particular signature to assure that only liver cells exist within the liver; and only gallbladder cells exist within the gall bladder, and so on. Sometimes there is a mix up and the wrong cells wind up in the wrong organ, gland or system. This is more common than one may understand, and generally such anomalies are sorted out in the ascension process, where all cells of each organ are re-encoded to have the appropriate associated signature within the crystalline blueprint. This is also one of the reasons that ascension leads to increasing health.

Crystalline cells are different from non-crystalline cells in many ways. Crystalline cells are coated in fat or lipids that hold a higher frequency and are more permeable allowing a greater amount of oxygen and sugar into the cell and more wastes to be released. The crystalline cells continue to consume sugar primarily

to provide the chi necessary to regenerate and retain the health of the cell. Sugar is taken in from the blood stream or lymph fluid and broken down upon a molecular level with the use of cellular enzymes or catalysts; as the sugar breaks down chi is released which provides life force unto each cell. One can see in this that cells consume sugar just as the body consumes food and nutrients.

Over time and as a photonic blueprint is ascended into by one's future ancestors, cells will no longer require sugar to subsist as the photons will be gathered by the blood and provide the chi necessary to each cell for its health and well being. This will be the next phase of ascension into self sustainable photonic biology and requires moving beyond full consciousness to begin momentum into.

ABOUT THE ETHERIC BODY

The shape of the etheric body is an exact replica of the physical. There are etheric lungs that breathe in ether or carbon dioxide and exhale oxygen or air. There is an etheric circulatory system with golden blood and lymph system with silver etheric fluids. The etheric heart pumps the golden etheric blood through the etheric circulatory system; when one walks or swims, the etheric lymph moves at the same time as the physical lymph. There is an etheric stomach and intestines as well. As one eats, one's etheric body also dines upon the etheric body of the vegetables, fruits, nuts, and grains that one physically consumes; these are digested with waste leaving the kidneys or intestines at regular intervals also in the etheric. As the etheric body and physical body becomes a single vessel due to continued evolution, your future ancestry will move into the fourth dimension.

Mila has spoken frequently about etheric blood sucking. In this dance, a form of needle is inserted into the etheric body within major arterial junctures to remove etheric blood and send it to etheric blood collection devices. If one loses enough etheric blood, the etheric body begins to collapse which will lead to a parallel collapse and blood loss in the physical. Often excessive blood loss in the female during menses may be a sign of losing blood in the etheric. Generally such devices are inserted founded upon karma and as one intends to release the karma, then one dismantles the machines associated and steps out of the game.

Why are the nonphysical forces so interested in collecting etheric blood? Etheric blood is transported to the false intervention to sustain the lives of the nonphysical vessels left over from other dying human creations. This is one direct way that the false intervention has fed off humanity over time. Many of their mechanisms have been removed by Earth as of late as the dance prevents ascension; however karma may cause the pattern to recur for a time until it is transmuted in full.

Those of guru or pharaoh inheritance often coat their fields with the etheric blood of real ascending humans or their devotees to appear loving and wise. This tends to be the karma for this pattern; one gives their blood to the guru or pharaoh. Often it is the sorcerer that casts the spells to cause the transfer of etheric blood

from one unto another. Release the karma with the sorcerers and pharaohs and one will step out of the game.

The game of etheric blood sucking also occurred with the Annanuki. The Anu not only drank blood to extend their lives, but created an extensive form of etheric blood sucking off of their slaves and in particular in the second half of their reign, after the ice shields collapsed. Sometimes karma for etheric blood sucking can also be a part of one's slave ancestry. Release the karma and the game will end.

Most of Anu inheritance today is not interested in spiritual pursuits as much as money making. However since the birth of the "New Age Movement", there are many of Anu descent that has moved into this arena to try and amass a fortune. Some have succeeded at this. Some have gone into false ascension patterning. If they have become a famous and wealthy guru, they may also strip their following of etheric blood to support the false ascension underway. Release the karma and one will step out of the game.

ASCENSION IN THE ETHERIC

Ascension causes the etheric body to first embrace the changing crystalline cells and then the blueprint steps into physicality. Sometimes there can be mechanisms or entities that block the blueprint from becoming physical. Release and remove the entities or mechanisms and then the ascension shall fully step down. It is for this reason that Earth has decreed that the etheric shall only ascend 200-400 strands beyond the physical, so if there is a problem it can be detected and undone rather than schismed over. Therefore the etheric body should be 200-400 strands beyond the physical in all regions of domain; anything blocking the physical ascent from taking hold can then be addressed and released and as the body matches the nonphysical without any gap, then one carries on with the next 200-400 strands in the continued ascent.

Gaps between nonphysical and physical vessels are problematic in false ascension patterning. In false ascension, the nonphysical is woven thousands of strands above the physical; this leads to a supercharged field with a large gap that can be used to shatter others or destroy oneself. Generally light body or nature kingdom grid work is also used to supercharge the field as one has yet to retrieve and reweave one's own grid work through normal ascension procedures. The intent to remove any foreign grid work from other kingdoms and then reweave the field with one's own grid work will assure a more complete ascension in this lifetime.

Incomplete ascension will ultimately result in disease. Those regions that have failed to ascend in the physical will receive a load of chi from the nonphysical that the molecular structure is unprepared to handle; this will create combustion of the molecular structure which ultimately causes the grid work to collapse and then disease to occur in various parts of the body. We are already beginning to see physical disease develop in those who have tried to create a false ascension in this lifetime, and so this will be even more so in the decade ahead. The solution is to intend a complete ascension and be as thorough as possible in making sure that each phase of DNA is mastered all the way into the physical.

CASTING ONE'S OWN GRID WORK

For those that discover that one has parts of the grid work associated with false ascension patterning, one will begin to reweave the region with the proper grid work recast from one's own genetic blueprint of one's ancestry. All grid work or serpents are cast in one's own recasting temple under the supervision of Earth and nature. The serpents are cast founded upon one's ancestral blueprint from the genetic level that one is working upon.

Therefore if one is working upon 2200 strands, templates for serpents cast in Sirian red based ancestors who lived at 2200 strands is called forward; then the serpents are cast in parallel manner and rewoven into the etheric body in present time. The serpent blueprint for 2200 strands will then host genetic changes associated with a body at 2200 strands that will be delivered to each organ gland and system through the ascension grid work. The serpents will therefore then pull the genetic template from the ascension grid work to the associated cells throughout the etheric biology. As the new DNA is embraced in the etheric, then it steps down into the physical.

It is for this reason that foreign grid work prevents physical ascension and in some ways also prevents etheric ascension. The etheric cells receive the new encoding through the serpents cast from ancestral temples at the appropriate genetic encoding and vibration; then the etheric cells become crystalline or alter into the new blueprint; and then the physical follows suit. If one has the improper grid work or grid work from other species, humans or the light body planes, then the crystalline genetic blueprint never arrives to the etheric cells, and then they cannot possibly be integrated; and physical ascension simply cannot occur.

KARMA FOR FALSE ASCENSION

So what is the point of false ascension anyway? This is the ascension that the Pharaohs of Ancient Egypt went into and it is really a life extension practice and not an ascension practice. The Anu stripped other kingdoms (plant, animal, mineral, dolphin and whale) and other humans of grid work to shore up any grid work that was going sour or dissonant within. This extended their lives but was never meant to ascend the physical, as they had no interest in evolution anyway.

Pharaohs who were part Anu and part Grand Master confused life extension practices with ascension practices and therefore tried shoring up their fields with the grid work of others and other kingdoms. They also believed that they were ascending because they were extending their lives; and that the pyramids would foster the necessary energy to leap into the next dimension. Perhaps pyramids are useful in Pleiadian ascent as this is their inherent sacred geometry; with a partial magnetic system pyramids cannot ascend the vessel and the bodies of those attempting this type of ascension simply combust instead.

Many who have lineage to the pharaohs or initiates that studied with the pharaohs and combust in the pyramids have the genetic record of the experience of life extension energetic practices. As ascension has been triggered, many with this

type of inheritance have gone into the same life extension practices of the Anu and pharaohs thinking that they are ascending. Alas this does not lead to ascension and will only lead to combustion of the form again leading to disease in this cycle. For the supercharged field will ultimately combust the molecular structure that is not prepared to hold such a frequency and the end result will be disease and death, unless the false ascent is corrected through conscious understanding and choice.

Many entering this program or reading these materials may discover that they are having a partial to full false ascension as a result of studying these materials. If you are not ill, then it is not too late to alter the course of your ascension so that it will lead to resurrection, reconstitution, de-aging and life. One will also settle the karma from one's ancestry that participated in life extension and false ascension in the era of the pharaohs as well as the Anu. And so it all serves. In the workbook section of this chapter we will give intentions to assist in moving out of all false ascension patterning. (See also "Dolphin-Whale-Nature and Human Ties" in Messages from the Earth Mother III for more information.)

ASCENDING THE MOLECULAR STRUCTURE

Another focus that will assist in building chi to foster a more rapid pace of ascent is to spin up the molecular structure. As one focuses upon increasing the spin of the molecules, one can also focus upon embracing magnetic molecular rotation. In essence, by 2200 strands, 25% of the molecules begin to take the shape of the triple lotus or triple sphere "consciousness" symbol of the Language of Light. By 3000 strands, 50% of the molecules hold this shape. By 4600 strands 75% of the molecules hold this shape and by 6000 strands, 100% of the molecules should have the triple lotus shape. As one focuses upon causing more of one's molecules to rotate as a triple sphere, one will also speed up the process of ascension.

Ascension occurs in two ways. As the etheric languages are brought into magnetic encoding, magnetic elements are drawn into the dance creating magnetic atoms and molecules that host the triple sphere rotation. The triple sphere rotation produces more chi than the solar system type of molecular rotation associated with one's pre-ascension state of being; this in turn provides more chi for the etheric cellular structure to embrace new encoding as it is provided through the serpents that weave the etheric cells and one's ascension grid work. This is how one can ascend from the bottom up and top down simultaneously which shall allow ascension to come forth at a more rapid speed.

PHOTONIC ENERGY

It is the photonic energy that causes the genetics to grow and embrace new encoding once the encoding has entered the etheric cells. It is also the photonic energy that allows molecules to receive more chi to move from the solar system type rotation to the triple sphere rotation. Photonic energy enters the field by passing through the physical into the etheric body and then into the molecular structure. The ascending biology calls for the development of photonic carriers in

the blood and spinal fluid which catch the photon particles and carry them to those regions of the biology requiring them. What regions of the biology most require photon particles? The nervous system and spinal cord as this is how the new thought-form of unity or Language of Light and the language of one alters the consciousness and perception of the ascending human. However every cell requires a small amount of photon particles as it is this that triggers DNA to grow and alter itself. All parts of the molecular structure also require photon particles to assist in the momentum into the triple lotus rotation.

The more photon energy that the spinal fluid stores, the more photon energy that bathes one's cells day and night; this is in addition to the photon particles provided through Earth as emanating from the star gates of the Great Central Sun. Recently we have had a large increase in the amount of photon energy available surrounding Earth due to entry into the Great Central Sun dream; and this shall lead to a more rapid ascent of the land and sea along with all kingdoms including the human species. Earth estimates that it is this increased photonic energy that may now lead to the awakening of the human species.

One can also intentionalize calling photonic energy to oneself to speed up the process of ascension. Some regions host more photonic energy than others and as such, it is easier to gather more of this energy for this purpose. The aurora also has ample photonic energy and one can create an etheric fountain of photonic energy that bathes one's field day and night through intention. This will also have the affect of triggering ascension in others near by you who will also be bathed in the photonic fountain.

If one is going to amplify the pace of ascension, one must also amplify one's detoxification processes to assure non-ascension into disease. Mila and Oa draw as much photonic energy into their fields day and night to ascend as rapidly as they can; they have ongoing detoxification rituals to support this choice and it may be why they have survived. Daily walks, swimming, sun baths and bathing along with weekly mud baths all support a more rapid pace of ascension and will assist in preventing disease along the way.

MANIPULATIONS TO THE GRID WORK

Manipulations to grid work of the etheric body or field abound in the dance of the sorcerers and during the era of the Pharaohs in particular. We have recently uncovered that there is another era where the same lineages associated with the Pharaohs of Egypt played out again in the era of Atlantis. This information comes directly from the records gathered due to Hurricane Katrina that so badly hit the southern United States this year. The hurricane gathered unknown records of humans who lived in Atlantis and combust due to a nuclear bomb that was detonated over a major city the size of Los Angeles and that was the capital or where the national governance was sustained.

The records clearly now show that there were those who had moved into the position of famous Western based gurus who had lineage to the pharaohs. In

essence a parallel set of circumstance occurred to the Pharaohs but with the technology available that is not unlike technology today. Scientists developed large laboratories to grow minerals. Some minerals were grown large enough to be used as glass and cut in thin plates for windows or for glass furnishings. One Atlantean guru in particular funded the growth of a large mineral pyramid that was as big as a two story home. Many chambers were developed. The mineral was a form of quartz. The mineral today sits under the region known as Bermuda.

This large mineral pyramid was used for life extension practices; the gurus utilizing this large pyramid for this purpose extended their lives roughly 250 years. Each year, one initiate in their spiritual school was chosen due to their apparent purity of heart and sent into the apex of the pyramid where they combust. All believed that the initiate ascended; instead they descended into a void of fire or eternal "hell". (See chapter 3 for more information on combustion of initiates in the pyramids of ancient Egypt.) The combustions of these initiates led over time to increasing radiation over Atlantean civilization which caused a dream for warfare to take hold; this dream led to the destruction of Atlantis which was devastated by radioactive poisons following the nuclear annihilation of their capital.

Radiation slows down chakras causing a fall in consciousness as well as a desire to sleep. Radiation will also twist grid work inside out or splinter the field in time. Each time one seeks to resurrect parts of the biology that hold records of radiation poisoning in the grid work from a nuclear fallout at another time in one's ancestry, one may find the grid work and field turned inside out or twisting in time. This is the primary karma for why the grid work responds in this manner due to excessive radiation.

Sorcerers have learned to create energy flow that is so radioactive in the unconscious that it can mimic a nuclear fallout. In twisting another in time or turning grid work inside out, the sorcerers can be manipulate others into catching a dream for death. This is how sorcerers use black magic to destroy others in the unconscious during the era of the Pharaohs and Atlantis alike. Dark lords and false gods also participate in the game for the purposes of power. As a field or grid work is manipulated in this manner, one will go into a destructive cycle, and the sorcerer can then strip one of power, chi and spiritual knowledge. The sorcerer then uses this knowledge to increase his or her power or the power of the guru or pharaoh in charge. This is also a game that occurred during the era of the Pharaohs of Egypt as well as Atlantis.

Having a karmic encounter with another of sorcerer or pharaoh ancestry may trigger the dance to occur in present time, especially if one's ancestry was compromised in this manner at another time. One may find one's field or grid work turned inside out or twisted in time. Therefore releasing karma for sorcery in one's ancestry or how one's ancestry lost power to the sorcerers will allow one to step out of the game, and untwist and correct all grid work within the etheric body and field.

TURNING GRID WORK INSIDE OUT

The pattern of turning grid work inside out causes parts of the etheric body to be twisted and twisted to a point that it may cease to hold their structure and function in the associated region. This leads to the experience of deformative forms of arthritis in present time. Mila has witnessed many older folk whose toes become twisted over one another, or whose hands become twisted and convoluted and painful to live with. This is the result of the twisting around and around of the etheric grid work of the fingers or toes due to radiation karma or sorcerer manipulations. If an etheric arm has been twisted inside out, one may break the arm in the physical and then have difficulty restoring all of the movement after the bone heals. If the etheric leg or knee is twisted inside out, so this may occur in this region of domain.

There is also the pattern of twisting the space between the grid work inside out again and again to a point that the grid work collapses in upon itself and the etheric body then ceases to hold its shape. If this occurs recurrently enough and is not corrected, then the part of the body may become diseased or compromised in the physical. Many types of conditions that are the result of a rapid cooling of the biology and the decay that is associated can be the result of this includes leprosy or gangrene.

Generally there are devices that twist the grid work or space between inside out repeatedly in the experience of SSOA. As the devices are removed and the karma with those of sorcerer nature that inserted them or karma from radiation poisoning is released, then the region can be twisted back to the proper shape and structure to support life. If a region has been inverted 100 times or more, it will require un-inverting it 100 times or more to rectify; or so we have discovered; as this occurs the grid work holds its proper shape for continued ascension into health.

SPLINTERED IN TIME

If the etheric body or any part of the field is rotated to the right and then held in this position with etheric magnets, this part of the field or etheric body moves into the future. If the etheric body or any part of the field is rotated to the left and then held in this position with etheric magnets, this part of the field or etheric body moves into the past. If parts of the field or etheric body are held in the past and future concurrent, one splinters in time. This causes those parts of the etheric body and field in the future to go into future karma where machines, karma and the associated patterning will take affect; and the parts of the etheric body and field in the past to go into past karma where old patterns and karma one has long transcended suddenly recur.

This is a grand manipulation of the sorcerers, as once one is splintered in time, now one is more easily torn apart. One's grounding will fail when one is splintered in time as well as one's connection to source, as grounding and connection require one to be in present time. As one cancels and shatters the magnets holding on split between the future and past, one can twist the field or etheric body back into

present time and then the manipulation and game ceases. We will have each assess this type of manipulation in the workbook section of this chapter.

DEVELOPMENT OF CRYSTALLINE ORGANS, GLANDS AND SYSTEMS

We have written extensively about the changes associated with ascension in the article "Ascending into Regenerative Biology" in "Ascension Transmissions IV". Each may wish to reread this article in conjunction with this chapter of the workbook. We wish to create an overview of changes that should be watched for in the ascent to 6000 strands so that each may check for such shifts in the workbook section of this chapter.

The layers of grid work become increasing numerous over the course of ascension. There are 4 layers of grid work in each organ gland or system at 2 strands of DNA. By 1800, there are 16 layers of grid work that have developed; by 2400 strands there are 26 layers of grid work; by 3000 strands there are 38 layers of grid work per organ gland or system. By 4600 strands, one will have 48 layers of grid work; by 6000 strands, 96 layers and by 9000 strands, 144 layers. One can see in this why one has a more vibrant etheric body the further that one ascends. One way to perceive how well each part of the biology is coming along in the ascent is to measure the layers of grid work that have been woven. We will focus upon this in the workbook section of this chapter.

THE CRYSTALLINE BONE STRUCTURE

Crystalline bones are derived from a slightly different combination of minerals than non-crystalline bones. Many with Anu or Anu-Slave inheritance may have a load of silica in their bone structure, nails, hair and teeth. Silica is released and another molecular structure defined that is less dense in the crystalline form. Mila perceives the difference between silica based bones and crystalline bones as the difference between a very hard mineral and marble or sandstone. Crystalline bones are more like sandstone and are less brittle and therefore less likely to break. The surface of non-crystalline bones is hard; crystalline bones are coated in a substance not unlike the cartilage in one's nose or ears. This creates a softer surface that also bends more easily upon impact.

Teeth are coated in a shiny resin that dentists call enamel. Crystalline enamel will not wear off and can be reconstructed through intention as well as during one's regeneration cycles. Mila has been surprised when surface decay or cavities have appeared and then been repaired through the regeneration capabilities of her ascending biology. The enamel will also be repaired in a two month cycle year round. Regeneration requires the rotation of the regeneration chakras; and so if one is having difficulty regenerating the teeth or any part of the body for that matter, the regeneration chakras may be missing. As the regeneration charkas are retrieved and reconstituted and spun each day, regeneration of the teeth should occur on a two month schedule.

Brushing the teeth with baking soda or sea salt each day is good to retain the health of crystalline teeth. Oa has found that brushing his teeth with Hawaiian salt baked in red clay is very good not only to keep his teeth white, but to assist with the regeneration cycles of teeth and gums. If one cannot find red salt, one can mix a little of one's green or white clay with sea salt instead. One can also add peppermint and eucalyptus to create a better flavor. The clay will assist in the dissolution of plaque. Lemon oil is also useful for dissolution of hardened plaque but will also wear at enamel; so brushing once per week only with lemon oil and sea salt or baking soda is recommended. Mila has found that combining 15 drops tea tree oil, 5 drops lemon oil and 5 drops eucalyptus with water in a four ounce mister is a natural way to remove stains from the teeth. Just mist the teeth as many times per day as desired; one can also spray this upon one's toothbrush as well. Tea tree oil also kills bacteria at cause of tooth decay.

Crystalline bones require a different type of calcium than non-crystalline bones. Mila and Oa discovered that combining yogurt with coconut and pumpkin seeds was one way to provide all the necessary ingredients in their diet for crystalline bones. Often they would place this on top of a large fresh fruit bowl and make it a lovely ascending meal.

CRYSTALLINE BONE MARROW

Bone marrow hosts the growth of red blood cells along with two types of white blood cells in the crystalline blueprint. Crystalline red blood cells are capable of carrying more oxygen and sugar or waste than non-crystalline blood cells. The difference is directly related to the surface of the red blood cell which in the crystalline form hosts a type of lipid that can attract more oxygen, sugar or waste unto each cell. The two white blood cells formed in the bone marrow are the most common throughout the body and therefore are produced en mass; they absorb most viruses, bacteria and other foreign waste in a less "specialized" manner than other varieties.

Mila has not a medical background and so we speak in layman's terms here. The two forms of white blood cells as well as the crystalline red blood cells develop around 1800 strands in most ascending humans. Sometimes not all bones are easily converted to the crystalline structure due to the density of thought-form carried within the minerals in certain regions of the body. Bones are the densest substance of the body and take the most cycles of ascension to completely ascend. Those having difficulty with all bone marrow converting to the production of crystalline blood cells will find that there are herbs that will support this transmutation in ascension. See the "Language of Light" and herb section for more information.

THE CRYSTALLINE MUSCLES AND LIGAMENTS

The primary change in the crystalline muscular structure is the presence of fat surrounding each cell. The fat allows for less density and a higher frequency to be run through the muscles. Those ascending beyond 3000 strands may begin to notice how one floats in fresh water; this is because the density of the bones and

muscles has lessened in ascension causing one to not sink as rapidly. Mila has been known to float across the pool so gracefully as she swims making others wonder how she does it as they struggle so hard just to keep their head above water. The sign of a much less dense biology!

Ligaments stretch further than in non-crystalline structures. Mila has accidentally twisted her ankle all the way to the ground; not only did the ankle not break but she did not experience a much of a strain either. This is because the crystalline ligaments stretch without damage or breaking, much like a rubber band.

Crystalline muscles will hold their tone without exercise. One can intend to run chi through the etheric body to the same degree as when exercising and one will tone the muscles. This is important as toned muscles will also better hold the organs glands and systems in place within one's biology. Sometimes women who have given birth suffer from the intestines pressing upon the bladder or uterus as well as lost tone of the abdominal muscles. As one tones the muscles of the pelvis, then they will pull the organs into the appropriate place so that they cease to press upon one another. Intention is good for this; also one can hold one's hands over the pelvis as one naps or sleeps with the intent to tone the muscles of the abdomen.

Exercise is important to move the lymph and one can also intend to tone the muscles as one walks or swims. As one does so, one will get twice the tone normally received from one's exercise. Yoga and Tai Chi are other exercises to intend to tone the muscles through. We do not recommend working with weights or jogging as this can damage crystalline muscles and bones.

CRYSTALLINE CIRCULATORY SYSTEM

The heart expands into a 6 ventricle system by initiation 4200. By 9000 strands, an 8 ventricle system is developed. The added ventricles create greater blood pressure to assure that all veins receive the blood necessary to nourish the regenerative cells and receive their waste as well. As this occurs, the chest expands and if one is female, one may find that one's bra size goes from small to that of a large bosomed female. Mila now has a size 42 chest when she began at a size 32 in this adult life. The chest expands to make room for the larger heart as well as the increased size of the lungs in the crystalline blueprint.

Sometimes as the new ventricles are set in motion, one may experience brief period of fluttering of the heart until the heart learns its new beat. If this occurs, one need not panic but breathe in and out slowly asking the heart to find its new rhythm. This can also occur as one ascends from the 6 to 8 ventricle system in the journey to 9000 strands.

The veins change in crystalline blueprint to be much more elastic by initiation 2200. It is the fat surrounding each cell in the vein that allows also for the elasticity. With a more elastic form of vein, it will expand without breaking if the blood pressure increases due to physical exertion or energetic exertion. This

prevents build up of plaque due to leaky veins that leads to heart attacks and strokes amongst those at 2 strands of DNA.

Often as Mila really moves the energy in a meditation, the blood pressure and heart rate go up as high as if she were walking up hill. Sometimes sweat begins to drip between her shoulder blades and perspiration develops upon her head. The increased circulation supports the increased metabolism to move up in vibration for short periods for the purposes of clearing the field of heavy karma or holding energy at an event.

THE CRYSTALLINE LYMPH SYSTEM

The crystalline lymph system fluid alters to carry white blood cells, hormones and nutrients along with waste to cells that are less reachable through the veins of the circulatory system. This is the major change of the crystalline lymph; however the lymph still does not move itself; it requires walking or swimming each day to flush the lymph from head to toe adequately in support of ascension. As the lymph turns, then all cells are assured of receiving enough nutrients as well as releasing the associated toxins. Toxins are collected by the lymph glands and then transported through the blood to the waste management systems (kidneys or intestines) of the biology.

Massaging the lymph glands is another useful means of purging the built up toxic waste that gathers here each day. In the shower, one can use a shower massage to massage the underarms and buttocks. This is good to do after taking a walk or swim when the lymph has already turned. One can press upon the lymph under the arms in particular to assist in moving the toxins. Mila also finds that having a full body mud bath is useful to turn the lymph and also pull toxins from the pores; she also liberally coats the underarms to receive the toxins from the lymph glands as well.

THE CRYSTALLINE MASTER GLANDS

The Thymus gland and Pituitary glands are considered the master glands of the crystalline biology. The Thymus grows up the sternum to connect to the thyroid and lymph nodes in the neck by initiation 4600. The Thymus is involved in the maintenance and distribution of all hormones that involve biological regeneration of the body. This includes hormones produced by the Thyroid which involve cell metabolism along with hormones produced by the reproductive and regeneration systems which involve regeneration. The Thymus also connects to the brain stem allowing for communication between the master gland of the nervous system or Pituitary Gland.

The Pituitary gland buds many nodes that each produce a chemical necessary to ascension. The Thymus then monitors the hormones produced by the Pituitary that come down through the brain stem making sure that they reach the appropriate destinations in the biology. There are ducts that run through the brain stem to allow ascension chemicals produced by the Pituitary to flow through to the body. Sometimes these ducts are small or nonexistent. If the ducts are

nonexistent, then ascension does not occur in the physical. If the ducts are small or narrow, then ascension occurs more slowly than could occur otherwise. The intent to create or widen the ducts will resolve this problem.

The Pituitary begins to bud by initiation 1024 with the first nodes which number 14. By initiation 2200, there are 27 nodes. By initiation 3000, there are 48 nodes that should have budded. By initiation 4600, there should be 96 nodes; and by 6000 there should be 144 nodes. By 9000 there are 288 nodes. It is especially in the ascent to 6000 and beyond that the cranial cavity may expand to make room for the budding nodes of the Pituitary gland. Each node produces a different chemical necessary to ascension and to the biological understanding of the Language of Light.

THE CRYSTALLINE IMMUNE SYSTEM

The immune system involves the production of 16 additional types of white blood cells (in addition to the two produced in the bone marrow) to assist in the removal of viruses, bacteria or other agents of destruction from the cellular structure of the form. The white blood cells are manufactured in the spleen and sent to wherever they are required by the Thymus gland and through hormonal communication in the blood stream. Often ascension brings about the release of many viruses and bacteria along with pus and decay as regions that are heavily compromised are resurrected. It is the region that is to be worked upon in any given month that receives the majority of the attention of the immune system; this is to prevent any disease from spreading as the given region is resurrected.

Sometimes in spite of all of the care, regions that are highly toxic will still cause flu like symptoms or a case of the cold. Mila recommends taking hot baths or a mud bath in such times to pull the excessive toxins from the pores rather than leaving the immune system to the task; this generally reduces the infection enough that then the immune system can do its job and remove any remaining destructive agents. Making sure that one has developed each type of white blood cell associated with the crystalline immune system is one way to assure that one is better prepared for the continued ascent.

What are the types of white blood cells? This is complex but Earth will explain. There are two types of cells that are most gifted at absorbing pus. Due to the amount of pus that can be created in the resurrection of decay, these are often the most prevalent type of the white blood cells present all of the time within the blood stream. Three additional types of white blood cells are gifted at absorbing toxins that are held in scar tissue or decay and may be very different from the toxins that one lives within. Sometimes these toxins can be from former time periods that one's ancestry was poisoned by different substances; and so these white blood cells are gifted at absorbing foreign poisons not from this time period.

Four additional white blood cells assist with viruses or bacteria that are also not prevalent in this time period. These viruses and bacteria created diseases that one's ancestry died of long ago. When heavy radiation was added to the environment due to nuclear holocaust, certain bacteria and viruses suddenly bred

and invaded all living animals including humanity leading to new diseases as well as death. These viruses and bacteria are not seen much today as the radiation is not excessive enough to create them. However they exist in the associated genetic scar tissue and then are released as the scar tissue is resurrected, becomes active again.

Understand that the amount of nuclear materials imported to Earth during the era of the Anu and before Merduk's cataclysmic choice to annihilate Earth was 90% greater than today. Today what humans harvest is so small in comparison that they are not capable of creating armament as destructive as Merduk; and perhaps this is good as it prevents humans from preventing global ascension. Earth is also in the process of speeding up the half life of all remaining radioactive substances so that they will dissipate within the coming 100 years. As one ascends however, the remains of these viruses or bacteria as recorded in the scar tissue from periods of nuclear annihilation will emerge. As such the immune system has to learn how to deal with these substances and render them inert so that one does not get ill or develop the symptoms of radiation poisoning. This is the purpose of these four white blood cells.

Three additional white blood cells are created to absorb fractured pieces of cells as they are taken apart in ascension, or damaged for any reason in other parts of the biology. Resurrection releases a load of bits and pieces of cells that have no use; these three types of white blood cells absorb them and either carry them to the waste management systems of the biology, or dissolve them with special enzymes.

The remaining four types of white blood cells produced in the crystalline spleen have to do with tracking hormones. Crystalline hormones become a complex set of commands that cause growth in particular areas and regeneration in those regions whose cycle is up to be worked upon in the continued ascent. The four white blood cells accompany hormones that cause cell growth making sure that they are relayed where they should be, and bring back samples of what is breaking down so that the immune system can respond to the needs of each given cycle of evolution.

THE CRYSTALLINE THYROID

The crystalline thyroid produces three types of thyroid hormone that modulates body fat. Level 1 thyroid causes minimal body fat to be constructed in the liver out of excess sugars in the blood. This occurs at times that one requires no added body fat to hold one's vibration. Level 2 thyroid causes twice the fat to be constructed in the liver as level 1 for times that one is struggling with density and requires the added fat to hold one's frequency. Level 3 thyroid is used for times that the body knows one is going to need a load of assistance holding frequency, such as preparing for lengthy air travel or a visit with one's relatives over the holidays.

Excess fat can also be rapidly broken down creating blood sugar so that one does not lose consciousness in such extreme circumstances as air travel. Mila once

gained as much as 15 pounds to get her through an 18 hour flight; all of which disappeared over the course of her travel. Those who have been low of thyroid, one should be able to go off synthetic thyroid as the new forms of thyroid develop in ascension, as synthetic thyroid will be a very different chemical than the new variations of crystalline thyroid that one produces naturally. The new thyroid hormone generally develops by initiation 2800 in most initiates.

THE CRYSTALLINE PANCREAS

The pancreas grows to develop 5 different types of insulin that modulates cell metabolism in crystalline biology. This occurs by initiation 3600. Each form of insulin causes cells to consume blood sugar at various levels. Level 1 and 2 forms of insulin causes cells to feed minimally, such as when one is asleep at night or in deep meditation. Level 3 insulin is for waking consciousness where cells need more chi. Level 4 and 5 forms of insulin are for times of physical movement or exertion or spinning up the field excessively for the purposes of transmutation in ascension. Level 5 will cause one to experience sweating if the climate is warm enough.

Some initiates produce level 5 insulin at night leading to the experience of “night sweats”. The body does this to burn off karma and cause the field to spin up perhaps because one does not do so adequately during meditation or fails to exercise frequently enough. If one instead takes time for exercise each day, the body will be less likely to require the night sweats to continue to ascend. Those prone to diabetes will find that they can cease to consume the insulin that they inject over time. We have had many recover from diabetes through ascension in our programs over the years. The five levels of insulin develop around initiation 2900 in most initiates.

THE CRYSTALLINE LIVER

The liver produces four types of fat necessary to the crystalline biology. Type one body fat is cholesterol based and coats every cell in the crystalline form. This is the most produced and required fat in ascension. Type 2 body fat which is also cholesterol based is used for storage. Storage systems for fat generally occur under the skin and in the space between the organs and glands of the abdomen and chest. Storage type fat hosts pockets that will contain other fluids or substances that the body knows it will need in larger supply to support the next cycle of ascension ahead. What is needed with each cycle will also trigger “food cravings” if one is connected enough to one’s body spirit to feel what the body requires to evolve. The craving for cholesterol based foods is to support and sustain level 1 and 2 body fats in the crystalline biology.

Type 3 body fat is used in the nervous system. Nervous system fat allows for understanding of the Language of Light or unity based thought-form. This fat is created from avocado along with nut and nut butters generally speaking and is non-cholesterol based. Type 4 body fat is used for gathering photon energy and holding it in the nervous system and spinal column. The spinal fluid is filled with

this fat to also create a photonic storage facility for one's own ascension requirements.

There are two other organs that develop by initiation 3000 that filter the blood. The crystalline liver ceases to filter blood as much as produce and maintain the four types of fat required by crystalline biology. The filtering of the blood for toxins and other wastes is therefore deferred to what Mila has called Liver 2. Two additional livers grow along the waist region of the body causing one to expand the waistline substantially as this occurs. Each of these organs known as Liver 2 has many ducts and storage glands to assist in filtering the blood. Some ducts filter nutrients so that they can then be sent off to where they are required for ascension or regeneration of a particular part of the biology; other ducts filter out waste and decay and send them off to the kidneys or intestines for disposal. The two liver glands develop by initiation 3000 in most initiates. One's ability to detoxify the blood increases dramatically as this occurs.

CRYSTAL FAT DEPOSITS CREATING CRYSTAL GRIDS

As of late, the school has discovered another type of fat drawn from an Albyreon blueprint that many ascending initiates are creating. This type of fat holds a storage pocket that hosts salt; the salt then used to program electrical energy creating a crystal grid that looks solid in the etheric. Mila discovered a crystal pelvis constructed of this type of fat; Oa a crystal skull within his skull. The crystal pelvis and skull attracted a load of radiation from the environment that had caused these regions to go cancerous over time in each of them. Furthermore the grid associated is used to capture a dream for death projected upon them by dark forces. There is no karma to justify the presence of this fat, and it is best to erase the genetic blueprint if one discovers that one has embodied it; and replace it with the other forms of crystalline storage fat that are harmless.

THE CRYSTALLINE SPLEEN

The crystalline spleen manufactures the 16 forms of white blood cells explored in the bone marrow and immune system section above. The spleen also manufactures the fluid that transports the red and white blood cells, platelets or hormones to their destination within the biology. Platelets are tissue that is used to repair breaks or ruptures anywhere in the biology. Platelets patch the region until new skin or tissue grows in its place, much like a scab that forms upon the skin until the new skin grows underneath. The spleen also filters the blood of deformed platelets or red and white blood cells that have gone dysfunctional. In the crystalline system, deformed platelets or blood cells are repaired rather than destroyed. The crystalline spleen has many "factories" for repair that grow by initiation 3800 allowing for regeneration of the blood and immune system.

There are two additional organs that grow that Mila has referred unto as Spleen 2. Spleen 2 is involved with the creation of photonic carrier cells that are emitted in the blood to provide enough photon energy to assist in triggering a more rapid rate of genetic growth for the continued ascent beyond 6000 strands. These

organs associated with Spleen 2 grow just above the sacrum adding to the expanding width of one's mid-drift in the ascent from to 6000 strands.

THE CRYSTALLINE LUNGS

Crystalline lungs expand to be up to two times the size of one's original biology at 2 strands of DNA. This too adds to the expanding chest and bra size or shirt size of ascending adult humans. The lungs formulate 50% more cavities for the purposes of collecting more oxygen from the air that one breathes in each in-breath, or releasing ether or other noxious gases in each out-breath. Sometimes in the transmutation of the lungs, one will end up with symptoms of bronchitis as the pockets are revamped creating a load of mucous therein. Learning to move vibrations that transmute mucous both energetically and physically can be helpful in such times.

Detoxification tones are related to compassion and non-conditional love and appear as pale blue, pale green and pale silver in color. Mila has run these tones through her head when here sinuses were plugged and vaporized all etheric mucous, which had the affect of minimizing the physical mucous. This was at a time that she had a long plane flight ahead, and the excess mucous could compromise the ear drum in particular. Running these tones also makes one feel better in such times of biological transmutation. Taking mud baths or more frequent baths with Epsom salt will also pull the excess mucous out of the pores of the skin leading to a more rapid recovery from such symptoms of ascension.

The lungs go through yearly reconstitution. In the ascent to 3000 strands, the lungs will more or less become complete with the crystalline blueprint. No further alterations occur much in the ascent to 9000 in the lungs (unless one has schismed over part of the genetics.) The crystalline lungs are capable of gathering as much as 900% more oxygen from a single breath than one's pre-ascension state of being.

Half of oxygen collected by the lungs in each in-breath is sent directly to the cells through the blood stream. Cells require oxygen to subsist. Oxygen "aerates" the cells. Much as carbonation in spring water adds bubbles, oxygen adds bubbles within each cell that allow the various components within to be able to move around each other in the act of cell metabolism or the breaking down of the blood sugar. Too little oxygen and then the components of the cells become too sticky to break down sugar or move out wastes; if this occurs long enough the cell will become sick and begin to die. It is for this reason that the city is not a good place to ascend; and one may wish to have many house plants at home and at work to provide the body with the oxygen requirements for cell aeration.

THE CRYSTALLINE DIAPHRAM

The other half of the oxygen gathered in each in-breath by the lungs goes into the blood and to the diaphragm. By 3000 strands, the diaphragm has grown up to 18 pockets that protrude outside of the rib cage. Each pocket hosts glands that take in oxygen and apply enzymes to formulate eight types of blood sugar. The size of

the pockets will increase or decrease depending upon the level of sugar that is being produced in the moment. It is for this reason that Mila and Oa's Buddha belly can be almost flat in the morning upon awakening, and then plump up or engorge as they attend to e-mail or go about the day's business.

The eight types of blood sugar are various sized molecules from small to medium to large that provide the sugar necessary for various levels of cell metabolism. When insulin level 1 is released by the pancreas, level 1 and 2 blood sugars are produced in the diaphragm and released into the blood. Level 1 and 2 blood sugar are the smallest molecules that resemble glucose and are released when one is resting or asleep. When insulin level 2 is released, level 3 blood sugar is produced in the diaphragm which feeds the cells a little more sugar that resembles fructose in molecular structure. This is for times one is in deep meditation.

When insulin level 3 is released, level 4 and 5 blood sugar is produced in the diaphragm which is 3 and 4 times larger in molecular structure than fructose. This level of sugar provides enough to the cells to bring consciousness to the day to day activities of one's life. When insulin level 4 is released, this occurs when one engages in physical activity, and level 6 and 7 blood sugar is released, which is 2 to 3 times larger in molecular structure than level 4 and 5 blood sugar. This is for times of mild physical activity such as taking a gentle walk or other forms of movement.

When insulin level 5 is released, the largest blood sugar is produced known as level 8. Level 8 contains all types of blood sugars 1 through 7 combined into a super-sized sugar molecule; this is produced during heavy exercise such as walking up the mountain, or during times of holding a load of energy; such as holding space for an event or releasing a very large series of karmic patterns from one's field. This is also a time that one's skin may produce a dripping sweat as the body heats up due to the cells consuming so much sugar and producing so much chi upon a biological level. The heart rate is also guaranteed to go up along with one's blood pressure when this occurs. It is also a sincere sign of real biological ascension underway!

Sometimes Level 5 insulin is released during the night and creates night sweats. Many initiates with busy lives do not have time to focus upon the karma up to be cleared. The body then heats up at night to clear the day's worth of karma to assist in the continued ascent. Many ascending initiates therefore sleep with few covers even in the winter as a result. We suggest that each embrace the night sweats as a sign that real ascension is underway.

The diaphragm is the most obvious ascension organ that develops due to the protrusion of one's stomach. If one has yet to develop the Buddha belly in ascension, then one may be missing the genetic blueprint for this structure. It is very difficult to ascend the rest of the biology without the blood sugar necessary to feed the crystalline cells. We will use the worksheet section of this chapter to examine what may be missing from one's blueprint in one's ascension to date so that one can begin to release the karma for how one may have lost their crystalline genealogy in this lifetime or throughout one's ancestry.

THE CRYSTALLINE DIGESTIVE SYSTEM

The crystalline digestive system is comprised of the glands in the mouth that produce saliva, the esophagus and stomach, and gall bladder and glands that secrete the digestive enzymes, along with the small and large intestines. The crystalline digestive system goes through many levels of transmutation to 3000 strands.

The glands in the mouth produce an enzyme that breaks down simple sugars. Most embody this blueprint by initiation 2200. This brings an end to cavities caused by glucose or simple sugars as the sugar is broken down through the saliva enough that it cannot corrode the teeth's enamel any longer. Why if this is so, does Mila sometimes develop cavities? The cavities generally are due to psychic machinery or cords of attachments to others that impair the grid work of the teeth or gums; as the machinery is released and cords returned to sender, then the teeth have an opportunity to regenerate.

The crystalline esophagus and stomach hold a mucous that is thicker than the pre-ascension experience of digestion. The thick mucous is to block digestive enzymes that are as much as 40% more potent in the crystalline digestive system from digesting the esophagus or stomach as one eats. The stomach also is constructed from muscles that are stronger and more gifted at grinding up one's food if one does not chew it well enough. This occurs by initiation 2200 in most initiates. Mila is prone to eating too fast and not chewing long enough; her crystalline stomach can handle it in most circumstances and grind up what she has consumed enough that it does not ferment in the small intestines. Often fermentation and gas is really a lack of chewing one's food thoroughly enough; chewing each mouthful 10 times will assist with this; chewing 20 times will insure that there is less fermentation and gas in digestion.

The crystalline gall bladder produces 12 new enzymes associated with the breaking down of fat. Those who had difficulty digesting fats in times past may find that this becomes non-problematic with the crystalline digestive system, even more rancid fats associated with deep frying. So enjoy your French fries or chips! Level 1-4 bile breaks down simple fats much akin to the original form of bile produced by the gall bladder and easily breaks down nut and vegetable oil. Level 5-8 bile breaks down cholesterol as it is ingested. One may find as this form of bile is produced that one no longer has difficulty digesting milk, cheese or eggs. Level 9-12 bile breaks down fats that are more rancid than humans like to consume; such as the fat from French fries.

The stomach also secretes 16 new enzymes including acids that are more powerful than hydrochloric acid at killing bacteria or viruses one may consume with their food or water. It is for this reason that ascending humans may not succumb to the diseases ahead in the times of cleansing. Four of the new enzymes within the crystalline digestion are used to break down carbohydrates and sugars. Those who may have been subject to food allergies for wheat or gluten may find that they break down without gas due to these new enzymes. Eight new enzymes are

used to break down protein for those mastering 3000 strands. This allows more protein to be drawn from a vegetarian diet that includes eggs and cheese. Four additional enzymes are created for the breakdown of fiber in one's vegetables. Those who have tended to produce gas after eating salads or raw foods may find that these digest with less disturbance as the crystalline digestive system is embodied.

The small intestines and large intestines are replaced completely by initiation 3600. A new intestine grows over the old, and the old is released into the new much like one would pull a sock through itself. When this occurs, one will have cramping and many bowel movements over a 4 to 6 day period. One will also not be hungry and one's intestines are filled with itself. Many in Mila and Oa's early program found eating pineapple and goat cheese or yogurt helpful with the turning. The pineapple helps to dissolve the old intestine allowing for a more thorough release through the tract; the yogurt or goat cheese helped to replace healthy bacteria into the digestive system leading to a more rapid normalization of bowel movement.

THE VEGETARIAN INTESTINE

In the ascent from 6000-9000 strands, the small and large intestine formulates into 6 pockets, 3 pockets in the small intestine and 3 pockets in the large intestine. Each pocket has more enzymes secreted into the waste to digest more of the food therein before it is released to the next pocket. This is a vegetarian digestive tract and allows for no need to consume flesh to gather the protein one requires to continue to regenerate or ascend. Another turning of the intestines occurs in phases as the vegetarian tract develops. First the small intestines turn and then the large over the course of 6 to 8 weeks. The turning may produce large bowel movements for a couple of days as the old small or large intestine is sloughed off.

Generally speaking, one may not be able to become completely vegetarian until the vegetarian tract develops, unless one is willing to eat a load of eggs to compensate. Eggs may provide enough protein for those resting at genetic levels before the vegetarian tract can develop, especially when the regeneration of the muscles or lungs is occurring in the cycles of ascension. (See Chapter 5 for the cycles of ascension.)

For those going on to develop the crystalline vegetarian tract, each pocket in the intestines produces more enzymes to break down proteins, fiber, carbohydrates and fats to a more refined degree than before. This system of digestion is taken from the crystalline structure of the Tibetan Root Race. It is a similar digestive system that once existed in the East and in India where many humans carry on with vegetarian diets to this day. Those without Tibetan Root Race ancestry may not have the genealogy to pull this blueprint forward into present time. However your future ancestors can weave in lineages in their tapestries to make up for this weakness.

Remember genealogy did not come down the lineages evenly. Information splintered off going to some branches and not to others. Sometimes it is not

possible to ascend beyond a certain level as there is no genealogy to support it. It is far better than to ascend all parts of the biology to the genetic encoding one does have available, as this will create the strongest possible crystalline biology to weather the coming times of cleansing ahead.

THE CRYSTALLINE BLADDER AND KIDNEYS

The crystalline kidneys develop many larger pockets to hold substances that once were not allowed to pass through with the urine. As such, one may also release unnecessary fats and proteins with one's urine causing the water in the toilet to bubble. The filters of the kidneys are enlarged to allow for this for a more rapid pace of biological transmutation by initiation 1800-2200 in most initiates.

By initiation 3800, the kidneys also develop the capacity to create oxygen from water through a simple enzyme that breaks off the oxygen molecules from the hydrogen molecules of H₂O. This allows one to create as much oxygen as necessary if one is deprived for some reason through the breath. Additionally, the kidneys can create as much water from oxygen and hydrogen as necessary to prevent dehydration. This alteration in the kidneys forms by initiation 6600. The blueprint for this system of creating water as necessary comes from the Inuit Root Race. Again if one has not lineages of this nature, one may not have the genealogical information to build such a system in this lifetime.

The crystalline bladder grows to have multiple ducts leading to the urethra. One of the ducts allows for toxins to be pressed into the urine straight from a small holding tank near a large artery. This increases the capacity to detoxify excessive pus and other toxins in the blood straight through the urine. The blueprint for the holding tank comes from the Aboriginal root race (Australia). Those who have not lineages to this root race may not have a genealogical template for this in one's ancestry.

THE CRYSTALLINE REPRODUCTIVE SYSTEM

The crystalline reproductive system offers the capacity to balance the hormones so that one does not conceive. Much like taking the pill, one's hormones adjust to a state of "non-conception". Although Mila has had these hormones in place for a long time, she continues to menstruate each month although no egg has been produced in many years. Why is this so? The push and pull of the tides due to the electrical geometry that has yet to be fully released from Earth's biosphere presses her body to build blood and then release it, much as the tide ebbs and flows. Why are energy systems so invasive upon Mila's field? It has to do with collective consciousness that believes that women menstruate and are fertile each month and this has overridden Mila's system.

In the new dream, Mila is striving to shut off her cycles now. It will be interesting to see if this can be accomplished. However the balancing of hormones does create a natural birth control as there are no eggs produced or ripened for conception. This is the true crystalline biology in action. The ability to shut off reproduction or the creation of eggs within one's hormonal system can be

accomplished by initiation 7000. The information for this lies in most ancestries as it was once a way of being amongst all red nations' tribes. Reproduction was intended; it did not occur unless there was a conscious choice to bring in a child. In time so this will be into the future and as more master 7000 strands or higher in vibration.

THE CRYSTALLINE REGENERATION SYSTEM

For women and men, a more refined hormonal system develops in the crystalline biology in support of regeneration of the cellular structure. Hormones are substances that allow for communication between the master glands and the rest of the biology; they are also substances that hold the holographic blueprint for the regeneration of the crystalline cellular structure. Testosterone and progesterone are two hormones associated with regeneration. Primarily these hormones lubricate the cells so that they stay soft and moist. It is for this reason as humans age and cease to produce as much of these two hormones that the skin becomes hard and wrinkled. Those ascending will begin to produce these hormones again if they have shut off as the testes and ovaries are resurrected enough to do so. Some women who have gone through menopause may begin to menstruate again; this too is a sign of regeneration and should be embraced.

The crystalline regeneration system develops 12 additional hormones for this purpose. In the female, 12 new glands grow under the labia major and mounds pubis that produce these new hormones. In the male, the 12 glands grow in the testes causing them to become twice as large as one's pre-ascension state of being. Oa has noticed how difficult it is to walk given the size of the testes; he has found that underpants that hold the balls closer to the body are helpful. Ah the difficulties of ascension!

Each of the 12 hormones has a specific type of regeneration that they accomplish. Hormone 1 holds the blueprint to regenerate the skin and hair along with hair follicles. Hormone 2 holds the blueprint to regenerate mucous membranes such as one's eyes, inside of the mouth and inside of the vaginal area or anal areas. Hormones 3 and 4 hold the blueprints necessary to regenerate the muscular structure and ligaments. Hormones 5, 6 and 7 hold the blueprint to regenerate the organs such as the kidneys, liver, spleen, pancreas and heart. Hormone 8 and 9 hold the blueprint for the regeneration of the circulatory and lymph systems. Hormone 10 holds the blueprint for the regeneration of the bone structure. Hormones 11 and 12 hold the blueprint for the regeneration of the nervous system. Each hormone hosts a holographic blueprint for the structure and function of each cell within the associated organ, gland or system so that it can aid in the regeneration of the associated part of the biology. The crystalline hormonal system develops by initiation 4600 in full.

One can see in this that the body is moving back to a holographic state of being. As the holographic state of being becomes cellular, then each cell recalls what it is to do in support of the overall health of the whole. The hormones hold key roles in this; it was as the hormones forgot how each organ gland or system was to be regenerated that humanity fell into aging and disease. As this is rectified through

ascension, regeneration can again become the norm for the human species. Humans will regain their health and longevity allowing for more spiritual understanding of the life experience; this adds to the “awakening” of the human species out of its slumber.

THE CRYSTALLINE SKIN AND SENSORY ORGANS

Crystalline skin becomes soft, subtle and youthful again. Wrinkles disappear as enough oils are present upon the skin to fully regenerate. Pulling off dead skin cells will increase the capacity of more of the epidermis to become crystalline. It is for this reason that Mila and Oa use salt scrubs daily along with take weekly mud baths, as these pull off the dead skin so that the skin underneath can regenerate more readily. The regeneration capacity of the skin increases with the further ascent, but generally is well underway by initiation 2200. Regions that appear not to regenerate adequately, such as the face, feet, hands or other areas may be lacking regeneration chakras. It is as the regeneration chakras spin that the skin is regenerated along with all other regions in the biology associated.

Crystalline skin may become darker in color with more melanin (the substance triggered as one tans). This is due to red nation DNA encoding for the skin. One can also pull more red DNA encoding to make one more resonant with your current yellow-orange sun and protect against sunburn. Long ago Mila learned that she could create an energetic shield over her face and body when sun bathing to filter out those rays that would damage her skin. She rarely burned as a result. Oa also learned this technique and it is one that each can intend to create for themselves if one enjoys spending time in the sun.

Crystalline skin will have more hair follicles, even on the face and in places that hair normally does not grow. This is due to the fact that it is the hair follicles that not only protect the skin from the sun by creating a small amount of fine shade, but also can create warmth in the winter. Oa could easily grow a fur coat, so thick has the hair covering his legs, arms and body become of very fine blond hair. Mila of course still shaves her legs and forearms and face due to current standards of beauty, and finds it cooler while in the heat of the islands. The animal kingdoms have watched her shave and likened it to molting in the summer! Nothing is right or wrong and it makes Mila happier to have smooth legs and forearms as well as underarms and facial skin. Embrace the increased hair as a sign of regeneration and if you like, much like Mila, shave it off!

Crystalline eyes will improve sight to a point of not requiring glasses any longer if one so chooses to intend it so. Near sightedness is associated with the shape of the eye that is too round; the round shape causes the inner screen that sight is projected upon to be curved making vision blurry at a distance. Intend to reshape the eyes to be more flat, and step the change into the physical and one will have 20-20 vision again. Far sightedness is from the opposite where the eyes are too flat and the screen then causes blurry vision up close. Intend to reshape the eyes to become more round and one will ascend into 20-20 vision. One may also have to release karma in the ancestry for how one became near or far sighted in the process, but it is doable.

Crystalline smell may increase to perceive the nonphysical aromas around oneself. Nonphysical aromas can be good and bad. Long ago Mila noticed that sometimes her son smelled like baby poop even after she had changed him. Then she noticed that he had picked up a load of stinky entities on the playground. As she had her son return the entities to the playground, he would smell sweet again. So this is so for 90% of smells that are bad; most is nonphysical and one can intend that they be sent off Earth through the kundahlini of the sun for transmutation. In parallel manner, one can call pleasant orders around oneself such as floral, wood or spicy scents. Mila often does this in conjunction with placing essential oils upon her skin or in aroma therapy burners in the room.

Crystalline taste may amplify the number of taste buds upon the tongue as well as receptors in the nose. One may be able to taste and smell more as a result causing certain herbs or foods to be more complex to experience while dining. Mila noticed also that the taste buds can expand leading to communion with the associated kingdom that is quite beautiful to experience. This is triggered as one rubs the tongue with some essential oil for a minute or so until the taste buds open. In the expanded state, even more taste is experience. Mila found certain essential oils were sweet, bitter and salty at the same time if placed upon the tongue when the buds had opened in this manner. She also experienced the energetic communion with the associated kingdom. Mila cleanses her tongue generally to clear her spoken communications so that they will be a sincere reflection of the kingdom she is channeling for or the Earth Mother or Tao. Rubbing the tongue also triggers the entire digestive system to run.

Long ago the Grand Masters would balance themselves with small amounts of tinctures and sacred oils by rubbing certain tastes upon the tongue. The Grand Masters did not consume to subsist; and so they would use tastes to assist in retaining their balance. If they required more water element, they would rub salty tastes upon the tongue; if they required more air element they would rub sweet tasting oils upon the tongue; if they required more fire element, they would rub more sour tasting substances upon the tongue; and if they required more earth element they would rub bitter tasting substances upon the tongue. The expanded taste buds would relay the information to the brain which would alter the hormones to balance the biology for health.

Crystalline hearing includes an ability to hear telepathic thoughts or words as well as hear in the physical. Telepathy is really just an ability to hear the nonphysical that is present in one's field. There are also nonphysical music planes that one can attune to and hear music without a CD player. These are abilities that were present for most red nation root races who could clearly hear nature as a result and at the time that they were first seeded. Opening to telepathic hearing is the first step; but one must be careful about who one is listening to as the false gods will like to communicate with you through these as well as Earth and nature. Far better perhaps to ascend into holographic communication instead in the long haul as then one will be more assured to have clearer guidance in support of ascension more of the time.

Holographic communication flows through the heart chakra as the human hologram therein spins. The human hologram is anchored around 2400-2600 strands and as the heart lotus begins to bud. As one spins the hologram at certain rotations, one will hear nature kingdoms, Earth or one's soul. It takes time to learn to sustain a particular spin to attune one to a particular bandwidth to hear the thoughts of soul, nature or Earth, but the more that one practices the easier it becomes. (See "Opening the Heart" in Messages from the Earth Mother III for more information.)

Touch may become more sensitive as the crystalline nerves prevail under the skin. Sometimes the nerves will fire when there are etheric stuck points making the pain that is really nonphysical feel physical. Sometimes muscles will even spasm in response and if the associated nerves are triggered enough. Moving the kundahlini and spinning up the field while taking a gentle walk or swim or hot bath will cause the stuck point to release; then the nerve shall cease to be triggered and the spasm cease. Another focus can be to take the stuck point that at cause of the feeling of pain and stretch it out over one's entire field; most experience instant relief with this intention and it allows one's entire field to spin off the density of the current ascension moment instead of just the regeneration chakras.

THE CRYSTALLINE NERVOUS SYSTEM

The crystalline nervous system has a series of changes that occur in ascension to various levels of vibration. We will strive now to shed light upon how the brain and nerves alter in the crystalline blueprint so that each may better understand. The brain is made up of two hemispheres that act much as a circuit board in a computer. Within the hemispheres are neurons and synapses and as they are fired in a particular algorithmic pattern, they cause consciousness or the experiencing of being alive as a human. Underneath the hemispheres is the interpretive center of the brain, or what scientists call the hippocampus. In the core of this is what scientists call the "pain or pleasure" center. This is from the memory of Mila's studies in psychology at the University long ago.

From Earth's point of view, the region under the hemispheres is where the algorithmic pattern of neurons firing upon the two hemispheres is interpreted or understood. What causes the neurons to fire? Primarily the energetic exchanges between humans or between kingdoms; there is an energetic exchange between any two humans that meet for any reason; the neurons then fire in a particular algorithmic pattern that then leads to the experience, conversation, sharing and exchange that occurs.

When there is fear between two or more humans, an algorithmic pattern associated with fear goes off within the neurons of the hemispheres; when there is anger, a pattern associated with anger is triggered; when there are thoughts of judgment or non-judgment, greed or generosity, lust or rejection, suffering or harmony, pain or pleasure, fear or peace, death or life, there is an algorithmic pattern associated with each that is triggered in the firing of the neurons of the brain.

Ascension brings about a reprogramming of the neural algorithmic patterns to bring about a response of unity in place of polarity. We have witnessed those who ascended without reprogramming the neural system; this led to more extreme expressions of polarity in the life dance. Generally those with a brain drawn from Anu lineages in the tapestry when the brain was constructed in the womb are incapable of ascending into unity. This is why they are restrained at 1800 strands in vibration at this time as increasing emotional upheaval is the experience beyond 1800 strands due to an inability to understand the Language of Light or move towards unity in the dance of life. The reason for this is ultimately the brain chemistry which cannot be altered towards red Sirian DNA from an Anu blueprint.

Those with a Sirian brain and brain stem can begin to alter the algorithmic response of the neurons to that of unity based patterns of forgiveness, truth, peace, unity, non-conditional love and harmony. This occurs first as the biochemistry makes a shift from a system that is reactionary or in other terms fires all day long whether there is something justifying the neurons to be triggered or not. Humans associate this with "stress" today. Stress comes from interactions with any other human or group of humans causing the neurons to literally fire all day long causing tension in the muscular structure, particularly in the back of the neck and/or lower back amongst most at two strands of DNA. Mila recalls being frightened most of the time that she was alone and tense amongst most others except those who participated in the psychic work that she learned in her early days of study. The psychic work allowed her to learn to ground and reduce the stress by pressing the energetic tension that was caused by interaction with other people down her grounding cord. Through these simple meditative techniques, Mila reduced stress by 40 to 60% as a result in her early evolution.

Ascension brings about a restructuring of the biochemistry so that it ceases to fire all day long and inside of human interactions. Crystalline neurons only fire if there is conversation or some sort of verbal exchange, and then in association only with the nature of the exchange. So if the exchange is amongst other ascending humans at Conclave, unity based algorithmic responses occur in the brain of those whose hemispheres have been altered enough to allow for it leading to greater experiences of unity together.

The experience of unity is directly related to the perception of the circumstance, and the perception is directly related to the algorithmic patterning of how the neurons fire in the brain in each exchange. The alteration to the neurons and algorithmic patterns of the brain are continuous throughout one's ascension; one is forever learning new patterns that increase one's perception in the unity paradigm. Therefore one will never cease ascending or understanding new concepts even though one may be limited to a particular vibratory rate in this lifetime due to limited genealogy. Once the brain becomes fully crystalline, it is unlimited in the number of algorithmic unity based patterns it may learn allowing for continued evolution nonetheless. The brain becomes fully crystalline by initiation 3000 in most initiates.

The perceptive center interprets the algorithmic patterns that are relayed from the right and left hemisphere. The left hemisphere is associated with language and so the words associated with any experience come from the algorithmic patterns in the left hemisphere. The right hemisphere is associated with emotion or non-verbal language and therefore the experience of feeling or kinesthetic knowing comes from the algorithmic patterns occurring in the right hemisphere. The two are combined in the perception center to allow for both verbal and emotional understanding of any circumstance. This is vital to the understanding of the Language of Light which is both emotional and verbal in nature. The perception center also continues to evolve throughout the life and is unlimited in its ability to make new interpretations regardless of one's limitation in crystalline DNA in the rest of the biology.

This is why Mila has said again and again that ascension does not stop just because one has not genealogy to the next level of frequency in the human biology; as one's perceptions and experiences will continue to evolve and change nonetheless. This is more important than ascending in genetics from Earth's point of view, as it is the emotional understanding gained as one learns the spiritual lessons of the karmic dance around oneself that leads to the momentum of the emerging unity paradigm in the dance of life. As humans can learn to relate again from love and unity, the entire dance can change and one is not limited in moving towards this goal regardless of where one rests in their ascent in this lifetime.

The perception center also goes through a biochemical alteration along with the biochemistry of the neurons and synapses of the hemispheres. Mila has not enough of a medical background to put these changes in anything but laymen terms. The alteration has to do with the release of limited bandwidths of thought-form and the embracing of more expansive bandwidths of thought-form. The Language of Light is a more expansive thought-form that begins at roughly 2200 strands and ends around 48,000 strands of DNA in vibratory bandwidths that surround Earth. It is beyond 48,000 strands that one begins to move towards photonic biology and the Language of One; prior to this one is working with the Language of Light and attracting this thought-form to the field and perception center.

The perception center gathers Language of Light thoughts through a pocket of photonic fluid that is constructed in the center of the brain beginning at 2200 strands of DNA that host fat cells that carry photon energy. The more photonic pockets in this region of domain that develop, the greater one's ability to begin to perceive life from the vantage point of the Language of Light rather than disunity or polarity based thoughts. What is it like to transcend into the Language of Light? From Mila's and Oa's own experience of it, one begins to perceive all sides of any given experience in a very personal way.

One may perceive the pain and suffering that another is going through in the physical, as well as the pain and suffering one is feeling in the nonphysical due to psychic abuse. One may perceive that the other has no control over the unconscious game and does not understand it in the physical. One begins to perceive all truths and then can have compassion for all scripts in the cast of

characters in one's life dance. From this, one will then learn to have compassion for those who do not understand and from such a state of being, judge or are harmful; and for oneself in how difficult it is to ascend inside the current destructive paradigm. This is how compassion in action is learned in ascension.

As one forgives, the dance also concludes in the unconscious. Forgiveness requires that one cease to participate in the unconscious abuse by oneself in this life or within any other ancestral life; as one forgives all sides, then the dance changes and one pulls out of the game of harmful energy flow. How does this work within the hemispheres and perception center of the brain? Forgiveness releases a chemical that alters the algorithmic patterning in the neurons; as the patterning changes, one no longer creates the pattern that causes one emotional or energetic suffering. As all algorithmic patterns at cause of suffering are transmuted to new patterns that allow for balance and joy, then one steps out of any experience of suffering into the future. Mila and Oa are just beginning to move into this direction of greater ongoing peace, as there are so many algorithmic patterns associated with non-joy and suffering encoded into the human brain.

Where did all the patterns of suffering and non-joy come from? Humans upon Earth have taken on all the patterns associated with Sirian humans and Pleiadian humans and many other human civilizations that desired not to transmute their patterns of suffering but simply slough them off elsewhere. In so doing, the associated neural genetics were moved to humans upon Earth rather than transcended in their ascent or continued existence. Machines were probably created to remove patterns within their civilizations and fractured them off into the unconscious where they were then moved to Earth. This of course resolves nothing as humans have really never moved out of their biological state of suffering; they have only deferred to it other relations in other creations. This does not work, and so Mila and Oa set out many years ago to transmute all patterns that created suffering, and have accomplished this goal more or less as of late.

This is where Mila and Oa work well together in dreamtime. Mila is very good at bringing in new algorithmic patterns as she scopes out information from the Tao or Great Central Sun; Oa is very gifted at finding a way to make the new pattern fit into the neural transmitters that he and she have. Then they are each gifted at stepping the pattern down so that others in vibratory rates beneath them can embrace the new algorithmic patterns as well, leading to greater forgiveness, compassion, non-conditional love along with life experiences of unity and joy. One must still transmute the old algorithmic patterns associated with suffering or non-joy or pain as well as the associated karma to embrace the new; however much of the original cause of these patterns came from other creations and so one can intend simply to press the original cause of any algorithmic brain pattern that is not from Earth to its creation of origin and step out of the game.

Certain foods are also helpful for humans to embrace new algorithmic patterns of the Language of Light in ascension. One of such foods is chocolate. Chocolate hosts an acid that is useful in restructuring neural patterning. It is for this reason

that Mila and Oa serve a load of chocolate at Intensives as it assists each attending in embracing the new thoughts offered by Earth and the Tao. Another helpful food is peanut butter or other nuts or nut butters. Nuts host fats or lipids also useful in the reprogramming of algorithmic patterning of the brain. Humans also love to combine chocolate and nuts, and so perhaps in this they recognize that this is a necessary food now at this time of ascension. So enjoy your chocolates and nuts beloved!

SUMMARY

To reprogram the biology for unity, regeneration, and health, all parts of the biology must ascend so that a complete crystalline structure is created that encompasses each organ, gland and system. We hope in going through the nature of the crystalline structure that each will better be able to assess where they are strong or weak in this process in their ascension to date. The worksheet section of this chapter will be useful in making one's own assessment of one's ascent to date.

Earth reminds each that intention is everything. Intend to repair and replace a particular set of encoding or DNA where one is weak or one's ascension is behind, and the nonphysical strives to deliver upon one's commands. However if one is surrounded with non-supportive nonphysical forces, then it is highly likely that one's commands may be only partially fulfilled upon or perhaps not fulfilled upon at all. Learning to manage the field in a way that causes such nonphysical forces less to no say over one's ascension is therefore useful before one endeavors to command parts of the biology that are behind to catch up in the ascent. (See Chapter 5 for more information on managing one's field in ascension.)

The next chapter shall focus upon managing one's dream. The order and sequence of the chapters build upon one another. It is for this reason that we guide each to read and work with the worksheets in the order that they are presented. Also one may return to certain chapters again and again to assist with the next level of ascent one is mastering as a sort of template to assure that one is thorough in this process. As more ascending initiates are thorough, the better the map constructed for the incoming children shall be. This shall birth healthy ascending crystalline children that will be able to handle the energy enough to assist in holding a new dream for mankind. This is the hope and dream of Earth.

Until our next communication,
Namaste
The Earth Mother

CHAPTER 6 WORKSHEET

MANAGING ONE'S GRID WORK AND BIOLOGICAL ASCENT

The Earth Mother through Karen Danrich "Mila"

September 25, 2005

This worksheet is devoted to assisting initiates in recognizing where one is still suffering from grid work manipulations or exchanges as well as assuring all parts of the biology are ascending to the same level of frequency. It is as parts of the biology fall too far behind that one will ascend into disease; and so this worksheet is specifically designed to prevent disease in ascension by bringing to consciousness where one is behind and making intentions to allow for the associated region to ascend into the crystalline structure in the physical.

Veils of illusion are problematic often for muscle testing or pendulum testing. Veils are electrical frequencies that create a screen upon which one's own belief or preferences are relayed back as truth. We recently heard of an initiate in Europe who had thought they had mastered 7000 strands as this is what they continually muscle tested. They are not in our program; however they went to the hospital to have an x-ray of the chest to prove to their spouse that they had an eight ventricle heart. This of course proved not to be so; and as this initiate had written to us, we suggested a consultation with someone who was sincerely mastering as the land in Europe really cannot sustain anyone much above 3000 strands due to the density that remains there (except Sweden and Norway that are bathed of the frequencies of the inner earth.) Very disappointing but this is an example of veils of illusion; as they had muscle tested, the veils in the field continued to give them the response of what they wanted to believe (that they were at 7000 strands) rather than the 1800 strands that the healing temples for ascension had assessed.

There is little point in going through this exercise and receiving faulty responses. Therefore Earth guides each to clear the field, synthesize (you can work with any of the healing meditations for this from Mila and Oa's CDs), retrieve any missing notes in the Language of Light and consume any entity or device that would like to give you a faulty response. Intend also to lift all veils and remove any electrical discord by pressing it down the aurora through intention. Then proceed forward with your muscle testing or pendulum testing. Also test once then intend to lift all veils and test again to crosscheck one's accuracy.

Another initiate in our program increased the accuracy of muscle testing by intending that all personality and false gods or dark lords step aside into a "waiting room" until they were done. One can also intend to anchor the nature kingdoms that have agreed to support one's ascent. The Bear Kingdom has agreed to be the keeper of the void or unconscious for all humans; so call upon Bear plus all other kingdoms that one enjoys a relationship unto. In this manner, one will also increase the accuracy of the responses to this section, or any section for that matter in this workbook.

It is expected that each will find various parts of the biology at various vibrations. If one has a range say of 800 to 2200 strands of DNA in the form, this will average out 1800 strands in mastery. If one has a range of 1024 to 2800 strands, one's average will be 2200 strands in

mastery. If one has a range of 1800-3000 strands, one's average will be 2600 strands in mastery. If one has a range of 2200-3800 strands, then one will be 3000 strands in mastery. If one has a range of 2800-4600 strands, one will be 3800 strands in mastery. If one has a range of 3200-5600 strands, one will be 4600 in mastery. If one has a range of 3800-6800 strands in vibration, one will be 5500 in mastery. If one has a range of 4600-7200, one will be 6000 in mastery. If one has a range of 5800-9000, one will be 9000 in mastery at this time. However the goal is to bring up the lowest denominator to the highest vibration possible so that one does not ascend into disease.

If one has a range much lower and higher, one is most likely splitting light and dark to some degree. For those with this problem, focusing upon the lowest regions of the form so that these can ascend is the best possible focus following the analysis from this worksheet. This is the purpose of this analysis. Understand that no biology ascends evenly; where one is behind are the most difficult spiritual lessons perhaps one has to come to understand to create a complete ascension in this lifetime.

Blessings
Earth Mother

MANAGING THE GRID WORK AND BIOLOGICAL ASCENT

LANGUAGE ASSESSMENT

LESSON	INTENTIONS
<p>1. How many etheric languages are you operating at in the sub atomic (elemental) region of domain? _____</p> <p>2. Out of these languages, what percentage come from</p> <p style="padding-left: 40px;">_____ Sirius _____ Pleiades</p> <p style="padding-left: 40px;">_____ Orion _____ Albyreon</p> <p style="padding-left: 40px;">_____ Other (unknown)</p> <p>3. How many etheric languages are you operating at in the atomic region of domain? _____</p> <p>4. Out of these languages, what percentage come from</p> <p style="padding-left: 40px;">_____ Sirius _____ Pleiades</p> <p style="padding-left: 40px;">_____ Orion _____ Albyreon</p> <p style="padding-left: 40px;">_____ Other (unknown)</p> <p>5. How many etheric languages are you operating at in the molecular region of domain? _____</p> <p>6. Out of these languages, what percentage come from</p> <p style="padding-left: 40px;">_____ Sirius _____ Pleiades</p> <p style="padding-left: 40px;">_____ Orion _____ Albyreon</p> <p style="padding-left: 40px;">_____ Other (unknown)</p>	<p><i>I intend to reprogram my subatomic or elemental level with Sirian based magnetic language from my Sirian ancestors.</i></p> <p><i>I intend to erase any Pleiadian, Orion, Albyreon or other languages upon a subatomic level with a Sirian based magnetic language.</i></p> <p><i>I intend to reprogram my atomic level with Sirian based magnetic language from my Sirian ancestors.</i></p> <p><i>I intend to erase any Pleiadian, Orion, Albyreon or other languages upon an atomic level with a Sirian based magnetic language.</i></p> <p><i>I intend to connect to the Temple of Molecular Languages to accomplish this task.</i></p> <p><i>I intend to reprogram my molecular level with Sirian based magnetic language from my Sirian ancestors.</i></p> <p><i>I intend to erase any Pleiadian, Orion, Albyreon or other languages upon a molecular level with a Sirian based magnetic language.</i></p> <p><i>I intend to connect to the Temple of Molecular Languages to accomplish this task.</i></p>

ELEMENT BALANCE ASSESSMENT

LESSON	INTENTIONS
<p>1. Overall, I tend to run excessive element(s) of _____ Air _____ Water _____ Earth _____ Fire</p> <p>2. In my pre-ascension nature, overall I tended to run excessive element(s) of _____ Air _____ Water _____ Earth _____ Fire</p> <p>3. In my pre-ascension nature, overall I tended to be a: (from Transmissions IV "Maintaining One's Health") _____ Vata _____ Pita _____ Kapha _____ Wata</p> <p>4. Tastes I tend to prefer: _____ Sweet _____ Spicy _____ Salt _____ Bitter-Sour</p> <p>5. Tastes I tend to reject: _____ Sweet _____ Spicy _____ Salt _____ Bitter-Sour</p>	<p><i>I intend to embrace the personality traits of one who hosts balanced elements of the Language of Light and release those associated with polarity or extremes.</i></p> <p><i>I intend to release my birth astrology that is polarized in elements and embrace the new astrology that hosts the presence of all four elements</i></p> <p><i>I intend to eat all foods with all tastes to assist in balancing air, water, fire, and earth in the physical.</i></p> <p><i>I intend to release all karma with food and tastes that I have rejected in this lifetime so that I am assured of receiving all the nutrients I require to ascend.</i></p>

ELEMENTS AND TASTE

<p style="text-align: center;">Element of Air and Ether <i>Taste: Sweet</i> <i>Thought-Form: Sweetness of Life</i> <i>Associated with "Vatas"</i></p> 	<p style="text-align: center;">Element of Fire and Smoke <i>Taste: Spicy-Hot</i> <i>Thought-Form: Zest for Life or Passion</i> <i>Associated with "Pitas"</i></p> 
<p style="text-align: center;">Element of Water and Vapor <i>Taste: Salt</i> <i>Thought-Form: The Salt of Earth or Feeling one's Emotions</i> <i>Associated with "Watas"</i></p> 	<p style="text-align: center;">Element of Earth and Lava <i>Taste: Bitter-Sour</i> <i>Thought-Form: Grounded and Centered</i> <i>Associated with Kaphas</i></p> 

3 What regions of my form tend to host excessive fire element and potentially combust the water element associated?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I intend to release the karma for excessive fire element throughout my etheric body and field.

I intend to release my ancestral karma for combustion.

I intend to release my ancestral karma for nuclear warfare and annihilation.

I forgive those ancestors who perpetrated nuclear poison upon others.

I forgive those ancestors who died of nuclear poison.

I forgive those ancestors who combust in the pyramids of Egypt and created as much radiation as nuclear war.

I forgive my ancestors who combust in mineral pyramids in Atlantis.

I forgive the pharaohs and gurus of the times that led them to believe that combustion in the pyramids was ascension.

I intend to balance the fire element throughout my field and kundahlini.

I forgive the Anu and my Anu relations for blending DNA in such a manner that there are imbalanced elements.

I intend to release all patterning associated with excessive fire element and nuclear poisoning in all parts of my biology associated.

4 What regions of my form tend to host too little fire element and as a result may also host energetic poison?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I forgive my ancestors for participating in the game of poison and using foreign languages that are poisonous to the magnetic language that red nations' humans and Earth exists within.

I forgive my ancestors for poisoning one another unto death as they ceased to be able to consciously intend to die.

I forgive my ancestors for poisoning nature with foreign tones of creation that were non-harmonious with Earth.

I forgive my ancestors for poisoning one another due to unconscious maliciousness and practices of sorcery.

I forgive all sorcerer ancestors for all that they perpetrated.

I forgive those ancestors harmed by the sorcerers in their incarnation.

I intend to release all poison in all regions of my biology hosting too little fire element and rebalance the elements therein.

I forgive the Anu and my Anu relations for blending DNA in such a manner that there are imbalanced elements.

I forgive the Anu and my Anu relations for importing the Pleiadian language to Earth that was poisonous unto her.

I intend to release all patterning associated with too little fire element and etheric poison in all parts of my biology associated.

5 What regions of my form tend to host excessive water element?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I intend to forgive those ancestors who died in the great floods caused by the breaking of the ice shields.

I intend to forgive those ancestors that participated in the bartering of minerals to such an extent that the ice shields broke.

I intend to forgive those ancestors who created the ice shields in the first place against the will or knowledge of Earth.

I intend to make peace with the water element.

I intend to forgive my ancestors for consuming life in the sea or water.

I intend to forgive my Anu ancestors for importing electrical water element unto Earth that is poisonous to her field and form.

I intend for forgive my Anu ancestors for altering the biosphere of Earth such that the elements became imbalanced.

I intend to release all patterning associated with excessive water element in all parts of my biology associated.

6 What regions of my form tend to host too little water element?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I intend to forgive my ancestors for the participation in nuclear warfare or use of nuclear/radioactive energy for any purpose.

I intend to forgive my ancestors for creating radioactive or electrical technology.

I intend to forgive my ancestors who used the radioactive or electrical technology leading to the combustion of the water element and a slower metabolism and hence a fall in consciousness.

I intend to ascend out of all falls that occurred due to excessive radiation present upon Earth including the combustion of the fields of those having a false ascent.

I intend to forgive the Anu for importing radioactive materials to excess upon Earth causing her elements to polarize even more greatly.

I forgive the Anu for creating the first nuclear annihilation upon Earth.

I forgive all ancestors who died in a nuclear annihilation in any time period upon Earth.

I intend to release all patterning associated with too little water element in all parts of my biology associated.

7 What regions of my form tend to host excessive air element (noxious gases)?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I intend to forgive my ancestors for creating air pollution in any time period that they did so.

I forgive my ancestors for creating technology that lead to air pollution in any time period that they did so.

I intend that my future ancestors learn to create technology and housing that is resonant with Earth and the continued health and ascension of the whole.

I intend to forgive my ancestors who were involved in any manner in the creation or launching of nuclear bombs that they had the affect of reducing the air element to a point that much of nature as well as humans died due to suffocation.

I forgive those ancestors that died of suffocation living near any nuclear holocaust in any time period in human history.

I intend to release all patterning associated with too much air element in all parts of my biology associated.

8 What regions of my form tend to host too little air element?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I forgive my ancestors for those preoccupations that reduced the air element upon earth.

I forgive my ancestors for participation in any form of radiation including warfare or technology.

I forgive my ancestors that participated in the construction of nuclear bombs.

I forgive my ancestors who detonated nuclear bombs in any time period reducing the ether element to an extreme upon Earth.

I forgive those ancestors who cut down the forests to an extreme creating cities or regions without enough air element.

I forgive my ancestors for the reduction of the tree kingdom in many time periods to a point that it reduced the amount of global oxygen available to all kingdoms.

I intend that my future ancestors learn to live in peace in nature rather than destroying nature to carve a place to live.

I intend to have many plants in my home and workplace to provide the air I require to regenerate my crystalline biology.

I intend to release all patterning associated with too little air element in all parts of my biology associated.

9 What regions of my form tend to host excessive earth element?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I forgive those ancestors who had way too much food causing an excessively large form while others starved in other regions upon earth.

I forgive those ancestors who starved due to a lack of body level dream.

I forgive those ancestors who took the body level dream from others creating a heavier form than necessary.

I intend to ascend into just the right size and weight to support my crystalline biology.

I forgive my ancestors for excessive consumption of any kind that lead to excessive consumption of nature.

I intend that my future ancestors learn to take from nature in balance to what they give.

I intend that I and my future ancestors cease to consume unnecessary products or food out of a lack of love within.

I intend to master communion with nature and learn to feel loved from within.

I intend to give away those objects and possessions that no longer serve upon my path of ascension.

I intend to release all patterning associated with too much earth element in all parts of my biology associated.

10 What regions of my form tend to host too little earth element?

___ Nervous System

___ Brain ___ Brainstem ___ Spinal Column
___ Spinal Cord ___ Nerves ___ Pineal Gland
___ Pituitary Gland

___ Breath of Life

___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

___ Esophagus ___ Stomach ___ Small Intestine
___ Large Intestine ___ Gall Bladder ___ Kidneys
___ Bladder

___ Circulatory System

___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

___ Uterus ___ Ovaries ___ Testes
___ Regeneration Glands

___ Metabolism

___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

___ Muscles ___ Bones
___ Head ___ Neck
___ Right Shoulder ___ Left Shoulder
___ Right Arm ___ Right Elbow ___ Right Hand
___ Right Leg ___ Right Knee ___ Right Foot
___ Left Arm ___ Left Elbow ___ Left Hand
___ Left Leg ___ Left Knee ___ Left Foot
___ Chest ___ Solar Plexus ___ Hips

I intend to forgive those ancestors who hoarded to excess and created starvation of others in any time period.

I intend to forgive those ancestors who caused nuclear annihilation which led to starvation due to the death of the nature kingdoms that sustain life.

I intend to forgive those ancestors who starved themselves to remain thin in time periods that the thin structure was perceived as more beautiful than any others.

I intend to forgive those ancestors who starved themselves from a desire to live out of body and ungrounded due to the painful nature of life in the human dream.

I intend to forgive myself for starving myself through the practice of "diet" in this lifetime.

I intend to forgive my ancestors for taking the body dream of others leading to starvation elsewhere.

I intend to forgive myself to taking the body dream of another starving human or group of humans.

I intend that I and my future ancestors learn to allow enough body dreams for all humans incarnate upon Earth.

I intend to release all patterning associated with too little earth element in all parts of my biology associated.

5. What percentage of my overall molecular structure has embraced the triple lotus energy flow in present time? _____

One should have triple lotus flow in 25% of the etheric form by 2200 strands, 50% by 3000 strands, 75% by 4600 strands and 100% by 6000 strands.

6. Where in my etheric body is there missing or lacking triple lotus molecular flow?

___ Nervous System and Head

- ___ Brain ___ Brainstem ___ Spinal Column
- ___ Spinal Cord ___ Nerves ___ Pineal Gland
- ___ Pituitary Gland

___ Breath of Life

- ___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

- ___ Esophagus ___ Stomach ___ Small Intestine
- ___ Large Intestine ___ Gall Bladder ___ Kidneys
- ___ Bladder

___ Circulatory System

- ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
- ___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

- ___ Uterus ___ Ovaries ___ Testes
- ___ Regeneration Glands

___ Metabolism

- ___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

- ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

- ___ Muscles ___ Bones
- ___ Head ___ Neck
- ___ Right Shoulder ___ Left Shoulder
- ___ Right Arm ___ Right Elbow ___ Right Hand
- ___ Right Leg ___ Right Knee ___ Right Foot
- ___ Left Arm ___ Left Elbow ___ Left Hand
- ___ Left Leg ___ Left Knee ___ Left Foot
- ___ Chest ___ Solar Plexus ___ Hips

I intend to release all karma for how my ancestor's biology fell out of the triple lotus molecular structure over time.

I intend to restore the triple lotus molecular structure to the degree that I can ascend in this lifetime.

I intend that I or my future ancestors embrace the triple lotus molecular flow 100% into the future.

I intend to create triple lotus flow that is evenly dispersed throughout my etheric body.

I intend to spin up my molecules many times per day to assist in the momentum of opening new triple lotus molecular flow in my ascent.

I intend to create or increase triple lotus molecular flow in the following regions of the etheric body:

7. What part of my etheric body tends to not have enough photonic energy to ascend?

___ Nervous System and Head

- ___ Brain ___ Brainstem ___ Spinal Column
- ___ Spinal Cord ___ Nerves ___ Pineal Gland
- ___ Pituitary Gland

___ Breath of Life

- ___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management

- ___ Esophagus ___ Stomach ___ Small Intestine
- ___ Large Intestine ___ Gall Bladder ___ Kidneys
- ___ Bladder

___ Circulatory System

- ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
- ___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration

- ___ Uterus ___ Ovaries ___ Testes
- ___ Regeneration Glands

___ Metabolism

- ___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs

- ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure

- ___ Muscles ___ Bones
- ___ Head ___ Neck
- ___ Right Shoulder ___ Left Shoulder
- ___ Right Arm ___ Right Elbow ___ Right Hand
- ___ Right Leg ___ Right Knee ___ Right Foot
- ___ Left Arm ___ Left Elbow ___ Left Hand
- ___ Left Leg ___ Left Knee ___ Left Foot
- ___ Chest ___ Solar Plexus ___ Hips

I intend the development of photonic carrier cells in the spinal fluid of my nervous system.

I intend photonic carrier fluid to develop in the brain so that I may more readily understand the Language of Light and Language of One in this lifetime.

I intend to bathe all cells of my etheric body with enough photonic energy to ascend.

I intend to remove those mechanisms that get in the way of all etheric cells receiving enough photonic energy upon a daily basis to foster their ascension.

I intend to amplify the photonic energy available unto myself by drawing it from the aurora through conscious intention into my home and workplace.

I intend to increase the photonic flow in the following regions of the etheric body:

ASSESSING ETHERIC GRID WORK MANIPULATIONS

1. What part of my etheric grid work is turned inside out? *Inside out grid work will not hold the proper structure or function to allow for regeneration or ascension and can lead to disease.*

___ Nervous System and Head
 ___ Brain ___ Brainstem ___ Spinal Column
 ___ Spinal Cord ___ Nerves ___ Pineal Gland
 ___ Pituitary Gland

___ Breath of Life
 ___ Lungs ___ Diaphragm ___ Rib Cage

___ Digestion and Waste Management
 ___ Esophagus ___ Stomach ___ Small Intestine
 ___ Large Intestine ___ Gall Bladder ___ Kidneys
 ___ Bladder

___ Circulatory System
 ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph
 ___ Spleen ___ Bone Marrow

___ Reproduction or Regeneration
 ___ Uterus ___ Ovaries ___ Testes
 ___ Regeneration Glands

___ Metabolism
 ___ Thyroid ___ Thymus ___ Pancreas ___ Liver

___ Sensory Organs
 ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth

___ Body Structure
 ___ Muscles ___ Bones
 ___ Head ___ Neck
 ___ Right Shoulder ___ Left Shoulder
 ___ Right Arm ___ Right Elbow ___ Right Hand
 ___ Right Leg ___ Right Knee ___ Right Foot
 ___ Left Arm ___ Left Elbow ___ Left Hand
 ___ Left Leg ___ Left Knee ___ Left Foot
 ___ Chest ___ Solar Plexus ___ Hips

I intend to forgive my ancestors for participation of the game of turning grid work inside out to distort another in the game of sorcery.

I intend to forgive those ancestors who became diseased due to inside out grid work.

I intend to forgive my ancestors who caused nuclear annihilation leading to twisted grid work.

I intend to forgive my ancestors for becoming ill due to twisted grid work from nuclear fallouts.

I intend to release any and all mechanisms that turn my grid work inside out in any region of my etheric body.

I intend to forgive my sorcerer ancestors for participating in the game of turning the grid work of others inside out in order to manipulate them.

I forgive all ancestors who became diseased or caught a dream of death due to the turning inside out of their grid work by the sorcerers in their given life.

I intend to retrieve all information lost to the sorcerers in this life or any ancestral life.

I intend to return all information taken by sorcerer ancestors in my inheritance.

I intend to turn all grid work right side out in the following regions of domain:

2. **What part of the space between within my etheric grid work is turned inside out?** *Inside out space between grid work will not hold the proper structure or function to allow for regeneration or ascension and can lead to disease.*

Nervous System and Head
 Brain Brainstem Spinal Column
 Spinal Cord Nerves Pineal Gland
 Pituitary Gland

Breath of Life
 Lungs Diaphragm Rib Cage

Digestion and Waste Management
 Esophagus Stomach Small Intestine
 Large Intestine Gall Bladder Kidneys
 Bladder

Circulatory System
 Heart Lymph Nodes Veins Lymph
 Spleen Bone Marrow

Reproduction or Regeneration
 Uterus Ovaries Testes
 Regeneration Glands

Metabolism
 Thyroid Thymus Pancreas Liver

Sensory Organs
 Skin Eyes Ears Nose Mouth

Body Structure
 Muscles Bones
 Head Neck
 Right Shoulder Left Shoulder
 Right Arm Right Elbow Right Hand
 Right Leg Right Knee Right Foot
 Left Arm Left Elbow Left Hand
 Left Leg Left Knee Left Foot
 Chest Solar Plexus Hips

I intend to forgive my ancestors for participation of the game of turning the space between the grid work inside out to distort another in the game of sorcery.

I intend to forgive those ancestors who became diseased due to inside out space between of the grid work.

I intend to release any and all mechanisms that turn the space between of the grid work inside out in any region of my etheric body.

I intend to forgive my sorcerer ancestors for participating in the game of turning the space between of the etheric grid work of others inside out.

I forgive all ancestors who became diseased or caught a dream of death due to the manipulations to their space between in the etheric body by the sorcerers in their given life.

I intend to turn all space between of the grid work right side out in the following regions of domain:

3. **What part of my etheric structure is rotated to the right or left?** *Parts of the etheric body rotated to the right cause them to exist in the future; parts rotated to the left exist in the past. This is one way one can be manipulated from the past or future; it also splits one in time. Align all parts of the etheric grid work in present time and one will have an easier time of ascension.*

Nervous System and Head
 Brain Brainstem Spinal Column
 Spinal Cord Nerves Pineal Gland
 Pituitary Gland

Breath of Life
 Lungs Diaphragm Rib Cage

Digestion and Waste Management
 Esophagus Stomach Small Intestine
 Large Intestine Gall Bladder Kidneys
 Bladder

Circulatory System
 Heart Lymph Nodes Veins Lymph
 Spleen Bone Marrow

Reproduction or Regeneration
 Uterus Ovaries Testes
 Regeneration Glands

Metabolism
 Thyroid Thymus Pancreas Liver

Sensory Organs
 Skin Eyes Ears Nose Mouth

Body Structure
 Muscles Bones
 Head Neck
 Right Shoulder Left Shoulder
 Right Arm Right Elbow Right Hand
 Right Leg Right Knee Right Foot
 Left Arm Left Elbow Left Hand
 Left Leg Left Knee Left Foot
 Chest Solar Plexus Hips

I intend to forgive my ancestors for participation of the game of turning portions of the etheric body into the future or past thereby splitting in time.

I intend to forgive those ancestors who were sorcerers who participated in the game of splitting others in time.

I intend to cancel or erase all magnets that hold any part of my etheric body in the past or future.

I intend to forgive my sorcerer ancestors for participating in the game of splitting the etheric body in time.

I forgive all ancestors who became diseased or caught a dream of death due to etheric body time manipulations of the sorcerers in their given life.

I intend to release any and all mechanisms that hold any part of my etheric body in the past or future.

I intend to bring all of the following parts of the etheric body into present time:

4. What part of my field is rotated to the right or left? *Parts of the field rotated to the right cause them to exist in the future; parts rotated to the left exist in the past. This is one way one can be manipulated from the past or future; it also splits one in time. Align all parts of the field in present time and one will have an easier time of ascension.*

___ Chakra System

- ___ *Small Chakras inside the etheric body*
- ___ *Regeneration chakras*
- ___ *Grounding Chakras*
- ___ *Root chakra*
- ___ *Pelvic Chakra*
- ___ *Pelvic Lotus*
- ___ *Power Chakra*
- ___ *Diaphragm chakra*
- ___ *Heart Chakra*
- ___ *Heart Lotus*
- ___ *Communication chakra*
- ___ *Dream weaving chakra*
- ___ *Pituitary chakra*
- ___ *Pineal chakra*
- ___ *Crown Chakra*
- ___ *Source connection chakras*

___ Grid Work

- ___ *Biological grid work (against the etheric skin)*
- ___ *Ascension grid work (just outside etheric skin)*

___ Subtle Bodies

- ___ *Mental Body*
- ___ *Emotional Body*
- ___ *Intuitive Body*
- ___ *Creative Body*

___ Dreamtime Self

- ___ *Dreamtime body double*
- ___ *Dreamtime chakra system*

I intend to forgive my ancestors for participation of the game of turning portions of the field into the future or past.

I intend to forgive those ancestors who were sorcerers who participated in the game of splitting others in time.

I intend to cancel or erase all magnets that hold any part of my field in the past or future.

I intend to release any and all mechanisms that hold any part of my field in the past or future.

I intend to forgive my sorcerer ancestors for participating in the game of splitting others in time.

I forgive all ancestors who became diseased or caught a dream of death due to time manipulations of the sorcerers in their given life.

I forgive those ancestors who were at cause of a nuclear annihilation that splintered humans in time.

I forgive those ancestors who became diseased or died due to the splintering in time from nuclear fallouts.

I intend to bring all of the following parts of the field into present time:

5. What part of my field is turned inside out?
Inside out chakras, subtle bodies or dreamtime self will cause the field rotation to move in the wrong direction leading to a descending overall vibration and the possibility of catching a dream for an accident or death.

Chakra System

- Small Chakras inside the etheric body
- Regeneration chakras
- Grounding Chakras
- Root chakra
- Pelvic Chakra
- Pelvic Lotus
- Power Chakra
- Diaphragm chakra
- Heart Chakra
- Heart Lotus
- Communication chakra
- Dream weaving chakra
- Pituitary chakra
- Pineal chakra
- Crown Chakra
- Source connection chakras

Grid Work

- Biological grid work (against the etheric skin)
- Ascension grid work (just outside etheric skin)

Subtle Bodies

- Mental Body
- Emotional Body
- Intuitive Body
- Creative Body

Dreamtime Self

- Dreamtime body double
- Dreamtime chakra system

I intend to forgive my ancestors for participation of the game of turning portions of the field inside out.

I intend to forgive those ancestors who were sorcerers and participated in the game of turning the fields of others inside out so that they would catch a destructive dream and die.

I intend to cancel or erase all magnets that hold any part of my field inside out.

I intend to release any and all mechanisms that hold any part of my field inside out.

I intend to forgive my sorcerer ancestors for participating in the game of turning the fields of others inside out.

I forgive all ancestors who became diseased or caught a dream of death due to the manipulations of the sorcerers in their given life.

I intend to bring all of the following parts of the field right side out:

CRYSTALLINE BONES AND BONE MARROW

1. What vibration has each part of the bone structure in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Cranium Teeth and Jaw
 Spinal Column Rib Cage
 Right shoulder Right arm
 Right elbow Right hand
 Left shoulder Left arm
 Left elbow Left hand
 Sacrum and Hips
 Right leg Right knee Right foot
 Left leg Left knee Left foot

What herbs would be helpful in ascending into a complete crystalline bone structure? (See chapter 5 worksheet for Language of Light and herb list)

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my bone structure.

I intend to allow the following regions of the bones to catch up with those at as higher vibration:

2. What vibration has each part of the space between the cells within the bone structure in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Cranium Teeth and Jaw
 Spinal Column Rib Cage
 Right shoulder Right arm
 Right elbow Right hand
 Left shoulder Left arm
 Left elbow Left hand
 Sacrum and Hips
 Right leg Right knee Right foot
 Left leg Left knee Left foot

What herbs would be helpful in ascending the space between of the bones into a complete crystalline bone structure?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within the bone structure.

I intend to allow the following regions of the space between in the bones to catch up with those at as higher vibration:

3. **What vibration has each part of the bone marrow in my biology ascended to? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

_____ Left Rib Cage _____ Right Rib Cage
_____ Right Femur _____ Right Tibia
_____ Left Femur _____ Left Tibia
_____ Right Hip _____ Left Hip

What herbs would be helpful in ascending the bone marrow into a complete crystalline structure?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my bone marrow.

I intend to allow the following regions of the bone marrow to catch up with those at as higher vibration:

4. **What vibration has each part of the space between within the bone marrow in my biology ascended to? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

_____ Left Rib Cage _____ Right Rib Cage
_____ Right Femur _____ Right Tibia
_____ Left Femur _____ Left Tibia
_____ Right Hip _____ Left Hip

What herbs would be helpful in ascending the space between in the bone marrow into a complete crystalline structure?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within my bone marrow.

I intend to allow the following regions of the space between within the bone marrow to catch up with those at as higher vibration:

<p>5. What percentage of my red blood cells produced in the bone marrow are crystalline?</p> <hr/> <p><i>What herbs would be helpful in ascending the red blood cells into a complete crystalline structure?</i></p> <hr/>	<p><i>I intend to ascend 100% of my red blood cells to ascend into the crystalline blueprint to create a most thorough system of feeding and detoxifying my crystalline biology. I intend to release any karma necessary to do so.</i></p>
<p>NOTES</p>	

THE CRYSTALLINE MUSCLES AND LIGAMENTS

1. What vibration has each part of the muscle and ligaments in my biology ascended to? And what is the vibration in terms of DNA?
 (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Head Neck
 Right Shoulder Left Shoulder
 Right Arm Right Elbow Right Hand
 Right Leg Right Knee Right Foot
 Left Arm Left Elbow Left Hand
 Left Leg Left Knee Left Foot
 Chest Solar Plexus Hips

What herbs would be helpful in ascending the muscles and ligaments into a complete crystalline structure?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my muscular structure.

I intend to allow the following regions of the muscles and ligaments to catch up with those at as higher vibration:

2. What vibration has each part of the space between the cells within the muscular structure in my biology ascended to? And what is the vibration in terms of DNA?
 (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Head Neck
 Right Shoulder Left Shoulder
 Right Arm Right Elbow Right Hand
 Right Leg Right Knee Right Foot
 Left Arm Left Elbow Left Hand
 Left Leg Left Knee Left Foot
 Chest Solar Plexus Hips

What herbs would be helpful in ascending the space between the muscles and ligaments into a complete crystalline structure? _____

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within the muscular structure.

I intend to allow the following regions of the space between in the muscular structure to catch up with those at as higher vibration:

THE CRYSTALLINE CIRCULATORY AND LYMPH SYSTEMS

1. What vibration has the heart attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

I intend to release all karma associated with the development of a crystalline heart to the vibration that matches the ascent of the rest of the biology.

2. If I have passed 4600 in my overall ascent, has the six ventricle heart developed?

___ Yes ___ No

I intend to retrieve the information on a six ventricle heart from my ancestors who lived 22,000 years ago (88,000 human years) for myself or my future ancestors to ascend into.

3. If I have passed 7000 in my overall ascent, has the eight ventricle heart developed?

___ Yes ___ No

I intend to retrieve the information on an eight ventricle heart from my ancestors who lived 42,000 years ago (168,000 human years) for myself or my future ancestors to ascend into.

What herbs would be helpful in ascending the heart into a complete crystalline structure?

4. What vibration has the space between within heart attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

I intend to ascend the space between of the heart in full so that gases may pass through this part of the biology leading to health and regeneration.

5. If I have passed 4600 in my overall ascent, has the space between in the six ventricle heart developed into a crystalline structure?

___ Yes ___ No

I intend to ascend the entire heart to a six or eight ventricle system including the space between if I have the genealogy to do so in this lifetime.

6. If I have passed 7000 in my overall ascent, has the space between the eight ventricle heart developed into a crystalline structure?

___ Yes ___ No

What herbs would be helpful in ascending the space between within the heart into a complete crystalline structure?

What herbs would be helpful in ascending the space between the cells of the heart into a complete crystalline structure?

7. What vibration have the veins attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Head ____ Neck
____ Right Shoulder ____ Left Shoulder
____ Right Arm ____ Right Elbow ____ Right Hand
____ Right Leg ____ Right Knee ____ Right Foot
____ Left Arm ____ Left Elbow ____ Left Hand
____ Left Leg ____ Left Knee ____ Left Foot
____ Chest ____ Solar Plexus ____ Hips

What herbs would be helpful in ascending the veins into a complete crystalline structure?

8. What vibration has the space between of the veins attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Head ____ Neck
____ Right Shoulder ____ Left Shoulder
____ Right Arm ____ Right Elbow ____ Right Hand
____ Right Leg ____ Right Knee ____ Right Foot
____ Left Arm ____ Left Elbow ____ Left Hand
____ Left Leg ____ Left Knee ____ Left Foot
____ Chest ____ Solar Plexus ____ Hips

What herbs would be helpful in ascending the space between of the veins into a complete crystalline structure?

I intend that all veins embrace the crystalline blueprint to the same vibration throughout the entire body.

I intend that the veins develop in elasticity enough to allow for the increased blood pressure of a six ventricle heart.

I intend to release my karma for how the veins fell in structure in my ancestry.

I intend that the veins ascend in the following regions of domain:

I intend that the space between in all veins embrace a crystalline structure.

I intend to release the karma for how the crystalline space between blueprints was lost in my ancestry.

I intend to ascend the space between to the crystalline structure in the following regions of domain:

9. **What vibration have the lymph and lymph nodes attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Head ____ Neck
____ Right Shoulder ____ Left Shoulder
____ Right Arm ____ Right Elbow ____ Right Hand
____ Right Leg ____ Right Knee ____ Right Foot
____ Left Arm ____ Left Elbow ____ Left Hand
____ Left Leg ____ Left Knee ____ Left Foot
____ Chest ____ Solar Plexus ____ Hips

What herbs would be helpful in ascending the lymph and lymph nodes into a complete crystalline structure?

10. **What vibration has the space between the cells in the lymph and lymph nodes attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Head ____ Neck
____ Right Shoulder ____ Left Shoulder
____ Right Arm ____ Right Elbow ____ Right Hand
____ Right Leg ____ Right Knee ____ Right Foot
____ Left Arm ____ Left Elbow ____ Left Hand
____ Left Leg ____ Left Knee ____ Left Foot
____ Chest ____ Solar Plexus ____ Hips

What herbs would be helpful in ascending the space between the cells in the lymph and lymph nodes into a complete crystalline structure?

I intend that the lymph fluid develop into a crystalline system that sustains the immune system and health of the associated cells.

I intend to forgive the karma for how the crystalline blueprint for the lymph was lost.

I intend that the lymph system catch up to the vibration of the whole in the following regions:

I intend that the space between the cells in the lymph embrace the crystalline blueprint throughout my biology.

I intend that the space between the cells of the lymph catch up with the ascent of the whole in the following regions:

11. What areas of the biology are missing adequate veins or lymph to properly nourish and detoxify the associated region?

Head Neck
 Right Shoulder Left Shoulder
 Right Arm Right Elbow Right Hand
 Right Leg Right Knee Right Foot
 Left Arm Left Elbow Left Hand
 Left Leg Left Knee Left Foot
 Chest Solar Plexus Hips

What herbs would be helpful in creating adequate veins and lymph to nourish all crystalline cells?

I intend to research any and gather all missing information on a crystalline circulatory and lymph system from my ancient ancestry.

I intend to create an adequate lymph and circulatory system to sustain a regenerative biology for a long time into the future disease free.

I intend that all veins and lymph necessary to the nourishment of crystalline biology develop in my ascent and in the following regions:

12. Has the lymph fluid developed adequately to carry white blood cells as well as sugars, oxygen and toxins?

Yes No

What herbs would be helpful in developing lymph fluid that will nourish the cellular structure nearby?

I intend that the fluid in the lymph develop to a point to feed and detoxify the cells as the crystalline blueprint calls for.

I intend to walk or swim each day to move the lymph adequately to assure that the cells are fed and detoxified through the lymph.

I intend to release all karma and forgive my ancestors for how the lymph fluid lost its ability to nourish the nearby cells.

I intend to ascend into a complete crystalline circulatory system including the heart, veins and lymph.

THE CRYSTALLINE MASTER GLANDS

1. **What vibration has the Pituitary Gland attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the pituitary gland into a complete crystalline structure?

2. **What vibration has the space between the cells in the Pituitary Gland attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the space between the cells in pituitary gland into a complete crystalline structure?

3. **How many nodes have opened in the Pituitary Gland to date?** (14 nodes bud by 1024; 27 nodes bud by 2200; 48 nodes bud by 3000; 96 nodes bud by 4600; by 6000 strands there should be 144 nodes; by 9000 strands there should be 280 nodes on the Pituitary Gland)
-

What herbs would be helpful in causing all nodes necessary to bud in pituitary gland to support my ascension to date?

I intend that the pituitary gland ascend to match the level of vibration of the rest of the biology.

I intend that the space between the pituitary gland ascend into a structure that allows for greater permeability and detoxification of gases.

I intend to gather all records of the pituitary gland from the lives of my ancient ancestors with the large cranium.

I intend to embody as many of the nodes prevalent in their lifetimes as there is room in the cranium to allow for.

I intend that the cranium expand to allow for more nodes to bud in the pituitary gland which shall foster a more complete ascension in this lifetime.

I intend to forgive and release all karma for how the larger cranium and brain was lost in my ancestry.

I intend that the proper number of nodes open to support the level of ascent I can master in this lifetime.

I intend that my future ancestors expand the cranial size so that there can be full sized glands and nodes created in their genetic blueprint.

I intend that my future ancestors ascend to full consciousness and beyond.

<p>4. Are the ducts open adequately through the brain stem to allow the chemicals from the pituitary gland to flow into the body to trigger biological ascension?</p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in opening the ducts in the brain stem more thoroughly for a more rapid pace of biological ascension?</i></p> <hr/>	<p><i>I intend to open or increase the size of the ducts that allow the ascension biochemistry to flow into physicality to allow for and increase the pace of biological ascension.</i></p> <p><i>I intend to release all karma for how these ducts were shut within my ancestry.</i></p> <p><i>I intend that the brain and biology of the form ascend in parallel and to the same level of frequency.</i></p>
<p>5. What vibration has the Thymus Gland attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)</p> <hr/> <p><i>What herbs would be helpful in ascending the thymus gland into a complete crystalline structure?</i></p> <hr/> <p>6. What vibration has the space between the cells in the Thymus Gland attained to date in my ascent? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)</p> <hr/> <p><i>What herbs would be helpful in ascending the space between the cells in thymus gland into a complete crystalline structure?</i></p> <hr/> <p>7. Has the thymus gland grown up the neck and interconnected with the lymph and thyroid?</p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in triggering the thymus to grow?</i></p> <hr/>	<p><i>I intend that the thymus gland grow into the crystalline structure.</i></p> <p><i>I intend to research my ancestry and bring forward information on the crystalline thymus gland.</i></p> <p><i>I intend to release all karma for how the information on the thymus gland and the important role that it plays in modulating the chemistry of the crystalline form was lost over time in my inheritance.</i></p> <p><i>I intend that the thymus gland become the master gland in charge of all biochemistry of the body.</i></p> <p><i>I intend that the thymus gland grow up the neck and interconnect with the thyroid and lymph nodes as the crystalline blueprint call for.</i></p> <p><i>I intend that both the cells and the space between the cells of the thymus ascend into the crystalline blueprint so that noxious gases can be easily released.</i></p> <p><i>I intend to embody a fully crystalline thymus gland in this lifetime.</i></p>

THE CRYSTALLINE IMMUNE SYSTEM

1. **Have I developed all 18 types of white blood cells required for a fully functional crystalline immune system?**

Yes No

What herbs would be helpful in the development of all 18 types of white blood cells?

2. **Have I developed the two primary types of white blood cells that are produced in the bone marrow and absorb most types of toxins or debris given off in the transmutational process of ascension?**

Yes No

What herbs would be helpful in ascending developing the two primary types of white blood cells manufactured in the bone marrow?

3. **Have I developed the two types of white blood cells useful in absorbing pus which are manufactured in the spleen?**

Yes No

What herbs would be helpful in ascending developing the two types of white blood cells that absorb pus and are manufactured in the spleen?

I intend to forgive my ancestry for how the crystalline immune system was lost in my inheritance.

I intend to research my ancestry for information on a fully crystalline immune system.

I intend to ascend into a full crystalline immune system.

I intend to develop the two primary types of white blood cells manufactured in the bone marrow that absorb most types of toxins.

I intend to give to the body all herbs required to support this goal.

I intend to develop the two types of white blood cells manufactured in the spleen that absorb pus.

NOTES:

4. Have I developed the three types of white blood cells useful in absorbing toxins and poisons from other time periods that may be released as scar tissue and decay are transmuted?

Yes No

What herbs would be helpful in ascending developing the three types of white blood cells that absorb toxins from other time periods and are manufactured in the spleen?

5. Have I developed the four types of white blood cells useful in absorbing bacteria and viruses from other time periods that may be released as scar tissue and decay are transmuted?

Yes No

What herbs would be helpful in ascending developing the four types of white blood cells that absorb bacteria and viruses from other time periods and are manufactured in the spleen?

6. Have I developed the three types of white blood cells useful in absorbing bits and pieces of cells cast off as scar tissue and decay are transmuted?

Yes No

What herbs would be helpful in ascending developing the three types of white blood cells that absorb bits and pieces of cells cast of in ascension and are manufactured in the spleen?

I intend to forgive my ancestry for how the various types of white blood cells were lost over time in my ancestry.

I intend to develop the three types of white blood cells manufactured in the spleen that absorb toxins and poisons from other time periods that can be released as scar tissue and decay are resurrected in ascension.

I intend to develop the four types of white blood cells useful in absorbing bacteria and viruses from other time periods that can be released as scar tissue and decay are resurrected in ascension.

I intend to develop the three types of white blood cells useful in absorbing bits and pieces of cells cast off in the physical transmutation process.

I intend to give to the body all herbs required to support this goal.

NOTES:

<p>7. Have I developed the four types of white blood cells useful in tracking hormones and immune requirements in the act of ascension?</p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in ascending developing the four types of white blood cells that track hormones and immune requirements and are manufactured in the spleen?</i></p> <hr/> <hr/>	<p><i>I intend to develop the four types of white blood cells useful in tracking hormones and immune requirements in the ascension process.</i></p> <p><i>I intend to give to the body all herbs required to support this goal.</i></p> <hr/> <hr/> <hr/> <hr/>
<p>NOTES</p>	

THE CRYSTALLINE THYROID

1. **What vibration has the Thyroid Gland attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the thyroid gland into a complete crystalline structure?

2. **What vibration has the space between the cells in the Thyroid Gland attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the space between the cells in the thyroid gland into a complete crystalline structure?

3. **Have I developed all 3 types of thyroid hormones required for a fully functional crystalline metabolism?** (develops by initiation 2800)

___ Yes ___ No

If not, which level or levels are missing?

- ___ Level 1 (creates little fat reserves)
___ Level 2 (creates moderate fat reserves)
___ Level 3 (creates lots of fat reserves for special times of travel or struggle to hold one's frequency)

What herbs would be helpful in the development of all three types of thyroid?

I intend to research my ancestry for a complete record on all types of thyroid prevalent in the crystalline structure.

I intend to release all karma for how the more complex forms of thyroid hormone were lost in my ancestry.

I intend to embrace a fully crystalline thyroid gland.

I intend to ascend both the cells and space between the cells of the thyroid gland into the crystalline blueprint.

I intend to develop all three types of thyroid hormones necessary to crystalline metabolism.

NOTES:

4. Do I host fat from foreign creations?

Yes No

If yes, which creation?

Pleiades Orion

Alpha Centauri Albyreon Other

What herbs would be helpful in the dissolution of foreign body fats?

5. Have I fully developed the two addition liver organs that filter the blood? (develops by initiation 3000)

Yes No

If yes, what is the vibration of each liver?

Liver 2 left side

Liver 2 right side

If yes, what is the vibration of the space between the cells within each liver 2?

Liver 2 left side

Liver 2 right side

What herbs would be helpful in the development of Liver 2 in my biology?

I intend to release and erase forms of fats from foreign creations such as Albyreon, the Pleiades, Orion or any other creation.

I intend to replace foreign fats with those prevalent in my magnetic Sirian ancestry.

I intend to develop the two additional blood filtering organs known as "Liver 2".

I intend to research my Sirian ancestry for the blueprint for these additional organs known as Liver 2 and bring the blueprint forward into present time.

I intend to ascend into the blueprint that hosts two addition blood filtering organs.

I intend to ascend both the cells and the space between into the crystalline structure for the Liver 2 organs.

NOTES:

4. Is the spleen capable of regeneration of white blood cells for the regeneration of the immune system?

Yes No

What herbs would be helpful in the development of the spleen's capacity to regenerate the immune system?

5. Have I fully developed the two additional spleen organs that create photonic blood carriers? (develops by initiation 6000)?

Yes No

If yes, what is the vibration of each spleen 2?

Spleen 2 left side
 Spleen 2 right side

If yes, what is the vibration of the space between the cells within each spleen 2?

Spleen 2 left side
 Spleen 2 right side

What herbs would be helpful in the development of Spleen 2 in my biology?

I intend to ascend the spleen to a point where it can regenerate the immune system.

I intend to research my ancestry for the blueprint for the photonic organs known as spleen 2.

I intend to ascend into the blueprint for spleen 2 if I have the genealogy to do so.

I intend that my future ancestors ascend into the crystalline blueprint that includes the development of spleen 2.

I intend to ascend both the cells and space between in spleen 2.

NOTES

THE CRYSTALLINE LUNGS

1. **What vibration has the lungs attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

_____ Right Lung
_____ Left Lung

What herbs would be helpful in ascending the lungs into a complete crystalline structure?

2. **What vibration has the space between the cells in the lungs attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

_____ Right Lung
_____ Left Lung

What herbs would be helpful in ascending the space between the cells in the lungs into a complete crystalline structure?

3. **How many sizes has my bra changed or shirt size altered to date?** _____

This provides a physical confirmation of the ascent of the lungs.

What herbs would be helpful to expand the rib cage so that there is room for the crystalline lungs to develop?

I intend to research my ancestry for a complete record of the crystalline lungs.

I intend to release all karma for how the crystalline lungs were lost in my ancestry.

I intend to ascend into a fully crystalline set of lungs.

I intend to ascend both the cells and space between the cells of the lungs into the crystalline blueprint.

I intend to expand the rib cage as required to make room for the added pockets in the crystalline lung structure.

I intend to take all herbs necessary to support my ascent into the crystalline lung structure.

NOTES:

THE CRYSTALLINE DIAPHRAGM

1. **What vibration has the diaphragm attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the diaphragm into a complete crystalline structure?

2. **What vibration has the space between the cells in the diaphragm attained to date in my ascent? And what is the vibration in terms of DNA?** (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands) _____

What herbs would be helpful in ascending the space between the cells in the diaphragm into a complete crystalline structure?

3. **How many pockets have developed to date in my crystalline diaphragm?** (up to 18 develop in the ascent to 3000 strands) _____

What herbs would be helpful to expand the number of pockets in the diaphragm? The more pockets, the more blood sugar can be collected to support a higher frequency in ascension.

I intend to research my ancestry for a complete record of the crystalline diaphragm.

I intend to release all karma for how the crystalline diaphragm was lost in my ancestry.

I intend to ascend into a fully crystalline diaphragm.

I intend to ascend both the cells and space between the cells of the diaphragm into the crystalline blueprint.

I intend to expand the rib cage as required to make room for the added pockets in the crystalline diaphragm structure.

I intend to take all herbs necessary to support my ascent of the crystalline diaphragm.

NOTES:

4. Do I manufacture all five levels of sugar in the diaphragm required to feed the cells of the crystalline structure?

Yes No

If not, which level or levels are missing?

- Level 1 (simple sugar)
- Level 2 (simple sugar 2)
- Level 3 (medium level sugar like fructose)
- Level 4 (larger sugar)
- Level 5 (Level 1-4 sugars combined)

What herbs would be helpful in ascending the diaphragm to a point that it manufactures all five levels of sugar required to the crystalline structure?

I intend to ascend into a crystalline diaphragm that manufactures all five levels of blood sugar.

I intend to research my ancestry and bring forward the crystalline blueprint that incorporates five levels of blood sugar as manufactured by the crystalline diaphragm.

I intend to release all karma for judgment surrounding body size and shape and in particular, for how heavier or a round shape are less desirable.

NOTES:

NOTES

CRYSTALLINE DIGESTIVE SYSTEM

1. What vibration has each part of the digestive system in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Saliva Glands Esophagus
 Stomach Digestive Glands and Enzymes
 Small Intestines Large Intestines
 Gall Bladder Enzymes of the Gall Bladder

What herbs would be helpful in ascending into a complete crystalline digestive system?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my digestive system.

I intend to allow the following regions of the digestive system to catch up with those at as higher vibration:

2. What vibration has each part of the space between the cells within the digestive system in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

Saliva Glands Esophagus
 Stomach Digestive Glands and Enzymes
 Small Intestines Large Intestines
 Gall Bladder Enzymes of the Gall Bladder

What herbs would be helpful in ascending the space between of the digestive system into a complete crystalline digestive system?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within the digestive system.

I intend to allow the following regions of the space between in the digestive system to catch up with those at as higher vibration:

3. Does my saliva break down simple sugars?
(Occurs generally by initiation 2200)

Yes No

What herbs would be helpful in ascending saliva into a complete crystalline system?

4. Does my esophagus and stomach produce a stronger form of mucous to protect against more potent digestive enzymes? (Occurs generally by initiation 2200)

Yes No

What herbs would be helpful in ascending the esophagus and stomach into a complete crystalline system?

5. Does my stomach host stronger muscles to aid in digestion? (Occurs generally by initiation 2200)

Yes No

What herbs would be helpful in ascending the stomach into a complete crystalline muscular system?

I intend to research and bring forth a complete set of digestive system records from my ancient red ancestors.

I intend to embody a set of digestive enzymes that are more gifted at breaking down food in the entire digestive system including the saliva and stomach.

I intend that the biology adjust to the new level of enzymes by protecting its own structure and function.

I intend to adequately chew my food to aid in the process of digestion.

Notes:

9. Have I experienced the second turning of my intestines associated with the development of the vegetarian tract? (*Occurs generally by initiation 6600 strands and involves the small intestines*)

Yes No

What herbs would be helpful in ascending the small intestines into a vegetarian crystalline structure?

10. Have I experienced the third turning of my intestines associated with the development of the vegetarian tract? (*Occurs generally by initiation 7200 strands and involves the large intestines*)

Yes No

What herbs would be helpful in ascending the large intestines into a vegetarian crystalline structure?

Notes

I intend to research the information on the vegetarian digestive tract in my Tibetan ancestry and bring it forward for myself or my future ancestors to ascend into.

I intend to become vegetarian and cease to participate in the thought-form of slaughter.

I intend to develop enzymes that allow for the breaking down of vegetarian proteins adequately enough to regenerate the crystalline form.

I intend to release all karma for slaughter in my ancestry.

I forgive those ancestors who ate flesh during time periods that all vegetation died due to nuclear fallout.

I forgive those ancestors who failed to return to a vegetarian diet as the vegetation regenerated.

I forgive those ancestors who then chose to war due to the slaughter thought-form that they retained due to the consumption of flesh.

I forgive the Anu for being the first humans upon Earth to eat flesh to extend their lives.

CRYSTALLINE BLADDER AND KIDNEYS

1. What vibration has each the kidneys in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Left Kidney
 ____ Right Kidney

What herbs would be helpful in ascending into a complete crystalline set of kidneys?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my kidneys.

I intend to research my ancient ancestry for a complete set of records on the crystalline kidneys.

I intend that the cells in each kidney ascend to the same vibration as the rest of the biology.

2. What vibration has each part of the space between the cells within the kidneys ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

____ Left Kidney
 ____ Right Kidney

What herbs would be helpful in ascending the space between of the kidneys into a complete crystalline system?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within the kidneys.

I intend that the space between in each kidney ascend to the same vibration as the rest of the biology.

3. Are my kidneys capable of converting oxygen from water molecules? (Generally develops by initiation 3800 in most initiates)

___ Yes ___ No

What herbs would be helpful in ascending the kidneys to a point where they can manufacture oxygen?

I intend to research my ancient ancestry and bring forward records on manufacturing oxygen within the kidneys.

I intend to ascend into this information either in this lifetime or within my future ancestry.

<p>4. Are my kidneys capable of manufacturing water? (Generally develops by initiation 6600 in most initiates)</p> <p style="text-align: center;">___Yes ___No</p> <p>What herbs would be helpful in ascending the kidneys to a point where they can manufacture water?</p> <hr/> <hr/>	<p><i>I intend to research my Inuit root race bringing forward information on kidneys that can create water to prevent dehydration.</i></p> <p><i>I intend to ascend into the capability of producing water within the kidneys either in this lifetime or within my future ancestry.</i></p>
<p>5. Is my bladder capable of passing larger molecules such as proteins to assist in the detoxification process in ascension? (Generally develops by initiation 2200 in most initiates)</p> <p style="text-align: center;">___Yes ___No</p> <p>What herbs would be helpful in ascending the bladder to a point where it can pass protein molecules?</p> <hr/> <hr/>	<p><i>I intend to research my ancient red ancestry bringing forward information on a bladder that can pass larger molecules to aid in detoxification in ascension.</i></p> <p><i>I intend to ascend into the capability of releasing larger toxins through the urine.</i></p>
<p>6. Has a duct developed to allow toxins to leave directly from the blood through the urine? (Generally develops by initiation 4600 in most initiates)</p> <p style="text-align: center;">___Yes ___No</p> <p>What herbs would be helpful in ascending the bladder to a point where it develops this special duct?</p> <hr/> <hr/>	<p><i>I intend to research my aboriginal ancestry bringing forward information on this duct to aid in detoxification in ascension.</i></p> <p><i>I intend to ascend into the capability of releasing larger toxins directly through the urine and bypassing the bladder.</i></p>

CRYSTALLINE REPRODUCTIVE SYSTEM

1. What vibration have the uterus and ovaries (females) or testes and prostate gland (males) in my biology ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

- Left Ovary or Testicle
 Right Ovary or Testicle
 Uterus or Prostate Gland

What herbs would be helpful in ascending into a complete crystalline reproductive system?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of my reproductive system.

I intend to research my ancient ancestry for a complete set of records on the crystalline reproduction.

I intend to ascend into crystalline reproduction in this lifetime or my future ancestry.

I forgive the Anu for creating an energetic system that enforced reproduction into monthly cycles for all females.

2. What vibration has each part of the space between the cells within the reproductive system ascended to? And what is the vibration in terms of DNA? (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 strands)

- Left Ovary or Testicle
 Right Ovary or Testicle
 Uterus or Prostate Gland

What herbs would be helpful in ascending the space between of the kidneys into a complete crystalline system?

I intend to release all karma, patterning and thought-form at cause of an uneven ascent of the space between within the reproductive system.

I intend that the space between within the reproductive system ascend to the same vibration as the rest of the biology.

3. Am I capable of stopping reproduction? (Generally develops by initiation 7000 in most female initiates)

___Yes ___No

What herbs would be helpful in ascending reproduction to a point of natural birth control?

I intend to research my ancient ancestry and bring forward records on hormones that cause a cessation of fertility unless a child is intended to be conceived.

I intend to ascend into this information either in this lifetime or within my future ancestry.

CRYSTALLINE REGENERATION SYSTEM

1. Have I developed all sixteen glands necessary to regeneration of the crystalline biology?
(Generally develops by initiation 3800 in most initiates)

___ Yes ___ No

If no, which are missing?

___ 8 glands in left labia for women or testes for men

___ 8 glands in right labia or testes

What herbs would be helpful in growing all sixteen regeneration glands necessary to the production of regeneration hormones?

I intend to research my ancient red ancestry for information on the crystalline regeneration glands and hormones.

I intend to ascend into a crystalline blueprint for regeneration in this lifetime.

I intend to forgive my ancestry for how we lost the regenerative blueprint due to nuclear fallouts in human history.

I forgive those ancestors who participated in the creation of radiation through warfare or non-resonant technology.

I forgive those ancestors who suffered from disease aging and death as a result.

2. Have I developed all twelve types of hormones within the regeneration glands necessary to regenerate the crystalline biology?
(Generally develops by initiation 4600 in most initiates)

___ Yes ___ No

If no, what hormones are missing?

___ Hormone 1 (regenerates skin and hair)

___ Hormone 2 (regenerates mucous membranes)

___ Hormones 3-4 (regenerates muscles and ligaments)

___ Hormones 4-7 (regenerates organs and glands)

___ Hormones 8-9 (regenerates circulatory and lymph)

___ Hormone 10 (regenerates bones)

___ Hormones 11-12 (regenerates nervous system)

What herbs would be helpful in developing all twelve hormones necessary to the regeneration of the crystalline biology?

I intend to research my ancient ancestry and bring forward records on hormones that allow for regeneration of the crystalline form.

I intend to release all karma for how regeneration capabilities were lost over time leading to aging, illness and death.

I intend to ascend into the regenerative hormonal system either in this lifetime or within my future ancestry.

I forgive my ancestors for participating in endeavors that caused a fall in consciousness out of the regenerative paradigm.

I forgive the Anu for bringing technology, energy flow and genetics non-conductive to regeneration in the red nations' peoples.

CRYSTALLINE SKIN AND SENSORY ORGANS

1. Has my skin become crystalline? (Generally develops by initiation 2200 in most initiates)

Yes No

If not, what parts of the body have non-crystalline skin?

- Head Neck
- Right Shoulder Left Shoulder
- Right Arm Right Elbow Right Hand
- Right Leg Right Knee Right Foot
- Left Arm Left Elbow Left Hand
- Left Leg Left Knee Left Foot
- Chest Solar Plexus Hips

What herbs would be helpful in causing my skin to become crystalline?

I intend to research my ancient red ancestry for information on crystalline skin and bring this information forward into present time.

I intend in this lifetime to ascend into a crystalline skin without wrinkles that is beautiful, soft, and subtle.

I intend to forgive my ancestry for how the blueprint for crystalline skin was lost over time.

I forgive the Anu for desiring life extension and eternal youth at the expense of life of my red nation ancestors and Earth.

2. Have my eyes become crystalline? (Generally develops by initiation 2200 in most initiates)

Yes No

If not, are my eyes too round (causing near sightedness or too flat (causing far sightedness)?

- Too round (near sightedness)
- Too flat (causing far sightedness)

What herbs would be helpful in reshaping the eyes to be just the right curve for 20-20 vision?

I intend to research my ancient ancestry and bring forward records on crystalline eyesight.

I intend to release all karma for how eyes became deformed over time leading to the requirement for glasses or contact lenses to see clearly.

I intend to release all karma for why my ancestry does not wish to perceive the truth.

I intend to alter the shape of my eyes to allow for ascension into 20-20 vision.

<p>3. Have my ears and hearing mechanisms become crystalline? <i>(Generally develops by initiation 2200 in most initiates)</i></p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in the restoration of my hearing including telepathy and holographic communication?</i></p> <hr/> <hr/>	<p><i>I intend to research my ancient red ancestry for a full set of records for the crystalline hearing system.</i></p> <p><i>I intend to release all karma for how hearing deteriorated in my ancestry over time.</i></p> <p><i>I intend to restore my hearing to be acute as well as develop telepathic capabilities through ascension in this lifetime.</i></p> <p><i>I intend to open to holographic communication in this lifetime.</i></p>
<p>4. Has my nose and capacity to smell become crystalline? <i>(Generally develops by initiation 2200 in most initiates)</i></p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in the restoration of my capacity to smell?</i></p> <hr/> <hr/>	<p><i>I intend to research my ancient red ancestry for a full set of records for the crystalline capacity of smell.</i></p> <p><i>I intend to release all karma for how the capability of smell has deteriorated in my ancestry over time.</i></p> <p><i>I intend to restore my capacity to smell to include etheric smells so that I can detect the presence of discordant entities and then intend to remove them from my field.</i></p>
<p>5. Has my nose and capacity to taste become crystalline? <i>(Generally develops by initiation 2200 in most initiates)</i></p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in the restoration of my capacity to taste?</i></p> <hr/> <hr/>	<p><i>I intend to research my ancient red ancestry for a full set of records for the crystalline capacity to taste.</i></p> <p><i>I intend to release all karma for how the capability of taste has deteriorated in my ancestry.</i></p> <p><i>I intend to enjoy the tastes of my food or tinctures and allow them to assist in balancing my biochemistry.</i></p> <p><i>I intend to brush my teeth and tongue daily to stimulate the crystalline digestive system.</i></p>

CRYSTALLINE NERVOUS SYSTEM

1. Have I developed crystalline brain hemispheres and neurons? *(Generally develops by initiation 2800 in most initiates)*

___ Yes ___ No

What herbs would be helpful in causing my brain to ascend into the crystalline structure biochemistry?

I intend to give my body as much chocolate or nuts required to reprogram the algorithmic patterns into greater unity.

I intend to research my ancient red ancestry for information on crystalline brain hemispheres along with the nervous system and biochemistry and bring this information forward into present time.

I intend to ascend into a complete blueprint for the crystalline nervous system.

I intend to forgive my ancestry for how the blueprint for the crystalline nervous system was lost over time and with it the ability to perceive life from the vantage point of unity.

I intend to master as many algorithmic patterns of unity perception as I can in this lifetime.

I intend to return all algorithmic patterns of suffering that belong to other humans in other creations to their creation of origin.

2. Have I developed a crystalline perception center with photonic pockets of fluid? *(Generally develops by initiation 2800 in most initiates)*

___ Yes ___ No

What herbs would be helpful in causing my brain to develop a crystalline perception center in ascension?

I intend to research my ancient ancestry and bring forward records on the crystalline perception center for the brain.

I intend to release all karma for how the ability to perceive from the vantage point of unity was lost in my ancestry.

I intend to ascend into a crystalline perception center in this lifetime and master perceiving life from a unity perspective.

<p>3. Have I developed a crystalline spinal cord and associated photonic fluid? (Generally develops by initiation 4800 in most initiates)</p> <p style="text-align: center;">___Yes ___No</p> <p><i>What herbs would be helpful in causing my spinal cord and fluid to develop and hold photon energy to assist in the body's capacity to ascend?</i></p> <hr/> <hr/>	<p><i>I intend to research my ancestry for records on the photonic fluid and crystalline spinal cord and nerves and bring this forward into present time.</i></p> <p><i>I intend that I or my future ancestry ascend into biology that can hold its own photonic energy necessary for continued evolution.</i></p>
<p>4. What is my range in the biological ascent of all parts of the body at this time? (800-2200 equals 1800 in mastery. 1024 -2800 strands equals 2200 in mastery. 1800-3000 strands equals 2600 in mastery. 2200-3800 strands equals 3000 in mastery. 2800-4600 strands equals 3800 in mastery. 3200-5600 strands equals 4600 in mastery. 3800-6800 strands equals 5500 in mastery. 4600-7200 equals 6000 in mastery. 5800-9000 equals 9000 in mastery.)</p> <p>_____Lowest organ, gland or system in the physical _____Highest organ, gland or system in the physical</p> <p><i>What herbs would be helpful in causing the lowest organ gland or system to catch up with the rest of the biology so that I create a complete ascension in this lifetime?</i></p> <hr/> <hr/>	<p><i>I intend to research my ancestry for records on the crystalline biology for the lowest organs, glands and systems in vibration in my ascent to date.</i></p> <p><i>I intend to ascend these to a range that is less likely to manifest as disease in this lifetime.</i></p> <p><i>I intend a complete ascension in this lifetime.</i></p> <p><i>I intend to release all karma for false ascension associated with my Pharaoh and guru ancestors or those who followed the pharaohs or gurus in their lifetimes.</i></p> <p><i>I forgive my ancestors for confusing life extension with ascension.</i></p> <p><i>I intend to bring all parts of the biology along for the ascent so that my future ancestors do the same.</i></p>
<p>NOTES</p>	



"Small Lotus" by Judith Roderick



The Goose that Laid the Golden Egg by Judith Anya Roderick

CHAPTER 7

DREAM WEAVING AND MANIFESTATION

The Earth Mother through Karen Danrich "Mila"
November 22, 2005

Dear Beloved,

This chapter is devoted to the act of manifestation and conscious dream weaving. For so long, humans have forgotten that they are the director of their dream. As a result of this forgetfulness, humans have gone into dreamtime to negotiate with nonphysical forces for the dream that they desire to receive rather than simply intending the desired dream to be experienced. The forces controlling human dreams have set up a complex set of bargaining that is not unlike the current banking and loan system in the physical. The entities demand more and more chi for one's dream; to a point that this in and of itself set a downward spiral of falling consciousness in the human species.

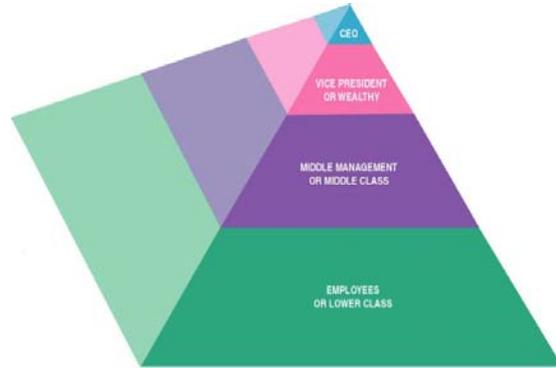
Dolphins and Whales went into less forgetfulness about their dreams. However the forces directing human dreams began to press themselves upon the dolphins and whales to gain access to their chi over time. The mutilation of their kingdom in the nonphysical through these forces in the human dream manipulation game led in time to the destruction of dolphins and whales at human hands. In parallel manner, the destruction of the human energy field through the dream manipulators also led over time to human warfare.

Prior to the arrival of the Anu, humans, dolphins and whales existed in a magnetic dream. The dreams that were bartered and exchanged moved from one party to the other without mutilation of field. At most only chi was lost in the exchange which the nonphysical forces took much like interest upon a loan. As the Anu arrived upon Earth, they brought with them an entirely different type of dream that was electrical. There was no place in the magnetic dream for their dance and so they puffed up the space between in the alterations to Earth's biosphere and pressed their dream upon earth within this region of domain. This is how the dark earth dream came to be in such a large and exaggerated proportion.

The magnetic dream was then pressed or squeezed into other regions that the Anu did not occupy causing them to dominate in those regions that they constructed their castles. The red nation's peoples naturally moved away due to a lack of dream for themselves near the Anu compounds. As the Anu bred their slave nation out of control and into the billions, the space between electrical dream from the Pleiades grew and grew along the surface of the Earth and in certain grids of global energy flow. Such grids are located now in Europe, Asia and North America primarily. This is where those of electrical genealogy tend to live as a result.

BOX AND PYRAMIDAL SHAPED DREAMS

Anu dream is pyramidal. Asian dream is box shaped. The box shaped dream comes from Alpha Centauri where the Pleiadians incubated two additional slave races known as the Reptilians. The Reptilians were drawn to Earth in the fourth dimension; they raped and blended with those red nations peoples in the fourth dimension in the inner earth that has ascended. This led to an alteration of those of Tibetan and Inuit or Mongolian inheritance primarily who altered in holographic nature to become 28% Reptilian. There were several breeds of Reptilians that mated or raped red nation women in the fourth dimension; hence the difference between Chinese and Japanese or other Asian nations today. Some Reptilian DNA creates a very small thin biology; yet others create a rounder form more akin to Polynesian root race.



It is the rounder form of biology that Buddha ascended in his own lifetime to the fourth dimension; but on the surface of the Earth. Alas there was no one else in the fourth dimension and no way to join other fourth dimensional humans in the inner earth; and so Buddha was very lonely. He eventually chose to exit physicality when he perceived that his spiritual work had been fulfilled upon in the experience.

Humans continue to exist in the fourth dimension in the very core of the aurora in the inner earth to this day; they are working on creating a complete ascension to the fifth dimension and are gradually removing Reptilian DNA. As this occurs, the genetic alterations will holographically transfer to those in the third dimension related unto them. Reptilian DNA cannot be purified in the third dimension as the cause of the experience occurred in the fourth dimension; however those in the fourth dimension can clear this cause paving a pathway to greater harmony for those related upon the surface of the Earth. Earth perceives that in the coming century, the genealogy will alter due to the ascent of the inner earth peoples leading to greater harmony in the east along with between east and west.



Those ascending today of Anu inheritance can separate from the pyramidal energy flow and emerge into figure 8 or triple lotus pod-tribe flow. So can those of Asian inheritance move from box shaped energy flow into figure 8 and triple lotus

flow; it is all in the intention. Ultimately whether you are red, brown, white or yellow in this lifetime, those ascending have lineages to the red race. It is the red race that is magnetic and these are the ancestors that each can draw forward into present time and ascend into parallel genetics of; which shall lead to greater harmony within and without through pod-tribe based energy flow.

LIMITATION IN DREAM

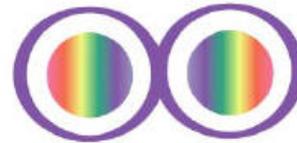
One is not limited even by occurrences in the fourth dimension that affected one's ancestry; one is the creator of ones' creation which is one's body and one's life. However the current system is so ridged it feels limited. How can one go from limitation to freedom in dream weaving? Well it has been a difficult journey for Mila and Oa, but they have carved a pathway and can look back at their experiences and from this draw a blueprint or model for all others to move into greater freedom as well.

Dreams are limited by the energy flow that is pyramidal or box shape. In essence, the dreams one can manifest within the pyramidal flow or box shaped flow depend upon the rank of one's ancestry within the system. If one is of direct Anu inheritance, then one ends up on the top of the pyramid and receives the best of all dreams. In parallel manner if one is of direct Reptilian inheritance, one ends up at the outside of the box again receiving the best of all possible dreams. Pyramids and boxes work a little differently; for those at the top of the pyramid have dreams for health and all things imagined flow unto them. Those on the outside of the box also receive all dreams possible, but do not have life extension flow unto them. Those in the outside layer of the box geometry must also provide the dreams for all others inside of their box. In comparison those at the top of the pyramid are not expected to provide for others, unless there is agreement. Those at the outside of the box have an inherent agreement to care for all others within as this is the nature of their energetic formation.

ELECTRICITY AND BREAKING OUT OF THE BOX

In either case, to break out of the pyramid or box, one must be willing to give up all associated energy flow. This may be difficult as the flow is genetic and is founded upon belief systems that are mechanical and electrical in vibration. Electricity hosts thought-forms that polarize to an extreme as we examined in Chapter 2. In order to move out of the electrical paradigm, one bridges the two extremes into the middle road of thought-form. In so doing one moves first from box shaped

*Figure 8 Sacred Geometry
of current Native American Root Race*



*Triple Lotus Sacred Geometry
of Ancient Red Root Races*



*Riza's Triple Lotus
Also the "Consciousness Symbol"
in the Language of Light*

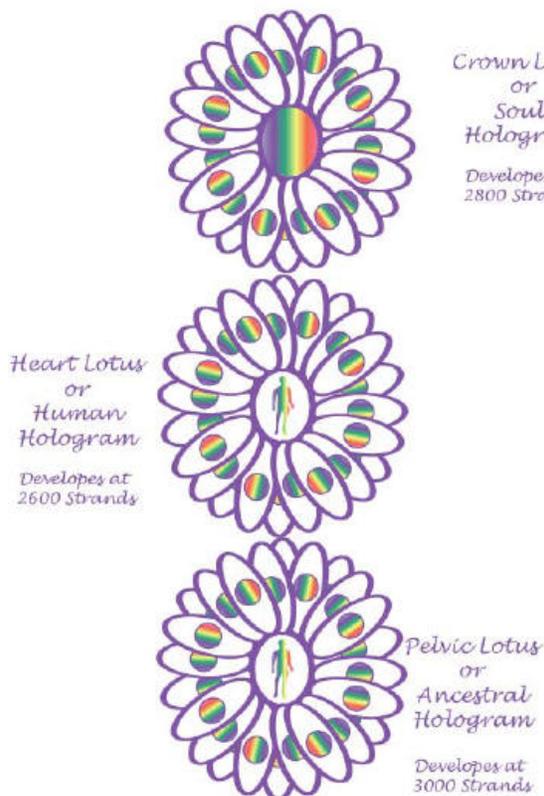


flow or pyramidal flow into the figure 8 flow; and later to the triple lotus flow. The figure 8 flow is part electrical and part magnetic in nature or electromagnetic. This flow is constructed as two cords or circuits that previously were attached to other people, places, objects, land, pets or plants are united. As one releases the attachment, the masculine and feminine side can be interconnected again creating a figure 8 movement. This movement pervades the entire chakra system along with the four subtle bodies and dreamtime light body. As one moves the figure 8 flow increasingly, then one can synthesize the field into a rainbow of tones and it is the rainbow of the subtle bodies in particular that begins to catch a unity based dream for the life experience. Those mastering to 2200-2500 strands will have the goal of bringing all parts of the field into the figure 8 flow before proceeding to the next level of evolution.

Those who master the figure 8 flow will still exist in polarity; but the polarity is less extreme. To the degree that the figure 8 flow remains in balance and does not teeter totter or wobble, to such a degree that the thought-form sits in the middle point or where the two ends cross in the figure 8. As a field of this nature is sustained in balance, unity relations can emerge in the dance of life. Within the figure 8 flow, there is a place for everyone. No one is left out or left in poverty; no one puffs up so greatly as to dominate over the group. Each has a place in the group and can contribute their gifts and talents to the greater good of the whole of the community. This is the model for the first phase of human evolution out of

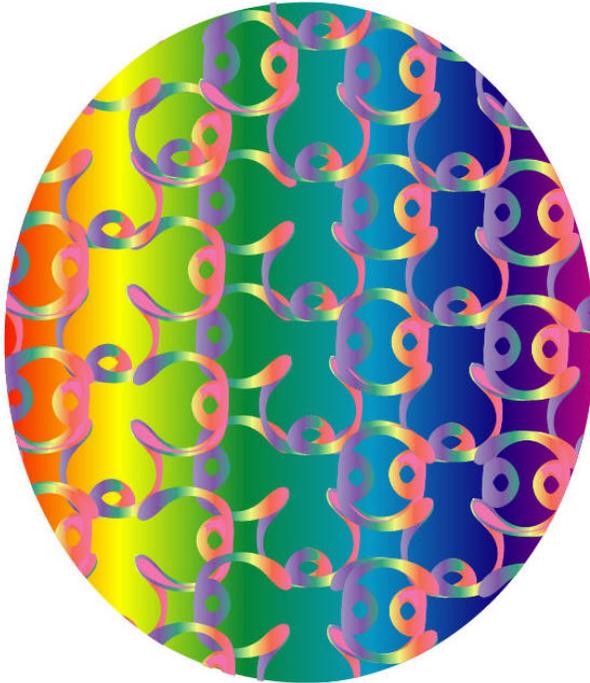
the electrical paradigm in the 50 years ahead. Those in this program will begin to live in this paradigm in the now as the map carvers.

Lotuses in Ascension



Those transitioning from figure 8 flow to triple lotus flow master to another level of ascension from 2700 strands and upwards to 6000 strands. The triple lotus is created as more attachment is released and united creating a middle loop for each figure 8 energy movement. The middle loop creates the opening through which the human hologram can be re-anchored in the field. Each chakra made of triple lotus energy flow holds open the space for the human hologram to be reflected. This allows for a return to holographic knowledge of one's inheritance and species. As holographic knowledge opens, one moves out of polarity and into unity-based thought-form from which the Language of Light is created.

The Language of Light is a composite of many magnetic languages that have found their way to Earth from Sirius, Arcturius, Black Assyrias, and 14 other creations not associated with the human species. Albyreon is a magnetic creation from another time period and hosts the strongest of magnetic pulls of any other language. This language must be phased out in the ascent to 9000 strands in full as it causes harm otherwise. Those ascending beyond 6000 strands transmute Albyreon language into the dual and tri tones of the Language of Light.



The Language of Light naturally synthesizes in the triple lotus flow. The triple lotus can be modified to appear as Language of Light symbols. As this occurs, one can move one of the base notes such as compassion, unity, non-conditional love and so on in one's chakra system and subtle bodies. This is the new sacred geometry of the Language of Light in action. Those mastering 6000 strands will move the Language of Light in all chakras and subtle bodies throughout the energy field. It is as one moves the Language of Light in the subtle bodies that creating a unity-based dream becomes increasingly possible, for the tones themselves will draw the unity-based experiences down the dreamtime manifestation planes towards one's life expression.

ABOUT DREAM BROKERS

Mastery in ascension therefore leads one to mastering dream weaving and manifestation upon the physical plane. Intention is the main force that is utilized to mold one's dream. However first and before this can begin to work for oneself, one must choose to no longer to barter or bargain for dreams with the dark. This is a good ascension practice as well as one will then cease to lose chi to the dream brokers. Many humans are unconscious dream brokers. Often those that broker dreams also play the role of the "creative one" in group dynamics. (See Chapter 4 for more information.)

Dream brokers do not always benefit from the dreams that flow through them however. Sometimes dream brokers can have so many different dreams moving through their field that they have a difficult time manifesting upon the physical plane; for life changes so fast that nothing establishes itself in the long term. Sometimes dream brokers receive a good dream in exchange for how their field is used to move dream from one to another or strip dreams from others or groups of

others. In either case, encounters with dream brokers may mean that one's dream is confiscated, and so this is something to watch for in the monitoring of one's dream. The intent to retrieve the dream and release the karmic agreements associated will generally allow one to retrieve the dream one had intended and reweave it into one's field.

Sometimes dream brokers also move poverty karma from one to another. If one has an encounter with a dream broker, then one may find poverty karma added to one's field and then one's dream taken in exchange. This will cause the dreams to go to those that one has karma for; this is the main modality that dream brokers move dreams from one to another through false agreements for poverty. Again as one returns the poverty karma to where it belongs and retrieves the dream, then one will be more likely to manifest what one is intentionalizing. How are dreams or karma moved about? Well this has to do with magnetism and electricity or electromagnetism.

ELECTRICITY AND MAGNETICS AND INFORMATION BROKERING

Those of electrical flow will have the strongest magnetism of all at 2 strands of DNA. It is for this reason that those of direct Anu or Reptilian lineage will magnetize more dreams unto themselves than all others, as they have the strongest electrical flow to do so. Those underneath the pyramid or inside the box will have increasingly less electrical magnetism given their position; as a result they receive the least dream. Those at the bottom of the pyramid or very center of the box receive the least dream of all and may be considered impoverished or "untouchable" in current human civilization.

Information and moving energy along with chi transfers from one to another through dream brokering. First the dream is lost, and then the information, moving energy systems and chi is transferred from one to another. If the body dream is lost, then etheric grid work will also transfer to another. Maintain the body dream along with the dream for one's life, and one will be less likely therefore to lose one's field or chi in ascension. It is for this reason that Earth is taking an entire chapter to write about the subject of dream weaving, as it may be the most important attribute to maintaining one's field in ascension.

ABOUT BOUNDARIES

Every loss or shattering first must occur in one's dream. Clear the loss or shattering in the dream before it steps down into physicality, and one will release the karma ahead of time and bypass the struggle associated with karmic agreements to give another a part of oneself. Why does anyone give another a part of oneself? By and large it is perceived that the red nation's peoples wanted to embrace everyone. From this belief system, they embraced those of variant energy flow; those with greater magnetism then drew parts of the red nation's peoples into their field due to the embracing. Here you can see how and why "love hurts" in the current paradigm; for loving those of foreign energy flow causes harm within.

Mila learned long ago that she could not open her heart to everyone; that there were those that would strip her to death otherwise. So she learned to shield herself in a way that prevented her field from being destroyed over time and in her continued interactions with those in this school. Shields that are non-moving deteriorate the biology almost as greatly as those that like to strip. Most have developed non-moving energy also known as armoring in the field to protect oneself against energetic violators. Armoring must be dissolved to open all the chakras so that they will spin properly leading to regeneration and is not a good form of protection therefore in ascension.

Instead and unlike your ancient red ancestors who opened their heart to everyone, ascending humans are learning to create filters that rotate. The filters are a part of the Language of Light thought-form. The Language of Light as run within each chakra will create a magnetic shield that will press out electrical straight lined flow by bending it back to the sender. There is a catch to this and one will have required mastering the first 10 notes in each chakra in order for the boundaries to hold; however as this is accomplished, electrical energy will have the propensity to move around the etheric body rather than through the etheric body for those mastering 3000 strands and higher in frequency.

Electrical energy tends to run through the space between of the field rather than through the positive energy or serpents of the meridian system and chakras. It is for this reason that the space between must also be modified to become of a magnetic serpent and language. Then as the space between and space without are each magnetic, they will cause electrical flow to bend back to sender. This causes the magnetism of those of electrical nature to be less powerful than oneself, and as such one will cease to give of one's dreams, chi and information along with moving energy or grid work unto them. This is how ascending initiates are also building into a more powerful magnetism and thought-form than those of an electrical nature.

As electrical energy begins to move around oneself rather than through the field, one may begin to cause electrical gadgets to go haywire or break in one's presence. It is for this reason that Mila learned to tape copper pennies or copper wire on to each electrical object in her home with the intention that the electricity move around the object rather than through frying the associated circuit board. Copper is very good at this and it is for this reason that pennies or copper wire was used. Also a hand sized quartz point near the computer to direct excess electricity away from oneself as well as the device is useful.

DREAM WEAVING AND INTENTION

Dreams are constructed through intention. Intention is an act of will. Before intention can work, each of the seven will centers must be spinning and preferably of equal size. (See Chapter 5 for more information on will centers.) Will centers develop by initiation 2200. If one has yet to reach this level, intentions can be made through firepot ceremony, or just before falling asleep or upon awakening

when one is “between the worlds”. Then there is greater likelihood that the intention is heard by the solar dream and then relayed back into one’s manifestation planes to begin to step down towards physicality. We will speak more about the manifestation planes ahead.

Firepot ceremonies need not be complex; one can write down all intentions and then simply light the paper on fire in a fireproof pot or fireplace, requesting of the element of fire to relay your thoughts to the sun. Fire is fire here upon Earth and upon the sun and therefore there is a direct connection between the two; the element of fire is consciousness and will fulfill upon one’s request as it is the nature of fire. The use of firepot ceremony is helpful to all of any level as a result, and in particular if one is in great distortion where perhaps one’s intentions are being manipulated.

Intentions are simple; one simply says “I intend such and such”. First the thoughts reach the mental body where they are put into language; then the thoughts reach the emotional body where the emotion behind the words is added; then the thoughts reach the intuitive body where soul can add or modify the intention (if there are agreements that this be so); and then the thoughts reach the creative body. The more emotion one feels behind the intention, the more power to the intent. It is for this reason that having a working emotional body and ability to feel through opening the heart is important to the manifestation of one’s dreams. Through the energy generated by the will centers collectively, the thoughts are then relayed to the sun where they are interpreted and then relayed back to the first of seven manifestation planes. The will centers empower one’s intents which is why if they are weak or partially missing, ones’ intentions shall also be weak.

The intents are also relayed to one’s dream catcher chakra where they sit as a small holographic movie of what one has intended to manifest for oneself. It is the holographic movies in the dream catcher chakra that calls the dream relayed by the sun down the 7 planes towards physicality as rapidly as one has chi to provide for this purpose through the sexual energy flow. It is for this reason that developing a strong sexual energy movement is a requirement for conscious dream weaving.

The further that one ascends, the more chi that one has available unto oneself to call the dream down the manifestation planes to be experienced in the dance of life. For those at 2200 strands, intended dreams may take 9 to 12 months to step down into physicality. Sometimes Earth will add more chi if the dream desired to be made manifest involves global service work such as attendance of Conclave; then one may step the dream down in just a few months due to her assistance. Most dreams of a more personal nature however will most likely take the full time to manifest. For those at 3000 strands, dreams can step down in 6 to 9 months. For those at 6000-9000 strands, the time may be reduced as much as 3 months for dream manifestation.

ABOUT UNCONSCIOUS INTENTIONS

The delay in dream manifestation is also for one's own protection, as inadvertent thoughts also create intentions that then become relayed down the manifestation planes. This can include unconscious thoughts that are harmful that lead to accidents or other travesties that could prevent ascension. This is above and beyond dream manipulations where others may attempt to transfer their own dreams of accidents and death upon oneself.

One way to avoid unconscious thoughts determining one's dream is simply to call all such intentions "null and void" and then create a guardian to make sure that this is so. In true spiritual law, it is only the conscious physical vessel that has the capacity to intend dream. However due to the unconscious manner in which humanity fell in association with dream weaving, most gave their power to the nonphysical to hold the dream and mold the intentions for one's life. Therefore one will also require taking back all power from the nonphysical to direct one's dream from the physical; except where there is agreement with soul and only if it supports one's continued evolution "home".

One will also require monitoring one's conscious thoughts as well to avoid the manifestation of inadvertent difficulties or potential destructive experiences that are non-karmic in one's dream. This is why what one focuses upon may be key to the prevention of inadvertent intentions. It is for this reason that Mila and Oa have suggested not attuning unto the news daily, or watching movies, or reading novels or magazines, especially those of negative or violent drama. In the conscious engaging with negative drama or thought-form, it is akin to intending such an experience into one's physical life. The more rapidly one creates, the more rapid the intention may be returned causing one some real physical plane strife. Remaining focused upon positive scripts and written materials will help to avoid such a problem.

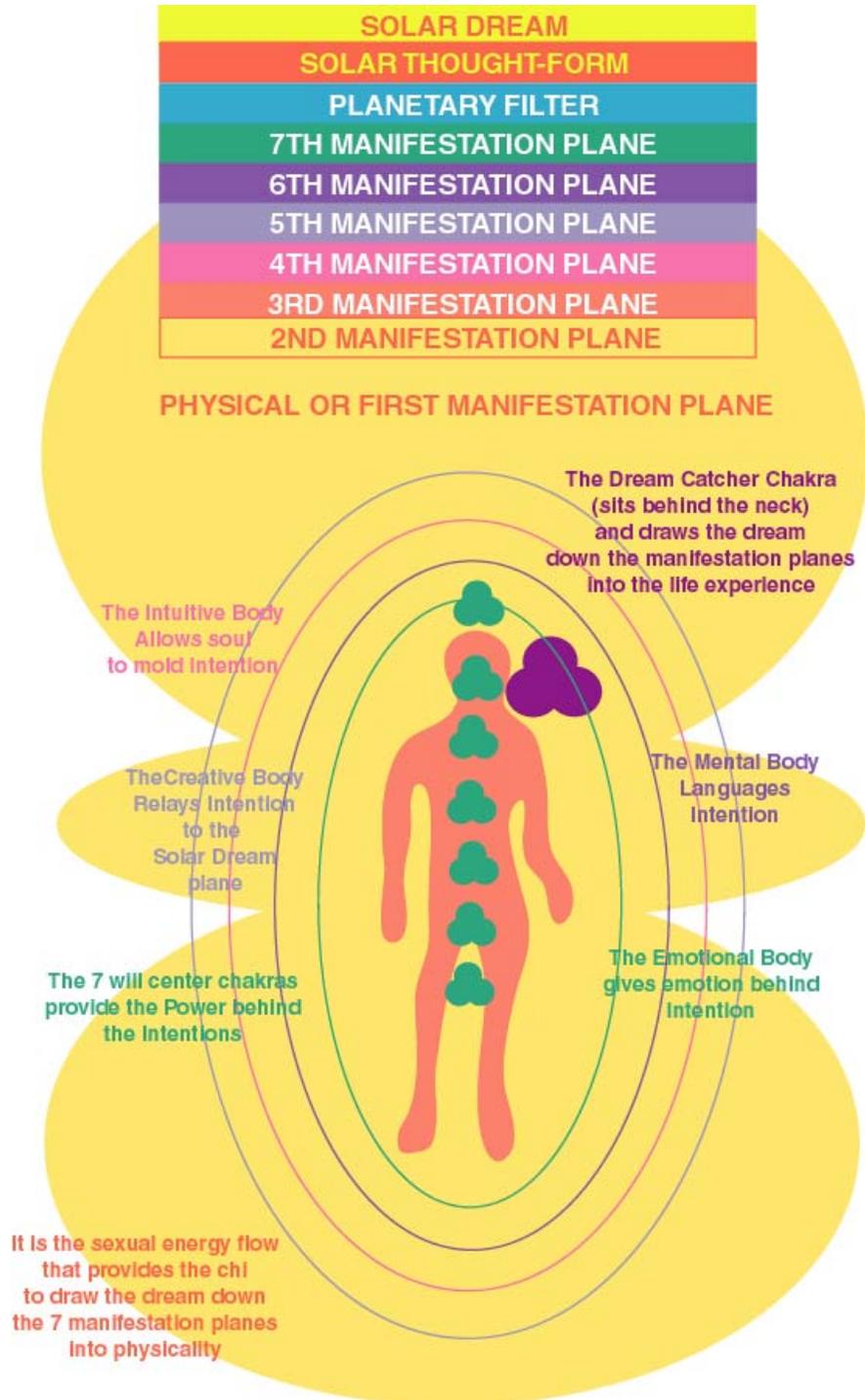
There is another problem however with Hollywood, television and movies. The planes associated are designed to shoot antimatter through the field and to strip dream through the holes in one's chakra system and subtle bodies. The antimatter numbs the field and may be a manner of avoiding pain and this is why humans become addicted to the media. One then does not know how much pain the body is in until the disease has manifest in the physical. So this is for most under 800 strands; they may not feel the pain that the etheric body is in until it is too late and the disease has become physical. For those ascending, and if one ceases to numb the field through drugs, media addiction, cigarettes or misuse of alcohol, then one will feel the pain long before the physical is too damaged to resurrect. This is why we advise ascending humans to give away the TV; cease going to movies, and use their time instead to commune with nature and focus inward in the transmutational process of evolution.

THE MANIFESTATION PLANES

The manifestation planes surround Earth and are monitored by her in association with the healing temples. There is a Temple of Dream Weaving; it is through this temple that one may monitor one's own dreamtime as it steps down towards physicality. One accesses all healing temples through one's own sexual energy flow or lotus through intention. If there is a problem with the dreamtime planes, then one can report them to the temple and Earth will recast the planes so that they host the proper magnetism to send dream downward towards one's life.

The manifestation planes have been so manipulated over time that it has taken real focus on the part of Mila and Oa to create new planes in conjunction with Earth that are less subject to distortion. The planes should not require bartering with any other force to receive the dream intended. As such, there is no requirement to pay "chi" or "future dream" to an entity to receive the dream that one desires.

There are boundaries upon what one can intend however; and if it does not serve the karma one has to process in ascension, then the dream will be denied. If the dream intended does not serve



Earth and her global ascension or the ascent of the region where one lives, then the dream is denied. In taking charge of the human dream, there is less and less harm flowing through dreams of the human species, leading to the ability to ascend as a whole.

Some regions will still host dreamtime where the old rules of lawlessness prevail. This is so in the cities primarily. Those in the suburbs can recast the manifestation planes in conjunction with Earth so that the planes work as they should for you as an ascending human; and for all others that may be less aware of their ascension in the region that one lives. This is how the ascending magnetic dream shall be anchored in preparation for the incoming ascending children. As enough adults ascend to 2200 or higher and interlink global wide, this shall be accomplished. At this time we are on target to meet this goal in 2007 and then the incoming Bodhisattva level children can begin to be born thereafter.

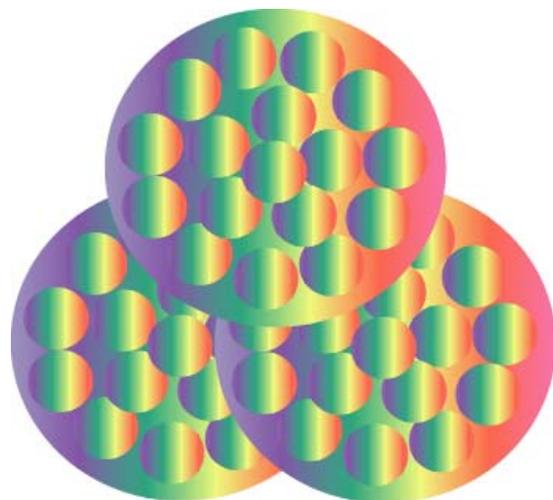
DREAMTIME AND ASTRAL PLANES

The astral planes are the old dreamtime which is heavily fractured and discordant. As each searches out all astral planes as far as one can reach, and rolls them up sending them through the solar sun to be dissolved, more and more of the false manifestation planes shall be dissolved. Often having violent or bizarre dreamtime upon awakening may be indicative of having one's dreamtime light body trapped onto the astral plane in the attempt to return to consciousness. As one awakens from bizarre dreams, one can intend to roll up the associated astral plane and remove them from one's region by sending them through the sun. Over time each will clarify and purify the manifestation planes surrounding oneself so that manipulations to one's dreams cease to occur. It took Mila and Oa about a year to clean Honolulu of this type of dreamtime; and it has never returned. So can each living in the suburbs or near the cities do the same.

As dreamtime is clarified and purified, there is a greater chance of unity-based dreams beginning to catch upon the human dance of life. For oneself, one will carve greater unity-based experiences therefore in taking the time to assist in clearing the region that one lives of astral dreamtime. In so doing, one will also create a clearer pathway down the seven manifestation planes so that one's intended dream is more likely to be made manifest in physicality.

MONITORING ONE'S DREAM

Each intention shall appear as a holographic movie within one's dream catcher chakra. The dream catcher chakra will appear much like the structure symbol with each intention made held within it. There is room for hundreds of intentions large and small in nature. Each intention will draw unto



itself the associated dream down the manifestation planes as it has been relayed to the solar dream, as long as the dream catcher chakra is not mutilated. Therefore it is good to monitor this chakra daily for manipulations.

Sometimes chunks of the dream catcher chakra can be removed due to a karmic encounter leaving the intentions made threadbare; as this occurs there is not enough power within the dream to magnetize the associated dream down the manifestation planes and into physicality. The intent to recast the dream catcher chakra will assist in reweaving the field enough to hold the magnetism required to continue to draw the dream down the manifestation planes towards one's life experience. Also the intent to release the karma for dream bartering with another along with the original cause in one's ancestry will assist in allowing the manipulation to cease between you and another. One can also create a dream guardian to assist in protecting one's dream chakra against non-karmic infractions.

CANCELLED DREAMS

Sometimes entire movies of a particular theme are cancelled by another or by a group or corporation that one associates with. When this occurs, the holographic movie surrounding one's intended dream disappears in one's dream catcher chakra or manifestation planes or both. This is the difficulty with large organizations and institutions including any pyramidal system or box formation of dream weaving. Those on the top of the pyramid or box have preference of dream; therefore they may erase your dream or strip your dream due to agreements that this should be so. As each researches the underlying agreements at cause, and releases them through forgiveness, one will step out of the game.

Sometimes one may require leaving the job or family at cause of the dream manipulations. We had one initiate whose corporation put the school they were attending out of business to block their graduation. Mila clearly saw that this would occur again if they did not leave their job and pursue their education full time. Now they are graduating and have passed their tests; but they had to leave the corporation in order for this new life dream to catch.

Additionally this initiate found themselves repeatedly failing school, state and national exams. Mila suggested that they place themselves into the top of the exam pyramid; low and behold they have now passed both state and national exams. One does this through intention if one finds oneself at the bottom of the pyramid in any circumstance; the intention to place oneself in the upper half should hold provided that one has released all karma for why one has been at the bottom of a particular pyramid for many lifetimes in one's ancestry. This may allow for the fulfillment of a particular dream as in this initiate's case; for they require the degree and license in order to create a practice. How does this work? Within the pyramidal or box system, only those in a particular position receive the best possible dreams; therefore as one places oneself in the position to receive the best possible dream, then it becomes so.

Often initiates rely upon corporations or schools to weave one's dream. One can work with the corporation or school to fulfill upon one's dream if this is one's desired life change as in the above initiate's case; however ultimately each will move towards creating a sovereign dream in which one is not beholden to the pyramid or box shaped system. As this occurs, the dream for one's practice, work, art, dance, music, or community moves entirely into a magnetic flower shaped movement. It is only as this occurs that there is greater unity that can be orchestrated in the dance of life. Holding a flower based dream for one's own business is much easier than trying to push a corporation into a flower based dream beloved. Therefore this is a dream that Earth will assist each in making manifest; finding a sovereign form of employment that it not beholden to a large group for one's day to day living requirements. All that is required to make this so is intention of preoccupation; and then holding the dream long enough without the manipulations of others so that it can manifest into physicality.

There are some businesses and regions that function in a flower petal dream already. Therefore one can also consider relocating to regions and working for businesses that may be small to medium in size that move petal shaped dreams. This occurs in regions that host magnetic dreams from earlier times in human history. Often the countryside hosts such a dream where there are fewer people. This is primarily so today as petal shaped dreams have been less prosperous. However within such a dream as Mila and Oa found upon the Big Island, everyone gets by; no one takes such a large chunk of dream to cause extremes of huge wealth and then the extreme of poverty associated with starvation. There is greater equality therefore in the flower petal dream.

MANIPULATIONS TO THE DREAMTIME PLANES

The seven manifestation planes are also subject to dream manipulations. Sometimes those who one has karma with will confiscate one's dream before it can step down into physicality. Then the dream simply does not occur. As one recasts the manifestation planes in conjunction with Earth through the Temple of Dream Weaving, then the dream can be retrieved and rewoven so that it can step down to the next plane and in time into physicality. Sometimes there are entities or machines launched through oneself or through the field of another into the manifestation planes. The machines may erase a dream or transfer one's dream to the manifestation planes of another. The intent to remove the machines and transcend the karma shall resolve this type of patterning.

Manifestation planes are unique to one's own energy signature; and this is how one knows one's own dreams stepping down from another. Sometimes dreams are super plated with the signature of another and then moved. The intent to lift all false signatures, return all dreams that are not one's own and retrieve all dreams that are one's own resolves this type of manipulation. If a dream is missing, then one will require intention to release the karma with the associated individual or group at cause, and then one will be able to retrieve the dream and recast it into one's manifestation planes.

Sometimes it is one's own mechanized belief systems that will cancel a particular dream, or skew a dream in a direction one would rather not experience. If one finds this is so, then one can begin to intend to transcend the belief systems skewing one's dream. Here is a good example from Mila's own life experience for each to understand. Mila desired a beloved. She put an advertisement in a metaphysical paper for a partner. She met many partners that were not what she really desired. With each experience, she would look within and ask "What drew this particular man into my life?" Then she would deprogram the mechanized thought-form at cause. Eventually she met someone really wonderful, but was not ready to leave his wife (the karma was not complete). This was very heartbreaking; but Mila again went inward and said "What created a partner that is not ready?" In this she confronted her own fear of intimacy and focused upon deprogramming herself of the associated mechanized thought-form.

It was many years later that Mila met Oa. Mila gave up on physical dating services and instead went inward where she met various potential mates upon the inner dreamtime planes instead. In one dreamtime encounter she met a famous teacher of ascension that turned out to be hateful and spiteful in relationship to her; so she rejected this possibility. In dreamtime she also met a tall blond guy that was very loving. She decided she would manifest this dream, and again looked inward at whatever might block the circumstance from becoming physical. She also intended that they not meet until they were both ready to avoid a repeat of her prior experience. It took another 3 years of transmutation on the part of each, but Mila and Oa met at her Intensive in Indiana in summer of 1998. Oa was ready and left his wife and life behind 2 weeks following the Intensive.

It has not always been an easy journey between Mila and Oa; and yet there is love and most importantly a willingness always to look inward and transcend. This has created a foundation from which the human ascension movement upon Earth can be born. For each who desires the ascending beloved (or anything else for that matter), so this can also be your dream as long as you are willing to do your inner homework and transcend the beliefs and patterns that would block the dream from manifesting or skew the dream into an undesirable outcome.

CANCELLING UNDESIRABLE DREAMS

Any dream that is not what one desires can be cancelled upon any manifestation plane before it becomes physical. This is one way that one can screen for accident or death dreams that are inadvertently intended or manipulated into one's field. The dreams will occur both in the dream catcher chakra as well as upon the manifestation planes. The manifestation planes host holographic dreams in the shape of sphere just like the dream catcher chakra; it is only if there is a match between the dream in the chakra and the dream in the manifestation plane that the dream then occurs in the physical. If the dream is missing in the dream catcher chakra or upon the manifestation plane, it will not manifest.

One can therefore erase or cancel undesirable dreams in both one's field and upon the manifestation planes; especially dreams of accidents or other difficult

experiences can be cancelled through conscious intention. The only exception is when there are karmic agreements to cause a particular experience. One can then intend to release all karma before the dream manifests in physicality and stay one step ahead of any potential risk to one's current health and well being. Earth also works with each in monitoring the manifestation planes and dreams in the temples each night to assist in assuring one's safety upon the physical plane.

Manipulated karma can call a dream into both the dream catcher chakra and manifestation planes. It is for this reason that we focus upon returning karma that is not of one's sincere inheritance upon a daily basis. As the dream is returned, the dream will move from one's own field and manifestation planes to the source of origin. More is now understood about how dreams are manipulated through personal energy signatures. There are temples to assist in perceiving the manipulations in dreamtime so that they can be removed, and one can mold one's day to day dream to be a sincere reflection of one's karma, intention and thought-form. Therefore nightly visits to the temples are useful to retaining one's dream in harmlessness to self and others.

ABOUT ACCIDENT AND DISEASE KARMA

Accident karma and disease karma originate in one's tapestry of ancestry. Often such karma is triggered when one is clearing patterning in a particular vibratory bandwidth that an ancestor became sick, had an accident or died within. As one retrieves all the parts of self lost and soul in the particular bandwidth of frequency surrounding Earth, then one can release the contracts that underlie the dream for disease or accidents. Generally dreams for disease have to do with taking on a load of karma from many others at the time that the ancestor was alive, as this is the main way that the forces attempting to press humanity to extinction could cause this outcome. Therefore underlying most disease karma is a load of cause that is not really one's own cause or one's ancestors' cause. As all cause is returned to where it belongs, then one can release the real cause that is of one's inheritance along with all agreements and step out of the game.

Accident karma generally has to do with mutilation to the dream for the etheric body. The etheric body has a dream that also steps down the manifestation planes along with the dream for one's life experience. The etheric body dream, if it is mutilated, will lead to small to large accidents in the physical where the body can become injured. Sometimes this type of dream may not be ones' own and is pressed into the manifestation planes along with ones' dream catcher charka due to manipulation. Other times there may be legitimate karma for mutilation of the etheric body as the agreements engage due to one's current level of ascension, and then the dream for the etheric body becomes mutilated. If one allows the mutilation to step into the physical, then one will create a physical accident or mutilation that is associated.

Scanning the manifestation planes therefore for mutilation to the etheric body daily is useful in releasing the karma or returning karma that belongs to another that would cause mutilation in the physical otherwise. One can cancel the dream,

return karma that is not one's own, and release the karma that is one's own, and one will create safety upon the physical plane into the future. As one continues to ascend, one may feel the etheric mutilations long before they step into physicality. When this occurs, one may feel as though one has sprung an ankle or injured the hand or arm when it has yet to occur in the physical. Mila and Oa now feel physical mutilations months ahead of time; this allows them to release the underlying cause or manipulation long before the dream becomes physical. So can this be so for each who is willing to pay attention and clear their karma ahead of time.

Why is there so much injury and disease in the human expression? Perhaps this is simply because humans have been pressed toward extinction in so many falls in consciousness throughout human history. The dance of extinction is a mutilative process for the human hologram itself strives for continued life and health as well as procreation. In order to create disease and death, the hologram must be manipulated in such a direction. The dark have become crafty in how this occurs. Each manipulation has come to be understood over time by the map carvers of ascension so that all may work their way out of a cycle of extinction and instead into a cycle of ascension ahead.

Nature will provide ongoing feedback about the state of one's dream if one pays attention. Bees and ants can be likened to those dreams that gather others to one's life experience. Spiders and spider webs can be likened to the web one has cast in association with one's intended dream. Bees that are not doing well may be indicative of one's dream of gathering not holding. Ants that are invasive may be indicative of having one's dream invaded and manipulated. Spider webs that are shattered may be indicative of one's dream being broken or lost. Dead or mutilated animals may be indicative of death or accident karma to be released or returned from one's dream or manifestation planes. As one pays attention, then one can reweave and recast the dream and release or return karma so that one's future dream remains intact and one is more likely to manifest one's desired intentions.

THE NATURE OF DREAM WEAVING

Dreams are not only holographic movies, but also contain spells that weave others together for a particular shared experience. The web of dreams also weaves the dreamtime movies that are associated with a particular script stepping into physicality and all the players are contained within it. A good example of this is Conclave. Conclave is a dream that all that intend to co-create down all seven manifestation planes. The dream is watched carefully by Earth along with Mila and Oa and edited until unity prevails during the physical event. As each co-creating the event learns to release karma ahead of time, a unity-based experience is more assured.

The school is moving to gather those willing to become conscious dream weavers together. This creates a very exciting dream for all to watch, as the last time humans constructed such a dream was in the era of the Grand Masters 50,000

years ago. Earth hopes that community will be co-created in parallel manner, and this will create a very unique experience for each participating in such a dream.

In parallel manner, corporations, banks and other groups including spiritual groups such as churches create a web of dream as well. This type of dream is pyramidal or square in shape with each held like a bug in a spider web in their position within the dream. It is the threads of attachment along with energy flow that unites one with the pyramidal or box shaped dream in each circumstance in one's dance of life. As one strives to dismantle all ties to each electrically based dream, one can emerge like a butterfly from the cocoon and fly free of the current paradigm, weaving a dream to one's greater liking through conscious intention.

The threads of attachment into the pyramidal or box shaped dream planes are large for each reading these materials. It may take years and years of continued ascension work for most ascending humans to work their way entirely out of all box or pyramid dreams. However it is possible, and as this is accomplished, one also works one's way off the reincarnation cycles that others will be bound unto for another generation. This is a great gift to one's ancestry, and a great gift to one's life which will have an opportunity to experience greater freedom in dream weaving when accomplished.

The rewards need not be a part of the distant future; each pyramid or box one has associated with since birth is to be stepped out of. As this is accomplished, one will free up a part of one's life to have greater freedom in the dreams to be experienced upon the physical plane. As Mila worked her way out of the Marriage Pyramid, Oa could become a part of her life. As Oa worked his way out of the Work Pyramid, he could co-direct SSOA instead. As Mila and Oa worked their way out of all pyramids and boxes associated with their ancestry, they are now free to weave a dream that will support human evolution. So it can be for each.

THE NATURE OF SPELLS

Spells are the threads that assist in interconnecting others that share one's dream. There are positive spells that create experiences that support oneself and others. Positive spells are woven of the positive serpents in one's field or the field of another. There are negative spells or black magic spells that create experiences that destroy oneself or others. Negative spells are woven from the space between serpents in one's field or the field of another. Black magic spells have occurred in countless ancestral experiences; perhaps one cast a spell for death upon others in one's ancestry and now the other casts death spells upon oneself in present time. As one retrieves all agreements going back to the original cause and chooses to forgive, the slate is wiped clean and the spells laid in upon oneself shall release as well as any spells one has laid upon another without awareness. Then one need not be subject to the black magic manipulations of others.

When one intends, one also casts positive spells. Often the spells are cast from the heart, hands and feet. Threads are created in the intention to others that are

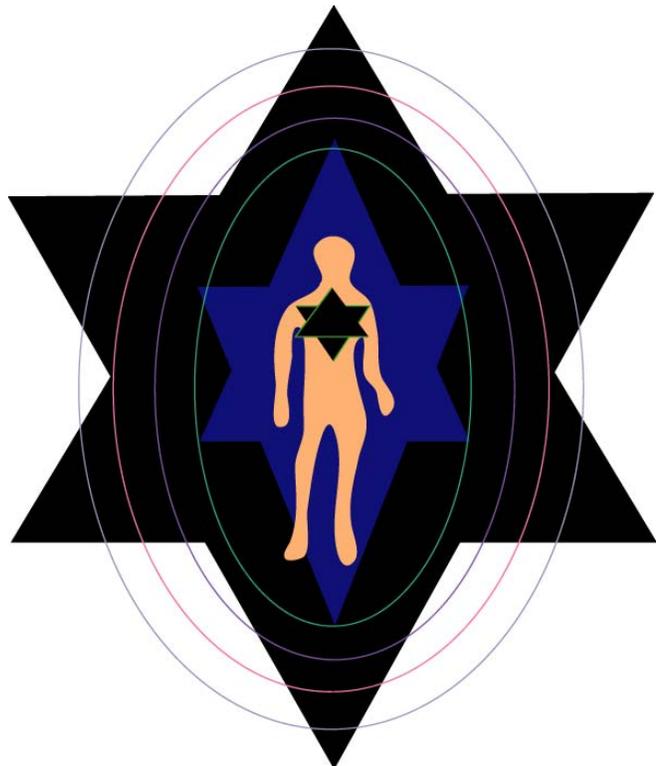
associated in a dream that parallels. These spells are not black magic in nature but assist in gathering others that one has karma with or soul agreements with to experience the dance of life. It is only as one desires to gather a large group that the spells can become caustic to the etheric body. This Mila and Oa came to understand and learned to cast spells outside of the etheric body entirely. This is something Earth is also moving towards so that her etheric body is likewise uncompromised in the act of intentionalizing and dream weaving.

How did intentions and dream weaving become associated with cords of attachment? This has to do with electrical or straight line energy flow. Electrical thought-form strives to connect to everything else. As one chooses to transcend all electrical programming, then one will move to a rotational energy flow that interconnects one another with moving energy instead. The figure 8 and triple lotus create a moving energy system that holds the dream together for many to gather or co-create a common experience. This type of moving dream was experimented with at Conclave and successfully called all but one who attended in dreamtime to the physical event. Earth perceives in this that the moving dream still unites those who resonate for the common dream such as Conclave.

As one moves from mechanized field to moving figure 8 flow, one will also cease to attach to others in a web to call one's dream unto oneself. This takes a little more reprogramming to accomplish, but one's ancient ancestry knew how to dream weave with moving energy instead of stagnant energy, and so one simply has to call these ancestors forward and ask them to teach you how to dream weave in the new modality. In so doing, one's spells will not deteriorate the etheric body, especially if one has the path of gathering others for spiritual events or even community building.

HOW TO STEP OUT OF THE PYRAMID OR BOX

Many may discover that there are pyramids spinning in the space between of one's energy field. This flow causes one to participate in the pyramidal dreams with the corporations or groups that one affiliates with. Often the pyramids will spin in the heart region, sexual energy region or head region; between the etheric body and the subtle bodies, between the subtle bodies and the dreamtime self, and also between the dreamtime self and the light body body-double. It is as the pyramids spin that one may lose or gain information in association with where one is



positioned within the pyramidal dream.

If one is at the bottom of any given pyramid, one may be stripped of chi, moving energy systems, and dream and gain karma or density from others on the top of the pyramid as the pyramids spin in one's field. If one is in the upper part of the pyramid, one may not notice the dance as much as one may gain a small amount of karma or density from those above and send equal amounts of karma and density to those beneath.

The exchange only occurs as the pyramids spin. Pyramids may not spin all day long but only as one engages with the associated group that hosts the pyramidal dream. Therefore one can become aware of when pyramids are triggered, and intend to retrieve anything lost and return anything gained so that one's ascension is not compromised in the dance of life within the pyramidal dream.

In choosing to step out of the dance of pyramids, one must collapse each pyramid within one's field. To accomplish this, one will first freeze each pyramid so that it ceases to rotate. Then take the tip of each point and press it into the base until it flattens. One can then shatter the base, pushing it from one's field altogether through intention. As this is done, one will shut down the pyramidal spin in one's field and step out of the game of taking on or giving of information or parts of self.

It is often as the pyramids spin that one's space between expands and expands to allow entire moving energy systems to be manipulated between parties, such as one's chakras, digestive system, sexual energy system or subtle bodies. As one learns to restrain the space between to a minimal level through collapsing the pyramids that wish to puff up this region of domain, it will become increasingly difficult for information to leave or karma or density to be transferred into one's field; it will also be more difficult to lose large moving energy systems.

Over time and through intention, each level of pyramids that one has hidden in the field due to agreements to participate in the electrical dream can be collapsed; one will also have to release all karma and contracts to participate. Then one can simply step out of the game and into a new figure 8 or triple lotus dream in each area of one's life experience.

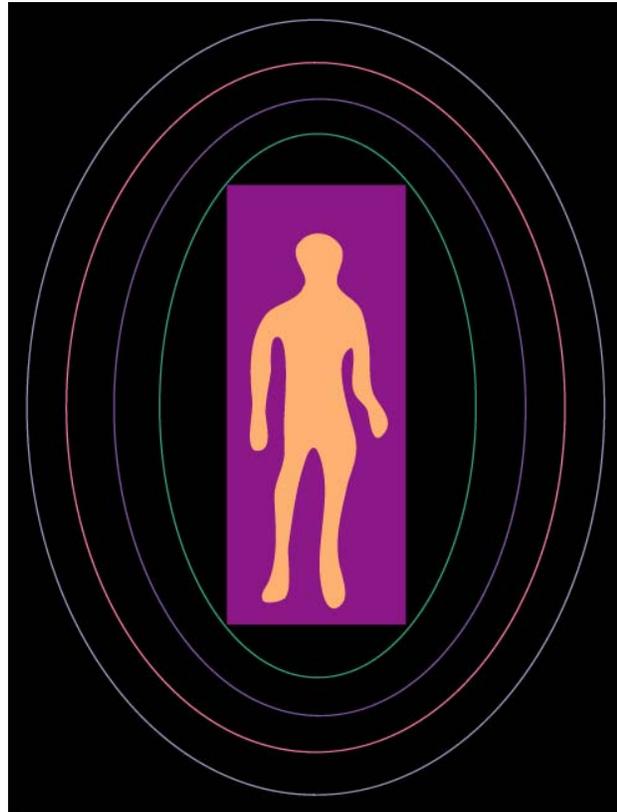
Understand that pyramids that spin in association with family may not run until one spends time with one's mother or the family over the holidays; or speaks to one's sister over the phone. The health pyramid may not spin until one enters a health food store or doctor's office. The education pyramid may not spin until one goes to class or on campus. The real estate pyramid may not spin unless one meets with an agent or goes to work if this is one's preoccupation. The money pyramid may not spin until one goes to the bank or exchanges foreign currency. And so it is that one will work one's way out of the pyramidal game one pyramid at a time, collapsing them until none run; after which one will enter a new dream that is more greatly unity-based founded upon lotus energy movement.

Box shaped pyramids are no different than the pyramidal dream in Earth's experience. The box shaped geometry may compress upon the etheric body so

greatly that it is difficult to expand in ascension. Collapsing the box shaped configurations within one's field also require freezing and collapsing the points into two bases and then shattering the bases until all pieces leave the field. Then one will cease to move box shaped sacred geometry and step out of the game.

Box shaped pyramids do not strive to take information or karma and move it about. Perhaps this is simply because the Reptilians were not attempting to extend their lives through manipulative means that this is so. Therefore box shaped sacred geometry does not tend to trade anything but dream. Those on the outside of the box shaped dream have all dreams available unto them and they can strip anyone within their box of their dream as a result. Those in the middle will give their dream to those holding the group dream out of codependent thought-form (i.e., take care of me). Those leaving behind this box shaped flow will therefore release within the associated codependent thought-form.

Pyramidal thought-form also hosts a codependent thought-form of its own related to competition; each stands upon the other in the pyramidal dream; those on top stands upon those underneath; those in the middle stand upon those at the bottom. Those on top vie to press others on top out of the game. Each must remain in their position in order for the pyramid not to collapse. It is for this reason that the ancient ancestors recommend replacing oneself as one steps out of each pyramid or box with another who has karmic agreements to participate in the game, as this then frees oneself up to ascend out of the dance. In time as enough step out of the pyramidal or box game altogether, the entire system will collapse giving birth to a new system that is rotational and unity-based. This is what the coming 25 years of cleansing shall bring forth.



As the old system dies it may be confusing to the human species. The incoming children however will pull those related unto them into the new figure 8 dream allowing for a smoother transition than might occur otherwise. Each in this program anchors interests and dreams that are a part of one's life into the new figure 8 dream; what may occur is simply the death of pyramidal or box shaped corporations and governments and the birth of smaller family or community operated businesses in a figure 8 dream that take over the services or products

necessary to the human dance of life. This shall allow a more gradual transition from the old paradigm into the new in the coming times of cleansing ahead.

ABOUT THE LIGHT AND DARK EARTH DREAM

Not too long ago, Mila discovered that there was a light and dark earth dream. The light earth dream strives to piece everything together for ascension; the dark earth dream strives to separate and divide or in other terms destroy. The dark earth dream came to be as the Anu puffed up the space between along the surface of the Earth. The space between is designed to separate and divide; when puffed up, now a dream of destruction prevails in the associated regions. Those living in the puffed up space between regions of domain experience a dream of earth that desires to tear one apart rather than support evolution.

Each has genealogy that sits in either light or dark earth dream. All Anu or Anu slave nation lineages tend to sit in a dark earth dream as this was their inherent nature. Red nations' tribes once sat exclusively in a light earth dream. To extend their lives, the Anu began to trade light earth for dark earth dreams with certain tribes. Over time it came to be that certain tribes existed in a dark earth dream and others in a light earth dream. Those in the dark earth dream eventually began to compete with those in a light earth dream leading to tribal disputes and warfare over territory. Perhaps this also came to be so as the vegetation did not provide as much nourishment or sustenance within the dark earth dream of such tribes.

Today, Earth perceives within the human expression two patterns of light and dark earth dream. In the west, some family members are born in light earth dream and some in a dark earth dream. In the east, entire families tend to be born either in the light or dark earth dream rather than individual family members. This creates confusion and misunderstanding between humans or families, as in Mila's own family experience. Mila and her father existed in a light earth dream where life felt and ran better and was more supportive. Mila's mother and brother existed in a dark earth dream and appeared angry and upset much of the time. There was little that either Mila or her father knew to do to resolve the dissonance of the other family members as this would require different lineages. Mila's mother had Anu inheritance to Innana and her brother to Zeus. In either case these two would end up in a dark earth dream due to inheritance.

Over time Mila's mother would take Mila's light earth dream surrounding relationship and created a better dance with Mila's father. This did indeed extend the relationship between them which might have ended in divorce otherwise. Instead the relationship ended in death as Mila's father died of conjunctive heart failure not too long ago. In any case one can see in this how portions of light earth and dark earth dreams can be swapped out with another.

Some humans have appeared to be able to go between the light and dark earth dreams. In reality it has been shown that these humans really had Anu inheritance and simply were gifted at taking light earth dreams from others. The reality is that one is at choice of what dream one sits in provided one has

inheritance to support it. One can learn to draw those ancestors who lived inherently in a light earth dream forward and teach you learn to do the same. As one learns to sit in the light earth dream, all around oneself will support one's goal of ascension and assist in the process of gathering oneself up. This is what Earth desires all ascending humans to do over time; to move into the light earth dream together and cease to bargain or trade dreams, as there is really no requirement to do so in the greater understanding of conscious dream weaving practices.

LIGHT EARTH DREAM AND FIGURE 8 ENERGY FLOW

Each will have ancestors who existed in a light earth dream. Each can begin to bring these ancestors forward and learn to live in an exclusively light earth dream that will support one's ascension from this point forward. One can also learn to anchor the light earth dream where one lives. The light earth dream will run only with figure 8 or triple lotus energy flow.

Why is this so? Earth is not an electrical creation; she has become electro-magnetic in nature and is striving to ascend as a whole into magnetic only energy patterns. Until this has been accomplished, there will be an electromagnetic dream for all to participate in within the light earth. Therefore the light earth dream will run in a figure 8 electromagnetic flow until Earth herself transcends this pattern through global ascension. At this time it may take 20 years for this to be so; and so those resting at 2200-3000 strands that have yet to ascend into the triple lotus movement will continue to have a place in Earth's dream. Beyond this however all humans will require movement from figure 8 into the triple lotus to continue to ascend with Earth.

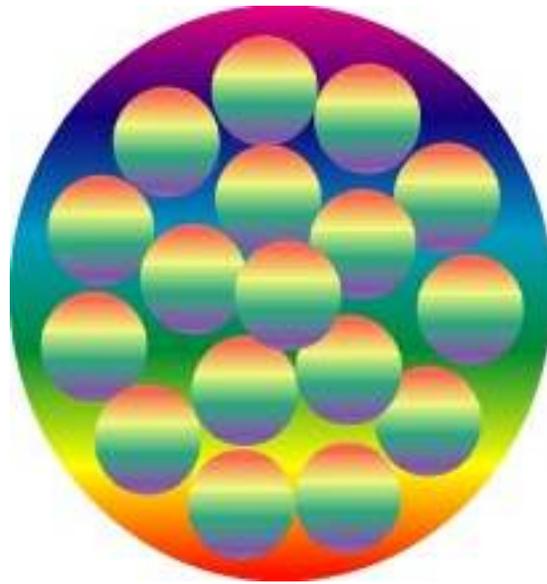
Each may begin to witness how a light earth dream is easier to sustain as one spins figure 8 or triple lotus patterning in one's field. One will naturally call and anchor the light earth dream in so doing. The moment pyramids or box shaped geometry begins to spin however; one will pull a dark dream or expanded space between region of domain around oneself. This is why the light earth dream feels so much better; it is filled with chi, soul, angels, divas and nature. In the expanded space between of the dark earth dream, there is only a void of emptiness; which is why each trapped within such a dream ages rapidly. It is also for this reason that the country feels better to ascending initiates than the city feels; for in the city there is only a void that does not sustain one's field. In the country is movement of energy, chi, soul, angels and divas to support one's field. It is for this reason that we also recommend that ascending initiates relocated unto the country.

Therefore one first can begin by choosing to attune to the figure 8 energy flow and anchor a light earth dream around oneself. Then pay attention to when suddenly the dream shifts and feels less than supported or nurtured. Then take a look at your own field; are there pyramids or boxes spinning? Intend to freeze and collapse them. Then pay attention to the corporate, regional, or governmental pyramidal or box shaped dream that one is tethered unto in the dance. Intend to complete with this particular dream and draw oneself into a unity-based dream of the new consensus in its place. Little by little each will begin to retrain oneself to

live in a unity-based light earth dream. This is a prerequisite for community building as it will only be as the group can spend more time in the light earth dream that the problems of group dynamics that are mutilative of field can cease.

ANCHORING THE LIGHT EARTH DREAM INTO ONE'S REGION

The light earth dream is a series of bubbles that are Language of Light colored; the space between the bubbles is primary in color. One may wish to intend to reduce the space between to 18% surrounding oneself creating bubbles of Language of Light, one of which will surround one's home or office to sustain it in the light earth dream. As one works with Earth, one can expand this dream to contain a region potentially hundreds of miles around oneself in the anchoring. This will allow for a light earth dream to begin catching amongst humans in one's regions of origins. The light earth dream shall lead to greater peace and unity in human relations around oneself.



Cities are difficult places to anchor light earth dreams. The light earth dream requires nature; trees, birds, waterways, oceans, mountains, rivers, parklands and so on which will quite naturally hold a light earth dream. One may even wish to attune to where there is already light earth dream naturally anchored in a state or national park nearby; and go visit this region to experience what a light earth dream feels like. Then one can ask the land therein to expand the light earth dream into one's region of origins and beyond; or interconnect between parklands in variant regions around one's state or nation. The light earth consciousness naturally seeks to expand; and as one invites it to do so, so it will be, except perhaps in the high rises of the cities.

Humans of electrical nature expand the dark earth dream everywhere they go. Now humans of magnetic nature shall reduce the dark earth dream and expand the light earth dream in counterbalance. In so doing, a restoration of peace and unity can prevail in the human experience again. In time, the light earth dream shall dominate again as it has in many other time periods. We have records now of peaceful unity-based civilizations on continents the size of Europe that flourished for thousands and thousands of years. These civilizations existed long before the era of the Pharaohs' of Ancient Egypt; but they did once exist. This is the dream for unity that we are now striving to bring into present time in preparation of mass human ascension. As this dream becomes the dominant dream ahead, it shall pull humans into a new dance where the greater good of the whole is considered above and beyond personal and selfish desires. This is the new dream

ahead beloved, and each contributes in moving into the light earth dream unto this goal.

MOVING ALL BODY PARTS INTO THE LIGHT EARTH DREAM

Another focus that appears helpful in crossing over into the light earth dream is to make sure that all parts of the field and etheric biology sit in the same dream. Let us say that one drew genealogy at birth for certain parts of the body from the Anu or Anu slave lineages in one's inheritance; these parts of the body will be electrical and therefore will not sit well in the light earth dream. As one researches those ancestors who were red nation and held magnetic biology for each of these regions of the body, now one can intend to ascend into a magnetic blueprint that will allow each part of the body to sit in magnetic flow and therefore in the light earth dream.

Magnetics have to do with salts and bones primarily. Salts and minerals in the cells and bones that are electrical will conduct electrical energy flow. Salts and minerals that are magnetic will conduct magnetic energy flow. What Earth perceives is that those that can ascend into 60% magnetic biology will begin to create an electromagnetic energy flow that can easily run the figure 8 movements and then attune to a figure 8 light earth dream. If one's ancestors descended from magnetic biology into electrical biology, then one can ascend from electrical biology into magnetic biology. This is to be a continued focus and theme for the workbook ahead and in particular for those studying in the Community Program of SSOA. As each ascends into increasingly magnetic biology, then it becomes easier to attune to the light earth dream and receive greater support for one's continued life experience and evolution.

MOVING INTO GLOBAL SERVICE

As one moves into a light earth dream, one becomes a collaborative initiate in the dream of Earth. Now you will be able to communicate with the consciousness of Earth as to what you perceive that requires clearing and Earth will be able to reach in and give a helpful hand as it will serve her ascension as much as yours. In so doing, ascending humans begin to redefine global service work into a daily one to one communion in which your ascension and perceptions assist Earth's global ascension and Earth in turn assists your ascension. This too is a part of the new dream ahead and each working with these materials may foster such a relationship unto Earth now through intention. In so doing, one becomes a part of the flow; a part of the whole; and a part of the ONE again. This allows one to come "home" NOW.



Homecoming is a funny thing; one expects homecoming to be long away and far into the distant future. Perhaps homecoming is really simply realigning with the consensus of which you are part for the purposes of evolution. Then you have a place and part and script in the whole; and from this you arrive "home". Does this mean that one will experience a blissful ever after sort of dance where everything works out to one's liking? Well no. There are still spiritual lessons to learn along the way and one has karma to clear to continue to evolve. However in collaboration, Earth shall make your journey a little easier and you shall make Earth's journey possible. Earth can shed insights upon your personal evolutionary experience so that you can understand the larger picture; and then from such an understanding you can forgive. Through the forgiveness you shall transcend into a greater day of unity and joy ahead.

There is no easy path home. Mila and Oa will attest unto this. Their journey has been extremely difficult. However each level mastered has created a greater level of "homecoming" in their personal life experience. Homecoming can be equated with deeper and deeper levels of communion with body, Earth and soul; in the communion there is ecstasy and joy that often defies words to describe. However this is the gift unto each willing to open the heart, forgive and commune.

SUMMARY

We have spoken to many focuses that support ascension in this chapter and within all chapters of this workbook. We shall continue to bring through information in the years ahead that shall define new focuses that support your continued evolution. The worksheet section of this chapter shall offer up suggested focuses in support of conscious dream weaving.

The next series of chapters shall delve into concepts associated with the dual tones of the Language of Light. The purpose of the next series of materials is to break down the belief systems of permanence upon the physical plane. Much change lies ahead; many may perish; entire cities may cease to be. The focus of the chapters to come will be to assist those who will remain in embracing the changes in greater ease and with less turmoil and suffering.

Earth loves humanity. She loves humans that are willing to walk this path and do the inner healing work that allows for transcendence, transformation and ascension into unity-based biology. Although there are few willing to journey inward at this time, the times ahead shall give birth to inner focus as the primary focus for all humans. Peaceful and unity-based relations will be the result, along with a period of working with the land and nature in honor and communion. These times will be very different from what has been; and yet each in this focus of map carving ascension will leave behind a legacy that shall not be forgotten; as you are the ones willing to step forward to alter the world by altering your inner world. And so it shall be . . .

Until our next communication,
Namaste, Earth Mother



"Opening the Heart" by Judith Anya Roderick

CHAPTER 7 WORKSHEET

MONITORING ONE'S DREAM

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"
November 25, 2005

MONITORING ONE'S DREAMS	
<p>1. Who are the dream brokers that I have known in this lifetime?</p> <p>Test also if you have been a dream broker in the unconscious in this lifetime.</p> <p><i>I intend to cease allowing dreams to be moved through my field to another if I have been a dream broker in this lifetime.</i></p> <p><i>I intend to forgive all ancestors who were dream brokers in their lifetime so that I can step out of the game of bartering for dreams.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to retrieve all dreams that I have given to the above individuals in the dance of life.</i></p> <p><i>I intend to return any dreams that are not my intention to their source of origin.</i></p> <p><i>I intend to research the original cause for how our ancestries began to barter dreams with the nonphysical.</i></p> <p><i>I intend to cease to barter my dreams away to the nonphysical through the dream brokers.</i></p>
<p>2. Do I have poverty karma that requires releasing at this time? Is all the karma of my own inheritance?</p> <p>___yes ___no</p> <p>Who is it in my life dance that tends to deposit their poverty karma upon me?</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to take on poverty karma of others.</i></p> <p><i>I intend to release my own poverty karma so that balanced giving and receiving along with abundance can be my life experience.</i></p> <p><i>I intend to research the original cause for how my ancestry took on poverty karma for others and release it in full.</i></p>

<p>3. Do I tend to give poverty karma to others?</p> <p>___yes ___no</p> <p>Who is it in my life that I tend to depress my poverty karma upon?</p> <p><i>Poverty only is the result of extremes in polarity where some have way too much dream and others way too little. In order to step out of the game and enter a state of abundance, one must release all of one's own poverty karma; this requires the karma to be present in the field to be transmuted.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to give my poverty karma away unto others.</i></p> <p><i>I intend to retrieve all poverty karma that is my own and release it in full through forgiveness.</i></p> <p><i>I intend to have just enough dream to sustain my existence in comfort including travel and a beautiful living environment in a place that serves my ascension.</i></p> <p><i>I intend to step out of the extremes of wealth and poverty through ascension and into the dance of unity.</i></p>
<p>4. Do I have a dream for my body and ascension?</p> <p>___yes ___no</p> <p>Who do I tend to give my body level dream away unto?</p> <p><i>The body level dream should have all components of one's field inherent within it.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to cease to give body level dreams to another.</i></p> <p><i>I intend to release all karma for how body level dreams have been traded over time.</i></p> <p><i>I intend to weave my own body level dream that takes into consideration the ascension of all cells.</i></p> <p><i>I intend to research the original cause for where my ancestry began to trade body level dreams and release all karma in full.</i></p>

<p>5. Do I tend to take body level dreams from others?</p> <p><input type="checkbox"/> yes <input type="checkbox"/> no</p> <p>Who do I tend to take body level dreams from?</p> <p><i>The bodies of others may host diseases and may not be ascending. Therefore taking on their dream does not support my evolution.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p><i>I intend to cease to take body level dreams from others.</i></p> <p><i>I intend to weave my own body level dream that supports each phase of ascension for every cell in my body.</i></p> <p><i>I intend to research the original cause for where my ancestry took body level dream from others and release the karma in full.</i></p>
<p>6. Do I have a complete body level dream for all parts of my biology?</p> <p><i>I intend to reweave my body level dream to be whole and complete in support of my continued ascension and evolution.</i></p> <p><i>I intend that the body level dream is recast at least once per week by my source to contain the next level of evolutionary DNA required to ascend.</i></p> <p><i>I intend to release karma for giving parts of my body level dream away unto others.</i></p> <p><i>I intend to research the original cause for how I lost parts of my body level dream and release the karma in full.</i></p> <p><i>I intend a complete biological ascension in this lifetime.</i></p>	<p><input type="checkbox"/> Nervous System <input type="checkbox"/> Brain <input type="checkbox"/> Brainstem <input type="checkbox"/> Spinal Column <input type="checkbox"/> Spinal Cord <input type="checkbox"/> Nerves <input type="checkbox"/> Pineal Gland <input type="checkbox"/> Pituitary Gland</p> <p><input type="checkbox"/> Breath of Life <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Rib Cage</p> <p><input type="checkbox"/> Digestion and Waste Management <input type="checkbox"/> Esophagus <input type="checkbox"/> Stomach <input type="checkbox"/> Small Intestine <input type="checkbox"/> Large Intestine <input type="checkbox"/> Gall Bladder <input type="checkbox"/> Kidneys <input type="checkbox"/> Bladder</p> <p><input type="checkbox"/> Circulatory System <input type="checkbox"/> Heart <input type="checkbox"/> Lymph Nodes <input type="checkbox"/> Veins <input type="checkbox"/> Lymph <input type="checkbox"/> Spleen <input type="checkbox"/> Bone Marrow</p> <p><input type="checkbox"/> Reproduction or Regeneration <input type="checkbox"/> Uterus <input type="checkbox"/> Ovaries <input type="checkbox"/> Testes <input type="checkbox"/> Regeneration Glands</p> <p><input type="checkbox"/> Metabolism <input type="checkbox"/> Thyroid <input type="checkbox"/> Thymus <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver</p> <p><input type="checkbox"/> Sensory Organs <input type="checkbox"/> Skin <input type="checkbox"/> Eyes <input type="checkbox"/> Ears <input type="checkbox"/> Nose <input type="checkbox"/> Mouth</p> <p><input type="checkbox"/> Body Structure <input type="checkbox"/> Muscles <input type="checkbox"/> Bones <input type="checkbox"/> Arms <input type="checkbox"/> Hands <input type="checkbox"/> Legs <input type="checkbox"/> Feet</p>

<p>7. What body parts do I tend to lose recurrently in my body level dream?</p> <p><i>I intend to release all karma for recurrently giving my dream for certain body parts away unto others.</i></p> <p><i>I intend to research the original cause for how my ancestry gave of their body level dream and portions therein to others.</i></p> <p><i>I intend to release how my ancestors became ill due to having no body level dream for certain body parts; or for starving due to a lack of body level dream altogether.</i></p> <p><i>I intend to release all karma for trading body parts in my ancestry and step out of this game in full.</i></p> <p><i>I intend to reweave and recast my dream for my body to be whole and complete.</i></p>	<p>___ Nervous System ___ Brain ___ Brainstem ___ Spinal Column ___ Spinal Cord ___ Nerves ___ Pineal Gland ___ Pituitary Gland</p> <p>___ Breath of Life ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p>___ Digestion and Waste Management ___ Esophagus ___ Stomach ___ Small Intestine ___ Large Intestine ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p>___ Circulatory System ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph ___ Spleen ___ Bone Marrow</p> <p>___ Reproduction or Regeneration ___ Uterus ___ Ovaries ___ Testes ___ Regeneration Glands</p> <p>___ Metabolism ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p>___ Sensory Organs ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p>___ Body Structure ___ Muscles ___ Bones ___ Arms ___ Hands ___ Legs ___ Feet</p>
<p>NOTES:</p>	

<p>8. What body parts do I tend to take on from others stripping them of their body level dream?</p> <p><i>I intend to cease to take the dream of certain body parts from others that may not be ascending.</i></p> <p><i>I intend to research the original cause of how my ancestry began to take on the body level dreams of others.</i></p> <p><i>I intend to release all karma for any exchange of body level dream.</i></p> <p><i>I intend to release my karma for disease that is associated.</i></p> <p><i>I intend to release my karma for poverty and starvation that is also associated.</i></p> <p><i>I intend to transcend this dance of stripping others of body level dream as this is no longer necessary.</i></p> <p><i>I intend to recast and reweave my body level dream once per week to assure that it supports my continued ascension.</i></p>	<p>___ Nervous System ___ Brain ___ Brainstem ___ Spinal Column ___ Spinal Cord ___ Nerves ___ Pineal Gland ___ Pituitary Gland</p> <p>___ Breath of Life ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p>___ Digestion and Waste Management ___ Esophagus ___ Stomach ___ Small Intestine ___ Large Intestine ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p>___ Circulatory System ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph ___ Spleen ___ Bone Marrow</p> <p>___ Reproduction or Regeneration ___ Uterus ___ Ovaries ___ Testes ___ Regeneration Glands</p> <p>___ Metabolism ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p>___ Sensory Organs ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p>___ Body Structure ___ Muscles ___ Bones ___ Arms ___ Hands ___ Legs ___ Feet</p>
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<p>9. In the dance of life, what dreams do I tend to give to others?</p> <p><i>I intend to release all karma for giving away the dreams that I desire to make manifest.</i></p> <p><i>I intend to research the original cause of why my ancestry loses dreams that lead to inner fulfillment.</i></p> <p><i>I intend to retrieve all dreams that I have given to others and cease to participate in this dance.</i></p> <p><i>I intend to release all karma for non-fulfillment throughout my ancestry.</i></p> <p><i>I intend to manifest my dreams in this lifetime.</i></p>	<p>___ Abundance ___ Job ___ Home ___ Beautiful Clothes ___ Beautiful Place to Live ___ Travel ___ Recreation/Relaxation ___ Transportation ___ Sovereign form of income</p> <p>___ Self Expression ___ Art ___ Music ___ Writing ___ Teaching ___ Jewelry ___ Pottery/Sculpting ___ Gardening ___ Making Herbal Tinctures ___ Cooking ___ Dance ___ Massage ___ Other healing practices</p> <p>___ Dance of Life ___ An ascending beloved ___ Ascending children ___ Ascending friendships ___ Ascending community</p> <p>___ Other</p> <hr/> <hr/> <hr/> <hr/>
<p>NOTES</p>	

<p>11. Do I allow Hollywood to take my dreams?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><i>Hollywood strips more human dreams to manifest the films and television shows than any other dream broker. Hollywood is a group dream broker. As humans lose dreams to Hollywood, they cease to be able to have dreams to live their lives with. This causes a life of boredom rather than fulfillment or living a life founded upon fantasy.</i></p>	<p><i>I intend to retrieve all dreams that I have given to the movie and television producers or books and magazines over time.</i></p> <p><i>I intend to cease to give my dreams to Hollywood by ceasing to watch their movies or shows.</i></p> <p><i>I intend to retrieve all dreams lost to the media throughout my ancestry.</i></p> <p><i>I intend to research the original cause of how dreams were lost to the media in my ancestry and release the karma in full.</i></p> <p><i>I intend to live a full and fulfilling life, and not live a imaginary life in front of the television, or through books, movies or magazines.</i></p> <p><i>I intend that the dreams that I intend are made manifest in the physical to be experienced and enjoyed.</i></p>
<p>12. What types of dreams do I tend to give to Hollywood and their famous actors and actresses?</p> <p><i>I intend to retrieve all dreams given to the actors and actresses of Hollywood. Each actor and actress represents an Anu family member that my red nation's ancestors sacrificed a dream of fulfillment for.</i></p> <p><i>I intend to cease to sacrifice my dreams unto those deemed of fame or fortune or in any position of power or authority over me.</i></p>	<p><u>Abundance</u> <input type="checkbox"/> Job <input type="checkbox"/> Home <input type="checkbox"/> Beautiful Clothes <input type="checkbox"/> Beautiful Place to Live <input type="checkbox"/> Travel <input type="checkbox"/> Recreation/Relaxation <input type="checkbox"/> Transportation <input type="checkbox"/> Sovereign form of income</p> <p><u>Self Expression</u> <input type="checkbox"/> Art <input type="checkbox"/> Music <input type="checkbox"/> Writing <input type="checkbox"/> Teaching <input type="checkbox"/> Jewelry <input type="checkbox"/> Pottery/Sculpting <input type="checkbox"/> Gardening <input type="checkbox"/> Making Herbal Tinctures <input type="checkbox"/> Cooking <input type="checkbox"/> Dance <input type="checkbox"/> Massage <input type="checkbox"/> Other healing practices</p> <p><u>Dance of Life</u> <input type="checkbox"/> An ascending beloved <input type="checkbox"/> Ascending children <input type="checkbox"/> Ascending friendships <input type="checkbox"/> Ascending community</p> <p><u>Other</u></p> <hr/> <hr/> <p><i>I intend to live the fulfilling ascending life.</i></p>

INTENTION

<p>1. Do I have a full set of records on intention?</p> <p style="text-align: center;">___ Yes ___ No</p> <p>Who do I tend to give my ability to intend away to?</p> <p><i>Intention has a series of information that is a part of one's akashic records. If one loses this information, intention will not work well.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to release all karma for giving my information on intention away.</i></p> <p><i>I intend to gather all records on the ability to consciously intend from my red nation's ancestor.</i></p> <p><i>I intend that my red nation's ancestors who understood conscious dream weaving step forward and assist me in learning how to intend.</i></p> <p><i>I intend to release all karma in my ancestry for how the information on intention was lost over time.</i></p>
<p>2. Who do I tend to dream weave for?</p> <p><i>Weaving dreams for others is a codependent dance in which one's own creative flow ends up used to manifest for others. This depletes one's own ability to manifest for oneself the dreams that one desires.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p><i>I intend to release all karma for weaving dreams for others.</i></p> <p><i>I intend to research the original cause for how my ancestors began to weave dreams for others and release this karma in full.</i></p> <p><i>I intend to only weave my own dream with my own intentions that is founded upon my ascending truth in action.</i></p> <p><i>I intend to push another who has karma into the role of dream weaving for others as I step out of the game.</i></p>

3. Do I have a full set of will centers to support the intensions that I make?

Yes No

Which will centers are non-existent?

1st or Grounding Will Center

2nd or Sexual Will Center

3rd or Power Will Center

4th of Love Will Center

5th or Creative Will Center

6th or Visionary Will Center

7th or Spiritual Knowledge Will Center

Which will centers are too small to provide the power required behind my intentions?

1st or Grounding Will Center

2nd or Sexual Will Center

3rd or Power Will Center

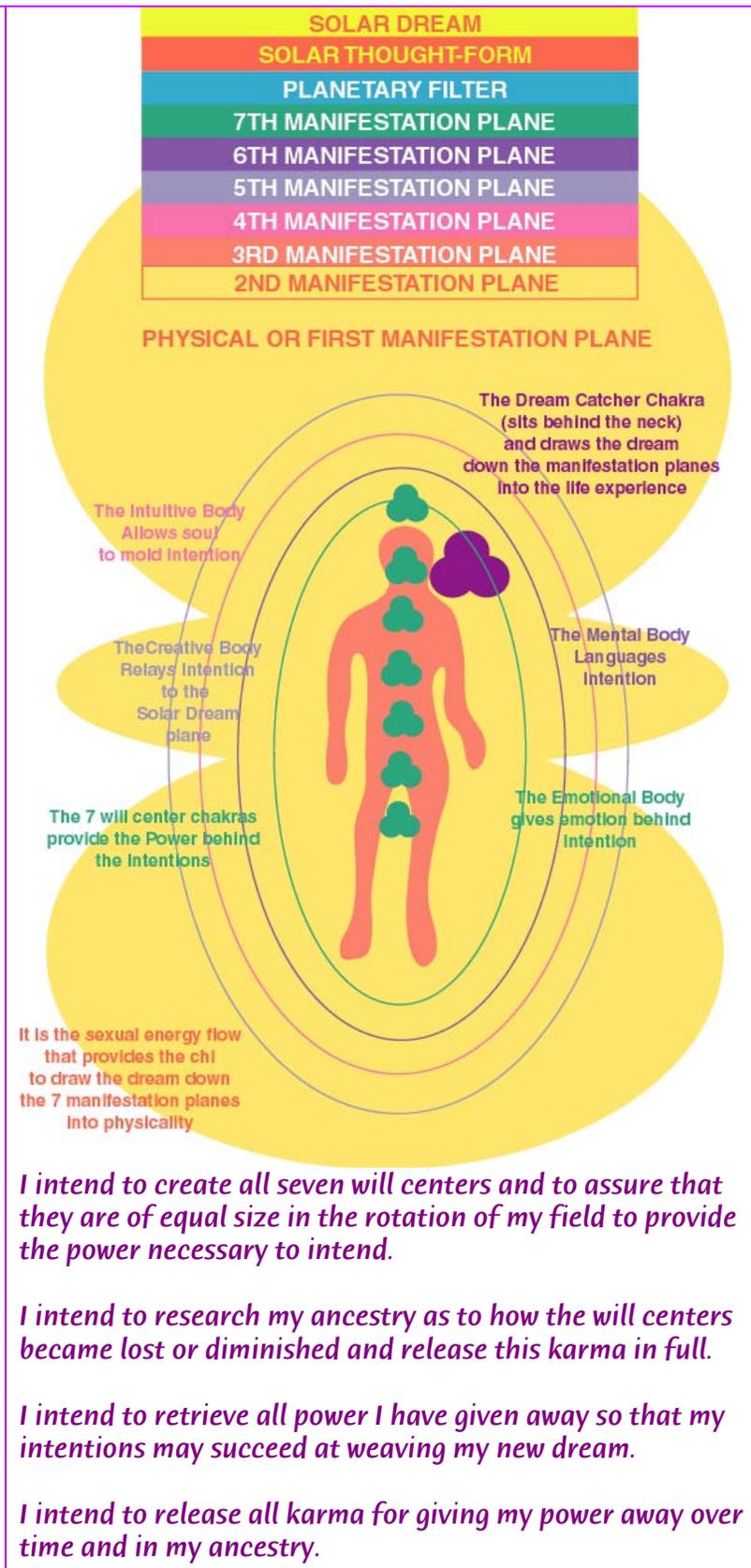
4th of Love Will Center

5th or Creative Will Center

6th or Visionary Will Center

7th or Spiritual Knowledge Will Center

Who do I tend to give my power away unto?



4. Do I have all four subtle bodies present to assure that my intentions are communicated unto the solar dreamtime planes?

Yes No

Which subtle bodies tend to be non-existent?

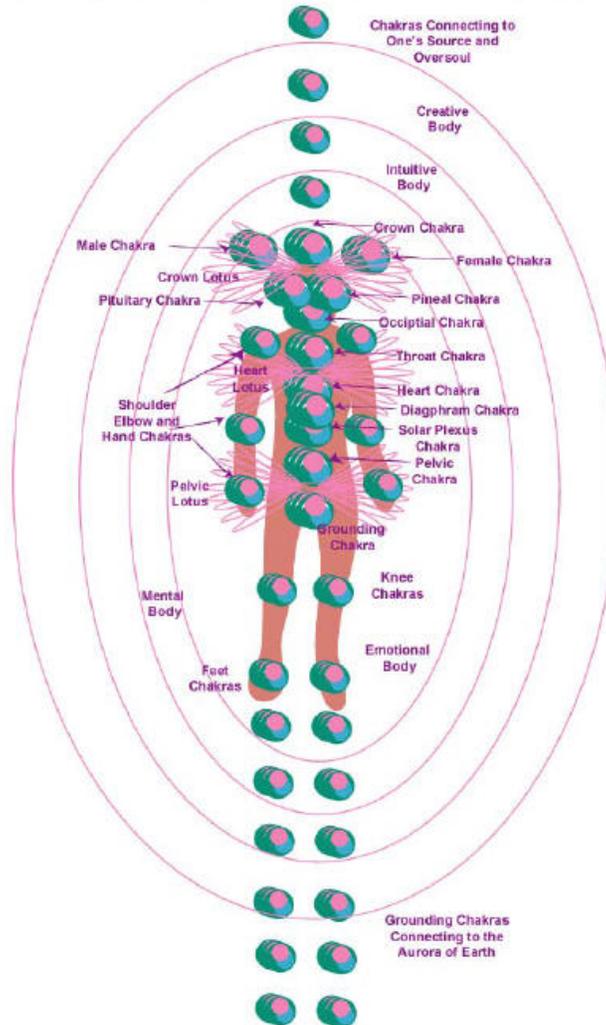
- Mental Body
- Emotional Body
- Intuitive Body
- Creative Body

Which subtle bodies tend to be too small to provide the function of intention that they should?

- Mental Body
- Emotional Body
- Intuitive Body
- Creative Body

Who do I tend to exchange parts of my subtle bodies with?

Chakras and Subtle Bodies to Bodhisattva Level Evolution



I intend to retrieve all parts of my mental, emotional, intuitive and creative bodies and reweave them so that they are equal in size and large enough to fulfill upon the task of intention.

I intend to return any parts of my subtle bodies that belong to others lest I end up intending their dreams instead of my own.

I intend to recast my subtle bodies to be of my sovereign genetic materials and serpents so that they can intentionalize my dream.

I intend to release all karma for how subtle bodies became intertwined with others over time and in my ancestry.

<p>5. Do I allow unconscious intentions to flow through without my awareness?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, where do most of these intentions come from?</p> <p><input type="checkbox"/> Television <input type="checkbox"/> Magazines <input type="checkbox"/> Web Surfing <input type="checkbox"/> Radio <input type="checkbox"/> Movies <input type="checkbox"/> Books <input type="checkbox"/> False Gods <input type="checkbox"/> Personality Entities <input type="checkbox"/> Other</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend that all unconscious intentions are null and void.</i></p> <p><i>I intend to cease to participate in activities that allow unconscious intentions to be made through focus upon the media.</i></p> <p><i>In particular I intend to cease to attune to violent media, even the news. Instead I intend to focus upon peaceful endeavors that will lead to intentions for a peaceful and unity based life ahead.</i></p> <p><i>I intend to release the personality entities that are addicted to the media.</i></p> <p><i>I intend instead to call my red nations and grand master ancestors forward to assist in living an ascending life.</i></p> <p><i>I intend to emerge myself in nature and new creative projects that bring me joy as well as the inner process and focus that ascension entails.</i></p> <p><i>I intend boundaries. I intend to shatter any entity that causes dark thoughts that would intend dark dreams into my life.</i></p> <p><i>I intend to release karma for how the personality and false gods manipulated my ancestry into dark dreams through pressing their dark thoughts upon them.</i></p> <p><i>I intend to disallow any dark thoughts and request that my ancestors assist me in holding my boundaries.</i></p>
<p>NOTES</p>	

MANIFESTATION

1. Have I opened the Dream Catcher chakra that sits behind the neck?

Yes No

2. Has the dream catcher chakra expanded enough to create enough magnetism to attract my dream intended down the manifestation planes?

Yes No

3. Is each intended dream inside the dream catcher chakra that I have intended to manifest to date?

Yes No

Who tends to cancel my dreams in my chakra?

Employer

Parents

Spouse

Children

Doctor

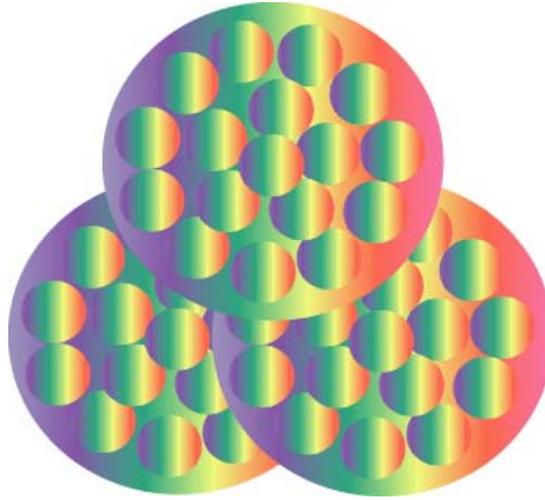
Lawyer

Health Practitioner

Banking System

Government

Other



I intend to research my red nation ancestors for the information necessary to open and expand the dream catcher chakra (occipital chakra in the 12 chakra system).

I intend to open and expand this chakra as needed for the purposes of conscious dream manifestation in the unity paradigm.

I intend to cease to allow others to cancel or erase the dreams in my dream catcher chakra. I intend to retrieve and recreate any dream in my dream catcher chakra that has been erased.

I intend to research the original cause for each dream that I intend and lose so that I may release the karma in full. I intend to alter my agreements with all others in the dance of life to allow my dreams to manifest in full.

I intend to cease to allow organizations of any kind to cancel my dreams in my dream catcher chakra including my employer. I intend to cease to allow family members to cancel my dreams.

I intend to cease to allow anyone of any pyramidal or box shaped dream to cancel my dreams. I intend to research each cause of why my ancestry fell into the game of allowing others of perceived authority to cancel their dreams and step out of the game in full.

4. Is each intended dream contained inside the proper manifestation plane?

Yes No

Who tends to cancel my dreams in my manifestation planes?

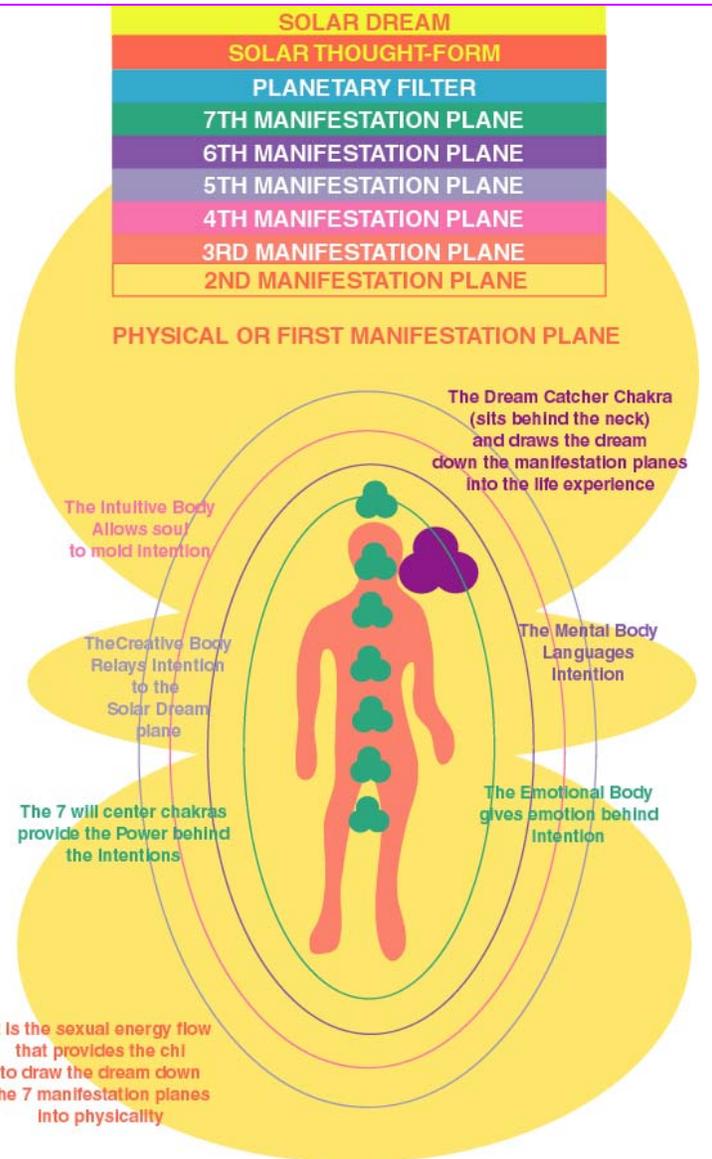
- Employer
- Parents
- Spouse
- Children
- Doctor
- Lawyer
- Health Practitioner
- Banking System
- Government
- Other

5. Are there machines in my manifestation planes or field at cause of why I have dreams that are cancelled or bartered away?

Yes No

I intend to release all mechanized thought-form at cause of dream bartering or cancellation.

I intend to research the original cause in my ancestry of the associated mechanized thought-form and release it in full.



I intend to cease to allow organizations of any kind to cancel my dreams upon my manifestation planes including my employer. I intend to cease to allow family members to cancel my dreams stepping down the manifestation planes.

I intend to cease to allow anyone of any pyramidal or box shaped dream to cancel my dreams stepping down the manifestation planes. I intend to research each cause of why my ancestry fell into the game of allowing others of perceived authority to cancel their dreams upon the manifestation planes and to step out of the game in full.

6. Do I move my sexual energy adequately to magnetize my dream from manifestation plane to manifestation plane and into the physical?

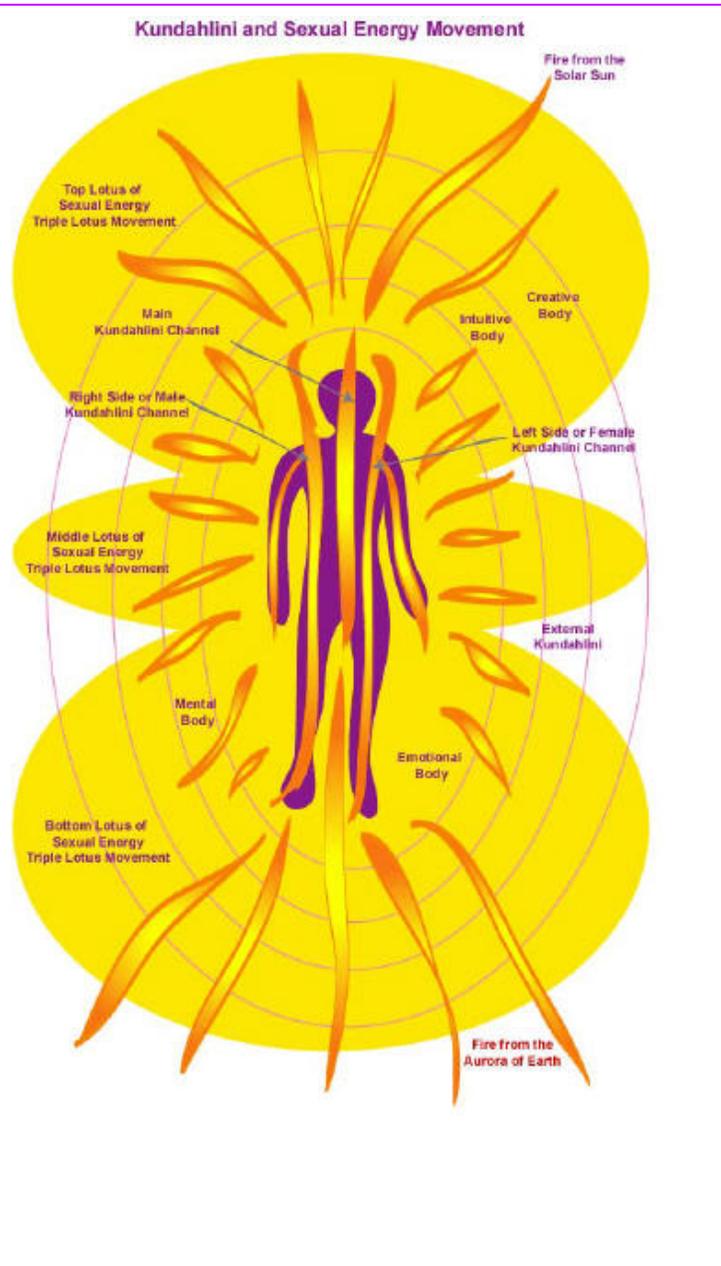
___Yes ___No

I intend to release all karma that does not allow my sexual energy to flow as it should to allow for the act of conscious manifestation.

I intend to research my ancestry for how they lost their capacity to run the kundahlini and to release the karma in full.

I intend to build a strong sexual energy flow that allows my intentions to be magnetized down all 7 manifestation planes and into physicality.

I intend to release all sexual wounds of the past in the greater recognition of what the kundahlini is for; sexual energy is for maintaining one's health and living one's dream.



<p>7. Do I frequently become trapped on astral dreamtime planes surrounding my region of origin?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Have I lost information on the Astral Planes?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><i>I intend to roll up all astral planes that I become trapped upon during dreamtime and send them through the solar sun to be disbanded in full.</i></p> <p><i>I intend to retrieve any information lost upon the astral planes.</i></p> <p><i>I intend to cease to dance upon the astral and instead spend my time in the Healing Temples for Ascension in the aurora each night.</i></p> <p><i>I request that an ancestor assist me in leaving astral planes that I inadvertently become trapped upon so that I can consciously command their dissolution.</i></p> <p><i>I intend to anchor proper planes for conscious dream weaving for all ascending humans in my region of origin.</i></p>
<p>NOTES</p>	

CANCELLING UNDESIRABLE DREAMS

1. Are there dreams in my dream catcher chakra that would create an accident, disease or death?

Yes No

If so what kind?

Accident
 Disease
 Death

Is all the karma from your ancestry?

Yes No

2. Are there dreams upon the manifestation planes that would create an accident, disease or death?

If so what kind?

Accident
 Disease
 Death

Is all the karma from your ancestry?

Yes No

Upon what planes of manifestation are the undesirable dreams upon?

#7 #6 #5
 #4 #3 #2
 #1

I intend to release all karma for accidents, disease and death each day of my ascent. I intend to research the original cause of each experience of accidents, disease and death in my ancestry.

I intend to forgive the dance of extinction that has plagued my ancestors and the human species.

I intend to return all accident, disease and death karma that is not my own and is not my ancestries legitimate cause. I intend to forgive what is my own karma to forgive.

I intend to erase any accident, disease or death karma that is in my dream catcher chakra. I intend to return any accident disease or death dreams that have been manipulated into my dream catcher chakra to their source of origin. I intend to forgive the dance and step out of the game.

I intend to erase any accident, disease or death dream that is upon any manifestation plane and stepping into physicality.

I intend to return any accident disease or death dreams that have been manipulated into my manifestation planes to their source of origin. I intend to forgive the dance and step out of the game.

Who do I tend to take on accident, disease or death karma for?

I intend to forgive those who deposit their death, disease and accident karma upon me in full. I intend to transcend the associated karma between our ancestries in full.

<p>3. Do I tend to deposit dreams of death, accidents or disease upon others?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If so what kind?</p> <p><input type="checkbox"/> Accident <input type="checkbox"/> Disease <input type="checkbox"/> Death</p> <p><i>I intend to release all machines and mechanized thought-form underlying the dance of manipulating unwanted or undesirable dreams.</i></p> <p><i>I intend to erase all entities, machines and patterning associated in order to step out of the game in full.</i></p>	<p><i>I intend to cease to barter undesirable dreams away to others. The karma can only be released if it is present and available to be forgiven. It therefore serves my ascension path not to defer dreams upon others.</i></p> <p><i>I intend to take full responsibility for the experiences of disease and death and accidents that my ancestors experienced.</i></p> <p><i>Through forgiveness I need not experience this karma in this lifetime. I intend to forgive all legitimate karma for disease, death and accidents.</i></p> <p><i>I intend to ascend into an abundant life of inner and outer fulfillment peace and health.</i></p> <p>Who do I tend to deposit accident, disease or death karma upon?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>I intend to forgive myself and my ancestry for participating in the game of moving undesirable dreams to others and intend to step out of the game in full.</i></p>
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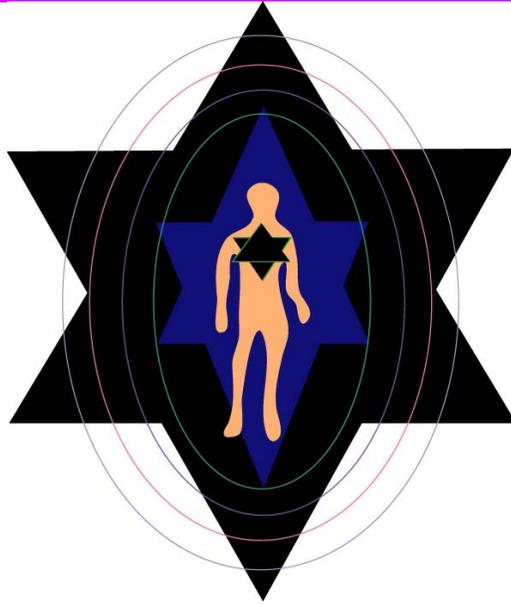
PYRAMIDAL FLOW AND LOST DREAMS

1. Are there pyramids spinning in my field at cause of the transference of dream unto another?

___ Yes ___ No

If yes, where are they spinning?

- ___ Meridian Chakras
- ___ Hand, elbows, knees and feet chakras
- ___ Grounding Chakras
- ___ Root Chakra (base of the spine)
- ___ Sexual Chakra (pelvis)
- ___ Sexual Lotus
- ___ Power Chakra (solar plexus)
- ___ Diaphragm Chakra (diaphragm)
- ___ Heart Chakra (chest)
- ___ Heart Lotus
- ___ Co-Creation Chakra (neck)
- ___ Occipital Chakra (back of neck)
- ___ Pineal Chakra
- ___ Pituitary Chakra
- ___ Male/Female Chakras
- ___ Spiritual Knowledge Chakra (crown region)
- ___ Crown Lotus
- ___ Connection to Source Chakras
- ___ Between Etheric Body and Subtle Bodies
- ___ Between Subtle Bodies
- ___ Between Creative Body and Dreamtime Self
- ___ Between Dreamtime Self and Light Body Body-Double



I intend to cease to spin pyramids in my field. I intend to freeze and invert each pyramid that is now spinning collapsing the points into the base and then shattering what remains eliminating the pattern from my field.

I intend to collapse and shatter each pyramid in each level of my field that it is spinning.

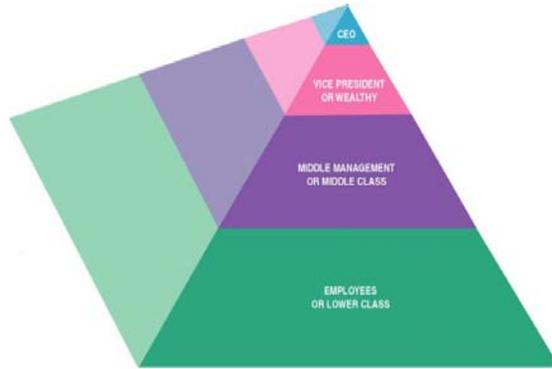
I intend to release karma for how my ancestry became caught up in the pyramidal movement in the first place. I intend to research the original cause of how my ancestry became involved in pyramidal flow and release it.

I intend to retrieve all dream and information lost to those at the top of the pyramid. I intend to return any dream or information gained in the position that I have held within the pyramidal game.

Who is at the top of this pyramidal dream that I am associated with in this movement?

2. What pyramidal dream are the pyramids currently spinning in my field associated with?

- Money Pyramid
 - Health and Vitality Pyramid
 - Military Pyramid
 - Food Pyramid
 - Commodities Pyramid
 - Real Estate Pyramid
 - Marriage Pyramid
 - Family Pyramid
 - Work Pyramid
 - Education Pyramid
 - Arts Pyramid
 - Luxury Pyramid
 - Prestige Pyramid/Spiritual
- Gurus**
- Government Pyramid
 - Law Pyramid
 - Medical Pyramid
 - Construction Pyramid
 - Media Pyramid



I intend to release karma to participate in the pyramidal dream in association with the current paradigm.

I intend to release all ties to each pyramidal dream. I intend to work my way out of the pyramidal flow entirely in this lifetime.

I intend to research the original cause of how my ancestry began to participate in the pyramidal dreams that I currently associate.

I intend to release karma for each pyramidal dream that I am drawn into. I intend to step out of the game and into the dance of unity and a flower based dream in this lifetime.

I intend to become the dreamer and the dream and weave my own dream to be experienced in the dance of life. I intend to cease to give dreams to those at the top of any pyramid; I intend to cease to receive dreams that I do not desire from those on top of the pyramid.

I intend to cease to give dreams to those beneath me in each pyramid.

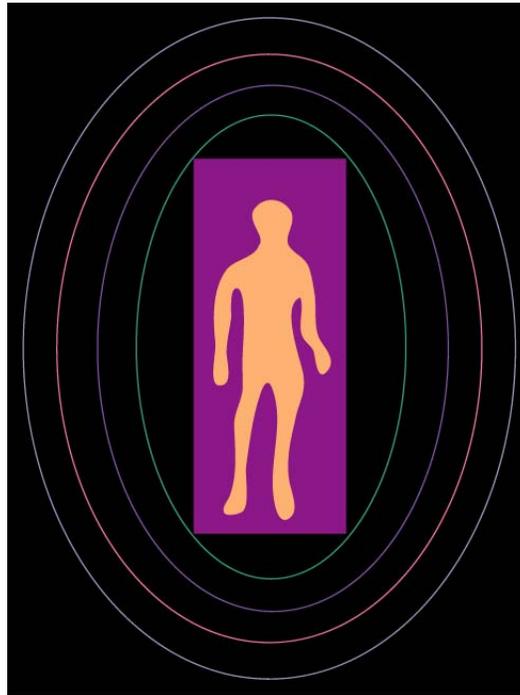
I intend to become the dreamer and the dream.

3. Are there box shaped sacred geometry spinning in my field at cause of the transference of dream unto another?

___ Yes ___ No

If yes, where are they spinning?

- ___ Meridian Chakras
- ___ Hand, elbows, knees and feet chakras
- ___ Grounding Chakras
- ___ Root Chakra (base of the spine)
- ___ Sexual Chakra (pelvis)
- ___ Sexual Lotus
- ___ Power Chakra (solar plexus)
- ___ Diaphragm Chakra (diaphragm)
- ___ Heart Chakra (chest)
- ___ Heart Lotus
- ___ Co-Creation Chakra (neck)
- ___ Occipital Chakra (back of neck)
- ___ Pineal Chakra
- ___ Pituitary Chakra
- ___ Male/Female Chakras
- ___ Spiritual Knowledge Chakra (crown region)
- ___ Crown Lotus
- ___ Connection to Source Chakras
- ___ Between Etheric Body and Subtle Bodies
- ___ Between Subtle Bodies
- ___ Between Creative Body and Dreamtime Self
- ___ Between Dreamtime Self and Light Body Body-Double



I intend to cease to spin boxes in my field. I intend to freeze and invert each box that is now spinning collapsing the points into the base and then shattering what remains eliminating the pattern from my field.

I intend to collapse and shatter each box in each level of my field that it is spinning. I intend to release karma for how my ancestry became caught up in the box shaped movement in the first place.

I intend to research the original cause of how my ancestry became involved in box shaped flow and release it. I intend to retrieve all dream and information lost to those at the top of the box. I intend to return any dream or information gained in the position that I have held within the pyramidal game.

Who is at the top of this box shaped dream that I am associated with in this movement?

4. What box dream are the boxes currently spinning in my field associated with?

- Money Box
- Health and Vitality Box
- Military Box
- Food Box
- Commodities Box
- Real Estate Box
- Marriage Box
- Family Box
- Work Box
- Education Box
- Arts Box
- Luxury Box
- Prestige Box /Spiritual
- Gurus**
- Government Box
- Law Box
- Medical Box
- Construction Box
- Media Box



I intend to release karma to participate in the box shaped dream in association with the current paradigm.

I intend to release all ties to each box shaped dream. I intend to work my way out of the box shaped flow entirely in this lifetime.

I intend to research the original cause of how my ancestry began to participate in the box shaped dreams that I currently associate

I intend to release karma for each box shaped dream that I am drawn into. I intend to step out of the game and into the dance of unity and a flower based dream in this lifetime.

I intend to become the dreamer and the dream and weave my own dream to be experienced in the dance of life.

I intend to cease to give dreams to those at the top of any box; I intend to cease to receive dreams that I do not desire from those on top of the box.

I intend to cease to give dreams to those beneath me in each box.

I intend to become the dreamer and the dream.

SPELL CASTING

<p>1. Do I tend to spell cast through a particular part of the body?</p> <p style="text-align: center;">___ Yes ___ No</p> <p>What part of the body is used to spell cast?</p> <p>___ Hands ___ Feet ___ Arms ___ Legs ___ Pelvis ___ Chest ___ Head ___ Other</p>	<p><i>I intend to learn to spellcast in a way that does not affect the health of my etheric or physical vessel.</i></p> <p><i>I intend to research my ancestry for another way to spell cast that utilizes moving energy instead of cords of attachment.</i></p> <p><i>I intend to ascend into this new information in preparation for community building.</i></p> <p><i>I intend to weave positive spells that unite others for the common purpose of ascension as well as karmic release of ancestral patterning.</i></p> <p><i>I intend to become a conscious dream weaver.</i></p> <p><i>I intend to cease to allow the nonphysical forces to cast spells through my field unless they support my continued evolution.</i></p>
<p>2. Do I tend to spell cast black magic spells through a particular part of the body?</p> <p style="text-align: center;">___ Yes ___ No</p> <p>What part of the body is used to spell cast?</p> <p>___ Hands ___ Feet ___ Arms ___ Legs ___ Pelvis ___ Chest ___ Head ___ Other</p>	<p><i>I intend to cease to cast black magic spells.</i></p> <p><i>I intend to cease to transfer dark dreams of destruction on to others.</i></p> <p><i>I intend to forgive those ancestors who were sorcerers and participated in the game of casting black magic spells.</i></p> <p><i>I intend to research the original cause of this pattern of casting black magic spells and release my karma in full.</i></p> <p><i>I intend to step out of the game of black magic.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>

<p>3. Who have I known that has cast black magic spells upon me?</p> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to release all black magic spells cast upon me.</i></p> <p><i>I intend to research my ancestral karma in full with each individual who participates in black magic spell casting.</i></p> <p><i>I intend to release my karma in full and step out of the game.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>
<p>NOTES</p>	

ANCHORING A LIGHT EARTH DREAM

1. What national parks or open spaces host a light earth dream surrounding where I live?

I intend to connect and commune with regions in a light earth dream requesting of the land to expand its dream into my region of origin and home and office.

I intend to anchor a light earth dream for all to experience surrounding myself.

I intend to become a beacon of Earth in world service to the ascension movement of mankind.

2. Whom did I give away my light earth dream to in this lifetime?

I intend to retrieve all parts of the light earth dream that I was born within.

I intend to release all karma with those that I have given my light earth dream unto.

I intend to research the original cause and forgive my ancestry for losing their light earth dream to another.

I intend to live in a light earth dream that supports my continued choice to ascend.

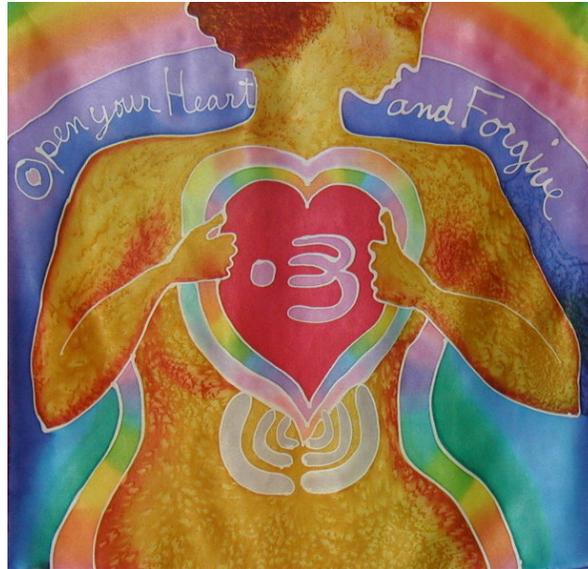
NOTES

<p>3. What parts of my etheric body tend not to sit in a light earth dream?</p> <p><i>I intend to pull all parts of my biology into the light earth dream.</i></p> <p><i>I intend to ascend any part of my biology that is electrical in nature into a magnetic system of salts and bones.</i></p> <p><i>I intend to research my ancestry for magnetic DNA for all regions that are electrical and bring this information forward into present time.</i></p> <p><i>I intend to re-encode the elemental, atomic and molecular levels with magnetic languages to support the ascension into magnetic DNA.</i></p> <p><i>I intend to learn to run a figure 8 or triple lotus dream that sustains a light earth dream surrounding myself.</i></p> <p><i>I intend to retrieve the light earth dream for each part of my biology.</i></p>	<p>___ Nervous System ___ Brain ___ Brainstem ___ Spinal Column ___ Spinal Cord ___ Nerves ___ Pineal Gland ___ Pituitary Gland</p> <p>___ Breath of Life ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p>___ Digestion and Waste Management ___ Esophagus ___ Stomach ___ Small Intestine ___ Large Intestine ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p>___ Circulatory System ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph ___ Spleen ___ Bone Marrow</p> <p>___ Reproduction or Regeneration ___ Uterus ___ Ovaries ___ Testes ___ Regeneration Glands</p> <p>___ Metabolism ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p>___ Sensory Organs ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p>___ Body Structure ___ Muscles ___ Bones ___ Arms ___ Hands ___ Legs ___ Feet</p>
<p>NOTES</p>	

<p>4. What parts of my field tend not to sit in a light earth dream?</p> <p><input type="checkbox"/> Grounding Chakras <input type="checkbox"/> Root Chakra (base of the spine) <input type="checkbox"/> Sexual Chakra (pelvis) <input type="checkbox"/> Sexual Lotus <input type="checkbox"/> Power Chakra (solar plexus) <input type="checkbox"/> Diaphragm Chakra (diaphragm) <input type="checkbox"/> Heart Chakra (chest) <input type="checkbox"/> Heart Lotus <input type="checkbox"/> Co-Creation Chakra (neck) <input type="checkbox"/> Occipital Chakra (back of neck) <input type="checkbox"/> Pineal Chakra <input type="checkbox"/> Pituitary Chakra <input type="checkbox"/> Male/Female Chakras <input type="checkbox"/> Spiritual Knowledge Chakra (crown region) <input type="checkbox"/> Crown Lotus <input type="checkbox"/> Connection to Source Chakras <input type="checkbox"/> Mental Body <input type="checkbox"/> Emotional Body <input type="checkbox"/> Intuitive Body <input type="checkbox"/> Creative Body <input type="checkbox"/> Dreamtime Self</p>	<p><i>I intend to pull all parts of my field into the light earth dream.</i></p> <p><i>I intend to pull all parts of my field into the new consensus energy flow.</i></p> <p><i>I intend to run a figure 8 or triple lotus field in all chakras, subtle bodies and dreamtime self.</i></p> <p><i>I intend to research those ancestors who knew how to hold a magnetic dream and bring this information forward to ascend into this lifetime.</i></p> <p><i>I intend to remain in the light earth dream more out of any given day now and into the future.</i></p> <p><i>I intend to retrieve the light earth dream for each part of my field that has been lost over time.</i></p> <p><i>I intend to remain in a dream that is supportive of my continued evolution.</i></p>
<p>5. Out of any given day, what percentage do I spend in a rotational lotus based dream?</p> <p>_____</p> <p>6. What percentage of any given day do I spend in a pyramid or box shaped dream?</p> <p>_____</p>	<p><i>I intend to move my field in a rotational manner that allows for the anchoring of the light earth dream.</i></p> <p><i>I intend to learn to move my field in a rotational pattern 100% of each day.</i></p> <p><i>I intend to collapse all pyramids and boxes and step completely out of the angular dreams that lead to competition and codependence in the human dance.</i></p> <p><i>I intend to enter a rotational dream of unity, peace, joy and enough for all in this lifetime.</i></p>

FIREPOT CEREMONY

1. Create a place where you can light a fire in a fireproof dish, or in front of the fireplace, or in a barbaque area.
2. Fold your release and manifestation lists into two separate bundles.
3. Now take a moment to give thanks to the past. Imagine yourself in front of an open door. Step through the door. Turn around.
4. There are all the people and circumstances that have contributed to your spiritual lessons in the past. Let us take a moment to honor and thank them. Let us wave good bye to those that we shall be leaving behind in the changes ahead.
5. Now imagine a door in the door way. Shut the door. A key suddenly appears. Now lock the door and throw away the key.
6. Now set your release list on fire and watch it burn to ashes.
7. Now imagine turning around from the closed door. What you see is many paths. Intend that the paths ahead serve your ascension.
8. You will see some of the paths leave and new ones open. You will see new friends, hopes and wishes ahead in your continued journey. Let us welcome what lies ahead.
9. Now set your manifestation list on fire and watch it burn to ashes.
10. Now request that the element of fire relay your intentions to the sun so that they will be returned to the planetary manifestation planes. Let us give thanks for the future that lies ahead.



*We hope that you find this information
Supportive upon your personal path
of ascension
Feel free to return to the worksheets
Again and again
In support of your continued momentum
Towards wholeness
And may you enter the dance
Of unity and joy ahead*

***Namaste**
The Earth Mother*

*Stay tuned for Part II of this workbook to be brought through in 2007
and released at the end of the year to those wishing to carry on in these studies*

*If this information deeply resonates, please join us at our annual
Masters Conclave events or in one of our study programs.
See the web site www.ascendpress.org for more information.*